

spa opportunities

7 - 20 JULY 2017 ISSUE 271

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Four-storey wellness centre debuts in Burgundy

After 15 months of renovation and an investment of €6m (US\$6.8m, £5.3m), The Relais Bernard Loiseau in Saulieu, France has opened its 1,500sq m (16,146sq ft) four-storey wellness centre.

Designed by the Claude Correia architecture agency, the facility includes a ground floor garden level with two 'worlds' designed to provide an intense and varied stimulation of the five senses.

The 'multisensorial zone' includes a phlebology area, detoxifying bench, effervescent beach, water bikes, Hydronox sofa, massage alcoves, pool and geyser. The 'delight' area aims to foster relaxation and wellbeing, and includes a sauna with a view of the garden, hammams, experiential shower, ice fountain, waterfall bucket and sea-air cabin.

The first floor hosts ten treatment cabins and a rejuvenation room, as well as the



The centre was designed by the Claude Correia architecture agency

Loiseau des Sens restaurant, which provides cuisine based around 'health and pleasure.'

Designed by Bruno Borrione and Mariana Casagrande, the restaurant decor takes its inspiration from *The Lady and the Unicorn*, the famous allegory of the five senses. Most of the food is organic and local, and

there is a juice bar, vegetarian menu and organic wine list.

The top floor contains a seminar room and private spa, where a green roof will host beehives producing honey to be served to customers.

The spa is using its own Secrets de Cassis range – created by Dominique Loiseau and based on the aromatic and nutritional qualities of Burgundy blackcurrants – as well as Declor for body and face treatments and Charme d'Orient for skin exfoliation.

The spa also includes the Hydromel, a floating bed for skin exfoliation with seaweed and mud applications, and the Medyjet, a hands-free system for dry hydromassage.

The wellness centre features a contemporary look, with fir cladding and an oak staircase. A biomass heating system as well as ozone treatment for the pools have also been incorporated. *Details: http://lei.sr?a=p2x9V_S*

SoJo opens urban spa hotel in NY

The newly opened SoJo Spa Club in New Jersey, US, has added a hotel to its urban New York-area spa resort. The 32-bedroom Hotel SoJo opened on 30 June, and will be marketed as a contemporary hotel with an Eastern touch.

It will be operated in connection with the SoJo Spa Club – a multi-floor spa complex which opened earlier this year with a variety of saunas, pools, soaking baths, and therapy rooms.

The hotel will complete the development of the 240,000sq ft (22,297sq m) riverside retreat.

Details: http://lei.sr?a=B9A5k_S

Could yoga reverse DNA 'damage'?

Wellness-focused mind-body interventions – such as meditation, yoga and tai chi – appear to be able to 'reverse' harmful molecular reactions in DNA, according to new research.

The claim is made in a study published in the journal *Frontiers in Immunology*, which reviewed more than a decade of studies analysing how the behaviour of genes is affected by wellness intervention, such as mindfulness and yoga. In total, the survey – conducted by a team of researchers led by Ivana Buric from the Brain, Belief and Behaviour Lab in Coventry University – looked at 18 studies featuring 846 participants.

The study, 'A Systematic Review of Gene Expression Changes Induced by Meditation and Related Practices,' discovered a



The study suggests meditation and yoga can "heal"

pattern in the molecular changes which happen to the body as a result of wellness intervention, and how those changes benefit our mental and physical health.

At the heart of the study was an examination of the effects of a molecule called nuclear factor kappa B (NF-κB).

Continued on back cover

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Dusit to manage Wanfo Lake resort

Thailand-based hospitality company Dusit International has signed a deal to manage the first internationally branded luxury resort at Wanfo Lake, an eco-tourism development zone near Hefei, the capital city of Anhui Province, eastern China.

Renowned for its natural beauty, the remote Wanfo region is tipped to become a vibrant destination for nature tourism over the next decade.

Dusit Thani Hot Springs Resort Wanfo Lake will be the first property operated by a non-Chinese company to open at Wanfo Lake.

The resort will have 150 guest rooms and villas; an all-day dining restaurant and a Chinese restaurant with private dining rooms.

A key feature of the five-star resort will be a destination wellness centre which will include natural, outdoor hot springs pools set against a tranquil and picturesque landscape.

The natural springs will be complemented by Dusit's own Devarana Spa, delivering Thai-inspired treatments in four luxuriously



The Wanfo Lake in Anhui Province is famous for its natural beauty

appointed treatment rooms. Facilities at the spa are yet to be confirmed, but will include a well-equipped gym and an indoor swimming pool. The resort is scheduled to open in Q4 2019.

Lim Boon Kwee, chief operating officer of Dusit International, said: "In keeping with our aggressive expansion plan in China, we will introduce our unique brand of Thai hospitality to this newly developed leisure area of this beautiful province."

Details: http://lei.sr?a=a2U5e_S

Green Spa Congress dates confirmed

The Green Spa Network will hold its next Congress from 11-14 March, 2018, at the Carmel Valley Ranch in California. This marks a shift in timing for the Congress, which has historically been held in the autumn.

With the theme of "Inspire Action and Create Community through Storytelling," the 10th Anniversary Congress will aim to create an environment for professional and personal exploration through quality education, collaborative sessions, and networking.

Facilitated at resorts that prioritise and incorporate the natural environment, the congress presents an opportunity for spas to discover sustainable solutions for their business. Convening at Carmel Valley Ranch, located in the foothills of the Santa Lucia Mountains, the congress will also offer attendees adventures and excursions.

"You will be inspired to live your best life, recapture your youthful joy, and align your



Attendees at a previous Green Spa Network Congress

vision to surpass everyone's expectations, especially your own," said Tracie Wertz, GSN board member and Congress chair.

"The 10th Anniversary Congress will be more magical than we have come to expect, and I would tell anyone interested in elevating their personal and professional story to join us in Carmel Valley," she continued.

"You will leave the event encouraged to make your lives healthier and surroundings more sustainable."

Details: http://lei.sr?a=P6J2b_S



Chiva-Som to open Bintan resort

Destination wellness resort Chiva-Som will open its first location outside of Thailand and its first residence brand in Bintan, Indonesia.

Chiva-Som Bintan will be located within the wider Treasure Bay Bintan development on the Indonesian island and will be about 25 hectares when completed.

It will house a 70-bedroom wellness hotel, a wellness centre and 34 luxury villas ranging in size from one to five bedrooms. The project is still in the design stage, and an opening date has not been set. Built amid natural mangroves and overlooking white sandy beaches, the residences will include access to the resort's spa facility, and owners will have the ability to work with Chiva-Som's staff to create longevity programmes and customised packages.

An on-site organic farm will be part of the project, and visitors can learn and participate in organic farming, as well as enjoy farm-to-table dining. A marine park will house more than 70 species of marine life, and will provide additional activities and entertainment,



Chiva-Som is dedicated to revitalising the mind, body and spirit

as well as an outreach programme for educational and research activities.

Chiva-Som's original location in Hua Hin, Thailand, first opened in 1995. The destination health and wellness resort is dedicated to revitalising the mind, body and spirit, and brings Western practices together with Eastern philosophies. It features personalised services, including wellness cuisine, consultation, one-stop health and wellness facilities, and a menu of 200 fitness, physiotherapy, holistic, aesthetic beauty and spa therapies.

Details: http://lei.sr?a=s3g8h_S

MOHG and Mayo expand partnership

Luxury hotel operator Mandarin Oriental Hotel Group (MOHG) and non-profit medical practice and research group Mayo Clinic have expanded their wellness partnership and launched a new healthy living scheme in Washington DC.

Called Mayo Clinic Healthy Living at MO, the initiative at the Mandarin Oriental Washington will feature three distinctive wellness events, focused on helping guests achieve a healthy lifestyle.

Each of the three full-day events will focus on a key area of healthy living and will be led by a Mayo Clinic physician – along with a multidisciplinary team of specialists who will guide and support each guest. The events will consist of physician-led lecture sessions, small group activities, and a personalised wellness plan. Healthy cuisine will be provided by Mandarin Oriental's executive chef Adam Tanner, whose breakfast, lunch and dinner menus will complement the programme.



Mandarin Oriental's Washington Spa has eight treatment rooms

Mayo Clinic Healthy Living at MO is the first collaboration of its kind in the US and follows from a partnership between Mandarin and Mayo launched in Bodrum, Turkey in 2016.

The Mayo Clinic Healthy Living Programme at Mandarin Oriental Bodrum focuses on preventative wellness and is designed to inspire a more balanced lifestyle, offering guests a choice of tailor-made experiences as well as a la carte services.

Details: http://lei.sr?a=2n4K5_S



The compact, 80sq m (861sq ft) Babor Institute flagship spa houses three treatment rooms

Babor opens first flagship day spa in Switzerland

German skincare product house Babor has opened its first flagship site in Switzerland – in the city centre of Zurich.

The compact, 80sq m (861sq ft) Babor Institute will operate as a day spa, with skin expert Roswitha Rösinger and her team offering treatments for shoppers in Zurich's busy commercial district.

Located just off the city's famous Bahnhofstraße, the spa houses three treatment rooms and will target shoppers with a menu of facials, beauty and anti-ageing treatments.

"The interior reflects the Babor beauty philosophy," a Babor spokesperson said.

"The spa will offer special facials, problem-zone oriented body care, massages, manicures and aromatherapy."

Details: http://lei.sr?a=3n2F9_S

Liostasi Spa, managed by ExclusivelySpa, opens in Ios

Liostasi Hotel & Suites, a five-star hotel on the Greek island of Ios, has opened a luxury day spa. Designed by Cyprus-based spa specialist ExclusivelySpa, the 150sq m (1,600sq ft) spa has three treatment rooms, a manicure-pedicure room, spa pool, hammam and an outdoor relaxation area.

The spa's bespoke treatments – designed by ExclusivelySpa – use Kurland and BeautyLab products and include olive oil signature therapies, red and white wine treatments and body wraps using apple and aloe vera. The €200,000 (US\$228,700, £176,000) spa, which opened on 1 June, also has a small retail area. The spa will be managed by ExclusivelySpa.

Chris Anastassiou, managing director of ExclusivelySpa, said: "Liostasi Spa is the latest addition to our portfolio of exclusive spa projects in Greece."

Details: http://lei.sr?a=F9h3K_S

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Chavana to manage Jen Puteri spa

Wellness giant Steiner Leisure has signed a deal to take over the operation of a spa at Shangri-La-owned Hotel Jen Puteri Harbour, located in Johor, a southern state of Malaysia. The spa will be managed by Steiner's Mandara Spa arm and will be operated under the Chavana brand – a concept aimed at four- and five-star hotels and resorts.

Facilities at the spa will include one double and two single spa suites with showers – as well as three single treatment rooms.

The spa will feature Chavana's range of signature body treatments, facials, and packages offering a combination of massages, botanical body polish and facials, inspired by the freshness of a Balinese garden.

Therapies using Elemis products – another of Steiner's spa brands – will also be available, such as the Pro-Collagen Age Defy Facial and Elemis Intensely Cleansing Salt Scrub.



The spa will feature Chavana's range of signature body treatments

Mandara expects a full conversion from the prior operator to the Chavana Spa brand to be completed by November, 2017

Trent Munday, senior vice president of Mandara's international operations, said: "We're expanding our presence in Malaysia and with our new association with Hotel Jen, the newest hotel brand in the Shangri-La Group, we anticipate bringing our exceptional spa services to our guests."

Details: http://lei.sr?a=b9m9B_S

EvianSpa opens in Seoul high-rise

Evian Spa has expanded its presence in the Asian market, with a new spa on the 86th floor of Lotte Hotel Group's 123-storey Lotte World Tower in Seoul, South Korea – the sixth tallest building in the world. The spa is located in the Signiel Hotel, Lotte Hotel's new luxury 6-star hotel brand.

The evianSpa team, led by Patrick Saussay, founder of GPSA and head of evianSpa development, worked closely with the Lotte team and Wilson Associates interior design firm, which headed up the integration of the spa design concept to the building.

The 86th floor evianSpa occupies 550sq m (5,920sq ft) of space, and an additional 600sq m (6,458sq ft) of wet space is located on the 85th floor, as well as a 450sq m (4,844sq ft) swimming pool. The spa tells the story of the journey of evian mineral water in the French Alps, with a metaphoric representation of its birthplace in the look and feel of the area.

"We focus on iconic destinations, and iconicity can come in different ways," said Saussay. "This one is definitely modern."

Most of the treatment rooms feature views out over the city, said Saussay, and that vantage



Lotte World Tower is the sixth tallest building in the world

point is used in the initial foot-bath ritual, but during the treatments, the blinds are adjusted to create a different, internally focused mood.

Evian created a 'Skylive' system, which recreates the natural evolution of the sun's light. "The evolution of the light provides a connection with nature, which is a key point in the evianSpa concept," he said.

The spa features a focus on hydration and water, with hydration rituals and evian water used in all facial treatments.

"The most important thing for beauty is hydration," explained Saussay. "And hydration is a very important signature point."

Details: http://lei.sr?a=j6C4S_S

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European spa industry gathers in Tenerife

Spatec Europe brought together spa suppliers and operators for three days of one-to-one meetings and networking events. *Spa Opportunities* was there

Spatec Europe took place 14-17 June at the Ritz-Carlton Abama in Tenerife, Spain. The annual event is designed to bring together spa operators of leading medium-to-large hotel resort, destination, athletic, medical and day spas to meet with key domestic and international suppliers. The format includes

a series of one-on-one meetings over two days, as well as planned networking activities designed to foster communication and cross-sharing of ideas and best practices. Next year's Spatec Europe is set for 20-23 June 2018; a location has not been announced. Meanwhile, Spatec Middle East will take place 28-31 October in Abu Dhabi, UAE.



Spa Opportunities managing editor Jane Kitchen, left, and publisher Astrid Ros, right, with Martin Goldmann of ASPA International





The Ritz-Carlton Abama in Tenerife offered a wide array of locations for events



Attendees took part in one-to-one 'speed-dating' meetings during the day, but there was plenty of networking in the evenings





As well as a new spa restaurant, the work will upgrade the existing Fratelli restaurant

Galgorm Resort to spend £2m on expanding spa

Entrepreneur brothers Nicholas and Paul Hill, owners of the Galgorm Resort & Spa in Northern Ireland, will invest £2m (US\$2.6m, €2.3m) in expanding the resort's spa and wellness offering. The expansion will see the development of a two-acre (.8-hectare) spa garden, a two-tier fitness suite and a new spa restaurant.

Due to open in this month, the new spa garden and fitness space will be available for hotel guests and members of the public. The landscaped Spa Garden, located adjacent to the existing Thermal Spa Village, will feature olive trees imported from Tuscany, meandering walkways, bespoke water feature designed by local artist Billy McCullough and relaxation beds.

Details: http://lei.sr?a=U3s6c_S

Keith Pickard to drive Macdonald spa strategy

UK-based independent hotel group Macdonald Hotels & Resorts has appointed Keith Pickard as its new group director of spa, leisure and golf.

Pickard has been tasked with overseeing the lifestyle departments of the group's 45 hotels across the UK and Europe.

The Macdonald portfolio includes 21 spas, each with their own style and wellbeing experiences – and range in size from small day spas to large resort-style offerings. In his new role, Pickard – who has more than 15 years of experience in hospitality – will take charge of developing Macdonald's spa and wellness services through its Vital Health & Wellbeing Club brand.

Wellness has become a focus for the hotel group in recent years. Since 2015, the company has spent more than £10m (US\$12.7m, €11.4m) on renovating and expanding its spa properties.

Details: http://lei.sr?a=n2S8s_S

Onsen debut for Intercontinental

InterContinental Hotels will open its first onsen resort in the Japanese city of Beppu in 2019. Beppu, located on the southern Japanese island of Kyushu, has more than 2,400 natural springs, and has long been a favourite with locals as an onsen retreat.

The ANA InterContinental Beppu Resort & Spa will include a public onsen bath, spa and pool, and the 89 bedrooms will each feature their own private onsen with water from a local hot spring.

The resort, which will be situated on 82,000sq m of land overlooking the city and bay, is being developed by Tokyo Century Corporation with the support of Oita prefecture and Beppu City.

“As InterContinental's first onsen resort, ANA InterContinental Beppu Resort & Spa will be a globally unique luxury resort, and I'm confident it will be a highly sought-after



The city of Beppu is famous for having more than 2,400 natural springs

destination for both domestic and international travellers,” said Hans Heijligers, chief executive of InterContinental Hotels Group ANA.

Oita prefecture has become increasingly popular in recent years as a tourist destination, and that's expected to grow as it prepares to host the 2019 Rugby World Cup.

Details: http://lei.sr?a=7g2K2_S

Cohen leads study on acupuncture

A large, randomised controlled trial of the use of acupuncture in emergency departments has found the treatment is a safe and effective alternative to pain-relieving drugs for some patients. Led by professor Marc Cohen of RMIT University in Melbourne, Australia – who is chair of the Global Wellness Institute's World Retreat Study and very involved in the global spa industry – the study found

acupuncture was as effective as pain medicine in providing long-term relief for patients who came to emergency in considerable pain.

The study, published in the *Medical Journal of Australia*, involved 528 patients with acute low back pain, migraine or ankle sprains who presented at the emergency departments of four Melbourne hospitals between January 2010 and December 2011.

“While acupuncture is widely used by practitioners in community settings for treating pain, it is rarely used in hospital emergency departments,” said Cohen. “Emergency staff need a variety of pain-relieving options, given the concerns around opioids such as morphine, which carry the risk of addiction.”



Professor Marc Cohen from RMIT in Melbourne led the study

Patients who identified their level of pain as at least 4 on a 10-point scale randomly received one of three types of treatment: acupuncture alone, acupuncture plus pharmacotherapy, or pharmacotherapy alone.

One hour after treatment, less than 40 per cent of patients across all three groups felt any significant pain reduction (two or more points), but 48 hours later, the vast majority found their treatment acceptable, with 82.8 per cent of acupuncture-only patients saying they would probably or definitely repeat their treatment. This is compared with 80.8 in the combined group, and 78.2 per cent in the pharmacotherapy-only group.

Details: http://lei.sr?a=G7g5y_S



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Dr Brabetz is a specialist in internal medicine

Waldhotel names Michael Brabetz as medical director

Dr Michael Brabetz has been appointed medical director of the Waldhotel, the upcoming health and medical wellness hotel at Bürgenstock Resort Lake Lucerne. Bürgenstock will open later this year in Switzerland, following a CHF550m (US\$569m, £441m, €501m) investment.

Designed by Italian architect Matteo Thun, the five-star Waldhotel is a medical centre that will feature a team of multidisciplinary physicians to treat and prevent health concerns.

Dr Brabetz is a specialist physician (Swiss Medical Association) for internal medicine and holder of a Swiss Federal VET Diploma in Psychosomatic and Psychosocial Medicine and in Phytotherapy.

Details: http://lei.sr?a=T2T8H_S

GWS explores the next generation of DNA testing

The impact that next generation DNA testing will have on wellness industries will be explored at this year's 2017 Global Wellness Summit (GWS), with delegates given the opportunity to take a DNA-based assessment beforehand.

Over the next three to five years, DNA tests will include nutrition and wellbeing testing that can help better understand and identify associations between genetic variations in a person's DNA and the body's predisposition to nutrition and health.

Delegates at the summit will find out what these tests – and their results – mean, and the effect they have on both the medical and wellness industries. Attendees will have the opportunity to take a DNA-based wellness assessment before the summit and then encouraged to take part in discussions around the testing experience at the event.

Details: http://lei.sr?a=v2V6f_S

Marriott to grow independent hotels

Marriott International has revealed ambitious plans to grow the number of independently owned hotels in its portfolio by nearly 50 per cent by 2019.

Making the announcement at the 40th annual NYU International Hospitality Industry Investment Conference in New York in June, Marriott said it would actively look to add new hotels to its three collection brands – The Luxury Collection, Autograph Collection Hotels and Tribute Portfolio.

As part of the expansion plans, the Luxury Collection brand is scheduled to debut in three new countries this year, as well as open its first ski resorts – the Cristallo, a Luxury Collection Resort & Spa in Cortina, Italy and Hotel Talisa, a Luxury Collection Resort in Vail, Colorado. Both resorts will feature large spas.



As part of the plans, Marriott added its first ski resort to its collection

The US-based hotel giant strengthened its position in the independent segment considerably last year with the acquisition of Starwood Hotels and Resorts. In total, Marriott now has more than 240 independent hotels under its three dedicated collection brands.

Details: http://lei.sr?a=7b7D3_S

Rudding Park adds aufguss rituals

The recently opened Rudding Park Spa in Harrogate, England will offer the art of aufguss – a sauna-based treatment – to its customers.

Derived from ancient, Native American rituals, art of aufguss involves a “sauna-meister” conducting a theatrical performance of infusions, dance, and occasionally song.

Using essential oils – by pouring them on the hot coals in the sauna – the master creates a stimulating environment within the sauna, before circulating the aromatic air using a towel-waving technique.

The ritual, which lasts around 10 minutes, is meant to revive guests both mentally and physically. The spa team at Rudding Park Spa has been trained by art of aufguss champion Lay Pang Ong.

Pang said: “The contact between the master and audience is of the utmost importance.

“The meister of aufguss is not there merely to show off what he can do technically, but to provide the audience with a relaxing, stimulating and refreshing experience both physically and mentally.”



The ritual is meant to revive guests both mentally and physically

The treatment has become increasingly popular among European spas, but Rudding Park is one of the first in the UK to offer it.

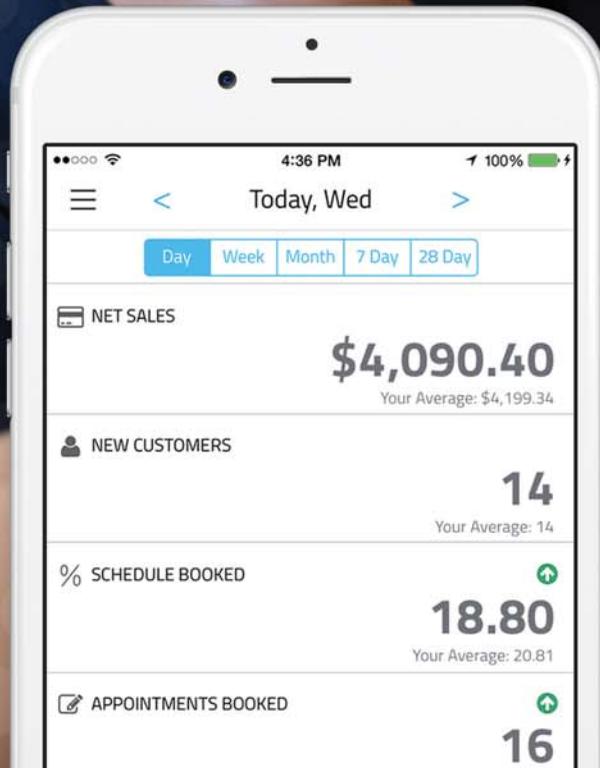
“There will be an art of aufguss performance each afternoon from 1 July, so hotel and spa guests will be able to experience a ten-minute performance,” a spokesperson for Rudding Park said. The £9.5m (US\$12.2m, €10.8m) Rudding Park Spa opened in May. Facilities at the 45,000sq ft (4,180sq m) property include a garden sauna cabin, sun deck and an outdoor spa bath.

Details: http://lei.sr?a=t3G7P_S

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Tel: +1 843 375 9224
www.spatevents.com/northamerica-fall

14-16 September 2017

Spa China Summit

Fairmont Chengdu
A three-day event for people relevant to or interested in China's spa industry.
Tel: +86 21 5385 8951
www.spachina.com

20-23 September 2017

Termatalia

Ourense, Galicia, Spain
An exhibition, symposium, and international meeting focusing on thermal water, which includes a trade fair, conference and tour of area thermal sites.
www.termatalia.com

24-25 September 2017

Professional Beauty Ireland

The Royal Dublin Society, Dublin, Ireland
Showcasing the latest innovations and unveiling the best of next year's trends.
Tel: +44 (0)207 351 0536
www.professionalbeauty.co.uk/ireland

1-2 October

Olympia Beauty

London, UK
Showcasing product launches, treatment innovations and training developments
This year will also include a large 'Health and Beauty for Men' section at the event, revealing trends in men's wellness.
www.olympiabeauty.co.uk

9-11 October 2017

Global Wellness Summit

The Breakers, Palm Beach, US
Brings together leaders and visionaries to positively impact and shape the future of the global wellness industry.
www.globalwellnesssummit.com



ISPA is a combination of inspiring speakers and spa industry trade show, and draws big crowds

16-18 October 2017

ISPA Conference and Expo 2017

Mandalay Bay, Las Vegas, US
ISPA includes three days of speaker presentations covering a range of topics including business strategy, customer service and management. Speakers this

year include Amy Cuddy, Daniel Pink and Peyton Manning. The Expo floor offers the latest spa products available on the market, and last year included 215 exhibiting companies.
Tel: +1 888 651 4772
www.experienceispa.com

17-18 October 2017

Independent Hotel Show

Olympia, London
Presents a curated collection of providers from across the hotel supply chain.
Tel: +44 (0)207 886 3052
www.independenthotelshow.co.uk

17-20 October 2017

Piscina & Wellness Barcelona

Gran Via Centre, Barcelona, Spain
Piscina & Wellness Barcelona is a trade show for wellness and public swimming pools.
Tel: +34 93 233 20 00
www.piscinawellness.com

28-31 October 2017

SPATEC Middle East

TBC, United Arab Emirates
The event offers spa operators one-to-one meetings with leading Middle East suppliers.
Tel: +356 9945 8305
www.spatevents.com

13-14 November 2017

Live Love Spa: Napa

Napa, California, US
A unique event exploring ideas on the best products and services – by allowing industry professionals to “slip into a robe.”
www.livelovespa.com

14-15 November 2017

Spa Life UK

Hilton Birmingham Metropole, UK
Spa Life is the largest spa-dedicated conference, meetings forum and networking event of its type in the UK.
www.spa-life.co.uk

17-19 November 2017

SpaCE (Spas of Central Europe) Show

Radenci Spa & Health Resort, Slovenia
The event brings together spas, wellness centres and providers of medical programmes from central Europe.
www.spa-ce.si

OLYMPIA BEAUTY

1-2 OCTOBER 2017

BUY | WIN | COMPETE | LEARN



Are you the owner of a salon or spa?

There are some amazing things happening at Olympia Beauty in 2017!

Including live stages for both Health & Beauty for Men and Nutrition & Wellbeing.

As a member of the Salon & Spa Owners Club you will have access to Olympia Beauty's very own upper class lounge, free refreshments, treatments – and it's all complimentary – all you need to do is register at www.olympiabeauty.co.uk

You will receive exclusive offers just for you, a membership card for life so you can visit each year and the chance to book into our exclusive Salon & Spa Owners Club Restaurant.

SALON & SPA
Owners' Club
Restaurant

To book your table go to:
olympiabeauty.co.uk

Enjoy a one course
Michelin star experience
with a glass of wine for
just £9.99 per person

*You can book up to 8 people at any time

Dining Times available are as follows:
Sunday 1st October 12pm, 1pm & 2pm
Monday 2nd October 12pm & 1pm



IN PROUD ASSOCIATION WITH



ELEMIS spa business
DEFINED BY NATURE. LED BY SCIENCE



THE SALON **dermalogica**
A skin care system researched and developed by The International Dermal Institute

SALONGENIUS
the smart solutions company

Beauty therapist opportunities with Aqua Sana at Center Parcs



Aqua Sana has five spa locations across the UK, each nestled in a forest environment: Sherwood Forest in Nottinghamshire, Elveden Forest in Suffolk, Longleat Forest in Wiltshire, Whinfell Forest in Cumbria and Woburn Forest in Bedfordshire.

Each Aqua Sana includes a spa that features at least 15 different spa experiences (Sherwood Forest has 25 and Woburn Forest has 26), 20 plus treatments room, an Express Area for mini facial and nail treatments, a retail area and a Vitalé Café Bar.

Our comprehensive range of treatments are provided by renowned product houses ELEMIS (including their Speed Spa menu) and Decléor.

We offer relaxing experiences to our on village Center Parcs guests, external spa day guests and spa break guests.

Aqua Sana is constantly evolving reviewing both our spas and introducing new and innovative treatments.

Benefits for therapists

- Competitive salary
- Commission structure for retail product sales
- 4.5 hour daily massage limitation
- A comprehensive training and development programme
- Progression opportunities
- Work with well know leading industry brands such as Elemis, Decleor and CND training
- Free uniform and footwear provided
- Discounted UK village breaks
- Free use of village facilities
- Inviting and welcoming team
- Pensions scheme

If you're interested in a career with Aqua Sana, please visit the Center Parcs Careers Website and select 'job search', select the village where you are interested in working and see what opportunities are currently available.

You can also register for 'Job Alerts' and we will contact you as and when opportunities become available.



"If you have a caring approach, excellent interpersonal skills and you are a highly competent therapist, we would love to hear from you."

Kay Pennington, Aqua Sana Group Manager

TO APPLY, VISIT: www.spaopportunities.com/cp

LANCASTER CITY COUNCIL

Promoting City, Coast & Countryside

Spa Manager

£22,658 - £27,668 per annum, pro rata (Grade 4, SCP 25-31)*

**Note the Council is currently reviewing its pay and grading structure and the salary may be subject to change.*

We are seeking to recruit a highly motivated and skilled individual to manage the brand new and exciting Tranquil Spa Facility at the recently developed Salt Ayre Leisure Centre. The leisure centre is located at the heart of one of the beautiful diverse parts of the Country, situated between the historic City of Lancaster and the seaside town of Morecambe Bay.

Tranquil Spa includes three treatment rooms, two nail bars and a thermal suite offering the following:

- The UK's first Water Mill Sauna.
- A Herbal Sauna.
- Salt Inhalation Steam Room.
- Aromatherapy Steam Rooms.

We are also seeking full and part time Beauty Therapists to join our team.

For further information and how to apply please see the Council's website. www.lancaster.gov.uk

Closing Date: Tuesday 11th July 2017



Lancaster City Council aims for Equality of Opportunity for All

VAC REF: 23a_17

For further information please visit our website: www.lancaster.gov.uk/jobs

APPLY BY 31st JULY 2017

Click: <http://lei.sr?a=x365v>

FH | JOANNEUM
University of Applied Sciences



FH JOANNEUM University of Applied Sciences offers a unique part time MBA programme for professionals:

INTERNATIONAL HOSPITALITY AND SPA MANAGEMENT (MBA)

- | | |
|---|--|
| <p>Contents:</p> <ul style="list-style-type: none"> - Spa Management - Hospitality Management - International Tourism Management - Strategic and Operative Management - Sales, eTourism, Social Media | <ul style="list-style-type: none"> - Quality Management - International Law in Tourism - Social Skills, Leadership - Entrepreneurship - Case Studies and Business Planning - Project-related Master's Thesis |
|---|--|

Organisation:
Part-Time: 2 weeks attendance per semester + eLearning
Duration: 4 Semesters
Credits: 120 ECTS
Language: English
Begin: October 2017
Costs: 5,000 EUR per Semester
Degree: Master of Business Administration (MBA)



For more details on how to apply contact Daniel Binder at:
E-Mail: spa.mba@fh-joanneum.at Tel: +43 316 5453 6724



CELTIC MANOR
HOTELS, RESORTS, CONFERENCES

SPA THERAPIST

Rate of Pay: NMW - £8.72 depending on experience - including commission!

Do you dream of working in a 5* Luxury Spa using only the finest and most indulgent brands?

Do you have a passion for delivering 'exceptional service' to your guests?

Do you have ambition to 'exceed expectations'?

And finally... Do you have what it takes to 'make a difference' to your guests and colleagues?

If you have answered YES to all four questions, then we are looking for you... One of Europe's finest golf, spa and leisure destinations is looking for experienced, professional Spa Therapists to join our established and talented team. With two luxurious spas featuring beautifully appointed treatment rooms, here at The Celtic Manor Resort you will deliver some of the finest and most contemporary therapies available from leading luxury brands including Elemis, Leighton Denny Nails and Daniel Sandler. Your passion for the industry and strong customer focus will ensure that you are committed to delivering the ultimate guest experience. Qualified to NVQ level 3 (or equivalent), you will ideally have experience of working with either Elemis treatments and products (although not essential). In return, we can offer position on a full time basis, together with a host of exceptional five star benefits.

Company Overview

Host of the NATO Summit 2014, named M&IT 'Best UK Hotel 2016' and 59 Club's 'Ultimate Golf Resort 2016', The Celtic Manor Resort is a prestigious destination for business, golf and leisure, only two hours from London Heathrow.

Set in 2,000 acres of rolling parkland in the beautiful Usk Valley, South Wales, this award-winning destination offers luxury on a grand scale, encompassing a host of exceptional world-class facilities that make up the exclusive Celtic Manor Collection.

The resort's four unique and individual hotels include the 19th century Manor House, idyllic Newbridge on Usk country inn, new Coldra Court Hotel, the latest addition to the Celtic Manor Collection, and the five star Resort Hotel with its luxurious new Signature Collection of rooms and suites.

In addition, ten sumptuous Hunter Lodges and a traditional Welsh farmhouse and barn offer luxurious self-catering accommodation, while three exceptional championship golf courses, two luxurious health spas and fitness clubs, eight exceptional restaurants and an array of exciting adventure activities make Celtic Manor the ultimate European resort destination.

In line with the requirements of the Asylum & Immigration Act 1996, all applicants must be eligible to live and work in the UK. Documented evidence of the eligibility will be required from candidates as part of the recruitment process. The Celtic Manor Resort is an equal opportunity employer and would welcome interest from applicants of all ages.

Apply now: <http://lei.sr?a=Q7e2j>



HANBURY MANOR
A MARRIOTT HOTEL & COUNTRY CLUB

Leisure & Spa Operations Supervisor Maternity Cover

With its fragrant walled gardens, stately Jacobean country house & 200 acres of Hertfordshire parkland, the historic Hanbury Manor Hotel & Country Club makes a lasting impression. Marriott Hotels, Marriott International's flagship brand with more than 500 global locations, is advancing the art of hosting so that our guests can travel brilliantly. As a host with Marriott Hotels, you will help keep this promise by delivering premium choices, sophisticated style, and well-crafted details. With your skills and imagination, together we will innovate and reinvent the future of travel.

Hanbury Manor is currently hiring for a **Leisure & Spa Operations Supervisor Maternity Cover**, this fantastic opportunity would suit someone with previous experience as a spa therapist, experience of managing a team and the ability to multi-task in a high volume Spa operation is essential.

The main purpose of the role is to provide caring, friendly, and efficient service to our members and guests, managing the Spa reception area is a key focus of the role. With an emphasis on excellent customer service we ensure our guests receive a seamless experience, as such the role may from time to time require you to step in and cover treatments at short notice, a back ground and qualification in beauty therapy is therefore essential.

If you enjoy being in fantastic surroundings and providing unparalleled service then this is the right place for you! Please contact Paul Richards Director of Leisure on paul.richards@marriott.com for further information.

To apply for the role please visit www.marriott.com/careers and search for Hanbury Manor

Apply now: <http://lei.sr?a=u8T1N>

Can yoga reverse harmful DNA changes?

Continued from front cover

When exposed to a stressful event, a human's sympathetic nervous system (SNS) – the system responsible for the 'fight-or-flight' response – kicks into action and increases production of NF-kB.

NF-kB is able to activate genes to produce cytokines – a protein which can cause inflammation at cellular level.

The release of cytokines is useful for producing a fight-or-flight reaction, but can lead to a higher risk of cancer, depression or even an accelerated process of aging if persistent.

The study found that those who practise mind body activities – such as yoga – exhibit the opposite effect, a decrease in production of NF-kB and cytokines, leading to a reversal of the pro-inflammatory gene expression pattern.

In its conclusion, the report states: "The results of 18 studies that used gene expression analysis in research on meditation and related mind-body



Yoga could have a positive effect on the behaviour of genes

interventions have found down-regulation of NF-kB-targeted genes, which are understood as the reversal of the molecular signature of the effects of chronic stress.

"This research opens the door to the development of a multi-level theory of mind-body interventions, which integrates the biological, psychological, and environmental levels," it continued.

Details: http://lei.sr?a=k7r8Y_S

Hood, Malleret partner on WELL service

Wellness business advisor **Anni Hood** and economist **Thierry Malleret** have launched a WELL Intelligence platform that is home to the bi-monthly *Hospitality & Wellbeing Barometer* with an aim to "join the dots" between the macro and micro themes in hospitality and wellbeing.

Aimed at owners, investors and senior executives, the *Hospitality & Wellbeing Barometer* connects wider issues of economics, environment, technology, social and geopolitics with hotels and lodging, food, build, beauty, travel, public health and more.

"The Barometer is designed as a cognitive shortcut, to distill what matters to decision-makers through candid insight and informed views," said Hood.

"The idea is that investors, owners and decision-makers in our sector benefit from a fast-track that saves time and anticipates change in the market – in a way that they can use to make qualified decisions on direction and investment in wellbeing."



Malleret (left) is also the co-founder and main author of the monthly *Barometer*; Hood is the founder of Wellness Business Consultancy



Malleret is also the co-founder and main author of the monthly *Barometer*, a predictive analysis provided to private investors and decision-makers; the *Hospitality & Wellbeing Barometer* is a more focused analysis specific to both wellbeing and hospitality.

At just 5,000 words, the bi-monthly *Hospitality & Wellbeing Barometer* is designed to give a quick overview of worldwide trends, and is "designed with a macro outlook that filters through to micro insight," said Hood.

Details: http://lei.sr?a=w4T9b_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedmedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

Estonian Spa Association

T: +372 510 9306 W: www.estonianspas.eu

European Spas Association

T: +32 2 282 0558 W: www.espa-ehv.com

Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

W: www.spa-a.com

German Spa Association

T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

The Iceland Spa Association

W: www.visitspas.eu/iceland

The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imspa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86 0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

Japan Spa Association

W: www.j-spa.jp

Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

Portuguese Spas Association

T: +351 217 940 574 W: www.termasdeportugal.pt

Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

Salt Therapy Association

W: www.salttherapyassociation.org

Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbianspas.org

South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: www.iswic.ru

Taiwan Spa Association

W: www.tsapa.tw

Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org