



Iconic Trellis Spa reopening Q2 2021

In early February 2021, the Trellis Spa at the Houstonian will reopen as a 26,500sq ft facility – making it the largest spa in Texas – following an extensive refresh project.

Located on 27 wooded acres in the heart of Houston, a focal point of the refreshed facility will be a brand new 6,500sq ft Soaking Pools and Garden area, conceptualised by award-winning design firm Blu Spas.

New private cabanas will populate the pool area and be available to rent for parties of up to 10 for as little as three hours or the full day, each with a personal concierge service.

Interior designer Kay Lang of Kay Lang and Associates is ensuring every inch of the spa has had a top-to-bottom refresh

“Natural tones, stone textural elements, accent wood and glass will reflect back to nature,” she explained.

An additional 3,000sq ft of space is being incorporated into the existing Trellis Spa, including a new dining room



SHUTTERSTOCK/TRELLIS SPA AT THE HOUSTONIAN HOTEL

■ The 21-treatment-room spa is being refreshed

offering healthy cuisine, a unique couples' suite, makeup studio and pedicure bar.

Renae Cassam is continuing her role as GM at Trellis Spa, which will reopen as the first in America to feature Gharieni's MLX i3 Dome and Cellis treatment tables.

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Natural tones and textural elements will reflect back nature

Kay Lang

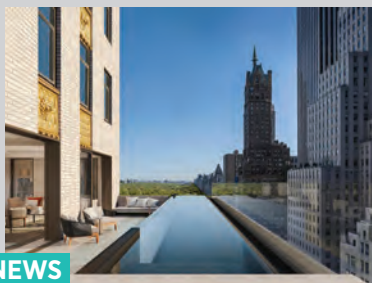


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New research into touch shares more

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Collaboration creates new Four Seasons Bangkok spa

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Ilana Alberico unveils new management technology which matches clients with therapists based on treatment needs

Wellness tech platform, Spa Space, has launched a turnkey technology solution to improve operating efficiencies and increase guest and therapist satisfaction.

The new patent-pending algorithm matches guest preferences to therapists best-suited to their needs, who will then tailor personalised treatment plans for each client.

Spa Space was created by ISM Spa founders, Ilana Alberico and Christina Stratton, and their partner Nathalie Malkoff.

"The intent was to create a solution to address the customer, therapist, and spa challenges we observed



■ Ilana Alberico, ISM Spa and Spa Space co-founder

The world is seeking the healing power of touch but the demand is for more personalisation

over the past 20 years as spa owners and operators," explained Alberico.

"Now more than ever, the world is seeking the healing power of touch

but the demand is for more personalisation," she concluded.

The software is in beta-testing within the group's 14 hotel and resort spas in the Southeast US, and early results show that Spa Space has reduced fixed operating expenses by 60 per cent.

The platform was inspired by Spa Space Chicago, which credits its success to the personal relationship the guests have with its therapists and its elimination of a static spa menu.

Instead, Spa Space Chicago gives therapists the freedom to create personalised treatment plans for their guests.

[READ MORE ONLINE](#)

Dr Robert Hanea introduces Therme Group's partnership with Russell Partnership Collection



■ Dr Robert Hanea, Therme Group chair and CEO

Therme Group and strategic food, hospitality and tech consultancy,

Russell Partnership Collection (RPC), have announced a new joint venture called Therme RPC.

Therme RPC will deliver food and nutrition strategies across all Therme Group wellbeing resorts worldwide, including the £250m (US\$333m, €274.3m) Therme Manchester wellbeing resort, on track to open in 2023.

The new organisation's team of registered

The creation of Therme RPC is driven by the opportunity to transform people's relationship with food

nutritionists will develop a set of bespoke food guidelines for resorts, focused on evidence-based nutrition and bio-individuality.

Dr Robert Hanea, Therme Group chair and CEO, added: "The creation of Therme RPC is driven by the opportunity to transform people's relationship with food, nutrition and health.

"Through this unique partnership we'll help to

reconnect humans with nature and put sustainable food at the centre of human wellbeing."

RPC chair, professor David Russell, will lead the venture as CEO supported by a team of operational experts, nutritionists and psychologists.

The business vision will also encourage sustainable behaviour changes to benefit mental,

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■ Helena Grzesk, UKSA GM and UKSA chair Adam Chatterley

{ **The pandemic catapulted us three years ahead of where we would've been in terms of government recognition** }

UKSA: 2020 has provided perfect platform for spa sector

UK Spa Association (UKSA) GM, Helena Grzesk, and chair, Adam Chatterley, believe 2020 has provided the prime opportunity for the spa industry.

“Due to COVID-19, the spa and wider beauty industry was forced into the government's spotlight.

“But, while that landed us with a host of challenges, it served to catapult us about three years ahead of where we would've been in terms of government recognition and understanding of the sector.”

As a result, both argue this has significantly raised awareness of the

sector at government level and helped secure a relationship for the long-term lobbying of the industry.

“Now, we have a perfect platform to begin to showcase our industry's benefits and show we're a serious professional sector.”

Looking ahead, the duo advised spas to have a people-focused culture.

“We have a perfect opportunity to capitalise on wellness, sharing our expertise to support guests to improve their own health and wellbeing, beginning with our own people.”

READ MORE ONLINE

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COMMUNITY

Monastery operating as wellness sanctuary

At a time when healthcare workers and carers are under unimaginable stress, a cultural wellness retreat and spa in Quebec, Canada, is offering them a much-needed time out.

“Le Monastère des Augustines is driven by a social purpose to give back by offering respite to caregivers and healthcare professionals,” said Isabelle Duchesneau, executive director.

Le Monastère occupies the former Hôtel-Dieu de Québec monastery (1695-1755), originally home to the Augustinian Sisters who devoted their lives to helping others in society.

It features a five-treatment-room spa, which Duchesneau describes as a complete

haven, where visitors are offered massages, facials, holistic health consultations, daily mindful activities and private meditation and movement sessions.

In 2019, over 375 healthcare workers and health science students participated in wellbeing activities and retreats at Le Monastère, while over 200 caregivers took advantage of a discounted stay that offered respite.

In 2020, the destination created a discounted Solidarity Package costing CA\$99 per person per night, with an actual value of CA\$250, to welcome more caregivers and healthcare workers.

[READ MORE ONLINE](#)



■ Le Monastère occupies a historic 17th-century monastery



Le Monastère des Augustines is driven by a social purpose

Isabelle Duchesneau

RESEARCH

How can spas serve those less comfortable with touch?



This research informs industries where touch plays a key role

Michael Banissy

In a COVID-19 era, human touch and physical connection are being restricted like never before, but results from the world's largest global touch study show 54 per cent of people felt they experienced too little touch, even before the pandemic.

Developed by researchers at Goldsmiths University of London, The Touch Test explored the impact of different factors on touch.

Lead researcher, Michael Banissy, explained what the results show for spas: “Our survey found important individual differences linked to personality, age,



SHUTTERSTOCK/UFABIZPHOTO

■ The study involved nearly 40,000 participants

gender, and attachment style – in short a one-size-fits-all did not explain the data.

“This is important for industries where touch plays a key role,” he said “because it highlights the importance of understanding how individual differences may influence likelihood to engage and outcomes of tactile-based treatments.”

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EXPANSION

Raffles announces Russian debut

Accor and Kievskaya Plushchad Group of Companies have announced the upcoming opening of a luxury Raffles-branded hotel in the very heart of Moscow, with views of the iconic Kremlin.

Situated at the centre of a historical district, the hotel will open in the second half of 2022 and will become the first Raffles hotel in Russia.

The 153-key destination will feature a luxury spa

with a traditional Russian sauna – called a banya – as well as multiple thermal zones, a fitness centre and swimming pool.

British design studio Winch has developed the design of the hotel in collaboration with Accor's luxury design team.

Sébastien Bazin, chair and CEO of Accor, said the group is "looking forward to bringing this new jewel to life".

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PROGRAMMING



■ The new menu spans traditional Hawaiian healing modalities

Hāna-Maui debuts new spa menu

Following its transition to the Hyatt brand under Destination Hotels, Hāna-Maui Resort in Hawaii has debuted a refreshed wellness menu.

The reimagined spa menu spans indigenous healing techniques such as a Hawaiian Lomi Lomi Massage, blending massage techniques and rhythmic motions with a spiritual component to restore energy, plus a Pōhaku Wela Hot Stone Massage.

Guests are also being offered new facials, scrubs and wraps, using locally-sourced ingredients from the jungle.

The new menu has been devised to let guests truly immerse themselves in traditional Hawaiian healing modalities and relax and rejuvenate in a tranquil tropical setting at the resort's ocean-view spa.

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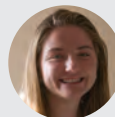
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PROGRAMMING

New Ayurgenomic retreats to debut in Goa

King's Mansion, the upcoming integrative wellness destination in Northern Goa, is due to open in Q2 2021.

Set along the shores of the Arabian Sea, the 17-suite luxury wellness clinic will offer programmes rooted in a delicate blend of evidence-based, scientific research and Ayurvedic medicine with an intricate blend of evidence-based, scientific research and Ayurvedic medicine – described as an Ayurgenomic approach.

Ranging from seven to 21 days in length, the programmes will hone in on revitalisation, sports science and movement, medical aesthetics, weight management and detox.

Behind the project are Indian entrepreneur, Sachiin Joshi, chair of Viiking Ventures, which works across various industries including film production, fin-tech and charter aviation; Moss Wellness, a leading spa consultancy with experience developing international five-star brands including Aman and Four Seasons; and Rajiv Parekh, founder of Red Architects.

Moss Wellness co-founder, Nigel Franklyn, told *Spa insider* the destination will be one-of-a-kind and offer “a homage to the heritage of India and Ayurvedic philosophy, juxtaposed with evidence-based science”.

[READ MORE ONLINE](#)



SHUTTERSTOCK/KZENON

■ King's Mansion programming will blend Ayurveda and science



“

The destination will be a homage to the heritage of India

Nigel Franklyn

GROWTH

Zenoti secures unicorn status with US\$160m in funding



“

Our goal is to help spas streamline so they can focus on their craft

Sudheer Koneru

Cloud-based spa and salon software supplier Zenoti has secured US\$160m (€131.6m, £119.2m) in funding from private equity firm Advent International.

It's raised approximately US\$250m (€205.7m, £186m) in funding since launching in 2010 and this latest investment has seen Zenoti reach the US\$1bn unicorn valuation mark.

Zenoti's software is used by more than 12,000 businesses in 50-plus countries and well-known clients include MGM Resorts and franchises Massage Heights and Hand & Stone Massage and Facial Spa.



SHUTTERSTOCK/GPOINTSTUDIO

■ Zenoti software is used in over 50 countries

"Our goal is to help spas streamline everything they do so they can focus on their craft," Zenoti CEO, Sudheer Koneru, told *Spa Business insider*.

"We're just about to launch smart scheduling algorithms which we've been beta testing and smart inventory will follow in Q1."

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NEW OPENING

'RAKxa will improve guests' quality of life'

RAKxa, a new integrative wellness and medical retreat has recently opened in Thailand.

Its differentiating factor is a world-class medical centre, VitalLife Scientific Wellness Clinic, a subsidiary of Thailand's renowned Bumrungrad International Hospital, known for its premium anti-ageing expertise.

Dr Narinthorn Surasinthorn, medical director at RAKxa's VitalLife clinic, told *Spa Business insider* that RAKxa will "integrate scientific



We integrate scientific wellness and traditional medicine

Narinthorn Surasinthorn

wellness and traditional medicine to create personalised programmes for each and every guest.

"The main health concerns we expect to see will all be things many people experience regularly and think nothing of, like headaches, insomnia or bloating," he explained.

"We're going to help our guests relieve these unnecessary symptoms and ultimately have a better quality of life."

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Shine

NEW DATE.

NEW LOCATION.

SAME SHINE.

DEVELOPMENT PIPELINE

Opening date revealed for Aman's New York sanctuary

Luxury hotel group Aman has announced that its highly anticipated New York property will open in Q2 2021 in the heart of Manhattan.

Aman New York will be housed in the 1921 Crown Building on Fifth Avenue and 57th Street overlooking Central Park, and will include a three-storey, 2,300sq m Aman Spa.

A seven-treatment-suite spa will be open to guests, residents and Aman Club members and will be anchored by a dramatic indoor swimming pool surrounded by fire pits and alcoves of double daybeds.



■ The spa will cover three floors and span 2,300sq m



We will infuse Aman New York with our unique formula

Vladislav Doronin

The spa will also include private facilities in the form of two Spa Houses, along with a traditional Russian banya, hammam, saunas, ice fountains, sensory showers and steamrooms.

"We look forward to absorbing the vibrant energy that is New York and infusing it with our own unique formula," said Vladislav Doronin, Aman chair and CEO.

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2021 ISPA CONFERENCE & EXPO

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attendispa.com

FITNESS

FitSpace opens at ESPA Life at Corinthia

Boutique operator FitSpace has opened its second studio in London, within the ESPA Life luxury spa at the Corinthia hotel.

Situated above the spa's thermal floor, the new FitSpace studio – owned and operated by wellness group SP&Co – will complement the spa's wellness offering with personal training services and a range of Technogym equipment.

FitSpace markets itself as having a “results-driven ethos based on a scientific approach” and looks to deliver customers holistic health and fitness programmes.

Focusing on personal training, small group

classes and workshops, the programmes at FitSpace are highly personalised and also utilise body composition testing.

As well as personal training, FitSpace will offer Pilates and reformer Pilates and a team of nutritionists and physiotherapists.

FitSpace will work in partnership with ESPA Life at Corinthia, which offers a holistic approach to wellbeing with a choice of spa, complementary alternative therapies and beauty treatments.

The opening of the Corinthia studio follows the launch of FitSpace's flagship studio in Chelsea in February 2020.

[READ MORE ONLINE](#)



■ FitSpace will focus on PT, small group classes and workshops



FitSpace has a results-driven ethos based on a scientific approach

NEW OPENING

£1.25m luxury destination spa to open in Snowdonia



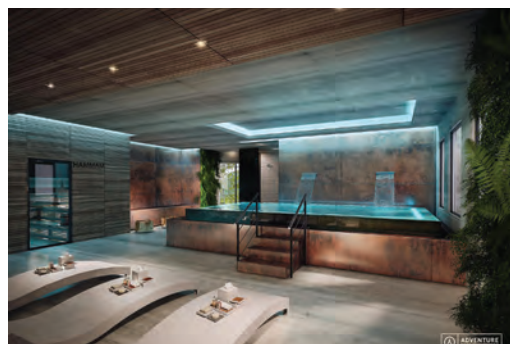
The spa is the next step in our plans to become a wellbeing destination

Andy Ainscough

North Wales is set to get a wellbeing boost with the arrival of the Wave Garden Spa, a new £1.25m (€1.38m, US\$1.68m) luxury destination spa, due to open on 26 March 2021.

Located within the grounds of the Adventure Parc Snowdonia, the 650sq m spa will welcome visitors with a waterfall pool, steamroom, hammam and salt sauna, all of which will have views of the surrounding mountains and forests.

Outdoors, there will be a pool, relaxation pods and fire pits, plus a sensory spa garden, wooden barrel sauna and yoga studio.



■ Architects Curveline Design created the spa

The spa will offer wellness experiences supplied by Thalgo and local Welsh product house, Tribe517.

Announcing the spa, Adventure Parc Snowdonia's MD, Andy Ainscough said: “The Wave Garden Spa is the exciting next step in our plans for Adventure Parc Snowdonia to be a wellbeing destination.”

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TAKING WELLNESS TO THE NEXT LEVEL



A moment's reflection

Lynne McNees shares ISPA's key takeaways from 2020 and why she believes spa visits will become part of a broad approach to global wellbeing



■ Lynne McNees
has served as ISPA
president for 23 years

“It’s tempting to think that 2020 changed everything in the spa and wellness industry,” said Lynne McNees, president of the International Spa Association (ISPA), “but in many ways, it also reaffirmed so much of the core of what our industry is about.”

Reflecting on 2020, she told *Spa Business insider* that spas’ commitment to healing and wellness has become crucial to so many during a tough 2020, as the pandemic illustrated how essential spa treatments and services can be to global health and wellness.

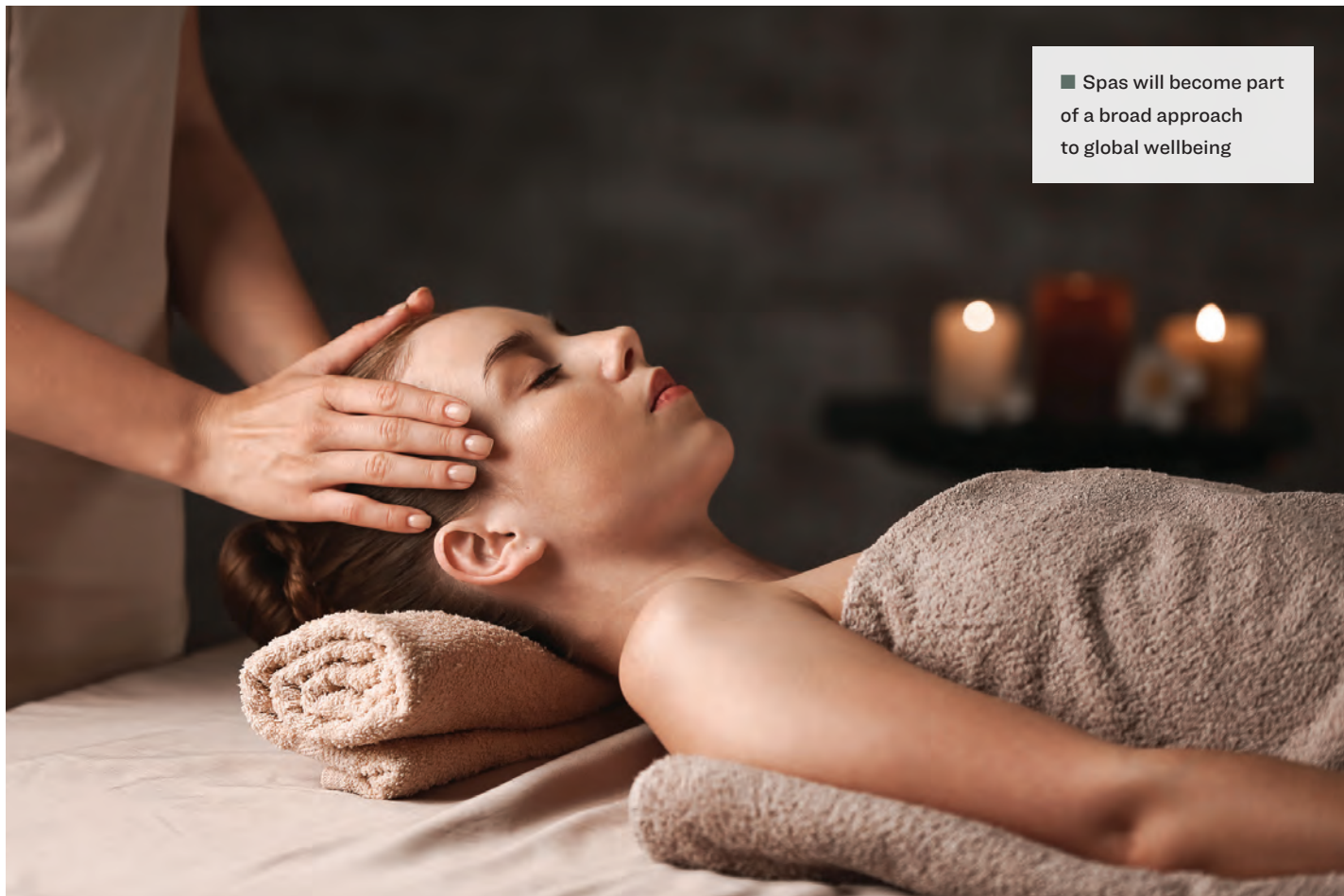
“Mindfulness, meditation, the importance and healing potential of human touch and the need to seek relief from stress – all of these were critical in the lives of so many people this year,” she explained.

In 2021, as the industry’s recovery continues, McNees is optimistic that visiting spas will continue to be seen not as a luxury, but as a vital part of the global shift toward a broader approach to wellness.

Stronger together

ISPA has been busy supporting the industry throughout 2020, having created a comprehensive reopening toolkit, conducting industry research and surveys, along with hosting

“The spa industry’s collaborative spirit during the turmoil of the pandemic is inspiring”



■ Spas will become part of a broad approach to global wellbeing

SHUTTERSTOCK/PIXEL-SHOT

The pandemic has forced spas to innovate and react creatively to everything, ranging from treatments to new retail initiatives

a plethora of virtual events to inspire and inform the industry.

"From the beginning of the pandemic, we believed collaboration and a unified response to those challenges was key.

"ISPA's HQ team, board and numerous volunteer committees came together quickly to establish priorities and develop the resources we knew so many in our industry would need."

Stronger together

For McNees, 2020 has reinforced that the spa industry is at its stronger when it works together.

"That collaborative spirit was inspiring amid the turmoil of the pandemic, and we can't lose sight of the value of working together as we move forward," explained McNees.

"When we do that, the whole industry benefits and individual spas and vendors share in those benefits as well."

She illustrated her point by using the example of the strengthening of relationships between spas and resource partners throughout the year.

She said that because suppliers showed a willingness to help spas navigate things relating to products and services, close partnerships were forged which will continue to bear fruit as spas recover from the pandemic.

A silver lining

In McNees' opinion, the global crisis exemplified the industry's strength and adaptability.

"The pandemic forced spas to innovate and react creatively to everything, ranging from occupancy restrictions to bans on indoor services to staffing overhauls.

"And even though some of the solutions to those challenges will likely disappear as the COVID-19 threat is

reduced, so many spas have developed new treatment types, new ways of reaching and staying connected with guests and new retail initiatives that will stick around going forward."

Recognising excellence

In 2021, ISPA will host its Innovate Awards to highlight the remarkable amount of creativity and adaptability the industry showed throughout the pandemic.

"We'll be recognising organisations in four categories," explained McNees, "New Business Practices, Spa and Resource Partner Partnerships, Technology and Philanthropy."

The submission process for ISPA members is open for entries on ISPA's website until 12 January 2021. One organisation from each category will be honoured at the 2021 ISPA Conference & Expo in May.●

■ GOCO Hospitality has created a 2,500sq m wellness spa focused on mind, body and soul



Riverside wellness

GOCO Hospitality collaborated with Jean-Michel Gathy to create riverside urban wellness centre at Four Seasons Bangkok

PHOTO: COURTESY OF JEAN-MICHEL GATHY



■ Jean-Michel Gathy, architect, designer and founder of Denniston designed the new destination

The Four Seasons Hotel Bangkok at Chao Phraya River opened on 18 December, occupying a 200m (660ft) stretch alongside the river and inspired by Thai culture and the hotel's riverfront location.

Wellness facilities

GOCO Hospitality has realised a 2,500sq m wellness spa focused on mind, body and soul at the new destination, with interior design by

celebrated architect, designer and Denniston founder, Jean-Michel Gathy.

The urban wellness centre features an advanced beauty room, where science and wellness are combined to create a range of advanced anti-ageing and body transformation treatments.

Guests are offered a menu of massages, wraps, scrubs, facials and a selection of signature treatments including an Omorovicza Massage, LPG Endermologie Face and Body Contouring, and cupping treatments.



PHOTO: DESIGNED BY DENNISTON AND COURTESY OF FOUR SEASON

■ Gathy channelled the dynamic movements of the Chao Phraya river to inspire the urban resort's design

Spread across two floors, the facility includes nine treatment rooms – two of which are for couples, plus a VIP spa suite with thermal facilities and a private garden with bathing areas.

Separate-sex thermal facilities and relaxation spaces complete the mix, along with a mind and body studio, vitality pool, gym and hair salon.

Design

Gathy oversaw design for the entire 299-key hotel, and drew



The challenge that drew me to this extraordinary project was the chance to craft the ultimate urban resort experience

on the movement of the Chao Phraya river to inspire his vision.

He worked to create a soothing and serene ambience, by incorporating natural elements like greenery and trees.

“The core challenge that drew me to this extraordinary project was the chance to craft the ultimate urban resort experience,” said Gathy, “and at the same time to create an incomparable city hotel that would not only complement but enhance its unique, riverside location.”●

SPA

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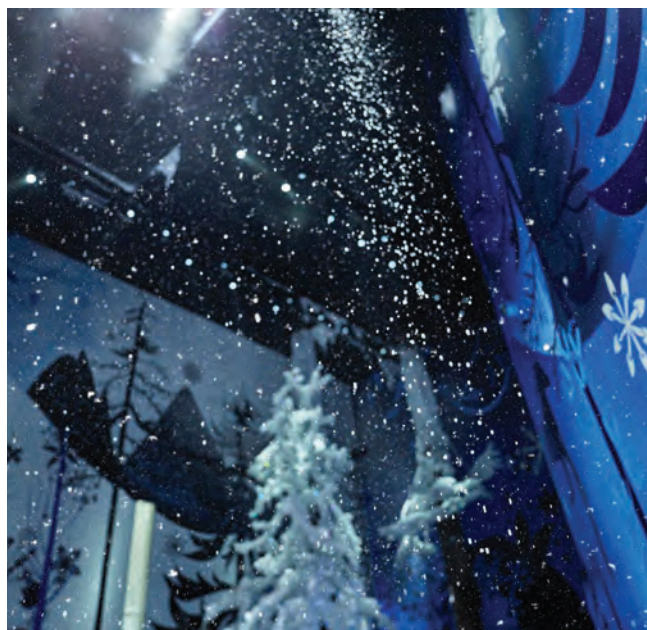


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SUPPLIER NEWS

Suppliers tell Spa Business insider about their latest product, design and technology launches

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■ Swarovski is using the natural snowfall in its Chamber of Wonder which includes a Silent Light crystal tree

TechnoAlpin creates falling snow experience for Swarovski Crystal museum



■ International sales manager for TechnoAlpin indoor snow, Lukas Dusini

Snowmaking specialist TechnoAlpin has partnered with Swarovski to create a 65sq m indoor snowfall experience at Austria's Swarovski Crystal Worlds museum, one of the biggest tourist attractions in the country.

TechnoAlpin is known for providing snow for guest experiences in destination spas across Europe, but typically creates the snow by spraying cold compressed air and water in a room at night when it's empty.

But it used new technology for the Swarovski installation to provide snow in a more gentle,

natural manner, enabling guests to experience real snow falling.

"This installation is our first simulation of natural snowfall, a feat that took our engineers two years to achieve," says CEO Erich Gummerer.

"It's proven our team is ready for any challenge... We're expanding to North America, bringing the wonder of snow to locations that might never experience a natural snowfall!"

Swarovski is using the natural snowfall in its Chamber of Wonder which includes a crystal tree designed by Alexander McQueen and Dutch designer Tord Boontje.

Boontje says: "Snowfall adds another natural dimension to this room. The dual approach is really exciting: what is real versus what is an illusion of nature? The ephemeral appeal of snow crystals is in direct contrast to Swarovski crystals."

International sales manager for indoor snow, Lukas Dusini, also commented: "We're proud that after our positive experiences in Europe we're now bringing snow to America as an addition to cold applications also in the wellness sector."

More on spa-kit.net

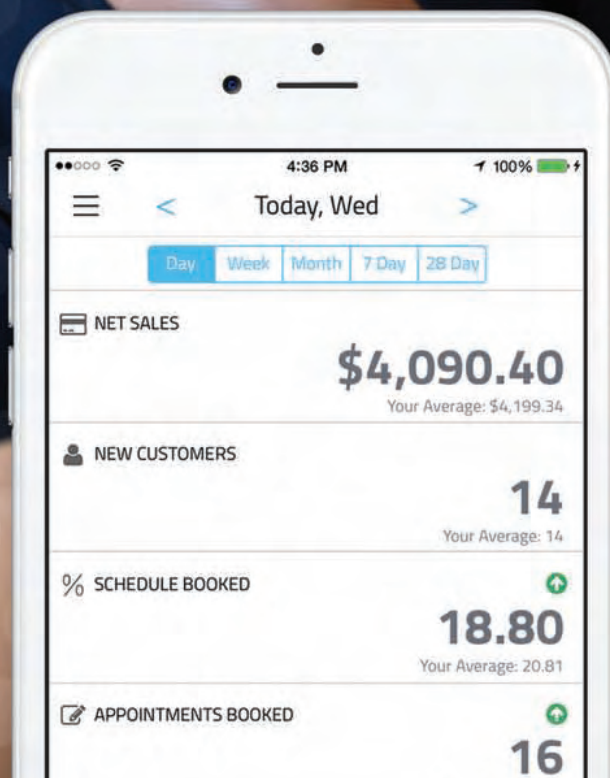
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TyloHelo launches stylish sauna accessories



■ Designer, Paola Garatto collaborated with TyloHelo

Often sauna-related products do not integrate well in a luxurious spa, according to Italian designer Paola Garatto. Garatto has recently collaborated with TyloHelo to create “a beautiful sauna accessory set” based on modern Nordic aesthetic features.

Launched at the beginning of December, the set includes a ladle, thermometer, hygrometer, hourglass and a bucket with a sleek diagonal shape inspired by water waves.



■ The set is available in either matte black or light silver grey

In addition to the stylish design, the bucket has a clever functional spout to enable more accurate pouring of water.

“The materials chosen are both practical and visually pleasant,” Garatto told *Spa Business insider*.

TyloHelo's new accessory collection is available in either matte black or light silver grey

and is made from aluminium that's anodized and abrasive blasted to create the matte finish and long-lasting colour.

The overall design is completed with light birch handles which are reinforced with aspen, to create a polished finish.

More on spa-kit.net

READ MORE ONLINE

Elements Boutique Spa unveils skincare and body collection

Countryside English spa resort, Elements Boutique Spa, has created its first luxury all-natural skincare and body care range and secured a 220-store listing in UK wellness retail giant, Holland and Barrett.

Drawing inspiration from the resort's Somerset settings, real spa experiences and guest feedback, Elements Boutique has developed a range that is vegan, natural, free from SLS and mineral oils, and never tested on animals.

The collection blends focus on the elements: Earth products are made from a grounding combination of patchouli, geranium and vetiver, Fire products consist of a warming blend of cedarwood, lemon and ginger, Air products use an uplifting concoction of



■ Sara Last, co-founder of Elements Boutique Spa collection

peppermint, eucalyptus and pine, while Water products feature a revitalising blend of grapefruit, mandarin and geranium.

Launching with a Cleansing Balm, Facial Scrub, Facial Oils, Facial Mask and Facial Moisturiser, Elements Boutique has used balms and oils as bases for the products, in an eco-conscious move away from using water in the range.

Sara Last, co-founder of the collection, said: “Using nature as our palette and drawing from guest feedback, we're proud to have created a beautiful, natural and environmentally conscious skin and body care range.”

“It allows everyone an element of our spa experience at home.”

More on spa-kit.net

READ MORE ONLINE

Thalion's brightening range targets skins imperfections

Thalion, a French product house specialising in marine skincare, has updated its Thali White skincare range, dedicated to brightening, rejuvenating and smoothing the skin.

The upgraded collection now features Skin Tone Correcting Serum, Skin Tone Brightening Fluid, Skin Tone Brightening Cream, Brightening Radiance Lotion and Radiance Cleansing Milk.

Thali White was originally developed to target marks on the skin, stains, hyperpigmentation and fading.

The formula is also claimed to be capable of helping rejuvenate the skin's complexion and



smooth overall texture, by relying on a combination of exfoliation to stimulate cell regeneration and hydration.

The star ingredients consist of vitamin C and a patented active ingredient, Pylawhite – an extract from a macro-seaweed which is

the product of extensive in-house research conducted by Thalion Laboratories.

According to the company, the range produces smoother skin and complexion, with an added luminosity and plumpness.

Thalion is claimed to be a pioneer in the marine



■ André Prigent, CEO of the family-run business, Thalion

cosmetics field, constantly committed to creating new concepts, actively looking for new active ingredients and create unique treatments.

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READ MORE ONLINE

Tara Spa Therapy unveils refreshed wellness collection



■ Tara Grodjesk, founder and president of Tara Spa Therapy

After 25 years of operation, holistic spa and wellness product house and equipment supplier, Tara Spa Therapy, has unveiled the new evolution of its legacy brand, TARA.

The collection features organic and eco-conscious treatment and personal care products designed to support immune system resilience and wellbeing.

Designed with a new eco-luxury look, the range features 21 oils blended into a range of combinations that form the basis of solutions-orientated products targeting everyday health concerns.

These include CALM for stress relief; REST for sleep;



■ The blends have been formulated from over 21 essential oils

RENEW for restoring energy; BALANCE for grounding; LOVE for nurturing; RECOVER for soothing muscles; DETOX for cleansing; and IMMUNE BOOST for supporting immunity.

“Now, more than ever before, maintaining and sustaining vital wellbeing is essential,” said Tara Grodjesk, founder and president of Tara Spa,

“Wellness lifestyle programmes and self-care rituals must be at the core of our daily practice.”

The blends have been rolled out across seven of Tara Spa's therapy collections and are produced as a whole host of products.

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REM 1918-2020



Solo Beauty - Workington, Cumbria

There's nothing more rewarding than helping to achieve the vision and dreams of a successful business. Working with Amelia Wilson Interiors on the Solo Beauty project gave us the opportunity to showcase some of our finest furniture. Owner Kerry Hayston chose the REM Dream Pedispas, Florence Nail Bars and Futura Seating for her stunning Workington Beauty Salon.

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WEB ADDRESS BOOK

Connect with spa organisations from around the world.

We welcome your entries – write to spateam@leisuremedia.com

Asia-Pacific Spa & Wellness Coalition (APSWC)

■ www.apswc.org

Association of Malaysian Spas (AMSPA)

■ www.amspa.org.my

Bali Spa and Wellness Association

■ www.balispawellness-association.org

Brazilian Spas Association

■ www.abcpspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

■ www.bubspa.org

Association of Spas of the Czech Republic

■ www.jedemedolazni.cz

The Day Spa Association (US)

■ www.dayspaassociation.com

Estonian Spa Association

■ www.estonianspas.eu

European Historic Thermal Towns Association

■ www.ehtta.eu

European Spas Association

■ www.espa-ehv.com

Federation of Holistic Therapists (FHT)

■ www.fht.org.uk

French Spa Association (SPA-A)

■ www.spa-a.org

German Spas Association

■ www.deutscher-heilbaederverband.de

Green Spa Network (GSN)

■ www.greenspanetwork.org

Hungarian Baths Association

■ www.furdoszovetseg.hu/en

Hydrothermal Spa Forum

■ www.hydrothermal-spa-forum.net

The Iceland Spa Association

■ www.visitspas.eu/iceland

The International Medical Spa Association

■ www.dayspaassociation.com/imsa

International Sauna Association

■ www.saunainternational.net

International Spa Association (ISPA)

■ www.experienceispa.com

Irish Spa Association

■ www.irishspaassociation.ie

Japan Spa Association

■ www.j-spa.jp

Leading Spas of Canada

■ www.leadingspasofcanada.com

National Guild of Spa Experts Russia

■ www.russiaspas.ru

Portuguese Spas Association

■ www.termasdeportugal.pt

Romanian Spa Organization

■ www.romanian-spas.ro

Salt Therapy Association

■ www.salttherapyassociation.org

Serbian Spas & Resorts Association

■ www.serbianspas.org

South African Spa Association

■ www.saspaassociation.co.za

Spanish National Spa Association

■ www.balnearios.org

Spa and Wellness Association of Africa (SWAA)

■ www.swaafrika.org

Spa Association of India

■ www.spaassociationofindia.in

Spa & Wellness International Council

■ www.lswic.ru

The Sustainable Spa Association (SSA)

■ www.sustainablespas.org

Taiwan Spa Association

■ www.tsipa.tw

Thai Spa Association

■ www.thaispaassociation.com

The UK Spa Association

■ www.spa-uk.org

Ukrainian SPA Association

■ www.facebook.com/UASPA

