

spa opportunities

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McDonald, Baker collaborate on new Mayan spa

Amy McDonald, owner and CEO of Under a Tree, Health and Wellness Consulting, has created a destination spa built on Mayan tradition for the upcoming Chablé Resort in Mexico.

Operated by Hamak Hotels, The Chablé Resort is set to open next month in Chochola, Yucatan, and will feature 38 glass-fronted casitas and two villas designed by Jorge Borja of Grupo BV.

“Although it is really high-end luxury it is thoughtfully infused with local culture and nature,” said McDonald. “The rooms are completely surrounded by glass – you are in the jungle.”

The 3,022sq m (32,530sq ft) spa will blend ancient mysticism with modern curiosity, and features a naturally formed cenote as well as three temazcal experiences.

The cenote – seen as a healing force in Mayan culture – is central to the spa, and



Amy McDonald created modern versions of traditional Mayan rituals

guests can even bathe in it. The spa features 12 single treatment rooms, one double and one spa suite – all situated around the cenote.

McDonald hired Bonnie Baker, owner of Mexico-based spa consultancy Satteva to collaborate on all aspects of the spa, including a

wide selection of signature treatments for the property, each of which are focused around one of three themes: Fountain of Youth (Flow), designed to be relaxing and rhythmical; Tree of Life (Balance), which is purifying and de-stressing; and Heaven on Earth (Inspire), which aims to be heart-opening and connecting.

Each theme has a signature ritual; The Fountain's Flow, for instance, is a three-hour ritual inspired by the fountain of youth that draws on the healing waters of the cenote. It includes a flotation experience, herbal salt exfoliation, lymphatic flow massage and aromatic anointment –

which uses plants, herbs and protocols very specific to the area and to Mayan traditions.

“We really want people to come and experience a modern interpretation of traditional Mayan rituals,” said McDonald.

Continued on back cover

UK budget health club operator gets into beauty

The founder of UK budget health club operator Pure Gym, Peter Roberts, has launched a new salon concept which aims to “transform” the UK's beauty market. Spruce Moose will become the UK's first nationwide beauty business to operate a membership model, offering up to 40 per cent off treatments to those who sign up. The model is similar to that currently operated by French company Bodyminute.

The first Spruce Moose is set to open later this month at the newly-opened Everyman cinema and retail complex in Harrogate, Yorkshire.

Details: http://lei.sr?a=J8a2U_S

Hot springs leaders gather for think tank

The first ever Global Thermal Think Tank took place 13-14 October at the Toskanaworld Hotel and Therme in Bad Orb, Germany, bringing together global leaders in the hot springs industry for presentations, networking, and the exchange of ideas.

The conference began with representatives from around the world giving short presentations on their hot springs culture, the types of hot springs in their market, and current and future trends.

Mike Wallace, brand manager for Danubius Hotels Group – which operates wellness hotels in Hungary, Great Britain, the Czech Republic, Slovakia, and Romania – introduced the session, saying: “If we want to be truly global, it's important to look at things from



Thermal leaders gathered in Bad Orb, Germany

outside our own country” – a theme that permeated the spirit of the conference, which focused on collaboration and open dialogue.

Wallace – and many others throughout the event – mentioned the need for clinical trials backing the health effects of thermal waters as an important factor in growing the industry.

Continued on back cover

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The Leisure Media Company
Portmill House, Portmill Lane,
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Tel: +44 (0)1462 431385
Fax: +44 (0)1462 433909
e-mail: please use contacts'
fullname@leisuremedia.com

Subscriptions

Denise Adams +44 (0)1462 471930
subs@leisuremedia.com

Editor

Liz Terry +44 (0)1462 431385

Head of news

Matthew Campelli +44 (0) 1462 471912

News editor

Jane Kitchen +44 (0)1462 471929

Reporters

Tom Anstey +44 (0)1462 471916

Kim Megson +44 (0)1462 471915

Publisher

Astrid Ros +44 (0)1462 471911

Product editor

Kate Corney +44 (0)1462 471927

Design

Ed Gallagher +44 (0)1905 20198

Web team

Michael Paramore +44 (0)1462 471926

Dean Fox +44 (0)1462 471900

Emma Harris +44 (0)1462 471921

Tim Nash +44 (0)1462 471917

Circulation manager

Michael Emmerson +44 (0)1462 471932

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Wellness-focused Westin debuts

The Westin Cairo Golf Resort & Spa Katameya Dunes has opened with a 3,000sq m (32,292sq ft) Heavenly Spa by Westin and a focus on nature and wellness.

Owned by New Cairo for Real Estate Investment Company, the resort and spa features 135 bedrooms and suites, and is located in the residential community of Katameya Dunes, anchored by a 27-hole championship golf course.

The Heavenly Spa boasts 10 treatment rooms and two couples' suites, as well as a high-tech steam room, rain shower and sauna.

Other wellness offerings at the resort include a naturally-lit indoor plunge pool, an outdoor swimming pool, a WestinWorkout fitness studio, and the RunWestin programme, which features three- and five-mile jogging routes through the residential neighbourhood.

"The global demand for wellness continues to propel Westin's growth momentum around the world, including our debut in new markets like Doha and Dubai, and our expanded



The hotel has a 3,000sq m Heavenly Spa by Westin and a nature focus

presence in destinations like Spain, Germany and now Egypt," said Brian Povinelli, global brand leader, Westin Hotels & Resorts. "As the second hotel Westin will open in Egypt this year, we are thrilled to introduce the brand in Cairo and inspire a new level of wellbeing for our guests before, during and after their stay."

The hotel is designed to feel residential and intimate, yet open and airy, and features a biophilic focus and connection to nature.

Details: http://lei.sr?a=d9u9r_S

Enso spa opens at Four Seasons Kyoto

The Four Seasons Hotel Kyoto has opened in the shadow of Higashiyama Mountain. Set in a secluded five-acre (two-hectare), 12th century pond garden, the hotel includes a spa grounded in the Japanese aesthetic of enso, connecting mind and body.

Spa consultancy Blu Spas worked on the project, which features seven treatment rooms, including one couple's suite, and a menu of ceremonious rituals and results-oriented therapies. Skin care treatments use Tatcha, a brand inspired

by the 200-year-old style of Miyakofuzoku Kewaiden. French skincare brand Biologique Recherche and Australian brand Sodashi are also used, alongside Kotoshina products, which are formulated with organic green tea from Uji, Kyoto and French spa water.

The spa complex also includes a sauna, steam room and whirlpool, as well as a beauty salon, fitness centre and indoor pool.



Spa consultancy Blu Spas worked on the spa at Four Seasons Kyoto

The 123 guest rooms and 57 residences are designed by Hirsch Bedner Associates to showcase views of the pond garden, Myoho-in Temple and surrounding neighbourhood.

Traditional elements, such as shoji panels, polished woods, locally crafted Kyoto-style fusuma screens and urushi lacquerware are paired with modern technologies.

Details: http://lei.sr?a=q8E8s_S



Six Senses spa to open in Courchevel

Six Senses is opening a spa in the ski-resort destination of Courchevel, France this December, catering to local residents, chalet owners, holidaymakers and other skiing enthusiasts. Located in the heart of Courchevel 1850, the spa is a part of Six Senses Residences Courchevel which houses 53 penthouses and apartments.

The spa will feature a bathing circuit designed with the skier's needs in mind, and will welcome a variety of visiting practitioners who will complement the menu

of signature therapies aimed at relieving aching muscles and joints. Spa memberships will be available to guests wanting a wellness top-up on a more regular basis.

The design concept is based on snow waves and their organic shapes, which have been translated into contemporary features throughout the spa. Dressed in a palette of white, clean and bright colors, they are complemented by mountain motifs. Using biophilic principles, the spa design aims to



The spa's design concept is based on snow waves and organic shapes

articulate the relationship between nature, human biology and built environment.

The 7,500sq ft (700sq m) spa features five treatment rooms an indoor swimming pool with a relaxation area, and an outdoor hot tub. There is also a vitality area with bio sauna, sauna, Kneipp path, rain shower and a steam room. Face and body treatments will use The Organic Pharmacy, and Kure Bazaar nail varnishes are used in manicures and pedicures. *Details: http://lei.sr?a=v2G9j_S*

Champneys acquires historic manor

UK spa health resort operator Champneys has acquired the historic Eastwell Manor in Kent, set within 3,000 acres of lawns and grounds 30 minutes outside of London.

Champneys will operate the hotel under the title of Champneys at Eastwell as of 1 November, and will offer health and beauty treatments in line with its other resorts.

The hotel has origins dating back to the Norman conquest, and includes 62 bedrooms and suites, two restaurants, a spa and leisure facilities. It maintains many traditional features, such as carved panel rooms and large baronial stone fireplaces.

The hotel will complete a refurbishment programme by summer 2017, and will be Champneys fifth resort spa in the UK. The brand also operates six city spas.

"The acquisition of Eastwell Manor is a major milestone for the Champneys group," said Stephen Purdew, owner of Champneys.



The hotel will complete a refurbishment by summer 2017

"As the original pioneers of health spa resorts in the UK we are delighted to be welcoming such a landmark property to the group and for Eastwell Manor to develop its own wellness credentials. We are continuing to look at our future growth and with recent investments in our signature properties we are very excited about wellbeing in the UK." *Details: http://lei.sr?a=t6E2M_S*



Gibson says wellbeing will be a focus for Accor

Andrew Gibson named VP wellbeing for Accor Luxury

Andrew Gibson has been named vice president of wellbeing for Accor Luxury. Gibson was previously vice president of spa and wellness for FRHI Hotels & Resorts (FRHI) and its three luxury hotel brands – Fairmont, Raffles and Swissôtel – before AccorHotels' acquisition of the company in July of this year.

Gibson said that the title of wellbeing reflects a move to a wider look at wellbeing as a product for the entire hotel.

Lindsay Madden-Naddeau, formerly director of spa integration and operations for FRHI; and Aldina Duarte-Ramos, previously global director of wellbeing product, luxury and upscale brands for Sofitel, Pullman and MGallery, will continue to work in Accor's wellbeing space. *Details: http://lei.sr?a=f9e2W_S*

Jessica Shea joins Hilton as director, global brand spa

Jessica Shea has joined Hilton's executive team as director, global brand spa. Shea previously worked in area oversight for Hyatt Hotels & Resorts as well as Elemis Spas in Asia. In her new role, Shea will lead the concept management and product development function for Hilton's spa discipline globally.

Among other responsibilities, Shea will focus on innovating the spa guest journey across Hilton's Luxury and Full Service brands, harmonising the spa and fitness experience, and creating "impactful and dynamic learning material that nurtures an even stronger team culture," according to Ryan Crabbe, senior director of global wellness for Hilton.

"I'm very grateful for the uniquely balanced global perspective I know Jessica will contribute as we continue to innovate the wellness world," he said. *Details: http://lei.sr?a=F9f8R_S*

Elemis opens New York headquarters

British skincare brand Elemis has appointed Candice Burd to the role of senior vice president of US marketing. Burd will be based at the company's new US headquarters in New York City, opening this month.

"We're excited to add to our rapidly growing US executive team with the appointment of Candice, whose deep understanding of the beauty space and inspired vision will be integral in successfully driving Elemis' marketing initiatives," said Sean Harrington, president and co-founder of Elemis. "The hiring of Candice along with the opening of Elemis' first US headquarters further signals plans for rapid



Candice Burd has been named SVP of US marketing for Elemis

expansion Stateside, and is the next step on our mission to take over the US skincare market."

Burd previously worked for skincare brands Fresh, Philosophy and Bobbi Brown, and will be responsible for developing all US omni-channel marketing, PR and brand rollout, including TV shopping.

"Elemis has been an acclaimed leader in the UK and other markets for many years, and now is poised for tremendous growth in

the USA," said Burd. "I am excited to help lead the marketing efforts on this esteemed brand as it enters the next phase of its history."

Details: http://lei.sr?a=R4g8E_S

Curry Spa Consulting, RLA merge

US-based Curry Spa Consulting has joined forces with wellbeing hospitality consultancy brand Resources for Leisure Assets, creating a new division of the company: RLA USA, LLC. The merger represents RLA's brand expansion into North America; the company also has offices in Vienna and Dubai.

Founded by Lynn Curry in 2011, Curry Spa Consulting has specialised in feasibility, creative concept, design development and pre-opening consulting for high-end and luxury resort and hotel spas.

RLA USA will be headquartered in Sonoma, California, and led by Curry, who becomes president and co-owner.

"This merger will allow us to expand our services to existing and future clients who have wellbeing assets in hospitality developments," said Curry. "Not only will we be able to provide our clients with additional investment and operational consulting, but we are also increasing our team to include the world's leading professionals in wellbeing



Roger Allen, left, group CEO, and Lynn Curry, president of RLA USA

hospitality consulting. I'm extremely proud to be associated with this group of exceptional and reputable talent and expertise."

RLA group CEO Roger Allen said: "We are very enthusiastic about working with Lynn and her team. The RLA board was impressed with Lynn's 30 years of experience and know-how in the wellbeing and hospitality industry. Furthermore, the success she had with her consulting company was a testament to her capabilities and value she could contribute in leading the RLA brand in North America."

RLA now operates in four continents.

Details: http://lei.sr?a=r9P3B_S



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Mandarin Oriental to go silent again

Following the success of the same initiative last year, Mandarin Oriental will once again be offering a night of silence in all of their spas worldwide.

This year's Silent Night is set for 14 December, and all of the group's spas will offer their normal treatment menu, but after 5 p.m., there will be no talking and no music within the spa in an effort to "instil a sense of peace and allow for individuals to experience contemplation and mindfulness."

All communication will take place in a brief consultation at the beginning of the spa journey, before the guest changes into his or her robe.

"A lot of the value of a spa experience comes from simply disconnecting from technology and experiencing time for yourself in silence,"



Guests can experience 'Silent Night' at Mandarin Oriental spas

said Jeremy McCarthy, group spa director for Mandarin Oriental. "During this stressful time of the year, we want to create a space where people can press the pause button and have some time to think, meditate, or just take a break from being inundated with noise."

Details: http://lei.sr?a=2w7f3_S

Zeel Spa aims to help under-staffing

Massage-on-demand company Zeel has officially launched its Zeel Spa programme, a business line designed to create a staffing solution for spas.

Using the Zeel Spa platform, spas, salons and hotels can book a licensed, vetted Zeel massage therapist to fill vacant appointments due to last-minute staff absences, or to augment existing staff during periods of peak demand.

Zeel has been offering this service since November 2015 in a soft-launch mode, and has more than 70 spas and hotels in 20 US cities using the programme.

After signing up, spas can schedule Zeel therapists for start times as little as an hour in advance, and spa directors also have the option of booking therapists for a period of up to eight hours, called a Block Project.

Founded in 2010, Zeel now has more than 7,000 massage therapists in the US.

"Zeel Spa creates more opportunities for those massage therapists and also helps make the overall spa massage industry stronger, more flexible, and more efficient," said Samer Hamadeh, founder and CEO of Zeel. "Spas no



The programme lets spas fill vacant appointments due to absences

longer need to turn away business or disappoint customers because of last-minute staff absences, or spikes in customer demand. They can even expand their hours of operation and increase revenue by adding more appointment slots."

Zeel Spa is part of the larger Zeel Professional platform, which also includes Zeel Corporate Wellness, which delivers Zeel massage therapists to events or workplaces, and Zeel Concierge, which allows hotels without dedicated spas to book Zeel therapists for in-room massages.

Details: http://lei.sr?a=8q2B5_S



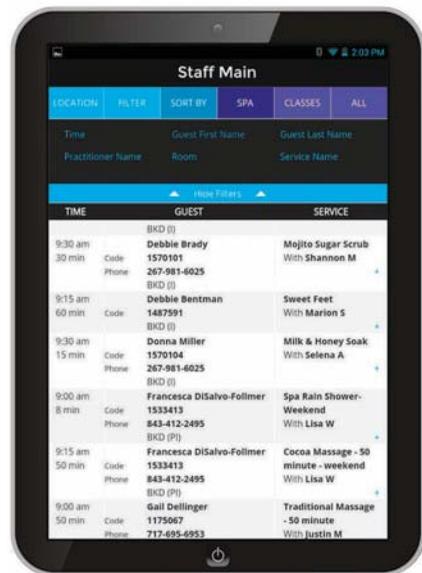
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www.spameeting.com**19-22 January 2017****Les Thermalies**Carrousel du Louvre
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Fireside meditation set for Mohonk

The Mohonk Mountain House in New Paltz, New York, is adding new winter wellness programming created by its director of mindfulness programming, Dr. Nina Smiley. Designed to help guests combat “the winter blues” and embrace the beauty of the season, the new mindfulness offerings include fireside meditation, winter forest bathing and mindfulness lectures.

“For years, Mohonk Mountain House has remained a thought leader in the health and wellness space,” said Dr. Smiley. “These new winter mindfulness offerings have been designed to give guests the tools to make self-care and mindful living a priority during the winter season.”

The Fireside Meditation programme offers relaxing meditation around one of the resort’s many fireplaces, and will teach guests simple



The programming is designed to combat ‘the winter blues’

techniques to quiet the mind and prepare the body for a restful night’s sleep. Forest Bathing on Winter Trails is derived from ancient Japanese healing techniques. Guests will hike, snowshoe or cross-country ski through paths in the Shawangunk Mountains. *Details: http://lei.sr?a=r8T3q_S*

Starck designs ‘poetic’ Miami hotel

Designer Philippe Starck, architects Arquitectonica, hospitality group sbe and developer Related Group have joined forces to launch a “poetic” new hotel in Miami’s burgeoning Brickell neighbourhood.

Arquitectonica have designed the building for the SLS Brickell – a 55-storey tower with a faceted bas relief pattern – on the bustling South Miami Avenue. Starck has designed its 124 hotel rooms and suites and 450 condo residences.

“The materials used in the SLS Brickell have been crafted by the human hand,” Starck said. “We tried to keep alive the memory of gesture. Hand-broken stone, unfinished bronze leaf covering, purposefully non-straight stripes, hand-sculpted pottery. We have kept the trace of humanity alive.”

He added that the overall aesthetic “is one of timeless elegance with a small drop of humour, a drop of poetry and a huge drop of life.”

Leisure amenities at the hotel include a Sky Roof, featuring panoramic city views and a pool deck with alfresco dining and eight private cabanas. Wellness facilities



The SLS Brickell will feature a Ciel Spa and a fitness centre

include three swimming pools and a hot and cold plunge pool, a Ciel Spa and a fitness centre. “SLS Brickell epitomises what we stand for: an uncompromising yet modern approach to luxury, infused with playfulness, spirit, creativity and world-class cuisine and design,” said sbe founder Sam Nazarian.

Related Group chairman Jorge Perez added: “The hotel is envisioned as a sophisticated and contemporary urban paradise, and serves a pivotal role in reshaping Miami’s financial district with tremendous culture and hospitality. I’m extremely pleased with our debut SLS branded residences.”

Details: http://lei.sr?a=X5y8q_S

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You will have exceptional commercial awareness, ensuring we remain competitive and up to date with the latest trends. You will be able to demonstrate that you can build strong working relations with both internal and external stakeholders, positively representing our brand and company values, whilst in turn, embedding them into your team.

Having extensive Spa Management, Development and Operational experience, with a passion for excellence and client care, this really could be the long term role for you!

It is an exciting time to join Champneys, therefore, if you would like to be considered for this role, please send your up to date CV, along with a cover letter, stating your suitability for the role to Gemma.Beeson@champneys.com

FACEGYM home of the cult non-invasive facial workout studio launches its first flagship studio and "Beauty Blend Bar" in London's King's Road and we are looking for a passionate few to join our every increasing fun and energetic team.



We are looking for **Beauty Therapists with NVQ 3** qualification, and we are also building a team of **"Beauty Mixologist's"** qualified ITEC or BTEC in either **AromaTherapy** or the Chemistry of essential oils to head up this pioneering new concept designed to connect the consumer directly with natural ingredients.

You will be hand blending oils and other skincare from a range of natural and precious raw ingredients in front of the customers in a stunning state of the art designed store. You don't need any experience just heaps of passion and we will do the rest.

This is an exciting and unique opportunity to learn and excel at the art of cosmetic blending whilst meeting and serving amazing people, celebrity and top press.

This is the dream job for an ambitious, enthusiastic and conscientious beauty fanatic with a passion for natural and raw ingredients. Someone who embraces the non invasive revolution and believes in the power of plants to heal and beautify.

You will need to speak fluent English, be hard working, a stickler for detail and service.

There will be full training with some of the very best natural skincare experts in the world and the opportunity to further your learning and grow with the company as we expand globally.

What are you waiting for? APPLY TODAY
recruitment@facegym.com

Spa Manager

New Spa Opening March 2017
Interviewing taking place in November
Position Commencing December 2016



New Spa to compliment our existing 4* Hotel due to open Spring 2017. Working as a Spa Manager within this family run business is more than just a job. You have the opportunity to really bring your ideas to life alongside a team who are dedicated and passionate about exemplary customer service.

The new Spa will have:

- 8 treatment beds, luxurious relaxation areas thermal facilities with 10 spa experiences and vitality pool
- We are currently recruiting for a spa manager to take up this exciting project from pre-opening and launch through to daily operation.
- The Spa offers a range of therapies from ritualistic spa treatments to express hair and beauty

Requirements and Duties:

- The successful applicant must be NVQ level 2 & 3 qualified or equivalent and hold 2 years management experience minimum.
- We are looking for a strong manager who is dedicated to achieving business results through management of people, KPI's, and demonstrating competency in all aspects of Spa Management from pre-opening through to daily operations.
- These will include performance management of the team, income generation, achievement of profit expectations, implementation of promotions and processes, cost management and maintaining high standards within the Spa environment.
- In addition, you will be expected to deliver treatments within this role.
- A level of computer based competency will be required to operate and manage the spa booking and management system

The role will involve:

- Driving pre-opening sales & bookings to achieve a financial opening target in sales
- 1-2-1 meetings with the Spa team with consistent coaching and mentoring
- Rostering and managing columns on the booking system with correct deployment
- System Management (bookings and paying off correctly)
- Customer Service and dealing with complaints
- Stock Management
- Recruitment /Training needs of the team
- Upholding Standards in the Spa – Cleanliness/ Staff presentation
- Performance Management of the team
- Health and Safety Management of the Spa
- Hitting Financial requirements for 2017 budget
- Your performance is measured through objective KPI measures such as profit retail performance, profit conversion and mystery shopping.
- Previous management of teams is essential

Package Details:

- Salary – Competitive
- Other benefits discussed on application

How to apply:

If you feel that this is the ideal job opportunity for you and you feel you fit all of the criteria required then please send your CV to enquiries@yeoldebellsa.co.uk



Spa at Ye Olde Bell
Hotel, Great North Rd,
Barnby Moor, DN22 8QS



CELTIC MANOR
HOTELS, RESORTS, CONFERENCES

Do you dream of working in a 5* Luxury Spa using only the finest and most indulgent brands?

Do you have a passion for delivering 'exceptional service' to your guests?

Do you have ambition to 'exceed expectations'?

And finally... Do you have what it takes to 'make a difference' to your guests and colleagues?

SPA THERAPIST

Location: Newport, United Kingdom

Salary: Competitive

If you have answered YES to all four questions, then we are looking for you... One of Europe's finest golf, spa and leisure destinations is looking for experienced, professional Spa Therapists to join our established and talented team. With two luxurious spas featuring beautifully appointed treatment rooms, here at The Celtic Manor Resort you will deliver some of the finest and most contemporary therapies available from leading luxury brands including Elemis, Leighton Denny Nails and Daniel Sandler. Your passion for the industry and strong customer focus will ensure that you are committed to delivering the ultimate guest experience. Qualified to NVQ level 3 (or equivalent), you will ideally have experience of working with either Elemis treatments and products (although not essential). In return, we can offer position on a full time basis, together with a host of exceptional five star benefits.

Company Overview

Host of the NATO Summit 2014, named M&IT 'Best UK Hotel 2016' and 59 Club's 'Ultimate Golf Resort 2016', The Celtic Manor Resort is a prestigious destination for business, golf and leisure, only two hours from London Heathrow.

Set in 2,000 acres of rolling parkland in the beautiful Usk Valley, South Wales, this award-winning destination offers luxury on a grand scale, encompassing a host of exceptional world-class facilities that make up the exclusive Celtic Manor Collection.

The resort's four unique and individual hotels include the 19th century Manor House, idyllic Newbridge on Usk country inn, new Coldra Court Hotel, the latest addition to the Celtic Manor Collection, and the five star Resort Hotel with its luxurious new Signature Collection of rooms and suites.

In addition, ten sumptuous Hunter Lodges and a traditional Welsh farmhouse and barn offer luxurious self-catering accommodation, while three exceptional championship golf courses, two luxurious health spas and fitness clubs, eight exceptional restaurants and an array of exciting adventure activities make Celtic Manor the ultimate European resort destination.

The Celtic Manor Resort is an equal opportunity employer and would welcome interest from applicants of all ages.

Apply now: <http://lei.sr?a=e1V3x>



Beauty Therapists

Salary: Competitive

Company: Auchrannie Hotel and Spa Resort

Location: Isle of Arran, United Kingdom

Auchrannie Resort is currently looking for passionate individuals with enthusiasm & personality to complement our existing beauty therapy team. The Aspa is an award winning Spa who specialize in Espa and Ishga products. You should be CIDESCO, HND, or NVQ level 3 trained. Experience is preferable but full ESPA training will be given. We offer a fantastic training programme and opportunities for further career progression. The position comes with chargeable live in accommodation with a competitive salary inc bonus, leisure membership & resort discounts.

We look for people who have a Passion about doing a quality job and who can go the extra mile for our guests. Reliability and Team Work are essential for you to develop within the Auchrannie Hotel ... **we will train you to be the best!!**

- * Hotel of the Year (Scottish Hotel Awards 2015)
- * Best Independent Hotel (Hospitality & Entertainment Awards 2015)
- * No 1 Family Hotel (UK) (Trip Advisor 2013 & 2014)
- * Customer Service Excellence Award (Herald Family Business Awards 2014)
- * IIP Gold



Apply now: <http://lei.sr?a=y2A5I>

Temazcal rituals star at new Mayan spa

Continued from front cover:

For guests looking for a deeper connection with nature and a “rebirth to a state of higher consciousness,” Chablé features three Temazcal Rituals, each inspired by a different tradition.

The Mayan Temazcal is performed by a Mayan Shaman, and takes place inside a traditional round structure designed to resemble a mother’s womb.

An Aztec Temazcal is intended to purify the body and heal health problems, as well as emotional and psychological ailments. The ceremony symbolises a rebirth, thought to cleanse not only the body, but also the spirit in the ritualistic sense.

Inspired by the Lakota tradition, the Nomadic Temazcal at Chablé allows guests to explore their own relationship to the cosmos through awareness and mindfulness.

Other treatments on offer at Chablé include guided meditation, a Mayan



The spa at Chablé Resort has treatment rooms set around the cenote

Rebirth Massage and Energetic Sound and Stone Cleansing. The spa will also have a hydrotherapy journey that includes sauna, steam, whirlpool, hot and cold plunge pools, swimming pool, salt room and floatation.

A fitness and movement studio, salon, retail boutique and juice bar round out the wellness offerings, along with a café and nutritional menu that supports guests’ health goals.

Details: http://lei.sr?a=j6D3G_S

Hot springs leaders gather in Germany

Continued from front cover

James Clark-Kennedy, a hot springs researcher based in Australia, presented on bathers’ characteristics, motivations and experiences, looking at data from Peninsula Hot Springs in Victoria. Clark-Kennedy’s research looks in part at the effects of hot springs visits on guests’ mood, sleep and mental health.

“If we can provide potential for reduced reliance on medication, that’s massive,” he said.

Ingo Schweder, CEO of GOCO Hospitality, which bought the Glen Ivy Hot Springs Resort in California this year, shared some of the things his company has done to boost both visits and guest satisfaction since taking over the resort.

These include extending opening hours into the evening, bringing in healthier food and an additional café, adding art and pottery workshops, and creating a summer evening ‘twilight concept,’ with films and entertainment.



Attendees travelled from as far away as California and Australia

Charles Davidson – founder, CEO and owner of Peninsula Hot Springs – detailed his plan to create a hot springs district in Victoria, and how he is coordinating packages for tourists that can include activities like biking, walking, swimming with dolphins, and horse riding in combination with stays at different hot springs resorts.

“It’s great for community-building, but it’s also great for our business,” said Davidson.

Details: http://lei.sr?a=T8H2U_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedmedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

Estonian Spa Association

T: +372 510 9306 W: www.estonianspas.eu

European Spas Association

T: +32 2 282 0558 W: www.espa-ehv.com

Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

W: www.spa-a.com

German Spa Association

T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

The Iceland Spa Association

W: www.visitspas.eu/iceland

The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imsa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86 0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

Japan Spa Association

W: www.j-spa.jp

Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

Portuguese Spas Association

T: +351 217 940 574 W: www.temasdeportugal.pt

Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

Salt Therapy Association

W: www.salttherapyassociation.org

Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbiaspas.org

South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: www.iswic.ru

Taiwan Spa Association

W: www.tspa.tw

Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org