

spa opportunities

3-16 AUGUST 2018 ISSUE 299

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Cartesian Method inspires Baker's latest spa

Spa consultant Bonnie Baker of Sattava Spa & Wellness Concepts has created a spa based on Rene Descartes' Cartesian Method for a boutique hotel in Puebla, Mexico.

Much as the Cartesian Coordinate System became the basis for the practice of map-making, the spa at Hotel Cartesiano invites guests to delve within themselves, using a personal compass to create their own map to wellness.

Located on the top floor of the hotel – which is operated by Hamak Hotels and set in three buildings originally built between the 16th and 18th centuries – the spa has views out over the town and its cathedral.

"It's very white, clean, sinewy, with views of the cathedral, and it's like you're up in the clouds on the cupola of the church," said Baker.

It has just four treatment rooms, and Baker said her aim was to pair the simplicity of the



The spa is located on the top floor of the Hotel Cartesiano in Puebla

spa with an extensive menu. The treatment menu is based on four quadrants – Retreat (destress), Restoration (balance), Release (cleanse) and Revitalise (clarify) – and encourages the guest to embark on an exploration of their inner territory and to understand the connection between the mind, body and emotions.

Integral Wellbeing Rituals include the Cartesian Coordinates Ritual, which aims to help guests connect the relationship between past and future. The ritual begins with an energetic cleansing with sound vibration and a rosemary-infused salt scrub, followed by a stress-relieving massage and a specialised head and shoulders treatment to clear the mind.

The Northern Alignment Ritual is designed to help guests find their own "magnetic north" by focusing on expanding the breath, releasing physical and emotional blockages, and connecting with

the subconscious mind. The ritual begins with a foot cleanse and energetic alignment, followed by a massage with rhythmic movements and acupressure points designed to create space and bring inner awareness and a feeling of expansion in the body.

Continued on back cover

APPOINTMENTS

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LUXURY HOTELS

LONDON HEATHROW

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THERAPIST

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Benefits Package

SEE PAGE 15

Hutchinson adds Jean Kolb to team

Hospitality and spa veteran Jean Kolb has joined Hutchinson Consulting as a member of its recruiting team. Kolb is former director of wellness for Kohler Water Spas and owner of Well By Choice, an executive coaching company.

While at Kohler, Kolb was instrumental in the hiring, development and success of over 250 associates. While at Kohler, she shared her leadership knowledge through coaching high potential executives through the Kohler Co. Leadership NXT Program for the development of future leaders. Kolb is also a past chair of the International Spa Association.

In her role at Hutchinson, Kolb will expand the firm's recruitment services in hospitality, food and beverage, and spa in the Midwest.



Kolb is the former director of wellness for Kohler

"We are extremely excited that Jean has joined our recruitment firm," said Michael Tompkins, partner at Hutchinson Consulting. "Jean brings unparalleled hospitality experience, having worked at one of the most iconic American brands in a senior leadership role for more than two decades."

Details: http://lei.sr?a=Y2u9e_S

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Urban wellness comes to Shanghai

The Middle House, the latest addition from Swire Hotels, has officially unveiled its newest concept, Mi Xun Spa | The Lab | Shop, offering an urban destination for wellness in the heart of Shanghai.

The 2,600sq m (28,000sq ft) spa includes a heated indoor swimming pool, 24-hour gym facilities, wellness studio and spa treatments. There are also services and treatments co-branded with expert providers, and guests can purchase health and wellness products from a curated selection of premium brands at The Shop.

Lab Treatment is the first hotel destination in China to offer boutique treatments from Cha Ling L'Esprit du Thé – the French-Chinese cosmetics brand developed by LVMH Research in France. Cha Ling combines traditional Chinese medicine with French beauty and is designed to re-harmonise energy flow and detoxify the skin.

The Lab Wellness features Life Fitness equipment, a 33m (108ft) indoor heated pool, sauna and steam room, and group classes such as yoga, which is provided in partnership with LuluLemon.

The spa also includes a Hypoxi room, where exercise with hi-tech fat-reduction techniques takes place. The Hypoxi Method is based on



The new includes an indoor swimming pool as well as a Hypoxi room and wellness studio

three pillars of alternating pressure, moderate kinetic training and balanced nutrition, and is designed to reduce fat from the stomach, hips, buttocks and thighs using the natural principles of lipid metabolism.

Details: http://lei.sr?a=Z5w4g_S

Kempinski spa to have mud treatments

A Kempinski resort on the island of Dominica will feature a 1,750sq m (18,836sq ft) spa designed and operated by Resense that takes full advantage of the Caribbean nation's local volcanic mud.

The 160-bedroom Cabrits Resort Kempinski Dominica is due to open in Q4 of 2019, and is the brand's first luxury hotel project in Dominica.

The Kempinski The Spa at the resort will include nine treatment villas, a spa with indoor and outdoor thermal areas, and a mud treatment zone using local volcanic mud. The resort will be adjacent to the Cabrits National Park, in an area known for its ecotourism, natural beauty, waterfalls and hot springs.

"Celebrating Dominica's unique landscape, the spa will be a primary element of the resort experience, with extensive facilities and inclusive wellness programmes and events that are combined with eco-tourism activities and excursions into one of the Caribbean's most



The Cabrits Resort Dominica is due to open in Q4 of 2019

unspoilt destinations," said Benjamin Robert, director of business development for Resense.

The spa will also include a local and organic treatment menu, gym, beauty area and indoor/outdoor relaxation area.

The hotel will be located on the north shore of the island near Portsmouth, and is being developed by Range Developments, which also developed the recently opened Park Hyatt St Kitts.

Details: http://lei.sr?a=B2b5b_S



Left Bank's first luxury hotel reopens

The Hotel Lutetia, originally opened in 1910 as the first luxury hotel on Paris' Left Bank, has opened once again after an extensive renovation by architect Jean-Michel Wilmotte. Now owned by Set Hotels, the Hotel Lutetia features a new Spa Akasha with a holistic approach based on four elements.

The 700sq m spa is bathed in natural light and includes six treatment rooms. Design features include lalique vases, marble walls and floors and works by textile designer Celine Alexandre, which give it a modern tone.

Air is incorporated through a breathing protocol included in all treatments, initiation sessions, meditation and yoga.

A 17m swimming pool and whirlpool, as well as a welcome ritual before each treatment focus on the water element.

A 100sq m gym encompasses the element of fire through innovative workouts and the latest machines. The spa is staffed by a team of experts in yoga, Pilates and boxing, and also offers sessions such as bootcamp, Hiit, TRX, cross-training and more.



The Hotel Lutetia includes a light-filled, 700sq m spa

The element of earth is addressed through a range of detox drinks and healthy menus, including a menu to "do your body good" concocted by Benjamin Brial for guests to enjoy between treatments.

Flagship brands at the spa include Carita, CellCosmet, and Aromatherapy Associates, and the spa is equipped with Gharieni massage tables.

Christophe-Nicolas Biot, a hair stylist and specialist in plant-based hair colouring, will head up a "real hair spa" that offers a full capillary diagnosis, personalised 'energy code' treatment and styling according to face shape.

Details: http://lei.sr?a=y5R8s_S



The resort includes a large spa as well as a floating swimming pool on the lake

Mandarin Oriental to manage Lake Como Resort

Mandarin Oriental Hotel Group has taken over management of CastaDiva Resort & Spa, an existing resort on Lake Como, Italy.

The property will be rebranded as Mandarin Oriental, Lake Como in spring 2019 following a refurbishment of facilities.

Located on the shores of Lake Como and surrounded by parkland, the resort is comprised of 76 rooms and suites housed in nine villas dating from the 19th Century. It features a large spa with an indoor swimming pool and an outdoor floating pool on the lake.

"We are delighted to be extending the Mandarin Oriental brand to the shores of Lake Como, which has long been a destination of choice for luxury travellers," said James Riley, group chief executive. *Details: http://lei.sr?a=C7x8S_S*

Raison d'Etre creates Rock Spa in Davos

Global spa consultancy Raison d'Etre (RdE) has been contracted by the Hard Rock Hotel Davos, Switzerland to design and implement the hotel's 'Rock Spa' which opened on 1 August.

Combining spa, fitness and yoga, the new Rock Spa will offer a 360-degree approach to wellness, in keeping with Raison d'Etre's philosophy to encourage everyone to maximise their potential. The 945sq m spa will boast a series of thermal experiences,

including a main pool, Kneipp walk pool, whirlpool, sauna, steam bath and ice shower.

With six treatment rooms, including one specifically for beauty and two with sliding doors which can then be turned into a room for couples, guests can enjoy a series of signature treatments under the hotel brand's Rhythm & Motion spa concept.

This includes the Synchronicity treatment, which pairs a curated soundtrack with choreographed pressure and rhythm; the



The Hard Rock Hotel in Davos, Switzerland includes a 945sq m spa

Smooth Operator, a two-part treatment that begins with a rhythmical, dry brushing and finishes with a detoxifying wrap, all set to music; and Face the Music, which uses the therapeutic benefits of sound vibrations.

"Hard Rock is such an iconic brand that it has enabled us to really extend the creativity around Rock Spa while implementing serious but fun wellness experiences," said Raison d'Etre project manager Michael Simonato. *Details: http://lei.sr?a=k2q3S_S*

CIDESCO reveals plans for International Beauty Day

Comite International d'Esthetique et de Cosmetologie (CIDESCO), an international standard setter for the beauty and spa industries, has announced plans to celebrate diversity in the beauty industry at this year's CIDESCO International Beauty Day.

Taking place on 9 September, International Beauty Day will give both CIDESCO members and the general public the opportunity to share their own personal definitions of beauty through words, images and video. This information will then be collated into an International Beauty Dictionary, which will bring together ideas from CIDESCO members and students, as well as offer insight into the global beauty industry.

In addition, the organisation is encouraging its members and schools to offer beauty treatments to 'those in need'. *Details: http://lei.sr?a=u2Z2a_S*

Minimalist hotel opens in Grenada

A new hotel with a striking minimalist design aesthetic and a light-filled, tranquil spa will open this November on the Caribbean island of Grenada. A member of The Leading Hotels of the World, Silversands Grenada will be located on the Grand Anse Beach and include 43 suites and nine residential villas.

With architecture and interiors by AW² – Reda Amalou and Stéphanie Ledoux – Silversands Grenada features linear architecture and design, using pale marble and light wood and a neutral colour palette of grey, blue and hues of cream.

The resort's aesthetic blends authenticity, nature, luxury and modernity, and has been designed to showcase the sea views. Exterior spaces echo the architecture's modern lines through gardens, courtyards and water features. Terraces, daybed areas and pools are designed to blend into the architecture.



The hotel includes a light-filled spa with four treatment rooms

The Silversands Spa is built around a light-filled swimming pool exclusively for use by spa guests, creating an indoor/outdoor effect with a louvred open-top ceiling. Guests can unwind and get on island time with locally inspired treatments from independent boutique brands. The spa will include four treatment rooms, a sauna, hammam, ice cave, experience shower, hair and nail bar, Technogym fitness centre and relaxation area, with poolside cabanas.

Details: http://lei.sr?a=3x8J5_S

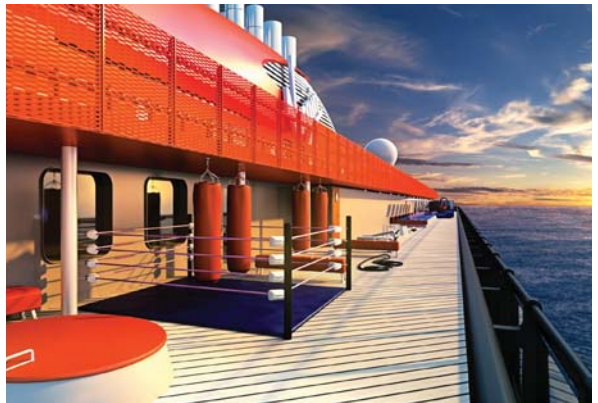
Virgin cruise ship has wellness focus

The current trend of incorporating wellness into design shows no signs of stopping as renderings and animations from the latest Sir Richard Branson project, Virgin Voyages (a rebrand of the former Virgin Cruises), show a heavy wellness focus in its public areas.

Featuring a running track, boxing ring, yoga deck, wellness pool and hydrotherapy pool, the ambitious cruise ship project is looking to change the way people think about sea holidays with its whole design concept, which it labels 'Epic Sea Change for All'.

The wellness offering comes under the design moniker 'Vitamin Sea', which Virgin Voyages CEO Tom McAlpin said will leave passengers "feeling rejuvenated, not like they need a holiday from their holiday".

On-board the ships will be the Crow's Nest, designed by Concrete Amsterdam – a "secluded sundeck for sunrise and sunset yoga", which will link to the Athletic Club – a multifarious outdoor training area that incorporates a boxing ring, strength and gymnastics equipment "like you'd find in the



The ship includes a yoga deck, wellness pool and hydrotherapy pool

New York sports clubs of the 1920s", a gaming area for "outdoor adult play", cabanas and a sports bar for "socialising post-workout".

Elsewhere on the ship, the B-Complex allows for strength, spin, yoga and cardio training in its 'Build, Burn, Bike and Balance' rooms and will house 'Burn and Build' gyms, which will each be equipped with Technogym Artis equipment.

The ship will also be home to a wellness pool, juice bar and a spa, called Redemption, complete with a hydrotherapy pool, mud room, salt room, cold plunge pools, quartz beds and spa treatments.

Details: http://lei.sr?a=A3Y9e_S

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Bensley to open luxury tented resort

The eagerly awaited Bill Bensley glamping resort, Bensley Collection – Shinta Mani Wild, which is set deep within the wilderness of Cambodia's South Cardamom National Park, will open on 1 November 2018.

The resort will offer 14 one-bedroom luxury tents – all sized at 100sq m (1,076sq ft) – and one two-bedroom luxury tent – sized at 140sqm (1,507sq ft). The tents have been designed to evoke Bensley's vision of what it would have been like to be “on a luxury safari in the jungles of Cambodia with Jackie Onassis (the wife of 35th US President John F. Kennedy) and King Sihanouk (the former ruler of Cambodia) in 1967”.

Highlights include 380m zip line over a river and waterfalls alongside a Bensley-designed expedition boat – fully equipped complete with kayaks – for exploration of South East Asia's last wild estuarine ecosystem.



The Cambodian resort will also have an on-site spa

Other offerings include a restaurant, a bar, and a spa – named Boulder Spa.

The resort will run a number of conservation and community outreach programmes, including the provision of employment opportunities for local inhabitants. It will also nurture its natural environment through partnerships with conservation organisations including Wildlife Alliance, the Royal University of Phnom Penh and the Cambodian Government.

Details: http://lei.sr?a=F4P4e_S

Daymond John to receive ISPA award

Business leader and entrepreneur Daymond John will receive the ISPA Alex Szekely Humanitarian Award at the 2018 ISPA Conference and Expo this September.

The award honours individuals who contribute to the overall wellbeing of others and encourage the renewal of mind, body and spirit. John is receiving the award because he has been an advocate for improving the lives of others through socially conscious entrepreneurship.

In 1992, John founded FUBU, a fashion brand created to target African-American consumers ignored by traditional fashion brands. Since then, the company has earned over US\$6bn (€5.2bn, £4.5bn).

In 2009, he became a cast member on US television programme Shark Tank, where he listens to business pitches from aspiring entrepreneurs, offers feedback and invests his own money to help these entrepreneurs turn their dreams into reality. Among the companies that John has invested in is Bombas, a sock manufacturer who donates a pair of socks for every pair sold.



Daymond John founded fashion brand FUBU in 1992

John's books and inspirational speeches have helped countless entrepreneurs and everyday people improve their lives and careers. He recently built a 17,000sq ft (1,600sq m) creative incubator and workspace, Blueprint + co, to continue helping aspiring business leaders accomplish their dreams.

“Through his business successes and philanthropic efforts, Daymond has positively changed countless lives,” said ISPA President Lynne McNees, adding that John “embodies the spirit of giving” that defines the spa industry.

Details: http://lei.sr?a=r2u3T_S



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ATTENDISPA.COM

CALENDAR

6-9 September 2018

CIDESCO International Congress

Stockholm, Sweden

Interact and network with people across the beauty industry, landscape professionals, corporates, distributors, manufacturers, salon chains, spa chains, products, brands, equipment manufactures and dealers, educational institutes, sector skill council, trade media and many more.

www.cidesco.com/events

22-23 September 2018

World Wellness Weekend

Locations worldwide

A global event with local activities in more than 400 properties in 50 countries across all continents. Coordinated by Jean-Guy de Gabriac, founder and CEO of Tip Touch International.

www.world-wellness-weekend.org

30 September - 1 October 2018

Olympia Beauty

London

Now in its fourteenth year, Olympia Beauty brings over 500 of the biggest beauty brands to London. In 2017, Olympia Beauty saw over 18,500 industry professionals descend on the Olympia Exhibition Centre London. The event features live stages, seminars, interactive features, competitions and awards. Also includes the Salon & Spa Owners' Club and Restaurant.

www.olympiabeauty.co.uk

6-8 October 2018

Global Wellness Summit

Technogym Headquarters
Cesena, Italy

An invitation-only international gathering that brings together leaders and visionaries to positively impact and shape the future of the US\$3.7tr global wellness economy. The 2018 Summit's theme is "Shaping the Business of Wellness," and delegates are challenged to look at the way business is done and to create new, collaborative models for the future.

www.globalwellnesssummit.com

7-8 October 2018

Professional Beauty Ireland

Dublin, Ireland

Showcasing the latest innovations in spa and beauty and unveiling next year's beauty trends for Ireland.

www.professionalbeauty.co.uk/ireland



Attendees at last year's ISPA event listen to a keynote speaker

24-26 September 2018

ISPA

Phoenix, Arizona, US

This global gathering includes speaker presentations an Expo filled with the latest spa products. This year, ISPA moves from Las Vegas to Phoenix,

Arizona, where it will be held at the Convention Center. Speakers include Sally Hogshead, Daymond John and Shawn Achor. The farewell party this year will be a baseball game at Chase Field in Phoenix.

www.attendispa.com

16-17 October 2018

Independent Hotel Show

Olympia, London

A curated collection of more than 300 product and service providers from across the hotel supply chain.

www.independenthotelshow.co.uk

22-26 October 2018

Bali wellness study tour

Various locations

Organised by the Asian Pacific Spa and Wellness Coalition in cooperation with the Bali Spa & Wellness Association, this educational five-day tour is designed for those in the spa industry. It will delve into some of the lesser-known traditional and cultural healing and spiritual practices that make Bali so unique, while at the same time showcasing some of the island's leading retreats, spas and wellness offerings.

www.apswc.org

23-26 October 2018

Spatec Middle East

The St. Regis Dubai Al Habtoor Polo Resort

An event that brings together spa operators from the Middle East region to meet with suppliers for one-on-one meetings.

www.spatecevents.com

3-6 November 2018

Spa and Wellness International Congress

Astana, Kazakhstan

An annual event addressing managers and owners of spa and wellness facilities in Russia and Eastern Europe.

www.lswic.ru

7-9 November 2018

US Hot Springs Conference

Glenwood Springs, Colorado

Designed for hot springs owners, operators, GMs and facilities directors.

www.hotspingsconnection.com



66th

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Stockholm, Sweden



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www.cidescocongress2018.com

For questions
please contact us on:
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We look forward to welcoming you to the
66th CIDESCO world congress in Stockholm 6th – 9th September

SOCIAL PROGRAMME



Welcome Party

hud & kosmetik, Kistamässan -
Thursday 6th September 18.00

The Welcome party will take place at the Exhibition hud & kosmetik, Thursday 6th September in the Bistro at Kistamässan. The event will include a traditional "smörgåsbord". We will also announce the winners in the CIDESCO Make up and Body Art Competition. The Welcome party is included in the congress Fee. The venue is Kistamässan, Arne Beurlings Torg 5, Kista. Busses will take you from Waterfront Hotel to the Exhibition and back.



Culture Evening

Junibacken – Friday 7th September

The Culture Evening will be held Friday 7th September 19.00 at Junibacken. Busses will take you from Waterfront Hotel to Junibacken and back. **€ 170**

The Story of Junibacken... starts with Astrid Lindgren. The first time she heard about the project she thought it was a nice idea and all that, but she didn't want to have anything to do with any kind of "Astrid Lindgren's house". Right from the start the idea was of a journey with a small train through the world of fairy tales with some of Astrid's stories. This took nearly two years to create. Doll-makers, scenic artists, propmakers, theatre carpenters – everyone was working feverishly to complete the Storybook Train.

Gala Dinner

Winterviken – Saturday 8th September

The Gala Dinner will take place Saturday 8th September 19.00 at Winterviken. Boats will take you from Stadhuskajen 18.30 to Winterviken and busses will take you back to Waterfront Hotel. **€ 190**

Winterviken – Alfred Nobels old Dynamite Factory!

In beautiful Winterviken, only 15 minutes away from Stockholm city lays the old factory of Nobel from 1891. In this incredible building there are neither crystal chandeliers nor velvet chairs, instead our ceiling is adorned by wooden beams, brick inner and outer walls and wooden floors. Winterviken's halls are rough and beautiful. The owner, Markus Aujalay, is one of Sweden's most reputed chefs. He has worked at the most exquisite restaurants both abroad and in Sweden and won most titles there are to be won in Sweden. He has managed the Nobel Prize award dinner and is also greatly appreciated as a TV-chef and through this cookbooks.

LECTURE PROGRAMME

6th - 9th September 2018 hud & kosmetik, Kistamässan, Stockholm. Theatre M 8

Thursday 6th September

11.00 - 12.00 **René Nagels**
Choose the right type of RF for nonsurgical antiaging treatments.

12.15 - 13.15 **Trevor Steyn**
Billions of live Probiotics (beneficial bacteria) – The future in professional skincare!

13.30 14.30 **Dirk Hundertmark**
The principle of Plasma technology. Fibroblast non-ablative lifting without, surgical, surgery.

14.45 – 15.45 **Dr Andrew Christie**
Microneedling & Papulopustular Acne – delivering innovative and effective patient solutions.

16.00 – 17.00 **Dr. Andrea Bovero, PhD**
Spa & Beauty Evolution: Market Trends and Innovation.



Friday 7th September

09.00 – 10.00 **Michael Q. Pugliese**
Innovative Ingredients technology.

10.15 – 11.15 **Linda Mehrens Flodin**
To work professionally with makeup.

11.30 – 12.30 **Jens Bergström**
Breaking the skin barrier and keeping it safe.

12.45 – 13.45 **Sophie Alemany**
Mineral therapies - health or skincare?

14.00 – 15.00 **Dimitra Tsantidou**
Healing Waters.

15.15 – 16.15 **Dr Ghoncheh Yazdani**
Innovative treatment for Acne Vulgaris shown in a new study.





Christopher Byrne has a practice in the UK

Byrne appointed president of the Federation of Holistic Therapists

The Federation of Holistic Therapists has named Christopher Byrne as its new president. Elected by his peers on the FHT Governing Council, Byrne replaces Paul Battersby, who has served for the past two years, and will be responsible for representing the interests of the FHT and its members.

Byrne, who runs a therapy practice and training school in Cheshire, UK, began his career as a therapist, following a 20-year career as a chartered engineer with companies such as Bentley and Rolls Royce. He initially trained in Swedish and sports massage before completing an MSc degree in acupuncture and traditional Chinese medicine, before gaining clinical experience at the Hepingli Hospital and Beijing Academy in China.

"It is a privilege to be elected as the sixth president of the FHT and a great honour to be representing our members during these exciting times," he said. "During my time as president, I will be working hard to promote the safe and excellent therapy services our members have to offer. As a full-time therapist and therapy trainer myself, I understand what a difference our members are making to their clients' lives - whether that's helping them to manage a long-term condition of injury, or simply encouraging them to make small lifestyle changes that will help to improve their overall wellbeing and self-esteem. I also appreciate the need for further recognition for the work our members do, whatever their therapy specialism, and particularly in the field of health and social care."

Details: http://lei.sr?a=T6j9J_S

Lanesborough partners with König

The Lanesborough Club & Spa in Belgravia, London, has announced a new four-day wellness residency with Dr Harry König, in partnership with sister property Villa Stéphanie, a medi-spa located in Baden Baden and part of the Brenners Park Hotel & Spa portfolio.

The residency is set to take place from 23 until 26 September and will offer The Kings Way -

Dr König's treatment programme which focuses on detoxing and weight loss. The programme, which was designed to revolutionise best practice in these areas, combines Dr König's 25 years of experience with a traditional naturopathic approach.

The programme blends personalised diet plans with bespoke personal training programming, daily medical supervision and customised spa treatments. Guests will also be able to access one-to-one appointments,



Dr König, right, will offer a four-day residency at The Lanesborough

weight-loss and detox consultations, as well as a series of events and lectures at the spa.

In addition, Dr König will offer detailed nutritional guidance, comprehensive medical histories and full body impedance analysis.

"We have a huge number of guests who live in London and to partner with The Lanesborough shows how our expert services and results-driven programmes can be available in multiple countries," said Dr König.

Details: http://lei.sr?a=n3T3x_S

IHG launching Voco brand in UK market

InterContinental Hotels Group (IHG) has revealed plans to launch its new Voco brand to the UK market, as it looks to strengthen its hold on the lucrative luxury sector.

Launched last month, Voco gets its name from the Latin term 'to invite' or to 'come together', and will combine the "informality and charm of an individual hotel, with the quality and reassurance of a global and respected brand".

IHG will roll Voco out primarily by converting existing hotels and the first UK property will follow this format. The Principal St. David's Hotel in Cardiff, Wales will be the first to take on the Voco brand later this year. The Cardiff hotel is one of 13 hotels IHG signed a deal to operate on behalf of French real estate group Foncière des Régions (FdR) earlier this year.

FdR acquired the hotels - which were all operated under the Principal and De Vere brands - from an affiliate of Starwood Capital Group for a reported US\$1.1bn (£830m) in May.

"Voco will capitalise on the significant opportunity we have identified to offer consumers an informal but differentiated



The Principal at St. David's Hotel will be the first in the Voco brand

experience in the upscale segment, while offering owners a strong return on investment," a spokesperson for IHG said.

In a statement, IHG said the roll-out of Voco will begin in Europe, Middle East, Asia & Africa (EMEAA) region, with plans to take it to the Americas and China over time.

"The new brand will drive significant incremental growth for us, with an expectation to open more than 200 Voco hotels in attractive urban and leisure locations over the next 10 years," the statement reads.

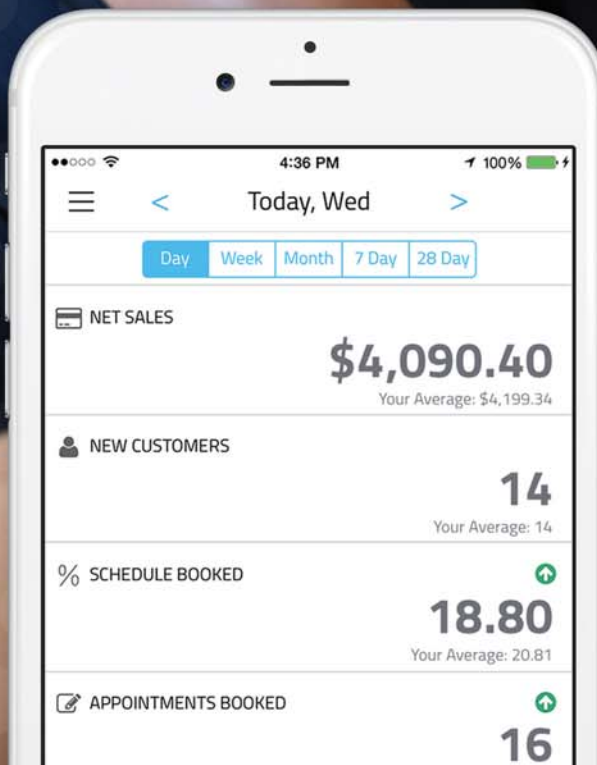
Details: http://lei.sr?a=p2R2X_S



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- | | |
|--------------------------------|---|
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- Demonstrate revenue and profit growth by ensuring all direct reports actively promote spa treatment services, day spa packages, retail, offers and promotions
- Identify and manage disciplinary and/or performance improvement needs, in close consultation with Spa Manager and HR
- Direct supervision responsibility for Spa Reception Supervisor, Spa Attendant Supervisor and Manager - Treatments
- Recruitment, scheduling and training of team members.
- Organise and facilitate team meetings
- Review and implement task lists within departments
- Ability to lead and motivate team members
- Enthusiastic and clear communicator with excellent people skills
- Extensive customer service experience in relevant field
- Excellent computer literacy, including: Excel and Outlook packages, and strong administrative, organizational, and time management skills
- Good understanding of health and safety requirements of a spa, fitness and leisure facility.

Desirable:

- First Aid and/or RLSS Emergency Responder qualified
- Health and Safety experience
- Relevant business degree or equivalent experience

The preferred candidate must have the following experience:

- 4 year's previous managerial experience within a Spa environment
- Experience in Spa Operations and a background in Spa Treatments

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Spa Therapist is responsible for the delivery of a wide array of luxurious spa treatments to both our hotel guests and visitors. They also look after our Hydro Suite facilities ensuring the wellbeing of clients at all times.

Duties and Responsibilities

- Performing all spa treatments as per product and spa guidelines to include, head and body massages, facials, manicure, pedicure, hot stone treatments etc.
- Full and proper use of all Spa equipment as per treatment guidelines and training.
- Delivery of exceptional client care at all times.
- Outstanding cleanliness and hygiene across all areas of the spa.
- Up-selling spa products where possible and carry out Spa reception duties if required.
- Assist with demonstrations as and when required.
- Maintaining all equipment and work areas, including key security and comply with Health and Safety guidelines.

Skills & Experience

- Recognized Beauty Therapy Level 3 qualification (e.g. NVQ3 BTEC/CIDESCO/CIBTAC/BABTAC or similar) is preferred
- Previous experience in 5* spa environment would be an advantage
- Capable and dedicated to delivering high levels of guest care
- A smart, polished and professional appearance
- A positive attitude and excellent communication skills
- Willingness to drive treatment & products sales
- Previous knowledge of ESPA products and treatments would be an advantage

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Cartesiano Spa unites nature and self

Continued from front cover

"We tend to get a little bit stuck in our approach to life, and forget about the infinite possibilities in front of us," said Baker. "This is a place where people can connect with where they are, but see the possibilities in front of them – honouring the past, but moving forward into the future."

Baker also wanted to both honour the past and look forward into the future by "looking to create an integral and intimate reunion of nature and self".

Because so much of Cartesian philosophy focuses on reason – and the separation of mind and body – Baker wanted the spa to look beyond that, and return guests to a place where they could better understand their own mind/body dualism. She also wanted to create a spa that had a strong connection to the natural world, and selected Naturopathica as a skincare partner.



Spa consultant Bonnie Baker was inspired by Cartesian philosophy

Facilities at the spa, which was designed by Felix Blanco, include an ice fountain, steam room, experience shower, whirlpool, terrace and tea lounge. The spa also features a BioWell machine, which assesses energy levels, meridian systems and chakras. It also offers high-tech options for aesthetic concerns to complement the holistic spa rituals. The hotel itself includes 78 bedrooms.

Details: http://lei.sr?a=p4c7b_S

Napping oasis opens in New York City

Mattress innovator Casper has opened The Dreamery, an on-demand napping facility in New York City's SoHo neighbourhood.

Customers can book 45-minute sessions of downtime in one of nine private, cosy nooks – outfitted with Casper's mattress, pillows and sheets. They can also borrow constellation-print pajamas from Sleepy Jones, and freshen-up afterwards with face wash from Sunday Riley and toothbrushes and toothpaste from Hello.

The Dreamery is designed with a starlit entryway and "dream-endering" murals. It will also be available to the community for events focused on sleep and wellness.

"The Dreamery is about making sleep and rest a part of our regular wellness routines – similar to how many people prioritize a workout class," said Neil Parikh, co-founder and COO at Casper.

Indeed, napping sessions can be booked in similar ways to workout classes – through ClassPass, Mindbody or through



Customers can book 45-minute sessions in cosy nooks

Casper.com/dreamery, though walk-in appointments are also welcome. A 45-minute rest session costs US\$25.

"The concept enables us to pilot new ways of bringing better sleep to more people and to more places – whether that's here, the workplace, airports, or beyond," said Parikh.

Casper was founded in 2014 with a mission to champion sleep as an essential pillar of wellness. The company has also partnered with American Airlines, opened Casper Sleep Shops, and hosted the Casper Nap Tour.

Details: http://lei.sr?a=F3k6h_S

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French Spa Association (SPA-A)

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Hungarian Baths Association

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