ISSUE 4 SUMMER 2010

GÉT/IN SHAPE FOR SUMMER!

NEW ORGANIC MINERAL FOUNDATION

NEW GENERATION MARINE **TREATMENTS**

CELEBRATING () YEARS IN THE UK



SUMME Make-up trends

Anti-pollution

JOIN THE **WAXING REVOLUTION** ON FACEBOOK!











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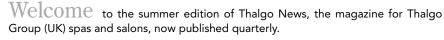






THALGO

TERRAKE



I am delighted to say that Thalgo celebrates 30 years in the UK this year. During this time, the brand has grown from strength to strength, with cutting-edge innovation continuing to come from the South of France headquarters, enabling our spas and salons to offer their customers on-trend treatments and products that deliver exceptional results. We have also added a range of brands to our portfolio, allowing us to meet the diverse needs of our spas and salons and their customers, with waxing (Perron Rigot), organic make-up (Couleur Caramel), a second skincare brand (Ella Baché), a luxury spa offering (Terraké) and now fragrance (Les Fleurs de Bach). We hope you enjoy reading about the latest news from our brands.

As we get ready for summer and prepare to bare what may have been neglected during the long winter months, the focus is inevitably on getting back into shape. Thalgo's promotion on slimming body treatments, combined with nutritional supplements (page 8), encourages your clients to follow a programme to help them get in shape fast, with a great Gift with Purchase offer. Find out about another exciting way to firm up and banish cellulite on page 10; our partnership with Power Plate.

It's fitting in the year that marks the 30th anniversary of Thalgo in the UK, that along with cutting-edge new launches, we also go back to the roots of our marine brand, introducing new generation marine treatments and putting the spotlight on our range of marine-based supplements, Thalasso-Nutrition®, which is being relaunched this year. Discover this incredible range and see how it can add value to your business on page 4.

Marian Green, Managing Director, Thalgo Group (UK)





TELL US YOUR NEWS! We'd love to hear from you - email us your stories and pictures at news@thalgo.co.uk

Vew generation ARRETREATMENTS



Today, Thalgo's range of facials, body treatments and homecare products based on marine ingredients spans the whole range of skincare and relaxation. The roots of our marine brand, however, are to be found in thalassotherapy, the treatment of the body using seawater.

Our bodies have an incredible affinity with the sea - if you consider that, according to the theory of evolution, life began in the ocean, you can see why. This great affinity explains why seawater and algae-based treatments are so beneficial, and why the marine ingredients in Thalgo's products are so effective.

Thalgo created the original Marine Algae Body Wrap back in the 1960s with the development of the Thalgo patented Micronized Marine Algae. This year, Thalgo introduces new generation marine treatments...

Express treatments... New textures... Larger size for spas Peppermint and Lavender scents... Ready-to-use...

NEW EXPRESS MARINE TREATMENTS – 45 mins

Express Detox Algae Wrap with NEW Mineralg Gel and Aroma Detox oil. Detoxifying - combats water retention, heavy legs and cellulite.

Express 3 Algae Wrap: an express body wrap using Thalgo patented Micronized Marine Algae.

NEW PRODUCTS

Mineralg Gel: ready-to-use and easy to apply, contains essential oils of Peppermint and Lavender, for a pleasant aroma. Note: Mineralg Gel replaces Toning Body Wrap.

Marine Calcium Algae (25kg) - available for large spas looking for maximum cost-effectiveness.

ALREADY AVAILABLE IN THE MARINE TREATMENTS RANGE

3 Algae Wrap: the Thalgo classic, this is the original marine algae wrap. (New name; formerly the 'Micronized Marine Algae Body Wrap'.)



Marine Prelude: Ultimate exfoliation using Marine Salts and Natural Marine Mud - the perfect pre-holiday treatment.



Aromacéane: An ultra-relaxing, personalised treatment combining essential oils and Natural Marine Mud from the Dead Sea.



Frigi-Thalgo Body Wrap: The perfect kick-start to a slimming regime, this treatment is known for its instant inch loss results.

15% OFF all marine treatment professional products ordered before 31st July 2010. Please quote 'Thalgo News 04' to claim your discount. Minimum order of £250 applies.

Contact your Account Executive or Thalgo Customer Services today to order or for more information: Tel: 020 7512 0872 Email: enquiry@thalgo.co.uk



Algae are 'super-plants' with exceptional nutritional properties. Thalgo's range of nutritional supplements, Thalasso-Nutrition®, harnesses these properties for their beauty, slimming and well-being benefits.

FROM within

The Thalasso-Nutrition® range is about to be relaunched with new packaging and new marketing tools.

REALITY



SLIMMING











OFFERING A RANGE OF SUPPLEMENTS TO YOUR CLIENTS CAN ENHANCE YOUR BUSINESS – HERE'S HOW:

An additional revenue stream to boost your turnover.

Differentiate your salon or spa from the competition!

Enhanced, long-lasting results for your clients:

Thalgo skincare acts topically, while nutritional supplements act from within, reaching the cells, for a complementary two-pronged action.

The natural complement to Thalgo treatments and products for a complete treatment approach.

A comprehensive range – Beauty, Vitality, Slimming, Women 45+ and Sun.

A compelling concept – the power of marine ingredients and our bodies' natural affinity with the sea.

100% natural active ingredients, no preservatives*.

Capitalise on a target market that is interested in health and well-being.

*Except the Slim 7 drink, which requires a preservative.

The Thalasso-Nutrition® range has been developed in partnership with nutrition and thalassotherapy experts.

The products are safe and effective. Scientifically evaluated through clinical tests.



New improved packaging, which clearly defines the five segments with a different colour code. Each product's action is also clearly communicated on the front of the box.

New product: Menosvelt – unlike other products on the market aimed at relieving the effects of the menopause, Menosvelt is the first to combat weight gain and bloating. It's the ideal complement to Exceptional Body, Thalgo's anti-ageing body cream.

There will be a *PR campaign* to raise awareness through the national consumer press.

Attend a Nutrition Discovery Day
Contact Customer Services to register your interest.

Special launch packages available. Contact your Account Executive or Thalgo Customer Services today to order or for more information: Tel: **020 7512 0872** Email: **enquiry@thalgo.co.uk.**

The Clear Expert Facial featuring Filmogel® patches

Elear Expert

PIGMENTATION IS A MAJOR CONCERN FOR MANY WOMEN, WHOSE SKIN IS AFFECTED BY SUN DAMAGE, HORMONAL CHANGES AND AGEING. WITH CLEAR EXPERT, YOU CAN OFFER THEM A FACIAL AND HOMECARE RANGE THAT REALLY WORKS.

"I suffer from Addison's disease, one of the effects of which is pigmentation. After one Clear Expert Facial, you could hardly see the brown patches on my face. The facial also includes treatment on the back of the hands, where a liver spot disappeared right after the facial, amazing! I have been using the serum and cream every day since and the change has been incredible. After having the facial I wanted it straight away for my salon. My clients have also been amazed by the instant results."

Suzanne Haughey, The Health & Beauty Centre, Haddington (Thalgo Therapist of the Year 2009)

The Clear Expert Complex regulates pigmentation with a combination of red algae extract, Liquorice Flower and Daisy, while Soya and Wheat protein extracts promote the production of Collagen III ('childhood collagen') to restore the soft, plump skin of your youth. Salicylic Acid exfoliates and clears the skin, making this a real skin perfecting facial, great for anti-ageing, pigmentation and oily/combination skin alike.



Homecare: Unizones® Clearing Corrector; Exfoliating Lotion; Brightening Regulating Essence; Smoothing Brightening Fluid; Melt-in Smoothing Brightening Cream

Contact your Account Executive or Thalgo Customer Services today to order or for more information:

Tel: **020 7512 0872** Email: **enquiry@thalgo.co.uk**



CHRONO DETOX FACIAL

The perfect 'city girl' facial, especially for those short on time.

-pollution

TODAY, POLLUTION IS ONE OF OUR PRIMARY CONCERNS, BUT IT'S NOT JUST AN EXTERNAL PHENOMENON.

The new Oxygen Anti-pollution range protects against the 3 types of free radical most harmful to the skin, including – a Thalgo discovery – protection against Reactive Nitrogen Species, free radicals which are generated by metabolic reactions in the body.



Homecare: Oxygen 3-Defence Cream, Oxygen SOS Serum, Cryodetox Mask, Oxygen 3-Defence Fluid SPF15

Contact your Account Executive or Thalgo Customer Services today to order or for more information: Tel: 020 7512 0872 Email: enquiry@thalgo.co.uk

CREATE AN EVENT IN YOUR SALON WITH PROMOTIONS FROM THALGO...

Available to order now

GET READY FOR SUMMER

BOOST THALGO SLIMMING TREATMENT AND HOMECARE SALES

THIS SUMMER WITH OUR **GET READY FOR SUMMER** PROMOTION.



A2 Poster

YOUR CUSTOMER OFFER:

Receive a Slim 7 express slimming drink worth £23.00 FREE when you book the treatment and purchase 2 or more homecare products from your chosen programme.

Receive 10 Slim 7 drinks free of charge when you order £500 or more from the Slim & Sculpt Expert, Thalgomince LC24 or Frigi-Thalgo ranges in professional and/or retail. For orders of £250 or more, receive 5 Slim 7s.

This promotion focuses on three popular Thalgo slimming ranges, and it's flexible – if you only offer Frigi-Thalgo, for instance, you can still order the poster plus the relevant programme cards.

Our new Programme Cards give the client a slimming programme to follow that includes a treatment, homecare and Nutrition: Slimming Quick Fix Programme (Frigi-Thalgo); Reshape Your Body Programme (Slim & Sculpt Expert) or Cellulite Busting Programme (Thalgomince LC24). The cards are available on an ongoing basis to help link treatments with homecare and nutrition.



Promotion available to order until 21st August 2010.









CROSS-PROMOTION

TERRE & MER, THE ORGANIC SKINCARE LINE FROM THALGO, IS TEAMED WITH ORGANIC ECO-FRIENDLY MAKE-UP RANGE, COULEUR CARAMEL.





Terre & Mer by THALGO and Couleur Caramel are certified organic by ECOCERT and Cosmebio.

ONTHALGO MARINE SUNCARE

LET YOUR CLIENTS DISCOVER THE BENEFITS OF THALGO'S SUNCARE RANGE WITH THIS FANTASTIC 3 FOR 2 OFFER*.

With Thalgo suncare, you can get the benefits of anti-ageing and soothing active ingredients from our skincare ranges, with UVA and UVB protection - for the ultimate defence against ageing.

Discover the star products in this range such as Bio-Protective Sunscreen Cream SPF 50 (great for sensitive skin!); Sun Repair Cream Mask (the 'miracle' treatment to calm sunburn overnight); and Ocea Sun, the nutritional supplement that protects you against the sun from within, reduces the risk of burning in the first few days of your holiday by stimulating the production of melanin, and gives you a longer lasting, deeper tan.

*Offer excludes Ocea Sun. Available to order until 31st August 2010.

YOUR CUSTOMER OFFER:

Purchase 2 Terre & Mer products and receive a Couleur Caramel lip gloss and eye shadow FREE.

Thalgo allocates Couleur Caramel lip glosses and eye shadows against orders for you to use as GWP with this offer.

THALGO ORDER	RECEIVE*
£200	5 lip glosses & 5 eye shadows
£250	7 lip glosses & 7 eye shadows
£300	10 lip glosses & 10 eye shadows

*Two shades of each product are provided, with a pouch in which to present the gift.

A poster will be available to support this promotion.

COMING SOON

Look out for new additions to the Terre & Mer range in December, with new organic eye care products and an organic face mask.

Contact your Account Executive or Thalgo Customer Services today to order or for more information: Tel: 020 7512 0872 Email: enquiry@thalgo.co.uk.

gloss



THALGO JOINS FORCES WITH POWER PLATE TO COMBAT CELLULITE

Power Plate is the celebrity-favourite vibration training machine that delivers firming results and reduces cellulite fast. Combining Power Plate® exercise with Thalgo's Slim & Sculpt Expert anticellulite and firming products enhances and accelerates results.

This exciting new partnership, supported by an active national PR campaign, is also an opportunity for Thalgo spas and salons to introduce an additional element to their business, further drive revenue and enhance their treatment offering.

With a decade of practice-based evidence and independent scientific research to validate the benefits, the Power Plate® machine is ideal for whole body massage and relaxation treatments, as the platform vibrates multiple times per second causing reflexive muscle contractions which passively work every muscle in the body. Your clients will soon see beautiful, visible results, which can include improved muscle tone, increased flexibility, weight loss, cellulite reduction and the alleviation of pain. A therapist-guided Power Plate® treatment can be offered prior to body wraps or massages, as it helps improve circulation so the body is more receptive to the products applied during the treatment.

Power Plate UK's training experts have devised specialist treatment protocols specifically for targeting cellulite, to accompany the Slim & Sculpt Expert salon treatment and homecare products.

To find out more about how Power Plate® equipment can introduce a new dimension to your business, we invite you to contact our partners at Power Plate UK, by calling Darren Slowman on Tel: 020 7586 7200 or emailing darren.slowman@powerplate.com

THALGO CRYSTAL ACCOUNT WINS PROFESSIONAL BEAUTY DAY SPAOF THE YEAR

Spa London won Day Spa of the Year at the Professional Beauty Awards, an incredible achievement for this spa pioneer.

Andy McCabe, Operations Director of spa London, talks to Thalgo Marketing Manager, Philippa Canty.

Congratulations on the award! What about spa London do you think so impressed the judges?

Spa London was launched with one key concept; to provide a top class facility at an affordable price. We wanted to bring the spa concept to a whole new market and attract members from the local community who might previously never have considered visiting a spa. I think we have achieved this aim. By using quality products such as Thalgo, our dedicated team provide visitors to the spa with a top class experience in a friendly, inclusive environment.

The fact that we have recently won the Professional Beauty Day Spa of the Year Award demonstrates that despite our unique set-up we are able to compete against the very best 'conventional' spas and come out on top!



GREEN FUEL FOR THE SKIN

Anti-fatigue, energising, invigorating

Contains more than 50 vital components extracted from green coffee and organic barley, with vitamins, proteins, minerals, caffeine and chlorophyll.

THE PRODUCTS:

- Maximum Anti-fatigue Moisturiser
- Maximum Anti-fatigue Roll-on Eye Gel

THE FACIAL:

Natural Energising Treatment - Anti-fatigue, invigorating Recharges the skin's energy, reduces signs of tension and fatigue, while combining natural active ingredients with high performance.

10% off Ella Baché opening orders

Minimum opening order £300. Please quote 'Thalgo News 04' to receive your discount. *Offer valid until 31st July 2010.



Certified organic by Cosmebio & ECOCERT





Find out more about Ella Baché by contacting your Account Executive, visiting www.ellabache.com

What is the spa London concept and how is it different?

The spa is based on a unique concept; it is the UK's first public sector day spa and a collaboration between charitable social enterprise GLL and Tower Hamlets Council.

Core to both organisations is an all-inclusive policy of access to all sectors of the community.

The spa provides a concessionary rate that is approximately 70% less than the standard rate; this reflects the fact that Tower Hamlets and its neighbouring boroughs of Hackney and Newham have some communities with low disposable income.

Our customer profile is very different to the average day spa market.



What is the secret to your success?

The whole concept of bringing high quality day spa to a 'traditional' public leisure centre was a brave decision and has been a challenge for all at GLL and Tower Hamlets. The key ingredients to the success have been ensuring that the quality of the facilities, products and staff are not compromised; something the private sector never let slip! The difference for us is that we open our doors to all the community and ensure our prices are competitive. Naturally hard work is also applied in large doses!

What are your plans for the future?

Our vision is to roll out the spa London concept across London. In the last year, the roll out has begun with the launch of four spa London treatment rooms at Swiss Cottage Leisure Centre in Camden - a partnership with Camden Council.

We are also in negotiation with partner councils within the environs of the M25 for further day spa developments.

We also intend to improve our online offer - enabling customers to book and pay for treatments online and to purchase gift vouchers via the web-based spa London gift shop.





100% HYPO-ALLERGENIC, ROSIN-FREE, FRAGRANCE FREE, COLORANT FREE

SPECIAL LAUNCH OFFER: receive free samples of the Hypoallergenic cleanser, oil and Pure wax with Perron Rigot orders over £100, plus 10% off orders of the new Hypoallergenic products until 31st August 2010.

HYPO-ALLERGENIC RANGE

- Cirépil Pure non-strip wax creamy texture
- Eau de Cristal Lotion: pre- and post-depilatory lotion
- Pearlescent Oil: pre- and post-depilatory oil

ALREADY AVAILABLE:

- Cristal Océan disposable strip wax
- Cristal Ice disposable strip roller wax
- Cristalline non-strip wax gel texture



PROMOTIONS

Offer your clients the Biodépyl post-depilatory range from Thalgo, to slow hair growth and maximise waxing results this summer.

Please quote 'Thalgo News 04' to receive your free Biodépyl products with your Perron Rigot order.

Offer valid until 31st July 2010, while stocks last.

SPECIAL OFFERS:

>> Spend £200 on Perron Rigot wax and receive 1 professional Biodépyl Concentrate + 1 of each Biodépyl retail product (worth £74.00+VAT).

or

>> Spend £350 and receive 2 professional Biodépyl Concentrates + 2 of each Biodépyl retail product (worth £148.00+VAT).

CIRÉPIL PINK HOT WAX AND STRIP WAX



While stocks last

CIRÉPIL PINK STRIP WAX

Low temperature wax, enriched with sweet almond oil. Easy-to-apply formula, and easy to remove with non-woven strips.

800g tin <u>(130 575 930)</u>

Usual price £12.00 Ex. VAT >> Sale price £6.50 Ex. VAT





CIRÉPIL PINK TRADITIONAL **HOT WAX**

Low temperature creamy wax, flexible, easy to use and formulated with natural ingredients.

800g bag of wax beads (110 570 131)

Usual price £15.00 Ex. VAT >> Sale price £9.00 Ex. VAT



NEW

Perron Rigot is launching a new Beginners Waxing Course this month, which provides the perfect foundation for therapists new to the wonderful world of waxing. This intensive two-day course will equip delegates with both the theoretical understanding and practical skills necessary to provide a safe, efficient and profitable waxing service to paying customers. Training covers basic waxing techniques for both male and female clients, including the legs, arms, chest, back, face and bikini / Speedo.



DURATION

2 days (delegates must attend both days)

TIME: 10am - 4pm

Thalgo Training Centre, Docklands, London

ENTRY REQUIREMENTS

No previous experience necessary.

Delegates wax each other on day 1, models are provided for day 2.

QUALIFICATION RECEIVED

Certificate in Basic Waxing, accredited through BABTAC and The Guild Of Beauty Therapists.

PRICE: £400+VAT

COURSE DATES:

This course will run every two months. The first course will take place on 26th & 27th July (Monday & Tuesday).

CONTACT:

020 7512 0872, or follow us on Facebook!







face of hair removal, now has a UK Facebook presence.

Hosted by Thalgo, the Perron Rigot UK Facebook page includes:

- Exclusive articles, hints and tips from the brand's resident 'wax gurus', Andy Rouillard and Kim Lawless.
- Details of the Perron Rigot education programme and upcoming training courses.
- In-depth product focus features.
- News about upcoming launches, promotions and events.
- Fantastic special offers for our UK Facebook friends.

We invite you to join the revolution – go to: http://www.facebook.com/perron.rigot.uk

Souleur caramel natural make up BIOMINERAL

The First ORGANIC MINERAL Foundation

Acclaimed for several years by fans of natural finish make-up, mineral make-up has now been enriched with botanical ingredients to offer your skin even greater hydration, coverage and protection!

This new range of 100% natural, talc-free and fragrance-free mineral foundations is also the first to be awarded the Cosmebio label: mineral and organic make-up have now become one!

Highly concentrated in Mica and natural pigments, and enriched with Organic Rice Powder, Amaranth Oil and Arctic Blackberry Extract, Couleur Caramel's BIO MINERAL Foundation line offers a silky-soft and incredibly comfortable finish that lasts all day, for a natural looking velvety-smooth and radiant complexion! Its creamy texture, composed of micronised minerals, allows the skin to breathe without becoming shiny or dry.







Couleur Caramel and sister brand, Terre & Mer by Thalgo certified organic skincare, were the official make-up and skincare sponsors of Caroline Charles' Autumn/Winter 2010 catwalk show at London Fashion Week.



Chief make-up artist, Angela Davis-Deacon, working with a team of six, sent out models with sophisticated, glamorous faces in keeping with Caroline Charles' own brand of timeless elegance.

A touch of theatre came with her exaggerated Egyptian-style eyes, created with a double line of black liquid eye-liner above and below the eye. Eyebrows were framed and elongated in black with the arch left bare to keep from looking too heavy. During the show and to signify the transition from day into

evening-wear, Davis-Deacon used Terre & Mer by Thalgo's rich yet non-greasy Vital Balm to guite literally "glue" Couleur Caramel's Spangles loose glitter in shade: Sand all over the models' eyelids. She softened this dramatic look with Short Lash Mascara in shade: Plum. Cheeks were dusted with Couleur Caramel's award-winning Terre Caramel bronzer and lips were coloured with a stain of Matt Lipstick in shade: Old Rose. A slick of multi-use Vital Balm hydrated and softened lips without excess shine, keeping the stained effect.

TERRAKE



NEW

Smoothing Skin-Relaxing Serum

This concentrated anti-ageing serum from the Terra Magica skincare universe features an Oligopeptide complex, a Collagen peptide, and trace elements of Copper, Zinc and Magnesium, to reinforce the skin's natural barrier and boost cell renewal. Wrinkles are visibly fewer in number and less deep.



Discover the Terra Magica Precious Earth anti-ageing face treatment, only in Terraké spas.

COMING SOON Pure Plenitude Anti-Jet Lag ritual

Terraké introduces a new ritual to combat the effects of long haul journeys, making it ideal for the typical Terraké spa guest, be they an international business traveller or on holiday at a top destination spa.

Both refreshing and invigorating, this face and body ritual transports you to mountain peaks. You will return refreshed and replenished, as if after a long mountain walk.









Carpe Diem Spa, Turkey



AUSTRALIA

Chateau Elan

TURKEY

- Carpe Diem Resort Onyria Claros Izmir
- Cornelia Hotel

HUNGARY

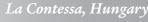
La Contessa

SPAIN

- Hotel Santa Marta
- IBEROCRUCEROS cruise ships

SLOVAKIA

Kempinski Hotel





Les Fleurs de Bach presents an organic skincare range for body, mind and soul

Introducing a revolutionary range of organic treatments designed to create a unique experience of beauty and inner peace. Each of these unique products combines the finest natural ingredients with an exclusive anti-stress blend of organic Bach Flower essences.



BACH FLOWERS - Natural well-being

For over 70 years, the 38 flower essences discovered by Dr Bach have helped millions of people rebalance their emotions naturally and find well-being and harmony. "Les Fleurs de Bach" brings you the benefits of these essences through a unique concept of beauty and well-being for body, mind and soul. The exclusive anti-stress blend of Bach Flowers used throughout this unique range of treatments include:



Agrimony: to help one communicate with others and express one's feelings more easily.



Impatiens: to help regain a gentle, tolerant and forgiving attitude.



Pine: to relieve one's sense of quilt



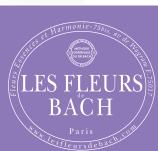
Crab apple: the cleansing remedy: helps put things in perspective.



Oak: to allow one to admit their own limitations and take a well deserved break.



White chestnut: to restore peace of mind.



Contact Thalgo Group (UK) to find out more. Tel: 020 7512 0872 Email: enquiry@thalgo.co.uk

www.lesfleursdebach.co.uk



Vervain: to bring back a feeling of calm and quietness.



t the heart of each treatment is an exquisite and natural fragrance of "Sage and Lavender". The fragrance unravels with opening top notes of "Bergamot and Orange" which develop into a distinctive and soothing "Sage and Lavender" base before delivering a final addictive chord of "Patchouli and Eucalyptus".

TREATING FRAGRANCE

Les Fleurs de Bach Anti-Stress Treating Fragrance 50ml amber spray

An ideal introduction to the ultimate anti-stress experience, this beautifully blended personal "treat" will bring a feeling of calm and serenity to a stressed mind and body, combining the benefits of aromatherapy and Bach Flower essences.

Les Fleurs de Bach Anti-Stress Cleansing Milk

150ml amber glass bottle

A gentle, soothing milk. enriched with Sesame and Sunflower Seed oils complemented with soothing and cleansing Calendula extract and healing Masterwort extract, this calming treatment helps restore a youthful and refreshed skin.

Les Fleurs de Bach Anti-Stress Lotion

150ml amber glass bottle

A light textured lotion for all skin types formulated to bring inner harmony thanks to the Bach flower essences it contains, it also regenerates and soothes sensitive skin with hydrolats of Melissa and Tilia.

Les Fleurs de Bach Anti-Stress Day Cream

60ml amber glass jar

A moisture surge for the face, this unique day cream helps hydrate, protect and soothe the skin all day long, thanks to an exclusive blend of vegetable extracts, hyaluronic acid and natural Vitamin E.

Les Fleurs de Bach Anti-Stress Night Cream

60ml amber glass jar

A calming, nourishing night cream enriched with natural ingredients such as Shea Butter, Almond Oil and Jojoba Oil, renowned for their moisturising properties and ability to protect the skin from environmental stresses.

Les Fleurs de Bach Anti-Stress Exfoliator Cream 60ml amber tube

This gentle exfoliator cream incorporates Lava and Apricot pip powders enriched with natural extracts of Lin and Mauve flowers in addition to our exclusive Bach flowers blend to promote a blemishfree complexion and an aura of calm and well-being.

Les Fleurs de Bach Anti-Stress Mask

60ml amber tube

The ultimate way to fully experience the benefits of Bach flowers with a 15-minute intensive skin smoothing treatment with Shea Butter, Almond Oil, Jojoba Oil, Melissa and Tilia hydrolats as well as natural Vitamin E to help leave a radiant, hydrated, soothed complexion.

Les Fleurs de Bach Anti-Stress Shower Gel

200ml amber bottle

Brimming with luxurious natural ingredients and Bach flowers to soothe and soften the skin, this blissed-out shower treatment will revitalise and unclutter the mind.

Les Fleurs de Bach Anti-Stress Body Lotion

200ml amber glass bottle

For a finish that's soft to the touch, a delicious balm infused with organic Shea Butter and Sesame Seed Oil, enriched with Aloe Vera and organic Bach flower essences to calm, restore and ease

Les Fleurs de Bach Anti-Stress Body Scrub

170g amber glass jar

It's in there somewhere - a bright new, calm you just waiting to be set free! Turn the rough into the smooth and whip your skin into shape with this gentle body scrub based on cane sugar crystals from Thailand for a silky smooth exfoliation. The final touch of Apricot pip oil, a natural emollient, will soften and soothe the most sensitive skins.

FOR PROFESSIONALS

2 exclusive products: Massage Oil (1 litre amber glass bottle)

Massage Cream (500ml amber glass jar)

Professional size: Cleansing Milk (500ml amber glass bottle with pump)

Lotion (500ml amber glass bottle)

Day Cream (200ml amber glass jar) Body Lotion (500ml amber glass bottle) Face Mask (500ml amber glass jar) Face exfoliator (500ml amber glass jar)

Mask (500ml amber glass jar)

A series of exclusive protocols designed to maximise the benefits of these unique products through specific treatments for face and body. Each will result in a lasting, blissful experience.

A range certified by EcoCert

- 95% of the total ingredients are of natural origin
- 95% of plant ingredients are certified organic
- 10% minimum of all ingredients are organic
- No colorant, no GMO
- No Phenoxyethanol and no Parabens
- Natural fragrances





THE QUICK-FIX SLIMMING WRAP

Thalgo Frigi-Thalgo Body Wrap, from £50; 020 7512 0872

Soaked in an icy marine gel, your skin temperature is lowered by up to 7°C for instant firming. Afterwards, a massage gets the blood flowing again. The result? Instant - although temporary - inch loss, which is great if you need to slip into something smaller in a hurry. WE SAY: 'I'd never experienced a cold wrap before - and during this treatment, I didn't think I'd ever do so again! I was absolutely freezing and couldn't wait for the invigorating massage at the end. But I did look slimmer and firmer for it.' Sarah Lovitt, 44

TRY IT AT HOME: Universal

BEST FOR ... SENSITIVE

Terre & Mer Organic Facial by Thalg from £55 for 1hr 15mins; available in salons and spas nationwide. Call 020 7512 0872 to find your nearest.

WHAT IS IT? A gentle facial, ideal for delicate skin prone to breakouts. Ingredient such as lavender, orange blossom and junipe wood soothe skin

BEAUTY

Lisa Snowdon talks pampering, foxy lashes and her views o

What is the best beauty tip you've picked up from your modelling days? "When you brush your teeth in the morning-brush your lips too to plump them up. It gets nid of the dead skin and creates a perfect base for lipstick. Also, use a highlighter along the cupid's bow to enhance your lips. Clever!" How do you manage to balance beauty

TERRE & MER

ORGANIC

- Top Santé,

March 2010

FACIAL

get eight hours of steep try to drink lots of water. It's also bout eating healthy food and generally enjoying life!"

Products and candles.

I love a long soak in Thalgo
Thalassobath Sea Salts

SOA 45-1 feel like Fm

THALASSOBATH SEA SALTS -Cosmopolitan February 2010

VILLA THALGO Hair and Beauty 2010 BEST ECO-FRIENDLY SPA

Thalgo treatments are available at spas throughout the UK; visit www.thatto find your nearest or call 020 7512 0872 for more information.

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When we have it it's becoming increasingly common to live a green lifestyle, and every eco chick worth her salt to mean being beringth, and every eco the worth her salt to mean being bering. Thalgo is a French company whose spa products and treatments are themed around and derived from the sea with their 'thero' product being Micronised Marine Algae. Their holistic approach to spa provides detoxing and rebalancing approach to spa provides detoxing and rebalancing treatments, all inspired by the powerful riches of the renowned as the perfect pre-party treatment because of its instant results, the pure collagen softens and soother salt in leaving it intensively rehydrated, smoother and visibly refined with fine wrinkles and lines plumped to the We also rate the classic Micronized Marine Algoe Body Hrug; this signature treatment infiness a wealth of niterrals, vitamins and micro-natrients into the skin for intensive detoxification. Perfect for New Year bods!

E PRODUCT: THALGO MICE

P 1: Have a quick shower, then get your



BODY WRAP

AROMACÉANE SLENDER - Telegraph Magazine,

penerits by buying a good detor well is Thalgo Aromacéane Slend

P I Have a quick shower, then get your vulation going by massaging your friumvitte by scrub noto your arms, legs, shoulders and mach using a myourd motion. Rinse well and finish with a cold burst of valete. Step 2: Run a warm both and pour in a sachet of the Thalgo Micronized Marine Algae, ESI, while the tap is running. This wonder product contains the same mud that sued in professional spa stimming treatments and contains various

MICRONIZED MARINE ALGAE BODY WRAP - More, February 2010

Tip: After your mud treatment, drink lots of water or herbal tea and avoid any alcohol for the next 24 hours. You are detoxing after all!

Thalgo's new Clear Expert Rejuvenating & Skin-Lightening Facial, £60, uses red algae, liquorice flower and daisy extract, which claim to help to reduce the production of melanin and brown spots (for your nearest salon, call 0800 146041). thick-skinned From about the age of 60, we don't reta calcium as well as we used to in our bones or skin. The calcium deficit in the

release of leptin - known to activate the skin's natural wound-healing response

FADE the flaws

CLEAR EXPERT FACIAL

May 2010

Good Housekeeping,

January 2010

com). Rub it into areas of wea where you get puffy: usually buttocks, abdomen and even the the top of your ampits, where t