



CLICK TO READ

## Sanctum partners with Auberge

Global mindful movement specialist Sanctum will debut in the US in 2024 thanks to a new year-long partnership with Auberge Resorts Collection

Practised with headphones and a curated playlist, Sanctum's signature workout combines modern fitness, HIIT training, martial arts, breathwork and functional movement.

The concept was created by founder Luuk Melisse to unlock a sense of vulnerability, gratitude, self-acceptance and freedom for participants.

Sanctum's residency with Auberge will kick off in January at four of its 26 properties.

Each of the retreats will offer destination-driven itineraries featuring one or more Sanctum experiences per day, as well as convivial dining experiences, holistic spa treatments and local experiences.



SANCTUM

■ Luuk Melisse leads a Sanctum class

AUBERGE RESORTS

"We're excited about the chance to pioneer and advocate for unique and harmonious therapeutic experiences that haven't yet been introduced in our respective markets," said Vivianne Garcia-Tunon, vice president of wellbeing at Auberge.

**MORE >>>** [http://lei.sr/5H2S9\\_B](http://lei.sr/5H2S9_B)

**We're excited about the chance to pioneer unique and harmonious therapeutic experiences**

*Vivianne Garcia-Tunon*



CLINIQUE LA PRAIRIE

### EXPANSION

#### Clinique La Prairie opens Longevity Hub in Taiwan

The site marks the fourth globally

**p06**



THE PENINSULA LONDON

### NEW OPENING

#### Underground hotel spa launches in London

The Peninsula London unveils wellness facilities

**p10**



CAUDALIE

### PRODUCTS

#### Caudalie range reformulated with vegan collagen

Resveratrol-lift range relaunched

**p17**

MENTAL AND PHYSICAL  
WELLBEING

# RELX SATORI

WELLNESS LOUNGER

ADVANCED VIBROACOUSTICS



**GHARIENI**

[www.gharieni.com](http://www.gharieni.com)





- AN EFFORTLESS WAY TO IMPROVE MENTAL AND PHYSICAL WELLBEING
- WELLNESS TREATMENT FOR SYMPTOMS OF LOW-ENERGY, LACK OF SLEEP, ANXIETY AND STRESS
- SUPPORTS BEHAVIORAL CHANGE INCLUDING WEIGHT REDUCTION & ADDICTIVE BEHAVIORS
- EVIDENCE BASED



## Accor's **Emlyn Brown** predicts crucial health and wellness travel trends for 2024

**A**thlete-inspired wellness, social wellbeing and active nutrition are three of the hottest trends set to shape the wellness sector in 2024, according to Emlyn Brown, Accor's global senior vice president of wellbeing strategy, design and development.

In Brown's opinion, today's guests are no longer content with indulging in traditional spa treatments alone.

He says it's widely acknowledged among the global hospitality industry that a fundamental societal shift has taken place over the past few years.

What was once called the 'wellness trend' has taken root, as consumers and travellers worldwide are making long-term commitments to improving their health and wellbeing.



**The interface of technology and spa is very exciting**

*Emlyn Brown*

Looking to 2024, he expects optimising sleep for wellbeing, mindfulness enhanced by technology and pro-ageing services, including infrared saunas, IV therapy and high-tech face and bodycare treatments, to become mainstream, along with nonsurgical aesthetic procedures, such as microneedling, lasers and oxygen jets.

"The interface of technology and spa is very exciting, creating more effective, personalised results that truly move the dial on people's health and wellness," adds Brown.

"The advances in medi-tech are incredible. I truly believe wellness technology will help people live better for longer."

**MORE >>>** [http://lei.sr/d3U6B\\_B](http://lei.sr/d3U6B_B)



ARCH AMENITIES GROUP



**This strategic expansion marks a significant milestone in our global expansion**

*Barry Goldstein*

## **Barry Goldstein** unveils Arch Amenities' expansion into Canada

**A**rch Amenities Group (AAG) has branched into Canada with the acquisition of Personal Best Health and Performance, a Canadian leader in corporate wellness services.

Personal Best, based in Palgrave, Ontario, provides consultative and management services designed to maximise the benefit of employee fitness and lifestyle programmes.

The company specifies fitness equipment and layouts for building architects and designers and offers guidance on day-to-day operations,

staffing, policies, procedures, budgeting, safety and liability issues.

"This strategic expansion into the vibrant and dynamic markets within Canada – especially Toronto – marks a significant milestone in our global expansion and reinforces our dedication to providing innovative amenity management solutions," said Barry Goldstein, AAG CEO.

In other news, AAG's European branch recently announced a strategic collaboration with premium Spanish skincare brand Natura Bissé.

**MORE >>>** [http://lei.sr/g8E6X\\_B](http://lei.sr/g8E6X_B)



**The position involves setting MSpa's business strategy in Asia and leading the implementation of that strategy**

*Sandie Johannessen*

## Sandie Johannessen starts new role at Minor

**S**andie Johannessen has been appointed group director of spa and wellness at Minor Hotels – international hotel owner, operator and investor.

A seasoned spa industry figure, Johannessen will oversee the Asia branch of Minor's spa management arm – MSpa International.

Operating over 70 spas worldwide, MSpa launched in 1999 and has since expanded to include the Anantara Spa, Balance Wellness by Anantara, AvaniSpa, VIVID and VLCC brands.

Johannessen is now responsible for more than 45 projects across Asia and will sometimes be tapped to support other regions and Minor brands.

With more than two decades of experience, Johannessen has worked for Aman, Four Seasons and Shangri-La. Prior to her recent appointment, she served as the director of health and wellness at Zula Wellness Resort by Chiva-Som in Qatar.

**MORE >>>** [http://lei.sr/u7r8B\\_B](http://lei.sr/u7r8B_B)

04

### People news

Emlyn Brown reveals wellness trend predictions; expansion for Arch Amenities and Barry Goldstein; and new role at MSpa for Sandie Johannessen

07

### Design focus

Das Central, Sölden's new rooftop spa area connects guests with the outdoors

08

### Community health

UK Retailer, John Lewis, moves into preventative health and exercise prescription with Randox Health partnership

## SPA BUSINESS INSIGHTS

10

### New opening

The Peninsula London unveils Peter Marino-designed spa inspired by London's famous parks

14

### Event report

First-ever Wellness Hospitality Conference attracts 500 attendees to Milan

17

### Supplier news

The latest in products and innovation from Caudalie, Swissline, Esse Skincare, Temple Spa and ESPA

### Sign up to Spa Business insider:


**Online:** [www.spabusiness.com/signup](http://www.spabusiness.com/signup)

**Email:** [subs@leisuremedia.com](mailto:subs@leisuremedia.com)

**Tel:** +44 (0)1462 471930

Annual subscriptions:

International £114, UK £80 and UK students £42.

 @spabusinessmag

Read Spa Business and Spa Business insider free online: [www.spabusiness.com/archive](http://www.spabusiness.com/archive)

URBAN CONCEPTS

## Clinique La Prairie unveils urban Longevity Hub in Taipei

Clinique La Prairie (CLP) has announced the opening of its fourth global Longevity Hub in Taipei, Taiwan.

Following the launch of the urban hub concept in Madrid, Bangkok and Doha, the new destination offers a distilled version of the Swiss brand's signature offering, which is grounded in longevity science, preventative medicine, nutrition, wellness and health.

Programming in Taipei will focus on body and mind optimisation, with technologies including Neuro Wave Stimulation, cryotherapy, far infrared therapy, IV drips,

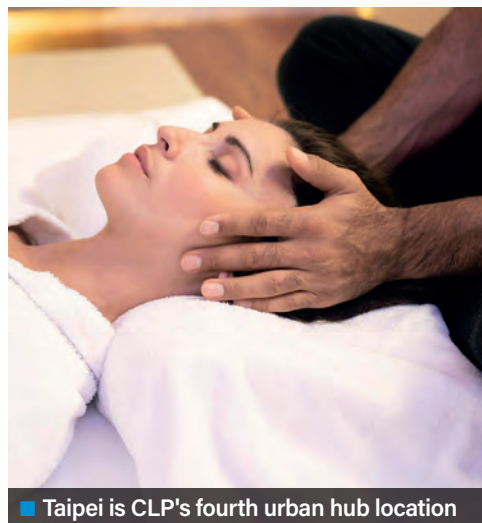
immersive experiences that promote balance and vitality and the latest body treatments.

Simone Gibertoni, CEO of CLP, commented: "We're honoured to announce this exciting opening in Asia which will deliver progressive health and wellness programmes in an ambience of unparalleled luxury."

The new edition of *Spa Business* magazine has an exclusive interview with Gibertoni about CLP's plans, including updates about its first health resort in China and location in Saudi Arabia giga-project, Amaala.

[www.spabusiness.com/gibertoni](http://www.spabusiness.com/gibertoni)

**MORE >>>** [http://lei.sr/r3t9d\\_B](http://lei.sr/r3t9d_B)



Taipei is CLP's fourth urban hub location

CLINIQUE LA PRAIRIE



**This exciting opening will deliver progressive health and wellness programmes**

*Simone Gibertoni*

FITNESS

## Xponential announces acquisition of Lindora



XPONENTIAL FITNESS

**Lindora's approach combines behavioural approaches with medical breakthroughs**

*Anthony Geisler*

Xponential Fitness has acquired metabolic health business, Lindora, as its 11th brand from Solis Capital Partners and Innovate Partners.

The move marks the company's first foray into the weight management market and responds to the increasing consumer demand for holistic health solutions.

The deal is expected to close in early 2024, when all Lindora clinics will become Xponential franchise locations.

CEO, Anthony Geisler, said:

"We've long admired Lindora's



Dr Amy lee, Lindora's chief medical officer, administering a Speciality Wellness Shot

LINDORA/BUSINESSWIRE

integrated approach to metabolic health, effectively combining behavioural approaches with the most recent medical breakthroughs, from weight loss medications to hormone replacement therapy and IV hydration."

**MORE >>>** [http://lei.sr/d5S5h\\_B](http://lei.sr/d5S5h_B)



The latest issue of Spa Business is out now

**SIGN UP FREE HERE**



## AWARDS

# Good Spa Guide 2023 awards announced

Spas from nine regions across the UK, from Scotland to the West Country, have won accolades in the Regional Good Spa Guide (GSG) Awards 2023.

Winners of the 10 categories were decided using the GSG's audit of its Bubble Rating system and the opinions of its Spa Spies who anonymously reviewed each location.

The brand new four-floor Guerlain Spa at Raffles London OWO scooped the top accolade for Best New Spa.

"These regional awards help us to celebrate the best spas in the

GOOD SPA GUIDE



**These spas represent the best in the industry**

*Caitlin Dalton*



country, from Scotland to Devon to London," said Caitlin Dalton, GSG director. "These spas represent the best in the industry – Congratulations to our winners and finalists for creating truly outstanding spas."

**MORE >>>** [http://lei.sr/J5u5z\\_B](http://lei.sr/J5u5z_B)

## DESIGN

# Das Central, Sölden launches rooftop spa area

A rooftop spa has been added to modern alpine escape Das Central in the heart of Sölden, high in the Austrian Alps, to refresh the property's wellness offering as part of a property-wide overhaul.

The update has also added a new lobby, 31 rooms and suites, event spaces, a bistro and bar.

The most striking addition to the spa is its new outdoor infinity pool which appears suspended in mid-air and keeps spa guests constantly connected to nature with views of nearby mountains.

The vision was to create an extraordinary spa experience high



DAS CENTRAL

**■ The spa keeps guests connected with nature**

above Sölden's rooftops, where relaxation meets a breathtaking mountain panorama.

The two-storey spa now covers 2,000sq m after an almost four-year project overseen by Mika Architecture.

Complete with six new treatment rooms, the design is finished with natural materials and wood furnishings to reflect its alpine setting.

**MORE >>>** [http://lei.sr/E7U4S\\_B](http://lei.sr/E7U4S_B)

**spa business**  
*insider*

## MEET THE TEAM

For email use:  
fullname@  
leisuremedia.com



Editorial director  
**Liz Terry**  
+44 (0)1462 431385



Spa Business editor  
**Katie Barnes**  
+44 (0)1462 471925



Publisher  
**Astrid Ros**  
+44 (0)1462 471911



Assistant editor  
**Megan Whitby**  
+44 (0)1462 471906



Head of digital  
**Tim Nash**  
+44 (0)1462 471917

Spa Business insider is published fortnightly by The Leisure Media Company Ltd, PO Box 424, Hitchin, SG5 9GF, UK.

The views expressed in this publication are those of the author and do not necessarily represent those of the publisher The Leisure Media Company Ltd.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by means, electronic, mechanical, photocopying, recorded or otherwise, without the prior permission of the copyright holder, Cybertrek Ltd. Printed by Preview Cromatic Ltd. Distributed by Royal Mail Group Ltd and Whistl Ltd in the UK and Total Mail Ltd globally.

©Cybertrek Ltd 2023.

ISSN: Print: 1753-3430 Digital: 2397-2408  
Subscribe to Spa Business and Spa Business insider at to [www.leisuremedia.com](http://www.leisuremedia.com), email: [subs@leisuremedia.com](mailto:subs@leisuremedia.com) or call +44 1462 431385.

## WELLNESS

### John Lewis moves into wellness with new health services

UK-based retailer, John Lewis, is launching a service which will enable customers to be proactive about managing their wellbeing, while also getting advice about exercise and nutrition.

The company, which already offers access to opticians and advice to expectant parents, has teamed up with health diagnostics outfit, Randox Health, to offer the preventative health service.

Customers will be able to get tests for gut health, fertility and hormone health, as well as genetic screening, while add-on services will deliver options to help them

optimise their physical activity, training and performance.

Prior to their consultation, customers will be asked to complete a medical and lifestyle questionnaire and once samples have been analysed, they'll be sent a diagnostics report. This will include their results, an interpretation of the findings and advice on next steps.

Executive director of John Lewis, Naomi Simcock, said: "As trusted stores for communities, we can play an important role in making services such as healthcare and wellness more convenient and accessible".

**MORE >>>** [http://lei.sr/V4r3u\\_B](http://lei.sr/V4r3u_B)



■ Gut, fertility and hormone health will be on offer to John Lewis customers



**We can make healthcare and wellness more accessible**

*Naomi Simcock*

## PROJECTS

### First glimpses revealed of Mandarin Oriental, Mayfair



**The vision was to create 'a hub of nature and art'**

Mandarin Oriental's second London hotel will launch in January 2024 in Mayfair, with a new boutique spa designed as a sister location to its flagship UK spa at Mandarin Oriental Hyde Park.

Facilities will include a pool, a sauna, vitality pools, experience showers, steamrooms and a gym.

The spa's interiors have been designed by Tokyo-based design studio, Curiosity.

The vision was to create 'a hub of nature and art' and Mandarin Oriental says the result will be a sleek and



■ The vision is to create a sleek urban wellness retreat

stylish wellness space that draws on the greenery of nearby Hanover Square.

Spa guests will be welcomed by a sculptural green Ming marble reception desk and an earthy palette of natural materials with candle-like lighting.

**MORE >>>** [http://lei.sr/n6Y5w\\_B](http://lei.sr/n6Y5w_B)

# Luxury in the Details

*Elegant Linen &  
Bathrobes*

[www.bcsoftwear.co.uk](http://www.bcsoftwear.co.uk)





I've worked hard to  
appoint a team of  
healers who give  
treatments with intent

Louise Molloy, director of spa and  
wellness The Peninsula London



# Urban retreat

The Peninsula hotel London has unveiled its underground spa  
inspired by London's famous parks, Megan Whitby paid a visit

**L**ondon has a substantial new urban spa following the unveiling of The Peninsula London's subterranean Spa and Wellness Centre.

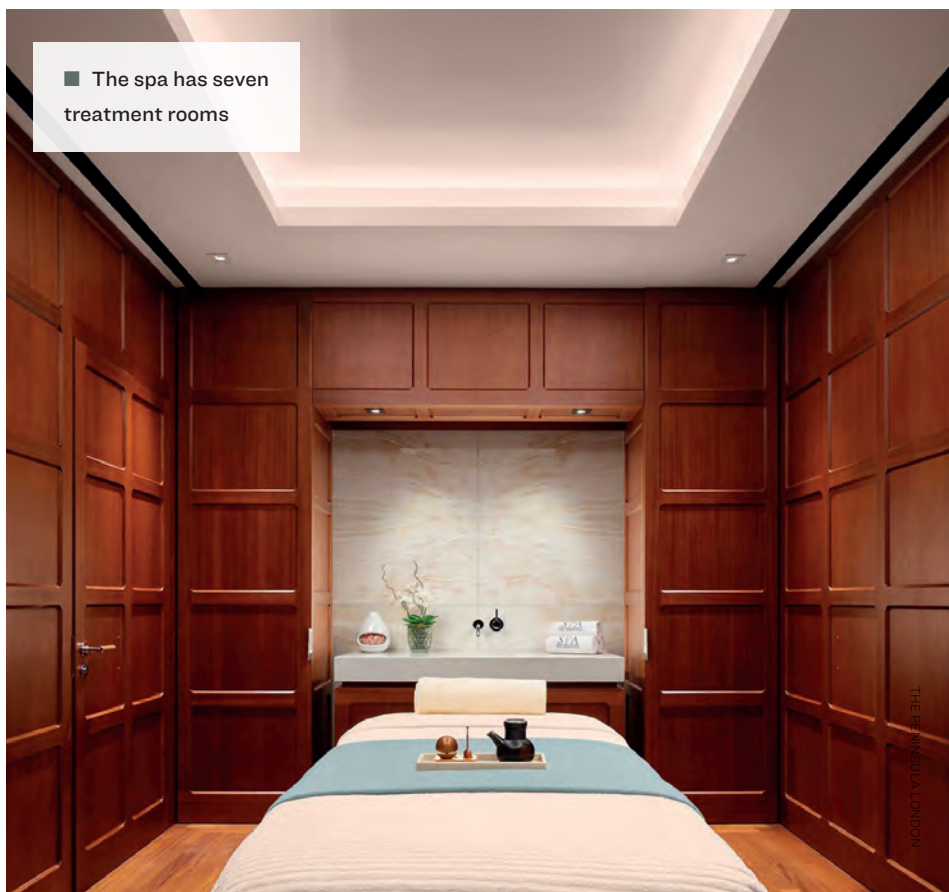
Located beneath the new 190-room hotel, the opening marks the final stage of the luxury Hong Kong hotel brand's seven-year journey to creating its London flagship.

Offering wellness and fitness amenities, the facility, which is built over two floors, was designed by architect and interior designer Peter Marino, with guidance from a Feng Shui master.

Marino created the design by taking inspiration from two of London's most famous green spaces – Hyde Park and Green Park – which neighbour the hotel.

## Dramatic centrepiece

The centrepiece is a double-height subterranean space housing a 25-metre pool and whirlpool, both lined with vivid turquoise tiles.





■ The pool area features light panels that change throughout the day to simulate daylight

THE PENINSULA LONDON

## Connection and relationship building is a core component of Peninsula's wellness philosophy

Guests can swim accompanied by music piped through underwater speakers, or relax and enjoy healthy snacks and teas on loungers or in semi-private cabanas.

In keeping with the focus on nature, the spa entrance features backlit murals of trees, while the pool area is adorned with mosaic tiles depicting tree canopies and overhead light panels that change throughout the day to simulate daylight.

All changing facilities feature a sauna, steamroom and ice fountain, as well as two relaxation rooms, a Technogym fitness studio and a hair salon where Belgravia stylist Errol Douglas MBE – who is known for looking after all hair types – takes appointments. ([www.erroldouglas.com](http://www.erroldouglas.com)).

### UK skincare debuts

Treatments are conducted in the spa's seven wood-panelled treatment rooms, where guests enjoy heated robes, Gharieni treatment beds, Italidea linen and Zero Waste amenities by Urb'n Nature.

Items on the spa's extensive treatment menu range from high-tech facials, provided by Swiss pro-ageing brand Margy's Monte Carlo, to traditional Ayurvedic therapies supplied by Australian aromatherapy brand, Subtle Energies.

Already established as two of The Peninsula group's preferred spa partners internationally, the launch of the London spa marks the official entry onto the UK spa scene for both brands.

### Masters in residence

To further support guests' physical, mental and emotional wellbeing, the spa offers access to a select group of therapists-in-residence.

These specialists are available for one- to two-hour appointments and deliver a variety of services ranging from acupuncture and Traditional Chinese Medicine to osteopathy and personal fitness.

### Long-term vision

Heading up the operation as director of spa and wellness is Louise Molloy – a spa veteran with more than 20 years' experience who has spent much of her career working in Hong Kong and the UAE.



- Molloy's strategy is guided by The Peninsula's 'Life Lived Best' brand-wide wellbeing initiative that focuses on physical health, emotional wellbeing and nutrition.

Launched in 2022, the programme gives guests at all Peninsula properties the chance to pursue wellbeing goals throughout their stay.

At The Peninsula London, these include the spa, healthy plant-based dining options throughout the hotel, a Subtle Energies turndown service and a Wellness Portal that gives guests round-the-clock access to wellness programmes, such as guided strength-training and meditation in the comfort of their room.

Thanks to the spa's luxury facilities, Molloy predicts the customer base will be split equally between hotel guests and day visitors.



## Peninsula's Life Lived Best wellbeing initiative is underpinned by physical health, emotional wellbeing and nutrition

She currently oversees a team of seven therapists but has plans to increase this to nine, she told *Spa Business*.

A trained therapist, Molloy said she's worked hard to appoint a purposeful team of healers who "give treatments with intent" and expects her team to be

capable of conducting approximately 40 treatments a day once at capacity.

Molloy revealed plans for an exclusive wellness membership service, as well as outdoor classes in the nearby parks to tap into the demand for nature-based experiences and group wellness programming.

"Connection and relationship building is a core component of Peninsula's wellness philosophy," she explained, "and consumers are much more aware of the importance of emotional health since COVID."

### About Peninsula Hotels

Established in 1928, Peninsula operates premium urban properties in 10 cities.

Destinations include the flagship in Hong Kong, in addition to Shanghai, Beijing, Tokyo, NYC, Chicago, Beverly Hills, Paris, Istanbul, Bangkok and Manila. ●

”

Some roads lead to your  
destiny rather  
than your destination.

Cit. Jules Verne

A social, useful, portable,  
virtual, and interactive  
companion to explore,  
with the heart,  
SPA after SPA

---

Raffaella Dallarda

**Digital ENGLISH version**

[inspatime.com](http://inspatime.com)



The 50 best  
**E-SPANSIVE**  
ITALIAN SPAs



ANTONIO VISCIO / WELLNESS HOSPITALITY CONFERENCE

■ *Spa Business* publisher Astrid Ros chaired a panel with Louise Moore, Julanda Marais and Emlyn Brown (L to R)

# Global gathering

The inaugural Wellness Hospitality Conference was recently hosted in Milan – a resounding success, the event drew more than 500 delegates

**T**he first edition of the Wellness Hospitality Conference (WHC), co-organised by Teamwork Hospitality and InSpaTime, was recently hosted at the NH Hotel in Milan and attracted more than 500 delegates from across Europe.

The event was created to encourage the exchange of ideas among professionals from the wellness and hospitality industries and also showcase Italy's wellness opportunities.

Delegates included consultants, designers, media, corporate spa and wellness leadership from established hospitality operators, industry suppliers and more.

Topics covered ranged from wellness architecture and design, new technology and sustainability to the latest and upcoming trends, key challenges for the industry and how to create a distinctive, competitive wellness offering.

Looking to the future, the WHC also explored how the industry predicts

consumer demand will evolve and how wellness services can adapt to meet changing expectations.

## Sharing knowledge

With 42 speakers drawn from around the world, attendees experienced a varied schedule of panels and keynotes – several of which were moderated by Raffaella Dallarda, InSpaTime founder and author of *E-SPAnsive*.

Industry figures who headlined the WHC included:



■ Raffaella Dallarda



■ Matteo Brusafferri



■ Alberto Apostoli (L) and Silvia Giannini (R)



■ Global spa and wellness specialist Andrew Gibson, shared insights with delegates

ANTONIO VISCIDO / WELLNESS HOSPITALITY CONFERENCE

■ Alberto Apostoli, founder of Studio Apostoli.

■ Andrew Gibson, international wellness and hospitality specialist.

■ Emlyn Brown, global VP of wellbeing at Accor.

■ Silvia Giannini, founder of Studio di Architettura Silvia Giannini.

■ Alcide Leali, CEO of Lefay Resorts.

■ Louise Moore, director spa operations and development of Hilton Group.

■ Julanda Marais, senior lead spa and wellness of Explora Journeys.



The quality of the presentations and the variety of topics discussed highlighted how broad and dynamic this sector is

### A bright future

Mauro Santinato, CEO of Teamwork Hospitality, labelled the WHC a major success and revealed that the 2024 edition will take place again in Milan on 21 November.

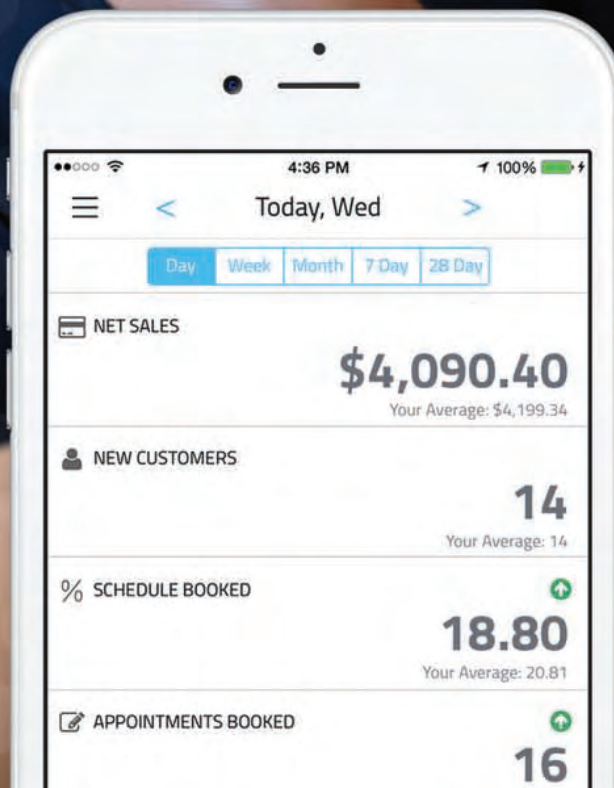
Matteo Brusafferri, GM of Lemi (the event's patron partner), added: "The quality of the presentations and the variety of topics discussed highlighted how broad and dynamic this sector is, and how important it is to continue investing in training, research and development." ●



booker

# All the Features You Need to Manage Your Spa and Delight Your Customers

Online Booking • Staff Scheduling • Integrated POS • CRM • And More



Learn why Booker is the leading spa management software  
[mindbodyonline.com/spa-software](https://mindbodyonline.com/spa-software)

# SUPPLIER NEWS

Industry innovators tell *Spa Business insider* about their latest product, design and technology launches

For the latest supplier news and company information, visit [spa-kit.net](http://spa-kit.net)



CAUDALIE

■ Featuring a serum, day cream, night cream and eye cream, the line will be used in an upcoming Caudalie facial

## Caudalie's Resveratrol-lift range reformulated with vegan collagen

Caudalie has introduced the next generation of its pro-ageing Resveratrol-lift range which has been updated with plant-based collagen, called Vegan Collagen 1.

According to Caudalie, the addition of the new ingredient makes the range even more effective at boosting the production of collagen fibres and supporting skin firmness.

In addition, the line is blended with Caudalie's exclusive Vine Resveratrol patent which is claimed to stimulate reparative protein activity within the skin; natural hyaluronic acid to plump

and hydrate; and a vegan collagen booster which further firms the skin.

The collection features an Instant Firming Serum, Firming Cashmere Cream, Firming Night Cream and Firming Eye Gel Cream.

Caudalie revealed to *Spa Business* that the products will be used in an upcoming treatment called Resveratrol-Lift Anti Wrinkle Sculpting.

The facial has been designed to offer a lifting pro-ageing ritual for the face and neck. Showcasing the new range, the protocol is underpinned by Caudalie's vine patent and Caudalift Muscle Stimulation technology.

As part of the collection's overhaul, Caudalie has taken a responsible approach to the production of Resveratrol-Lift.

To achieve this, Vegan Collagen 1 is produced using space-saving vertical farming methods on molecular farms for more sustainable agriculture.

The new range is also packaged in fully recyclable packaging, with both the Cashmere Cream and Firming Night Cream designed to be refilled using the eco-capsule system.

MORE ON [spa-kit.net](http://spa-kit.net)

<http://lei.sr/N5k0a>



**LES MILLS**

# Transform Hotel and Spa Wellness

Enhance your guest experience and transform your facilities with our world class fitness and wellness solutions.

[lesmills.com/hotel-fitness-programs](https://lesmills.com/hotel-fitness-programs)

## Esse Skincare goes stateside and expands into US market

**M**icrobiome skincare and spa brand Esse Skincare has expanded its global footprint to reach the US.

“The bulk of the company’s sales are in Scandinavia and Northern Europe and the US is a natural next step,” commented founder Trevor Steyn.



■ Trevor Steyn, founder of Esse Skincare

The company was launched in 2002 and its products are sold in more than 40 countries.

Claiming to have launched the world’s first live probiotic serum in 2015, Esse has continued to build on its offering in the medical aesthetic channel.

Steyn told *Spa Business* he has a five-year plan to hit US\$60 million in sales.

“The skincare industry seems obsessed with the appearance of skin and has a myriad quick-fixes to try to ‘get the glow.’ We’re interested in optimising underlying skin health and that requires a robust, diverse microbiome,” he said. “The process certainly requires more



ESSE SKINCARE

■ The range is carbon neutral and vegan

attention to detail, but we see this as the only way to improve ageing outcomes in the long term. Our innovation pipeline is strong and we hope to disrupt the status quo.”

**MORE ON [spa-kit.net](http://spa-kit.net)**  
**<http://lei.sr/0D3Q7>**

## Temple Spa adds new cleanser to Glow line

**E**asy Glowing is Temple Spa’s latest cleanser – designed to leave the skin with a radiant glow, balance the complexion and help support a healthy microbiome.

A gel-based cleanser, Easy Glowing is underpinned by antioxidant-, nutrient-rich oils and vitamins A, C and E, plus natural prebiotic sugars from dragon fruit.

Botanical extracts of blood orange, mango, tomato and broccoli, as well as astaxanthin, have also been added to help leave skin with a radiant glow. The product formula has been completed with an aroma of sweet orange oil to boost and uplift.

Sarah Ronchetti, Temple Spa VP and global head of spa, said: “We’ve been working on this



TEMPLE SPA

■ The gel transforms into an oil on application

formula for a long while and it had to be something amazing to join the already great lineup of high-performance cleansers already in our range. Glowing, healthy skin has never been more in.”

**MORE ON [spa-kit.net](http://spa-kit.net)** **<http://lei.sr/W0V7R>**

## Swissline debuts at Burj Al Arab Jumeirah in Dubai

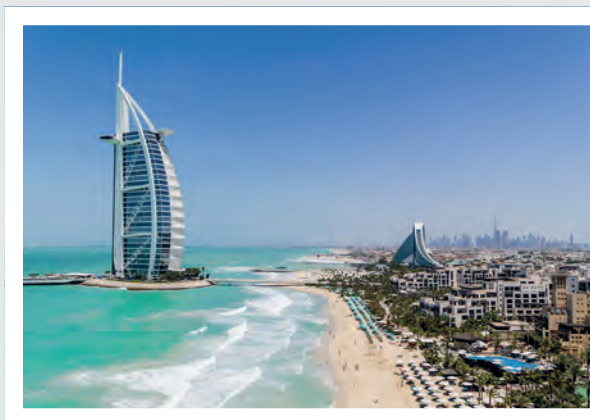
**L**uxury Dubai hotel Burj Al Arab has introduced Swissline skincare in its Talise Spa with nine new facials on offer, including one created exclusively for the property.

The signature Clinic Lémanic Sublime Youth Infusion treatment combines Swissline skincare with radio frequency skin tightening, LED light therapy and Human Tecar techniques.

Infused with plant stem cells and colloidal gold, the 90-minute ritual is claimed to promote DNA repair and strengthen the skin's underlying structure.

The eight other Swissline treatments on offer include collagen treatments (with and without LED therapy); a detox facial with ultrasonic spatula exfoliation; a brightening facial; a repair/recovery treatment pre-and post-aesthetic procedure; and express treatments.

Cristina Iancu, director of Talise Spa at Burj Al Arab Jumeirah, said: "Swissline – a brand rooted in the rich tradition of Swiss cellular therapy – has shown unwavering dedication to pioneering biotechnological



SWISSLINE

■ The Burj Al Arab spa has 14 treatment rooms

innovation over the last 30-plus years. In this exceptional collaboration, we wholeheartedly embrace the timeless essence of wellbeing, marking a profound journey together that celebrates a shared commitment to nurturing the body, mind and soul."

**MORE ON** [spa-kit.net](http://spa-kit.net) <http://lei.sr/S6K1p>

## ESPA launches Optimal Skin Cleansing Oil to purify and hydrate

**E**SPA has expanded its Optimal Skin Pro collection with a new oil-to-milk cleanser; the Optimal Skin Cleansing Oil.

"We're thrilled to launch a cleansing oil suitable for all skin types," said Daniel Golby, ESPA managing director.



ESPA

■ Daniel Golby, ESPA managing director

"Like all our Optimal Skin Pro collection, this new cleanser features an Omega+ Vitamin Complex combining the highest quality natural ingredients with a deeply sensorial experience."

The product is also formulated with upcycled oils (grapeseed, pumpkin seed and apricot), naturally caffeinated green coffee seed oil and myrtle, as well as an olive antioxidant complex.

The cleanser is completed with an essential oil blend of sweet orange, neroli and bergamot.

**MORE ON** [spa-kit.net](http://spa-kit.net)  
<http://lei.sr/R306N>



ESPA

■ The cleansing product joins ESPA's existing Optimal Skin Pro line



The new Sothys Academy has the capacity to host 24 therapists

## Sothys Academy has launched in Paris to inspire the next generation, reveals training director Isabelle Villey

**H**igh-quality effective training is one of the most fundamental pillars of any successful professional spa brand. For Sothys Group, this is one of its founding principles and has served as the inspiration behind the creation of its new international training centre in the heart of Paris.

Located in the 8th arrondissement, The Sothys Academy has been established to support and inspire skincare professionals globally. It constitutes not only the training headquarters for the group's three brands – Sothys, Bernard Cassiere and Beauty Garden – but also houses the group's HQ.

Sothys Group's vision was to create a highly adaptable working environment with a quintessentially Parisian feel. To execute this vision, it tapped the expertise of French architectural firm, Studio Kompa, and created a facility featuring areas for theory-based and practical training.

### A GLOBAL APPROACH

Capable of hosting 24 therapists, the centre is overseen by a team



PHOTO: SOTHYS

*The Sothys Academy has been created by and for beauticians to make learning a shared pleasure*

Isabelle Villey,  
Sothys Academy Director

of four international trainers, two US trainers, six local trainers and one for Latin America.

"The Sothys Academy has been created by and for beauticians to make learning a shared pleasure," explains Isabelle Villey, Sothys training director.

"It champions a varied, fun and participative teaching approach that enables students to become global Sothys ambassadors. Its opening

marks the establishment of a major new European flagship for our brands, as well as the introduction of an important central learning hub for our global partners.


"The academy's launch has elevated the Sothys Group name further and reinforced its position as one of the world's leading premium spa brands."

The company has devised an innovative schedule of training sessions to enable partner spas and their teams to top up their knowledge and upskill throughout the year.

For new spa partners, The Sothys Academy is hosting introductory account-opening training, plus one-day courses focused on signature treatments. Additional programmes include one-day sessions highlighting new product launches and a module dedicated to product advice and sales.

Sothys Academy is a trademark of Sothys Paris.

**More: [www.sothys.com](http://www.sothys.com)**

 [spa-kit.net](http://spa-kit.net) keyword: Sothys

# WEB ADDRESS BOOK

Connect with spa organisations from around the world.  
We welcome your entries – write to [spateam@leisuremedia.com](mailto:spateam@leisuremedia.com)

**Asia-Pacific Spa & Wellness Coalition (APSWC)**

■ [www.apswc.org](http://www.apswc.org)

**Association of Malaysian Spas (AMSPA)**

■ [www.amspa.org.my](http://www.amspa.org.my)

**Australian Hot and Mineral Springs Alliance**

■ [www.bathing.org](http://www.bathing.org)

**Australasian Wellness Association (ASWELL)**

■ <https://aswell.au>

**Bali Spa and Wellness Association**

■ [www.balispawellness-association.org](http://www.balispawellness-association.org)

**Brazilian Esthetics & Spas Association**

■ [www.abesbrasil.com.br](http://www.abesbrasil.com.br)

**Bulgarian Union for Balneology and Spa Tourism (BUBSPA)**

■ [www.bubspa.org](http://www.bubspa.org)

**Association of Spas of the Czech Republic**

■ [www.jedemedolazni.cz](http://www.jedemedolazni.cz)

**Estonian Spa Association**

■ [www.estonianspas.eu](http://www.estonianspas.eu)

**European Historic Thermal Towns Association**

■ [www.ehtta.eu](http://www.ehtta.eu)

**European Spas Association**

■ [www.europeanspas.eu](http://www.europeanspas.eu)

**Federation of Holistic Therapists (FHT)**

■ [www.fht.org.uk](http://www.fht.org.uk)

**Federterme**

■ [www.federterme.it](http://www.federterme.it)

**FEMTEC (the World Federation of Hydrotherapy and Climatotherapy)**

■ <https://www.femteconline.org/m>

**French Spa Association (SPA-A)**

■ [www.spa-a.org](http://www.spa-a.org)

**German Spas Association**

■ [www.deutscher-heilbaederverband.de](http://www.deutscher-heilbaederverband.de)

**Global Wellness Institute (GWI)**

■ [www.globalwellnessinstitute.org](http://www.globalwellnessinstitute.org)

**GSN Planet**

■ [www.gsnplanet.org](http://www.gsnplanet.org)

**Hot Springs Association**

■ <https://hotspringsassociation.com>

**Hungarian Baths Association**

■ [www.furdoszovetseg.hu/en](http://www.furdoszovetseg.hu/en)

**Hydrothermal Spa Forum**

■ [www.hydrothermal-spa-forum.net](http://www.hydrothermal-spa-forum.net)

**Icelandic Spa Association**

■ [www.hlsi.is](http://www.hlsi.is)

**The International Medical Spa Association**

■ [www.dayspaassociation.com/imsa](http://www.dayspaassociation.com/imsa)

**International Sauna Association**

■ [www.saunainternational.net](http://www.saunainternational.net)

**International Spa Association (ISPA)**

■ [www.experienceispa.com](http://www.experienceispa.com)

**Irish Spa Association**

■ [www.irishspaassociation.ie](http://www.irishspaassociation.ie)

**Japan Spa Association**

■ [www.j-spa.jp](http://www.j-spa.jp)

**Latin American Spa Association**

■ [www.spalatinoamerica.com](http://www.spalatinoamerica.com)

**Leading Spas of Canada**

■ [www.leadingspasofcanada.com](http://www.leadingspasofcanada.com)

**National Guild of Spa Experts Russia**

■ [www.russiaspas.ru](http://www.russiaspas.ru)

**Portuguese Spas Association**

■ [www.termasdeportugal.pt](http://www.termasdeportugal.pt)

**Romanian Spa Organization**

■ [www.romanian-spas.ro](http://www.romanian-spas.ro)

**Salt Therapy Association**

■ [www.salttherapyassociation.org](http://www.salttherapyassociation.org)

**Saudi Arabian Wellness Association**

■ [www.saudiwellness.org](http://www.saudiwellness.org)

**Sauna from Finland**

■ [www.saunafromfinland.com](http://www.saunafromfinland.com)

**Serbian Spas & Resorts Association**

■ [www.ubas.org.rs](http://www.ubas.org.rs)

**South African Spa Association**

■ [www.saspaassociation.co.za](http://www.saspaassociation.co.za)

**Spanish National Spa Association**

■ [www.balnearios.org](http://www.balnearios.org)

**Spa and Wellness Association of Africa (SWAA)**

■ [www.swafrica.org](http://www.swafrica.org)

**Spa & Wellness Association of Canada**

■ [www.spaandwellnessassociationofcanada.com](http://www.spaandwellnessassociationofcanada.com)

**Spa Association of India**

■ [www.spaassociationofindia.in](http://www.spaassociationofindia.in)

**Spa Industry Association**

■ [www.dayspaassociation.com](http://www.dayspaassociation.com)

**The Sustainable Spa Association (SSA)**

■ [www.sustainablespas.org](http://www.sustainablespas.org)

**Taiwan Spa Association**

■ <https://www.twspa.tw/>

**Thai Spa Association**

■ [www.thaispaassociation.com](http://www.thaispaassociation.com)

**The UK Spa Association**

■ [www.spa-uk.org](http://www.spa-uk.org)

**Ukrainian SPA Association**

■ [www.facebook.com/UASPA](http://www.facebook.com/UASPA)

**Wellness Tourism Association**

■ [www.wellnesstourismassociation.org](http://www.wellnesstourismassociation.org)