

spa opportunities

19 JUNE - 2 JULY 2015 ISSUE 218

Daily news & jobs: www.spaopportunities.comGLOBAL
WELLNESS DAY
SPECIAL ISSUE

Virgin Hotels chooses Chicago for inaugural spa

After launching its first hotel in Chicago earlier this year, Virgin Hotels has opened its first spa at the property, with five treatment rooms, a hammam, and a manicure-bar.

Known for shaking things up, Virgin is putting its own spin on the spa by allowing clients to completely customise treatments, from duration in time to focus of the treatment.

"Instead of replicating the operations at your typical city spa, designed for elongated and expensive days, we've turned the proposition on its head, and created an offering for business travellers and locals alike," said CEO of Virgin Hotels Raul Leal.

Leal said customers who have demanding schedules or limited budgets will benefit from the flexible options.



The hotel's spa is located in the space that used to be the president of the former bank's office

The Spa is being run by Virgin Hotels, and uses Red Flower and emerginC products. Treatments include manicures, pedicures, facials, massages, and waxing. Designed to be a social environment, The Spa features five treatment rooms

including a couple's room, a unisex hammam and a central manicure-bar, where a champagne cart makes daily rounds.

Virgin Hotels Chicago is located within the former Old Dearborn Bank, which was built in 1928. As guests enter The Spa, which occupies the bank president's old office, they're greeted by the original fireplace, central manicure bar and a seating area.

The Spa also boasts extended hours, staying open until 10pm, a move designed to attract business travellers and busy locals who need to

fit treatments into their busy day, according to Laura Kilroy – a spokesperson for Virgin.

Virgin Hotels will open in Nashville and New York next, and both have plans for a spa. Details: http://lei.sr?a=e8X8h_S

Applicants welcome for spa mentor scheme

Candidates for the six-month Global Mentorship Programme may now submit applications to the scheme's website, according to Jean-Guy de Gabriac, CEO of Tip Touch International spa consultancy. He is a leader of the educational initiative alongside Deborah Smith, principal of Smith Club & Spa Specialists – a US-based wellness consultancy.

The pilot version of the programme that lasted three months has ended and the six-month scheme will begin in November 2015, once spa staff mentees and manager mentors have been selected. Details: http://lei.sr?a=T6M6v_S

Chanel spa to open at Ritz Paris hotel

The first ever Chanel-branded spa will open at the soon-to-be renovated Ritz Paris by the end of this year, the hotel has confirmed.

While many details of the spa remain well under wraps, the Ritz Paris said the spa, to be called Chanel au Ritz Paris, will be "a new beauty concept dedicated to Chanel's skincare" and will "provide guests with a unique sensorial and customised experience inspired by Chanel's art of skincare."

The Ritz Paris, open since 1898, closed its doors in 2012 for extensive renovations. The project is being led by architect and designer Thierry W. Despont, who the company said is "dedicated to conserving the magic of the Ritz Paris whilst adding to the very latest technologies."



The first Chanel-branded spa will open at the Ritz Paris

Chanel au Ritz Paris will be located within the Ritz Club and the spa of the hotel that has been "entirely rethought" during the renovation. The Ritz Paris is a natural place for Chanel to make its spa debut – Coco Chanel famously lived in the hotel for 34 years, bringing her furniture with her.

Details: http://lei.sr?a=d2n7Q_S

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LivNordic spa debuts on cruise

Raison d'Etre's spa and wellness brand LivNordic has launched the first of three spas planned on cruise ships as part of a partnership with Viking Ocean Cruises. Inspired by Nordic bathing traditions, including alternating hot and cold experiences, this ship's spa offers the first snow grotto at sea.

The new eight-treatment room spa – complete with one couples' suite that offers its own whirlpool – also houses a steamroom, two saunas – by Effegibi – two plunge pools, an indoor saltwater pool and a separate freshwater hot tub – heated to 39°C (102°F). Day beds and heated ceramic loungers line the outside of the wet zone, which also features a -10°C (14°F) snow grotto that features real snow – supplied by TechnoAlpine Snow Experts. If the plunge pools and snow room aren't cold enough, the spa has a cold water bucket hanging from the ceiling to cool guests down after a lengthy period in the saunas or steamroom.

LivNordic group spa director Nora Forsberg detailed how Nordic tradition is



The LivNordic spa on Viking Ocean Cruises has the first snow grotto at sea

incorporated into the spa journey exclusively for *Spa Opportunities*: "In Scandinavian countries we like to sit in the sauna for as long as we can before rolling around in the snow or making a hole in an ice-covered lake and pouring water over ourselves."

The spa is run by 10 spa staff, including Forsberg. Staff were each enrolled in a 6-8-week training programme in Venice – where the ship was built – to learn about how to achieve a 'conscious touch'.

Details: http://lei.sr?a=k5S9u_S

Ramside spa set to open in August

The Spa at Ramside, based at Ramside Hall Hotel near Durham in the UK, is set to launch in August, according to Jill Russell, the property's spa director.

The 14-treatment room spa – imagined by Mark Green of design firm Curveline, who also designed The Midland spa in Manchester – has taken six years to finalise.

The spa will have a 'sleep sanctuary' for guests to relax on soundwave therapy beds and in sleep pods. There is also a light relaxation balcony, which has a hanging hammock for two, as well as an infinity pool.

"John Adamson, the owner of Ramside Hall Hotel, has done a lot of research into top hotels globally," said Russell speaking to *Spa Opportunities*. "He's got great vision and he's very astute." Adamson also owns Hardwick Hall Hotel in the north-east.

The hydrotherapy suite at the spa, supplied by Penguin pools, includes a herbal sauna,



The 14-treatment room Spa at Ramside has taken six years to finalise

Himalayan salt and aroma steamrooms, a tepidarium and a sunken amphitheatre sauna. There will also be a rasul mud chamber on offer.

"We want to make a difference in the north," said Russell. "There's a place in the market for an offering such as the one we're creating but it needs to be accessible – not pretentious. Our spa will be for everyone."

Details: http://lei.sr?a=K3m2T_S



Two Marriott sites share Macau spa

JW Marriott Hotel Macau and The Ritz-Carlton, Macau, have opened in the Special Administrative Region (SAR) of Macau in South China with one spa facility to be used by guests of both hotels.

The properties are located within entertainment and leisure destination Galaxy Macau in the Phase II resort section. The 1,015-key JW Marriott property is the largest in the brand's Asian portfolio – a list of properties that is expected to grow by 21 hotels to reach 50 in the region by 2020. The 250-suite Ritz-Carlton is the brand's 89th hotel and it plans to double its footprint across Asia in the next five years.

Speaking to *Spa Opportunities*, Ryan Kenneth – senior director of global spa operations at Marriott – outlined that the hotels are part of a combined resort location and therefore the spa is shared by guests of both hotels. The 10-treatment room facility, which also houses three couples' suites, is an ESPA spa – designed to incorporate elements of Chinese and



The ESPA spa is located on the third floor of the Ritz-Carlton site

Portuguese architecture. The facility is located on the third floor of the Ritz-Carlton site.

Henry Lee, greater China COO for Marriott International commented: "The region [Macau] has undoubtedly changed significantly in recent years and we are seeing the city transform from a gaming destination to one with a more diverse range of entertainment and recreation options for guests of all ages."

Details: http://lei.sr?a=u3H8T_S

Outrigger acquires Akaryn Koh Samui Resort and Spa

Outrigger Resorts has acquired the Akaryn Koh Samui Resort and Spa in the Gulf of Thailand for an undisclosed fee and has rebranded it as the Outrigger Koh Samui Beach Resort.

Outrigger's managing director for the Asia Pacific region, Darren Edmonstone, said that the acquisition is part of the operator's strategy "to become the premier beachfront resort brand in the world."

The 52-key resort remains open for business as an Outrigger property, however future enhancements are planned for the site's public areas, arrival experience, villas and landscaping. The property's spa has been rebranded to the signature Outrigger spa brand Navasana Spa.

The property also features a fitness center, pool, beach, plus food and beverage outlets.

Details: http://lei.sr?a=3P2a6_S



A rendering of the Venu Bluewaters Island Hotel

Jumeirah's first Venu lifestyle brand property to launch 2017

Jumeirah Hotels and Resorts has debuted a new contemporary lifestyle brand, Venu, with plans underway for the first such property at Venu Bluewaters Island Hotel in Dubai to open in 2017.

The hotel will include a spa, as well as close to 300 bedrooms and 119 serviced apartments. It is "designed to appeal to the modern traveller whose expectations revolve around their own lifestyle – clean, contemporary, cool and effortless," according to Jumeirah.

A mixed-use development located off the coast of Dubai, Bluewaters Island will also include the world's largest Ferris wheel, along with retail, residential, hospitality and entertainment zones.

Speaking at the launch of the brand in September 2014, Nicholas Clayton, CEO group operations at Jumeirah Group, said: "Coming to a Venu hotel will be an intuitive experience, built around and anticipating the needs of the modern, savvy traveller."

Details: http://lei.sr?a=Z5u9k_S

300+ brands participate in GWD

More than 300 brands in 70 countries signed up to support Global Wellness Day (GWD) – a not-for-profit day of wellness activities founded by Belgin Aksoy of Aksoy Hotel Group and owner of Richmond Nua, a destination spa in Turkey.

"We are thrilled with the response we've received so far," said Aksoy. "Although we come from the spa world where the topic of wellness is central, we encourage people to keep it simple and start with even

the very basic things on GWD – such as eating organic, drinking more water, taking a walk with family and not using plastic."

"We never imagined it would catch on and grow this fast," Aksoy continued. "It seems to prove that the world is ready to start making smart choices about their own physical and mental health, the health of their neighbours and the planet we all share."

Examples of operator brands that



Brands across the world celebrated Global Wellness Day on 13 June

participated in locations across the world on 13 June include Anantara, Accor, Chuan Spas, Fairmont, Four Seasons, Grace Hotels, Healing Hotels of the World, Hyatt, Jiva Spas, Jumeirah, LUX* Resorts, Marriott, Mandarin Oriental, Montage Hotels & Resorts, Peninsula, Remède, Six Senses, Sofitel So Spa, Trump Spas and Windham Spas. Many skincare brands were also involved.

Details: http://lei.sr?a=G6q6a_S

Wahanda spends US\$38m to buy Dutch firm Treatwell

Wahanda, Europe's largest hair and beauty marketplace, has acquired its Dutch equivalent called Treatwell for €34m (US\$38m, £25m). This is the fourth European acquisition by Wahanda in the last six months as part of the company's strategy to become the leading online hair and beauty booking platform in Europe.

Lopo Champalimaud, CEO and founder of Wahanda, said: "The Treatwell team comes with a wealth of talent, some of whom we have been fortunate enough to have worked with in the past... these include a co-founder of Just-Eat Benelux, and ex-CFO of Booking.com and a former senior executive at Procter & Gamble."

Treatwell has seen year-on-year growth of more than 425 per cent since its launch in 2013, according to a Wahanda statement. Details: http://lei.sr?a=a3q7f_S



The spa's relaxation zone is called 'Big Sleep'

The Spa at The Midland launches in Manchester, UK

The Spa at The Midland in Manchester, UK, opened to the public on 13 June – aiming to become the 'go to' day spa in the city for both locals and visitors alike.

Owner company QHotels has invested more than £1.5m (US\$2.3m, €2m) in this city centre day spa at its Manchester hotel, The Midland – replacing the site's former health club. Charlie Thompson, group spa support manager at QHotels and chair of the UK Spa Association, spoke exclusively to *Spa Opportunities* about the spa's positioning in the market.

"We carried out full feasibility on the central Manchester market and essentially there lacked a real 'go to' destination for day spa users in central Manchester – which represented the biggest single market outside London," said Thompson.

"In 2015, we're targeting 70 per cent overnight spa guests, with 30 per cent local and day spa business," Thompson added.

Details: http://lei.sr?a=U2S3Z_S

Treat spa-goers' minds, says McCarthy

Jeremy McCarthy, group spa director for Mandarin Oriental, gave a speech at the Forum Hotel & Spa event in Paris recently on ways in which spa businesses can impact consumers psychologically rather than focusing only on physical massage.

According to McCarthy, the wellness world is only scratching the surface of 'holistic' healing of the body, mind and spirit.

To improve the mental health of guests at wellness institutions globally, McCarthy advocates making people feel good. This means not excluding activities that might be categorised as 'pampering' – a word that has received much backlash for its connotations of vanity.

Pampering is an essential part of wellness, according to McCarthy: "How much do you look forward to a healing experience at a hospital? Spas are the only healing institution people look forward to and remember for how good they were made to feel. Feeling good makes our physiology work better too, so



McCarthy says therapists should offer clients lifestyle behaviour advice

spas essentially send people out with a force-field around them – helping them deal with stress differently," added McCarthy.

While our bodies don't need to rest during vacations due to prevalent sedentary workplace behaviour, people need to rest their minds, McCarthy said. "The ability to get away from noise and urbanised places is becoming essential." McCarthy referenced the YeloSpa facility in New York City that sells 'sleep,' where guests pay for time in beds to experience stillness.

Details: http://lei.sr?a=d4F7K_S

Roger Allen: investors to run failing spas

Roger Allen of full service management consultancy Resources for Leisure Assets – which launched in February – discussed several ways in which hotel spas can make more money and keep investors happy during a speech at the Forum Hotel & Spa event in Paris.

Most hotel spas don't really make much of a profit, according to Allen, which means investors are keen to see spa management maximise every ounce of profitability. "A spa isn't necessarily a good bedfellow for an investor because margins are tough," said Allen.

Alongside a long list of areas a spa could seek to find untapped profit, there are several key obstacles to profitability highlighted by Allen. These include the problem of over-invested spa development, poor performance management and dated employee pay incentives.

Overdeveloped spas pose the most common hurdle to creating a profit for an investor, according to Allen, because the



Roger Allen launched Resources for Leisure Assets in February 2015

facility is often too big or over-equipped – meaning the financial investment is significantly more than it should have been.

Questions at the beginning of development planning need to include ones such as "What will the capture rates and the average daily rates be if we change the size?" said Allen. "If you get this wrong to begin with, it's harder to drive spa profitability. There is too much focus on KPIs [key performance indicators] in the industry."

Details: http://lei.sr?a=z9K6N_S



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Star staff key for consumers seeking human connection



ANNI HOOD
CEO of Anni Hood
Wellness Business
Consultancy and
K.I.S Lifestyle

I've noticed the landscape of spa venue positioning beginning to change. The emphasis is moving from the desire for high design and stunning interiors to a stronger, more meaningful need to connect with the right people, whether they be gifted healers, inspiring gurus, talented therapists or insightful coaches.

Connection has become a key driver in what people seek – human connection, connection with nature and connection with ourselves. In the recently published *Tatler Spa Guide*, more than half of the spotlight destinations showcased the expertise of the innovators and leading lights who design/ deliver the programmes. It is certainly true that most, if not all of those listed venues, have a lot to shout about from several perspectives, but there is a shift in what inspires and entices guests and travellers.

Given the option, most of us would plump for a stunning, purpose designed environment, over a baseline, tired or old fashioned option. But – if we were all given the choice of being treated, coached, trained or taken care of by the most gifted and experienced people, the surroundings become less of a concern. Add to that, the growing conscience of spa goers and travellers today; with environmental and social responsibility matters presenting an increasingly more considered and compassionate consumer.

It looks likely that the role and the value of those delivering treatments and experiences will escalate in importance across the whole spectrum of spa and wellness. Nature continues to play a major part in the environmental healing provided for spa and wellness travellers. Disruptively, one could argue that the great outdoors and the right people are all we need.

Top-drawer practitioners and their scarcity in such a rapidly growing wellness market is a challenge for many but also provides a certain 'power to the people' – which is no bad thing.

WTM 2015 to feature Wellness Lounge

World Travel Market (WTM) 2015 has partnered with Spafinder Wellness 365 to launch a specialist wellness hub called WTM Wellness lounge between 4-5 November.

This new platform follows the success of the Wellness Programme launched by Spafinder at WTM 2014.

The 2014 event's Wellness Programme offered guests a chance to attend three expert panel discussions and the Spafinder Wellness 365 Wellness Travel Awards. The 2015 event, however, will allow new and established members of the wellness industry to conduct business in a dedicated lounge at ExCeL London – and to enjoy access to the awards.

Suppliers will have private pods within the lounge and may attend a networking breakfast with buyers. WTM speed networking sessions will also be on offer, along with an online networking tool to



John Bevan was appointed COO of Spafinder Wellness, Inc in May

connect with the wider WTM audience.

"After our very well attended conference programme at WTM 2014, there was a real appetite to see wellness become a travel product, just as cities, beach and ski have [become categories of their own], said John Bevan, COO of Spafinder Wellness, Inc. "Until now, the wellness and travel industries worked side by side."

Details: http://lei.sr?a=V8U5K_S

Linser: we need a wider view of wellness

Franz Linser of Linser Hospitality gave a speech to attendees of the Forum Hotel & Spa this month at the Four Seasons George V Hotel in Paris – encouraging operators to adopt a broader view of 'wellness' than the current definition so that products and services meet new consumer desires.

Linser noted that wellness is a form of self-design and that nowadays spas and wellness operators only have a limited time to help guests relax and unwind, due to consumers' increasingly busy lifestyles. This means many health packages developed in the 90s are now out of date.

"Actual developments in the world – including increased pressure, insecurity and urbanisation – mean consumers have new desires, such as a need for more simplistic wellness rituals, 'natural' products promising permanent youth," said Linser.

The spa and wellness market is not moving as fast as consumer desires, according to Linser, which makes products less



Franz Linser says operators should help guests to accept themselves

relevant to the market. "To adapt to change, we need a wider view of wellness," he said.

With all the health monitoring apps and biomarker tests available, Linser warns we can forget how important it is to actually live our lives. Obsessive tracking does not deliver wellness, according to Linser – who suggests wellness should be about helping people feel more, stop fighting their genes and accept themselves.

Details: http://lei.sr?a=9a6f3_S



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DIARY DATES

28-29 June 2015

Professional Beauty Cape Town

Cape Town International Convention Centre (CTICC), South Africa

The latest product launches, innovations and developments from across the world are all showcased under one roof at this networking forum. An educational seminar is planned and leading skincare brands will exhibit their latest product ranges, making it easy for operators to source suppliers.

Tel: +27 11 781 5970

www.probeauty.co.za/ct.htm

12-15 July 2015

Caribbean Spa Association Summit

La Concha Renaissance Resort, Puerto Rico

Spa managers, owners and suppliers are invited to the first Caribbean Spa Association (CSPA) Summit to exchange ideas and network with leaders in the industry. Depending on their level of membership, suppliers will meet with a minimum of 15 regional operators in one-on-one meetings and a number of small focus groups to discuss industry issues and do business.

Email: info@caribbeanspaa.com

www.caribbeanspaa.com

2-4 September 2015

Spa & Wellness Africa Association (SWAA) Conference

LUX* Belle Mare Resort

Expected to be a yearly occurrence, the aim of this association-organised event is to build African spa concepts, develop education and spas in Africa and discuss spa standards in the region. There will also be a spa design competition. In addition to other speakers, Magatte Wade, founder and CEO of Tiossan – an upmarket skincare range created using Senegalese recipes – will discuss the branding of high end luxury products at this conference.

Tel: +254 728 655 771

www.spaassociationofafrica.com

9-11 September 2015

SpaChina Summit and SpaChina Awards

The Ritz-Carlton, Tianjin

The three-day event provides a unique and effective communication platform for top people relevant to or interested in China's spa industry. This is the eighth Summit and sixth edition of the industry awards.

Tel: +86 21 5385 9019

www.spachina.com



WSWC is now in its fourth year

24-26 September 2015

World Spa & Well-being Convention

Impact Exhibition & Convention Centre, Bangkok, Thailand

The Thai Spa Association organises the WSWC, now in its fourth year, which comprises a three-day exhibition, a two-

night congress and an awards night. This year's event will be hosted alongside the second edition of Beyond Beauty ASEAN Bangkok to maximise the number of wellness-focused attendees.

Tel: +66 2833 5126

www.worldspawellbeing.com

12-15 September 2015

SPATEC Middle East

The Westin Mina Seyahi Beach Resort & Marina, Dubai

During the two-day event, spa owners, operators, directors and suppliers network during dinners and carry out a series of 20-minute one-to-one business meetings. Both buyers and suppliers get to choose who they would like to meet with and these appointments are scheduled.

Tel: +35 6994 58 305

www.spatecmec.com

15-17 September 2015

COSMEETING

Paris Expo Porte de Versailles, France

The 13th annual edition of this industry event will offer international suppliers and buyers the opportunity to attend key speeches by experts, thematic exhibition areas, and competitions. In 2014, the event attracted 7,300 visitors across the three days – 65 per cent of which were from French companies and 35 per cent were international.

Tel: +33 1 44 69 95 69

www.cosmeeting.com

19 September 2015

Seven Star Global Luxury Awards

Trans Resort Bali, Kerobokan, Indonesia

Voting for these awards has been taking place since February and will conclude on 15 June before being announced at the gala. Last year's winners featured companies such as Turkish Airlines, The Regency Kuwait, ITC Hotel Group, and Villa Padierna Palace Hotel.

www.sevenstaraward.com

26-30 September 2015

Green Spa Network Congress

Tenaya Lodge, California, US

Eco-minded spa professionals will come together to find out about the latest sustainability innovations and issues in the industry. The event is run by the Green Spa Network, which has announced a new membership structure and an initiative to share resources with members to 'green' the industry. Congress attendees will include day, resort and destination spa operators, product companies, as well as 'greening' and wellness experts.

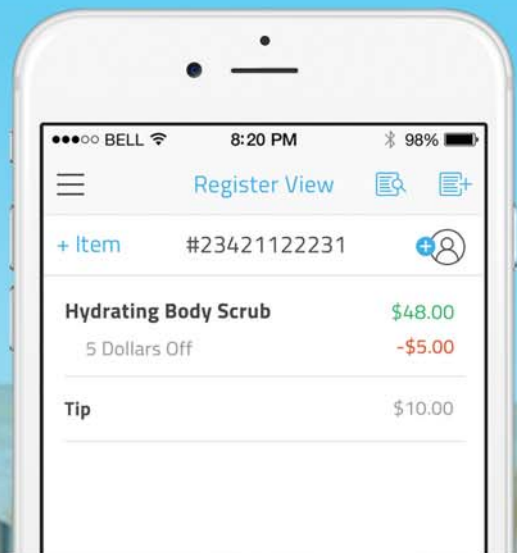
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Global Wellness Day 2015

Global Wellness Day reached a tipping point this year, being celebrated in 71 countries around the world and with hundreds of spas running free events for staff and customers

GETTING READY AROUND THE WORLD



Global Wellness Day founder Belgin Aksoy (top left) raised support around the world for the Global Wellness Day initiative with her 'I say YES!' campaign. Spa and wellness industry supporters made pledges in the run up to the event





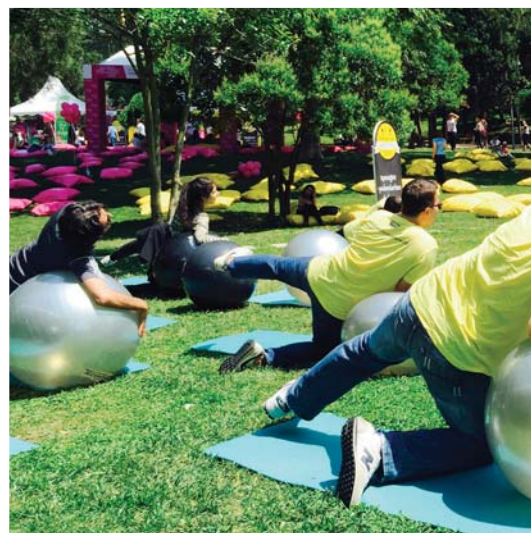
Global Wellness Day advocates that people adopt seven key changes to their lives under the tagline 'One day can change your entire life.' These new habits include going to bed at 10pm, drinking more water, going for a walk and eating a family dinner

ISTANBUL 13 JUNE 2015 GLOBAL WELLNESS DAY HQ



Spa seekers descended on Istanbul's Macka Park in their thousands to take part in a day of wellness and celebration for Global Wellness Day.

Yoga and zumba were on offer, along with laughter workshops, health lectures and fitness classes





The magical day in Istanbul day ended with music from Kaan Ozturk & Reaksiyon (right). Belgin Aksoy – pictured with Richmond Nua's Hakan Balcan and Spa Opportunities editor, Liz Terry – said the event was a dream come true



13 JUNE 2015 GLOBAL WELLNESS DAY GOES GLOBAL



Video feeds from events around the world were screened at the Global Wellns Day HQ in Istanbul, showing events from Fiji at Sunrise to Hawaii at sunset. Suppliers, operators and consultancies from across the world of wellness took part





Spas involved with Global Wellness Day offered staff, friends and customers free taster treatments, healthy snacks, workouts and the chance to experience the best the spa and wellness industry has to offer. Everyone got into the spirit of the occasion



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Bulgaria and Romania offer spa package

Bulgaria and Romania are set to offer joint spa holiday packages to tourists from the start of 2016 as part of an existing EU-funded spa tourism project called The Roman Thermal Spas of Europe.

The Roman Thermal Spas of Europe project comprises spas in eight European countries that have Roman bathing ritual origins, connected and promoted by partners including the European Spas Association (ESPA), tour operator Fit Reisen and certification body EuropeSpa.

The new holiday package was presented in the Bulgarian town of Sadanski during the second congress of the Bulgarian Union of Balneology and Spa Tourism, according to *novinite.com*. Tourists will stay at two spa resorts, the Bulgarian Hisarya spa property in the spa town of Varshets and the Romanian retreat called Baile Herculane.

Joachim Lieber, general secretary of the ESPA and co-ordinator of the project, said this will be the first trans-border spa package



The heritage package will include a trip to Plovdiv in Bulgaria

available to consumers that has been put together by the association and its partners.

The package will see guests experience balneotherapy and heritage from the ancient Roman bathing era. The package is also expected to include a trip to the 2019 European Capital of Culture Plovdiv in Bulgaria.

The regional spa industry will be hoping to overcome previously highlighted shortcomings in time for the new offering.

Details: http://lei.sr?a=X9Y4U_S

Quarter of skin cells may have made first step to cancer

More than a quarter of middle-aged people's skin cells may have already mutated into cancerous tissue, according to a new study published in the journal *Science*.

Researchers from the Sanger Institute near Cambridge, UK, analysed samples from a group of 55 to 73-year olds and found more than 100 DNA mutations linked to cancer in every 1sq cm (0.16sq in) of skin. Samples were taken from excess skin removed from the eyelids of patients. The researchers then drilled down into the skin's DNA.

"The most surprising thing is just the scale," Dr Peter Campbell, head of cancer genetics at Sanger, told the BBC. "That a quarter to a third of cells had these cancerous mutations is way higher than we'd expect, but they are functioning normally."

Details: http://lei.sr?a=F8Y2m_S



The four-star hotel will be on one of four islands

RIU Hotels & Resorts to run resort at Deira Islands, UAE

Spain's RIU Hotels & Resorts is set to run a new 750-key beachfront resort at Deira Islands in Dubai, which is being developed by Middle Eastern developer Nakheel – the firm responsible for the man-made Palm Islands.

The four-star hotel will be located on one of the four linked Deira Islands – which make up 15.3sq km (1,530 ha). Nakheel – known for its ability to 'reclaim land from the sea' – is in charge of master-planning and completing infrastructure work ready for third party development on each island.

Luis Riu, CEO of RIU Hotels & Resorts, said: "Undertaking this project is an extraordinary challenge and a great boost for RIU since we are starting on a new venture in a part of the world where we are not currently represented."

In April 2014 Nakheel appointed AE7 for the design for Deira Islands in a contract worth AED28m (US\$7.6m, €7m, £4.8m).

Details: http://lei.sr?a=S3egC_S

Flow Play matches yoga poses to music

Derek Beres – a yoga practitioner, DJ and music producer – has created a class called Flow Play for fitness company Equinox. The class showcases choreographed playlists that have been designed to incorporate scientific research and understanding about how music and movement influence brain chemistry.

Launching on 1 October at Equinox locations in New York, Los Angeles, Chicago and Dallas, the class was developed following Beres' experience of yoga teachers unknowingly mismatching songs to poses.

"I had been in classes before where you're in a flow and they're playing classical Indian music," Beres told *wellandgood.com*. "That kind of music has been shown to lower levels of cortisol in the blood, relaxing you. So, if you're in the middle of a physically challenging flow, it's sending confusing messages to the brain."

Beres collaborated with musician-producer Philip Steir to create a 30-page manual



Mainstream music should be avoided, so people focus on the present

that outlines the relevant science and how to apply it – providing access to an accompanying resource archive of research, videos and books.

"The goal is to empower teachers with some of that research and knowledge so that they can make the best possible use of the music in class," said Beres.

Beres prefers bass and percussion in his yoga playlists, rather than high-pitched sounds.

Details: http://lei.sr?a=w7t3z_S

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Spa Products Update

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For more information, or to contact any of these companies, log on to www.spa-kit.net and type the company name under 'keyword search'

Trautwein's water jet system promises a new type of massage

Featuring 32 rotating water jet nozzles integrated ergonomically in seven zones, Trautwein's new 'AquaThermoJet' aims to offer users a unique massage.

The massage starts at the feet and goes up to the neck and shoulders, simulating a massage given by a physiotherapist. The warm water jets reach the soft and flexible film of the translucent, highly elastic surface, with users feeling the sensation of the water

without getting wet. Ambience is created through eight LED spots illuminating the surface as well as the outside cladding, featuring all the colours of the rainbow.

Suitable for spas, fitness centres, and other wellness areas, AquaThermoJet has been designed to relieve the symptoms of muscle strain, improve blood circulation and stimulate metabolism.

KEYWORD: TRAUTWEIN



Golden Coast to distribute Tylo steam baths in the UK

Tylo's 'Elysée' steam bath range for spas and hotels has been launched in the UK, with Golden Coast distributing. Designed to bring together style and function, the range is made from a vacuum-formed special grade white plastic, ensuring a sturdy, seam-tight construction. The door is made from tinted, tempered safety glass and its frame features anodised aluminium handles. Available in 11 different sizes, the Elysée kit is supplied in ready-to-assemble, pre-fabricated wall and ceiling sections, with integral seating.

KEYWORD: TYLO



RKF provides linen at newly-opened Shiseido spa in Italy

Shiseido has officially opened its first spa in Italy, with linen provided by RKF. It is located on the sixth and seventh floors of the Excelsior Hotel Gallia in Milan.

The Shiseido spa features four individual treatment rooms, a suite, a pool with relaxation area and a fitness centre. Each wellness area is furnished with RKF linen.

The massage tables benefit from the French company's 'DreamSoft' line, while guests in the fitness centre are likely to appreciate the ultra-absorbent texture of the RKF towels.

KEYWORD: RKF LUXURY LINEN



Christina range repairs damage and toughens skin's defences

BioPhyto, a new brand from Christina, focuses on offering customised solutions to multiple skin conditions and aims to ensure a new and superior level of cellular activity. It uses high-end extracts of active ingredients from plants to repair damage caused by endogenous factors, prevent further damage, and restore the skin's natural defence systems.

BioPhyto products prompt energy recharging, detoxification, rehabilitation and revitalisation and improve blood flow and circulation. They nourish the cells, regulate protein and lipid synthesis, boost resilience and lead to significant, immediately visible improvement in skin appearance.

The BioPhyto series combines in-salon treatments and follow-up home care.

KEYWORD: CHRISTINA



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■ Spa Therapists

Company: Nutfield Priory Hotel & Spa
Location: Nutfield, Nr Redhill, Surrey, United Kingdom

■ Assistant Manager (Therapy)

Company: Center Parcs Ltd
Location: Whinell, Cumbria, United Kingdom

■ Beauty Therapists (Full and Part Time)

Company: Center Parcs Ltd
Location: Woburn, Bedfordshire, United Kingdom

For more details: www.spaopportunities.com



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SPA THERAPISTS

Location: Nutfield Priory, Surrey, United Kingdom

Salary: £8.50 – £8.75 per hour (depending on experience)

We are recruiting for Spa Therapists to join our team at Nutfield Priory Hotel & Spa. We have a variety of hours available ranging from Part Time to Full Time hours.

Nutfield Priory Hotel & Spa, is recruiting full and part time massage and beauty therapists. The hotel is a 60 bedroom grade 11 listed building, set in 40 acres of parkland dating back 143 years with a stunning history attached. It has an award winning restaurant and is an extremely popular destination hotel and spa.

Our spa has 9 treatment rooms, relaxation lounges and a Brasserie serving lunch and afternoon teas. We are seeking NVQ level 3 qualified individuals with personality and experience. We want you to love your job and embrace the warm, friendly personalities of our guests and be focused on delivering first class experiences and exceeding their expectations at every turn.

We are proud to work with Elemis and will ensure that after a year you are fully qualified to the five levels of Elemis training. We want you to be comfortable selling high quality spa retail products, as this is an important part of our business model.

Working at the spa is fun and opens up significant career opportunities for the wider Hand Picked Hotels group. We like to celebrate success at Nutfield Priory and actively encourage your feedback into improving the team ethic within the hotel. We are a family and we treat our team like family.

What we need from you;

- To be passionate about delivering the very best spa experience each and every day
- To be smart and well presented
- To have previous experience in a similar role or a real desire to prove yourself as a first time therapist
- NVQ level 2 or similar level spa related qualifications and be fully qualified as a minimum in manicures, pedicures and waxing
- An NVQ level 3 and to be fully qualified in massage and facials would be desirable but not essential
- Excellent level of spoken and written English
- To be able to work shifts as required that may include weekends and bank holidays
- Proof of eligibility to live and work in the UK
- A comprehensive benefits package is also available – further details available on request.

Our values support a family approach; we are passionate about our people as well as our hotels and clubs and welcome those who share our enthusiasm to join us. We seek vibrant people who believe that providing the highest of guest service is the key to success. Hand Picked Hotels is a group of architecturally stunning UK country house hotels built for pleasure. We aim to provide our guests and employees with a positively memorable experience. Our 21 hotels radiate charm, elegance and comfort and all are entirely unique.

FOR MORE INFORMATION PLEASE GO TO www.handpickedhotels.co.uk

Job opportunities with Aqua Sana at Center Parcs

AQUA SANA



Center Parcs is the leading provider of short break holidays in the UK, delighting generations of guests for the past 27 years. Each of our Villages is set in beautiful forest locations with over 200 activities and after recently opening our fifth Village, we now employ a team of more than 7,000 people.

Aqua Sana is our award winning spa which welcomes guests who are on short breaks as well as spa day clients. As well as 'World of Spa' there is a full treatment menu, using Elemis, Decléor and our own signature ranges. We also have an Express Beauty area, a fully stocked Boutique, and Vitalé Café Bar. Aqua Sana is a high quality, continually evolving spa concept.

If you're as passionate as we are about the benefits that spa can bring, why not be part of our evolution?

We are currently recruiting for various roles within our Aqua Sana teams across the 5 villages, including;

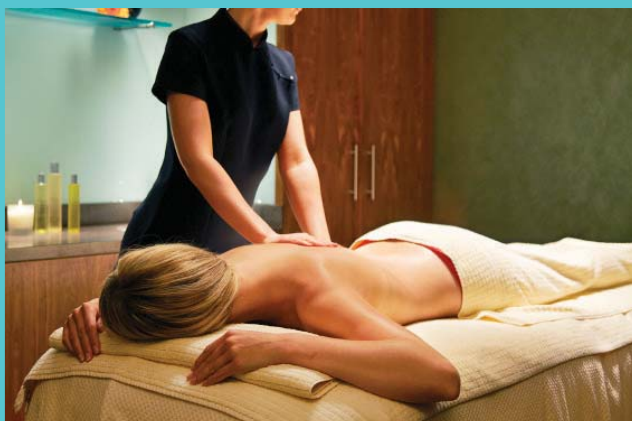
- BEAUTY THERAPIST (FULL & PART TIME)
- EXPRESS BEAUTY THERAPIST
- SPA HOST
- SPA LIFEGUARD

If you're interested in a career within Aqua Sana, please visit the Center Parcs Careers Website and select 'Job Search'.

Here you can select the Village where you are interested in working and see what opportunities are currently available. You can also register for 'Job Alerts' and we will contact you as and when opportunities become available.'

www.centerparcscareers.co.uk





one

SPA

Treatments Manager at One Spa

Edinburgh, United Kingdom

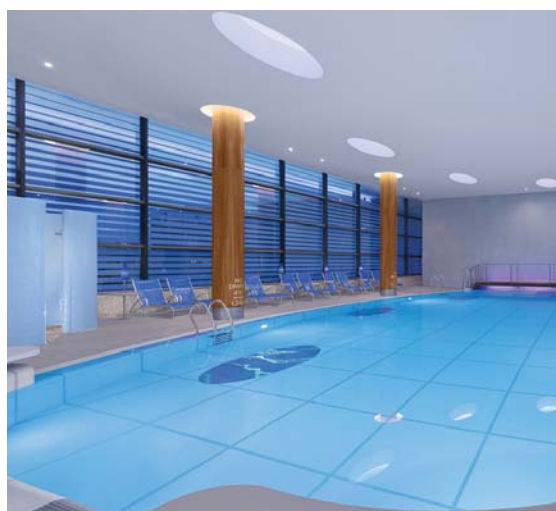
Salary: Competitive + company leading benefits

Regarded as Europe's most advanced city spa. The award winning One Spa, at the 5 star Sheraton Grand Hotel & Spa, Edinburgh, is a natural balance of energy, water and heat in a beautiful, light-filled space. With 17 treatment rooms, state of the art gym, a beautifully spacious 19 meter swimming pool, a roof top hydropool and a thermal suite. The philosophy at One Spa is all-encompassing; down to the smallest details the Spa is designed to comfort, pamper and relax.

POSITION PURPOSE

To Assist the Spa Manager in all operational procedures and codes of conduct within ONE to ensure the provision of an effective service. To ensure the smooth running of the treatment department and to maintain a high standard of treatments, cleanliness and motivation within the team. To assist the Spa Manager/Director with the development and implementation of the budget, marketing objectives, operational criteria, programming, staff relations and training, facility upkeep, and superior guest relations. You will also be required to perform Duty Management shifts, as and when required.

- Responsible for motivating retail sales and ensure that all sales are recorded accurately.
- Assist Spa Director in promoting One Spa to maximise profitability and achieve budget.
- To be responsible for the administration of goods, requisition, inventories, and cost effective usage of all department related materials and assets.
- To deal with all problems, enquiries and complaints from spa clientele.
- Be part of the hotel & spa HOD Team
- To oversee the recruitment, induction, training, development, appraisal and discipline of all spa treatment staff.
- To instigate a monthly meeting with all spa treatment staff to motivate and be aware of staff needs and aspirations.
- To set a standard at all times in professionalism, appearance and attitude as expected of all spa treatment personnel.



REQUIREMENTS:

- Must be qualified in Beauty Therapy to one of the following: NVQ Level 3, ITEC, City & Guilds or CIDESCO or equivalent
- Industry experience is preferred as you will be called upon to perform some treatments when required
 - Previous experience in leading/supervising a team
 - Experience of working with spa booking and scheduling software system
 - Excellent written and spoken English
 - Flexible and adaptable approach to working hours
- Impeccable personal presentation
- Previous P&L / Financial knowledge a distinct advantage
- Good rota and payroll understanding and knowledge
 - Committed, enthusiastic, organized and customer focused
 - Ability to work reactively and proactively

MORE INFORMATION:

Please visit www.spaopportunities.com

Major revamp for Great Barrier Reef site

Australian company White Horse Australia – which has strong ties to one of China's best known advertising and media companies White Horse Group – is set to redevelop a 584-hectare leasehold on Lindeman Island with the help of DBI Design and project managers Eastview Australia.

The regeneration of what was the former Whitsundays site of the Club Med resort chain will cost AU\$600m (US\$472m, €426m, £304m) and has been granted 'special project' status by the state government. While this status does not indicate government approval of the project, support will be provided given that the project will have a significant environmental impact, strategic significance and complex approval requirements.

The full proposal, which could create more than 800 construction jobs over four years, will offer roughly 335 suites and villas across five precincts, including a six-star spa resort



There will be a coral reef education centre and nature reserve at the site

and a five-star eco-resort. There will also be a central village, including shops, restaurants, a bar, another spa, a four-hole golf course and staff accommodation. A 50-berth marina will be built to transfer guests and the private airstrip will be upgraded to allow small jet landings and all-weather access.

A coral planting programme will also be implemented at the Great Barrier Reef.

Details: http://lei.sr?a=4R9Z7_S

Obesity causes daytime sleepiness: study

Obesity and depression are underlying causes for regular excessive daytime sleepiness (EDS) – not just a lack of sleep, according to a study by Penn State College of Medicine. This means sleep medicine needs to be personalised as the standard approach of prescribing sleeping pills and more sleep will fail in the long-term.

Wellness facilities have an important role to play in addressing sleep disorders and promoting health and wellbeing to clients in a comprehensive manner. They are in a prime position to give advice about weight loss and preventing depression-inducing loneliness – thus purging the world of its poor sleep epidemic.

According to the researchers, as much as 30 per cent of the general population experiences EDS during most of the day. While previous studies have associated EDS with obesity, depression and sleep apnea – a condition in which breathing pauses occur during sleep – this is the first study to use physiologic sleep data to infer causation and observe the EDS over several years. The researchers measured self-reporting of EDS



Obesity and weight gain predicted who would have daytime sleepiness

at baseline and again an average of 7.5 years later in 1,396 men and women. Participants completed a sleep history, physical examination and were evaluated for one night in a sleep laboratory. Physical, mental health, substance use and sleep problems were also recorded.

"Obesity and weight gain predicted who was going to have daytime sleepiness," said Julio Fernandez-Mendoza, assistant professor of psychiatry at the Sleep Research and Treatment Centre at Penn State College of Medicine. "Moreover, weight loss predicted who was going to stop experiencing daytime sleepiness – reinforcing the causal relationship."

Details: http://lei.sr?a=Y3C7y_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

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Association of Spas of the Czech Republic

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The Day Spa Association (US)

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Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

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Hungarian Baths Association

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The Iceland Spa Association

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Romanian Spa Organization

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Salt Therapy Association

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Samui Spa Association

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