



MOHG to open first Greek retreat

Mandarin Oriental Hotel Group is to manage a new hotel and spa – Mandarin Oriental, Costa Navarino in Greece – which is scheduled to open in Q1 2023.

The group's first property in Greece will be located on the southwest coast of the Peloponnese and be part of Costa Navarino, a well-established tourism destination.

The hotel will have 99 rooms, including 48 pool villas, along with five restaurants and bars.

The property's 1,500 sq m wellness facility will feature an indoor-outdoor pool with soaring bay views and offer the group's signature wellness therapies with both indoor treatment rooms and outdoor pavilions.

The new Mandarin Oriental is owned and developed by Temes, a developer and operator of high-end tourism and real estate destinations in Greece.

"We're delighted to be opening our first property in Greece and look forward



PHOTO: MANDARIN ORIENTAL

■ The new Mandarin Oriental will have 99 guest rooms, including 48 pool villas

to sharing this striking combination of unspoiled landscape, olive groves, pristine beaches and authentic Greek culture with our guests," said James Riley, group chief executive of Mandarin Oriental.

"We're proud to have Mandarin Oriental bring its hospitality

expertise to Greece for the first time, signifying the further growth of Costa Navarino, which is becoming a top international destination for people to visit and to live," added Achilles V Constantakopoulos, chair of Temes.

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PHOTO: GLEN IVY HOT SPRINGS

PEOPLE

Hervé Blondel joins Glen Ivy Hot Springs

Blondel appointed as new general manager

[p03](#)



PHOTO: CANYON RANCH

DESIGN

Canyon Ranch Lenox unveils refreshed spa

Multi-million dollar spa renovation revealed

[p05](#)



PHOTO: SIX SENSES

GROWTH

Six Senses to make first foray into UAE in 2024

Operator will open resort and residences in Dubai

[p12](#)

Registration open for SpaFest's September gathering on Cornish coast, says **Amanda Winwood**

An annual industry event SpaFest will take place on 26-28 September 2022 at five-star eco-resort Gwel an Mor, in Cornwall, UK.

The two-day event focuses on people, planet and health, and seeks to provide a relaxed and informal setting for spa leaders to connect on a personal level.

SpaFest is the brainchild of Amanda Winwood – founder of skincare, spa and wellbeing brand Made for Life Organics – and is a not-for-profit event to benefit the Made for Life Foundation, which supports people living with cancer.

According to Winwood, the goal for SpaFest is to enable attendees to share views and thoughts on wellbeing in work and life, while also facilitating meaningful discussions



■ Amanda Winwood, founder of SpaFest

Our event will build on the themes of heartfelt wellness leadership and trends for 2022 and beyond

about trends, leadership and how to integrate sustainable strategies into spa businesses.

"It's a unique way for industry professionals to reconnect, rebuild and re-energise their personal and professional wellbeing," she says.

"Our 2022 event will build on the themes of heartfelt wellness leadership and trends for 2022 and beyond. As always, SpaFest provides many opportunities to simply enjoy conversations with like-minded colleagues and enjoy the beautiful landscapes of Cornwall."

The event programme is in the works and is promised to offer a balance of education, inspiration and social wellbeing activities.

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PHOTO: MADE FOR LIFE FOUNDATION

Michelin-star chef **Tristan Brandt** aligns with Carillon Miami



■ Tristan Brandt is a celebrated two-Michelin starred chef

Carillon Miami Wellness Resort is set to partner with chef Tristan Brandt to introduce a new destination restaurant at the resort in Q2.

Brandt is an award-winning chef with two Michelin stars and will oversee culinary operations for the new dining concept.

His signature style is defined by a focus on modern French cuisine with Asian influences. He's also praised for his creative flair for plating,

I can't wait to start and take this new dining experience – and Carillon Miami – to the top

which has been referred to as 'art on a plate'.

"With a ready supply of local ingredients from both the land and ocean, as well as enthusiastic clientele, I can't wait to start and take this new dining experience – and Carillon Miami – to the top," said Brandt.

Born and raised in the city of Mainz along the Rhine River in west-central

Germany, Brandt's passion for cooking began at an early age.

His culinary career spans stint with Michelin-starred chefs such as Harald Wohlfahrt***, Dieter Müller***, Jean-Georges Klein*** and Stefan Stiller**, as well as Jordi Cruz**, Herbert Brockel* and Manfred Schwarz*.

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PHOTO: CARILLON MIAMI WELLNESS RESORT



PHOTO: GLEN IVY HOT SPRINGS

■ Hervé Blonde – the newly appointed general manager of Glen Ivy Hot Springs

{ I look forward to building upon Glen Ivy's legacy while strengthening operations }

Hervé Blondel joins Glen Ivy Hot Springs ahead of US\$2.5m renovation

Southern California wellness destination Glen Ivy Hot Springs has announced the appointment of Hervé Blondel as the property's new general manager.

Blondel has a background in managing luxury resorts in international destinations, including Europe, the US and South America. In his most recent role, Blondel led the team at Rancho La Puerta, where he was general manager for three years and managed a team of 450 people over 4,500 acres of land.

"It's an honour and a privilege to join the Glen Ivy team," Blondel said.

"I look forward to building upon its legacy while strengthening the operations to create memorable experiences for new and returning guests."

Blondel will begin his tenure with Glen Ivy as the resort has just undertaken a US\$2.5m (€2.2m, £1.8m) investment to further enhance the guest experience.

The renovations include resurfacing paved areas and pool decks in addition to upgrades and enhancements in the guest reception area, treatment facilities, the Bath House and Ivy Kitchen.

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TRAINING

Raison d'Etre adds new training modules

Spa consultancy Raison d'Etre has introduced sustainability modules into its global online spa management course.

Raison d'Etre says the move was motivated by customers' increasing awareness of the climate crisis and how this has consequently shifted their expectations of spas. Spa businesses are now under growing pressure to actively show they're forward-thinking when it comes to implementing more sustainable options within their operations.

Called Spa Business Education, the online course has been upgraded with six chapters dedicated to sustainability. These consist of Design and Construction, Energy Consumption,

Suppliers, Working Place, Products and Services and Engagement.

Course mentor Nikos Kouremenos said: "Sustainability has always been an important part of the spa industry, particularly as it's known to consume a lot of energy through facilities and behind-the-scenes."

"There's always more to be done in the way of sustainability, which is why we're delighted to have introduced these new chapters to the course in order to educate our students."

The training costs US\$2,195 (£1,618, €1,919) per student and takes four months to complete.

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SHUTTERSTOCK/TAKE A PIX MEDIA

■ The course costs US\$2,195 (£1,618, €1,919) each



There's always more to be done in terms of sustainability

Nikos Kouremenos

EVENTS

Global 'Massage Makes Me Happy Day' scheduled for March



PHOTO: MKMH



We created a toolkit with 50 ways to celebrate

Lynda Solien-Wolfe

20 March 2022 will mark Global Massage Makes Me Happy & Healthy Day (MMMHH Day), hosted by the Global Wellness Institute (GWI) Massage Initiative.

The event is organised to celebrate and spread awareness of the positive impacts of touch therapies to both consumers and medical professionals. Launched in 2018, MMMHH day takes place on 20 March so it always coincides with The International Day of Happiness.

For 2022, the initiative is hosting an hour-long online event where an array of specialists will share wellness and massage trends and highlight



SHUTTERSTOCK/PROSTOCK-STUDIO

■ Massage supports physical and emotional wellbeing

the science behind why massage is beneficial for both mind and body.

"We also created an online toolkit with 50 ways to celebrate," said Lynda Solien-Wolfe, chair of the GWI Initiative.

The organisation is inviting massage therapy schools to conduct online classes teaching at-home massage tricks to the local community.

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DESIGN

Canyon Ranch Lenox unveils refreshed spa

Canyon Ranch Lenox Resort in Massachusetts has unveiled a freshly renovated spa designed to inspire self-discovery and lifetime wellness.

The overhaul has seen the Lenox spa and its central relaxation spaces reimagined, with inspiration drawn from the property's stunning natural surroundings. Spa locker rooms have also been upgraded with new facilities.

The refresh has been brought to life by architect and interior designer Lauren Rottet of Rottet Studio. Features



The redesign is inspired by a nearby utopian community and emphasises utility and simplicity

Lauren Rottet

include warm wood highlights and stone and metal finishes paired with crisp white linen.

Inspired by the nearby Hancock Shaker Village – a utopian community – the new spa spaces emphasise themes of utility and simplicity.

According to Rottet, the overarching aesthetic celebrates the beauty of the area's rolling mountains and the ambience of an early American lifestyle through authentic and humble materials.

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PROGRAMMING

Buxton Crescent couples adventure with thermal bathing

Buxton Crescent, one of the UK's first spa hotels, has launched a three-night retreat blending nature immersion, hiking and thermal bathing.

Featuring two private hikes and three spa treatments, the Achieve Peak Health in the Peak District programme is designed to make the most of Northern England's picturesque yet hilly Peak District National Park and the town's natural mineral waters.

Buxton's thermal history originates from Roman times thanks to the warm-water springs beneath the hotel, which are directly piped into the hotel's spa.



SHUTTERSTOCK/VERTICAL-AXIS

■ Following a busy day outdoors, guests soak in the spa

As part of the schedule, Buxton Crescent has partnered with local hiking operator MyGuidedWalks to offer tailored hikes – ranging between three to 12 miles long.

Following an active day spent outdoors, guests are invited to reap the benefits of Buxton water's therapeutic qualities to aid recovery, with rituals including the Therapeutic Thermal Mud Pack.

Retreat attendees also receive an Underwater Jet Massage with alternating water pressure to target tension in muscles and promote a feeling of weightlessness.

The package is completed with a CO2 Infusion Mineral Bath, which harnesses Buxton's thermal mineral water alongside CO2 to enhance microcirculation to help lower blood pressure.

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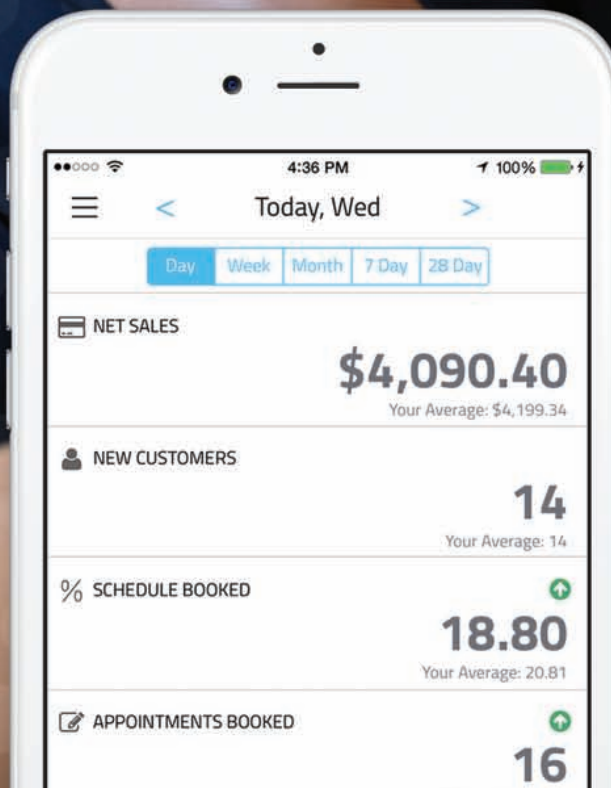
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VIRTUAL REALITY

Les Mills heads into the Metaverse

Les Mills has created a VR version of its Bodycombat workout and made it available in the Metaverse.

The global group fitness specialist has teamed up with VR specialist Odders Labs to transform the Bodycombat programme into a high-octane VR gaming app on the Quest platform.

The game pits players against martial arts challenges across a variety of levels.

Players earn points for their effort and technique, with Bodycombat programme



LES MILLS



The cultural convergence between fitness and gaming is sparking exciting collaborations

Rachael Newsham

directors Rachael Newsham and Dan Cohen providing coaching cues and motivation to power players through the workouts. The game features 25 training sessions ranging from basic to advanced levels

Rachael Newsham said: "The cultural convergence between fitness and gaming is sparking exciting collaborations and innovative products, so naturally we jumped at the chance to team up with Odders Labs to create something truly magical."

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FIND
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FITNESS

New research establishes best time of day to exercise

An international team of scientists has carried out a study to help gauge how and why exercise performed at different times of the day can have different effects on the body.

The research focused on how the body produces different health-promoting signalling molecules which have a broad impact on health, influencing sleep, memory, exercise performance and metabolic homeostasis.

Researchers looked at how exercise can produce the signalling molecules in an organ-specific manner depending on the time of day.



SHUTTERSTOCK/ PROSTOCK-STUDIO

■ An 'Atlas of Exercise Metabolism' has been published

The result is the publication of an 'Atlas of Exercise Metabolism' – a map of exercise-induced signalling molecules present in different tissues following exercise at different times of day.

Liz Terry, editorial director of *Spa Business*, commented: "These are incredibly important findings that will enable health club, spa and wellness operators to offer significantly more impactful interventions.

"It'll now be possible to design exercise schedules to enable customers to achieve specific outcomes in terms of wellbeing, enabling operators to significantly raise their game in terms of delivering benefits to customers.

"We hope wellness-related operators will this work to refine programmes and scheduling for the benefit of customers and the wider sector."

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Each One&Only resort celebrates its own distinctive location and Big Sky is the perfect site for guests and residents

Moving mountains

One&Only will bring Chenot Method stateside for the first time at its upcoming mountain retreat and residences in Montana

One Mountain Land Company and Kerzner International will launch the first One&Only resort and residential community in the US in 2024. One&Only Moonlight Basin will represent the brand's first alpine resort and be designed by architect Olson Kundig.

Located between the Lone Peak and Spanish Peaks mountains, the property will showcase Montana's alpine scenery and wildlife.

The destination will include 73 rooms in the main lodge, 19 villas throughout the resort, a ski lodge and a Chenot Spa.

Created alongside medical health and wellness retreat operator, Chenot, the spa will combine science-based health and beauty with alternative healing therapies.

The spa's approach will be anchored by The Chenot Method, a programme designed by Henri Chenot to protect the body from damage, toxin build-up and premature ageing.

The spa will be the very first North American location to offer Chenot Method programming.

A blended indoor/outdoor fitness centre will complement the wellness offering, created to evolve with the seasons.

Intimate in size, the architectural design of the resort will respect the destination's terrain and minimal impact will be made to the location's ecosystem during development.



PHOTO: ONE&ONLY RESORTS

■ The resort will seamlessly integrate into the landscape



PHOTO: ONE&ONLY RESORTS



I'm thrilled we're introducing One&Only's first resort and community of private homes in the US



The resort will seamlessly integrate into the landscape and be framed by the area's majestic mountain ranges.

"Each One&Only resort celebrates its own distinctive location and Big Sky is the perfect site for guests and residents alike to enjoy the very best of nature year-round through the life and energy of One&Only," said Philippe Zuber, Kerzner International CEO.

"I'm thrilled we're introducing our first resort and community of private homes in the US."

A One&Only first

One&Only Moonlight Basin will introduce the first community of One&Only private homes in the US, offering 62 private residences.

The free-standing Olson Kundig-designed homes will offer a contemporary design, complete

with glass walls to showcase Big Sky's soaring mountain ranges.

Amenities and experiences

One&Only Moonlight Basin will be connected by gondola to Big Sky's world-class skiing with over 5,800 skiable acres and will provide access to mountain golf courses and other outdoor leisure opportunities.

The resort will also offer an array of indoor and outdoor dining experiences curated using fresh, local ingredients and internationally-inspired cuisine.

Together, Lone Mountain Land Company and Kerzner international want to create a hub for adventure and a space to unwind. Activities will range from hiking, mountain biking, horseback riding and snowshoeing, to Alpine and Nordic skiing, fly fishing, dog sledding, and snowmobiling. ●



PHOTO: ONE&ONLY RESORTS

■ Philippe Zuber, Kerzner International CEO

The Johnstown Estate
Johnstownbridge, Ireland

Triple Detox Therapy



VERIFIED WELLNESS TECHNOLOGIES BY GHARIENI



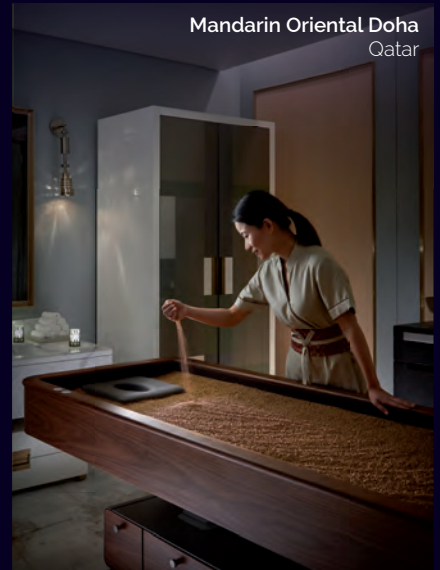
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Six Senses The Palm, Dubai marks a new milestone for the Six Senses brand as it enters this remarkable destination

Neil Jacobs, Six Senses CEO



PHOTO SIX SENSES

New beginnings

Six Senses has announced plans to launch its first destination in the UAE with a coral-inspired wellness sanctuary



PHOTO SIX SENSES

■ The spa, hotel and residences are being conceived with an architectural narrative inspired by coral reefs

Six Senses will enter the UAE market in 2024 with a 61-room hotel and 162 branded residences along a private stretch of beach on Palm

Jumeirah's West Crescent in Dubai.

The project is the result of a management agreement signed between Six Senses, real estate developer and investment company Select Group and joint venture partner Emirates Strategic Investments Company (ESIC).

The wellness club

At the core of Six Senses The Palm, Dubai, will be a 5,574sq m social and wellness club called Six Senses Place. The club will be completed by a Six Senses Spa inspired by textured coral reefs and bathed in natural light. Biophilic design elements will



■ The wellness menu will focus on recovery treatments and reconnection programmes

PHOTO: SIX SENSES

“From the bottom of the ocean to the signature rooftop bar, our concept celebrates the natural beauty of the Gulf”

also encourage natural circadian rhythms throughout the design.

The wellness menu will focus on recovery treatments and reconnection programmes to help guests, members and residents progress on their journey to optimal wellbeing.

The spa will have a longevity clinic, IV lounge, biohacking room, massage circuit pool, squash court and workout spaces.

Additional leisure spaces will include a central garden, pool, library, a selection of restaurants and bars, a kids’ club, games room and meeting rooms.

Commenting on the project, Six Senses CEO Neil Jacobs said: “Six Senses The Palm, Dubai marks a new milestone for the brand as it enters this remarkable destination.

“From the bottom of the ocean to the signature rooftop bar, our concept

celebrates the natural beauty of the Gulf, the solidarity and hospitality between host and visitors, and the journey that Dubai has been on, with its unique Emirati traditions and bubbling optimism for the future.”

The hotel and residences

Similar to the spa, the LEED-certified Six Senses hotel and residences are being conceived with an architectural narrative inspired by coral reefs.

Features will include undulating rooflines, silhouettes and cellular façades resembling coral’s natural form. This will create outward-looking environments that are shaded and protected from the sun.

The residential offering will include 162 branded residences including Penthouses, Royal Penthouses, and duplex Sky Villas.

There will also be nine five-bedroom beachfront Signature Villas, each offering a garden, infinity pool and views to the beach.

The residences will respect the natural landscape through colour and texture, completed by an understated yet sophisticated material palette of renders, stones and metals that reflect the marine environment that surrounds the site.

Along with the spacious and landscaped green areas, residents will have access to the hotel’s facilities and various leisure, sports, business and recreational facilities such as a micro farm, tennis courts, padel courts and running tracks.

Part of the IHG Hotels & Resorts family, Six Senses has now signed a further 34 properties into its development pipeline. ●



PHOTO: DAVINES GROUP

It's crucial we eco-design packaging right from the beginning of its lifecycle, while properly managing our products' end-of-life stage

Davide Bollati, chair, Davines Group

Rethinking packaging

With its commitment to meeting the highest standards in relation to sustainability and regeneration, Comfort Zone is reducing its plastic footprint through the use of innovative packaging design and an important partnership to stop ocean bound plastic

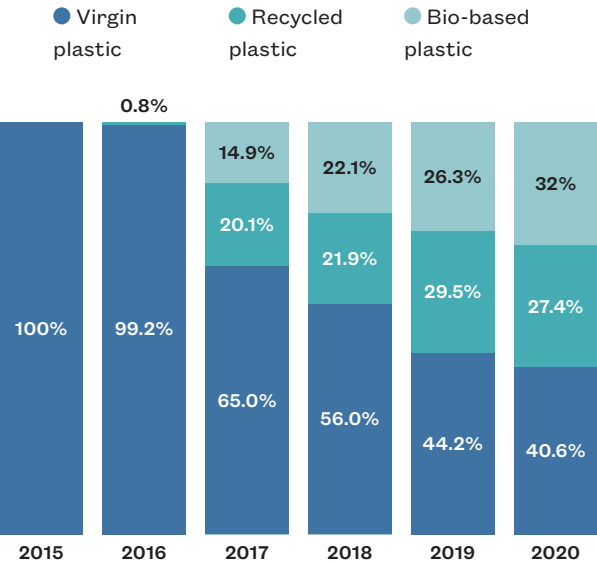
Italian B Corp, The Davines Group, is renowned for its commitment to the sustainable creation and production of its result-driven Comfort Zone skincare line. Since 2014, the company has been aware of the damaging impact plastic packaging is having on the planet and has been working hard to develop innovative solutions that remove the need to use



PHOTO: COMFORT ZONE/DAVINES GROUP

Comfort Zone has introduced recycled glass and a refillable solution in the new Sublime Skin anti-aging range

Table: Davines Group, evolution trend of virgin recycled and bio-based plastic packaging mix



plastic, while engaging with global initiatives that help to counter its impact on the environment.

A circular approach

Although the spa and beauty sector has always been reliant on plastic packaging and it has traditionally played an important role in keeping products fresh and ensuring a safe user experience, the Davines Group has been accelerating its efforts to challenge its reliance on the material.

Through a programme of rigorous product research and development, the focus has moved away from the use of virgin plastic made from fossil fuels, towards the use of innovative packaging materials made from recycled or renewable plastic. Comfort Zone has also reduced the weight of its glass packaging and introduced fully refillable solutions, while ensuring all its packaging is recyclable.

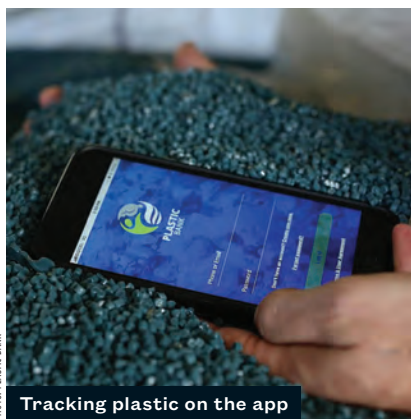
Following exhaustive scrutiny of the way it approaches the use of fossil fuel-based materials,

Without human ecology, there is simply no future

Tackling waste

Supporting sustainability initiatives enables the Comfort Zone to amplify its work to reduce its environmental impact

In autumn 2021, the Group started a plastic collection project with social enterprise, Plastic Bank (www.plasticbank.com), to prevent 100 tonnes of material being dispersed into the environment and ending up in the world's oceans.



Tracking plastic on the app



David Katz started Plastic Bank in 2013 – Comfort Zone is supporting the initiative

This initiative involves the management of ethical recycling ecosystems which are run by local people in the coastal communities of Indonesia, the Philippines and Brazil.

They gather ocean-bound plastic waste from land and beaches to stop it reaching our oceans and receive bonuses for doing so, which contribute towards the cost of food, fuel, school and health insurance, to help improve their quality of life.

Commenting on the partnership, Bollati says: “There’s no social sustainability without environmental sustainability, and no progress



without respect for ecosystems and human rights. Without human ecology, there is simply no future.”

the company has now updated its production processes so 59 per cent of all packaging used is recycled or bio-based plastic.

Significantly, Davines Group has reduced its reliance on plastic by a massive 631 tons since 2014, thanks to ongoing research and development into innovative, eco-friendly alternative package solutions.

Commenting, Davines Group chair, Davide Bollati, says: “We’re conscious that packaging has an environmental impact and no material can be considered perfect, but properly managing our products’ end-of-life stage is very important. It’s crucial we eco-design the packaging right from the beginning of that lifecycle.

“We aim for simplification, by reducing the volume of the packaging components as much as possible, eliminating unnecessary plastic elements and introducing refillable solutions, just as we’ve done for our new Comfort Zone Sublime Skin Intensive Serum,” he explains.

Plastic footprint

In 2020, the company calculated its plastic footprint using 3Ri standards (www.spabusiness.com/3ri), which revealed the business generated a total of 721.9 tons of plastic that year. This included waste produced by manufacturing and offices (27 per cent), plus the packaging of products sold worldwide (73 per cent).

These findings led to an investigation by the Group into whether its plastic waste was being correctly managed globally.

The outcome has been the development of initiatives to significantly reduce the company’s environmental impact in areas of the world where there’s a lack of institutions and technology to enable the full and proper recyclable process.

This has led to the partnership with Plastic Bank that will expand in 2022 to ensure an even stronger positive impact on planet and people. ●

More: www.spabusiness.com/ComfortZoneBlog

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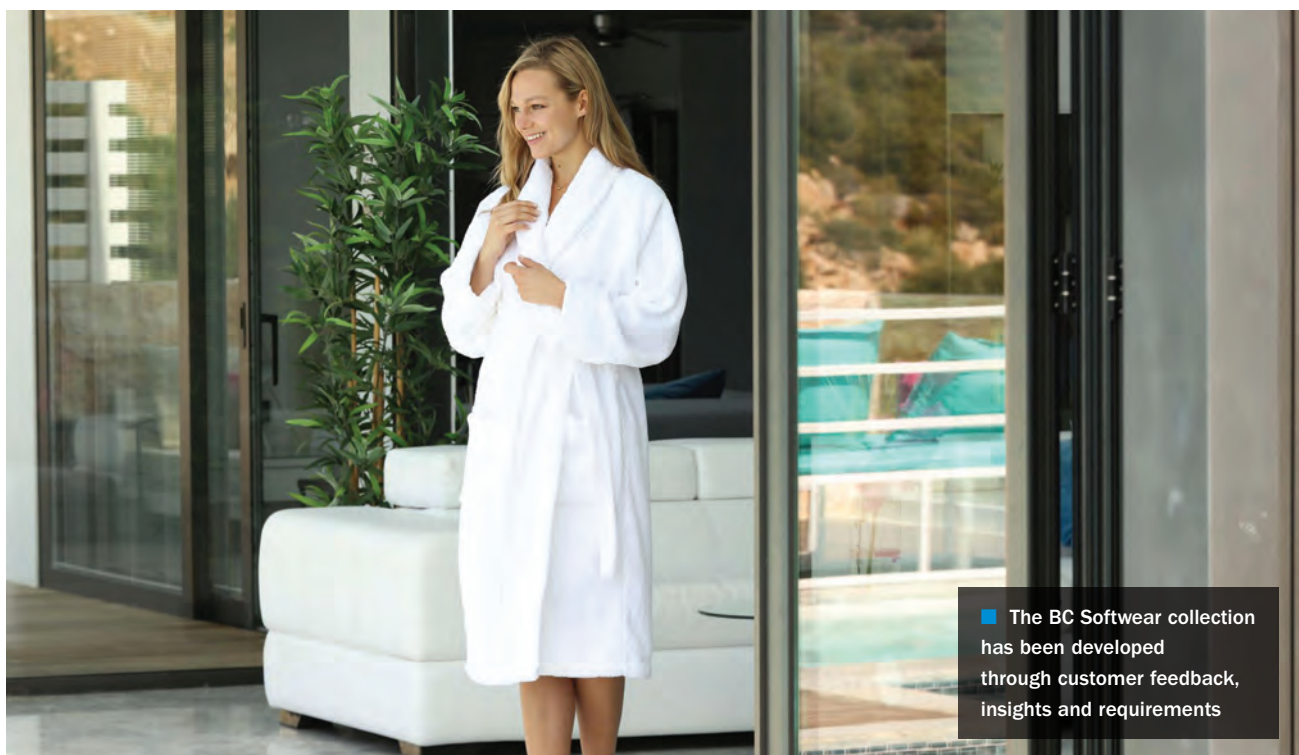


PHOTO: BC SOFTWARE

■ The BC Softwear collection has been developed through customer feedback, insights and requirements

Barbara Cooke celebrates BC Softwear's 20th-anniversary milestone

Luxury spa and hotel textile supplier BC Softwear has been in business for over 20 years and is now supplying more than 10,000 customers worldwide.

The company manufactures towels, robes and linen for spas and hotels and is planning to mark its 20th anniversary with a summer party at one of its customer's facilities, where clients, staff and industry colleagues can reconnect and help the team celebrate this milestone.

The business started out with a small towel and robe range, but as its reputation

grew, so did its collection. BC Softwear founder and CEO Barbara Cooke then expanded the line based on customer feedback and requirements.

"I started this business working entirely from home for the first five years," she explained, "mainly since I wanted to see more of my sons, having spent far too much time working away from home since they were born."

"Cliveden House was my very first customer and is still a loyal customer 20 years later, so it was rather appropriate to enjoy tea at Cliveden to celebrate our anniversary!

"I'm so proud and extremely grateful to have continued to supply the top hotels and spas in the UK whose loyalty and appreciation of our quality make us the successful company we are today.

"However the biggest thank you undoubtedly goes to my amazing team, whose hard work and dedication ensures the amazing customer service reputation we have today.

"Many of the staff have celebrated five-year, 10-year and nearly 15-year anniversaries. Thank you for your loyalty, team spirit and camaraderie, you're what truly makes the company."

Cooke told *Spa Business* that the key components to her business' success over the years are to:

- Remain passionate about your product.
- Love and listen to your customers.
- Create loyalty amongst your staff.

She concluded by revealing the biggest lesson she's learnt through 20 years of running a business in the industry; "never be afraid to fail, be afraid not to try".

More on spa-kit.net

READ MORE ONLINE

SUPPLIER NEWS

Living Earth Crafts launches NuWave spa loungers



PHOTO: LEC

■ Erica Coble, Living Earth Crafts VP of sales

Spa and wellness equipment manufacturer Living Earth Crafts (LEC) has unveiled two new versatile, built-to-order hardwood loungers.

The two new models – called NuWave and NuWave S – represent the next generation of LEC's existing Wave lounge collection.

The Nu models feature sleek hardwood bases and a zero-gravity positioning. Both are designed for use in spa relaxation areas as well as treatments for the head, hands and feet.

PHOTO: LEC



■ The loungers represent the next generation of LEC's Wave collection

The loungers have also been designed to allow spa teams to easily replace the Strata mattress, to extend the loungers' durability.

Each bed is equipped with Comfort-Flex premium PU fabric featuring the brand's in-house stain and peel resistant Tri-Bond technology, which strengthens the durability of the fabric.

"We feel the refreshed look breathes new life into the beds' timeless styling," said Erica Coble, Living Earth Crafts VP of sales.

"As you'd expect from our master craftsman at LEC, the hardwood lines and finishes are a perfect fit for any decor."

More on spa-kit.net

[READ MORE ONLINE](https://spa-kit.net)

Made for Life Organics' new range helps guests spa at home

Skincare, spa and wellbeing brand Made for Life Organics has introduced a new range of products designed to care for the body, mind and planet.

Amanda Winwood, managing director, explained: "Our new Made for Life at Home range was created by the increased need for self-care opportunities to be accessible at home to complement any wellbeing accessed within a spa or salon."

The Certified B Corporation company has unveiled a brand new candle, room diffuser and bath and body care set. Each product has been hand blended in Cornwall from organic herbs and flowers and is cruelty-free, in line with Made for Life's ethical beauty philosophy.



PHOTO: MADE FOR LIFE ORGANICS



■ Amanda Winwood, Made for Life Organics managing director

Made for Life's new candle is crafted from soy wax with a blend of ylang-ylang, lavender and geranium essential oils. The aromatherapy blend has been developed to help with stress, anxiety, sadness, tension and sleeplessness.

This essential oil combination also powers the collection's diffuser.

Drawing inspiration from the Mediterranean, Made For Life's body-care set is scented with neroli and mandarin to evoke fresh scents associated with

the sun-drenched coast and countryside of Italy and Spain.

Each set contains a gentle hand and body wash, as well as hand and body lotion.

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*Les Mills 2021 Global Fitness Report

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WEB ADDRESS BOOK

Connect with spa organisations from around the world.

We welcome your entries – write to spateam@leisuremedia.com

Asia-Pacific Spa & Wellness Coalition (APSWC)

■ www.apswc.org

Association of Malaysian Spas (AMSPA)

■ www.amspa.org.my

Bali Spa and Wellness Association

■ www.balispawellness-association.org

Brazilian Spas Association

■ www.abcs spas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

■ www.bubspa.org

Association of Spas of the Czech Republic

■ www.jedemedolazni.cz

Estonian Spa Association

■ www.estonianspas.eu

European Historic Thermal Towns Association

■ www.ehtta.eu

European Spas Association

■ www.espa-ehv.com

Federation of Holistic Therapists (FHT)

■ www.fht.org.uk

FEMTEC (the World Federation of Hydrotherapy and Climatotherapy)

■ <https://www.femteconline.org/m>

French Spa Association (SPA-A)

■ www.spa-a.org

German Spas Association

■ www.deutscher-heilbaederverband.de

Global Wellness Institute (GWI)

■ www.globalwellnessinstitute.org

Green Spa Network (GSN)

■ www.greenspanetwork.org

Hungarian Baths Association

■ www.furdoszovetseg.hu/en

Hydrothermal Spa Forum

■ www.hydrothermal-spa-forum.net

The Iceland Spa Association

■ www.visitspas.eu/iceland

The International Medical Spa Association

■ www.dayspaassociation.com/imsa

International Sauna Association

■ www.saunainternational.net

International Spa Association (ISPA)

■ www.experienceispa.com

Irish Spa Association

■ www.irishspaassociation.ie

Japan Spa Association

■ www.j-spa.jp

Leading Spas of Canada

■ www.leadingspasofcanada.com

National Guild of Spa Experts Russia

■ www.russiaspas.ru

Portuguese Spas Association

■ www.termasdeportugal.pt

Romanian Spa Organization

■ www.romanian-spas.ro

Salt Therapy Association

■ www.salttherapyassociation.org

Serbian Spas & Resorts Association

■ www.serbian spas.org

South African Spa Association

■ www.saspaassociation.co.za

Spanish National Spa Association

■ www.balnearios.org

Spa and Wellness Association of Africa (SWAA)

■ www.swaafrika.org

Spa Association of India

■ www.spaassociationofindia.in

Spa Industry Association

■ www.dayspaassociation.com

Spa & Wellness International Council

■ www.lswic.ru

The Sustainable Spa Association (SSA)

■ www.sustainable spas.org

Taiwan Spa Association

■ www.tspa.tw

Thai Spa Association

■ www.thaispaassociation.com

The UK Spa Association

■ www.spa-uk.org

Ukrainian SPA Association

■ www.facebook.com/UASPA