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Global Wellness Day sets sights high for 2017

Global Wellness Day was celebrated around the world in 3,000 locations and 100 countries on 11 June, with people participating in the not-for-profit event through activities including yoga, pilates, zumba, dance, happiness workshops, nutrition lectures and children's activities.

Some of the more unusual activities included sky-diving, snorkelling and bungee jumping.

"It was great to see people holding Global Wellness Day's traditional 'I say yes' paddles up in the sky and under the sea," said Belgin Aksoy, founder of Global Wellness Day. "It is also great to know that Global Wellness

Day has not only been celebrated in spas or hotels, but also in schools, hospitals, homes for the elderly, orphanages and restaurants."

In Turkey, the home of Global Wellness Day, more than 7,000 people attended the event in Istanbul's KucukCiftlik Park, while in



Belgin Aksoy celebrated GWD in Istanbul with more than 7,000 people

Italy, hundreds of people took part in a run in Florence at the Piazza Duomo, and in Ethiopia, T-shirts were donated to low-income children.

"Our goal is to spread awareness of living well in the physical and spiritual way, and to be instrumental in developing people's perspective

of health," said Aksoy. "Global Wellness Day is already an enormous project that has reached more than 250 million people (since it began in 2012), and we set our hearts and our energy in spreading this movement to every corner of the world."

Aksoy said her biggest goal for next year is for the United Nations to observe Global Wellness Day as an international day in its calendar – next year set for 10 June, 2017.

But she also hopes that the event will help to raise awareness of healthy living habits that extend beyond the second Saturday in June.

"As I always say, Global Wellness

Day should be recognised as a day to create awareness and motivation to ensure that people make positive changes in their lives that will impact their wellbeing on the other 364 days of the year," said Aksoy.

For more highlights from GWD, see pgs 2-3.

ASID partners with WELL Building Institute

The International WELL Building Institute (IWBI) and the American Society of Interior Designers (ASID) have partnered to accelerate the integration of health and wellness in the built environment.

ASID will educate its 25,000 US and Canadian members on the principles, practices and applications of the internationally recognised WELL Building Standard accreditation.

The standard is a performance-based system for measuring, certifying and monitoring features that impact human health and wellbeing.

Continued on back cover

Bulgari coming to Moscow in 2019

Luxury hotel brand Bulgari will come to Moscow in 2019, with a hotel set in the former residence of a noble family that was also later home to musicians from the famed Conservatory P.I. Tchaikovsky.

A 1,600sq m (17,222sq ft) spa with a 25m (82ft) swimming pool will be included in the 65-bedroom hotel, which will be located just 300 metres (984 ft) from the city's landmarks of Red Square and the historic Kremlin.

Designed by Italian architectural firm Antonio Citterio Patricia Viel and Partners – which is also working on the Bulgari Dubai – in collaboration with Russian architectural bureau Atrium, the Bulgari Hotel in Moscow is planned to offer a mix of traditional and contemporary themes. The building is part of a



The hotel will include an internal courtyard

full block of development that will also include luxury residences, and features a courtyard inspired by Italian Renaissance Palaces.

"The reconstruction of a whole block in Moscow's historic centre is an operation of great cultural and economic value to the city," said Antonio Citterio.

Details: http://lei.sr?a=j7Y2g_S

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TURKEY



More than 100 countries
celebrated Global Wellness Day
on June 11 - here are some
highlights from around the world

RUSSIA



UAE



USA



LEBANON



CROATIA



SPAIN

USA



MEXICO



GERMANY



TURKEY



CYPRUS



CHINA



The resort is designed like a hilltop village

Park Hyatt Mallorca opens in Spain with Serenitas Spa

The Hyatt Hotels Corporation has officially opened its first European resort, the Park Hyatt Mallorca.

The Spanish property, which is located across five hectares in the Cap Vermell Estate, is designed in the style of an authentic Mallorquin hillside village.

Buildings designed by DSA Architects International are spread across three main terraces and smaller terraces typical of traditional local agricultural settlements have also been scattered across the development, with prominent use of locally sourced Spanish stone.

The resort offers 142 guest rooms, a fitness centre and a Serenitas Spa with seven treatment rooms, a Himalayan salt sauna and steamrooms.

Details: http://lei.sr?a=e4b4h_S

Trump set to launch hotel brand for 'we' economy

Trump Hotels will launch a new hotel brand concept developed "in response to the massive growth of the technology-centric 'we' economy."

The name is yet to be announced, but the new brand will be "genuine, engaged and agile," the company said, and appeal to travellers "who want to connect with others in energised social spaces."

"This is a great time for Trump Hotels as we target a new and different type of guest with the same Trump standard of quality and excellence," said Eric Danziger, CEO.

Travel industry intelligence platform Skift posits that the new brand may be a way to create distance from the US presidential candidate's name. A Skift survey showed that 56.9 per cent of respondents were less likely to stay in a Trump Hotel because of Donald Trump's presidential campaign.

Details: http://lei.sr?a=e6a7q_S

ESPA spa debuts in Huntington Beach

Pacific Hotel Group has opened the Pasea Hotel & Spa in Huntington Beach, California, overlooking the Pacific Ocean.

Part of the Meritage Collection's portfolio, the Pasea takes its inspiration from the artistic culture and communal spirit of the area, and features a modern, elevated form of the classic coastal vibe.

The 250-bedroom hotel includes a 5,800sq ft (539sq m) Aarna Spa, a Balinese-inspired wellness centre in partnership with ESPA. It includes eight treatment rooms, a boutique salon, relaxation room, fitness centre and outdoor garden.

It also includes an "I AM" menu, which is a marketplace with a wide array of items and experiences, from forgotten travel essentials to bicycle rentals, yoga classes, local brewery tours and custom surfboards.



The Pasea Hotel features a 5,800sq ft Balinese-inspired wellness centre

"We are excited to add another locally-inspired property to our growing Meritage Collection," said Kory Kramer, chief investment officer at PHG. "Pasea Hotel & Spa's opening marks a great milestone for our company as we continue to expand in destinations appealing to both business and leisure travelers."

Details: http://lei.sr?a=g2B5Y_S

Resense expands operations in Asia

Global spa management company Resense is working on eight new spa developments across Asia, with projects scheduled in China, Myanmar, Malaysia, Thailand and South Korea.

Resense has also established a subsidiary company, Resense China, with offices in Beijing, which will oversee all projects and developments within Asia.

Resense recently opened a Kempinski The Spa in Harbin and, most recently, a Kempinski The Spa Fuzhou.

In addition, the Resense team is working on projects for Kempinski in Yangon, Busan, Phuket and Kuala Lumpur.

Kempinski The Spa Heritage Yangon will be located in the original colonial building of the State House building. The spa will include a beauty lounge, advanced facial treatments and spa suite experiences, and will open in 2018.

The spa at Kempinski The Spa Phuket will offer wellness that appeals to the modern international traveller, the company said. Designed by architect Bill Bensley, the Kempinski Resort will feature spa experiences that are enhanced by connecting guests to



The Kempinski Phuket is designed by architect Bill Bensley

nature and creating indoor and outdoor experiences that embrace natural materials, plants and water. It will open in 2019.

In conjunction with Junglim Architecture in South Korea, Resense is working on a 3,800sq m (40,903sq ft) spa and wellness membership club at the Kempinski Hotel & Residence Busan, which is due to open in 2019.

Due to open in 2020, the spa at Kempinski Kuala Lumpur is inspired by the "beauty and culture of Malaysia," the company said, and will engage the mind and the five senses.

Details: http://lei.sr?a=k5c6D_S

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What makes a community well?



MIA KYRICOS
President
Kyricos & Associates

Over the last 15 years, I've worn many different hats on the business side of wellness. Whether developing, operating or branding spas and health resorts, or helping consumers and employees to adopt healthy habits, there always seems to have been more questions than answers, and this latest question is no different.

For lack of a better term, "wellness communities" are starting to surface. We've seen projects from Mexico to Malaysia, China to Sweden, the US to the UAE. I've reviewed dozens of projects; some have been conceived with true environmental and residential wellbeing in mind, while others are cleverly marketing to a world gone mad for all things well. Sifting through the clutter can be a challenge, but I'm finding the work to be compelling. Why?

Because for the first time in my professional career, I can point to a legitimate demand for something that anyone can relate to, versus demand we've had to create over the years. Ultimately, we all have a desire to live well, so the question is: what makes a community well?

Is it access to healthy food, environmentally-conscious homes, a gym or a spa that gives a community its badge of wellness? Does it need to be affordable, offer green space, be walkable, include paths for cycling or access to integrative health care? Should it offer an organic farm or community-supported agriculture?

I'm not sure it's about being green, active, sustainable or even agricultural – although those are certainly sound pillars worth advocating for – but instead about being consciously connected to the people, environment and activities that comprise it. It's about a sense of place, and we, my friends, are in the business of place-making.

Like it or not, wellness is no longer just about the places we encourage consumers to visit, or the products and services they consume, but instead about where they call home, and we have an opportunity to be a part of this next frontier. That is, to help consumers better connect to the communities within which they live, and for our businesses to potentially thrive at the heart of them.

Margaritaville coming to Orlando

The first renderings of the next Margaritaville destination resort – which will open in Orlando, Florida by the end of 2017 – have been released, shining a light on American singer Jimmy Buffett's ambitious plans for the US\$750m (€664m, £526m) leisure scheme.

Construction recently began on the 320-acre property, called Margaritaville Resort Orlando, which features interior designs from The McBride Company and is being developed by Encore Capital Management in Western Osceola County.

The renderings provide an overview of the waterfront resort, which is set to feature a 175-room Margaritaville hotel, 1,000 Margaritaville-themed vacation homes, 300 timeshare units, a 12-acre waterpark, a wellness centre, wooded fitness trails and 200,000sq ft (18,600sq m) of retail space.



The resort will feature a three-acre swimmable freshwater lagoon

The resort's most unique addition is a three-acre swimmable freshwater lagoon, which will be surrounded by sand beaches and used for paddle-boarding, snorkelling and water sports. The resort's concept is inspired by the lyrics and laid-back tropical lifestyle of Jimmy Buffett.

Details: http://lei.sr?a=w6A4D_S

LivNordic opens second maritime spa

LivNordic has launched its second Scandinavian-themed spa on board a Viking Cruise ship, the 930-passenger Viking Star. The eight-treatment-room spa is inspired by the holistic wellness philosophy of Scandinavia, from the treatments and the materials used to design and build the space, to the Nordic bathing rituals and Snow Grotto.

All guests can use the fitness centre and the spa's thermal suite, which includes the Nordic Bathing ritual, wherein guests move from the sauna to a cold pool, back to the sauna, and finally to the Snow Grotto.

"The cruisers love the spa, and especially the Nordic ritual where we go from hot to cold, from our steamroom into our snow room back and forth," said Nora Forsberg, LivNordic group spa director. "They also love the genuine Nordic design and the Nordic storytelling we provide them with."

The spa's purposefully simple menu includes Swedish Mindful Massage, Swedish Detox Massage and Swedish Deep Tissue Massage, along with a Nordic Organic Facial and an advanced non-invasive facelift Hydrafacial.



The spa includes a Snow Grotto as part of the Nordic Bathing ritual

Additional services, such as manicures, pedicures, hair treatments, personal training and beard care are also available, and upgrades to services include body scrubs, foot massages, cupping and muscle soak baths.

Product houses include The Organic Pharmacy and Swedish skincare brand c/o Gerd, which uses Nordic ingredients such as cloudberry, blueberry and birch, and the spa's design uses materials that reflect Scandinavia.

A third LivNordic spa is set to open on board the Viking Sky in February 2017.

Details: http://lei.sr?a=X2m3J_S

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www.spateevents.com/middleeast

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13-15 September 2016

ISPA Conference & Expo

The Venetian Resort Hotel Casino

Las Vegas, Nevada

The 28th annual event features three days of speaker presentations along with a B2B trade show and networking

opportunities for those in the global spa industry. University of Houston research professor Dr Brené Brown will open the event, and leadership expert Simon Sinek will be closing as keynote.

Tel: +1 859 226 4326

www.attendispa.com

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www.cidescoireland2016.com

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www.greenspanetwork.org

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www.messe-stuttgart.de/en/interbad/

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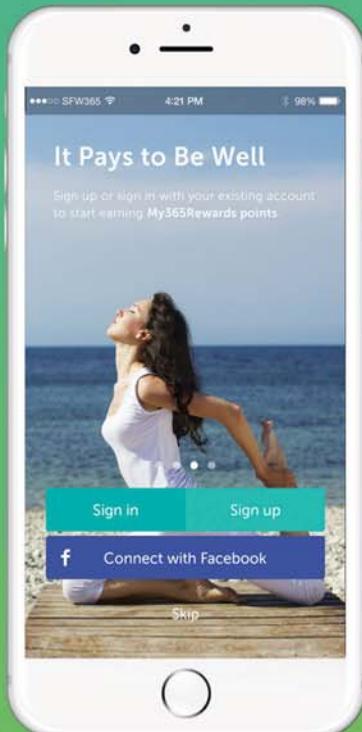
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Spa industry can help loneliness

Stress and increasing isolation will change the face of the spa and wellness industry, says Tracey Woodward, CEO of skincare brand Aromatherapy Associates.

Addressing an audience of more than 170 delegates at Spatec Europe in Portugal earlier this month, Woodward touched on both her own personal story and her experience working for Aveda and Marks & Spencer. Woodward said that the spa industry has the power to change an increasingly technologically-dependent and stressed world.

“Spa will become more and more essential to healthful living,” she said. “Consumers are looking for products that nurture, and that embrace how you feel physically and mentally,” she continued.

Woodward detailed her success as brand advisor to Marks & Spencer,



Aromatherapy Associates CEO Tracey Woodward spoke at Spatec

where she consulted on the redesign and development of its beauty department. Part of the success, she said, was due to the fact that lonely women would come to the store for a consultation in order to speak with someone and make a connection.

Details: http://lei.sr?a=x6v2y_S

Panel discusses future of wellness

Is the future of wellness about catering to ageing Baby Boomers, attracting younger Millennials, creating personalised programming, differentiating between lifestyles, or some combination of all of the above? That was the subject of a lively panel discussion held earlier this month during the Forum Hotel & Spa conference in Paris.

Dr Franz Linser, owner and managing director of Linser Hospitality; Ingo Schweder, CEO of GOCO Hospitality; Roger Allen, CEO of Resources for Leisure Assets; and Andrew Linwood, head of design at Areen Hospitality debated the different directions wellness could take in the future.

Linwood said figuring out how to attract a new generation of spa-goers through more social and less elitist designs is also important. Linser, however, argued that age labels are not the best way to differentiate.

“Most of our programmes are more relevant if we consider the lifestyles of people,” Linser explained. “If someone is overstressed, it doesn’t matter if they’re 24 or 44...As a consequence of our lifestyles, we will find many of our clients being disabled to a certain extent.”



Ingo Schweder, Roger Allen and Dr Franz Linser in Paris

Schweder said he is focusing on the middle-income bracket, on wellness real estate, and on economically powerful ageing Baby Boomers.

Linser noted changes in lifestyles will necessitate a move from an indoor focus to an outdoor focus, and from offering pampering to offering lifestyle changes.

“More and more we are not just talking about an operational unit here, we are talking about lifestyle,” he explained. “We are talking about people seeking out a good way of living.”

Details: http://lei.sr?a=c5D8X_S



The Waldorf Astoria in DIFC will include a spa

Waldorf Astoria to make debut at DIFC in 2017

Hilton will open a 247-bedroom Waldorf Astoria in the Dubai International Financial Centre in Q3 2017, joining a portfolio of 25 hotels across the world.

The property will form part of a mixed-use residential, retail and office-space development, and will include spa and wellness facilities, though further details on the spa are not yet available. The hotel will also include upscale dining options, a grand ballroom and four meeting rooms.

“Sound fundamentals underpin our luxury story in the Middle East, where we have seen exceptional growth in locations tailored for both leisure and business travellers,” said Carlos Khneisser, vice president of development, Middle East and North Africa for Hilton Worldwide. As an iconic luxury brand originating from New York...I am delighted that we will welcome Waldorf Astoria to this international hub.”

Details: http://lei.sr?a=F3H8k_S

Radisson Blu opens hotel in Armenian city of Yerevan

Radisson Blu has opened a 142-bedroom hotel in Armenia, described as “the first and only upscale international hotel brand” in Armenia’s capital city, Yerevan. Designed by architect Hrant Komitasyan with interiors by Andre Avedian of ARA Design, the hotel combines natural stone and wood textures, with patterns and elements that reflect Armenian culture. The hotel gardens feature views over Mount Ararat.

A 1,000sq m (10,764sq ft) Terra Spa and Fitness centre includes seven treatment rooms, a far-infrared sauna, traditional sauna, hammam and fitness centre. Italian skincare brand Ishi is used in treatments.

Other wellness activities include an open-air tennis court, #BluRoutes running routes, and quiet spots in the garden for yoga.

Details: http://lei.sr?a=Q3H2E_S



Rosalin Lau is also a certified yoga instructor

Lau joins Six Senses Zighy Bay

Rosalin Lau has been named director of spa and wellness at Six Senses Zighy Bay in Oman. Lau has more than 20 years' experience in spas, fitness, wellness and hospitality, and was most recently part of the pre-opening team for Shine Spa at the Sheraton Grand Dubai.

She has also served as spa manager for the Ritz-Carlton, DIFC in Dubai and has worked at the Burj Al Arab in Dubai, the Banyan Tree Spa in Phuket, Thailand, and Banyan Tree in Kuwait. Lau was also appointed champion of spa discipline, a regional role for Ritz-Carlton and Marriott Spas in the MENA region. Lau holds a masters of science in international management from the University of Liverpool, has qualified in body therapies and is a certified yoga instructor.

Details: http://lei.sr?a=e7T6v_S

Sarah Wellfair to head up UK's Spa at Stanley House

Sarah Wellfair has joined the Spa at Stanley House in Lancashire, UK, as its new manager. Wellfair was most recently manager at the House of Elemis in London and has seven years' experience in spa management across the globe.

"Sarah's unfaltering dedication to ensuring guests have a seamless experience means she is well-placed to head up our spa," said Philip Wharton, general manager. "This will ensure Stanley House retains its place as one of the UK's top spa destinations. She's a welcome addition to the Stanley House family."

Wellfair began her career as a beauty therapist 13 years ago, and brings experience relating to beauty treatments, spa therapies, health and wellbeing.

Details: http://lei.sr?a=r6g4t_S

Stephenson working with Saltability

Educator, massage therapist and spa industry veteran Eric Stephenson has joined Himalayan salt supplier Saltability as the company's national educator.

Stephenson specialises in creating continuing education for massage schools, spas and professional organisations across the United States, Canada and the Caribbean.

As national educator, Stephenson will work to educate spa partners on Saltability treatments.

He is a member of the International Spa Association board of directors and co-founder of imassage Inc, an education and consulting company. He also acts as director of education for Elements Therapeutic Massage.

"Between both of our passions for spa education and Eric's new-found love for Himalayan salt stone massage, there is such



Stephenson specialises in creating educational programmes

a natural flow to Eric coming on board," said Ann Brown, founder of Saltability. "We're excited to join forces with him to share the multi-therapeutic benefits of Himalayan salt stone massage and Saltability's green and eco-friendly features with the spa industry."

Details: http://lei.sr?a=h5T4a_S

Catia Fonseca named spa manager

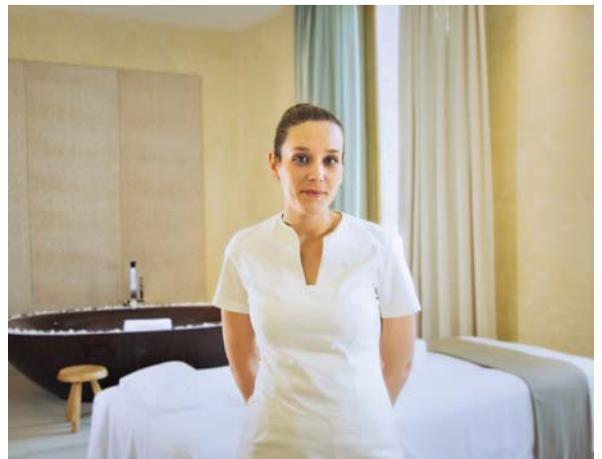
Spain's Abadia Retuerta LeDomaine has named Catia Fonseca spa manager of its Santuario LeDomaine Wellness & Spa, which opened in July 2015. The hotel is located in a 12th century abbey and winery surrounded by vineyards in Spain's Duero wine-growing region, and includes a vinotherapy spa concept.

A native of Portugal, Fonseca has previously held management positions at Six Senses Spa at Sharq Village in Qatar and Six Senses Douro Valley in Portugal, as well as

executive positions at Aquapura Hotel Resort and Spa in Lamego, Portugal and Porto Palacio Congress Hotel & Spa in Oporto, Portugal.

Fonseca is responsible for the 10,000sq ft (929sq m) holistic healing and wellness centre, which includes a 'fusion wine' vinotherapy spa concept based on a blind tasting, as well as 'spa sommeliers' who guide guests on their wellness journey.

The spa includes four treatment rooms, a spa suite, outdoor rain showers, indoor heated pool, outdoor pool with a snack menu, and separate men's and women's



Fonseca is responsible for the 10,000sq ft holistic wellness centre

wellness areas with sauna, steambaths, experience showers, hydrotherapy pools, relaxation room and changing area. Wellbeing offerings include Pilates, personal training sessions, yoga, meditation and Qi Gong.

"We have juxtaposed an historic, 12th-century abbey hotel and winery with a 21st century wellness centre to create an unprecedented guest experience in Spain, and Catia now adds a wealth of international experience from leading spas," said Andres Araya, the hotel's managing director.

Details: http://lei.sr?a=a9T5M_S

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Center Parcs Ltd
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Beauty Therapists

Center Parcs Ltd
Location: Sherwood Forest, UK

Director of Spa

Mandarin Oriental London
Location: London, UK

Spa Therapists

Hand Picked Hotels
Location: Various, UK

Spa Manager

The Balmoral Edinburgh - Rocco Forte
Location: Edinburgh, UK

Spa Therapist

The Balmoral Edinburgh
Location: Edinburgh, UK

Seasonal Spa Therapist

St Moritz Hotel
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Spa Therapist

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STUDY THE 3-MONTH SPA MANAGEMENT PROGRAM OR INDIVIDUAL COURSES WITH INDUSTRY EXPERTS.



news

- ! SPA FINANCE COURSE
- ! SPA MARKETING COURSE
- ! SPA LEADERSHIP COURSE

 Raison d'Etre
www.rdespas.com, smc@rdespas.com

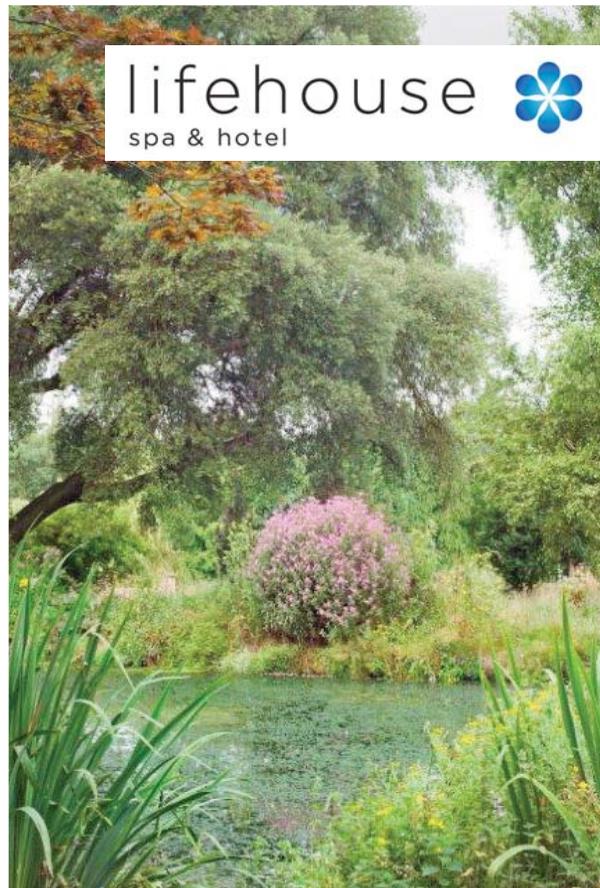
SPA THERAPISTS

Location: Essex, United Kingdom

Salary: Competitive

- Experienced spa therapists, ideally having worked in a highly customer service oriented spa environment.
- Outgoing, nurturing and friendly towards their customers.
- Passionate about the health and well-being industry and be able to communicate that passion appropriately to our guests.
- Able to provide excellent customer service to our guests.
- CIDESCO/BABTAC qualified (or equivalent) and experienced (NVQ level 3 or similar).
- Flexible in approach and work best in a team-working environment.
- Have excellent communication skills.
- Fluent in spoken English.

Apply now: <http://lei.sr?a=3C5a9>





DIRECTOR OF SPA

Location: London **Salary:** Competitive

Enroll in the opportunity of a lifetime to work within the Mandarin Oriental Group



For the ultimate in relaxation, The Spa at Mandarin Oriental, London is a haven of tranquillity where the boundaries of East and West blend in harmony. Drawing on exotic therapies and philosophies from around the world, a series of specially designed Time Rituals are offered to rejuvenate body and spirit.

Mandarin Oriental Hyde Park, London is part of Mandarin Oriental Hotel Group, award-winning owner and operator of 41 hotels in Asia, The Americas, Europe and North Africa.

We are currently recruiting a Director of Spa. The Spa Director is responsible for the overall spa and fitness staff and functions and maintains all operating aspects of the Spa and Fitness & Wellness facility.

Skills & knowledge required:

- Strong Business Acumen
- Analytical Skills
- Ability to Drive Media Events
- Budgeting & Revenue Management
- Strong Leadership Skills
- Ability to Develop & Implement Marketing Plans

The ideal candidate is and has minimum of 5 years' experience as a Spa Director in a luxury hotel company previous. You are passionate about the spa and fitness world and willing to deliver the best service and experience to our guests.

Benefits:

We provide a comprehensive Benefits Package which includes : meals whilst on duty, discounts in Rooms and F&B Outlets, healthcare provisions, company pension scheme, 28 paid holidays including bank & public holidays, colleague recognition and reward programmes, exciting range of learning and development programmes, opportunities for promotion and transfer across the group.

In line with the requirements of the Asylum & Immigration Act 1996, all applicants must be eligible to live and work in the UK. Documented evidence of eligibility will be required from candidates as part of the recruitment process. Mandarin Oriental Hotel Group is an equal opportunity employer

For more information visit www.spaopportunities.com

APPLY NOW: <http://lei.sr?a=o3I3N>

Job opportunities with Aqua Sana at Center Parcs



Center Parcs is the leading provider of short break holidays in the UK, delighting generations of guests for the past 27 years. Each of our Villages is set in beautiful forest locations with over 200 activities and after recently opening our fifth Village, we now employ a team of more than 7,000 people.

Aqua Sana is our award winning spa which welcomes guests who are on short breaks as well as spa day clients. As well as 'World of Spa' there is a full treatment menu, using Elemis, Decléor and our own signature ranges. We also have an Express Beauty area, a fully stocked Boutique, and Vitalé Café Bar. Aqua Sana is a high quality, continually evolving spa concept.

If you're as passionate as we are about the benefits that spa can bring, why not be part of our evolution?

We are currently recruiting for:

- **BEAUTY THERAPISTS**

within our Aqua Sana teams across the 5 villages.

If you're interested in a career within Aqua Sana, please visit the Center Parcs Careers Website and select 'Job Search'.

Here you can select the Village where you are interested in working and see what opportunities are currently available. You can also register for 'Job Alerts' and we will contact you as and when opportunities become available.'

www.centerparcscareers.co.uk



HandPICKED HOTELS

BUILT FOR PLEASURE

Hand Picked Hotels is a collection of 21 country house hotels located throughout the United Kingdom and Channel Islands.

With welcoming and charming service delivered in inspirational surroundings, our guests are encouraged to feel at home, relax, kick off their shoes and indulge!

Our values support a family approach; we are passionate about our people as well as our hotels and clubs and welcome those who share our enthusiasm to join us. We seek vibrant people who believe that providing the highest level of guest service is the key to success.

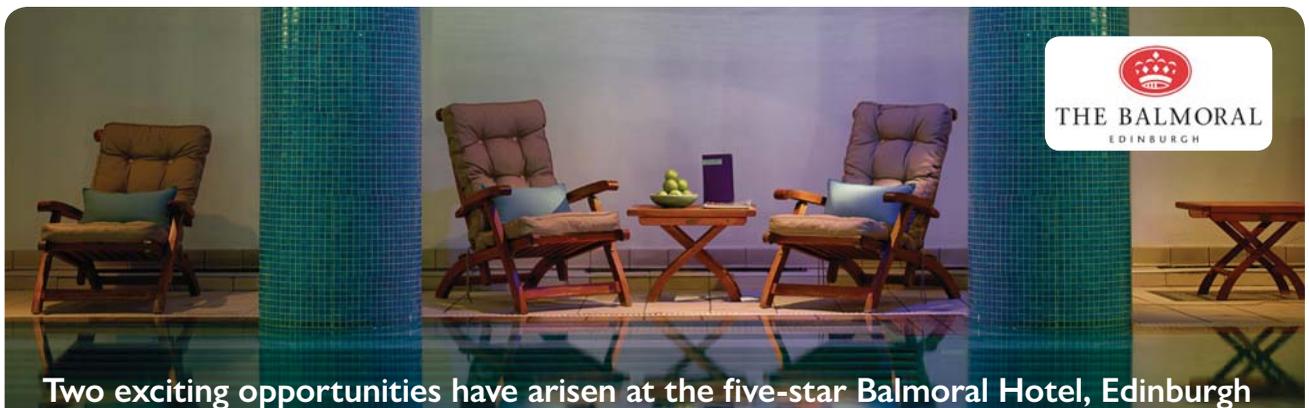
We are looking for talented individuals with a passion for standards and quality and who want to make a real difference.



WHAT WE WILL OFFER YOU:

- ◆ A competitive salary
- ◆ 28 days annual holiday inclusive of bank holidays
- ◆ Discounted hotel accommodation across the Hand Picked group of hotels
- ◆ Employee of the month/Year awards
- ◆ Training and development opportunities
- ◆ Uniform
- ◆ Free car parking
- ◆ Meals on duty

FOR MORE INFORMATION, PLEASE VISIT:
handpickedhotels.co.uk



Two exciting opportunities have arisen at the five-star Balmoral Hotel, Edinburgh

SPA MANAGER

The role involves the daily management in all operational procedures and codes of conduct within the Spa to ensure that the provision of an effective service is given to all internal and external clients and guests. You will manage a team of 17, including Therapists and Spa Co-ordinators.

The ideal candidate should have the following skill and knowledge:

- Ability to lead and develop a team
- Creativity to develop product and implement marketing strategy
- Strong business and financial management
- Excellent guest service skills and quality driven
- Drive and motivation to achieve/exceed targets

You will be part of a pro-active management team and will be responsible for attending all relevant meetings, monitoring budgets and attending the profit and loss review. The role will involve Duty Management shifts within the hotel. The ideal candidate should have management experience in a luxury hotel environment and be passionate about delivering the best service and experience to our guests.

SPA THERAPIST

You will be responsible for delivering outstanding customer service and care to our guests through providing a full range of ESPA & SPEIZIA treatments including facials, massage, manicures and pedicures.

In partnership with carrying out treatments, your other duties will include

- ensuring the highest standards of hygiene;
- ensuring guest comfort and welfare during Spa experience
- cleanliness and tidiness are maintained in the Spa;
- assisting in reception when required;
- supporting the Head Therapist with stock ordering and checks and maintaining the standards and presentation of all the displays.

With an HND in Beauty Therapy, or equivalent, you will have experience of working within a spa facility although prior use of the above products is not essential as full training will be given, however it is preferable.

The ideal candidate will have excellent guest care skills and will possess excellent interpersonal skills and have a 'nothing is too much trouble' attitude

For more information on these positions please visit: www.spaopportunities.com

ASID, IWBI partner for wellness design

Continued from front cover

The WELL Building Standard accreditation measures, certifies and monitors features that impact human health and wellbeing through air, water, nourishment, light, fitness, comfort and mind.

As part of the new partnership, ASID will challenge its members to develop their own innovative wellness-friendly design solutions. ASID will also collaborate with IWBI to generate further research on how the built environment impacts the quality of people's lives.

"Interior design has the power to impact our health and wellness in a tremendously positive way," said IWBI founder Paul Scialla, who is also CEO of wellness real estate and technology firm Delos. "This partnership will help further engage this important community of designers, which is critical to the global awareness of the importance of health and wellness in the built environment."



IWBI founder Paul Scialla is also CEO of wellness firm Delos

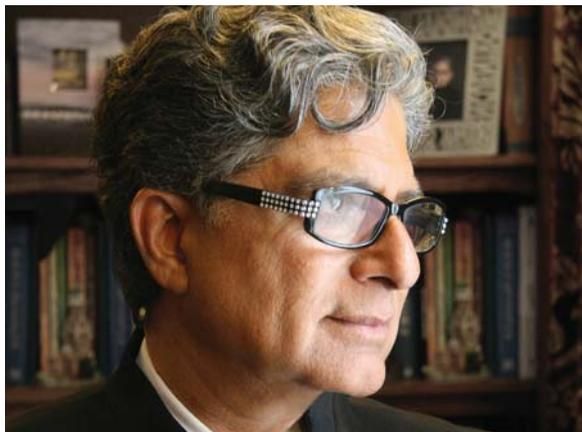
ASID CEO Randy Fiser added: "By aligning with IWBI, we reaffirm our commitment to demonstrate that interior design can improve people's lives. Our partnership goes beyond a statement of mutual support. We will continue to work with and through our members, the broader design community, and their clients to advocate for the integration of health and wellness in all spaces, buildings and communities."

Details: http://lei.sr?a=P4N9W_S

Chopra launches wellbeing platform

Physician, author and wellness expert Dr Deepak Chopra has launched a new wellbeing platform, Jiyo, which has the lofty aim of impacting one billion people worldwide.

Jiyo looks to address health and wellbeing holistically, encouraging lifestyle modification and offering expert insights across categories from exercise and nutrition to sleep and stress, as well as exclusive interactive meditation videos with Dr Chopra. The platform uses intuitive



Chopra's platform uses intuitive technology to analyse behaviour

technology to analyse users' behaviour and makes recommendations based on their habits to nudge them on their path to wellbeing.

"The goal of Jiyo is to impact a billion lives around the world by enabling them to experience a joyful, energetic body; a loving, compassionate heart; a restful, alert mind and lightness of being," said Chopra.

By focusing on personal growth, exercise, nutrition, sleep and relationships, Jiyo aims to take a 360-degree approach to wellbeing, offering curated video content from experts.

Jiyo has also partnered with business management software provider Mindbody, which will enable users to access Mindbody's worldwide network of more than 277,000 practitioners in fitness, beauty and wellness to find and book classes and appointments.

In addition, Jiyo has also partnered with Apollo Life, a leader in the health and wellness segment in South Asia, which will enable Jiyo to bring wellbeing services to nearly 1.5m corporate users.

Details: http://lei.sr?a=j9e8s_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedmedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

Estonian Spa Association

T: +372 510 9306 W: www.estonianspas.eu

European Spas Association

T: +32 2 282 0558 W: www.espa-ehv.com

Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

W: www.spa-a.com

German Spa Association

T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

The Iceland Spa Association

W: www.visitspas.eu/iceland

The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imsa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86 0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

Japan Spa Association

W: www.j-spa.jp

Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

Portuguese Spas Association

T: +351 217 940 574 W: www.temasdeportugal.pt

Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

Salt Therapy Association

W: www.salttherapyassociation.org

Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbianspas.org

South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: www.iswic.ru

Taiwan Spa Association

W: www.tspta.tw

Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org