

leisure opportunities

27 Nov - 6 Dec 2018 Issue 750

Your careers & recruitment partner

Nuffield: get wellbeing into schools

Creating a role for a 'head of wellness' at schools would get students and staff more physically active – and make a positive difference to their emotional and physical wellbeing.

That is the finding of new research by Nuffield Health, which suggests that having a dedicated member of staff assigned to teach children about health and wellbeing showed "significant" changes in emotional wellbeing.

The *Improving wellbeing in schools* report was based on a two-year pilot that installed a head of wellbeing within a secondary school. By the end of the pilot last year, the mean score for staff wellbeing had increased by 12 per cent (using the Warwick-Edinburgh Mental Wellbeing Scale, WEMWBS).

In terms of exercise and activity, the presence of a dedicated member of staff offered a mixture of both new opportunities and a better understanding of their bodies – giving students the impetus to exercise more regularly. There was also a marked increase in the number of



■ 'Heads of wellness' could result in increased physical activity among students and staff

staff using gym facilities, with almost a quarter signing up for regular activities.

"There is a gap in the provision of wellbeing support in schools that urgently needs addressing," said Davina Deniszczyc, Nuffield Health's medical director.

"Our pilot showed that a dedicated expert, embedded into a school, can achieve significant change over time."



A dedicated expert, at a school, can achieve significant change

Davina Deniszczyc



FITNESS

Anytime's parent company buys Basecamp Fitness

Self Esteem Brands plans to roll out franchise worldwide

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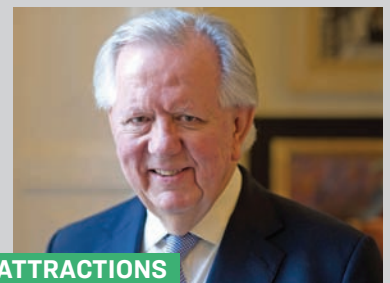


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Loughborough opens Elite Athlete Centre and Hotel

'First of its kind' property to serve visiting athletes

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ATTRACTIONS

Kent's mega theme park resort still on track

Construction giant Keltbray becomes partner

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Neil King named énergie Fitness CEO as Jan Spaticchia expands strategic role

Budget operator énergie Fitness has named Neil King as its new CEO.

The announcement was made at the 2018 évolution Conference – énergie's annual franchisee event, which was attended by 600 members of the company's network.

King, the former MD of 1Life, joined énergie in January this year as chief operating officer, to support the business as it gears up for sale.

The new appointment completes a top team reorganisation, which sees Jan Spaticchia, the chair and founder of énergie Group, taking up a high-level strategic role as executive chair, focusing on group direction and expansion.



■ Neil King (right), has been named CEO while founder Jan Spaticchia (left) takes up a strategic role as executive chair

"Our aim is to sit above competitors in the health club market and own the 'high-service, low-cost' space"

Liz Terry, editor of *Health Club Management*, interviewed Spaticchia on stage during évolution,

exploring plans for the future of the business. "Having Neil King strengthening the focus on

operations, productivity and club performance, will allow me to concentrate on building company growth and extending our international footprint," Spaticchia told Terry.

He added that the company is growing rapidly – and developing its boutique club-in-club concept, thé YARD – and will continue to "play to its strengths".

"One of the key lessons we've learned in our 15 years in business is to remain focused on what we're good at – which is franchising world-class fitness concepts – and avoiding straying into areas that dilute our mission," he added.

YMCA Awards appoints former Training Room national manager Paula Wells as director



■ Wells has spent more than 15 years in the fitness industry

Paula Wells has been named director of YMCA Awards.

Wells, who has spent more than 15 years in the fitness industry, joins the awarding organisation from training provider Premier Global NASM, where she was operations director.

After starting her fitness career as a personal training instructor, she has worked as national training manager at The Training Room, as well as had stints at Fitness First and Virgin Active.

"Fitness education should be accessible to everyone across the globe"

"I'm a firm believer that fitness education should be accessible to everyone across the globe," Wells said.

"Knowledge is powerful. It's so important to share this knowledge in our communities and tackle physical inactivity by facilitating happy, healthy and more fulfilled lives. Working for an

awarding organisation which specialises in this field is an exciting and rewarding opportunity."

YMCA Awards was one of the first in the UK to provide nationally recognised qualifications to health and fitness professionals. Its qualifications are currently delivered by more than 300 education providers around the globe.

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■ Atwater said the new name "better reflects" members' work

"Charitable trusts don't shout about it, but they have managed to keep facilities open and effective"

Sporta CEO **Cate Atwater** reveals reasons for rebrand

Sporta, the body representing charitable leisure trusts across the UK, has rebranded as Community Leisure UK as part of efforts to "tackle a false perception of being a solely sport-focused body".

According to CEO Cate Atwater, the new name "better reflects" members' focus on improving the physical and mental health and wellbeing of communities across the UK.

"The new name, brand and proposition for the association came from bespoke research and is far more representative of our members' work," Catwater said.

"Our members are there for everyone in the community, whatever they want to do in their leisure time."

She added that the charitable trust model has "helped develop and protect" public services in tough economic times, ensuring income from leisure operations goes back into the community.

"Charitable trusts don't tend to shout about it, but they have managed to not only keep facilities open and effective services delivering, but improve and develop them thanks to the valuable support of their communities and partners," she said.

"But, as we hear on the news daily, many public services are now at breaking point. So, if we want public leisure facilities and services to be there in 10 years, we need to protect and invest in those services."



■ Dinnage joins from media organisation Discovery, where she was the global president of Animal Planet channel

Premier League appoints **Susanna Dinnage** as first-ever female CEO

The English Premier League has appointed Susanna Dinnage as its CEO.

Dinnage – who will become the league's first female chief – is seen as a left-field appointment as she has no previous experience of the football industry.

She has spent her entire career in broadcasting and joins from media organisation Discovery, where she was the global president of Animal Planet channel. She started her

"The Premier League means so much to so many people and represents the pinnacle of professional sport"

career at Music Television (MTV) and also spent 10 years at Channel Five. She joined Discovery in 2009.

Dinnage will replace current CEO Richard Scudamore, who is stepping down next month after 19 years at the helm.

"I'm excited at the prospect of taking on this fantastic role," Dinnage said. "The Premier League

means so much to so many people around the world. It represents the pinnacle of professional sport and the opportunity to lead such a dynamic and inspirational organisation is a great privilege.

"With the support of clubs and the team, I look forward to extending the success of the League for many years to come."

RFU chief executive **Steve Brown** announces surprise resignation – will step down by end of the year

Steve Brown has announced he will step down as CEO of the Rugby Football Union (RFU) after just 14 months in the role.

Brown's shock decision comes just days after former CEO Francis Baron claimed that the governing body was "in a perilous financial position" despite recording healthy revenues.

Brown first joined the RFU in 2011 and has held a number of roles – including chief financial officer, chief officer business operations, and managing director of England Rugby 2015 – before being appointed CEO in September 2017. He is set to leave the organisation at the



■ Brown was appointed RFU chief executive in September 2017

"This has been a very difficult decision for me to make – but the time is right for me to step down"

end of the year. RFU chair Andy Cosslett said Brown's decision to leave was a 'sad day for the organisation'.

"Steve has made a huge contribution to the RFU during his time here. He has been a pivotal figure during

a long period of sustained growth for the Union and, as managing director of the Organising Committee, played a key role in delivering Rugby World Cup 2015."

Commenting on his decision, Brown said: "This has been a very difficult decision for me to make, and I informed the RFU board earlier this week that the time is right for me to step down and take some time out. I've loved my time in rugby, and am deeply proud to have made a contribution to a sport I love."

Nigel Melville, director of professional rugby, has been named interim CEO until a new chief executive is appointed.



■ During Nicholl's nine-year tenure as CEO, Team GB has achieved historic performances at successive Olympic Games

Liz Nicholl announces plans to step down as CEO of UK Sport

UK Sport chief executive Liz Nicholl has announced she will step down from the role in the summer of 2019.

Nicholl, who first joined UK Sport in 1999 – just two years after the organisation was established – said she was leaving the role to “focus on family and other interests”.

Nicholl spent her first 10 years at UK Sport as director of elite sport, before becoming chief operating officer in 2009.

She was then appointed CEO in September 2010 after John Steele stepped down to become CEO of the Rugby Football Union. During her nine-year

tenure as CEO, Team GB has achieved historic performances at successive Olympic Games.

At London 2012, the team achieved 65 medals and finished third in the medal table. This was followed by an unprecedented second place in the medal table at Rio with 67 medals.

“It’s been a huge privilege to work with so many committed and talented athletes, coaches, leaders, partners and colleagues during my time at UK Sport,” Nicholl said.

“I have shared a very special journey with everyone that has been part of our very successful high-performance system over the past 20 years.”

“I have shared a very special journey with everyone that has been part of our very successful high-performance system over the past 20 years”

MEET THE TEAM

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MY CAREER

Leisure industry professionals share how they got to where they are today

Robert Carlson

DIRECTOR OF OPERATIONS

The Climbing Hangar

The leisure sector is an exciting, thriving industry that will only continue to grow

Robert Carlson has worked in the hospitality industry for more than 17 years. He has recently transitioned into the leisure sector, after joining The Climbing Hangar as its director of operations.



Tell us about your career

"I started out in hospitality, working as a bartender in a cocktail bar, before taking on my first managerial role at two independent gastropubs in Twickenham. In 2008 I began working as a deputy general manager at Ping Pong - a restaurant group serving Dim Sum and cocktails. While there I was promoted to general manager, then multi-site general manager, before becoming operations manager, and, finally, head of Operations. During my time at Ping Pong I gained an ILM award in Leadership and Management and an NVQ in Restaurant Management."

Why did you want to work in the leisure industry?

"This is an exciting, thriving industry that will only continue to grow. It combines my passion for hospitality with a new challenge that offers me the chance to expand my horizons and knowledge. It's an industry that I've always followed closely, and one that I'm thrilled to finally be a part of."

What are your goals?

"Personally, I want to grow as a leader within the leisure sector and continue to build on my skills and experience in a new industry. I believe that supporting and developing staff is key. It aids the company growth and increases job

satisfaction. With that in mind I want to build a culture that empowers the front line teams, allowing them to have autonomy to express their creative sides, as well as drive our business forward and provide the best possible customer experience. My aim is to make the Climbing Hangar a rewarding and exciting place to work, by creating a philosophy that nurtures and develops talent from within. Throughout my career I have endeavored to turn around under-performing sites and improve those that are performing well to exceed past records, and I plan to do the same with the Climbing Hangar. I want to transform it into the market leader for UK indoor climbing, and create an environment that is enticing for our customers, with a focus on food and beverage to make us stand out as a place not only to enjoy climbing but to engage with each other in a social atmosphere with a unique offering."



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SEE PAGE 34
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■ Robert aims to transform The Climbing Hangar into the market leader for indoor climbing



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ACQUISITIONS

Anytime's parent company buys Basecamp

Self Esteem Brands, owner of Anytime Fitness, has acquired a new fitness concept with plans to franchise it worldwide.

Basecamp Fitness – developed by entrepreneur Nick Swinmurn – currently has five locations in California and is based on providing high-energy workouts.

Designed to increase members' strength while improving their cardio performance, Basecamp offers 35-minute, high-intensity training sessions which alternates 60-second bursts of various strength-training exercises with 60-seconds on a stationary "airbike".

"Our plan is to build additional, corporate-owned Basecamp Fitness

studios next year to explore consumer preferences and perfect the brand experience," said Chuck Runyon, co-founder and CEO of Self Esteem Brands and Anytime Fitness.

"We hope to begin franchising Basecamp Fitness in the US and internationally in 2020."

Dave Mortensen, co-founder and president of Self Esteem Brands and Anytime Fitness, added that the two business will complement each other.

"We believe that Basecamp Fitness and Anytime Fitness will appeal to two very different types of consumers," Mortensen said.

[More: http://lei.sr/t5m6f](http://lei.sr/t5m6f)



■ Basecamp Fitness offers 35-minute training sessions



“We believe that Basecamp and Anytime will appeal to two different types

Dave Mortensen

RESEARCH

Weight training – better for the heart than running?



“Static activity appeared more beneficial than dynamic

Maia P. Smith

A study has suggested that lifting weights could be healthier for the heart than going for a run or a walk.

Research by St. George's University in Grenada analysed cardiovascular risk factors, such as high blood pressure, and compared them to the exercise habits of 4,086 American adults – using data from the 2005-2006 National Health and Nutrition Examination Survey.

The study looked at the relationship of two distinct exercise strands – static (strength training) and/or dynamic activities (such as running). Researchers found that engaging in either type of



■ Engaging in strength training had a stronger association with CV health than dynamic training

activity was associated with 30 to 70 per cent lower rates of cardiovascular disease risk factors – but that associations were strongest for static activity.

"Static activity appeared more beneficial than dynamic," said Maia P. Smith from St. George's University.

[More: http://lei.sr/D9p3G](http://lei.sr/D9p3G)

NEW CONCEPT

Holistic wellness concept FoodWell to open first site



We're not conforming to the traditional health club format

Christian Coates

A new wellness concept, mixing exercise classes with healthy food, is preparing to launch its first site in Manchester.

FoodWell will offer group fitness classes – such as yoga, pilates and TRX – in combination with a 'mindful restaurant' and a series of workshops on healthy living options.

The company will take over a 9,000sq ft site at the mixed-use district New Bailey, close to the Spinningfields area of the city. The site will be split into several sections, with each "sector" dedicated to an aspect of a healthy lifestyle. The exercise studio – which



■ FoodWell will offer group fitness classes in combination with a 'mindful restaurant'

will be operated by wellness platform Hero under its Rejuvenate concept – will have a capacity for up to 30 people.

The 150-cover restaurant will specialise in healthy foods.

"We're purposely not conforming to the traditional health club or restaurant sector, but instead creating something new," said Christian Coates, CEO of FoodWell.

[More: http://lei.sr/M2b8W](http://lei.sr/M2b8W)

PARTNERSHIP

Gympass secures exclusive deal with Everyone Active

Corporate fitness sales specialist Gympass has signed an exclusive three-year deal with leisure operator Everyone Active.

The deal will see Gympass offer memberships to Everyone Active centres as a company-wide corporate benefit to its clients – which include companies such as Rolls Royce and Thames Water.

The memberships will be subsidised by the employers by 50 per cent or more. The deal is estimated to bring 10,000 new members to the 68 Everyone Active centres in the South East region.



■ Eamon Lloyd, head of partnerships, Gympass (left) and Everyone Active director Duncan Jefford



We're excited about this deal, which we are confident will deliver a considerable uplift in revenue

Duncan Jefford

"We're excited about this deal which we are confident will deliver a considerable uplift in revenue from corporate memberships," says Duncan Jefford, regional director for Everyone Active.

"Gympass is unique as all their attention is focused on inactive employees, not the people who are already using a gym, so us working with them will not negatively affect our existing membership."

[More: http://lei.sr/A2g3A](http://lei.sr/A2g3A)

Active Nation completes revamp of Birchwood leisure centre

Leisure operator Active Nation has completed a £1.5m revamp of its Active Nation Birchwood centre in Lincolnshire.

The centre has been transformed from an outdated, underused facility to a community wellbeing hub. The 12-month revamp was completed in partnership with The City of Lincoln Council.

Facilities now include a health club with an 80-station gym floor, a Les Mills immersive indoor cycling studio – one of only seven in the UK – and group exercise studio.

[More: http://lei.sr/F4g2S](http://lei.sr/F4g2S)

TRAINING

Active Training Award winners revealed

Winners of this year's Active Training Awards have been revealed at a gala event in Birmingham.

Organised by ukactive and the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA), the Active Training Awards recognise employers and training providers in the physical activity sector for their workforce development.

This year's awards saw eight winners selected from a broader spectrum of employers than ever before – from traditional fitness markets to community operations and public health programmes.

Among the winners were

Future Fit Training, which picked up the award for 'best innovation' for its Pro Zone online training platform, which allows fitness professionals to build their own skills training programme.

Everyone Active picked up the prestigious 'employer of the year' award, while London-based Jubilee Hall Trust was named 'small employer of the year'.

"As service quality and innovation rises year on year in our sector, this year's award winners continue to raise the bar with their work," said Tara Dillon, CIMSPA chief executive.

[More: http://lei.sr/V9d5H](http://lei.sr/V9d5H)



■ The winners were revealed at a gala event in Birmingham



The winners will continue to raise the bar with their work

Tara Dillon

TECHNOLOGY

'Industry first' as Legend plans to make data available



We live in an era of rapid change

Sean Maguire

Legend Club Management Systems will enable all of its customers to have the ability to open their data for collaboration with third parties.

The announcement is an industry first and is seen as a landmark moment for the Open Active collaboration, funded by Sport England and led by the Open Data Institute (ODI). OpenActive is an initiative designed to help people in England get active using open data.

One of its aims is to make physical activity opportunities easier for people to discover, by improving access to information online and offline.



■ OpenActive is a community-led initiative designed to help people in England get active using open data

Sean Maguire, managing director of Legend, said: "We live in an era of rapid change where operators cannot be sure where the next innovation will come from with the potential to grow their business. We want to make collaboration a matter of business strategy and choice."

[More: http://lei.sr/M5n5z](http://lei.sr/M5n5z)

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NEW OPENING

Oxygen Freejumping comes to London's O2

The newest venue of Oxygen Freejumping has opened at the O2 Arena in London, UK.

Implemented by zynk Design and Lunar Trampolines, the flagship 30,000 sq ft (2,787 sq m) indoor park features over 150 trampolines, dodgeball and volleyball courts, a ninja warrior course, and a foam pit.

Other attractions include a six-metre-high suspension ropes course and interactive 'Reaction Walls'.

Speaking on the launch, Dave Stalker, CEO of Oxygen Freejumping said, "The O2 is a global entertainment destination so to open an Oxygen site here is an exciting time for the brand. zynk has been our design partner from

day one and played a crucial part in creating our unique customer experience."

Stavros Theodoulous, managing director at zynk Design added: "It is great to see the Oxygen brand evolve to become a complete family entertainment centre.

"At the beginning stages of Oxygen's roll-out, we took the time to future-proof the brand, and that is paying dividends now as it continues to create a fresh and exciting consumer experience, even when applied to a huge venue like the O2."

The project, which has been in development since 2014, is Oxygen and zynk's eighth collaboration.

[More: http://lei.sr/9U6e9](http://lei.sr/9U6e9)



■ The venue is a collaboration between Oxygen and zynk Design



To open an Oxygen site at the O2 is an exciting time for the brand

Dave Stalker

EXPANSION

Kia Oval expansion gets green light



The project will add capacity and improve our events business

Richard Gould

Surrey County Cricket Club (CCC) has received full planning permission for the redevelopment of its Kia Oval ground, which will increase the venue's capacity to 28,000.

The project will see a new three-tier stand built in between the existing Micky Stewart Members' Pavilion and the Peter May Stand, which will introduce a range of new facilities – from conference spaces to hospitality areas.

Construction on the stand, designed by architects Rolfe Judd, will begin in October 2019, following the conclusion of the cricket season.



■ The development will result in a new three tier stand

Work will be phased over 18 months and is due to be completed by the start of the 2021 season.

"As well as the extra seats, the project will hugely improve our events facilities, a side of our business that has multiplied many times over in recent years," said Surrey CEO Richard Gould.

[More: http://lei.sr/v9N8N](http://lei.sr/v9N8N)

CAMPAIGNS

Initiative to help dads and daughters get into sport



The scheme will encourage fathers to play a greater role in supporting their daughters to develop physical confidence

Women in Sport has teamed up with the Fatherhood Institute, Fulham Football Club and the English Football League Trust to help fathers and daughters from low income families in London get physically active.

The partnership has received £118,301 of National Lottery funding from Sport England for a project which will encourage fathers to play a greater role in supporting their daughters to develop physical confidence and competence.

Designed to involve girls aged between five and 11, the programme will replicate a concept which was first designed by



■ The concept was first designed by the University of Newcastle in Australia

the University of Newcastle in Australia.

Research by the university found that fathers are less involved with their daughters than mothers. They also tend to spend less time with daughters than sons and don't acknowledge their role in fostering their daughters' physical activity habits.

[More: http://lei.sr/G3G7A](http://lei.sr/G3G7A)

NEW BUILD

Warwick University sports centre prepares for launch

The University of Warwick has released an in-depth fly-through video of its soon-to-be-completed sports and wellness hub in Coventry, UK.

Set to become one of the largest recreational and fitness facilities in Britain, the David Morley-designed complex will span 16,684 sq ft (1,550 sq m) and feature a 12-court sports hall and 230-station gym, as well as pools, indoor climbing walls, fitness suites, studio spaces, and outdoor sports pitches.

The £49m project, which ties in with Coventry's tenure as the 2019 European City of Sport, is also part of the



■ The centre opens ahead of the 2019 Corporate Games



This will create cutting-edge sporting facilities for the community

Peter Owen

university's push to become the "most physically active campus" in the UK by 2020.

Peter Owen, MD of Willmott Dixon in the Midlands, said: "This is a fantastic project to be part of, creating cutting-edge sporting facilities for the community at The University of Warwick."

The facility is set to open next year ahead of the Europe Corporate Games, taking place in Coventry in August 2019.

[More: http://lei.sr/g4Y7W](http://lei.sr/g4Y7W)

FaulknerBrowns get thumbs-up for Britannia Leisure Centre

FaulknerBrowns architects have been given a provisional go-ahead for the intensely debated Britannia Leisure Centre in London, UK.

The new multipurpose recreational venue – the details of which have been the subject of public discussions for two and a half years – has finally received planning approval from the London Borough of Hackney.

The centre will feature a six-court sports hall, four squash courts, fitness suites, tennis courts, several football pitches and play areas, and a 25-metre swimming pool.

[More: http://lei.sr/M8n6A](http://lei.sr/M8n6A)

INNOVATION

Loughborough opens athletes' hotel

The Elite Athlete Centre and Hotel (EAC) – the first sports-centric venue of its kind in the UK – has opened as part of the sports campus at Loughborough University.

Designed by David Morley Architects and developed in partnership with UK Sport, Sport England, the English Institute of Sport, and Imago Venues, the 44-bedroom, fitness-focused hotel also includes 20 'high-altitude rooms'.

These unique chambers simulate the low-oxygen atmospheric conditions – such as the transalpine mountains – and accelerate the production of performance-enhancing red blood cells, allowing athletes

to literally strengthen their muscles during their sleep following training.

Guests staying at the EAC also have access to nutritionist-approved meals and dining stations and are free to make use of the university's 50-metre swimming pool, ball courts, and fitness studios.

Speaking on the hotel's inauguration, Loughborough University's vice-chancellor, Robert Allison, said: "The new facility offers something unique within the UK.

"It will undoubtedly help us to reinforce our position as the country's leading university for sport."

More: <http://lei.sr/f2h4V>



■ The EAC will form part of the university's sports campus



The new facility offers something unique within the UK

Robert Allison

SPA AND WELLNESS

Mayfield Leisure Centre opens its doors



We're determined to improve swimming and sports provision

Jas Athwal

The London Borough of Redbridge has opened the doors at its new £5m leisure centre.

Facilities at the Mayfield Leisure Centre include a six-lane, 25m pool and a health club with a 40-station gym floor and a multi-purpose group exercise studio.

There is also a synthetic, 3G floodlit football pitch, multi-use games area and sports hall. Operated by leisure trust Vision on behalf of the council, the project received a £750,000 National Lottery grant through Sport England's Strategic Facilities Fund.



■ The opening is part of the council's leisure strategy

The opening is part of the council's leisure strategy, which has also seen the council submit plans for a new leisure centre in Wanstead.

"We're determined to improve swimming and sports provision across our borough," said council leader Jas Athwal.

More: <http://lei.sr/J3v3a>



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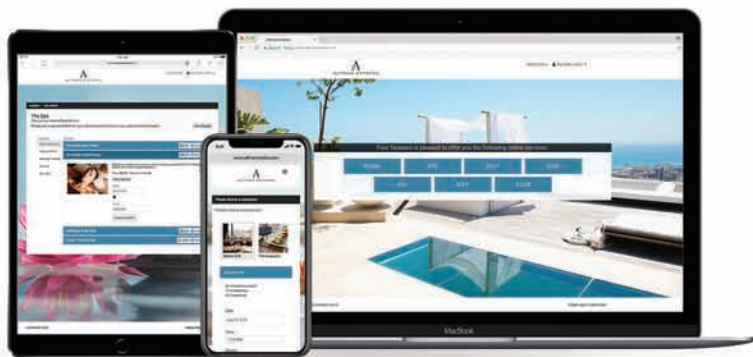
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ON-DEMAND

Urban Massage rebrands and expands

On-demand massage service, Urban Massage, has announced that it will expand its service by introducing a new range of wellness treatments and services.

The company, which operates in several cities across the UK, as well as Paris, is now giving its customers the option to book nail, skin and osteopathy treatments with vetted therapists and GOsC-regulated osteopaths. It will continue to offer users the same app-based experience enabling them to book treatments within just an hour's notice.

As part of the expansion, the London-based

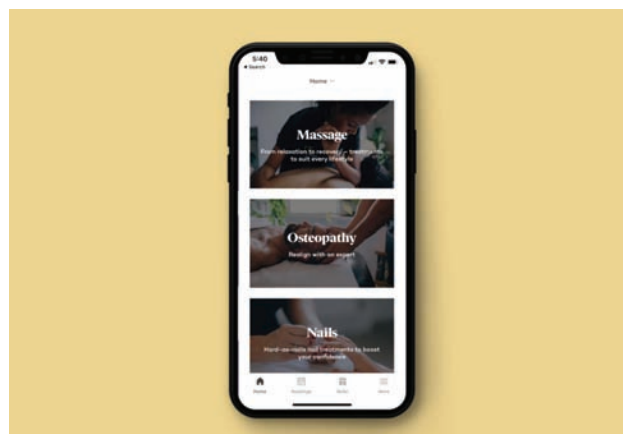
company will also undergo a rebranding exercise, becoming known as Urban, to reflect its new offering.

Speaking to *TechCrunch*, Urban's founder Jack Tang said the company's move into wellness forms the first phase of a wider strategy that aims to establish the app as Europe's premier platform for holistic wellness.

"It's about how we can address the wider needs of wellness," Tang said.

"Wellness is the key topic now. People are moving away from seeking pampering indulgences into a really understated wellness and self-care philosophy."

[More: http://lei.sr/f4q4f](http://lei.sr/f4q4f)



■ The on-demand massage services are based on a mobile app



It's about how we can address the wider needs of wellness

Jack Tang

GUIDANCE

New edition of hydro spa standards published



The guide has been created for spa owners, operators and consultants as well as designers, architects and builders

The Global Wellness Institute has released the third edition of the *Guide to Hydrothermal Spa & Wellness Development Standards*. The popular book, which has been expanded by 50 pages, is a primer for designing and building thermal experiences and wet areas at commercial properties or in residential homes.

Created for spa owners, operators and consultants as well as designers, architects and builders, the guide was written to help readers understand these complex areas and guide them as they embark



■ The popular book is a primer for designing and building thermal experiences and wet areas

on building a hydrothermal area of any size. It covers everything from project planning to building and construction considerations – including recommended standards and materials – and clearly defines the functions and benefits of all common thermal bathing and wet areas.

[More: http://lei.sr/x6z5H](http://lei.sr/x6z5H)

Spa & wellness news

EVENTS

Susan Cain to deliver opening keynote at 2019 ISPA event



We are honoured to welcome Susan Cain as our opening keynote speaker

Lynne McNees

New York Times best-selling author and top TED Talk speaker Susan Cain will be the opening keynote speaker at the 2019 ISPA Conference & Expo taking place 11-13 September 2019 in Las Vegas, US. The event's theme, 'Evolve', will highlight the growth of the industry and the positive road that lies ahead.

Cain is the author of *Quiet: The Power of Introverts in a World That Can't Stop Talking* and *Quiet Power: The Secret Strengths of Introverts*. Her first book has been translated into forty languages and is in its sixth year on the New York Times best-seller list. It was



■ Cain is the author of *Quiet: The Power of Introverts in a World That Can't Stop Talking*

also named #1 best book of the year by Fast Company magazine, which also named Cain one of its 'Most Creative People in Business'. With her books, Cain explains how society undervalues introverts and what we lose by doing so.

"We are honoured to welcome Susan Cain as our opening keynote speaker at the 2019 ISPA Conference & Expo," said ISPA president Lynne McNees.

[More: http://lei.sr/d7K3z](http://lei.sr/d7K3z)

AWARDS

Good Spa Guide names best UK spas

Winners of this year's Good Spa Guide Awards were announced on 13 November at a gala dinner at the SpaLife Conference in Birmingham, UK.

The awards, designed to recognise excellence in the UK spa industry, include two categories: The Regional Awards and the Reader's Choice National Awards, with nine winners selected in each.

Winners of the national awards were voted for by more than 60,000 spa-goers, while the regional winners were handpicked by specially-selected 'Spa Spies', who reviewed more



■ Lanesborough was named the best spa in London

Winners of the national awards were voted for by more than 60,000 spa-goers

than 200 spas and treatments to find the best in the UK.

London's Lanesborough Club & Spa was named Best Spa in London, while The Spa in Gleneagles was once again named Best Spa in Scotland. ESPA at Lucknam Park in Wiltshire took home Best Spa in the South West and South Wales, and Lancashire's The Woodland Spa was named Best Spa in the North West and Wales.

[More: http://lei.sr/E6M5t](http://lei.sr/E6M5t)

CityLux announces new Caudalie partnership

On-demand spa service CityLux has announced a new brand partnership with Caudalie.

Based in Central London, CityLux offers consumers a wide range of spa treatments, including a range of massages, facials and slimming body wraps, which customers can experience in their own homes.

As a brand partner CityLux will now be able to offer Caudalie treatments, including its Vinoperfect Radiance Facial and Resveratrol Lift Facial, to its customers.

[More: http://lei.sr/t9h50](http://lei.sr/t9h50)

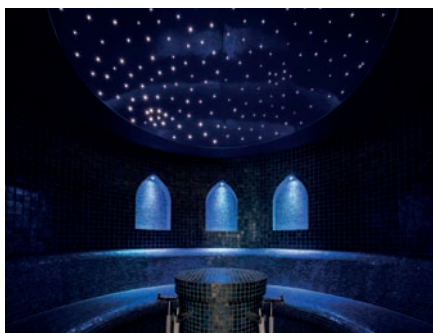
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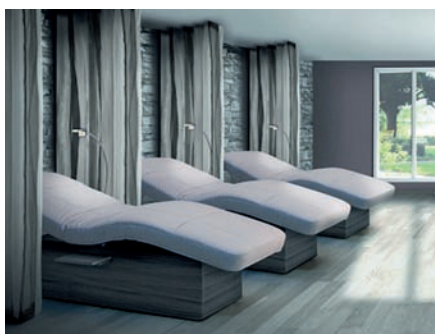
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NEW OPENING

'Wellness hotel' for £200m leisure hub

A wellness hotel is being planned for the ambitious Wellness and Life Science Village project at Delta Lakes in Llanelli, Wales – described as one of the first developments of its kind in the world.

Plans have now been revealed for the £200m leisure hub, including a "cutting-edge" leisure centre.

The hotel will be accompanied by a wellness hub, housing a leisure centre and an aquatic centre with a 25m swimming pool, splash pool and learner pool.

There will also be sports facilities, a wellness spa, a primary care centre and landscaped spaces for walking and cycling,

as well as a children's play area and spaces for outdoor performing arts.

Exact details for the hotel are to be confirmed, but the Wellness Hub element of the Village is anticipated to be operational in 2021, with overall project completion earmarked for 2023.

An outline planning application for the development will be considered for approval in coming months, with construction on site due to start in 2019.

The project is being led by Carmarthenshire County Council, in partnership with Swansea University and Sterling Health.

[More: http://lei.sr/K3x2B](http://lei.sr/K3x2B)



■ The hotel will form part of the Wellness and Life Science Village



The wellness hotel will be accompanied by a leisure centre, sports facilities, a wellness spa and a primary care centre

SPA HOTELS

Lodore Falls Hotel opens £10m destination spa



The spa's treatment menu was developed by spa consultant Liz Holmes

Lodore Falls Hotel & Spa in the Lake District, UK, has opened a new destination spa following a £10m redevelopment.

Called The Falls Spa, the state-of-the-art Scandi-inspired retreat was designed by architects Unwin Jones Partnership with interiors created by Greyline Design, while Rigo Spa was responsible for the wet areas.

Designed to 'harness the healing powers of nature', the facilities include five treatment rooms and a fitness suite, as well as a Finnish sauna, a four-person



■ Lodore Falls Hotel has invested £10m to transform the hotel into a destination spa

mud rasul, ice fountain and four thermal suites including: a herbal sauna, a salt steam room, aroma steam room and laconium.

The hotel has also introduced 18 'Spa Suites', designed to transform the hotel into a spa destination.

[More: http://lei.sr/D9E4R](http://lei.sr/D9E4R)

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POLICY

UKinbound backs May's Brexit deal

UKinbound has publicly backed the government's much-maligned Brexit deal, saying that it would offer some measure of stability by avoiding a "disastrous no-deal" exit.

The trade association, which represents around 400 UK tourism businesses, has urged MPs to "get behind the deal".

"The Brexit Withdrawal Agreement provides some reassurance for our members that progress is being made about the shape of our future relationship with the EU, which we welcome," said UKinbound chair Mark McVay.

"However, some of the big issues that will ensure the continued success of our industry remain unanswered,

such as the arrangements for migrant workers, which our industry heavily relies on, post the transition period.

"We would nonetheless urge parliamentarians to get behind this deal, as a no deal Brexit would have disastrous consequences for our industry. Until a deal is confirmed businesses need to continue preparing for all eventualities."

Prime Minister Theresa May has claimed there is "strong support from the business" for her deal – a view she attempted to strengthen by releasing supportive statements from three companies, Diageo, the London Stock Exchange and Royal Mail.

[More: http://lei.sr/b3c2T](http://lei.sr/b3c2T)



■ The UK is set to leave the European Union in March 2019



We would urge MPs to get behind this deal

Mark McVay

EVENTS

UNWTO focuses on tech investment at WTM



There is a drive to ensure that digital transformation enhances inclusion, sustainability and competitiveness

The World Tourism Organization (UNWTO) hosted this year's Minister's Summit at the World Travel Market (WTM) in London on 6 November 2018 on the topic of Investment in Tourism Technology.

Continuing the conversation on innovation and digital transformation in tourism, which began at the celebrations for World Tourism Day 2018 – on 27 September – in Budapest, the organisation invited a panel of private investors to talk about investment in tourism technology. It then followed this up with the ministerial segment



■ The session was part of the three-day WTM

that linked both the public and private sectors to ensure that digital transformation enhances inclusion, sustainability and competitiveness.

Both panels were moderated by CNN's business correspondent Richard Quest, anchor of Quest Means Business and focussed on innovative ideas and partnerships that can boost investment.

[More: http://lei.sr/k8m6R](http://lei.sr/k8m6R)

Stay calm and carry on

Brexit has certainly taken over the front page of every newspaper. It is likely to remain there for the next few months too, as the government tries to get the *Withdrawal Agreement* through Parliament and negotiations start in earnest on the UK's future relationship with the EU.

Deep dissatisfaction with the agreement has been expressed by opposition leaders, the DUP – which has made their point by voting against the government on parts of the Finance Bill – and members of Conservative Party, who have even tried to mount a coup.

Danger zone

The mounting concern is that if the *Withdrawal Agreement* is voted down by Parliament and the UK will crash out of the EU on 29 March 2019 – causing chaos for businesses and individuals.

The prospects for the tourism industry look particularly grim, with two thirds of our overseas visitors coming from the EU. A "no deal" would end a multitude of agreements that facilitate the movement of visitors to and from Europe and ports of entry, such as Dover, would become gridlocked under such a scenario.

Yet, this apocalyptic view of the future is very unlikely to happen for a number of good reasons. First, if the Prime Minister is able to get any *Withdrawal Agreement* through Parliament, then we will enter a transition period of around two years during which nothing much will actually change. This will give businesses time to assess the impacts that UK's new relationship with Europe will have on their operations and make the necessary changes.

The end game

Even if the deal is not passed, this does not automatically mean that the UK will crash out of Europe. The vast majority of MPs from across all parties recognise the damage that this would cause and have said that they will work to make sure that it doesn't happen. There are a number of ways of doing this from cross-party agreements through to a People's vote.

And even if this didn't work and the UK does leave the EU without a deal on 29th March, it is important to remember this will not impact the UK's long-haul markets which generate over 50 per cent of the UK's inbound revenue and that 80 per cent of tourism revenue in the UK is generated by domestic visitors. Both of which will be unaffected by Brexit.

This is not to say that individual businesses focused on the EU market would not be severely impacted. They certainly will. But overall, the UK tourism industry is better placed than many other industries in the unlikely event that we crash out of Europe. ●



■ Kurt Janson, director of the Tourism Alliance



The vast majority of MPs recognise the damage a "no deal" would cause and have said that they will work to make sure that it doesn't happen



■ Two thirds of the UK's overseas visitors currently come from the EU

AWARDS

Whisky experiences among ASVA winners

The Scotch Whisky Experience and the Isle of Arran Distillery and Visitor Centre have been given top awards by the Association of Scottish Visitor Attractions (ASVA) at its annual conference.

Winning the top prize in the marketing category, the Scotch Whisky Experience in Edinburgh, pipped runners-up Edinburgh Dungeon and its 'Braveheart's Revenge' campaign and Highland Wildlife Park's #weehamish Campaign to the title.

Meanwhile, the Isle of Arran Distillery and Visitor Centre won the Best Visitor Experience award, beating runners-up the Clydeside Distillery and the Famous Grouse Experience.

Caitlin Carrick, security and visitor services duty manager at National Galleries of Scotland, won the Rising Star award, recognising her contribution to National Galleries of Scotland and the wider Scottish tourism industry. The Rising Star runners-up were Joseph Sellors, monument manager at Dumbarton Castle, and Rosie Willmot, digital marketing manager at the Scotch Whisky Experience.

ASVA chair Douglas Walker said: "Our award winners are all setting a fantastic example by providing a truly world-class visitor experience and bringing the 'wow' factor to Scottish tourism."

[More: http://lei.sr/v9f2E](http://lei.sr/v9f2E)



■ The Scotch Whisky Experience won the award for marketing



**Our award winners
are all setting a
fantastic example**

Douglas Walker

BRAND ATTRACTIONS

Tennent's opens UK's biggest beer attraction



**Rocket is one of
the North's great
innovations**

Iain Watson

Beer brand Tennent's Lager has opened a new immersive visitor attraction this month that will trace the history of the Wellpark brewery – where the beer is made – from the 1500s to the present day.

Located in the East End of Glasgow, Wellpark is the city's oldest brewery and the new visitor centre has artefacts on display that date back to 1556 when brewing was first carried out on the site.

Marketed as the UK's biggest beer-themed attraction, the centre's main exhibition, the Tennent's Story, centres on the story of founder Hugh Tennent.



■ The centre opened its doors on 22 November

"The Tennent's Story is at the heart of Glasgow's history and with this significant company investment at our home at Wellpark, we are bringing the story to life – bigger and better than we ever have before, as we showcase the brewery, the beer and the brand," said Alan McGarrie, group brand director for Tennent's Lager.

[More: http://lei.sr/9w5b3](http://lei.sr/9w5b3)

MUSEUMS

Harris Museum and Gallery to undergo £10.7m revamp



People want us to bring our collections together more cohesively

Tim Joel

The Harris Museum in Preston, UK is to merge its museum, art gallery and library as part of plans to "revolutionise" the regional attraction's visitor experience.

According to Tim Joel, the museum's deputy head of culture, the creation of an unsegregated space will mean visitors can "come on a journey of discovery throughout the building rather than being in the bitty pockets as they are at the moment".

"People are wanting us to bring our collections together more cohesively. It's about using our spaces



■ Bosses at the Harris hope to increase visitor numbers by 100,000 each year to 460,000

more creatively and innovatively so that we can display more of our collection," Joel added.

Bosses at the Harris hope to increase visitor numbers by 100,000 each year to 460,000 through the project and exhibit objects that have not previously been displayed at the museum.

[More: http://lei.sr/j2S8n](http://lei.sr/j2S8n)

DEVELOPMENT

Keltbray moves into Kent theme park project

The proposed theme park project in Kent, England – formerly called the London Paramount Entertainment Resort, until the Hollywood film studio pulled out – has had a £25m cash injection via a deal with construction firm Keltbray.

The financiers behind London Resort Company Holdings (LRCH), the firm behind the project, have set up a joint venture with the construction giant LR Keltbray JV Holdings.

The project has been in the plans for some years now and construction was due to begin in October 2016, but LRCH



■ The eco-friendly venue has a number of facilities



This will become one of the largest construction projects in the UK

Steve Norris

is yet to submit a planning application for the theme park.

If built, it will sit on the Swanscombe peninsula near Ebbsfleet International Station in Kent and its price tag has risen from the reported £3.5bn to £5bn.

LRCH chair and Conservative MP Steve Norris said: "Over the next five years, this project will become one of the largest construction projects in the UK."

[More: http://lei.sr/v3Q7f](http://lei.sr/v3Q7f)

National Gallery opens pop-ups in Asia

London's National Gallery has revealed plans to open a series of pop-up "gallery cafés" across Asia, mixing famous pieces of art with a food and beverage offer.

To be operated under its Delicious Art brand, the outlets will "celebrate the excellence of high-quality food and drink and the magnificence of the gallery's paintings", selling fine wines, gins, chocolate and other consumables.

The first Delicious Art site is set to open in Seoul, South Korea, which will feature replica pieces from artists including Degas, Monet and Van Gogh.

[More: http://lei.sr/D3E9W](http://lei.sr/D3E9W)

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Andrew Cattell

Fitness Manager, Everybody Sport and Recreation





■ Changing perceptions around disabled people's participation is among the campaigns goals

Everyone Can!

A new campaign has been launched to inspire disabled people to get more physically active. Everyone Can is all about positive messages



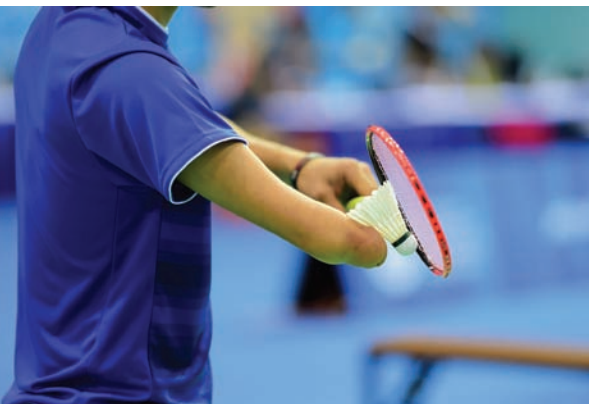
■ Among several focus groups will be a session with disability groups Activity Alliance

A new nation-wide campaign looks to get more disabled people physically active by making sport and fitness activities more accessible.

Led by Sport England, ukactive and a number of leading disability organisations, the Everyone Can initiative aims to change perceptions around disabled people's participation in physical activity and support the sector to become more inclusive. As part of the drive, ukactive

has this month launched a series of focus groups with disability champions across a number of sectors – including retail, transport, music and hospitality – exploring how to improve services for disabled people who want to undertake more physical activity.

The findings from the groups will feed into a new report as part of the Everyone Can programme. The report will chart the current barriers for disabled people to being active, and set out a series of recommendations to improve



■ The campaign looks to remove barriers and make sport and fitness activities more accessible



engagement with disabled people, to be shared directly with Sport England.

Adam Blaze, Sport England's strategic lead for disability said: "It is great to see these focus groups being launched.

"It is critical that the changes that are needed in the sport and physical activity sector are driven by the experiences and opinions of disabled people.

"We know that disabled people are less active than non-disabled people. This is not good enough and is something we are addressing through our



We know that disabled people are less active than non-disabled people. This is not good enough

Towards an Active Nation strategy. The Everyone Can programme will help the physical activity sector create a better, more attractive and accessible offer for disabled people."

Among several focus groups will be a session with disability groups Activity Alliance, Alzheimer's Society, Sport for Confidence, Aspire, Cystic Fibrosis Trust, Mind and UK Deaf Sport, helping to establish a clearer picture of the current physical activity environment for disabled people. ●



If you don't get people to commit on day one, you won't get the extra you need from them when things go wrong



Alan Chambers

Speaking at this year's SIBEC, the former marine explained the thinking behind his mantra O.P.E.R.A – "Ordinary People, Extraordinary Results Achieved"



■ Chambers' team achieved what many said was impossible – a walking expedition to the North Pole without any support services



"It's easy to teach someone the skills they need, it just takes time and practice," says Alan Chambers MBE, a former Royal Marine turned extreme explorer. "What's more difficult is to instill

passion in a person if they join the project for the wrong reasons. If they don't commit on day one, you won't get the extra you need when things go wrong."

Chambers recently addressed a captivated audience at the SIBEC Europe event, which this year was held in Marrakech, Morocco. His keynote presentation, which opened proceedings on day one of the conference, detailed his polar expedition from Canada to the Geographic North Pole, leading the first British team to complete the journey without any support services. The 672 nautical mile walk on ice lasted a gruelling 70 days.

Suffering near starvation, with a



■ Chambers has received an MBE for his achievements

“ A member of your team may have all the right skills, but if they don’t have the right attitude, they’ll never achieve their goals ”

dwindling fuel supply and experiencing the worst polar weather conditions recorded in 100 years, Alan’s team achieved what many said was impossible. It demanded an extraordinary level of commitment, focus and teamwork, for which Alan was awarded an MBE.

Many SIBEC delegates reported that they took away many key learnings from Alan’s account of the challenge. Here are five key learnings which can be applied to any business.

■ **Attitude over experience wins.** A member of your team may have all the right skills, but if they don’t have the right attitude or passion for the project, they’ll never achieve what they set out to do. The wrong mindset has the potential to break a team, not just the individual.

■ **The importance of meticulous planning should never be underestimated.** Being aware of all the variables and scenario planning for

every eventuality prepares your team’s mindset to work with the unexpected.

■ **Break down one big project into several mini projects.** This makes the challenge facing you both manageable and achievable, while maintaining your team’s motivation as they succeed through the phases.

■ **Question conventional thinking.** Don’t keep doing the same things, in the same way and expect different results. It’s important to keep thinking, keep innovating and making changes, no matter how small, in order to get the desired result.

■ **Make the time to talk.** Alan coined this as the term “tent time”, where he would get his team together to talk and work collaboratively through any difficulties to find solutions. He also took the time to talk to everyone individually to increase his understanding, so he could effectively support them through the challenge. ●



■ Chambers speaking at this year’s SIBEC event in Morocco

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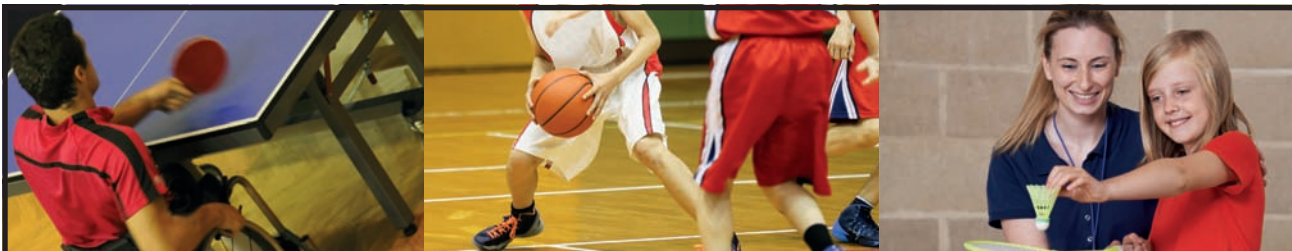
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- Hold a relevant Level 1 or Level 2 Sports Leadership, Activity Leadership or equivalent qualification
- Be able to engage and interact with children, young people, and adults
- Have a level of experience of working with children & adults and leading activity
- Be able to deal with child behavioural strategies
- Be able to plan, deliver activity and evaluate performance
- Have good interpersonal skills and response nature
- Be able to work as part of a team

Specific roles of the job:

- Plan and set up activities
- Delivering a range of physical activity to children, young people, and adults
- Manage health and safety requirements
- Support the learning ability needs of individuals
- Deliver and lead the EA holiday activity camps, parties, assist in sports sessions, after school clubs, school PE sessions, administrative tasks, and support with events
- Attend meetings and training
- Follow operational standards of delivery and demonstrate good practice

The nature of this role may require that you to work term time during the day, weekends and school holidays.

TO APPLY CLICK HERE - <http://lei.sr/Y2T9G>

Closing date: Friday 14th December 2018

www.everyoneactive.com

everyone
ACTIVE

Everyone Active is an equal opportunities employer and an Investors in People organisation, who are committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. All applicants will be required to undertake checks and references prior to appointment.





Join the team today!

If you want a job that helps to change people's lives for the better, then you've come to the right place. We're up for it. Are you?

mytimeactive

To find out more and to apply, visit
Leisure Opportunities by clicking here:

<http://lei.sr?a=q9r9l>

GLL GRADUATE TRAINEE MANAGER SCHEME 2019

UP TO £21,690 PA, POSITIONS AVAILABLE NATIONALLY

If you have a real passion for leisure, sport and fitness and are interested in leisure management, the award-winning GLL Graduate Trainee Manager Scheme could be for you. The scheme starts in summer 2019 and is available across GLL's locations in London and the South East, Manchester, Belfast, Newcastle, York, Cumbria, Swindon, nr Lincoln, Cornwall, Cardiff and Bath. Salary package is subject to location offered.

Our challenging two-year training scheme for graduates includes practical work experience in all aspects of leisure provision. You'll complete customer-facing placements such as Fitness Instructor, Lifeguard and Customer Service Advisor within a structured programme in year one and supervisory placements in year two. In addition, you will complete statutory, management and modular training throughout the two years. You will also experience working within a central support team and gain experience in project management and human resources.

Benefits:

- Salary increase in year 2 of the scheme and up to Assistant Manager salary in year 3
- Assistance with relocation if needed
- Pension scheme
- Uniform
- Ride to work scheme
- Travel allowance
- Discounted staff fitness membership
- Discounts on days out and other social activities
- Continuous training and career development (qualifications and professional studies)
- Mentoring throughout the duration of the scheme
- The opportunity to join the GLL Society and have a say in how we're run plus associated social events

If you have what it takes to be part of our summer 2019 intake, then find out more and apply: visit glljobs.org and search for 'Graduate Trainee Manager Scheme'.



BETTER
the feel good place

 **INVESTORS
IN PEOPLE** | Silver

 **disability
confident**
EMPLOYER

GLL
better for everyone

Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no. XR43398

Lifeguards

Location: Egham

Competitive Salary & Benefits Package



Live, Believe, Achieve



Achieve Lifestyle is a charitable trust operating leisure centres and gyms in Egham and Addlestone, Surrey.

Working for Achieve Lifestyle:

Achieve Lifestyle is on the lookout for committed and enthusiastic individuals. If you enjoy a challenge, enjoy working with people and above all have a passion to excel, we may be able to help each other out. Qualifications and experience are not always essential as training will be provided. However, attitude is everything.

We are a welcoming and friendly team of both permanent and casual staff who work across one, or several, of our leisure sites. For the right candidate, we will provide support and training, as well as further opportunities to develop your career. Our company benefits include competitive rates of pay, generous holiday entitlement, pension scheme, full gym membership for permanent staff, fitness classes and discounts on food/beverage.

We're currently recruiting for:

Lifeguard – Team Leader
Lifeguard (Leisure Assistant)

With the opening of Egham ORBIT, we are looking for aquatic staff for the town's first public swimming pool with eight 25-metre lanes and a 10x10 metre learner pool, both with movable floors. We are offering an opportunity to work in our exciting, brand new facility.

If you'd like to work with us then we'd love to hear from you. Please click 'apply now' to find out more.

APPLY NOW:

<http://lei.sr/2A9X8>

www.beaverbrook.co.uk/careers



SPA APPOINTMENTS

BEAVERBROOK

New Luxury Health Club & Spa

Nestled in the heart of the Surrey Hills, Beaverbrook is a World-Class Country Club Estate in Leatherhead.

Inspired by the English countryside, The Coach House Health Club & Spa offers a relaxing, warm and tranquil interior environment. A place in which to unwind and be pampered; doing as little or much as one likes.

We're currently offering fantastic opportunities for talented, committed and passionate employees who are looking to secure a career within a luxurious Estate.

Both permanent and freelance positions available:

- Spa Therapists
- Fitness Instructors
- Spa Housekeeping Supervisor
- Cleaning Attendants
- Freelance:
 - Manicurists
 - Holistic Therapists
 - Complimentary Therapists
 - Hairdressers
 - Pilates/Yoga Teachers

LOCATION:
Surrey, UK

SALARY:
Competitive & Benefits

Live in
accommodation
is available

We offer competitive rates of pay and a host of benefits.
If you'd like to be considered please click below to register your interest.

For more information please call 01372 5713626 and to apply: <http://lei.sr?a=B901H>



Bushey Grove
Leisure Centre



SPA MANAGER

Location: Bushey Salary: £24,000 + Commission

InspireAll is leading the way in developing great destination Spa's and Beauty Therapy within Bushey Grove Leisure Centre. With over £2.2m worth of investments through 2018-19 you will be leading a team within the very best working environment.

Your role will be to build and manage a motivated team to deliver first class treatments, to maximise revenue, encourage repeat business, and as the business grows to recruit and train new staff.

A proven track record in Spa Management, a hands on therapist trained to level 4, great people skills, an understanding of driving retail and achieving targets is essential, as is an exceptional work ethic and attention to detail.

You must be able to work on your own initiative, achieving a high standard of work whilst providing an excellent standard of customer service at all times. A major focus of this important role will be on driving revenue and profit and delivering exceptional customer service.

Innovation will be an exciting part of the role, working with the site management to be first to market with new products, treatments and experiences so we stand out from the crowd.

It would also include some shift work including some weekends and you will need to be hands on manager of people, setting the standard in terms of work ethic and standards covering treatments from time to time as and when required.

Training, mentoring and operational support will be provided by one of the industry leading consultants.

Working for InspireAll your staff benefits will include:

- A free leisure card, entitling you and your close family to use of facilities at our Centres for free or reduced fees.
- Discounted access to nursery places and other children's activities
- Pension Scheme
- Employee of the Quarter and Long Service Award schemes
- Excellent career progression and training opportunities

**For more information
and to apply now:**
<http://lei.sr/R3B8Z>



We are Eleven Arches, the producers of “Kynren – an epic tale of England”.

The show is world class and rated in the TripAdvisor Top 3 UK performances.

Kynren is the UK's biggest live production since London 2012 and is presented on a 7½ acre stage of land and water with a cast and crew of 1,000 professionally trained volunteers. Kynren was created with world renowned Puy du Fou (winner of the prestigious Applause Award and the Thea Classic Award) as our artistic partner. The next leg of our incredible journey is to follow Puy du Fou's steps with the development of a new daytime theme park.

We looking for an experienced and talented **Head of Technical Operations** and an experienced and high calibre **Technician** to strengthen the Technical team as the show moves into its fourth season and we embark on our next exciting chapter.



HEAD OF TECHNICAL OPERATIONS

The Head of Technical Operations role offers the successful candidate the opportunity to be involved in an inspiring, ambitious and unique project, working in a fast-moving, often unpredictable, high-octane environment that accompanies the production of a world-class show. Reporting to the Executive Committee, you will work at an operational level to plan and supervise the construction of new attractions as well as leading and delivering the technical operations of the show and site.

The Head of Technical Operations sets up, directs and runs Kynren with a passionate team that includes volunteers and a small team of employed Technicians. As we plan future shows, they will be run with a team of paid Technicians as part of season long operations outside of Kynren nights.

You will be called upon to deal with a wide range of technical issues and will have a strong working knowledge of techniques, methods and procedures of show production gained in a visitor attraction, theatrical or outside broadcast environment.

TECHNICIAN

As a Technician you will help us develop our ideas and realise our creative vision. You will install, operate and maintain all of our show systems alongside providing training, coaching and support for our volunteer technical teams.

Our base is in Bishop Auckland in picturesque County Durham. We're 25 minutes from both Durham and Darlington mainline stations with Newcastle, Teesdale, Weardale and the Yorkshire Dales within commuting distance. It's a great place to live and work.

For more information on these roles and to apply please click links below:

Head of Technical Operations

<http://lei.sr/0g4d4>

Technician

<http://lei.sr/x7b3U>

Want to be part of one of the UK's leading leisure brands?

continuum
attractions

Do you have what it takes to drive our business forward?

You do? Great! In that case, we have an exciting role on offer...

Continuum Attractions is one of the UK's leading leisure brands, operating an exciting portfolio of attractions all over the UK.

General Manager

The Real Mary King's Close,
Edinburgh.

Do you want one of the best jobs in Edinburgh? The Real Mary King's Close is a leading 5 star attraction smack bang in the middle of the world famous Royal Mile in Edinburgh; Scotland's most successful city.

The attraction has seen exponential growth over the last decade and now we're looking for a talented General Manager to drive it on to the next level.

Do you love Scotland? Are you passionate about its history and heritage? Do you have great commercial acumen and the ability to lead and motivate a team? If you do then we want to talk to you!

We're ideally looking for someone with leisure or hospitality sector experience, you must thrive on delivering exceptional guest experience and you'll relish leading a multi-faceted team.

Here's what we offer:

- The opportunity to work in one of Scotland's leading 5 star attractions, to be based on the world famous Royal Mile.
- We're a really nice bunch. We have fun and we make money. And we do it in that order.
- Continuum has ambition in abundance; we can guarantee new exciting developments and exposure to some very cool projects!
- Then there's the normal stuff; a competitive salary, pension, potential to earn an annual bonus, free health cash plan, group discounts and more!

About us

Continuum Attractions is a multi-million-pound company employing over 450 talented people and welcoming just short of 2 million guests per year. For over 30 years (15 at The Real Mary Kings Close), we have created engaging visitor experiences that enrich, entertain and bring stories to life. We are a sustainable business with a bright future, our portfolio just keeps on growing.

Want to join us?

If you do, please send us a copy of your CV and covering letter telling us why you should be our new General Manager to recruitment@continuumattractions.com



Closing date: 2nd December 2018
Interviews: 13th December 2018

APPLY NOW: <http://lei.sr/A3S9F>

The Real
MARY KING'S CLOSE



CHAMPNEYS

HEALTH SPA

ASSISTANT WELLBEING AND FITNESS MANAGER

TRING, UK

Champneys is a destination health spa chain with resorts and day spas located in the English counties of Bedfordshire, Hertfordshire, Leicestershire and Hampshire.

We are currently recruiting for an Assistant Wellbeing and Fitness Manager required at Champneys Tring.

The Assistant Wellbeing and Fitness Manager will assist team members and the Wellbeing and Fitness Manager in the day to day running of the Department/ Club facility and ensure that the guests/members needs are met.

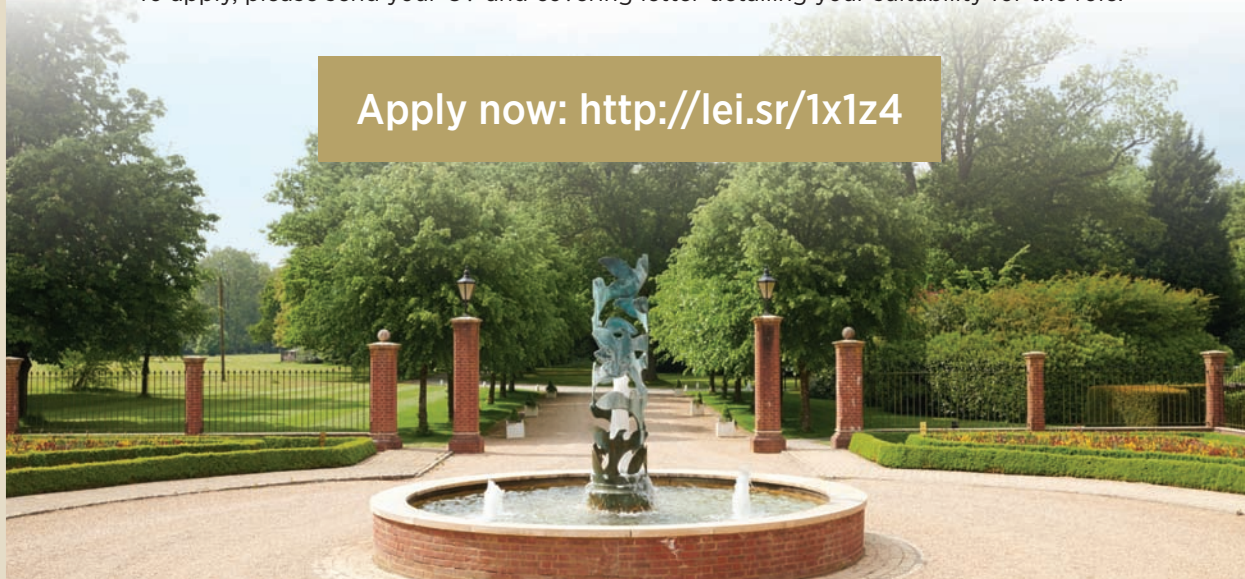
Candidates should be qualified to REPS level 3 instructor including two of the following: Exercise to Music or equivalent, Gym Instructor award, Personal Training Award or Degree.

Significant previous experience in a supervisory / management role in the fitness and wellbeing industry/health resort environment, providing high-quality customer service is an advantage.

We offer industry competitive salaries and an attractive benefits package, which includes contracted 28 days/shifts annual holiday including bank holidays, which increases with service and a generous staff discount scheme.

To apply, please send your CV and covering letter detailing your suitability for the role.

Apply now: <http://lei.sr/1x1z4>





PERSONAL TRAINERS

Help our members **find their fit!**

- *Do you want to be part of a successful gym?*
- *Do you want to keep 100% of the earnings from your PT work?*
- *Would you prefer not to pay any “rent” or for a “licence fee”?*
- *Do you want to work in a state-of-the-art gym that'll have over 5000 members and more giving you a huge potential client base?*

If your answer to all these questions is yes, then we'd like to hear from you. In return, you'll need to give an agreed number of hours a week of your time to contribute to the success of the gym.

The Gym Group is the UK's fastest-growing low-cost gym operator. Open 24 hours a day, with no minimum contract, no punishing tie-ins or lengthy membership process.

Our state-of-the-art facility can be accessed from just £10.99 per month. We're looking to recruit Level 3 certified Personal Trainers to join our exceptional teams across the UK.

We're looking for driven, business minded team players who want to operate as a freelance Personal Trainer, who believe in offering a high level of customer service to members and who want the opportunity to develop their own business and the business of the gym in which they work.

If you are an experienced Personal Trainer looking to build a successful client base, in a superb location, with fantastic career development opportunities, then please apply in confidence by clicking 'apply now' to submit your CV.

To find out more about these exciting opportunities visit our recruitment website:
www.leisureopportunities.co.uk/GymGroup



**Nationwide
Opportunities**

Apply now: <http://lei.sr?a=c3P0I>

bhlive

Join our team

LIFEGUARD

Location: Portsmouth Salary: £16,332 per annum

We are the south coast's leading operator of leisure and event venues and a social enterprise that designs and builds engaging experiences to inspire people and enrich lives.

Our vision of Creating Opportunities, Inspiring People and Enriching Lives represents the ambition of:

- Encouraging more people to take part in physical activity
- Attracting higher audiences through a diverse range of cultural artistic and community events
- Delivering economic benefit to the locations in which we operate by hosting major conferences, exhibitions and events

Working on the poolside of one of our pools, you are the main point of contact for swimmers and therefore, you must be vigilant and have a good customer service approach. Ensuring compliance with Health and Safety around the pool environment and taking responsibility for maintaining cleanliness standards within the pool area are essential elements of this role. BH Live can offer you the opportunity to develop your career within the leisure sector, supporting the study of vocational and industry recognised qualifications.

The main responsibilities are:

To provide a high-quality level of lifeguarding/pool supervision to all pool users. To supervise public participation of activities at the centre, ensuring safety and enjoyment and undertake cleaning duties as directed. Erect, dismantle and transport equipment as required. Assist in the provision of a cost-effective, high-quality, customer-orientated service.

Must be available to work to meet the needs of BH Live's venues in relation to unsociable hour working, including working during evenings, weekends and bank holidays 40 hours per week – Permanent Contract.

BH Live is committed to safeguarding and promoting the welfare of children. Rigorous checks will be made of the successful applicant's background credentials, including an enhanced DBS (Police) check.

Applications can be made by submitting your CV to: recruitment@bhlive.org.uk

For more information and to apply: www.bhlive.org.uk/careers



We are recruiting apprentices from 16-60+

énergie Fitness, the UK's leading fitness franchise operator, are building an apprenticeship programme without boundaries. You can view the 4 key job roles of Host, Sales Prospector, Personal Trainer and Club Manager on the énergie Leisure Opportunities portal www.leisureopportunities.co.uk/jobs/energie

At énergie we recruit apprentices from all ages and backgrounds. You can earn attractive salaries and are guaranteed free training leading to recognised, national qualifications. If you want to make a difference to the lives of people, and create a fitness club where people feel they belong, then let's have a conversation.

énergie operate over 100 clubs over UK and Ireland, locally-owned, nationally-led.

Apply now: <http://lei.sr?a=W4C8t>



**énergie
Fitness**
where you belong...



WE ARE RECRUITING NATIONWIDE

EMPLOYED PERSONAL TRAINERS

Focus on PT Sessions



Excellent commission



Huge membership base



Guaranteed income



Peak timeslots

FREELANCE GROUP EXERCISE INSTRUCTORS

All disciplines



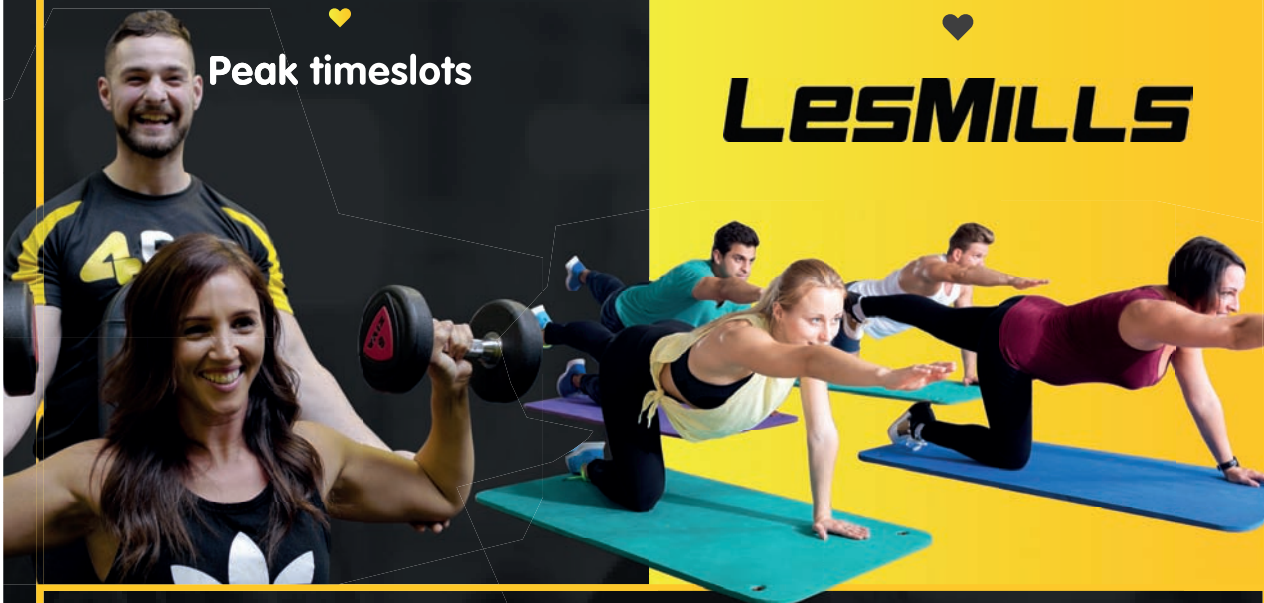
Back to back classes



£20 per hour



LES MILLS



Send your cv and cover letter to
stacey.gould@exercise4less.co.uk

Orangetheory Fitness (OTF) is a technology-tracked, science-backed workout that's revolutionising the health & wellbeing of over 1m people in over 20 countries – and it's only just getting started!

We are rolling out this amazing concept in the Midlands & Northern England. It's going to be an exciting journey for those with the commitment and capabilities to join our team.



SALES ASSOCIATE

Altrincham, United Kingdom
Competitive Salary and Benefits

Are you passionate about client service and wellness? Do you have an ability to engage with people, listen to their needs and share with them the benefits of our product? And are you looking for a rewarding, yet challenging career within a growing company; within a growing industry?

As a Sales Associate, you will be responsible for talking to prospective members about our product, signing them up for a membership and ensuring they are happy and enjoying their Orangetheory experience.

All OTF employees should exhibit exceptional care towards their members, colleagues and studio facilities. In return, they can expect challenging, growing and fun career opportunities with a healthy lifestyle and a high degree of empowerment.



CLOSING DATE
28 DECEMBER
2018

Apply now - <http://lei.sr?a=Z0D2Z>