

<b>Mytime</b>	
<b>JOB DESCRIPTION</b>	
<b>JOB TITLE: Fitness Professional</b>	<b>BUSINESS UNIT: Leisure</b>
<b>POST NUMBER:</b>	<b>REPORTS TO:Health &amp; Fitness Manager</b>

**MAIN PURPOSE**

To support the running of the fitness facilities and delivering a high standard of customer service to customers

**SUMMARY OF RESPONSIBILITIES AND DUTIES**

- To deliver a world class and engaging exercise experience for members, interacting and building relationships with members to support them in improving the way they look and feel.
- To deliver our MyGoal program, suiting each session to customers needs and ensuring each customer feels comfortable and motivated in the gym.
- The Fitness Professional will work closely with all other team members within the department and deliver company retention, operational and health & safety requirements.
- The Fitness Professional will also deliver exercise programmes for new and existing members and progress into delivering Personal Training Sessions which are targeted and will ensure that personal revenue, profit and other performance targets are consistently achieved.
- To assist with the running of the gym, from maintenance and cleaning to redesign and development of the area.

**DATE:**

<b>PERSON SPECIFICATION</b>	
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<b>POST NUMBER:</b>	<b>REPORTS TO: Health &amp; Fitness Manager</b>

**SKILLS AND ABILITIES****Essential:**

- Strong rapport building skills & an empathetic approach to all members
- Strong verbal and interpersonal communication skills in all circumstances including groups and children/adolescents.
- High energy/goal orientated
- Ability to work under pressure and achieve targets/deadlines
- Good self organisational skills. Good presentation skills
- Available and willing to work flexible hours including weekends, evenings & holidays

**EXPERIENCE****Essential:****Desirable:**

**Experience working in a gym or fitness setting**  
**Experience dealing with customers on a daily basis**  
**Experience in setting targets and motivating people**

**QUALIFICATIONS****Essential:**

- Post holder must possess a recognised exercise and fitness industry Level 2 accepted,

**Desirable:**

- Level 3 Advanced Instructor qualification desirable, recognised by the Register of Exercise Professionals.

**CONDITIONS OF EMPLOYMENT:**

Conditional upon health clearance, employment/education references, enhanced CRB check and is exempt from the Rehabilitation of Offenders Act\* Delete as appropriate.

**DATE: 16.08.17**