

spa opportunities

15-21 JANUARY 2016 ISSUE 232

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Industry icon Geraldine Howard dies from cancer

Geraldine Howard, Aromatherapy Associates co-founder, died on 7 January after a battle with cancer.

Aromatherapy Associates issued a statement, saying: "Geraldine was celebrated across the world for her huge contribution to the industry... She was also recognised as one of the best-loved people in beauty and well-being and her passion, enthusiasm and love for her work was infectious.

"Geraldine's philosophy was to treat people well, always be fair and live a full life with no regrets and having spent much of her career educating people, she is known across the globe for her kindness, generosity of spirit and incredible passion," the statement continued. "Working tirelessly to spread the word and try and help improve lives, Geraldine has always credited a huge amount of her success to the people who have surrounded and supported her over the past 30 years and



Howard co-founded Aromatherapy Associates with Sue Beechey in 1985

for those people she was eternally grateful."

Howard got her start in aromatherapy in 1973, when, aged 21, she joined Micheline Arcier's renowned aromatherapy clinic in Knightsbridge, London, where she met Sue Beechey. Beechey and Howard founded

Aromatherapy Associates in 1985, and grew the British brand to international success in the spa world.

Recently, Howard was awarded the Leading Woman in Wellness award at the Global Wellness Summit, where she addressed the audience via video.

"My views on wellness and health have changed as I've gone through treatment," she said in the video message. "Particularly over the last 18 months, with a rampant cancer that has spread throughout my body. I now believe more than ever that it's vital medical therapies and natural remedies are used together."

Howard also gave insights into her approach to illness in the video, saying, "If I didn't have faith and believe that what is meant to be will be, and there's a divine world that guides us, I would have found it very difficult to manage."

For more on Howard, see pages 10-11 inside

Starwood names Mangas new CEO

Starwood Hotels & Resorts has named Thomas B. Mangas chief executive officer, following the resignation of Adam Aron, who is leaving the company to become CEO and president of AMC Entertainment Holdings.

Mangas has been executive vice president and chief financial officer since September 2014. Prior to joining Starwood, he served as executive vice president and chief executive officer of Armstrong Floor Products.

Starwood said it expects its previously announced acquisition by Marriott to close by mid-year 2016. Details: http://lei.sr?a=S3y6t_S

Alila expanding in Asia with six new locations

Commune Hotels & Resorts is expanding with six new Alila properties in Asia this year at locations in China, India and Indonesia.

The company will open a heritage property in India, the Alila Fort Bishangarh, which will launch in Q4 following the restoration of the 230-year-old Rajasthan Fort.

Positioned on a granite hill in the Arvalli Mountain Range with spectacular 360-degree views, the warrior fort is thought to be the only one of its kind to be converted into a heritage resort. It is a unique example of the Jaipur Gharana architecture, influenced by both the Mughals and the British.

The original fort will remain intact, and the company said it is being careful with the ecological restoration and reconstruction of



The Alila Fort Bishangarh is a heritage property

new residential areas to recreate the courtly flavour of Shapura's royalty. The fort features two-metre thick walls with openings for firearms, as well as turrets, known as burjs. A new structure is also being created above and outside the old fort to house five styles of royal suites as well as the public areas.

The resort will feature 59 suites, as well as restaurants, bar and cigar room and wine cellar.

Continued on back cover

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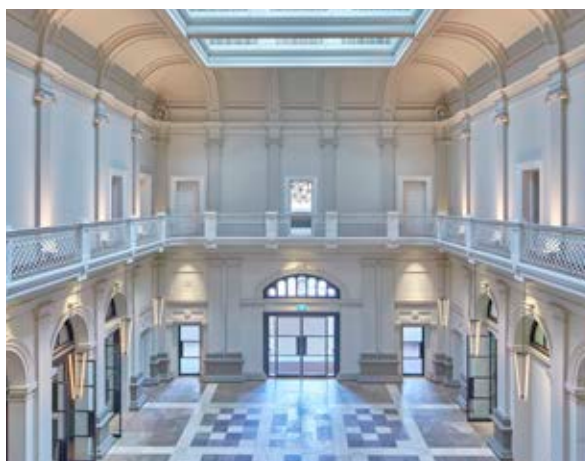
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Como The Treasury opens in Perth

Como Hotels & Resorts has recently opened Como The Treasury – its fifth city property – in Perth, Australia. The hotel occupies a group of late Victorian stone and brick buildings – known locally as the ‘State Buildings’ – that have played an important role in the city’s history for the past 140 years, serving as a post office, land titles office and treasury, and also once home to Perth’s original seat of government.

Kerry Hill Architects have overseen an AU\$110m (US\$79m, €72m, £52m) restoration project that encompasses not only the entire Cathedral Square redevelopment on Cathedral Avenue, but also the interior and exterior of the new Como The Treasury.

Como Shambhala Urban Escape Perth – the spa at The Treasury – has four treatment rooms, including one double, as well as a 20m heated indoor pool, gym and yoga studio. The spa offers holistic treatments including massages, body scrubs, wraps and facials using its own branded range



Como The Treasury is the brand's fifth city location

of aromatherapy, bodycare and haircare products, as well as Sodashi and Nvey Eco.

Focused on wellbeing for both hotel guests and Perth residents, Como Shambhala Urban Escape Perth is finished with rich tones of dark wood and travertine, with softly-lit bronze ceilings. The original steel shutters and bars on the windows are dramatic, and with a sophisticated lighting scheme, give the sense of a retreat.

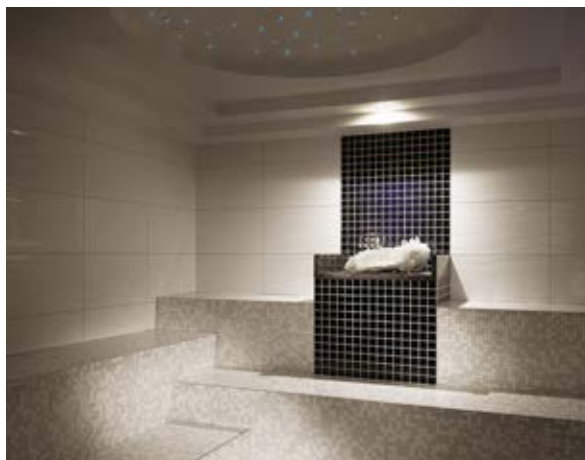
Details: http://lei.sr?a=X3g8H_S

Former Canyon Ranch spa now Clarins

The 70,000sq ft (6,503sq m) Spa at Carillon in Miami Beach – once a Canyon Ranch location – is now a Clarins “wellness space” in the heart of the city’s Art Deco district.

The spa includes six facial rooms, 14 massage rooms, four body treatment rooms, a salon and manicure/pedicure area with four stations. It will offer a full selection of Clarins facial, massage, body and hand/nail treatments, including customised facials that provide solutions for multiple skin concerns.

“The body treatments were especially designed for Miami clients, who are wellness and beauty-conscious, and can now choose between lifting, firming and moisturising treatments, or add a detoxifying abdominal treatment that will enhance the toxin release and increase the benefits of any massage or body treatment,” said Milana Knowles, senior director of spa development for Clarins USA.



The 70,000sq ft (6,503sq m) spa includes a crystal steamroom

The spa stretches over indoor and outdoor space, and includes an igloo treatment room; thermal experience areas, herbal laconium, crystal steamroom and experiential rains. The Carillon was previously a Canyon Ranch, but in January 2015, Canyon Ranch ceased operations at the resort, following a failure to renegotiate a new contract agreement with the new owner. Details: http://lei.sr?a=N8A4v_S



Urquiola designing Lake Como resort

Ten years after opening luxury boutique hotel *le Sereno* in St. Barths, *Sereno Properties* is set to open a new location, *il Sereno Lago di Como*, on the shores of Italy's legendary Lake Como.

Scheduled to open in Q2 2016, *il Sereno* will feature interiors by Milan-based designer Patricia Urquiola, who was recently recognised as "Designer of the Year" by *Wallpaper* magazine.

The essence of *le Sereno* – an intimate setting with a cutting-edge design – will also be apparent in its new 34-bedroom Italian cousin. The resort will feature a full-service spa, as well as a 60ft (18m) fresh-water infinity pool suspended over the water of Lake Como. Spa details are not yet available.

Il Sereno is located on a scenic promontory along the lake's eastern shoreline, offering views across the water and to the adjacent village of Torno. Set to a backdrop of the Southern Alps' snow-covered peaks, the property will focus on relaxed privacy and inspiring design. Urquiola – who is behind the products at



The resort will feature an infinity pool suspended over Lake Como

many of the world's leading design houses, including B&B Italia, Baccarat and Louis Vuitton – has rejected the Neo-Renaissance and faux classic inspirations of the region. Instead, she has focused on creating a contemporary sanctuary with a sense of timeless elegance, complete with natural materials, refined decor and understated elegance.

The hotel will also feature a private docking facility, and guests may arrive by boat.

Details: http://lei.sr?a=j6A3s_S



This will be the third property for Nikki Beach

Nikki Beach Resort & Spa coming to Dubai in 2016

A 117-bedroom Nikki Beach Resort and Spa will open in Dubai in spring 2016. Developed in partnership with Meraas Holding, this will be the third property in the Nikki Beach Hotel and Resorts portfolio.

The resort will include a 1,640sq m (17,653sq ft) Nikki Spa with nine treatment rooms, including a couples' suite. Facilities include a hammam, steam room, ice fountain, external vitality pool, courtyards and internal and external relaxation lounges for men and women. The spa features equipment by Gharieni and will be managed by ESPA.

The Dubai property will be located on the waterfront of Pearl Jumeira and will also include 15 villas and 61 residences, with units ranging from one to four bedrooms.

Details: http://lei.sr?a=B5Q5V_S

Ted Baker founder designs new Hilton

The Hilton Bournemouth has opened in England, featuring interiors by Ted Baker fashion brand founder Ray Kelvin and one of the UK's first eforea spas.

Classic design and quirky innovation are central to the hotel's aesthetic, with bespoke interiors and furnishings designed exclusively for Hilton Bournemouth by Kelvin throughout. The hotel was developed by privately owned property company THAT Group – whose chair

is also Kelvin. Housed in a soaring glass structure, the 172-room property offers panoramic views across the popular seaside town.

Local craftsmanship and design influences are visible around the hotel, including specially curated items celebrating the best of British design. The hotel is home to one of the UK's first eforea spas, with four treatment rooms alongside a 20m (66ft) indoor pool, sauna, salon and 24-hour, state-of-the-art fitness suite.

"No ordinary design, the exquisitely



The Hilton Bournemouth features interiors by Ted Baker's Ray Kelvin

curated hotel incorporates refined aesthetics with a quirky edge," said Peter Tisdale of THAT Group. "Sitting perfectly alongside the innovative design and technological industries of the area, it's a real head-turner."

The hotel is home to one of the UK's first eforea spas, with four treatment rooms alongside a 20m (66ft) indoor pool, sauna, salon and 24-hour, state-of-the-art fitness suite. Hilton recently refreshed its eforea spa model.

Details: http://lei.sr?a=H6T3N_S

US President Obama signs law banning microbeads

US President Barack Obama has signed into law a bill that bans the sale of microbeads – small, polyethylene beads used as exfoliants in beauty and personal care products – by 2018.

The man-made beads, which are commonly used in skincare products, have been under scrutiny, as they do not biodegrade, and are able to absorb toxic chemicals, which can then work their way up the food chain, as fish often mistake the beads for food. Companies that use the beads in products must stop manufacturing them by mid-2017, with a US ban on the sale of the products set to go into effect in July, 2018.

International beauty and spa therapy standard-setter CIDESCO recently called on its membership to replace products that use microbeads with safer alternatives.

Details: http://lei.sr?a=h2Z4w_S

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'Huge' potential for Middle East spas

Latest findings from independent research company Intelligent Spas show that 259 new spas have opened worldwide while 208 have closed over the past two years.

The Middle East/Africa region has the best ratio of openings to closures at 75:7, whereas Europe has the worst result, with spa numbers falling 42 per cent in the select markets.

"Overall, spa numbers grew 25 per cent across the study; however, tracking closures quickly highlights the state of each spa market," said Julie Garrow, managing director of Intelligent Spas.

"The regional findings highlight the emerging versus mature markets and as we have seen during our Spa Development Pipeline Research conducted in the Middle East, that region has huge potential for further growth," she continued.



The Middle East/Africa has the best ratios of spa openings to closings

Intelligent Spas' research study reviewed 6,771 spas in 49 key markets and includes the latest information on spa and hotel brands, by local, regional and international brands; average for indoor spa size; number of treatment rooms; and key facilities promoted by spas.

Details: http://lei.sr?a=j9u3E_S

Wine chateau offers 'guilt-free' spa

Château St Pierre de Serjac, a wine estate in France's Languedoc region, will reopen in February 2016, following a two-year, €25m (US\$27.5m, £18m) renovation. The project is a collaboration between winemaker Laurent Bonfils and hoteliers Karl and Anita O'Hanlon, who also own the luxury property Château Les Carrasses nearby.

Restored in 1886 by Baron Cyprien deCrozals and designed by pre-eminent architect Louis-Michel Garros, the estate occupies 200 acres, with views of rolling vines, olive groves and woodland.

Hidden within the gardens is a light-filled Mediterranean Spa offering mostly organic treatments from French skincare brand Cinq Mondes. The team refers to it as a "guilt-free" spa, where chilled estate rosé sits alongside the traditional herbal tea and detox juices, and treatments come with a square of dark chocolate at the end.

"We want the spa at St Pierre to be a celebratory, generous experience," said Karl O'Hanlon. "Calm, relaxing and sensuous for sure, but not austere or critical. So we've



Chilled estate rosé sits alongside traditional herbal tea at the Chateau

tried to ensure that a little Mediterranean Joie de Vivre is present – the spa is full of sunlight, and if a guest wants to enjoy a glass of rosé in the whirlpool after a treatment, then that's what they'll do."

Beyond the four treatment rooms – one of which is a double – is an alpine-style indoor pool, housed in a solarium-like structure whose sliding doors peel back to allow sunlight to flood the space. The area also features a hot tub, aromatherapy hammam, sauna and relaxation area.

Details: http://lei.sr?a=R4n8F_S



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The importance of warm-up exercises



NARELLE BLINMAN

Director of Education,
CIDESCO

Life as a beauty therapist is physically demanding. Long periods of standing, bending and stretching combined with intense use of the hands can take its toll on therapists' health – affecting both them and their employers.

While most beauty and spa businesses regulate the number of massage treatments their therapists perform each day, more can be done to protect therapists' health by ensuring that regular warm-up and cool-down exercises are included in their training.

As health and safety regulations vary from one country to another and therapists are increasingly working longer in their careers, this issue is more important today than ever before.

Working as a beauty or spa therapist is physically very demanding. Just as athletes prepare their body for sport, therapists should warm up their own muscles prior to commencing work each day and cool down at the end of the day to prevent workplace injury. This should be taught as part of their training, but the onus is on therapists to ensure they continue to do these exercises throughout their career.

CIDESCO works with physiotherapists to ensure therapists are taught how to strengthen and protect their hands and bodies to ensure a long and healthy career.

Recommended exercises that are included in CIDESCO's Beauty and Spa Therapy Diploma training cover maintaining posture; abdominal and back strengthening; full body stretches with a focus on the hamstrings, calf muscles, back and neck; circling and rolling exercises of the shoulders and neck; and specific hand, finger and wrist strengthening exercises.

Therapists must ensure that they are trained in these exercises, but also that they continue to practise these exercises throughout their career, both at the beginning of the day to warm up, and at the end of the day to cool down.

A new year is a great time to build new habits – as we start out in 2016, why not make a resolution to include these exercises in your routine every day?

Après-ski pampering at Swiss spa

Luxury Swiss resort Nira Alpina has collaborated with spa brand Pure Altitude to create a new 4,305sq ft (400sq m) on-site spa.

The Spa by Pure Altitude has five treatment rooms, including a relaxation room with coloured mood lighting, a steamroom, sauna and a whirlpool with an underwater relaxation bed. It features an extensive menu of 'multi-sensorial' treatments using mountain plant extracts with natural active ingredients, promoting total relaxation, recuperation and wellbeing for après-ski pampering.

Locally-sourced ingredients such as Edelweiss, essential oils, minerals and glacier water are incorporated in the Pure Altitude skincare range and treatments. Therapists perform signature massage treatments using hot stones, wooden sticks and linen



The Spa by Pure Altitude uses mountain plant extracts in treatments

bags filled with salt and mountain plants to help improve fatigue and replenish energy levels after a day on the slopes.

"We're delighted to be working with this award-winning alpine spa brand," said MPS Puri, CEO of Nira Hotels & Resorts.

Details: http://lei.sr?a=4A7x4_S

Wanda's spa has rainforest theme

Chinese developer Dalian Wanda Group has opened a five-star mountainside hotel within its 5.3sq km (2sq mile) international resort in Yunnan province.

Beijing architects Office for Architecture + Design (OAD) designed the hotel – the first operated under the Wanda Vista brand – drawing inspiration from the lush surrounding forests of Xishuangbanna prefecture and the traditional architecture of the region.

Stone foundations, curving wooden roofs, peacock motifs, simple courtyards and colourful outdoor gardens have been used for the hotel's 151 villas and its spa centre, emulating the styles of the local Dai culture.

"Xishuangbanna' means an ideal land of magic in the ancient language of Dai, and we wanted to reference that," said OAD in a statement. "We carefully studied the origins and special elements of the local culture and area and chose to build a contemporary hotel bridged with traditional Dai design."

Guests can choose to stay in golden-coloured holiday villas, suites or detached private villas,



The hotel and spa draw inspiration from the surrounding forests

each with modern interiors designed by the Wanda Institute of Hotel Design and Research.

Each accommodation type comes with a private pool, tropical garden and open terrace.

Xishuangbanna is home to a large area of rainforest – which local legend states to be paradise on earth – and the hotel's SHUI Spa incorporates a rainforest theme to pay homage to the area. The spa is formed by five detached villas, each of which features a spa treatment room, card room, hot tub and outdoor swimming pool.

Details: http://lei.sr?a=A7q3K_S



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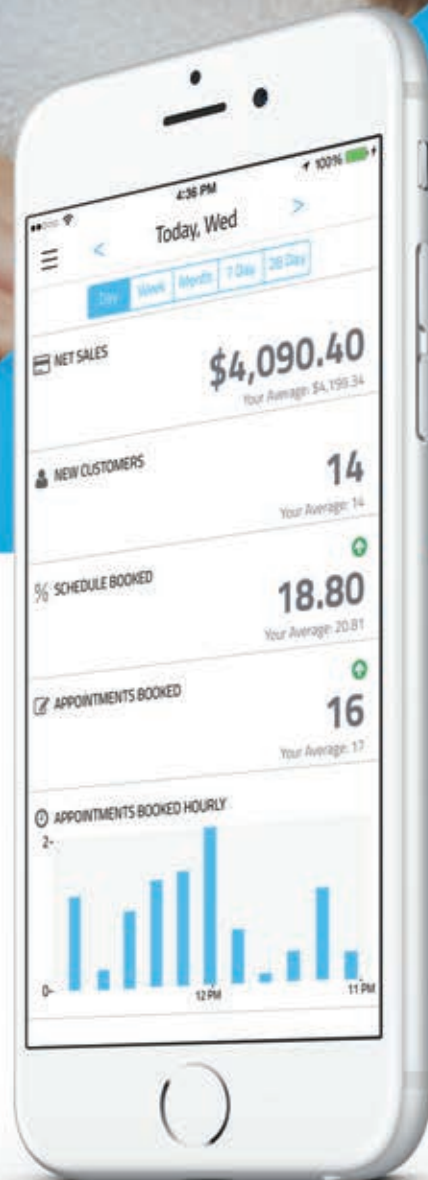
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Geraldine Howard

a personal note

Geraldine Howard, co-founder of Aromatherapy Associates, died last week. Liz Terry pays tribute to an extraordinary woman



By Liz Terry, CEO of Leisure Media

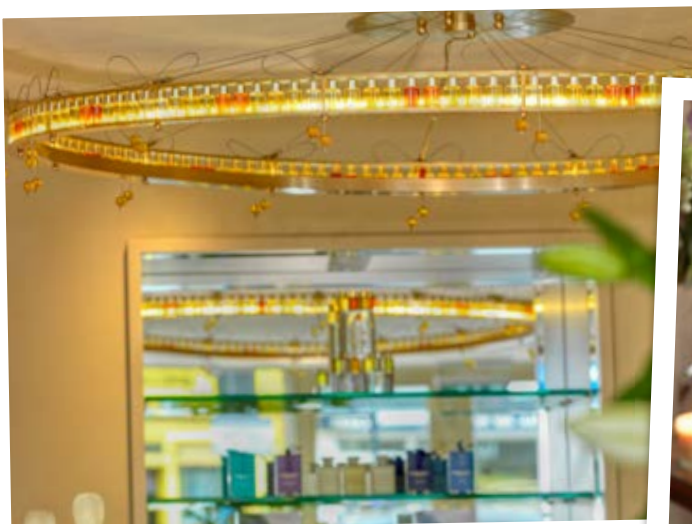
Geraldine Howard was the best of us, she was a light spirit and a joyful soul who worked tirelessly to make the world a better place through her endeavours, gifts and energies.

She was hugely creative and compassionate and her first instinct was always for others. These gifts directed her life's work, meaning she led her team at Aromatherapy Associates in building a business with great integrity which creates meaningful products people need and value.

She's left a great legacy: a company which leads the field in innovation, standards and consistency; a list of loyal clients who view their relationship with Aromatherapy Associates as far more than just business; and a lifetime spent training others and passing on her knowledge, passion and enthusiasm for aromatherapy.

Geraldine was a businesswoman and understood that in order to spread the word about aromatherapy and make it a force for good, she had to build a successful company. However, her business-focus was driven by her ideology

“She turned every situation to a positive. Even her cancer treatment inspired the launch of a new oil, called Inner Strength, which she used as a fund-raiser for a new cancer protocol she had benefitted from”



(Top) Geraldine Howard built Aromatherapy Associates from scratch to be a significant global brand, training generations of therapists in aromatherapy. (Left) delegates at the Global Wellness Summit enjoyed her specially formulated oil

She had a genius for aromatherapy which – when combined with her highly empathetic nature – enabled her to intuit the healing needs of others

and not by personal greed, so her many successes were all the more authentic as a result.

She got great satisfaction from seeing the enthusiasm for her products among her loyal customers, who use them as part of their personal wellbeing regime and from the fact that their lives are changed for the better by using the products she created.

It was also important to her that others were also able to lead happy, fulfilling lives with good employment prospects – be it within her own business or those of her clients – as a direct result of her work.

There's a group of people in the spa industry, who can proudly say 'I was trained in aromatherapy by Geraldine Howard' and to feel it as a badge of excellence – they will carry on her work and are one of her greatest achievements.

She had a genius for aromatherapy and an incredible 'nose' which – when combined with her highly empathetic nature – enabled her to intuit the healing needs of others and formulate products which met those needs. It's

important we remember that this powerful gift was the bedrock of her life's work.

On a personal level, for the many who counted Geraldine as a friend or mentor we've been very blessed to have her in our lives. She created positivity in so many ways and lit up the room with her smile.

She led by example and her grace under pressure in the face of the illness which took her from us far too soon, is a true inspiration in how to take what life dishes out and make the very best of it right to the end.

She turned every situation to a positive and even her cancer treatment inspired the launch of a new oil – called Inner Strength – which she created and used as a fund-raiser for a new cancer protocol she had benefitted from.

And even after drastic chemotherapy in 2015, she still found the strength to devise a treat for friends, colleagues and delegates at the Global Wellness Summit in Mexico City.

Unable to attend due to her failing health, she mixed a special aromatherapy oil and sent

it – along with a taper for every delegate – to enable everyone present to take a break and inhale the scent. She planned this with huge attention to detail and it was such a generous and thoughtful thing to do.

The purpose being to raise awareness of the need for hospitals to use essential oils in patient treatment regimes.

In an accompanying video, she explained to delegates how she had found great comfort through the use of oils while in hospital and wanted to pass this idea on to the wider world.

Later, delegates applauded when she was honoured via Skype with the Leading Woman in Wellness Award in the Global Wellness Awards.

Geraldine's legacy and gift to us is a set of powerful lessons: to make the most of every second of precious life, to put our heart and soul into our work and find joy in it, to give selflessly of ourselves, to keep fighting right to the end and never give up, to set the highest standards in everything we do and most importantly, to never lose our sense of humour. ●

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Germaine de Capuccini partners with Champneys

Germaine de Capuccini partnered with UK-based Champneys Health Spa to offer a new Chocolate Wrapper treatment, giving it an updated edge with some of Germaine de Capuccini's signature products. The treatment begins with a relaxing protocol using warm pindas and a choice of aromatherapy oils, then continues with a chocolate body polish and envelopment in Chocolate Body Butter. While the wrap nourishes the skin, guests will enjoy a scalp massage using a revitalising hair oil enriched with Baobab oil, plus a foot massage using decongesting Dreamy Legs Gel. treatment concludes with a spritz of choice from the Germaine de Capuccini Carmen Vidal fragrance line.

KEYWORD: GERMAINE DE CAPUCCINI



Rice Force adds mask to skincare lineup

Rice Force has developed a rice-based mask as part of its Premium Perfect Skincare Treatment. Ideal for mature or very dry skin, the Premium Perfect Mask is made using Rice Power® Extract – a new type of active ingredient – which is packed into each mask sheet to improve the skin's ability to retain moisture.

The mask is also available for home care with an intensive face pack for immediate skin hydration and brightening up.

KEYWORD: RICE FORCE



Supplier Spotlight

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For more information, or to contact any of these companies, log on to www.spa-kit.net and type the company name under 'keyword search'



Comfort Zone launches Himalayan salt massage treatment

Comfort Zone has incorporated the ancient healing properties of Himalayan Salt into a new 60-minute body treatment.

The treatment is designed to be an effective year-round detox and revitalisation option, ideal as a winter warming treatment or a remodelling summer massage for pre or post-sun exposure. The Himalayan Salt Massage has been created by Antonella Latilla, Comfort Zone master trainer, in collaboration with cardiologist Dr Massimo Gualerzi and Dr Mariuccia Bucci, a nutridermatologist.

They have formulated the process to be a stand-alone treatment for skin, body and mind to ease muscle aches and pains, stimulate the metabolism, improve blood circulation, detoxify and aid weight-loss. The treatment begins with a 20-minute body massage using warm Himalayan salt stones, then moves to a salt scrub and face massage, followed by application of two creams to the face and body: The Age Massage Cream or Aromasoul Cream Base for the upper body and Body Strategist for the lower body. draining, reducing action.

KEYWORD: COMFORT ZONE

Mii unveils winter range of makeup for sultry eyes

Mii has revealed its new Eloquence winter range of makeup.

Going for the sultry eyes and 'decadent lips' look, the Eloquence set includes a signature gel eyeliner, eye detail brush, couture eye colour, and Lip Lover lipstick.

Mii has also packaged six Favourites collections of makeup, each with mirror.

Each collection includes the Luxurious Liquid Liner in Lavish 02 (black) and the Showstopping Lash Lover in Diva 01 (black) along with a different shade of lip colour.

KEYWORD: MII



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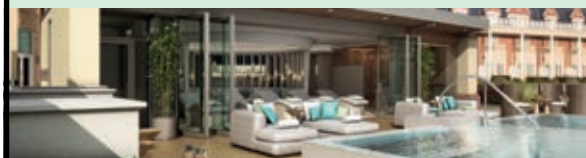
Role: Spa Therapist

Reporting to the Treatment Manager, the Spa Therapist will be responsible for providing the highest level of luxury treatments and ensuring that guests receive five star care and attention at all times. They will ensure treatment room presentation standards are maintained and product usage guidelines are adhered to. They must provide advice to all guests and members using the Spa on treatments, products and related Spa services and ensure that all operational standards are enthusiastically and consistently achieved.



Our ideal Spa Therapist will:

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The Wellbeing (London) Co
Job location: Richmond, London, UK

■ **Spa Manager**
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Job location: Jersey, UK

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- Be responsible for updating yourself with all company information.
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- You will have an ITEC training qualification minimum of NVQ Level 3 or equivalent in Beauty Therapy (Face and Body)
- You will have a genuine interest of Holistic Therapies including Hot Stones, Chakras and Crystals.
- Ideally, you will have worked in a 5-star spa environment as a Head Therapist, Trainer or Spa Manager.
- Be confident in training and communicating to teams who are multi-lingual/cultural.
- Ability to think outside the box and deal with unexpected situations. Strong communication skills, both written and verbal
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www.mspaacademy.com

Spa Therapist

Location: Essex, United Kingdom

Salary: Competitive



Qualifications

- Experienced, ideally having worked in a highly customer service oriented spa environment
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- CIDESCO/BABTAC qualified (or equivalent) and experienced (NVQ level 3 or similar).
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Alilas opening in China, Indonesia, India

Continued from front cover

There will be a Spa Alila on the upper floor of the fort, which will include four indoor treatment suites as well as two garden suites, and will feature contemporary interior design plus Indian and Southeast Asian treatments.

Commune will also expand the Alila brand into China this year with the opening of three new properties. Launching in Q2 2016, Alila Anji will be located in the heart of the Zhejiang province and will be surrounded by pristine bamboo groves, white-tea plantations and a grove of plum trees that blossom spectacularly in the spring.

The resort will resemble a traditional Chinese village, with white exteriors and sweeping dark-tiled roofs, and will feature 74 villas and suites with elevated views across the lake. It will include the first Spa Alila in China, with seven treatment rooms – including two double – plus reflexology rooms, a spa boutique, and an extensive menu of health,



Alila Anji will feature 74 villas and suites with views across the lake

beauty and restorative treatments, including traditional Chinese medicine-inspired treatments. Other facilities include an indoor swimming pool and yoga tai chi pavilion.

Alila Yangshhuo, originally a sugar mill, will become a 118-bedroom historical yet contemporary design resort, while Alila Tianxi will overlook a lake and luxury golf course. The 227-bedroom Alila SCBD, designed by IAW architects, will open in the heart of Jakarta's Financial District in Q2 2016.

Details: http://lei.sr?a=q7X3t_S

Z Capital acquires Swiss wellness resort

Private equity management group Z Capital Partners has acquired the historic Waldhaus Flims Mountain Resort & Spa located in Flims, Switzerland. The undisclosed deal further enhances Z Capital's health and wellness hotel platform, following its acquisition earlier this year of the Carillon Miami Beach.

The company said it plans to maintain the property's storied heritage while upgrading the resort to a five-star luxury hotel. Its strategy includes investing in the hotel rooms and expanding the spa and wellness facility, eventually developing an integrated medical wellness component.

"This mountain resort is unlike any other in the region, boasting luxury amenities, a premier spa facility and renowned wellness centre, as well as access to the exceptional array of world-class fitness and outdoor activities found in the Swiss Alps," said James Zenni, president and CEO of Z Capital.

Zenni said the property represents an ideal first international acquisition for Z Capital. "Following our acquisition earlier this year



The historic Waldhaus Flims will be upgraded to a five-star property

of Carillon Miami Beach...we are positioned to leverage our expertise and ensure that the Waldhaus Flims delivers an unparalleled experience to visitors of this truly exceptional destination," he explained.

Originally established as an alpine summer destination spa hotel in 1877, the Waldhaus Flims is situated in the resort town of Flims in the heart of the Swiss Alps.

It boasts a 2,500sq m (26,910sq ft), five-star spa that features a modern fitness facility and multiple rejuvenating pools.

Details: http://lei.sr?a=f2z7m_S

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