New research from the University of Alberta in Canada shows that children need just seven minutes of vigorous exercise a day to stay fit. However, most children fail to achieve this.

More than 600 children between the ages of nine and 17 wore monitors for seven days, which tracked their activity levels. They also had their weight, waist circumference and blood pressure regularly monitored.

Shockingly, almost 70 per cent of their time was spent on sedentary activities and 0.6 per cent on vigorous activity.

Details: http://lei.sr?a=a6i6s

The programme includes a number of free events

Virgin Media Space to open at Science Museum

A 1,800sq m purpose-built venue will open at the Science Museum in June 2013.

Showcasing the National Photography Collection from the National Media Museum, the Virgin Media Space will provide a forum to discuss works by contemporary artists across many disciplines.

Each year it will present two major exhibitions and a series of free installations. The cost of the project is £4m and is funded by two founding partners – Virgin Media and the Dana and Albert R Broccoli Foundation. Details: http://lei.sr?a=v7H7E
Work begins on £24m Derby arena

Construction work is set to begin on the £24m multi-use sports arena in Derby.

Located near Derby’s Pride Park Stadium, the 14,500sq m (156,077sq ft) will feature a 250m indoor cycling track and a 1.5km (0.9-mile) outdoor closed cycle trail. In the centre of the indoor cycling track will be a sports infield accommodating 12 badminton courts and hospitality facilities. The venue will be able to host 5,000 spectators.

Designed in partnership by Mace and FaulknerBrowns Architects, the arena will be built on the site of an existing park and ride facility and it is due for completion in early 2014. Bowmer and Kirkland have been appointed as contractors for the project. A groundbreaking ceremony was held on 22 November to mark the start of work on the new arena, after Sport England announced a £3m investment through its Iconic Facilities Olympic and Paralympic legacy fund.

The venue will form part of Sport England’s Olympic legacy plans and is also the centre-piece of Derby City Council’s (DCC) leisure strategy. Details: http://lei.sr?a=j6X5l

Preston Council gives green light to leisure upgrades

Preston Council has approved investment in two of the city’s leisure centres at a committee meeting last night.

Councillors say they are trying to take a positive approach and keep investing, even though other authorities are closing leisure sites.

Fulwood Leisure Centre will receive £16,000 for a mezzanine floor which will house a gym. This will compensate for the loss of Fulwood Academy gym, which is being demolished. The space beneath the mezzanine has yet to have a dedicated use. Details: http://lei.sr?a=KkzI

£1m inclusive sports initiative announced

Sport England has launched a new £1m initiative designed to improve access to community sports facilities for disabled people. The scheme will fund free training courses to help coaches, leaders, assistants and parents to develop the skills and confidence to include disabled people in sporting activity. The courses will be run by the English Federation of Disability Sport and sports coach UK.

Clubs across the UK where disabled people play sport will also be able to join in the Sainsbury’s Active Kids scheme, benefiting from free equipment and experiences through voucher collection. The number of disabled people playing sport at least once a week has increased by 160,000 over the past year and Sport England has been tasked with increasing participation levels further.

One in six disabled adults play sport regularly, compared with one in three non-disabled adults. Details: http://lei.sr?a=X8o6B
**£14.7m revamp for Ulster venue**

Ulster Rugby has secured £14.7m for the redevelopment of Ravenhill rugby grounds, Belfast, Northern Ireland. Northern Ireland-based contractor, Gilbert Ash, will carry out the construction with the first phase of the work expected to be completed by June 2013. The first phase features two new stands at the Memorial and Aquinas ends of the grounds. The new Memorial End stand will provide covered seating for approximately 2,400 people with terracing for a further 1,350 fans. It will house a ticket office, a shop, catering facilities and a new educational facility. The educational facility will promote the benefits of nutrition, a healthy lifestyle and the values of sport. The Aquinas stand will be the new family area. It will provide covered seating for 2,100 people with terracing for a further 1,300 fans. It will also house new changing facilities, treatment rooms, an indoor training surface and media facilities. Details: http://lei.sr?a=7a8z9

**Female-focused Us Girls expands services**

Us Girls has launched a new national scheme designed to improve the wellbeing of young women in England through increased sports participation. Us Girls Alive will add to the existing Us Girls sports participation programme – a female-only scheme delivered by a consortium of organisations and led by national sport development charity StreetGames. The initiative will support young female volunteers to assist in the development of Us Girls Alive clubs and to promote local physical activity programmes.

A £396,000 grant from the Department of Health will see 120 young female volunteer ‘Motivators’ create and manage 30 new Us Girls Alive clubs across England. The scheme will run until 2015 and will be rolled out across 15 locations, each containing two clubs. The locations are Liverpool, Manchester, Walsall, Wigan, Newcastle, Hastings, Birmingham, Chorley, Middlesbrough, Nottingham, Stoke, Lincoln, Penwith, Hammersmith and Thanet. The Motivators will be tasked with arranging and coordinating opportunities for physical activity, with each club having its own scheduled sessions at times appropriate for their communities. Details: http://lei.sr?a=U6GsS

**Work completed on Scottish snowsports centre**

Midlothian Snowsports Centre near Edinburgh, Scotland has reopened following a £600,000 redevelopment. Improvements at the centre include a new 210-m slope, 60m of new nursery slopes and the installation of new lift systems. The works, which is owned by Midlothian Council, were funded by sportscotland and the Boyd Anderson Trust. Stewart Harris, sportscotland CEO, said: “The revamp will encourage even more people onto the slopes.” Details: http://lei.sr?a=SoDiM

**Dunn named Paralympic head coach for athletics**

UK Athletics has named Paula Dunn as its new Paralympic head coach. Dunn was an integral part of the Paralympic coaching team which has dramatically turned around the performance of GB athletes since the 2008 Paralympic Games, with the team finishing second in the medal table in the 2011 World Championships and third at the London Paralympic Games this summer. A former 100m European bronze and Commonwealth silver medallist, Dunn takes up the post with immediate effect. Details: http://lei.sr?a=j5V5o

**£40m campus plans approved for Manchester**

Plans are underway to build a £40m community campus in east Manchester. The 16-acre development project is led by Manchester City Council (MCC) and supported by Manchester City Football Club. The Beswick Community Hub Masterplan sets out a blueprint for four key initiatives: a new leisure centre with a swimming pool; Connell Sixth Form College (a 600-place sixth form college for 16- to 19-year-olds); the Manchester Institute of Sports Science and Sport Medicine (a research and diagnostic facility) and the Manchester House of Sport (a proposed home for national and international sports bodies). Details: http://lei.sr?a=VoC70

**Welsh government to fund Red Card campaign**

The Welsh Government has awarded funding of £45,354 to support the work of Show Racism the Red Card (SRRC) for the next financial year. SRRC uses sport to educate young people about anti-racism. A spokesperson for the government said the funding will allow the organisation to visit schools and sports clubs and to hold workshops and educational events for an estimated 9,000 young people. Details: http://lei.sr?a=59ioj
**Broxbourne leisure centre gets £4m revamp**

Facilities at Grundy Park leisure centre in Broxbourne, Hertfordshire are undergoing a £4m revamp. Construction firm Morgan Sindal is carrying out the development, funded by Broxbourne Council.

Improvements will include a new health suite featuring a sauna, steamroom and spa pools, an extended Fit&Well gym, a group cycling studio, a dance studio, wetside changing rooms and a new café.

Construction is currently underway and the council estimates that the project will be completed in late 2013.

Details: [http://lei.sr?a=7g6t8](http://lei.sr?a=7g6t8)

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**Pre-sales start on new Hull budget gym**

Budget fitness chain Xercise4Less has secured planning permission for a site in Hull. The chain currently has seven sites – in Bolton, Castleford, Wigan, Doncaster, Leeds, Wakefield and Stockton-on-Tees and offers memberships for as little as £9.99 a month.

Following the blueprint, the Hull site will have 30,000sq ft of gym space zoned into different areas, including cardio, free weights and a combat zone with a full size boxing ring, a women only area and space for personal training and indoor cycling classes.

Details: [http://lei.sr?a=C2Y6I](http://lei.sr?a=C2Y6I)

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**Diamond secures Pure Gym maintenance deal**

Budget gym operator Pure Gym has appointed Diamond Facilities Support to provide it with facility maintenance services. The deal covers all Pure Gym sites in the UK as well as all future clubs.

Pure Gym plans to have 42 properties by the end of 2012.

Brian Scurrah, Pure Gym development director, said: “With our expansion plans, it was critical that we found a partner that could deal with our roll out plans and current estate.”

Details: [http://lei.sr?a=a4t4k](http://lei.sr?a=a4t4k)

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**ukactive and LTA to promote cardiac tennis**

Cardio tennis group sessions can be held both indoors and outdoors

David Stalker, ukactive CEO, said: “We’re pleased to be working in partnership with the LTA to get more people active by capitalising on the UK’s passion for tennis.”

Details: [http://lei.sr?a=Q6Xi](http://lei.sr?a=Q6Xi)

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**Fitness First completes restructuring**

Health club operator Fitness First has completed its restructuring, following a turbulent two-year period during which the privately-owned group has struggled under a burden of debt. Announcing the company’s full year results for 2011, CEO Andrew Cosslett said: “It’s no secret that 2011 was a difficult year for us.”

“We have rationalised our portfolio of clubs so that we have fewer, more profitable sites across the world.”

In February 2012, following a difficult period of trading, Fitness First parted company with its entire top team – including then chief executive Colin Waggett. He was replaced by turnaround specialist Chris Stone.

After setting the restructuring in motion, Stone handed over to Andrew Cossett - a former CEO of InterContinental Hotels Group.

The group is now controlled by Oaktree Capital Management and Marathon Capital.

Cosslett said that during the 12 months to 31 October 2011, Fitness First achieved more than £100m of pre-tax earnings (EBITDA) and that the company’s “troubles are behind it”.

“We have new owners who have completed a financial restructuring of the business that means we’re effectively debt free,” he said.

“In addition to our strong cash generation, we have capital available from our new owners which will allow us to invest in our clubs.”

Details: [http://lei.sr?a=X5sS](http://lei.sr?a=X5sS)

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**Marl Pits relaunched after makeover**

Marl Pits leisure centre in Rossendale has reopened its doors after a £2.6m refit.

It now boasts a 46-station gym, a dance studio, training room, new changing rooms and four five-a-side pitches, as well as the existing swimming pool. This is the single biggest investment that Rossendale Council has made in its 38-year history. Martin Kay, general manager of Rossendale Leisure, which runs the centre on behalf of the council, says it is now a centre of which the town can be proud.

Details: [http://lei.sr?a=You](http://lei.sr?a=You)
Budget brands join forces

Low-cost fitness operator The Gym Group is to partner budget hotel chain Travelodge as part of plans to find 10 new co-location sites in London and the south east.

The two companies will invest a total of £70m in the venture. As part of its expansion plans in London, The Gym Group has set itself the target of 20 new gyms in the capital by 2013.

Meanwhile, Travelodge is seeking to secure deals for an additional 50 hotels (5,030 rooms) by 2020. The deal is an extension of an existing partnership between the two companies - Gym Group currently operates four clubs at Travelodge hotels; in Plymouth, Guildford, Waterloo and Wembley. Travelodge’s managing director for development, Paul Harvey, said: “The four co-locations with The Gym Group have worked enormously well for both parties so it makes absolute sense for us to look for, and secure, sites together. This really helps us with our growth plans for London and the south east.

“Given the space requirements of both companies, as well as our compatible business models, it really is the perfect fit: The Gym Group on the ground or lower ground floor and Travelodge on the floors above.”

Details: http://lei.sr?a=5I4d7

Enfield centre reopens after £5.5m revamp

Southgate Leisure Centre in Enfield, London has reopened after a £5.5m revamp.

Enfield Council funded the renovations in partnership with sport and leisure management charity Fusion Lifestyle, which manages the leisure centre on behalf of the council. Improvements include the addition of a 95-station gym, two fitness studios, an indoor cycle studio and activity room. The reception area and parking facilities were also upgraded and a new café has opened overlooking the pool.

The leisure centre features an eco-friendly roof on the newly-built section of the centre. The ‘living roof’ will be planted with grass and plants to reduce the amount of rainwater that goes to drainage.

Bambos Charalambous, cabinet member for leisure, said: “The redevelopment of Southgate Leisure Centre has been a huge project. We’re impressed by the transformation and very proud of the standard of facilities now available.”

Details: http://lei.sr?a=P7e4D

Work to start on The Hub’s gym extension in Verwood

Work is to start on a new upgraded 50-station gym extension at The Hub leisure centre in Verwood, Dorset.

The project is part of a wider scheme to improve leisure and fitness provision in the region by East Dorset District Council (EDDC). Other initiatives include a new 3G all-weather sports pitch at Potterne Park and a new sports hall for the Emanuel Middle School.

The delivery of sport, leisure, arts and entertainment will also be concentrated under a new brand, entitled Lifestyle.

Spencer Flower, Leader of East Dorset District Council, said: “These developments will improve the sport and fitness facilities in the district and help us to meet our objectives to improve opportunities for young people in the area to live healthy and successful lives.”

EDDC has awarded the contract for building the extension to Drew Construction.

Details: http://lei.sr?a=w1G3U

New leisure centre planned for Hinckley

A new leisure centre is set to open in Hinckley, Leicestershire by March 2015.

The centre will feature a main 25m pool with six lanes and a learner pool.

It will also house a sports hall with six badminton courts, a health and fitness facility with 100 stations, two dance studios / multi-purpose rooms, a climbing wall and a health suite. The centre will be located in Argents Mead, which is currently occupied by the borough council offices.

The council is looking for an operator to design, build and run the centre.

Council leader Stuart Bray said: “The current leisure centre is well-used but is coming to the end of its life and it’s more cost-effective to build a new one rather than constantly patching up the existing one.”

The current leisure centre will remain in operation until the new facility opens in 2015.

Details: http://lei.sr?a=5sE3N

Study shows exercise leads to a longer life

Physical exercise can increase life expectancy by up to 4.5 years according to research from the National Cancer Institute, part of the National Institutes of Health in the US.

The research, which examined data on more than 650,000 adults, mostly above the age of 40, proved that physical exercise could help lengthen the lifespan of everyone, even if they are obese. The US Department of Health recommends adults aged 18-64 undertake 2.5 hours of moderate intensity exercise each week.

Details: http://lei.sr?a=O5P5Y

Details: http://lei.sr?a=S5E3N

Details: http://lei.sr?a=g14d7

Details: http://lei.sr?a=w1G3U

Details: http://lei.sr?a=P7e4D

Details: http://lei.sr?a=5sE3N

Details: http://lei.sr?a=O5P5Y

Details: http://lei.sr?a=g14d7
ME by Meliá, the hotel brand owned by Spain-based Meliá Hotels International, will open its latest property near Covent Garden in London this winter.

The hotel has been designed by Foster + Partners and features 157 individually-designed rooms including 16 suites. It is located on the site of the former Gaiety Theatre, Strand Music Hall and Marconi House.

Dining options will include Cucina Asellina, a rustic Italian restaurant and STK London, a modern adaptation of a steakhouse.

The Marconi Bar and the rooftop Radio Bar also form part of ME London, which joins other ME properties in the Spanish cities of Madrid and Barcelona and Cabo and Cancun in Mexico. Other facilities include a fitness area featuring a range of Technogym equipment.

Meliá Hotels International vice chair and CEO Gabriel Escarrer said: “The opening, after the Olympics, represents a step forward in our globalisation process and also makes a major contribution to the London luxury hotel scene.”

Details: http://lei.sr?a=C4j2G

Hyatt re-acquires Birmingham hotel for £33.7m

US-based Hyatt Hotels has re-acquired the Hyatt Regency Birmingham hotel for £33.7m. The group announced it will invest £6.5m (US$10m, €7.8m) on renovating and upgrading the 319-bedroom property. The hotel was operated by Hyatt from its opening in 1990 until 2002, when a private limited company, Hyatt Regency Birmingham, took over operations.

The renovations will cover a full revamp of the lobby, restaurant, bar and all of the guestroom floors. Details: http://lei.sr?a=F7GoL

Café Royal in London set to reopen as hotel

Café Royal on Regent Street, London is set to re-launch as a luxury hotel in December.

Designed by David Chipperfield Architects, the iconic property has been restored into a contemporary 159-guestroom hotel over the past four years.

Café Royal will house a 120sq m (1,292 sq ft) Akasha Holistic Wellbeing Centre that will span two floors and has been developed in conjunction with Netherlands-based 4SeasonsSpa.

The centre houses a large lap pool and four different areas, corresponding to the four elements: water (spa), fire (gym), air (yoga) and earth (organic bar). The spa offers a variety of Watsu hydro-experiences, a hammam and signature Akasha treatments.

The lower floor offers a wet room; a dry sauna; and a watsu pool. A yoga studio and the gym are on the upper-floor.

There are a range of restaurants, cafes and bars including the Grill and Domino rooms. Details: http://lei.sr?a=EiZ9P
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BodyWorks to open at Glasgow Science Centre

Work has begun at Glasgow Science Centre on a new permanent exhibition.

BodyWorks is set to open in March 2013 and will include a range of interactive displays exploring topics such as food, health and wellbeing. Among the topics explored by the exhibition are how food travels through the body and how diet and exercise have an impact on a body’s function and wellbeing.

Dr Gillian Lang, BodyWorks project leader at the Glasgow Science Centre, said: “A total of 115 interactive exhibits, research capsules and live laboratory experiences make up BodyWorks which will explore the science underpinning health and wellbeing in the 21st Century.”

Details: http://lei.sr?a=M7V8J

Edinburgh Zoo unveils new penguin enclosure plans

Edinburgh Zoo has unveiled plans for its new penguin area, Penguins Rock, which will be completed early next year, before the spring breeding season commences. External fencing is to be removed and replaced with glass and wood. There will also be enhanced viewing areas and creative interpretation.

Head of animals at the zoo, Darren McGarry, says the improvements will make visitors feel much closer to the penguins, and the birds will benefit from improved facilities such as diving platforms, slides, a bubble machine, a mock sandy beach and rocky areas.

The total cost of the new enclosure is £750,000. The Penguins Rock Appeal, launched in July, raised £130,000, which is the most successful fundraising appeal ever and smashed the £100,000 target. Other funding will come from trusts and the Royal Zoological Society of Scotland, which owns the zoo.

Details: http://lei.sr?a=e718v

Designer appointed for Dreamland

Hemingway Design has been appointed to design the new Dreamland theme park in Margate, Kent.

Wayne and Gerardine Hemingway, who made their name as fashion designers, have been tasked with creating the park’s overall scheme.

Stage one of the project to transform the site into a £10m heritage park is expected to open next year.

Nick Laister, chair of The Dreamland Trust, said: “Wayne and Gerardine have created some truly great places, from the transformation of Boscombe seafront to the regeneration of a rundown housing estate in Norfolk.

“At Dreamland, Hemingway Design’s job will be to bring our proposals to life, and I have no doubt that they will exceed our expectations.”

The Dreamland Margate restoration project represents a multi-million pound investment from the Department for Culture, Media and Sport’s Sea Change Programme, the Heritage Lottery Fund and Thanet District Council.

Efforts to revitalise the Dreamland site form part of a wider strategy involving MTCRC and the local authority, which aims to drive forward the regeneration of the Kent resort.

Last year, the £17.4m Turner Contemporary gallery, designed by David Chipperfield Architects and dedicated to the life of 19th century artist JM Turner, opened to the public.

Details: http://lei.sr?a=q4B2S

Sand sculpture theme park to open in Brighton

A sand sculpture theme park is set to open on disused land near Brighton Marina after Brighton and Hove City Council approved the temporary use of the former Black Rock swimming pool site.

A council initiative invited developers to come forward with ideas for temporary uses and the Brighton Sand Sculpture Festival (BSSF) was selected as offering the best chance of boosting the city’s economy.

Other proposals considered were a shopping centre made from converted shipping containers and a drive-in movie venue.

The sculpture park is expected to open from April to October, with the potential to extend beyond the summer season. The team behind the BSSF has run a similar attraction event at Weston-Super-Mare, Somerset, since 2006, and is now seeking a second venue.

Chair of the council’s economic development and culture committee, Geoffrey Bowden, said: “We’re confident this attraction would increase the numbers of people going to the eastern part of the seafront and that other businesses there will benefit as a result.

“We’re constantly aware of the need to boost business, particularly in this location. It is steadily improving, with the Brighton Wheel, the beach sports centre and more recently the proposed spa.”

A permanent use for the site is still being sought. Details: http://lei.sr?a=vsp6d
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Spabreaks.com has launched two new packages aimed at making spas more inclusive, sparking the discussion about whether UK spas are currently doing enough to make everyone welcome.

Launched following the Paralympics, and supported by Paralympic gold medalist Ellie Simmonds and disability rights campaigner Claire Lomas, Spas for All promotes spas which are welcoming to wheelchair users and people with disabilities.

Spabreaks.com founder, Abi Wright, said Spas for All was launched due to growing demand: “We were getting 10 enquiries a day from people with disabilities, which made us look at which spas are inclusive, so that we can advise our clients.”

Some venues have also agreed to take part in the Carer Goes Free programme, which allows disabled people to bring a helper with them free of charge, if they pay full price.

The second new product, Recovery Retreats is aimed at cancer survivors and was also launched because of consumer demand.

Spabreaks.com to make spas inclusive

Local authority spa up and running in Scotland

Renfrewshire Council’s £8.5m refurbishment of the Lagoon Leisure Centre in Paisley is now complete. The former ice rink has been converted into a wellness centre with a £500,000 spa, pool, gym, indoor cycling studio and conference space.

According to Joyce McKellar, chief executive of, Renfrewshire Leisure, which operates the centre, the driver for the Eve Spa was to bring a holistic edge to the centre, as well as making the relaxing aspects of a spa affordable for more people.

Spa memberships are being offered at £15.99 a month, which includes unlimited use of the wet and thermal facilities, and discounted treatments. Speaking two weeks after the launch, McKellar says the female/male split is an encouraging 70/30.

“Our oldest member so far is 80,” she says. “For now we are just advertising locally, but will be marketing it as a destination as well as targeting the corporate market.”

The all-weather spa is located in woodlands

The Moat Spa opens after £2m revamp

Ruthin Castle in north Wales has opened The Moat Spa – its all-weather spa concept incorporating indoor and outdoor experiences – after a £2m revamp.

The new spa is located in the woodlands of the privately-owned Ruthin Castle Hotel near Chester, with facilities including one of the UK’s first outdoor log-fired sauna tents. Owners Anthony and Amanda St Claire worked with Blue Spa and Leisure in designing the spa, a process which included researching Finnish, Siberian and Russian experiences. The Moat’s indoor spa facilities include spring water hot tubs, thermal rooms and a mud bath.

There are five treatment rooms including a VIP couple’s room with copper bath and private steamroom, a Moet in the Moat champagne nail bar and relaxation room.

Treatments are delivered using products made exclusively for the spa.
VisitEngland reveals 2013 plans

VisitEngland has announced plans to launch eight marketing campaigns in 2013 to boost domestic tourism next year. The campaigns will cover the four key themes of countryside, heritage, culture and coastal, and will be run in partnership with destinations from all over England as well as national commercial organisations.

Funded by a £2m grant from the government’s Regional Growth Fund (RGF), the themed campaigns will run on national radio, in newspaper supplements, and via social media and PR.

They will form phase two of a three-year investment project called ‘Growing Tourism Locally’. Funded by £19.8m from the RGF, the project aims to generate £365m in additional tourism spend over the three-year period and inspire more Britons to take more holidays at home. The project should help to stimulate employment to grow jobs in the tourism sector by 9,100 over the three years.

The total investment in the three-year campaign will be approximately £41m including the £19.8m from the RGF, £9m from VisitEngland and £12m leveraged from the national and local tourism sector. Details: http://lei.sr?a=a1p3N

UK boasts four of the top 10 European destinations

Four UK cities have been named in the Europe top 10 of TripAdvisor’s 2012 Travellers’ Choice Destinations in the Rise awards.

Glasgow, Manchester, Belfast and Liverpool came sixth, seventh, eighth and tenth respectively and Glasgow’s popularity is expected to be given a further boost with the hosting of the Commonwealth Games in 2014. Eastern Europe had a good result: with Ukraine capital, Kiev, coming out on top and Moscow and St Petersburg in Russia coming second and fourth. Details: http://lei.sr?a=V1B5Z

Maria Miller: tourism ‘key to UK’s growth’

The government is fully behind the tourism industry, according to culture secretary, Maria Miller.

The Jubilee, Olympics and Paralympics have resulted in a bumper year for UK tourism, with record tourism spend of £598m in August – a 9 per cent increase on 2011. Miller says the industry will need to be innovative and competitive to reap the benefits of this.

She warned against complacency in the face of rising international competition and said the industry must rise to the challenge of capturing the growing consumer base from countries like China, India and Brazil. “In Britain, this government recognises that tourism is a cornerstone of growth. Currently our fifth biggest industry, many think it could be our fastest growing sector over the next decade,” she said.

Miller went on to talk about how early forecasts from VisitBritain are encouraging, with analysis predicting tourism will generate £250m for the British economy over the next two years. Details: http://lei.sr?a=U1o2p

The culture secretary wants to build on 2012, a bumper year for tourism

The impact of the Olympics on tourism to the UK was something that caused considerable speculation this year. Some predicted the Olympics would be a cornucopia for the tourism industry, generating wealth by drawing visitors to this “one in a lifetime” opportunity. Others were concerned that the Games would scare away regular tourists due to fears of over-crowding and price-gouging. So who was right?

Well, looking at the International Passenger Survey figures for August and September it seems that the answer is that they were both right to an extent.

The Olympics did boost tourism expenditure but fewer people, especially people on holiday, came to the UK. The figures show that over the two months of August and September 2012 total visitor numbers to the UK were down by 150,000 over the corresponding two months of 2011 (a drop of 2.7 per cent). More importantly for many parts of the tourism industry, the number of holiday visitors was down from 2.55m to 2.43m (a drop of 4.7 per cent).

However, this decrease in visitor numbers was more than compensated for by the increase in expenditure that occurred over the two months. Total expenditure increased from £3.84bn to £4.33bn – an increase of 12.7%. This was a result of two main factors. The first is that visitors that come to the UK go to the Olympics spent more than regular holiday makers to the UK. The second reason is that there were a larger than normal number of business visitors to the UK during this period and they stayed longer than is usual for business visitors.

So while normal inbound tourism traffic over the summer period was significantly impacted by the Games which was detrimental to many tourism businesses (some attractions reported visitor numbers down by up to 40%) it seems that, overall, visitor numbers held up and there was a significant increase on tourism revenue.

And to end on some good news, it also seems that normal tourism flows have returned almost immediately after the Games ended.
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Manchester Printworks acquired for £94m

Landmark leisure development Manchester Printworks has been acquired by Land Securities for £94m.

Developed in 2000 in central Manchester, the 350,000sq ft (32,500sq m) leisure scheme pulled in nine million visitors last year.

It is 93 per cent let, with tenants including the only IMAX cinema in Manchester, a Virgin Active health club and a number of bars, restaurants and nightclubs; including wagamama, Wasabi Sushi, Prezzo and Tiger Tiger.

Land Securities’ executive director, Richard Akers, said: “Leisure is not subject to the same structural changes currently occurring in retail and its importance in how and where people choose to shop is growing. The Printworks is the dominant leisure scheme in one of the top cities in the UK and its acquisition builds on the significant relationships we have across our portfolio with leisure operators.”

Land Securities has the largest commercial property portfolio in the UK, managing 29 million sq ft ranging from shopping centres to London offices. This deal builds on its leisure investment: last year it acquired a 12 per cent stake in Capital & Regional’s X-Leisure fund, which owns indoor ski slopes.

The Printworks has been purchased from Resolution Property, which bought it in 2008 for £100m. Details: http://lei.sr?a=I6F0u

Council’s green initiatives paying off

Lewes District Council and Wave Leisure Trust (WLT) have been working together to generate greener and cheaper electricity for two of their local leisure centres.

The Downs Leisure Centre in Seaford and Lewes Leisure Centre have benefited from an investment of £170,000 by Lewes District Council to install solar photovoltaic (PV) panels. The PV cells convert the sunlight into electricity.

Since the installation of the panels in March 2012, the two centres have combined to generate more than £16,000 from Feed In Tariffs - the government’s scheme for paying PV users for feeding power back into the grid. In the six months since their installation the Downs Leisure Centre’s panels have created 23,000kw of energy, with Lewes producing 49,000kw. In total this has contributed to a reduction of 66 tonnes in CO2 - the equivalent of taking 11 cars off the road for a year.

James Page, leader of Lewes District Council, said: “Using sustainable energy sources is a positive way forward and we are already seeing income generated from the feed-in-tariffs on the panels installed at Wave Leisure.”

Details: http://lei.sr?a=16F0u

Starboard invests in upmarket hostels

Liverpool has been confirmed as the second site for Starboard Hotels’ upscale hostel brand, Smart City. Following the launch of a trailblazer site in Edinburgh, the company has said it will actively look for expansion opportunities in the luxury hostel market, as well as the entry level hotel market. The Liverpool site will be in the seven-storey former Kansas Buildings in the Cavern Quarter, which were previously retail premises. Quintain, Davis Coffer Lyons and Ockleston Bailey completed the sale.

Details: http://lei.sr?a=T5J7c

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Intrinsic Property

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New 168 bed Premier Inn development in the heart of Croydon’s office/business area.

Adjacent to the new East Croydon station entrance/concourse due to open 2013

Catchment of 675 hotel beds within 3 minutes walk: Premier Inn plus Hampton by Hilton, Jurys Inn, Travelodge

Ground floor unit to let to restaurant, bar, sandwich bar or coffee shop operators.

contact Simon Kelly
simon@intrinsicproperty.co.uk
020 3397 1757

St Luke’s Science and Sports College are looking for a turnkey solution that enables the College to develop space in the existing building into a state of the art fitness facility.

The successful bidder will be responsible for the funding of the procurement, development, design and refurbishment of the fitness facility and must be able to demonstrate considerable experience in developing such facilities. The successful bidder would be required to submit detailed design drawings to enable the PFI Contractor to procure the necessary construction works and fund the associated costs. The successful bidder will be required to deliver the project with no minimum repayment by the College at any point in the contract.

The College must have full and unrestricted access to the facility during school hours with the successful company operating the facility out of school hours in line with the contractual agreements. Maintenance, repair and replacing of fitness equipment will be the role of the successful bidder as will the operation of the facility. A proportion of the membership income will be made available to the College.

The successful bidder must be able to demonstrate successful projects that have been undertaken within the last 5 years, be able to supply suitable references and provide robust financial information which demonstrates their ability to develop the facility and maintain it for the period of the contract including the meeting of all legal costs necessitated as a result of the project.

For further information or to arrange a visit please contact Kealey Sherwood at ksherwood@st-lukes.devon.sch.uk. Additional information about the College can be found at www.st-lukes.devon.sch.uk

Interested organisations must complete a Pre-Qualification Questionnaire (PQQ) and those which satisfy the qualifying requirements may be invited to bid. Interested organisations can request a PQQ and information pack from ksherwood@st-lukes.devon.sch.uk

The PQQ should be returned in a sealed envelope addressed to the Chair of Governors, St Luke’s Science and Sports College, Harts Lane, Exeter, Devon, EX1 3RD by 12.00pm on 17th DECEMBER 2012.

Invitation to Tender

for the Management of the
WILLOWBROOK LEISURE CENTRE,
Didcot, Oxfordshire, United Kingdom

Didcot Town Council wishes to let a minimum 10 year contract for the management of the Willowbrook Leisure Centre, and is now seeking bids from suitably experienced and qualified contractors to operate the delivery of the service and maintenance of the facility.

The facility is located in the thriving town of Didcot, Oxfordshire, and includes a four badminton court sports hall, fitness suite, small hall, cafeteria and function/meeting room.

The closing date for the receipt of tenders is Noon 7th January 2013 with an anticipated contract commencement date of 1st April 2013.

For further details and a tender pack contact Dominic Stapleton (Town Clerk) via email at DStapleton@didcot.gov.uk or by telephone on 01235 812637.

Leisure Opportunity to Let

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These past few months have been exceptionally busy. Most recently, among all the activity we have been involved in three very exciting industry events.

SkillsActive had the pleasure of presenting in India, then featured as a lead partner at the annual ukactive Summit and also had the official announcement of the Register of Aquatic Professionals.

We were invited to lead a delegation of 14 sport and education professionals to The Global Sports Summit in New Delhi – India’s largest convention on the business of sport. The event was organised by the sports division of the Federation of India Chambers of Commerce and Industry and it is hoped that by working with officials in India a “SkillsActive India” can at some point be established.

Then, on 22 November, SkillsActive was the proud lead partner at the ukactive Summit. The summit, held in London, celebrated the future of the active leisure industry while also reflecting on the London 2012 Olympic legacy.

Most importantly the summit gave us the opportunity alongside the UKCES, to brief 350 employers on the new £150m Employer Ownership of Skills Fund.

The scheme will allow businesses to bid for a share of a £150m pot to create the opportunity alongside the UKCES, to brief 350 employers on the new £150m Employer Ownership of Skills Fund.

The official announcement of the development of the Register of Aquatic Professionals (RAPs) took place at the House of Commons, where we were lucky to have several distinguished guests in attendance, ranging from MPs and industry insiders to Olympic medallists such as swimmers Rebecca Adlington, Steve Parry and Duncan Goodhew.

All three events were fantastic examples of where we as an industry can pull together, both nationally and internationally. I’m excited to be moving forward and as the past few months have shown, we can achieve a great deal by working together.

**TRAINING**

Official launch event held for RAPs

SkillsActive has hosted a celebration event at the House of Commons to officially launch a new register dedicated to the aquatic industry.

The Register of Aquatic Professionals (RAPs) has been developed jointly by SkillsActive, the Swimming Teachers’ Association (STA), the Amateur Swimming Association (ASA) and the Royal Life Saving Society (RLSS). RAPs is designed to become the single qualification framework structure for the industry and will be owned and operated by SkillsActive.

It will look to provide verification that those working in the sector are fully qualified to perform their role. The qualifications accepted by RAPs will only include courses offered by the Amateur Swimming Association (ASA), the Swimming Teachers’ Association (STA) and The Royal Life Saving Society (RLSS).

Ian Taylor, CEO of SkillsActive, said: “RAPs marks a significant development for the aquatic industry and supports employers, individuals and the general public.

For the 160,000 people who currently work in the industry including swimming teachers and lifeguards, it provides clarity and consistency across the sector.

“This ground-breaking initiative could not have happened without government skills funding.”

Details: http://lei.sr?e=V8R7x

New apprenticeships for hospitality

The Institute of Hospitality (IOH) and People 1st have launched the first ever level 4 apprenticeship framework designed specifically for the hospitality industry. The Higher Apprenticeship in Hospitality Management (HAHM) will be based on the Level 4 Diploma in Advanced Hospitality and Tourism Management qualification.

John Cunningham, director of professional development at IOH, said: “This new higher apprenticeship provides a great opportunity to develop more of the future managers that will drive our industry, and to equip them with the practical knowledge and skills that they will need.

“The new apprenticeship framework also provides tremendous flexibility with a wide range of different units depending on a learner’s background, work and career direction.”

People 1st led the development of the new framework and, working in partnership with UH Ventures and University College Birmingham, has gained funding from the National Apprenticeship Service to set up the delivery infrastructure for the apprenticeships.

Ruth Asker-Browne, who leads People 1st’s apprenticeship work, said HAHM will provide a clear career path into more senior levels. We’ve worked closely with learners, employers, mentors and assessors from across the hospitality industry to make sure that this new framework will deliver practical training,” she said.

Details: http://lei.sr?e=k8Yz
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Admin Manager, DW Sports Fitness, Lincoln, UK
Sales and Retention Manager, DW Sports Fitness, Various locations, UK
Programme Assistant, UK Martial Arts, Tring, UK
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Leisure Manager, Persis School, Hampshire, UK
Sales and Retention Manager, DW Sports Fitness, Trafford, UK
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Commercial Ancillaries Manager, Thomas Cook, Peterborough, UK
Sales Manager, Everyone Active, Staines, Middx, UK
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Spa Managers, Resense Spa, Worldwide
Deputy Spa Manager, Bedruthan Steps Hotel & Spa, Mawgan Porth, Cornwall, UK
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Spa Supervisor, The Scarlet Hotel, Mawgan Porth, Cornwall, UK
Sales Consultant, Creative Fitness Marketing, UK and Ireland
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Partnership Officer (x 2), sportscotland, Inverclyde, Scotland, UK
Fitness Instructor (Part time), énergie group, Enfield, UK
Membership Sales / Duty Manager, énergie group, Enfield, UK
Personal Trainers, énergie group, Enfield, UK
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College Sport Maker, Woodhouse College, London, UK
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Club Development Manager, Wimbledon Racquets and Fitness Club, UK
Park Manager, Lee Valley Regional Park Authority, Queen Elizabeth Olympic Park, Stratford, London, UK
Graduate Trainee, Lee Valley Regional Park Authority, Enfield, North London, UK
Commercial Development Manager, Lee Valley Regional Park Authority, Enfield, North London, UK
Head of Recreational Badminton, Badminton England, Milton Keynes, UK
Trainee Personal Trainer / Fitness Instructor, The Training Room, Nationwide, UK
Senior Fitness Trainer, Oxygen Fit, Barnet, London, UK
Tennis Services Assistant, Lawn Tennis Association (LTA), Goole, Yorkshire, UK
Club Manager, Lee on the Solent Tennis Club, Lee-on-the-Solent, Hampshire, UK
Receptionist, Hynburn Leisure, Accrington, UK
General Managers, Forest Holidays, Scotland, Yorkshire or Hampshire, UK
Health and Fitness Managers, East Midlands Health Club, East Midlands, UK
Senior Sports Development Officer, Charnwood Borough Council, Leicester, UK
Assistant Manager - Customer Services, Aspire National Training Centre, Middx, UK
College Sports Maker, Sparsholt College Hampshire, Hampshire, UK
Health & Fitness Supervisor, GLL, Leyton, UK
Personal Trainers, Everyone Active, Warfold Leisure Centre - Central, UK
General Managers, The Gym Group, Various, UK
Assistant Manager Swiss Cottage, GLL, London Borough of Camden, UK
Partnership Manager, GLL, Location: Reading, UK
Personal Trainers, Everyone Active, Westcroft Leisure Centre, Sutton, UK
Customer Service Advisor, GLL, Horley Leisure Centre, Horley, Surrey, UK
Full time Membership Consultant, Everyone Active, Malvern, UK
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Membership Consultant, Everyone Active, Hinckley, UK
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Swimming Teacher Daytime, Everyone Active, Basildon, UK
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Membership Advisor, Wigan Leisure & Culture Trust, Cramwick, UK
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Membership Sales Consultant, Weybridge Health Club, Weybridge, Surrey, UK
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Membership Consultant / Duty Manager, énergie Group, Croydon, UK
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Full Time Lifeguard, Everyone Active, Cambridge, UK
Operations Manager - Leisure Centres Business Unit, Newark & Sherwood District Council, Newark, UK
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Area Managers, Borders Sports and Leisure Trust, Scottish Borders, UK
Health, Fitness and Wellbeing Manager, Borders Sport & Leisure Trust, Scottish Borders, UK
Health & Wellbeing Coordinator, Borders Sport & Leisure Trust, Scottish Borders, UK
Play Development Officer, Borders Sport & Leisure Trust, Scottish Borders, UK
Club Development Officer, Borders Sport & Leisure Trust, Scottish Borders, UK
Swimming, Senior Coach Full Time, ESF Educational Services, Hong Kong, Hong Kong SAR
Active Schools Coordinator, Borders Sport & Leisure Trust, Scottish Borders, UK
Active Communities Manager, Borders Sport & Leisure Trust, Scottish Borders, UK
Area Managers, Borders Sport & Leisure Trust, Scottish Borders, UK
Coach Educator (Academic Programmes), Loughborough, UK
Facilities Manager/Sports Development Officer, Fleckney Parish Council, Fleckney, Leicestershire, UK
Physical Activity and Development Manager, Valley Leisure Ltd, Romsey, UK
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This is a volunteer role; directors are not remunerated and the Chair is expected to commit approximately 2 days per month and, when necessary, to meet in evenings and at weekends.

A job description can be downloaded from the Vacancies section of the Angling Trust website at www.anglingtrust.net. Further information can be obtained from the current Chair, Mike Heylin, on mike.heylin@anglingtrust.net.

Applicants should complete an application form and send it, along with a current CV, marked “Personal” to Stuart Sharp, Angling Trust, Strelley Hall, Strelley, Nottingham NG8 6PE.

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CLOSING DATE FOR APPLICATIONS: 10 DECEMBER 2012

HEALTH CLUB MANAGEMENT HANDBOOK 2013

The 9th edition of the Health Club Management Handbook is being distributed in January 2013. The handbook is a comprehensive guide and reference tool distributed to industry operators, buyers and suppliers and available at leading industry events, LIW, IHRSA, FIBO & SIBEC.

FOR INDUSTRY SUPPLIERS

- Multiple listings of all industry suppliers by:
  - A-Z
  - Phone book
  - Web address book
  - Product selector
- Company profiles including key information, contact details, images of products and a picture of your company contact
- Vertical strip adverts in the address book section

FOR INDUSTRY OPERATORS

- Who’s who? of key industry personnel in the UK and Europe:
  - Private sector operators
  - Public sector operators
  - Industry organisations
- Features and reference material
- Predictions for 2012 from key industry figures
- Industry statistics
- Development pipeline – details of forthcoming projects across the sector
- Competitive edge – charity events to motivate your staff and members for the year ahead
- Diary dates – a guide to all industry events, shows and networking opportunities

BOOK YOUR SPACE NOW!

call: +44 (0)1462 431385
email: displaysales@leisuremedia.com

The Health Club Management Handbook is available to purchase at £25 per copy and all content will be available online at www.healthclubhandbook.com
Duty Manager x 3
£16,000 - £18,000 per annum
40hrs per week (on average)
based on a 3 week rolling rota

Wellington Health & Fitness Club is looking for 3 Aspiring Duty Managers. These roles provide the ideal opportunity to get on the first rung of the management ladder. We are looking for team players and hard-working and dedicated individuals that are currently working in leisure either as a Supervisor, Team Leader or Leisure Attendant in a large wet and dry leisure facility.

You must hold a current NPLQ and ideally First Aid and a relevant leisure based qualification. The Club is shared use with Wellington College as well as 2,500 members and is now looking to develop a new dynamic operational team. There will be specific responsibilities allocated to each post.

Application forms are available from our website www.wellingtoncollege.org.uk Alternatively, please contact Human Resources by email humanresources@wellingtoncollege.org.uk or by phone on 01344 444039. CV’s without an application form will not be accepted.

CLOSING DATE FRIDAY 7th DECEMBER.

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Lee Valley Park – a great place to visit and a brilliant place to work.

Duty Managers - £16,488 - £20,880 per annum (Fixed-term and permanent roles available)
Lee Valley White Water Centre, Waltham Cross, Herts

The award winning, 10,000 acre Lee Valley Regional Park stretches an incredible 26 miles along the leafy banks of the River Lee, from Ware in Hertfordshire to the Thames at East India Dock Basin. Whether it is white water rafting, athletics, golf, horse riding, ice skating, fishing, cycling, bird watching, camping or simply exploring the countryside, Lee Valley Regional Park offers something for its five million annual visitors. The Lee Valley Regional Park Authority (LVRA) is a key player in the London 2012 Olympic and Paralympic Games Legacy.

These fantastic opportunities have become available at the state-of-the-art Lee Valley White Water Centre. Assisting the Centre Manager, you will support the day-to-day running of the venue and retail operation ensuring a safe, welcoming and enjoyable experience for all visitors. Maintaining all indoor and outdoor facilities including buildings, grounds, the white water courses and equipment, you’ll make sure they are in good working order to minimise disruptions in service. You will also assist with developing and promoting the Centre and associated facilities using various marketing methods whilst maintaining information systems and records appropriate to the management of the venue.

With previous experience in a customer-facing role within a leisure facility, you should be a natural leader and someone who is approachable, able to deal calmly and professionally with any challenges that may arise, and have demonstrable experience managing both people and resources. If you have a canoeing coaching or raft guiding qualification, so much the better!

As you will be required to act as key holder and respond to emergency/security call-outs to the White Water Centre at any time outside normal working hours, flexibility is a pre-requisite to this role.

If you feel that you have the right blend of skills for this role, and would relish the opportunity to work at a world-class venue, please complete an application form, found on our website www.leevalleypark.org.uk/jobs and return it to: jobs@leevalleypark.org.uk or The HR Team, Myddelton House, Bulls Cross, Enfield EN2 9HG. Alternatively, please call 01992 709839 for an application pack.

Closing date: 14 December 2012

We are an equal opportunities employer. No Agencies Please.
£30m complex for Darlington

A £30m leisure complex will open in Darlington, County Durham by the end of next year. Darlington Borough Council has appointed UK property development group Terrace Hill to transform a 0.75-hectare former bus depot site into a leisure complex.

Designed by local architects Niven, the Feethams Leisure scheme will be anchored by a nine-screen multiplex cinema and will feature a hotel and a selection of restaurants and bars.

Terrace Hill has secured an agreement with VUE Entertainment to operate the cinema, and is in discussions with Whitbread which is interested in operating an 80-room Premier Inn hotel and Brewers Fayre restaurant.

The mixed-use development will be anchored by a Vue multiplex alongside branded restaurants, Terrace Hill is welcoming proposals from independent businesses that wish to locate at the complex. Details: http://lei.sr?a=6H8B7

£65m arena planned for Swindon

Swindon is bidding for national venue status, with a £65m arena planned for the Oasis Leisure Centre site.

Plans have gone on show for the public to give their views and planning permission is being sought. Leisure specialists S&P Architects are involved with the design of the new hub.

The project, led by developers Moirai Capital Investment, will result in some improvements at the 36-year-old swimming pool, as well as transforming a former factory site opposite into an arena, ski slope and leisure-related retail. The arena was initially going to contain 5,000 seats, but it has since been decided to increase capacity to 7,500, which would make it the second biggest venue in the south, behind the 20,000-seat O2 Arena in London.

Swindon Council’s cabinet member for leisure, Cllr Keith Williams, said: “It’s going to be one of the great venues. People will come for weekends to see the great acts here and also bring benefits for the hotels and knock-on benefits for the economy.” Details: http://lei.sr?a=DoR5v

New mixed-use project planned for Salford city centre

Salford City Council and The Peel Group have formed a joint venture to unlock a 43-acre (17.4 hectare) prime development site for retail, leisure, hotels, restaurants and pubs.

Conveniently placed for the Manchester Ship Canal, The Trafford Centre, Salford City Stadium and Trafford Golf Centre, the site has been split up into seven plots. Planning permission is already in place.

Improvements are being made to the road infrastructure which will be completed by summer 2015. Details: http://lei.sr?a=Y45A

Turfcare: The perfect mix of knowledge and practicality

Terrain and landscape professionals are being encouraged to attend a new turf and landscape training initiative called Turfcare.

From 15 July 2014 onwards, Minster Turfcare at the Thurlow Nunn Training Centre near Royston, Hertfordshire, will offer two-week packages of advice for landscape practitioners and turf managers to learn about the latest knowledge and innovation in turf management.

The project is a collaboration between the South & South East Deanery of the Landcare Research Foundation and Landcare Research. A one-day course is being offered in late October. Further details: turfcare.org.uk

For more information on Landcare Research Foundation and their work in the field of turf care, please visit: landcare.org.uk

The Oasis Leisure Centre is the proposed location for the £65m arena planned for Swindon. The project, led by developers Moirai Capital Investment, will result in some improvements at the 36-year-old swimming pool, as well as transforming a former factory site opposite into an arena, ski slope and leisure-related retail. The arena was initially going to contain 5,000 seats, but it has since been decided to increase capacity to 7,500, which would make it the second biggest venue in the south, behind the 20,000-seat O2 Arena in London.

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