

spa business insider

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A SPA BUSINESS PUBLICATION



Lanserhof Sylt opening Q2 2022

Medical spa brand Lanserhof has confirmed it will open its first coastal resort on the island of Sylt in northern Germany, in Spring 2022.

A €120m (US\$138.7m, £101.9m) project over five years in the making, Lanserhof Sylt will offer the brand's signature approach, which combines cutting-edge diagnostics with natural healing methods.

Sylt, referred to as the 'Hamptons of Germany', is known for its healing climate and restorative sea air, claimed to provide relief for allergy and respiratory disease sufferers.

In keeping with this, programming will focus on cardiological rehabilitation for acute or chronic diseases, treatment for respiratory and skin diseases and offer the brand's signature LANS Med Concept to support digestive health.

The Sylt programme will be overseen by medical director and cardiologist Dr Jan Stritzke, a specialist in cardiological rehabilitation.



PHOTO: INGENHOVEN ARCHITECTS

PHOTO: LANSERHOF

■ Sylt is located north-west of the German mainland

He said: "The new health resort awaits guests in a place where flowing natural architecture radiates tranquillity and at the same time combines modern cutting-edge medicine with state-of-the-art equipment and complementary naturopathy."

MORE: <https://bit.ly/3Gcltiu>



We've built a great team of physicians, therapists, sports scientists, beauticians and nutritionists

Jan Stritzke



SHUTTERSTOCK/DENIS BELITSKY

PROGRAMMING

Singapore Airlines teams up with Golden Door

Companies roll out in-flight wellness programme

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PHOTO: THE WELL AT HACIENDA ALTA GRACIA

STRATEGY

New Costa Rican retreat being developed by The Well

New opening will mark the beginning of global roll-out

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SHUTTERSTOCK/WILDENRPIX

DEVELOPMENT

NZ\$17m hot pools and spa to open in New Zealand

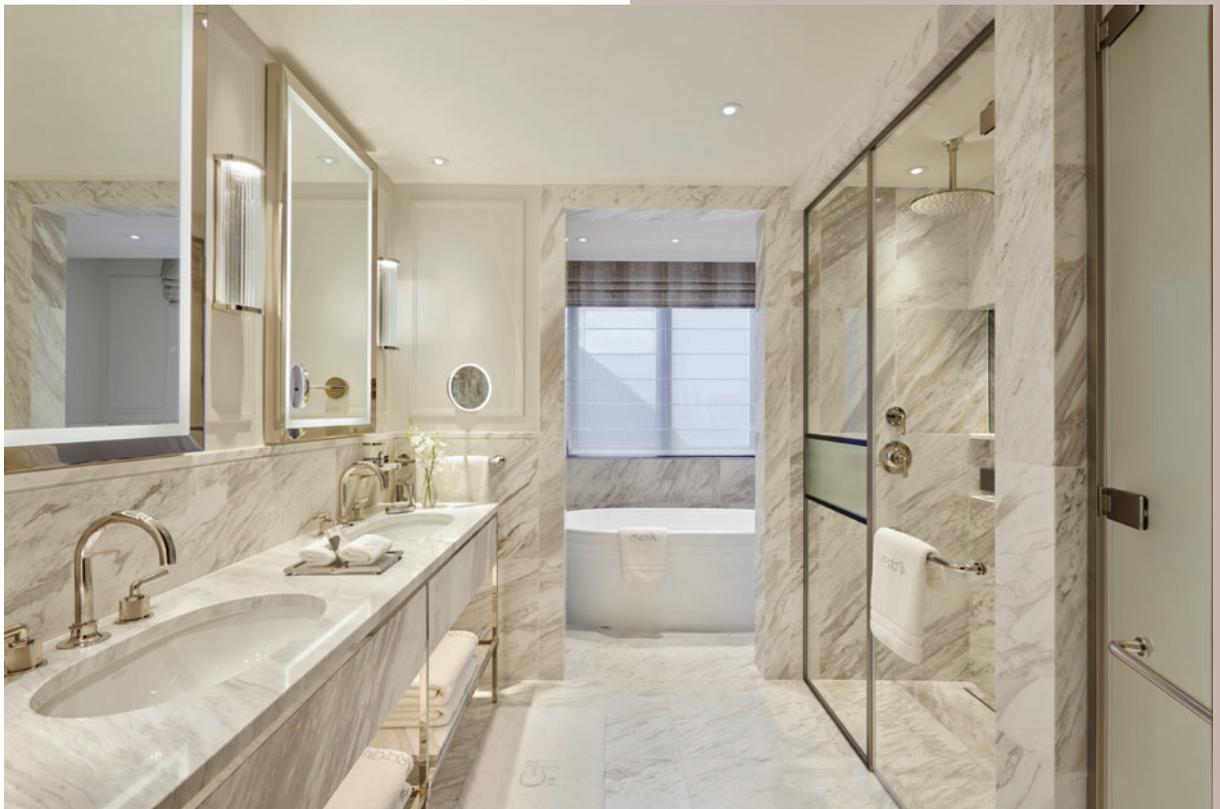
Sunlight and glacial water will power the facility

p14



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Art

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WTA's 2021 survey reveals key consumer preferences for wellness tourism and travel says **Anne Dimon**

The Wellness Tourism Association (WTA) has unveiled the 2021 installation of its Wellness Travel Consumer Survey to help the hospitality and leisure industry gain a clearer understanding of wellness-minded consumers' priorities as they plan their post-pandemic travels.

With nearly 2,500 respondents from 52 countries, the survey was designed to reveal what assets, amenities and offerings are most important to consumers when planning future wellness travels.

"While the importance of nature has been an overwhelming theme and top priority for wellness travellers



PHOTO:WTA

■ Anne Dimon, president and CEO of the WTA

The importance of nature is an overwhelming theme and top priority for wellness travellers

since we started conducting these surveys in 2018, we're now seeing a dramatic

increase in the demand for self-care as consumers are more proactive about their

health than ever before," said Anne Dimon, president and CEO of the WTA.

The top offerings rated "extremely important" includes:

- A certified safe and clean hotel environment.
- A purified water system.
- Access to fitness activities in nature.
- A hotel with sustainable and green practices in place.
- Guest rooms with an air filtration system.

The top ranking across the three main generational cohorts – Millennials, Gen X and Baby Boomers – was for hotels with "A certified safe and clean environment".

MORE: <https://bit.ly/3vIT7ra>

Nutritionist and functional medicine specialist **Rosemary Ferguson** to host trio of retreats at Gleneagles



■ Rosemary Ferguson, naturopath, functional medicine specialist and Harley Street nutritionist

Following the official relaunch of the Gleneagles Spa in September, the team behind the Scottish country estate and hotel has announced an exclusive partnership with renowned naturopath, functional medicine specialist and Harley Street nutritionist, Rosemary Ferguson.

Marking the next phase of the hotel's wellness evolution, a series of three-day retreats are set to take place in November 2021, January 2022 and March 2022.

Our retreat will provide all the tools guests need to get ready for a new year

Over the course of the three days, Ferguson will focus on the liver, gut health and re-energising using the power of nutrition and the benefits of the great outdoors.

Her goal is to help guests break the mystery of good eating and help them learn to use nutrition to progress on their journey to optimal health.

"It's the restorative nature of the Perthshire surrounds that

I'm particularly excited about – the dramatic landscape, endless space, the sights and sounds of nature that Gleneagles offers," she said.

"Combined with my curated menus and Gleneagles' new wellness offering in the spa, our retreat will provide all the tools guests need to get to get back on track and ready for a new year."

MORE: <https://bit.ly/2ZINrrj>

William Heinecke unveils Minor's Thai medi-spa plans

Minor Hotels is realising its first location in collaboration with established India-based beauty and wellness brand VLCC, two years after the partnership was announced in 2019.

Founded in India in 1989, VLCC manages a chain of wellness centres across Asia, operates beauty and nutrition training academies, manufactures skincare, body care and haircare products, as well as a range of nutraceuticals.

The partnership's first collaboration will be unveiled in January 2022 in the form of a VLCC Wellness – a therapeutic medi-wellness centre at the AvaniSpa within Minor's existing 196-key beachfront property, Avani+ Hua Hin Resort, in Thailand.

Speaking about the facility, William Heinecke, founder and



PHOTO: MINOR HOTELS

■ William Heinecke, founder and chair of Minor Hotels

chair of Minor said: "Wellness is an integral element of any stay with Minor and the partnership with VLCC represents a strategic move to establish our position as leaders of exceptional wellness experiences.

"We look forward to the future potential of this collaboration."

MORE: <https://bit.ly/3m6G7Zn>

This represents a strategic move to establish our position as leaders of exceptional wellness experiences

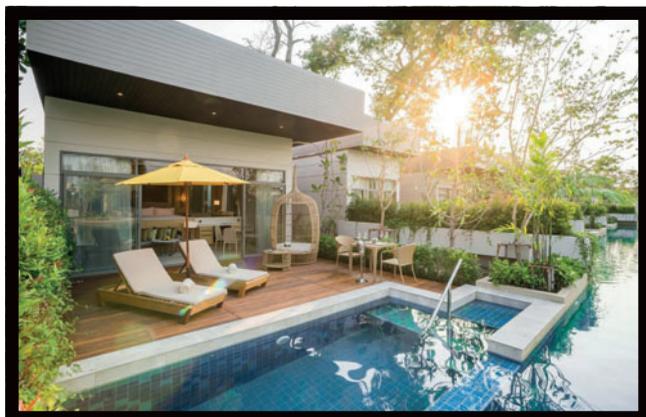


PHOTO: MINOR HOTELS

■ The medi-wellness centre will launch at the AvaniSpa within Minor's existing beachfront property, Avani+ Hua Hin Resort

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COLLABORATION

Singapore Airlines partners with Golden Door

Singapore Airlines (SIA) has announced a new partnership with established US Californian health, wellness and destination spa resort Golden Door – the facility founded in 1958 by industry veteran Deborah Szekely.

Golden Door experts – including top chefs, nutritionists and personal trainers – have developed a broad range of wellbeing options to help SIA passengers achieve improved nutrition, hydration, sleep, and energy levels aboard direct flights that can extend to nearly 19 hours.

SIA has a history of committing to enriching the wellbeing of its passengers on-board,

having also previously partnered with wellness brands Como Shambhala and Canyon Ranch.

According to Kathy Van Ness, general manager and chief operating officer at Golden Door: “A healthier travel experience is no longer a luxury; it’s a necessity.”

The first content from the wellness partnership will launch aboard SQ37 from Los Angeles to Singapore – one of the world’s longest commercial flights – in January 2022. The programme will be extended to additional SIA nonstop services from San Francisco and New York (JFK) to Singapore shortly thereafter.

MORE: <https://bit.ly/3GiY134>



SHUTTERSTOCK/DENIS BELITSKY

■ Golden Door chefs have developed bespoke menus



A healthier travel experience is no longer a luxury; it’s a necessity

Kathy Van Ness

EVENTS

UK Spa Association to host 2021 networking event



Tickets for the conference are now live and being sold on a first-come-first-served basis

The UK Spa Association (UKSA) has announced plans to host a 2021 Autumn networking event at Rockliffe Hall Hotel and Spa, in Darlington, UK, on 9 November 2021.

The conference will run between 10:30AM - 3:30PM (GMT) with delegate registration kicking off from 10:30AM. The schedule will include speaker sessions discussing key issues as well as a break for a light networking lunch.

The speaker line-up is yet to be confirmed.

Following this, the UKSA will host its first in-person national spa director



PHOTO: ROCKLIFFE HALL HOTEL AND SPA

■ Rockliffe Hall is home to a 50,000sq ft spa

assembly since the pandemic. This event will be hosted between 3:45 - 4:45PM.

Tickets for the conference are now live and being sold on a first-come-first-served basis, as spaces are limited. Prices start at £153 (€180, US\$209) each for non-UKSA-member suppliers, but are free for existing UKSA members.

MORE: <https://bit.ly/2XKHrrC>

EVENTS

GWS announces key topics for 2021 event

The Global Wellness Summit (GWS) has today announced its first round of speakers for the 2021 Summit.

The 15th annual conference will take place in person in Boston, Massachusetts, and virtually all over the world, during 30 November - 3 December.

The event's theme is "A New New Era in Health & Wellness." The agenda will explore the future ahead as healthcare and wellness converge in more obvious ways.

PHOTO: GWS



Traditional medicine and wellness have long had a siloed relationship

Susie Ellis

"Traditional medicine and wellness have long had a siloed relationship, but Covid has accelerated new conversations and collaborations," said Susie Ellis, chair and CEO of GWS. "In light of this, we're bringing together leaders across healthcare and self-care to discuss what this very different future will look like – a future where wellness takes a much bigger role in medicine and science takes a much bigger role in wellness."

MORE: <https://bit.ly/3EjsJaN>

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PROGRAMMING

Grand Hotel Tremezzo launches tree-hugging retreat

Boutique hotel and spa The Grand Hotel Tremezzo on the South-West shores of Lake Como, Italy, has introduced a new nature-orientated wellness retreat.

Set within 20,000sq m of parkland and gardens, the 90-bedroom hotel and spa overlooks the town of Bellagio, the Riviera delle Azalee and the Grigne mountains. As evidence grows around nature's wellbeing and health benefits, the team behind the hotel's T Spa has created a programme to help guests harness nature to boost wellbeing and ground themselves.



SHUTTERSTOCK/JINGA

■ Nature therapies can reduce anxiety, anger and stress

The three-hour experience is anchored by 45-minutes of silvotherapy, which is a practice using nature to heal the mind and body that includes touching, stroking, leaning on or hugging trees.

During the session, a therapist leads guests through breathing and visualisation techniques to help them release physical or emotional anxieties, while they make direct contact with trees in the villa's private gardens.

The spa team believes this process of physically reconnecting with nature will help guests reap the healing benefits of nature for physical and mental health.

The offering is completed with a two-hour mindfulness ritual and a light and healthy breakfast.

The programme is available exclusively to guests staying at the hotel's Villa Sola Cabiati – a preserved baroque palace once home to the Dukes of Serbelloni.
MORE: <https://bit.ly/3jBmfj>



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EVENTS

World Spa and Wellness 2021 hosted in London



The event is curated for international spa and hotel directors to network and share experience of operating successful spas

The annual World Spa and Wellness conference was hosted at London's ExCeL exhibition centre on 17-18 October.

The two-day in-person event is curated for international spa and hotel directors to network and share their experience of operating successful spas, as well as engaging in panels with leaders from within the industry.

The schedule included panel discussions, workshops, keynotes and networking opportunities.

Session topics ranged from leadership and communication and mastering KPIs to drive profitability, to

PHOTO: PROFESSIONAL BEAUTY



■ The two-day event encourages industry networking

recruitment and spas' role as a front-line preventative health strategy.

The speaker line-up includes industry figures from across the global sector, such as Andrew Gibson, global wellness and hospitality advisor, and Lindsay Madden-Nadeau – founder, Meraki Bespoke Wellness Strategies.

MORE: <https://bit.ly/3bbbID3>

DESIGN

Kohler Waters Chicago completes refresh

Bathroom fixtures company Kohler has unveiled its redesigned and expanded Kohler Waters Spa in Burr Ridge, Chicago.

The hydrotherapy spa now encompasses 14,000sq ft, 21 treatment rooms, a Mediterranean-style café and the latest evolution of the state-of-the-art Kohler Custom Vichy Shower.

The elevated Vichy experience now includes chromotherapy with the introduction of red LED light therapy billed to improve the skin's health and aids with cell repair.

Furthermore, with an improved horizontal arm of water that houses six shower heads, the new

model customises water droplets' size and shape, while providing a constant shower of warm water in varying sequences; drenching rain; intense massage; and soft silk spray.

"Since our opening in 2008, we've brought rejuvenating water-led spa treatments and five-star service to the community, and we're thrilled to welcome guests back to our elevated and expanded sanctuary in Burr Ridge," said Nikki Miller, director of Kohler Waters Spas.

Additional enhancements were also made to the spa's changing and locker room areas, including touchless amenities and new showers.

MORE: <https://bit.ly/3b5jRJ4>

SHUTTERSTOCK/RIDO



■ Kohler operates six international spa destinations



We're thrilled to welcome guests to our elevated and expanded sanctuary

Nikki Miller

STRATEGY

ClassPass bought by Mindbody

Mindbody has announced it's buying ClassPass, the consumer wellness subscription service that enables people to use a range of gyms, studios and wellness facilities for one monthly subscription.

The deal will bring two of the industry's most prominent tech businesses together to offer both business- and consumer-facing services. They're also expected to jointly fast-track the development of their corporate wellness business.

"By leveraging the best of both companies' technology and expertise, we'll provide studios with tools to help them grow and thrive, while also driving more consumers

to their businesses," said Josh McCarter, CEO of Mindbody. "Our companies share a singular focus on democratising wellness by bringing these experiences to more people, in more places."

The acquisition will be an all-stock deal and integrate the two teams, with ClassPass continuing to operate its app and website and Mindbody continuing to operate its app to drive 'discovery'. ClassPass will become a brand within the Mindbody portfolio.

Following the deal completion, Fritz Lanman, ClassPass CEO, will transition to president of ClassPass and Mindbody Marketplace and will work alongside McCarter.

MORE: <https://bit.ly/2ZooPhG>



PHOTO: MINDBODY

■ Mindbody is buying ClassPass



Our companies share a singular focus on democratising wellness

Josh McCarter

FITNESS

Pullman and Citroën create self-driving fitness pod



PHOTO: ACCOR



This is part of our bold and modern vision of hospitality

Sébastien Bazin

French car manufacturer Citroën and hotel brand Pullman Hotels & Resorts have partnered to create an autonomous "urban mobile platform" concept, to allow people to explore cities while working out.

The Pullman Power Fitness Pod would act as a miniature gym, mounted on The Citroën Skate, a self-driving electric vehicle.

Designed for a single exerciser at a time, the pod features a rower and a static bike, enabling users to work out while travelling through a city.

A digital coach – appearing on a holographic screen – encourages and



PHOTO: CITROËN

■ The pod would act as a miniature gym

guides the user through their workout, while also providing route information and entertainment during a cardio session.

Sébastien Bazin, chair and CEO, Accor, said: "Extending the hotel experience outside the our establishment's walls is in line with our bold and modern vision of hospitality."

MORE: <https://bit.ly/3vHvTlg>

VERIFIED WELLNESS TECHNOLOGIES BY GHARIENI

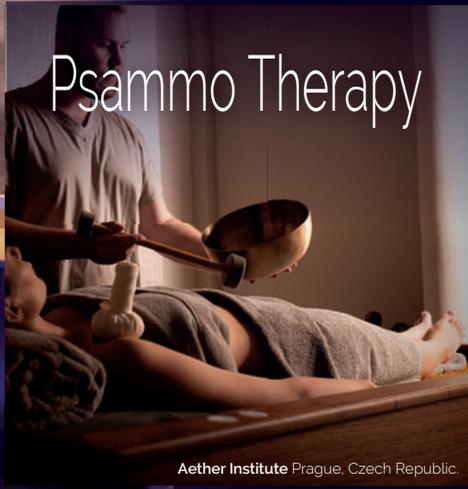


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Johnstownbridge, Ireland

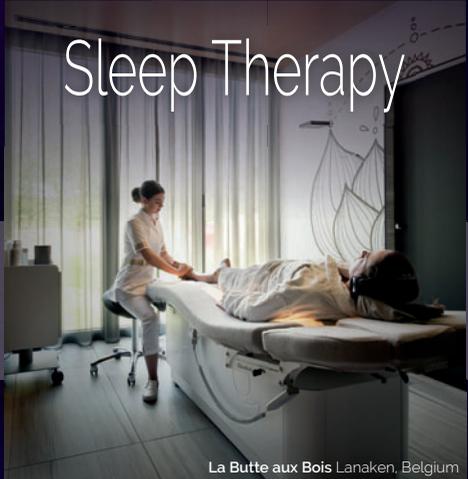


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Grand plans

The Well is preparing to kick off its global expansion strategy with a new tropical wellness resort in the Costa Rican rainforest



Modern US wellness brand The Well is preparing to open its first international holistic wellbeing retreat outside of the US at the Hacienda AltaGracia, Auberger Resorts Collection, located in the foothills of Costa Rica's Talamanca Mountains.

Growing footprint

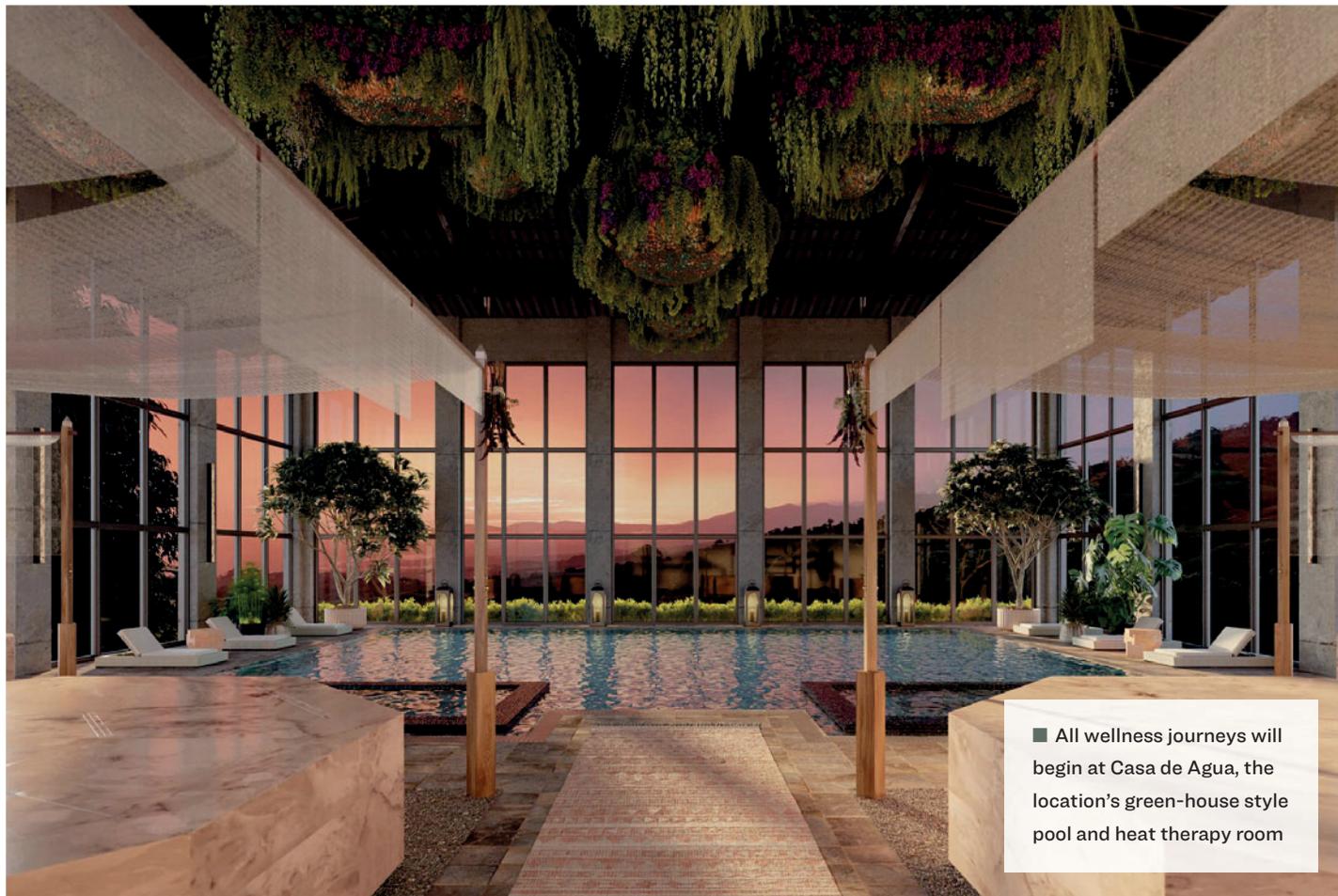
Adopting an integrated holistic approach, the spa will sit within a 180-acre resort – offering 50 Hacienda-style villa accommodations – which also encompasses a working coffee farm, organic vegetable gardens and horse stables.

The Well at Hacienda Alta Gracia will open in November and join the brand's existing portfolio of two US destinations; its flagship New York location and its latest opening in Connecticut. Speaking exclusively to *Spa Business*, The Well revealed that the upcoming retreat will mark the start of its strategic global expansion plan that includes a second location in Central America as well as destinations in Florida, California, Texas, Colorado and the UK.

Design plans

"These After 12 months of construction, the 20,000sq ft (1,858sq m) wellness

The spa will sit within a 180-acre resort that encompasses a working coffee farm, organic vegetable gardens and stables



■ All wellness journeys will begin at Casa de Agua, the location's green-house style pool and heat therapy room

THE WELL AT HACIENDA ALTAGRACIA

The upcoming retreat opening will mark the start of The Well's strategic global expansion plan

facility will launch with eight treatment rooms, supplied by Living Earth Crafts, Celluma and Hyperice.

The Well's former director of programming Emily Johnson has been appointed as the resort's director of wellness and programming.

Programming will range from rituals inspired by Central American rituals incorporating local flowers and herbs to craniosacral therapy, as well as binaural sound therapy, night-time astrology sessions, yoga, forest-bathing and touchless technology to foster recovery.

Spa treatments will incorporate products from skincare brand Ayuna and The Well's own in-house line, as well as local products from Costa Rica sourced for the destination.

The Well has also curated a selection of restorative activities for guests, such as Equine Therapy, Lunar Gong Baths and Silent Breakfasts, to help them

connect to Hacienda AltaGracia's core philosophy; community-oriented, a sense of belonging and learning unites visitors and locals.

To complete the offering, The Well's certified health coaches will be on hand to educate and support guests toward their individual health and wellness goals.

Signature offerings

All wellness journeys at the retreat will begin at its Casa de Agua, the location's green-house style pool and heat therapy room overlooking rolling hills and lush green tree-top canopies.

Here, guests will be welcomed with a signature five-step purifying ritual to prepare them to receive the benefits of their selected therapy.

The ritual will begin with guests massaging hand-harvested plant-based Costa Rican clay into their skin before reclining on a heated stone lounger and

sipping hot herbal tea while looking across the Talamanca Mountains.

Next, they'll visit the experience shower to wash off the clay and activate the five senses to prepare them for a soothing soak in a tranquility pool complete with gooseneck water jets to massage the neck and shoulders.

Guests will then experience the lavender-scented aromatherapy steamroom, followed by the sauna and then a final experience shower ritual before their treatment.

The Well at Hacienda's AltaGracia's spa facilities will also encompass a hydrotherapy tub, thermal suite, retail experience and ranchos for outdoor mindful movement classes.

Architecture firm Arconsa helped supply wet and thermal facilities while interior designer Nina Gotlieb designed the space. The spa's retail experience was designed by School House. ●



Our ethos is inspired by our site's spectacular mountain backdrop and draws from the 'clean green' principles of sustainable operations

James Mattinson, Ōpuke Thermal Pools and Spa general manager



Sourced from the mountains

A brand new NZ\$17m thermal spa is set to open in New Zealand, powered by glacial water and solar power



SHUTTERSTOCK/WILDNEROPKX

■ The solar-powered thermal pools will be filled with water from the Rangitata river that's fed by the glacial meltwater emerging from the Southern Alps

New Zealand is set to welcome a brand new sustainable wellness tourism project on 23 October. The location will draw on the healing properties of hydrotherapy and communal bathing.

Called Ōpuke Thermal Pools and Spa, the wellness destination will include a collection of pools filled with water from the nearby Rangitata river that's fed by the glacial meltwater emerging from the Southern Alps. These pools will all be heated with power sourced from the location's on-site solar farm.

With the strapline 'sourced from the mountains, powered by the sun', the two-hectare project in Methven is designed to deliver a sustainable hot pool and spa experience set against a mountain backdrop.



PHOTO: ŌPUKE THERMAL POOL & SPA

“ We want to give everyone the opportunity to be able to experience Ōpuke – our offering is extremely inclusive ”

Inclusive wellness

Ōpuke general manager James Mattinson told *Spa Business* that the project is being conceived to welcome all ages.

“Our vision was to build a premium-quality and sustainable hot pools and spa facility that will attract visitors from all corners of New Zealand and the rest of the world,” he says.

“The facility will cater separately to the needs of families, adults and private spa guests offering a host of innovative customer experiences.”

The offering will consist of an exclusive Adults-only Area and a family-friendly Hot Pool Area featuring an Aqua Play Zone.

All areas will be linked by a network of pools that follow the form of a river, allowing for private nooks, open spaces and ample room to explore.

The adult’s area will feature water jet massages, bubble therapy, sauna therapies, a cold plunge pool and a luxury relaxation area.

The offering will be completed by four secluded cedar hot tubs with views across the foothills of the Southern Alps, a pool bar, a social Spa Hutt and exclusive private cabanas for premium treatment and hot pool packages.

Meanwhile, the spa will be home to five treatment rooms, including two for couples, a four-person Rasul and a relaxation lounge to complete the treatment area. Visitors will be offered a range of treatments supplied by French spa and skincare brand Yon-Ka.

Owned and operated by Methven Adventures Limited, the project has taken two years to complete after a NZ\$17m (€10.2m, US\$11.8m, £8.7m) investment. ●



■ The spa will be home to five treatment rooms, including two for couples,



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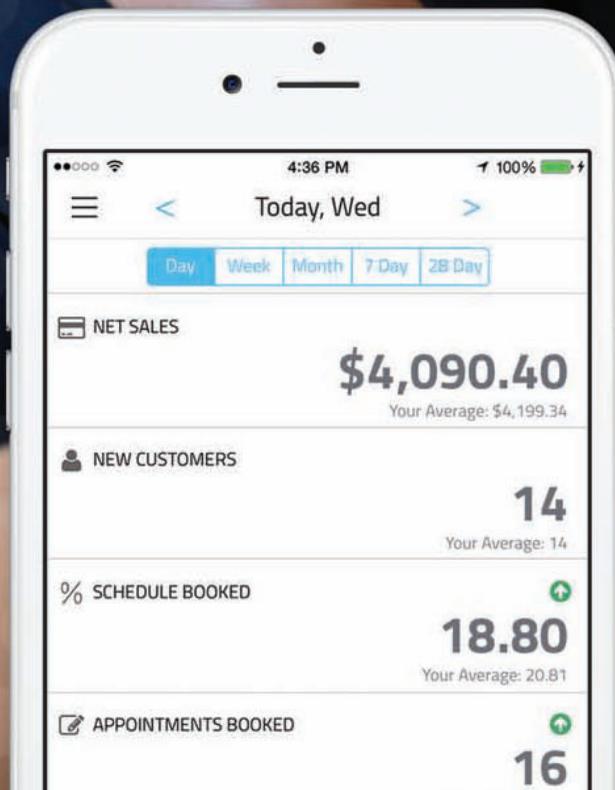
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SUPPLIER NEWS

Suppliers tell Spa Business insider about their latest product, design and technology launches

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PHOTO: OSEA

■ Osea Skincare was founded and inspired off the coast of Malibu, uniting the elements – the ocean, sun, earth, and atmosphere

Introducing Osea's Seabiotic Water Cream powered by seaweed and active botanicals



PHOTO: OSEA

■ Jenefer Palmer, Osea's founder and formulator

California-based Osea Skincare is striving to take moisturiser to the next level with its brand new formula, the Seabiotic Water Cream.

The lightweight formula is designed to drench skin that's been exposed to blue light and pollution in long-lasting moisture.

Both clinically and dermatologically tested, the microbiome-friendly cream combines seaweed, hydrating squalane and a pre- and probiotic for a silky-smooth finish.

The product is billed to deliver up to 72 hours of

deep hydration so the skin is left feeling soft and plump without feeling weighed down by a heavy moisturiser.

The Seabiotic Water Cream has been developed to be suitable for all skin types and is free of fragrance and essential oils.

"It's taken us over two years to perfect Seabiotic Water Cream," says Jenefer Palmer, Osea's founder and formulator.

"We wanted to create a lightweight moisturiser that delivers year-round hydration as effectively as your go-to rich cream. It's important to me that it's also nourishing

to the microbiome and works on all skin types."

Osea Skincare was founded and inspired off the coast of Malibu, uniting the elements – the ocean, sun, earth, and atmosphere – to deliver safe plant-based wellness solutions for all.

Made in California, the carbon-neutral skincare and spa brand's products are vegan, cruelty-free and underpinned by a blend of seaweed combined with active botanicals and essential oils.

More on spa-kit.net

<https://bit.ly/2Zk4gmU>

Zenoti completes acquisition of SuperSalon

Spa and salon software provider Zenoti has announced it's completed the acquisition of SuperSalon software.

The acquisition follows Zenoti's Series D funding round where it was valued at over US\$1.5bn, and will further enhance Zenoti's leadership position as the software of choice for salon, spa and medspa chains.

With the industry reopening after COVID shutdowns, many salons and spas are looking for software that provides modern features like mobile bookings, a reception-less environment, and contactless payments.

As a result, Zenoti has seen unprecedented growth,



SHUTTERSTOCK/PROSTOCK-STUDIO



■ Sudheer Koneru, CEO of Zenoti

and the company's continued investment in growth and innovation further cements its position as an industry leader.

"Like Zenoti, SuperSalon is trusted and proven among large enterprises, and our combined

entity will not only expand the reach of our offering but also give us the scale to continue to develop cutting-edge technology that takes our customers to the next level," said Sudheer Koneru, CEO of Zenoti.

While the value of the deal is undisclosed, the combined entity will power over 15,000 spas, salons and med-spas.

More on spa-kit.net

<https://bit.ly/30S1rvX>

Yon-Ka unveils Elixir Vital - powered by 55 years of research



PHOTO: YON-KA

■ Luna Armand, Yon-Ka product manager

French spa and skincare brand Yon-Ka has reformulated its iconic skincare solution and launched Elixir Vital designed to replicate the skin's hydrolipidic film – the essential interface between the body and the outside world.

Luna Armand, product manager, said: "More than 55 years ago, Yon-Ka pioneered the creation of multi-phase professional skincare products, inspired by the skin's hydrolipidic film. Today, we're launching the fifth generation of this cult product with an improved formula matching consumer needs more organic and responsibly-sourced ingredients."

The serum includes 19 essential amino acids, vegetable oils, niacinamide, organic beech bud peptides and soy buds. It's designed to respect the microbiome and consolidate the skin barrier to protect the skin from external damage and the effects of ageing.

Elixir Vital has a bi-phase, vegan and gluten-free formula made with 92 per cent naturally-derived ingredients. The serum is completed with Yon-Ka Quintessence, the brand's signature aromatherapy blend.



PHOTO: YON-KA

■ The serum is completed with Yon-Ka Quintessence

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Phytomer refreshes Douceur Marine Cream



PHOTO: PHYTOMER

■ **Mathilde Gédouin-Lagarde,**
Phytomer's deputy GM

French marine skincare and spa brand Phytomer has reformulated its signature Douceur Marine Cream with a new probiotic formula.

The refreshed formula is claimed to relieve redness and desensitise skin by rebalancing its microbiota using a combination of a prebiotic complex – containing brown algae, green microalgae and planktonic marine sugars – and marine spring water which is rich in trace elements and minerals.

Mathilde Gédouin-Lagarde, Phytomer's deputy GM, said: "Our Douceur Marine Cream

PHOTO: PHYTOMER



■ **The moisturiser is complete with a hypo-allergenic fragrance**

is a great ambassador of natural and healthy skincare. Every component has been screened to ensure maximal safety and guarantee the highest standard of tolerance.

"The revamped formula is 98 per cent all-natural and enriched with marine ingredients, organic oils, vegetable butter and a vegetable emulsifier. The composition is impeccable

and the soft texture is ideal to care for sensitive skin."

According to Phytomer, the moisturiser has been blended with a hypo-allergenic fragrance – featuring refreshing notes of plum and bergamot – and is also packaged within eco-friendly packing.

More on [spa-kit.net](https://bit.ly/3B7bZ4h)

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Gharieni's MLX I³Dome proven to aid recovery and wellbeing

The Gharieni Group has revealed the results from the first part of its ongoing research series into the physiological effects of its concept beds.

The recent report focused on Gharieni's MLX I³Dome treatment table.

Featuring an extendable infrared dome, the bed is designed to deliver a standalone therapy, meaning that after the guest is positioned on the table, inside the dome, no therapist is required.

Named The Impact of Acute Exposure to MLX I³Dome in Recovery After Intense Exercise: Effects on blood and muscle parameters, sport, the recent study's results revealed that the Gharieni MLX I³Dome helps:



PHOTO: THE GHARIENI GROUP

- Decrease muscle soreness.
- Improve blood pH.
- Improve wellbeing.

This new study series was designed by researcher Christophe Hausswirth, MD, PhD and in collaboration with the University of the Côte d'Azur,

the European Sleep Center in France and the University of Technology in Sydney, Australia.

Summarising his findings, Hausswirth commented: "Hands-free devices can efficiently increase one's health capital – both physically

and psychologically. After conducting this study, we found substantial improvement in the body's recovery after using the MLX I³Dome."

More on [spa-kit.net](https://bit.ly/3npmjmm)

<https://bit.ly/3npmjmm>



PHOTO: THE GHARIENI GROUP

■ **Christophe Hausswirth,**
MD, PhD designed the
research project



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Asia-Pacific Spa & Wellness Coalition (APSWC)

■ www.apswc.org

Association of Malaysian Spas (AMSPA)

■ www.amspa.org.my

Bali Spa and Wellness Association

■ www.balispawellness-association.org

Brazilian Spas Association

■ www.abcs spas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

■ www.bubspa.org

Association of Spas of the Czech Republic

■ www.jedemedolazni.cz

Estonian Spa Association

■ www.estonianspas.eu

European Historic Thermal Towns Association

■ www.ehtta.eu

European Spas Association

■ www.espa-ehv.com

Federation of Holistic Therapists (FHT)

■ www.fht.org.uk

FEMTEC (the World Federation of Hydrotherapy and Climatotherapy)

■ <https://www.femteconline.org/m>

French Spa Association (SPA-A)

■ www.spa-a.org

German Spas Association

■ www.deutscher-heilbaederverband.de

Global Wellness Institute (GWI)

■ www.globalwellnessinstitute.org

Green Spa Network (GSN)

■ www.greenspanetwork.org

Hungarian Baths Association

■ www.furdoszovetseg.hu/en

Hydrothermal Spa Forum

■ www.hydrothermal-spa-forum.net

The Iceland Spa Association

■ www.visitspas.eu/iceland

The International Medical Spa Association

■ www.dayspaassociation.com/imsa

International Sauna Association

■ www.saunainternational.net

International Spa Association (ISPA)

■ www.experienceispa.com

Irish Spa Association

■ www.irishspaassociation.ie

Japan Spa Association

■ www.j-spa.jp

Leading Spas of Canada

■ www.leadingspasofcanada.com

National Guild of Spa Experts Russia

■ www.russiaspas.ru

Portuguese Spas Association

■ www.termasdeportugal.pt

Romanian Spa Organization

■ www.romanian-spas.ro

Salt Therapy Association

■ www.salttherapyassociation.org

Serbian Spas & Resorts Association

■ www.serbianspas.org

South African Spa Association

■ www.saspaassociation.co.za

Spanish National Spa Association

■ www.balnearios.org

Spa and Wellness Association of Africa (SWAA)

■ www.swaafrika.org

Spa Association of India

■ www.spaassociationofindia.in

Spa Industry Association

■ www.dayspaassociation.com

Spa & Wellness International Council

■ www.lswic.ru

The Sustainable Spa Association (SSA)

■ www.sustainablespas.org

Taiwan Spa Association

■ www.tspa.tw

Thai Spa Association

■ www.thaispaassociation.com

The UK Spa Association

■ www.spa-uk.org

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