

spa opportunities

24 MAY - 06 JUNE 2013 ISSUE 164

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Broken Sound gets US\$7m “moonstone” inspired spa

Broken Sound Club, a Platinum Club in Boca Raton, Florida has unveiled a US\$7m (€5.4m, £4.5m) free-standing spa and fitness centre.

The 13,100sq ft (1,217sq m) Moonstone, The Spa at Broken Sound will be managed by American Leisure who are also responsible for the treatment concepts, product selection, and overseeing operations.

The spa, designed in warm natural tones, features six treatment rooms, plus a “Moonstone Suite” couples room, men’s and women’s locker rooms with showers, steamrooms, and whirlpools.

Its relaxation rooms, one for men and one for women, offer custom lounges, quiet lighting, and calming scents as well a range of beverages for guests prior to a treatment or service.



The spa is designed in warm natural tones to sooth stress and bring guests harmony

The diverse menu of services and treatments use cutting-edge esthetics equipment and natural products for women as well as a special “men’s only” spa treatments and services menu that includes traditional

barber services with manicure and pedicure options.

American Leisure’s executive vice president, Maureen Fletcher Bankson said that it features its most unique spa menu to date. Treatment options range from the Moonstone Signature Facial and Ultimate Anti-Aging Facial to Instant Rejuvenate Restoring Treatments and Notox Botox.

There is a 2,200 sq ft (204sq m) salon with stylists, two hair blow dry bars, two princess rooms for private pampering, and manicure and pedicures.

The spa draws inspiration from the moonstone, which represents growth and strength and has been used by healers for generations. They are said to have “reflective, calming energy.” Details: <http://lei.sr?a=Y3x3V>

Viceroy picked to manage US\$1bn Palm

Dubai-based SKAI Holdings has selected the Viceroy Hotel Group to manage the Viceroy Dubai, Palm Jumeirah, which will open in 2017.

The billion dollar resort marks the company’s first venture into Dubai and its second in the UAE joining Yas Viceroy Abu Dhabi.

The architecture and design will be led by Yabu Pushelberg and NAO Taniyama and Associates, the resort will offer 481 guestrooms and suites, all with views of the Arabian Gulf.

Located at the base trunk of The Palm Jumeirah, the resort will feature a “modern” spa, pool and global dining. Details: <http://lei.sr?a=O7q2O>

New private island destination spa

Thailand-based AKARYN Hospitality Management Services (AHMS) is set to open a destination spa and retreat on Koh Krabeay, a private island in Cambodia.

Due to launch in Q2 2015, AKARYN Koh Krabeay Retreat & Spa will feature anti-aging treatments, advanced meditation techniques, yoga for connoisseurs of the practice, latest thinking on harmonious living in nature and other advanced therapies.

The retreat will offer a sustainable spa retreat with 40 spacious pool villas.

It will feature a meditation cave, walking meditation practice, and a guru of meditation will be invited to teach on week-long learning retreat. There will also be an organic garden with a wide selection of raw and healthy



The retreat will offer a walking meditation practice

produce. The retreat will specialise in weight loss, weight control and reaching your body’s desired equilibrium.

AHMS owner and chair of Small Luxury Hotels of theWorld Anchalka Kijkanakorn said that she envisaged the retreat becoming the group’s flagship property and a leading wellness escape. Details: <http://lei.sr?a=Z9l9m>

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Annual subscription rates are UK £31,

Europe £41, Rest of world £62, students UK £16.

Spa Opportunities is published fortnightly by The Leisure Media Company Limited, Portmill House, Portmill Lane, Hitchin, Herts SG5 1DJ, UK and is distributed in the USA by SPP, 75 Aberdeen Road, Emigsville, PA 17318-0437. Periodicals postage paid @ Manchester, PA POSTMASTER Send US address changes to Spa Opportunities, c/o PO Box 437, Emigsville, PA 17318-0437. The views expressed in print are those of the author and do not necessarily represent those of the publisher The Leisure Media Company Limited. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by means, electronic, mechanical, photocopying, recorded or otherwise without the prior permission of the copyright holder. Printed by GC Print Solutions plc. ©Cybertrek Ltd 2013 ISSN 0952/8210

Le Méridien hotel opens in Bali

Starwood Hotels & Resorts and PT Tiara Raya Bali International have announced the opening of the newly built Le Méridien Bali Jimbaran resort in Indonesia.

Located on the southwest coastline of Bali, the resort is set by the white sands of Jimbaran Bay, a secluded, tranquil locale that once housed a fishing village.

The hotel's 118 guest rooms and suites feature modern batik motifs and liquid art imagery by German artist Markus Reugels.

Ground floor guest rooms open directly onto a 1,300 sq m (13,993sq ft) organic form saltwater lagoon pool.

Guests at the Lagoon Access Room (or the Aqua Pool Sky Penthouse which comes with a private saltwater pool) have a private terrace with 24 hours access to the saltwater lagoon.

The hotel's Serenity spa features six 'experience' treatment rooms and a relaxation lounge. The spa boosts a "pure, potent and all natural" approach and signature treatments include



The newly built Bali resort will feature 118 guest rooms and suites

45-minute Cradle and Expand which engages guests through the power of deep breathing. It involves lengthening the spine and implicating mindfulness by focussing on the current state and eliminating negative emotions.

Express treatments are also on offer including the 30-minute express facial for those looking for a quick boost, while more intense 90-minute Stress Release Massage packages are also available. Details: <http://lei.sr?a=e3h9Q>

New regulation to protect Bali therapists

Companies, individuals and organisations overseas are now required to pay a minimum monthly wage if they want to employ spa therapists from Bali.

The new regulation has been issued by the Bali Agency for Placement and Protection of Migrant Workers (BP3TKI) and is supported by the National Agency for Overseas Labour Placement and Protection.

Wayan Pageh told *Bali Daily* that the regulation had been issued to provide adequate legal protection for migrant workers, in particular spa therapists from Bali working overseas: "Currently, around 59 countries are hiring spa therapists from the island."

The regulation stresses the importance of recruiting spa therapists from registered recruitment agencies and once they start working overseas, companies or users must report the presence of Balinese workers to the Indonesian consulate or their embassy. The spa therapists are entitled to a minimum



Under the regulation Bali therapists are entitled to US\$1,000 monthly

US\$1,000 (£653, €769) monthly wage, excluding health insurance, shelter and return tickets.

In some countries, like the US, Japan and in Europe, Balinese spa therapists are already paid \$1,000 and provided with health insurance.

However, there are still many reports revealing the gruelling facts of the recruitment process. "Recruitment through illegal agencies still flourishes," said Pageh. "This is why so many therapists are not treated properly in foreign countries, where they have no legal protection at all." Details: <http://lei.sr?a=D3Z1J>



Turkey debuts Europe's first CHI spa

Istanbul has welcomed the opening of the new Shangri-La Bosphorus, Istanbul featuring Europe's first CHI, The Spa.

Inspired by traditional Asian healing philosophies, all treatments are based upon the principles of restoring balance and harmony to mind and body.

The spa contains eight large private spa suites offering Asian and Turkish treatments, customised massages and organic products.

The extensive hammam facilities cater to both private groups and individuals. Both the spa and hammam feature Turkish tiles, water features and marble.

The facility has been designed to give a sense of timelessness to encourage guests to indulge the senses and soothe the body, while they aim to revitalize the spirit.

The Health Club offers a full range of exercise and recreation facilities. Guests can avail of the indoor heated swimming pool, children's pool and a fully-equipped fitness area. Changing rooms have saunas and spa pools.



The spa facility has been designed to give guests a sense of timelessness

The hotel's 186 guest rooms range in size 42 to 60sq m (452 to 645sq ft), with the majority offering views of the Bosphorus.

The hotel's 17 suites have private terraces offering Bosphorus vistas. A highlight is the Shangri-La Suite, which has three terraces overlooking the Old City, Asian shores and the Bosphorus Bridge.

The hotel's speciality restaurant IST TOO features semi-private dining enclaves and serves a world cuisine menu including Japanese, Southern Asian, Mediterranean and Turkish. Details: <http://lei.sr?a=M2L1r>



The island is a natural habitat for turtles

Shurooq reveals plans for eco-tourism project in Sharjah

Shurooq, Sharjah's Investment and Development Authority, has revealed plans for the first integrated eco-tourism project located within the islands of the Emirate.

Sir Bu Nuair Island eco-tourism project will be developed at a cost of AED500m (€104m, US\$136m, £88m) by 2017.

The project, located in the heart of Arabian Gulf, will include a luxury five-star hotel and resort, hotel apartments and villas, a camping village, retail shops, a souk, dedicated family areas, an amphitheatre, a museum, a mosque, an education centre and an airport.

The island has been a natural habitat for turtles for over 2,000 years and a refuge for marine birds. Shurooq's aim is to develop Sir Bu Nuair into a unique island destination that offers a mix of high-end luxury and comfort while capturing the cultural heritage in its architecture and offerings. Details: <http://lei.sr?a=H3O6g>

Gritti Palace unveiled after major revamp

Starwood Worldwide has announced the reopening of The Gritti Palace in Venice, Italy following a multi-million euro restoration project to bring the historic property back to its original grandeur.

The Gritti Palace, a Luxury Collection Hotel, Venice underwent a 15-month revamp as part of a larger strategy to invest €150m in the restoration of Starwood's Luxury Collection Hotels in Europe.

Other renovated hotels include Hotel Alfonso XIII, Seville and Hotel Maria Cristina, San Sebastian which re-opened last year, as well as Prince de Galles in Paris which re-opens this month.

The Gritti Palace has introduced Blu Mediterraneo Spa, a new and exclusive spa concept by Italian-based Acqua di Parma.

The spa is an intimate wellness haven offering guests complete relaxation, indulgent massages and pampering beauty treatments.

Set in natural, soothing tones with delicate gold accents, the spa features contemporary



The Gritti Palace was revamped as part of a €150m restoration project

touches such as intricate Orsoni mosaics, opulent Murano glasses, Venetian floors and wenge wood that draw from Italian craftsmanship.

Following the complete restoration, the hotel features 61 guest rooms and 21 suites, including suites with canal views. The interior design of signature suites is inspired by renowned personalities – such as Ernest Hemingway, Somerset Maugham and Peggy Guggenheim. The revamp also included new eco-friendly measures. Details: <http://lei.sr?a=V5W7M>

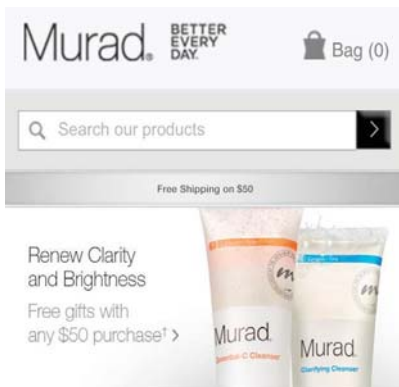
JW heads to the White Sand Beaches of Turks and Caicos

Marriott International has plans to open a new 380-room JW Marriott Hotel and Casino which will include 16 residential condos located on the island of Providenciales, Turks and Caicos.

The property will be operated by Marriott International under a long-term agreement with Desarrollos Hotel co Turks and Caicos Ltd., a group made up of regional investors. The nine-storey hotel, scheduled to open in early 2016 will be located on the Grace Bay beach along the coast of Providenciales.

In addition to 380 guest rooms and suites, the hotel will house a 10,355sq ft (962sq m) spa and fitness centre.

A gourmet speciality restaurant, a three-meal-a-day restaurant, a lobby bar and lounge and a pool bar and grill will feature. Other features will include a ballroom and three pools. Details: <http://lei.sr?a=u7y9L>



The company has experienced rapid growth

Murad invests US\$35m in new California headquarters

Murad has announced a US\$35m (€27m, £23m) investment to move and expand its headquarters, as well as plans to upgrade the Murad Flagship Spa.

The move will see the corporate office relocate to a 45,000sq ft (4,180sq m) headquarters in El Segundo, California - two blocks from their current premises.

The Murad Flagship Spa will remain in its current location but the entire 7,000sq ft (650sq m) spa will be upgraded, with updates to treatment rooms as well as a new fitness and yoga centre.

The relocation seeks to accommodate the company's exponential growth and future expansion. General manager of Murad, Richard Murad, said: "We are excited to have signed the lease to our new custom-designed office space where we will be able to meet the needs of our growth plans as well as honour our commitment to provide our valued employees with a creative work environment. Details: <http://lei.sr?a=j4woE>

Mandarin Oriental signs Bosphorus waterfront hotel

Mandarin Oriental Hotel Group has signed a management agreement for luxury hotel in Istanbul that will open in 2016.

Set on the waterfront in Besiktas, Mandarin Oriental Bosphorus, Istanbul will be situated close to historical sites such as Dolmabahçe Palace and Barbarossa's mausoleum. The property will feature 130 guestrooms and suites with expansive outdoor terraces.

The Spa at Mandarin Oriental will offer a choice of deluxe VIP treatment suites offering guests a range of signature programmes and therapies as well as personalised treatments inspired by local traditions. The Spa will also feature extensive beauty treatments, large heat and water areas, and a meditation room. Details: <http://lei.sr?a=J9q7l>

Spa Without Walls concept launched

The St. Regis Bahia Beach Resort in Puerto Rico has introduced "Spa Without Walls", a service that allows guests to book and enjoy treatments from its Remède Spa anywhere on the resort.

An innovative twist on the spa experience, the new service offers guests the opportunity to customize their treatment and immerse themselves in the resort's surrounding nature.

Guests using Spa Without Walls will choose from a selection of treatments available at The St. Regis Bahia Beach Resort's Remède Spa and then designate a preferred location on property where the treatment will take place.

Located on a former coconut plantation and nestled between the El Yunque rainforest and the Atlantic Ocean, the 483-acre resort offers a range of tranquil and unique spots to



The new concept aims to immerse guests in the resort's surroundings

choose from. Guests can have a treatment on the resort's beach, under the shade of coconut palm trees, in a secluded grassy area covered by tropical foliage, by the pool, or on the privacy of their own terrace.

The St. Regis Bahia Beach Resort comprises 139 guest rooms, including 35 suites with private terraces, as well as 25 private St. Regis Estate Homes. Details: <http://lei.sr?a=l6i9w>

Rixos continues to expand in Kazakhstan

Turkish hospitality group Rixos Hotels is expanding its portfolio in Kazakhstan with the opening of its third luxury property.

Rixos Lake Borovoe is the first 5-star hotel in the Borovoe resort zone and overlooks the Lake of Shuchie.

The hotel features 200 guest rooms including 37 junior suites, four presidential suites and one penthouse suite.

The 23,680sq ft (2,200sq m) Wellness & SPA centre offers a variety of massages and body treatments aimed at total rejuvenation.

Facilities at centre include private treatment rooms, two VIP zones, a Turkish bath, Finnish saunas, spa pools, an indoor pool and a fitness centre. The property also houses five meeting rooms with a maximum capacity of



The luxury resort will have 37 junior and four presidential suites

400 people for various events. Fethat Tamince, chair of Rixos Hotels said: "We are inspired by the Kazakh nation and the culture and are very proud to have our 3rd hotel in the country.

"We will certainly grow a future in this country and are always ready to provide luxurious comfort." Details: <http://lei.sr?a=w5L1l>

Wyndham Hotels and Resorts to make its debut in UAE

Wyndham Hotel Group has announced plans for the first Wyndham Hotels and Resorts property in the UAE following the signing of an agreement with Sigma III Limited, a subsidiary of British developer The First Group.

Currently under development, the 33-storey building Wyndham Dubai Marina is expected

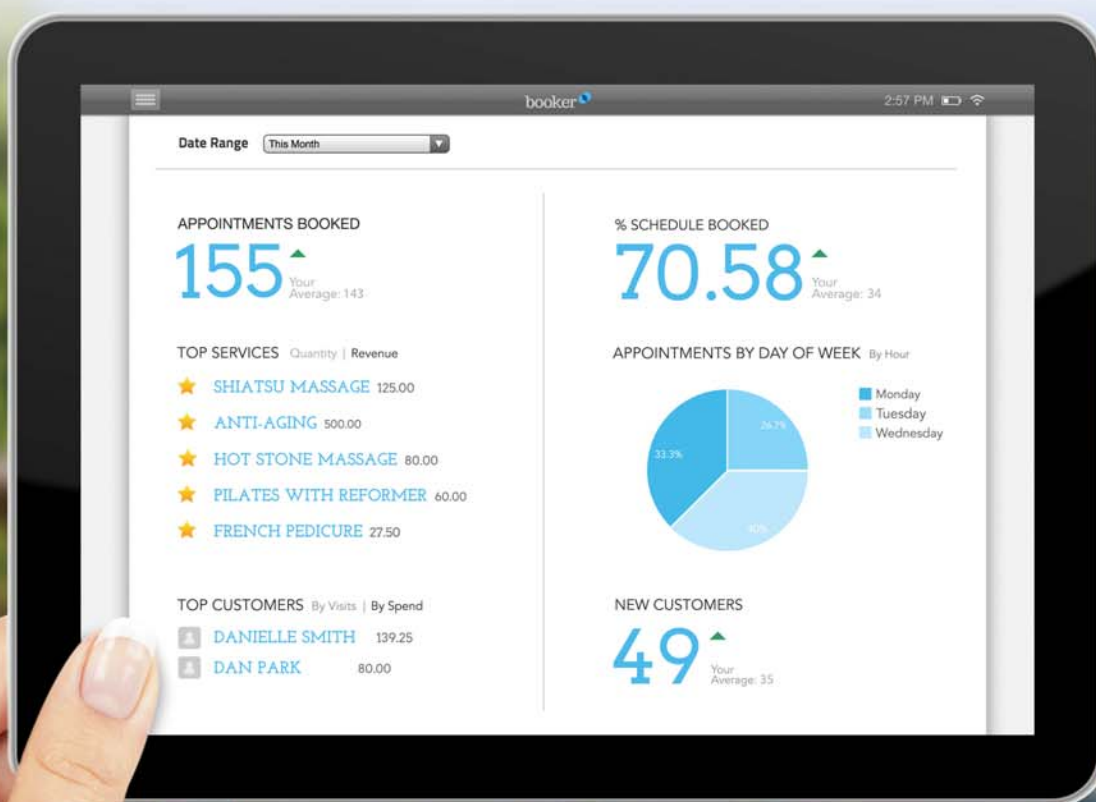
to open within the next three years with 497 guestrooms including 251 suites.

The hotel will also feature 2,500 sq ft (232sq m) of spa and leisure facilities including a gym and outdoor pool with a pool bar. A range of dining and beverage options will also be available. Details: <http://lei.sr?a=Dob9w>



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Canadian winners of spaAWARDS revealed

spaAWARDS has announced the winners of Canada's top 50 spas at a gala awards evening held at the Windsor Arms in Toronto, Ontario. The event was kicked off by John McDonald from the presenting sponsor Book4Time and presentations were made by Jeremy McCarthy, director of spas from Starwood International.

Spa directors from Vintage Hotels, Spa at the Four Seasons and Trump Quartz Crystal Spa were among those in attendance.

Winners include: Island Currents Spa at Sonora Resort, British Columbia in the Top Destination Spa category; Sante Spa at Hotel Le Germain, Calgary, Alberta in Top New Spa; and Le Nordik, Old Chelsea, Quebec for Top Nordic Spa. Details: <http://lei.sr?a=Y6G6K>



The urban resort is set on the Kamogawa River

Ritz-Carlton to launch new property in Kyoto, Japan

The Ritz-Carlton Hotel Company has announced that The Ritz-Carlton, Kyoto is set to open its doors in Japan on 7 February next year.

The urban resort is set on the Kamogawa River, Nijho Ohashi, close to Kyoto's retail and entertainment district.

The hotel's 136 guestrooms will offer views of the river and the Higashiyama Mountains. It will also feature a spa facility, four dining options, banquet and meeting rooms, as well as other recreational facilities.

The Ritz-Carlton's design will be a subtle blend of modernity and respect for Japanese tradition, incorporating the work of internationally famous Japanese design houses such as Spin Studio. The architects and designers have also managed to preserve the traditional Meiji house and courtyard into the architectural structure of the building.

Newly-appointed general manager of the resort, Yuji Tanaka said: "Our entry to the market will help to draw sophisticated global travellers who are attracted to the city for a quintessentially Japanese experience." Details: <http://lei.sr?a=E3b3Z>

Prager enters West Indies resort

Practitioner of cosmetic medicine Dr Michael Prager has partnered with The BodyHoliday St. Lucia, West Indies - his first collaboration outside of Europe.

The core concept of Prager's work is attractiveness and the partnership promises an 'all-encompassing approach to beauty, both inside and out'.

Prager's customised skin treatments are now on offer at The Skin Clinic, part of The Wellness Centre at the resort. Prager will also visit the resort twice a year to run a clinic, consulting and treating guests.

Prager aims to treat his patients in the most naturally attractive way, focusing on the face as a whole, rather than different parts in isolation. "The Prager Lift" has received worldwide attention as a preferable alternative to invasive surgery or potentially damaging treatments. It uses Botulinum Toxin to lift the jowl and neck area, while replacing volume around the cheek, temple, brow and chin area. The new



The specialised skincare clinic is housed within the wellness centre

partnership is part of the ongoing upgrade to The BodyHoliday, run by the Barnard family, further to a recent US\$15m (€11.7m, £10m) overhaul of the resort. It comes after the Beauty Salon, EVE, was unveiled at The Wellness Centre.

Andrew Barnard, director of BodyHoliday said: "The BodyHoliday is both a wellness break and a holiday destination and we want guests to be able to work on any area of their life." Details: <http://lei.sr?a=c3S5H>

Steigenberger unveils Spa at Frankfurter Hof

Steigenberger Frankfurter Hof has launched its new day spa and wellness facility - The Spa - featuring a care programme aimed at male guests.

Spanning 1,000sq m (10,764sq ft), The Spa is operated by Bangkok-based spa consultancy and management company GOCO Hospitality.

It provides a combination of health, beauty and care treatments as well as high-end beauty sessions.

The Spa features a traditional men's barber shop, and further highlights include an unusually designed hammam, an extensive sauna area and a private spa suite which is the first of its kind in Frankfurt.

The facility will be available to guests and to visitors who are not resident at the hotel.

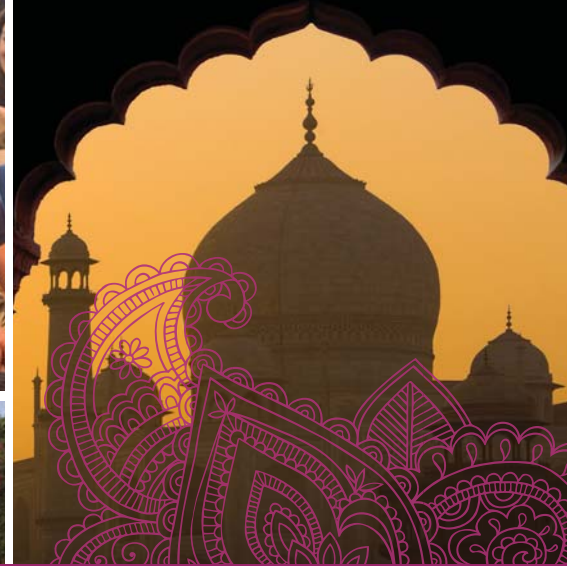
The spa will use premium products supplied by leading European manufacturers such as Amala and MBR and will pamper its male guests with grooming products from Hommage. The "Hommage Gentlemen's Barber" offers luxury services aimed specifically at the modern man. Guests can avail



Spanning 1,000sq ft, the spa provides health, beauty and care packages

of a shave, haircut or facial treatment. An elegant VIP Barber's Cabin is available for exclusive services such as facials.

The private spa-suite aims to provide a novel opportunity for regeneration and relaxation by acting as a "spa in spa" offering the full range of services available at the facility. Guests can avail of the steamroom and vitality pool as well as a range of beauty treatments and massages, while guaranteeing a high level of privacy. Details: <http://lei.sr?a=M4S7e>



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20 Jun 2013

Forum HOTEL and Spa

Four Seasons Hotel George V
Paris, France

Following five years of being hosted at the prestigious Ritz Hotel in Paris, the Forum HOTEL & Spa will move its location over to the George V Four Seasons Hotel in 2013. The event organizer, Vladi Kovanic, has selected an ambitious theme: EXCELLENCE. To satisfy a demanding clientele and partners, the number of conferences and workshops has been increased while a new "think tank platform" will also be introduced this year. The traditional "Black Diamond Award" will be given to the most innovative personality among European spa managers.

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www.forumhotspa.com

23-28 Jun 2013

Spa Cultures Dream Time

Hotel an der Therme
Bad Orb, Germany



Natural & Organic Products Europe incorporates the Natural Beauty & Spa event and two other shows

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- Thailand Spa & Well-being Awards
- Spa Concierge
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New spa offerings at Swiss resort

One of Europe's leading wellbeing and medical health spa destinations, Grand Resort Bad Ragaz in Switzerland, has developed a long-stay lifestyle concept with a minimum duration of three months.

Lifestyle Living has been designed for guests who are looking to find out about and lead a healthier lifestyle – something which Grand Resort Bad Ragaz, with its wellbeing and thermal spa offering, specialises in.

Guests will stay in one of the resort's 24 luxury 'home from home' Spa Loft suites and with guidance from experts be able to pick from a myriad of services – covering hospitality, culinary, thermal spa, complementary and medical elements – to create their own bespoke package.

The minimum stay will be three months starting at CHF 7,500 (US\$7,720, €6,000, £5,080) based on two people sharing.

The Spa Lofts themselves are geared towards wellbeing and have the resort's natural mineral water on tap, as well as spa pools and baths, saunas and a combined steamroom/shower.

Meanwhile, guests will also have unlimited



Lifestyle Living features 24 luxury 'home from home' Spa Loft suites

access to all wellbeing facilities including the Tamina Therme, a natural water complex with mineral rich 36.5°C waters; a sauna world which features the famous Swarovski crystal steam-room; two fitness centres; and daily exercise and relaxation courses.

"We already had long-term guests who were using the full hospitality infrastructure such as a daily laundry/clean and butler service based on a daily rate," explains Kathrin Boerger, the resort's director of marketing, sales and PR. The package doesn't include treatments or medical services. *Details: <http://lei.sr?a=5B5y0>*

Dermal Institute joins forces with Pivot Point

The International Dermal Institute (IDI) has collaborated with cosmetology education and training company Pivot Point International to define a new level of leadership in the education and training of skin therapists worldwide.

The new partnership will include the production and sharing of educational webisodes, booklets, articles and treatment videos through Pivot Point's online learning system. Other aspects of the partnership include IDI's technical videos, which will complement Pivot Point's new online Esthetics library and online textbook. The addition of IDI resources to Pivot Point's Esthetics library will allow Pivot Point and IDI to expand its reach to skin care students and educators across the country.

Pivot Point's existing online resource is currently used by students in the US, Canada, UK, Belgium, Scandinavia and the Netherlands. Annet King, director of global education for



The alliance aims to improve education of skin therapists globally

IDI headquartered in Carson, California, said: "This is a powerful match between the two most advanced educational facilities in our industry."

"We are excited to bring IDI's knowledge-base to many thousands of future skin therapists who might not have had access to this expertise otherwise. It will raise skill level among US therapists to a breakthrough level of excellence." *Details: <http://lei.sr?a=z9Gow>*

Funding secured for US\$930m Downtown Manhattan tower

Real estate company Silverstein Properties has secured financing to construct an 82-storey tower in Manhattan, New York, US that will include a Four Seasons hotel and private residences.

At 926ft (282m) the property will be one of the tallest residential towers in Downtown Manhattan offering visitors panoramic views of the Midtown skyline and New York Harbor.

Located at Park Place and Church Street in Tribeca, Four Seasons Hotel and Private Residences New York, Downtown will feature a 185-room Four Seasons-operated hotel featuring a spa, fitness centre, a restaurant and ballrooms. *Details: <http://lei.sr?a=H6w7K>*



The resort has been designed by Model 1to1

New Spa Cenvaree will open in Pattaya this December

Centara Hotels & Resorts has announced it will open its five-star Grand-branded hotel in Bangkok, Thailand, in August, with a spa to open at the property in December.

Centara Grand Pharammak Resort Pattaya will be the third Centara Grand in upmarket Pattaya and will include 165 rooms and suites over eight storeys. Designed by Model 1to1 and Goodlux Design Consultants, the hotel features marble and granite public areas and Fendi lobby furniture.

Its Spa Cenvaree will feature six private ensuite treatment rooms, steam baths and a Rhasul chamber in a 450 sq m (4,844 sq ft) space covering three floors.

Life balance is the spa concept based on three pillars of body, energy and soul.

Among spa experiences are the Signature Salt Pot Journey, which involves Thai massage using a salt compress. Also featured are the 4 Hands synchronised massage, anti-aging Jurlique facials, ayurvedic therapies and Thai foot reflexology.

The menu includes detoxification programmes using Dead Sea mud detoxification. *Details: <http://lei.sr?a=B5V8G>*



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Company: Freestyle
Location: Riyadh-KSA, Saudi Arabia

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Company: Wildmoor Spa and Health Club
Location: Stratford-upon-Avon, UK

General Manager

Company: WTS International
Location: Bucharest, Romania

Deputy Leisure Services Manager

Company: Center Parcs
Location: Elveden Forest, UK

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GROUP FITNESS INSTRUCTOR

Freestyle /Riyadh-KSA

GENERAL PURPOSE

Under direct supervision of the Center Director provides group fitness instruction, monitors, educates patrons on fitness and safety, and maintains a safe and enjoyable atmosphere for class participants.

EXAMPLE OF DUTIES

- Teaches scheduled classes, beginning and ending on time; provides adequate warm-up, exercises, stretching, and cool down.
- Instructs patrons on effective workout methods; explains proper techniques, demonstrates exercises; identifies different muscle groups, and teaches appropriate methods to strengthen specific muscles.
- Prepares appropriate equipment, music, and handouts for each class.
- Assists patrons, answers questions, and maintains a positive exercise experience for members and class participants.
- Keeps management informed of customer and facility needs.
- Ensures that safety standards are met, and that department and facility policies are Adhered to.
- Performs related duties as required.

SPECIAL REQUIREMENTS

- Must possess current First Aid & CPR certification.
- Certified Instructor (ACE, AFAA, NCFE, OCR, VTCT) or equivalent. Additional specialty/certifications preferred.
- Les Mills certification.

NECESSARY KNOWLEDGE, SKILLS AND ABILITIES

- Working knowledge of human anatomy, kinesiology and training principles.
- Knowledge of group fitness teaching strategies and the incorporation of music, tempo, cueing technique, and rhythm.
- Choreography and music skills.
- Ability to be professional and motivate class participants.
- Knowledge of Pilates, indoor cycling, Gymnastic, Marshall arts
- Ability to cooperate and work well with other staff members.

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PHYSICAL DEMANDS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is frequently required to walk, stand, sit and talk or hear. The employee is occasionally required to use hands to finger, handle, feel or operate objects, tools, or controls; and reach with hands and arms. The employee is occasionally required to climb or balance; stoop, kneel, crouch, or crawl.

The employee must frequently lift and/or move up to 10 KG, and occasionally must aide or assist participants. Specific vision abilities required by this job include close vision, color vision, and the ability to adjust focus.

The employee must have a high degree of energy, be physically fit, and have the endurance to complete the workout.

WORK ENVIRONMENT

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee occasionally works with various types of fitness equipment. The noise level in the work environment is usually quiet while in the office, and loud when in the facility and while performing duties.

To apply please send your CV to Raghda Salha via email: raghdasalha@yahoo.com

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'Hotel in a garden' unveils wellness area

The newly opened PARKROYAL on Pickering, Singapore's development that's based on a 'hotel-in-a-garden concept', has unveiled its spa and wellness facilities.

The eco-inspired, 16-storey hotel, which will be operated by Pan Pacific Hotels Group (PPHG), has an entire 44,000 sq ft (4,085sq m) floor dedicated to wellness.

A large proportion of the floor has been set aside for green outdoor space and features a two-storey descent waterfall, a 300m garden walk and an infinity pool that flows along the edge of the hotel.

Colourful cabanas are positioned around the pool area, in varying colours inspired by Chinese songbird cages. Natural stone has been used throughout the level to enhance the resort-like natural feel.

Inside there is a four-treatment room St Gregory spa, the signature spa brand for PPHG. Quick pick-me-up or longer pampering treatments are offered using UK brand Elemis or French mineral brand Thal'ion. While other therapies include balneotherapy for couples, Japanese and Indonesian-inspired massages,



The resort features five landscaped gardens and 15,000sq m of greenery

traditional Chinese medicine techniques (such as acupressure and reflexology), and full-body exfoliation and detoxification.

Designed by Singapore-based architectural firm WOHA, PARKROYAL was built with a strong focus on integrating environmental elements throughout the property.

It has five landscaped gardens and 161,458sq ft (15,000sq m) of sky gardens, planter terraces, water features and living green walls are interwoven into the building's exterior and interior spaces. Greenery comprises shade trees, tall palm flowering plants and leafy shrubs. The hotel has also been awarded the Green Mark Platinum Award. *Details: <http://lei.sr?a=j2r3p>*

Bulgarian government to focus on spa tourism

Bulgaria's spa tourism could contribute up to 10 per cent of the country's total revenue from inbound tourism, according to deputy minister of economy, energy and tourism Ivo Marinov.

Speaking at the opening of the 18th annual congress of the European Spa Association in Pomorie, Bulgaria Marinov outlined that sustainable growth of specialised services in the Bulgarian tourism has been an "undeniable fact" in recent years.

Marinov stated that the countries has great potential to drive further spa tourism: "Our country is endowed not only with the beautiful scenery, great biodiversity, rich cultural heritage of seven historical epochs, but with more than 600 mineral springs.

"The peculiar combination of beautiful nature and modern Spa and rehabilitation centres make Bulgaria preferred destination of Spa and wellness among consumers."



(From left) minister Ivo Marinov, moderator Sonya Alexieva and BUBSPA president Stefan Sharlopov at the 18th annual congress

Chair of the Bulgarian Union of Balneology and SPA Tourism Stefan Sharlopov pointed out that every year the industry experiences a growth in financial income and foreign tourists. Organisers of the forum in Pomerie include the minister of economy, energy and tourism and the Bulgarian Union of Balneology and Spa. The congress was attended by Martin Plach, president of the European Spa Association. *Details: <http://lei.sr?a=x1u8J>*

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Bali Spa and Wellness Association (BSWA)

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Estonian Spa Association

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European Spas Association

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Federation of Holistic Therapists (FHT)

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French Spa Association (SPA-A)

W: www.spa-a.com

German Spas Association

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Hungarian Baths Association

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The Iceland Spa Association

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