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21 FEBRUARY 2020 ISSUE 339

A SPA BUSINESS PUBLICATION



Regulation looming for CBD

Spa and wellness businesses offering CBD services may be affected by proposed legislation from the Food Standards Agency (FSA).

CBD is now regularly found in spa and cosmetic products, oils and food, and has rapidly grown in popularity in the industry, with CBD products and treatments gaining popularity in spas globally.

The FSA has issued a warning about CBD, urging those who're pregnant, breastfeeding or taking medication to completely avoid consumption.

The FSA has set CBD businesses a deadline of the 31 March 2021 to submit applications to achieve 'novel food authorisation'. Only products which have been validated will be allowed to remain on the market after this date, while unregulated products will be removed from shelves.

Liz Terry, editorial director of *Spa Business* and *Spa Opportunities*, says increased regulation will have implications



▶ Play Video

■ The FSA has set a deadline of 31 March 2021 for CBD products to achieve 'novel food authorisation'

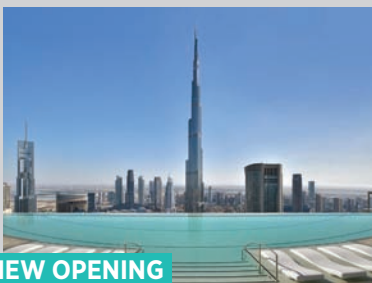
for the industry. "Operators and suppliers need to tread carefully when it comes to offering CBD treatments, to ensure the industry stays in line with the latest science and is mindful of best practice."

[READ MORE ONLINE](#)

“

Operators and suppliers need to tread carefully when offering CBD treatments

Liz Terry



NEW OPENING

Dubai's spa in the sky opens, with design by GOCO

Spa opens on sky-bridge conjoined by two towers

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RESEARCH

Research study launched into power of touch

How does touch affect our health and wellbeing?

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LATEST JOBS

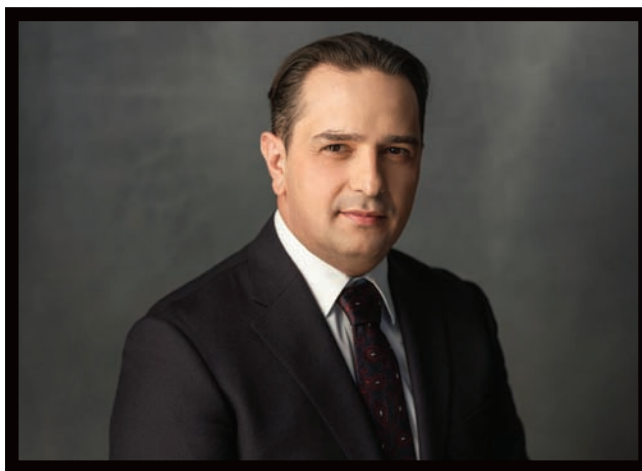
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Therme Group CEO **Robert Hanea** reveals details of partnership with Wund Holding and global growth plans

CEO and founder of Therme Group, Dr Robert Hanea, has revealed details of the brand's strategic partnership with thermal leisure operator Wund Holding to accelerate business growth.

Therme Group creates water-based wellbeing resorts, while Wund Holdings specialises in operating thermal leisure parks.

Therme group has been responsible for Thermen Badewelt Sinsheim, Badeparadies Schwarzwald Titisee and Thermen and Badewelt Euskirchen and has four further thermal leisure destinations under development or awaiting planning. This includes plans for a proposed 28-acre



■ CEO and founder of Therme Group, Dr Robert Hanea

This partnership is a natural step for both companies and will consolidate our future position

wellbeing project Therme Manchester in the UK, a £175m (US\$228.7m,

€205.7m) waterpark and spa. The new partnership will underpin these future

developments, and see the two companies collaborate to deliver high standards in customer experience and sustainability. The agreement has been kicked off with the consolidation of both company's architectural and technical capabilities in a newly formed business, Therme ARC.

Hanea commented: "This partnership is a natural step for both companies and will consolidate our future position as a wellbeing leader.

"Josef Wund was the father of the modern thermal world and this ongoing partnership will enable us to continue to create advanced family-friendly wellbeing resorts for customers worldwide."

[READ MORE ONLINE](#)

CIDESCO International president **Sandy Fuhr** announces partnership with BABOR for student scholarship programme



■ Fuhr said that this scheme will be expanded in future to offer multiple scholarships

Beauty and spa therapy educational organisation CIDESCO International

has entered into an agreement with skincare brand BABOR to launch a Student Scholarship programme.

Announcing the partnership, CIDESCO International president Sandy Fuhr commented: "We're delighted to partner with BABOR on this important and generous programme which will make the Diploma and Certificate more accessible. We'll roll this out in the short term to enable

This important programme will make the CIDESCO Diploma and Certificate more accessible

more students to achieve their beauty career dreams."

CIDESCO accredited schools are invited to apply for the programme for students needing financial support, which will cover up to €5,500 (US\$6,026, £4,659) per year to support their study in the CIDESCO Diploma or Certificate. Only CIDESCO institutions in the US and South Africa are eligible to apply.

The aim of this scholarship is to give young people the opportunity to reach their full potential in professional cosmetic training.

BABOR has launched its ampoule Gold Edition "with love" sets comprising seven golden beauty shots, donating one euro per sale towards the programme.

[READ MORE ONLINE](#)



■ Hannelore Leavy began her industry career in the 1970s

Our industry has lost a true icon. Hannelore loved to talk spa, live spa, eat spa – it was her way

Hannelore Leavy founder of Day Spa Association dies at 77

Founder of the Day Spa Association (DSA) and Spa Industry Association (SIA) Hannelore Leavy has died aged 77 years.

Originally from Austria, Leavy began her career in the 1970s as the marketing director for the US office of the Austrian National Tourism Board, where she organised European spa excursions. She then progressed to become VP of sales and marketing and associate publisher at Spa Finder, where she helped establish Spa Finder Travel Arrangements.

Leavy founded the DSA and SIA, originally the International Medical

Spa Association, in 1991 where she served as executive director for nearly 20 years until she retired in 2010 and was succeeded by Allan Share.

More recently, she set up her own consultancy firm – HR Leavy Spa & Wellness Business Consultancy.

Commenting on her passing, Share said: “Our industry has lost a true icon.

“Hannelore loved to talk spa, live spa, eat spa...it was her way. Being from Austria she had the European feeling for what spa really meant and wanted the US market to adopt a true model.”

READ MORE ONLINE

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Six Senses appoints **Bryan Gabriel** as chief commercial officer to support brand expansion, sales and marketing



■ Bryan Gabriel previously worked with InterContinental Hotels Group for 15 years

The rapidly expanding Six Senses business, recently acquired by InterContinental Hotels Group (IHG) in a US\$300m deal, has appointed IHG veteran Bryan Gabriel as chief commercial officer (CCO).

“Joining Six Senses at this time in the group’s expansion is very exciting and I’m looking forward to leading the team into a new era,” said Gabriel. “Six Senses has great energy and we’re armed with the latest systems to support our expansion.”

Six Senses has great energy and we’re armed with the latest systems to support our expansion

Gabriel will support the brand’s expansion and oversee sales and marketing.

He’s worked with IHG for 15 years, starting as director of sales and marketing at InterContinental Jakarta, then moving through roles in Singapore, Hong Kong, Shanghai and Delhi. Prior to his CCO appointment, Gabriel was based in Atlanta, Georgia, where he was head

of commercial for America, for IHG from 2016.

Educated in Canberra and Melbourne, Gabriel began his career in Australia. His new appointment is based in Bangkok.

“It’s wonderful to return to South East Asia, which was very instrumental in my initial years in the hospitality sector,” he said.

[READ MORE ONLINE](#)

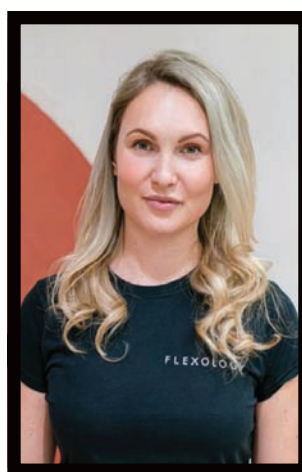
Flexology founders **Alina and Anna Epeykina** announce international expansion plans for 'UK's first stretch studio'

Flexology, which markets itself as “the UK’s first dedicated stretch studio”, is planning to expand across London – and ultimately take the concept to a global audience.

The independently-owned brand, launched by sisters Alina and Anna Epeykina, opened its first studio in London’s Canary Wharf in October 2019, offering a “three-dimensional wellness experience”.

Flexology offers six different assisted stretches of three different lengths of time: 15, 25 and 55 minutes, combined with healthy snacks and smoothies at the on-site café.

Alina Epeykina describes the studio’s design as having a “futuristic spaceship feel,



■ Alina and Anna Epeykina founded Flexology (pictured)

We’re offering a three-dimensional wellness experience while keeping an organic and natural environment

combined with elements of nature, to create an out-of-reality experience.

“We’re offering a new experience for most people so we wanted the space

to feel different, while also keeping an organic and natural environment, because there aren’t many relaxing spaces for people living in London,” Epeykina said.

The sisters now plan to expand Flexology’s presence across the capital.

“Our second London site will open imminently, and then we plan to open one every six months, focusing on London to start with, but eventually going international.”

Anna Epeykina said:

“We’re also planning to create a Flexology Institute, where therapists can do the training and become certified flexperts, even if they’re not working with us.”

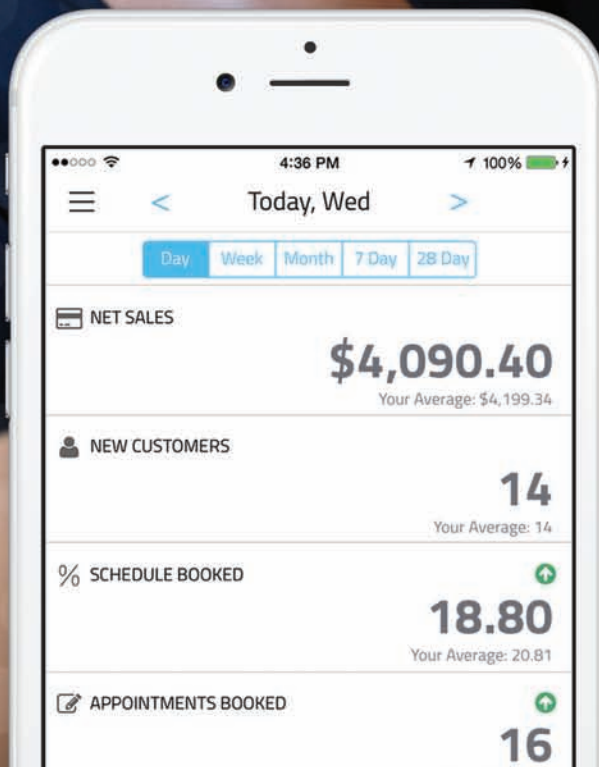
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fullname@leisuremedia.com



■ Lynne McNees is president of the International Spa Association

{ **The coaching sessions will help participants gain new perspectives, set goals and become inspired** }

Lynne McNees announces private coaching at ISPA Talent Symposium

SPA has announced the addition of private coaching sessions for attendees at the upcoming ISPA Talent Symposium.

Private 45-minute sessions will be available with International Coaching Federation (ICF) coaches for attendees, to help achieve both personal and professional goals.

ISPA president Lynne McNees said: "We're honoured to offer complimentary personalised coaching sessions to our attendees that will provide participants with the opportunity to gain new

perspectives, set goals and become inspired."

Sessions will be reserved on a first-come, first-serve basis.

The inaugural ISPA Talent Symposium, taking place April 15 2020 at The Ritz-Carlton Bacara in Santa Barbara, California, will be the first of its kind for the spa industry and will focus solely on workforce issues.

Workforce trend specialist Seth Mattison and specialist on multigenerational communication styles Smiley Poswolsky will serve as keynote speakers for the event.

READ MORE ONLINE



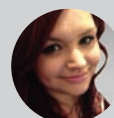
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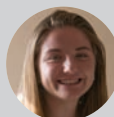
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GROWING FOOTPRINT

Six Senses debuts in India with recovery spa

Six Senses has opened its first location in India in the World Crest Tower by Lodha, Mumbai, on 20 February 2020.

Spread across the two floors, the 1,522sq m Six Senses Spa Mumbai focuses on functional fitness, recovery and wellness journeys and includes seven treatment rooms, including two for couples.

A Technogym-equipped fitness centre offers daily wellness classes, live and on-demand from over 500 experts, and also includes a swimming pool and outdoor sports arena.

Guests have access to wellness activities including private fitness

yoga, meditation and stretching sessions.

Dr Jitendra Varshney has been appointed as wellness director.

Varshney said: "Six Senses Spa Mumbai promotes health from the inside out and offers residents, members and day guests an urban oasis to recharge and pursue personal goals.

"We'll guide all guests along a personal path to wellness with a high-tech, high-touch approach."

The spa's menu focuses on facials, wraps and scrubs, as well as offering signature Six Senses therapies and Ayurvedic Aromatherapy options by Subtle Energies.

[READ MORE ONLINE](#)



■ The spa focuses on functional fitness, recovery and wellness



Six Senses Mumbai promotes health from the inside out

Dr Jitendra Varshney

AGREEMENT

Champneys settles out of court in cancer advice case



This is a matter that all spa operators can learn from

Liz Terry

Spa operator, Champneys, has come to an out-of-court agreement with West Sussex County Council in the UK in relation to charges brought against it relating to food safety and consumer protection laws.

The operator will no longer face legal action after the council and the company came to an agreement to keep the matter out of court.

The council's legal team alleged that Champneys claimed certain items on its menu, such as an apple dessert, could cut the risks of cancer, cardiovascular disease and diabetes.



■ The operator will no longer face legal action

Champneys told *Spa Opportunities* it 'accepted a caution' on three charges out of 19, but the remainder were dropped.

Liz Terry, editorial director of *Spa Business* and *Spa Opportunities* said: "This is a matter that all spa and wellness operators can learn from."

[READ MORE ONLINE](#)

PARTNERSHIP

VIE Hotel Bangkok partners with Thai-Danish celebrity



Our spa treatments rejuvenate the body, mind and soul

Nicolas Peth

VIE Hotel Bangkok has relaunched its spa following a four-month renovation and partnered with Thai spa brand ORGANIKA, the organic spa brand created by Thai-Danish actress Sririta Jensen.

The luxury boutique hotel is part of the MGallery Hotel Collection owned by Accor.

The 580sq m VIE Spa by ORGANIKA spa has six treatment rooms – three of which are suitable for couples – a Thai massage room and a spa suite with a jacuzzi.

Guests can choose from a range of aromatherapy packages and full-body treatments, massages,



Play Video

■ Sririta Jensen is a Thai-Danish celebrity

facials and scrubs, designed to calm and purify the body and mind.

The spa's signature 90-minute journey – called The Organika Aromatic Candle Massage – uses pure essential oils to help nourish and moisturise the skin, as well as to relieve stress.

Nicolas Peth, GM of VIE Hotel Bangkok, said: "The ORGANIKA partnership will allow our guests to access a range of unique natural spa treatment experiences to rejuvenate the body, mind and soul."

READ MORE ONLINE

BOUTIQUE WELLNESS

House of Wisdom wellness space opens

A self-help studio marketing itself as a "first-of-its-kind self-development wellness space" will open in London in March 2020.

The House of Wisdom (HOW) will focus on empowering the mind and body through talks and workshops, aiming to help visitors "deconstruct limiting beliefs and reconnect with their inner power".

Designed to provide a multi-sensorial wellness sanctuary, the 2,500sq m HOW has been inspired by artists such as James Turrell and Olafur Eliasson. Classes range from movement (yoga, tai chi and capoeira) to mindfulness, breathing and relaxation.

The studio will offer annual memberships with unlimited access to classes for £1,000.

There will also be the option of attending drop-in classes, priced from £22.

HOW was founded by Luca Maggiora, Cristina Garces, Stephanie Reynolds, Giacomo Favero and Federica Ferro.

"The concept was born out of our collective dedication towards creating a space where people could gather to develop and explore techniques for making positive changes in their own lives. Our commitment is to create a space that empowers people to be the very best version of themselves."

READ MORE ONLINE



■ The House of Wisdom wellness space will open in March 2020



Our commitment is to create a space that empowers people

Luca Maggiora

EXPANSION

GHM continues global growth Maldives

Hotel group GHM has revealed details of The Chedi Kudavillingili, its first resort in the Maldives, that will open later this year.

The development is part of GHM's global expansion plan which kicked off in its third decade. As well as the new Maldives hotel, the group has a further five properties under development in Taiwan, India and the UAE.

Located on a coral island called Kudavillingili, the mixed-use resort development will feature a spa with eight overwater treatment rooms.

Accommodation will be comprised of 63 island villas and 36 overwater villas, with all units offered as residences for sale.

"Our plans for The Chedi Kudavillingili will showcase the enduring beauty of the Maldives and its people, but we'll also remain true to GHM's tenets of intuitive luxury, timeless designs, bespoke experiences and quality service," said Hans R Jenni, GHM's co-founder and president. "The Chedi Kudavillingili is to be the best yet."

Established in 1992, GHM is a hotel group based in Southeast Asia which conceptualises, develops and operates hotels and resorts.

It has a portfolio including four destinations in the UAE, Montenegro, Oman and Switzerland.

[READ MORE ONLINE](#)



■ The property is one of five under development by GHM



Chedi Kudavillingili will showcase the enduring beauty of the Maldives

Hans R Jenni

DESIGN

Dubai's spa in the sky opens, with design by GOCO



It was an honour to work with Emaar Hospitality Group

Ingo Schweder

GOCO Hospitality has conceptualised and designed a spa for Dubai's recently opened luxury hotel Address Sky View.

Emaar Hospitality Group owns the property and has opened a collection of hotels in Dubai under the name Address Hotels + Resorts, where GOCO was also responsible for the spa concept and operation design.

The 169-room-hotel is spread over 13 levels within two towers, which are joined by a dramatic three-level sky bridge.

The 1,400sq m Address Sky View spa was created by GOCO's design team and features eight treatment



■ The spa features an open-air rooftop infinity pool

rooms and one suite with views of Dubai's skyline. The spa also includes an open-air rooftop infinity pool.

"It was an honour to work with Emaar Hospitality Group," said Ingo Schweder, founder and CEO of GOCO Hospitality.

[READ MORE ONLINE](#)

PROGRAMMING

Six Senses' alchemy wellbeing workshops

Guests at Six Senses Spa at Alpina Gstaad, Switzerland can make their own bath bombs and natural cosmetics in alchemy wellbeing workshops that harness the power of natural ingredients.

During the 60-minute workshop, guests will create personalised products using fresh, seasonal and organic ingredients, some of which are sourced from the on-site organic garden.

On the menu are 100 natural and exotic ingredients, such as fruits and herbs which



The Alchemy Bar Hosts cater to individual wellbeing needs

Antonis Sarris

are blended to create aromatic scrubs, bath soaks, poultices and masks. The workshop costs CHF195 (£152, US\$199, €181) and will be running until 15 March 2020.

Antonis Sarris, head therapist and trainer at Alpina Gstaad, said: "The Alchemy Hosts know how to best use nature's resources in an easy way to cater to your individual wellbeing needs. The Alchemy bar offers a sustainable solution that anyone can create at home."

READ MORE [ONLINE](#)

TRADITIONAL HEALING

New Mediterranean spa for original Corinthia hotel

The original Corinthia Hotel in Malta – the Corinthia Palace Hotel – has revealed further details of its new Athenaeum Spa which is scheduled to open March 2020, following a €9m (US\$10m, £7.5m) year-long site-wide refurbishment.

The interiors of the 2,000sq m Mediterranean-inspired spa have been created by interior designers Goddard Littard. Once complete, the spa will include a garden plunge pool, steamroom, pergola adorned with plants and an indoor and outdoor vitality pool.

In keeping with the spa's Mediterranean-inspiration, Athenaeum Spa is



The spa exceeds expectations of anything we've seen so far in Malta

Susanne Fisch

collaborating with Maltese artisan aromatherapist Stephen Cordina to design a bespoke treatment range to harness natural ingredients evocative of local healing traditions.

Susanne Fisch, spa director, commented: "We're excited to create a spa experience that could exceed the expectations of anything we've seen so far in Malta – and perhaps the Mediterranean."

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Play Video

■ The spa is scheduled to open in March 2020 following a site-wide refurbishment

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APPOINTMENTS

AMAALA reveals Advisory Board line-up

Nicholas Naples, CEO of luxury development project AMAALA, in Saudi Arabia, has announced the appointment of Neil Jacobs, Ingo Schweder and Susan Harmsworth to the project's advisory board.

The board will guide the creation of the 31.4sq km (12.1sq mi) project's masterplan, with a phased approach, in order to support economic diversification while promoting cultural and ecological preservation for the development.



The board's range of expertise and diversity will be imperative going forward

Nicholas Naples

AMAALA is working with professionals in wellness, hospitality, sustainability, sport, real estate development, finance and arts and culture.

Nicholas Naples, AMAALA CEO, said: "We're creating an integrative approach to health, well-being and experiential luxury. With the scale of AMAALA, the broad range of expertise and diversity of our board will be imperative moving forward as a business."

[READ MORE ONLINE](#)

PROGRAMMING

Preidlhof launches Transformational Wellness Retreat

Luxury destination spa Preidlhof in South Tyrol, Italy, is offering a Transformational Wellness Programme which claims to help people become 'open to change, expand and flourish'.

The programme features daily Kneipp experiences, both Kalari and Colour Healing massages and Anmo Tuina sessions – a massage based on Traditional Chinese Medicine.

The retreat runs for four, five, six or 10 nights with a starting price of €1,569 (£1325, US\$1,714) per person. Excluding the four-day retreat, all programme



■ The retreat runs for four, five, six or 10 nights



We have an integrated and multi-generational approach to wellbeing

Patrizia Bortolin

durations include trauma touch therapy during 80-minute Glowing Flow sessions, developed by Stefano Battaglia, claimed to release emotional blocks and tension using bodywork techniques.

Spa director Patrizia Bortolin said: "We've developed a truly integrated and multi-generational approach to wellbeing, healing and emotional transformation."

[READ MORE ONLINE](#)

24 FEBRUARY 2020

Global Beauty and Wellness Exchange

Montage Palmetto Bluff, Bluffton, United States

This event brings together suppliers and buyers for personal networking, one-on-one product vetting meetings, and educational sessions designed to improve the way you do business.

Tel: +1 415 987 0012

www.globalbeautyexchange2020.converve.io

4 MARCH 2020

UK Spa Association Spring Networking Event

Carden Park Hotel, Chester, UK

Organised by the UK Spa Association, this event provides an opportunity for industry members to build their network, learn from other professionals and keep up with trends. Attendees will also be able to attend a range of educational sessions.

Tel: +44 (0) 01372 200 111

www.spa-uk.org

6-8 MARCH 2020

BEAUTY Düsseldorf

Düsseldorf Exhibition Centre, Düsseldorf, Germany

A trade fair for cosmetics, wellness and spa professionals, which attracts around 55,000 trade visitors from 76 countries.

Tel: +49 (0) 211 / 4560-7602

www.beauty-duesseldorf.com

8-10 MARCH 2020

International Esthetics, Cosmetics and Spa Conference - New York

Javits Convention Center, New York, US

This conference is an opportunity for spa and wellness professionals to discover and buy products as well as build on industry knowledge at the event's Conference Program.

Tel: +1 212 895 8234

www.iecsnewyork.com



■ ISPA's inaugural Talent Symposium will focus solely on workforce issues

15 APRIL 2020

ISPA Talent Symposium

The Ritz-Carlton Bacara, California, US

The two-day event will be the first of its kind for the spa industry. It is set to focus solely on workforce issues.

Featuring keynote speakers, among the event's main focuses is to highlight energetic and innovative approaches to solving workforce challenges.

experienceispa.com

Tel: +1 859 226 4326

12-16 MARCH 2020

Cosmoprof Worldwide Bologna Fair District, Bologna, Italy

A custom exhibition with three different areas dedicated to specific industries and distribution channels, with each show opening and closing on different dates in order to facilitate the flow of visitor traffic and make the most of opportunities for networking and doing business.

Tel: +39 02 796420

www.cosmoprof.com

19-20 MARCH 2020

Wellness Tourism Summit

Sofitel Noosa Pacific Resort, Noosa, Queensland, Australia

The Wellness Tourism Summit is designed specifically for wellness or tourism operators to grow their business and tap into the market.

www.wellnesstourismsummit.com.au/tickets

29-30 MARCH 2020

World Spa & Wellness London

ExCeL London, London, UK

The convention is an opportunity for spa and hotel directors to come together and network to share their experiences of operating successful spas, as well as engaging in panels with leaders from within the industry.

worldspawellness.com/london

14-16 APRIL 2020

World Fitness & Wellness Summit

Raffles City Convention Centre, Singapore

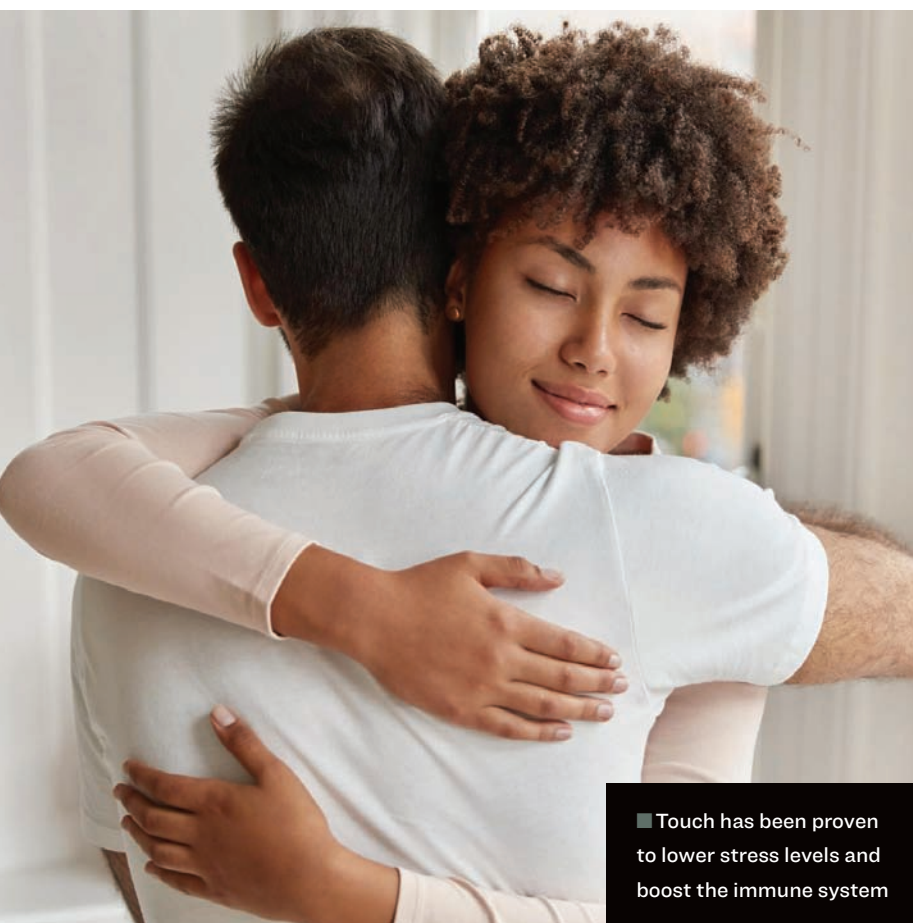
A week-long business festival for fitness, wellness, corporate wellness and hospitality executives including a leadership conference, exhibition, networking and product launches.

Tel: +65 8268 9834

www.thefitsummit.com

The power of touch

A new global study into touch will investigate how touch affects our minds and bodies in social situations



■ Touch has been proven to lower stress levels and boost the immune system

“Touch is an incredibly powerful force in our daily lives, often we don’t realise how much of a role it actually plays

A global touch study has been launched to “explore our attitudes towards the physical experience of touch” and investigate whether contemporary society experiences ‘touch hunger’.

The Touch Test is an online questionnaire developed by researchers at Goldsmiths University of London and launched by the BBC with the Wellcome Collection.

It seeks answers about the similarities and differences in our experiences of touch, with the aim of increasing our understanding of its role in health and wellbeing.

The questionnaire will explore issues such as how our attitudes towards touch vary by age, nationality and gender and whether contemporary society allows us to get enough touch.

The power of touch is a pillar of the wellness industry that’s been proven to provide numerous benefits for health and wellbeing such as lowering stress levels and boosting the immune system, according to studies by The Touch Research Institute in Miami.

The Wellcome Collection has commissioned Michael Banissy Professor of Psychology at Goldsmiths University of London to conduct *The Touch Test*.



Touch can play a huge role in our development, social interactions, personal perceptions and our health and wellbeing

“Touch is an incredibly powerful force in our daily lives, often it’s not until we stop to think about it that we realise how much of a role it actually plays,” said Banissy. “It plays a role in so many human behaviours ranging from the aggressive to the most intimate and it can play a huge role in our development, our social interactions, perceptions of ourselves and our health and wellbeing.”

“We know a lot about how we process touch but we tend to know a lot less about the use of touch socially and how we use it in a communicative way,” said Banissy.

The study was launched on BBC Radio 4’s All In The Mind programme – which explores the limits and potential of the human mind.

Presenter Claudia Hammond previously worked on BBC studies into rest and loneliness. Hammond said: “Over 70,000 people contributed

to our previous studies into rest and loneliness, and I’m hoping for a similarly positive response to this exploration of attitudes towards touch.”

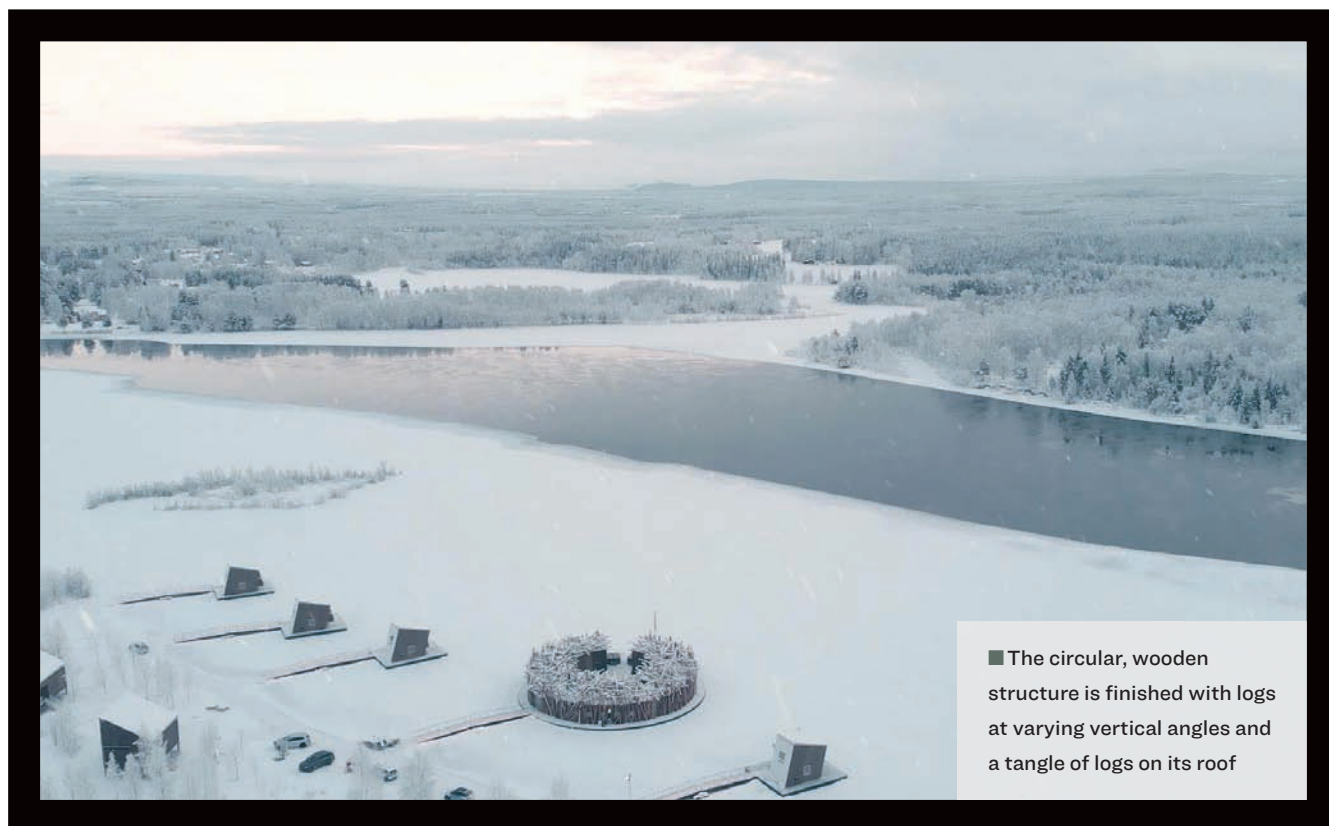
“Like rest and loneliness, touch affects us all – and is more complex than you might think. *The Touch Test* gives people the opportunity to contribute to large-scale, pioneering research. I’m really looking forward to analysing the results of the study in a series of programmes on Radio 4 later this year.”

With the rise of the #MeToo movement, touch has become a hot topic in the media and a sensitive concept in society more widely, as expectations and standards have changed around physical contact and consent.

The study’s results will be announced at a live event at the Wellcome Collection in London in Q3 2020 and will be explored in an upcoming BBC series, *The Anatomy of Touch*, later this year. ●



■ Professor of psychology Michael Banissy, has been commissioned by the Wellcome Collection to conduct the Touch Test



■ The circular, wooden structure is finished with logs at varying vertical angles and a tangle of logs on its roof

Free-floating wellness

A floating hotel and spa has opened on one of Sweden's longest rivers



■ Bertil Harström is one of the designers behind the hotel

The Arctic Bath Hotel and Spa, designed by Bertil Harström, Johan Krauppi and AnnKathrin Lundqvist, has opened on one of Sweden's longest rivers near the small village of Harads in Swedish Lapland.

First announced in 2017, it was conceived to be a year-round Arctic wellness destination that will float on the Lule River during the summer and be frozen into the ice during the winter. The circular 12-room hotel was inspired by

a log jam, while the overall design of the hotel was influenced by the local Swedish tradition of log-driving.

Its circular, wooden structure is finished with logs at varying vertical angles around its side and a tangle of logs on its roof, reminiscent of the log jams that would frequently occur.

The spa has one treatment room and offers a variety of treatments such as massages, facials, and body treatments.

Kerstin Florian has been chosen as the spa's product house, as well as the



■ The spa has one treatment room and offers a variety of treatments including massages, facial and body treatments

brand's sister skincare range ANDA, which is both organic and vegan.

Additional facilities include the outdoor cold bath – a circular pool at the building's centre – as well as saunas, thermal baths and a steam sauna.

The outdoor cold bath is available all year, as during the winter the pool will be kept free from ice. During summer, the midnight sun will allow guests to swim outside both day and night.

Guests are also offered a range of activities such as moose calling, bear

watching, northern lights photography, dog sledging, nature walks, snowshoe hiking, cross-country skiing and yoga.

Arctic Bath is working with local wild herb expert Eva Gunnare to give guests an insight into local healing traditions. Gunnare is working with Arctic Bath to offer guided forest walks with followed by a fireside relaxation session with homemade herbal teas, listening to traditional stories and healing songs.

Additional accommodation is provided by six floating cabins for couples near the

water's edge and six larger cabins and suites on the shore.

The cabin interiors, designed – along with the rest of the hotel interiors – by AnnKathrin Lundqvist and Input Interior, make use of natural materials from the surrounding area, including wood, leather, stone and luxurious textiles.

Harström and Krauppi were inspired to create Arctic Bath during the opening of Treehotel, Harads, in 2010 – a property including seven unique treehouse hotel rooms suspended above the forest floor.●

Emergency response pool training

RLSS UK's Emergency Response Pool training award (ER-Pool) is expressly aimed at people working in the health and fitness sector, particularly hotels or health clubs with pools

The award is designed to ensure on-site team members are fully trained to respond quickly and effectively to an emergency within the swimming pool environment, when the alarm has been raised.

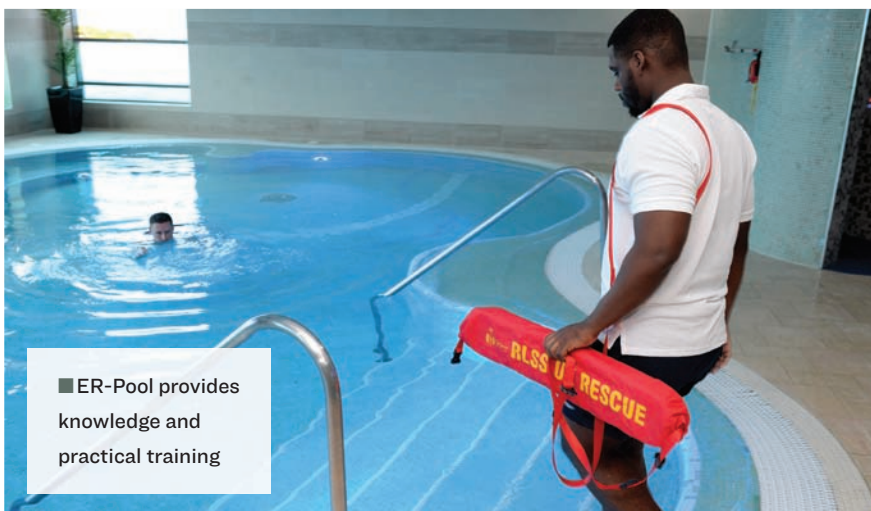
The emergency responder can be any member of the facility who might be called on to perform pool rescues and provide emergency first aid.

Complies with HSE Guidance

Paragraph 113 of the HSE publication *Health and Safety in Swimming Pools* (HSG179) states: "When the pool is in use, there must be a safe system of work to identify a person in difficulty and ensure that a rescue can be performed.

"For example, in the absence of lifeguards, there should be designated 'on-call' competent staff, to respond immediately to deal with any emergency. They should be suitably trained and capable of reaching the poolside in time to perform a rescue and provide emergency first aid if the alarm is raised."

The ER-Pool award is suitable for any staff employed at the venue, such as receptionists, waiting staff, housekeeping and maintenance staff, duty managers, gym staff and concierges.



ER-Pool is also endorsed by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA) and carries six CPD points.

About ER-Pool

ER-Pool is a two-day course which gives employees both knowledge and practical training, to rescue a casualty in the event of being alerted to an emergency, recover a casualty to poolside and perform vital first aid, including CPR and AED.

The trainer can also award a regulated Level 3 Emergency First Aid at Work (EFAW) qualification and regulated Level 2 Automated External Defibrillator qualification (AED).

ER-Pool is valid for two years following successful completion and prices vary according to the modules taken.

RLSS UK can train and qualify a member of your team to deliver and assess ER-Pool, making you self-sufficient and helping retain valuable skills.

RLSS UK has a wide range of awards and qualifications, including the National Pool Lifeguard Qualification (NPLQ) which is suitable for pools that require direct supervision and the National Pool Plant Operators Certificate, for those employees working in swimming pool plant rooms. ●



Contact RLSS UK, the industry leader in water-related safety training now.

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■ The experience is designed to help 'reset' customer's brains

Sensync's Vessel VR pod 'unlocks new approaches for relaxation', says **Adam Gazzaley**

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■ Adam Gazzaley, Sensync

Immersive wellness company Sensync has partnered with Four Seasons Resort Oahu at Ko Olina, Hawaii, to launch a VR spa experience.

Sensync's Deep Brain Massage treatments are delivered in The Vessel – a VR pod designed to "displace guests from the burdens of their mind and unlock new approaches for relaxation and restoration".

Sensync co-founder Adam Gazzaley said: "The Deep Brain Massage relies on the push-pull relationship between two

competing types of attention (bottom-up and top-down) which define all human interactions with the world around us."

The journeys are designed to help 'reset' customer's brains to achieve a state of tranquility. The idea is that guests' focus is pulled away from goal-directed thoughts, allowing a much-needed restoration from cognitive fatigue.

In the pod guests see, hear, smell, feel and experience sensations of nature. These are presented in unison to leverage the power of sensory synchronisation.

This creates immersive nature experiences that are personalised in real-time using recordings of the guest's physiological responses. The pod monitors real-time data such as respiration and heart rates, and electrodermal activity and then adjusts the treatment accordingly.

Four Seasons Oahu at Ko Olina is offering 20-minute and 40-minute treatments, costing US\$75 (£58, €70) and US\$135 (£105, €125) respectively.

SPA-KIT KEYWORD
SENSYNC

New ESPA blend provides 'burst of happiness', says Sarah Colton



■ Sarah Colton, ESPA

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ESPA, a skincare brand specialising in natural and wellbeing products, has expanded its line of Signature Blends for the first time since the company was founded in 1992.

The new Positivity Blend is a 100 per cent natural blend of pure essential oils and was formulated by a team of biochemists, skin experts and aromatherapists.

Designed to inspire self-confidence and boost optimism, the blend contains a 'harmonious' blend of jasmine, gardenia and rose geranium



■ ESPA's Positivity Blend is the brand's first new blend since 1992

to uplift, while bergamot and sweet orange essential oils enhance mood.

Sarah Colton, VP of Design Development at ESPA, says: "This year we are adding to our Signature Blends range of bath and body oils with the new Positivity blend, which harnesses

potent aromatherapy actives such as jasmine, gardenia and rose geranium, to provide a burst of happiness."

The blend is available in a bath and body oil, a shower gel and a positivity pulse point oil.

SPA-KIT KEYWORD

ESPA

Thomas Kiesenebner introduces the Sea Climate Chamber

Soleum Spa, an Austria-based steam bath specialist, has developed the Sea Climate Chamber, a new healing and relaxation concept that combines thalassotherapy with a more traditional sauna experience.

Billed as a 'complete wellness experience', the Sea Climate Chamber is designed to be used in spas and wellness centres. It offers moist brine mist inhalation, designed to mimic the effect of ocean mist in a warm breeze, to aid respiration and ease stress.

"Thalassotherapy has been around for millions of years," said Thomas Kiesenebner, designer and CEO at Soleum Spa.

"Often, doctors and healers would send their patients to live near warm oceans, believing that the airborne water mist and minerals were therapeutic.

"Our spas are unique in the world. No one else offers all of these benefits in their steam baths. Soleum is the leading edge of innovation in an ancient healing technology."

The chamber is designed to deliver the same healing and relaxing properties of a traditional sauna/steam bath and is available in three styles: Omega, Egg and Ellipses. Each is equipped with a built-in induction heating and misting system that



■ Thomas Kiesenebner, Soleum Spa

can be used for brine/saltwater mist, tea mist and steam baths.

Features include coloured lights and music, that can be adapted to suit the user's needs via a smartphone. Customisable finishes are also available.

SPA-KIT KEYWORD

SOLEUM SPA



■ The Sea Climate Chamber is designed to mimic the ocean breeze



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Meet the Spa Opportunities team



Liz Terry



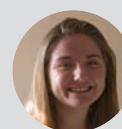
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Location: Sonoma, CA, USA

Assistant Spa Wellness Manager

The Londoner

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Location: Central London, London, UK

Spa Director

Four Seasons Hotels and Resorts

Salary: Competitive

Location: Trinity Square, London, UK

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Location: St Ives, UK

Spa Manager

Equinox Holdings

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Director of Spa

Omni Hotels & Resorts

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Location: Bedford, PA, USA

Assistant Director, Spa

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Association of Malaysian Spas (AMSPA)

www.amspa.org.my

Bali Spa and Wellness Association

www.balispawellness-association.org

Brazilian Spas Association

www.abccspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

www.bubspa.org

Association of Spas of the Czech Republic

www.jedemedolazni.cz

The Day Spa Association (US)

www.dayspaassociation.com

Estonian Spa Association

www.estonianspas.eu

European Spas Association

www.espa-ehv.com

Federation of Holistic Therapists (FHT)

www.fht.org.uk

German Spas Association

www.deutscher-heilbaederverband.de

Hungarian Baths Association

www.furdoszovetseg.hu/en

The Iceland Spa Association

www.visitspas.eu/iceland

The International Medical Spa Association

www.dayspaassociation.com/imsa

International Spa Association (ISPA)

www.experienceispa.com

Irish Spa Association

www.irishspaassociation.ie

Japan Spa Association

www.j-spa.jp

Leading Spas of Canada

www.leadingspasofcanada.com

National Guild of Spa Experts Russia

www.russiaspas.ru

Portuguese Spas Association

www.termasdeportugal.pt

Romanian Spa Organization

www.romanian-spas.ro

Salt Therapy Association

www.salttherapyassociation.org

Serbian Spas & Resorts Association

www.serbianspas.org

South African Spa Association

www.saspaassociation.co.za

Spanish National Spa Association

www.balnearios.org

Spa Association of India

www.spaassociationofindia.in

Spa & Wellness International Council

www.iswic.ru

Taiwan Spa Association

www.tspa.tw

Thai Spa Association

www.thaispaassociation.com

The UK Spa Association

www.spa-uk.org

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