

spa opportunities

17-30 AUGUST 2018 ISSUE 300

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Peninsula opens AU\$13m thermal amphitheatre

Australia's Peninsula Hot Springs has unveiled its new AU\$13m (US\$9.6m, €8.2m, £7.3m) Bath House Amphitheatre – its biggest expansion to date.

The new area includes an Australian-first -10°C ice cave, -25°C deep freeze and sauna experience known as 'Fire and Ice' that draws on the hot and cold therapy phenomenon, providing a unique wellbeing and healing experience for guests.

Drawing on ancient and new therapies used across the world, Peninsula Hot Springs has tapped into the latest trends in healing for its expansion, with the inclusion of seven new hot spring pools, two cold plunge pools, an outdoor stage, food bowl, new café, wellness centre and cultural meeting spaces to accompany the fire and ice experience. The move is expected to help the hot springs facility attract up to 750,000 visitors each year.



Guests can enjoy floating therapies while listening to music

Charles Davidson, co-founder and CEO of Peninsula Hot Springs, explained that hot springs are fast being recognised in Australia as a means of healing, health and wellbeing.

"Across the world, hot springs have offered wellness experiences that provide lasting physical and mental health benefits," he said.

"Our new Bath House Amphitheatre will not only build on our current bathing offering, but will also provide guests with a means to refresh and rejuvenate their mind, body and soul allowing them to reconnect with nature and the community. We have expanded to allow for additional guests to visit the hot springs and to ensure each visitor will experience even more diverse globally inspired experiences that have never been seen before in Australia and in some cases internationally."

Positioned throughout the amphitheatre, seven new geothermal mineral spring pools have been designed to look out over the lake and stage area. Guests will be able to relax and take in the scenic surrounds or enjoy an array of entertainment on the new open air stage. Underwater speakers have been fitted into each pool.

Continued on back cover

APPOINTMENTS

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Kyricos to head up wellbeing for Hyatt

International hotel group Hyatt Hotels Corporation has selected Mia Kyricos as its senior vice president, global head of wellbeing.

In this newly created position, Kyricos will focus on wellbeing not only for customers at Hyatt's 750 properties worldwide, but also for its 110,000 employees. The two-pronged approach underscores the corporation's "commitment to care for people so they can be their best". She will be responsible for shaping a multidimensional global wellbeing strategy, providing leadership and subject matter expertise to help establish the vision, objectives and strategic priorities for wellbeing at Hyatt.

"This is the first time I've seen a company of any kind create a senior leadership position to oversee the global strategy of



Kyricos is SVP global head of wellbeing for Hyatt

wellness-related products and services in the marketplace as well as the wellbeing of its employees," Kyricos told *Spa Opportunities*.

"In my opinion, it's a game-changer for both hospitality and big business at large. The approach and level of priority that Hyatt is placing on wellbeing is unique.

continued on back cover

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Holistic African spa for One&Only

One&Only will open its second Nature Resort this October, the One&Only Nyungwe House resort, set on the edge of the ancient Nyungwe rainforest in the mountainous landscapes of Rwanda's southwest.

Set within the green expanse of a working tea plantation, alongside one of the largest and best-preserved rainforests in Africa, One&Only Nyungwe House

will offer guests spa and wellness treatments that embrace nature and local traditions, alongside curated experiences in the area.

The One&Only Spa is inspired by nature, with a range of beauty and wellness treatments using organic natural skincare products from luxury South African brand Africology. Treatments combine traditional African holistic therapies with natural ingredients, including a bespoke herbal massage oil and Africology rituals designed to boost energy.

Signature treatments will include Intoga Amasatchi, a 75-minute, deep-tissue, full-body treatment using hands and wooden sticks, which traditionally represent the



The One&Only Nyungwe House is set in mountainous Rwanda

wisdom and direction of the healer to stretch tight muscles and relieve toxic overload.

The 23 guest rooms and suites at One&Only Nyungwe House are designed to fit harmoniously within the natural surroundings, utilising local African craftsmanship inspired by Rwanda and offering a contemporary look and feel. Log burners in each guest room and suite will burn fragrant eucalyptus, while private decks will offer views over the African terrain. Hiking trails lead from the resort deep into the jungle. Other activities will include jungle boot camp workouts, spear throwing and archery lessons.

Details: http://lei.sr?a=U7Y5F_S

Extensive spa planned for French Alps

Global spa consultancy Deep Nature is creating a 1,500sq m (16,146sq ft) spa in the French Alps, set to open later this year.

The Belleplagne Bains & Spa will include an area reserved for adults that will offer remineralising, relaxing and re-energising treatments and activities, as well as a 170sq m (1,830sq ft) family spa. Mon Premier Spa, or My First Spa Experience, will offer treatments for children age 6-14, including massages, facials and nails.

The 500sq m (5,382sq ft) wet area includes an outdoor area with whirlpools and Nordic baths with views of the mountains. Indoors there will be three saunas, including a bio sauna, steam room and salt cave, as well as a relaxation area and herbal tea room.

A 170sq m (1,830sq ft) aquatic course includes swan neck hydrotherapy jets, a vertical water sheet, geysers, a water lounge area, and a counter-current walkway and



The spa includes an outdoor area with whirlpools and Nordic baths

underwater jets for the back, legs and feet. The spa will include six treatment rooms featuring treatment tables by Lemi, and is designed to fit within the mountain landscape.

Deep Nature's own brand of skincare – made of Icelandic lava, glacial water and seaweed – will be used in treatments, along with facial treatments from Cinq Mondes, Swiss makeup brand Chado, and Nougatine for children's treatments.

Details: http://lei.sr?a=m7G6a_S



The Wellness creates Sharjah spa

Consultancy group The Wellness has worked to create a spa for the Al Mleiha Fossil Rock Lodge & Spa in Sharjah, UAE, which will open later this year.

Fossil Rock Lodge is named after the adjacent Fossil Rock mountain, and is part of a group of small hotels being developed by Shurooq, the Sharjah Investment and Development Authority, as part of an eco-tourism project in the area.

The eco-lodge is made up three structures nestled within the open desert landscape; the main lodge and restaurant are existing structures dating back to the 1960s, while the spa is a new-build facility.

Each of the bedrooms features a skylight for star-gazing, as the hotel is located far from the light pollution of cities.

Historically, the lodge served as a clinic and the restaurant was a grocery store; these structures have been restored by Anarchitect with minimal changes to the architecture, but with contemporary interiors, creating a juxtaposition of old and new.



The saltwater pool has butterfly doors that open to the desert

"All projects are exciting; however, this particular project was quite unique in relation to the concept and location," said Louise Molloy, head of consultancy at The Wellness.

The 118sq m spa includes water, thermal and relaxation experiences, all of which touch upon the five senses. Facilities include a salt inhalation room, shower walk, herbal sauna and a 128sq m saltwater pool that is open to the sky.

The Wellness has incorporated the desert setting into the spa; the saltwater pool is flanked by three walls, the fourth being Corten butterfly doors that completely open up to unveil the landscape of Mleiha as a backdrop. *Details: http://lei.sr?a=H2X4S_S*

4,000sq m thermal spa opens near Fez

The Vichy Thermalia Spa and Hotel in Moulay Yacoub, Morocco has opened its doors. The complex is located about 20 kilometres from Fez, and the thermal area includes 4,000sq m (43,055sq ft) of space devoted to health and wellbeing, with more than 50 treatment rooms.

The spa has a large thermal pool with water sourced from 1,500m underground, as well as a pool and relaxation area reserved exclusively for women. The Moulay Yacoub thermal waters are said to be beneficial for rheumatology and joint pain, particularly osteoarthritis and chronic tendonitis.

The thermal baths also include 33 individual cabins with baths, jet showers, vichy showers, underwater showers, and special thoracic and lumbar therapy areas.

A further 18 cabins include areas for traditional massages, as well as Gharieni MLX Quartz beds, an Iyashi Dome, and Vichy cabins. There is also a hammam, and facials



The thermal pool contains water sourced from 1,500m underground

are offered with Laboratoires Vichy products as well as treatments from Moroccan luxury skincare brand marocMaroc. The Trilogie Soins Signature Experience combines hydrotherapy and Vichy treatments, and includes repetition of a hydromassage bath, hot vegan-mineral clay wrap with Vichy minerals, and a Vichy shower massage with two or four hands.

The hotel itself includes 100 bedrooms, a heated outdoor pool and kids club. *Details: http://lei.sr?a=P3N2j_S*



The event will take place at Glenwood Springs, Colorado from 7-9 November

First US Hot Springs Conference in November

The first-ever US Hot Springs Conference will take place 7-9 November in Glenwood Springs, Colorado. The event is organised by Vicky Nash, whose firm, Resort Trends, has worked on tourism marketing for numerous hot springs in Colorado for more than 23 years and who helped to create the Colorado Historic Hot Springs Loop.

The event is designed for hot springs owners, operators, general managers, facilities directors and marketing professionals, and Nash expects about 100 people to attend.

"I often wondered why there was no national effort to promote hot springs as a whole in the United States," said Nash. "After doing some research, I discovered that there was in fact interest." *Details: http://lei.sr?a=t4W9J_S*

Aleksandrowicz launches training masterclass

Beata Aleksandrowicz, creator of the Pure Massage Spa Training Method, has developed a new training masterclass that will teach therapists the best practice to care for both themselves and their clients.

The two-day masterclass – A culmination of Aleksandrowicz's 20 years of experience and research – teaches therapists how to take care of their health, physical strength and emotional wellbeing, as well as how to protect their bodies while delivering treatments, including bodywork, facials and pedicures/manicures. Therapists will also learn how to avoid burnout, as well as tips for effective communication and personalisation, in order to provide a tailored service to clients. Additionally, Aleksandrowicz will teach what she considers to be the four pillars of an effective treatment. *Details: http://lei.sr?a=x2a4D_S*



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Kohler plans second Chicago spa

Kohler Company has announced plans to expand its Kohler Waters Spa offering, with a second location in the Chicago area at Lincoln Common – a new crossroads development in Lincoln Park.

Covering six acres, the development will be located in one of the several restored and revitalised buildings in Lincoln Common, with a scheduled opening date of June 2019. Kohler Waters Spa Lincoln Park will have 21 treatment rooms

spread across two floors, as well as indoor and outdoor relaxation areas, a manicure and pedicure finishing salon, a hair salon, and a hydromassage pool in a thermal suite.

Water is the central theme in every Kohler Waters Spa, with special attention paid to hydrotherapy experiences. The spa will offer water experiences for all five senses and have a hydrotherapy circuit to include sauna, cool plunge pool and a steamroom.



The spa will have 21 treatment rooms with water as the central theme

The hydromassage pool features a water massage experience providing spa goers with a hydromassage journey. The massaging jets target the body at varying heights, starting with the calves, leading through the glutes and back, and concluding with a powerful goose-neck showerhead for the neck and shoulders.

The second floor of the spa will be home to 21 treatments rooms, plus two Kohler custom vichy showers, as well as a co-ed lounge.

Details: http://lei.sr?a=C5d9N_S

Bodrum Edition opens in Turkey

The Bodrum Edition has opened on the Turkish Riviera and includes a spa that hopes to bring renewed style to the ancient Turkish bathing ritual of the hammam.

The resort includes a state-of-the-art spa facility complete with salt treatment room, sauna, steam room and plunge pool.

The spa has 14 treatment rooms, including three outdoor treatment areas, and two couples' areas with both indoor and outdoor space,

and is using products from Budapest-based organic skincare brand Omorovicza.

Two types of hammam are offered: a traditional Turkish style with soap foam, and a Moroccan hammam with black clay soap, each available for 30 minutes or one hour.

Set within 22,000 sq metres (72,200 sq feet), the 102-bedroom Bodrum Edition has been designed by designed by Christophe Pillet, who has drawn inspiration from local influences and native natural resources, and combined these with ultra-modern twists.

The landscape, conjured as a Mediterranean oasis, reflects the peninsula's indigenous flora and fauna.



The Turkish hotel has been conjured as a Mediterranean oasis

Native olive trees and local stone have been used throughout.

The resort's largest restaurant, Kitchen, is inspired by the relaxed lifestyle of the Balinese and Hawaiian coasts, offering an all-day brunch menu focussed on health and wellness.

The Edition brand, the vision of hotelier Ian Schrager, currently operates hotels in London, Miami Beach, New York and Sanya, China. The brand, part of Marriott, has plans to grow to 20 locations by 2020, with upcoming openings in Barcelona, Shanghai, Abu Dhabi, Times Square New York, Bangkok and West Hollywood, California.

Details: http://lei.sr?a=q2z7A_S



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Les Hauts de Loire , France.



La Badira, Hammamet, Tunisia.

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1. NPD BeautyTrends*: Products sold in Perfumeries and Department Stores, Luxury brands, value sales 2016 on a total 4 countries (France, Italy, Spain mainland and UK). 2. Lifting Replenisher and Power Firmer Treatments.

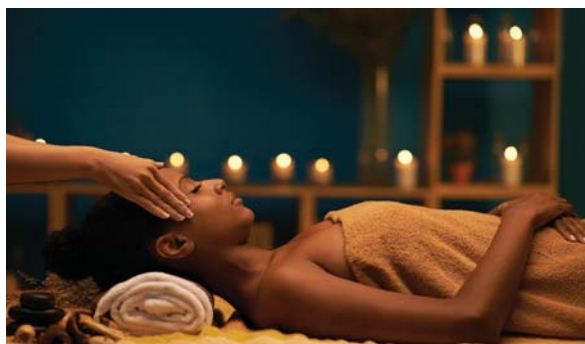
CLARINS

ISPA 'Big Five' shows rapid growth

The International SPA Association (ISPA) has released its annual findings of five key spa industry financial indicators, which show that the US spa industry continues to experience record growth in overall revenue, number of spa visits, number of spa locations, revenue per visit and total employees.

As in years past, the ISPA Foundation commissioned PricewaterhouseCoopers (PwC) to conduct the annual study. This initial report is known as the "Big Five": total revenue, spa visits, spa locations, revenue per visit and number of employees for the United States spa industry.

Total revenue surpassed the US\$17bn mark in 2017, increasing from US\$16.8bn at year's end in 2016, to US\$17.5bn at year's end in 2017 (a 4.3 per cent increase). The number of spa visits increased from 184 billion in 2016 to 187 billion in 2017 (a 1.6 per cent increase). The number of



The number of spa visits in the US was up 1.6 per cent to 187 billion

spa locations also increased from 21,260 in 2016 to 21,770 in 2017. Revenue per visit increased from US\$91.3 in 2016 to US\$93.7 in 2017 (a 2.7 per cent increase). Lastly, the total number of employees increased from 365,200 in 2017 to 372,100 in 2018 (a 1.9 per cent increase).

"What is most striking this year is that every one of the key metrics has reached all-time record levels," said Colin McIlheney, global research director, PwC.

Details: http://lei.sr?a=G7S4H_S

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Fashion designer Ferretti to speak at GWS

The Global Wellness Summit (GWS) has announced that acclaimed fashion designer Alberta Ferretti will deliver a keynote speech on the impact wellness has had, and continues to have, on the fashion industry at this year's Summit.

As well as being a noted fashion designer, with her creations having appeared on multiple red carpets across the globe, Ferretti also co-founded Aeffe, a manufacturing and distribution company, in 1980. Aeffe, which Ferretti established with her brother Massimo Ferretti, produces and distributes clothing for Alberta Ferretti, Moschino, Philosophy di Lorenzo, Serafini, Cédric Charlier and Pollini, among others.

"We are absolutely thrilled to add Ms Ferretti to a robust agenda in which Italian innovation, design and style will be featured prominently," said GWS chair and CEO Susie Ellis.

"Alberta Ferretti is a living icon who has had an incredible impact on Italy's fashion landscape, not only for the feminine-infused elegance and glamour of her designs, but also for a uniquely forward-thinking business



Alberta Ferretti will discuss the impact of wellness on fashion

acumen that has helped make Italian styling and design much more accessible to a global audience," Ellis added.

This year's Global Wellness Summit will take place at Technogym Village in Cesena, Italy between 6 and 8 October, and will focus on the theme 'Shaping the Business of Wellness'.

Other keynotes for the Summit include award-winning Italian architects Antonio Citterio and Matteo Thun, as well as Technogym founder Nerio Alessandri and chairman of illycaffè Andrea Illy.

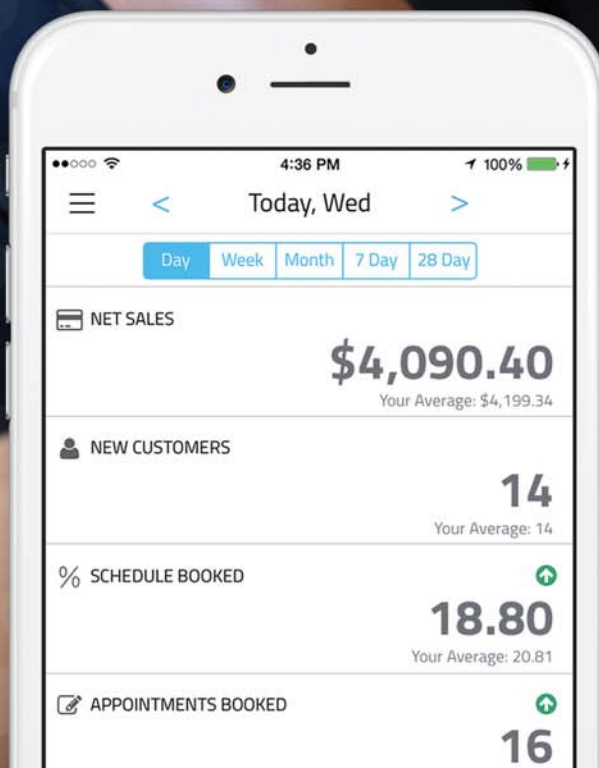
Details: http://lei.sr?a=q2K4e_S



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CALENDAR

6-9 September 2018

CIDESCO International Congress

Stockholm, Sweden

Interact and network with people across the beauty industry, landscape professionals, corporates, distributors, manufacturers, salon chains, spa chains, products, brands, equipment manufactures and dealers, educational institutes, sector skill council, trade media and many more.

www.cidesco.com/events

22-23 September 2018

World Wellness Weekend

Locations worldwide

A global event with local activities in more than 400 properties in 50 countries across all continents. Coordinated by Jean-Guy de Gabriac, founder and CEO of Tip Touch International.

www.world-wellness-weekend.org

24-26 September 2018

ISPA

Phoenix, Arizona, US

This global gathering includes speaker presentations at an Expo filled with the latest spa products. This year, ISPA moves from Las Vegas to Phoenix, Arizona, where it will be held at the Convention Center. Speakers include Sally Hogshhead, Daymond John and Shawn Achor. The farewell party this year will be a baseball game between the Arizona Diamondbacks and the Los Angeles Dodgers at Chase Field in Phoenix.

www.attendispa.com

30 September - 1 October 2018

Olympia Beauty

London

Now in its fourteenth year, Olympia Beauty brings over 500 of the biggest beauty brands to London. In 2017, Olympia Beauty saw over 18,500 industry professionals descend on the Olympia Exhibition Centre London. The event features live stages, seminars, interactive features, competitions and awards. Also includes the Salon & Spa Owners' Club and Restaurant.

www.olympiabeauty.co.uk

7-8 October 2018

Professional Beauty Ireland

Dublin, Ireland

Showcasing the latest innovations in spa and beauty and unveiling next year's beauty trends for Ireland.

www.professionalbeauty.co.uk/ireland



This year's Summit will take place at Technogym's headquarters in Cesena, Italy

6-8 October 2018

Global Wellness Summit

Technogym Headquarters

Cesena, Italy

An invitation-only international gathering that brings together leaders and visionaries to positively impact and

shape the future of the US\$3.7tr global wellness economy. The 2018 Summit's theme is "Shaping the Business of Wellness," and delegates are challenged to create new, collaborative models for the future.

www.globalwellnesssummit.com

16-17 October 2018

Independent Hotel Show

Olympia, London

A curated collection of more than 300 product and service providers from across the hotel supply chain.

www.independenthotelshow.co.uk

22-26 October 2018

Bali wellness study tour

Various locations

Organised by the Asian Pacific Spa and Wellness Coalition in cooperation with the Bali Spa & Wellness Association, this educational five-day tour is designed for those in the spa industry. It will delve into some of the lesser-known traditional and cultural healing and spiritual practices that make Bali so unique, while at the same time showcasing some of the island's leading retreats, spas and wellness offerings.

www.apswc.org

23-26 October 2018

Spatec Middle East

The St. Regis Dubai Al Habtoor Polo Resort

An event that brings together spa operators from the Middle East region to meet with suppliers for one-on-one meetings.

www.spatecevents.com

3-6 November 2018

Spa and Wellness International Congress

Astana, Kazakhstan

An annual event addressing managers and owners of spa and wellness facilities in Russia and Eastern Europe.

www.lswic.ru

7-9 November 2018

US Hot Springs Conference

Glenwood Springs, Colorado

Designed for hot springs owners, operators, GMs and facilities directors.

www.hotspingsconnection.com



66th

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We look forward to welcoming you to the
66th CIDESCO world congress in Stockholm 6th – 9th September

SOCIAL PROGRAMME



Culture Evening

Junibacken – Friday 7th September

The Culture Evening will be held Friday 7th September 19.00 at Junibacken. Busses will take you from Waterfront Hotel to Junibacken and back. **€ 170**

The Story of Junibacken... starts with Astrid Lindgren. The first time she heard about the project she thought it was a nice idea and all that, but she didn't want to have anything to do with any kind of "Astrid Lindgren's house". Right from the start the idea was of a journey with a small train through the world of fairy tales with some of Astrid's stories. This took nearly two years to create. Doll-makers, scenic artists, propmakers, theatre carpenters – everyone was working feverishly to complete the Storybook Train.

Gala Dinner

Winterviken – Saturday 8th September

The Gala Dinner will take place Saturday 8th September 19.00 at Winterviken. Boats will take you from Stadhuskajen 18.30 to Winterviken and busses will take you back to Waterfront Hotel. **€ 190**

Winterviken – Alfred Nobels old Dynamite Factory!

In beautiful Winterviken, only 15 minutes away from Stockholm city lays the old factory of Nobel from 1891. In this incredible building there are neither crystal chandeliers nor velvet chairs, instead our ceiling is adorned by wooden beams, brick inner and outer walls and wooden floors. Winterviken's halls are rough and beautiful. The owner, Markus Aujalay, is one of Sweden's most reputed chefs. He has worked at the most exquisite restaurants both abroad and in Sweden and won most titles there are to be won in Sweden. He has managed the Nobel Prize award dinner and is also greatly appreciated as a TV-chef and through this cookbooks.

Welcome Party

hud & kosmetik, Kistamässan -
Thursday 6th September 18.00

The Welcome party will take place at the Exhibition hud & kosmetik, Thursday 6th September in the Bistro at Kistamässan. The event will include a traditional "smörgåsbord". We will also announce the winners in the CIDESCO Make up and Body Art Competition. The Welcome party is included in the congress Fee. The venue is Kistamässan, Arne Beurlings Torg 5, Kista. Busses will take you from Waterfront Hotel to the Exhibition and back.

LECTURE PROGRAMME

6th - 9th September 2018 hud & kosmetik, Kistamässan, Stockholm. Theatre M 8

Thursday 6th September

11.00 - 12.00 **René Nagels**
Choose the right type of RF for nonsurgical antiaging treatments.

12.15 - 13.15 **Trevor Steyn**
Billions of live Probiotics (beneficial bacteria) – The future in professional skincare!

13.30 14.30 **Dirk Hundertmark**
The principle of Plasma technology. Fibroblast non-ablative lifting without, surgical, surgery.

14.45 – 15.45 **Dr Andrew Christie**
Microneedling & Papulopustular Acne – delivering innovative and effective patient solutions.

16.00 – 17.00 **Dr. Andrea Bovero, PhD**
Spa & Beauty Evolution: Market Trends and Innovation.



Friday 7th September

09.00 – 10.00 **Michael Q. Pugliese**
Innovative Ingredients technology.

10.15 – 11.15 **Linda Mehrens Flodin**
To work professionally with makeup.

11.30 – 12.30 **Jens Bergström**
Breaking the skin barrier and keeping it safe.

12.45 – 13.45 **Sophie Alemany**
Mineral therapies - health or skincare?

14.00 – 15.00 **Dimitra Tsantidou**
Healing Waters.

15.15 – 16.15 **Dr Ghoncheh Yazdani**
Innovative treatment for Acne Vulgaris shown in a new study.





A sauna at the Adler Thermae in Italy

Researchers link sauna bathing to health benefits, better quality of life

Emerging evidence suggests that beyond its use for leisure, sauna bathing may be linked to several health benefits. A new report published in *Mayo Clinic Proceedings* found that sauna bathing is associated with a reduction in the risk of vascular diseases, such as high blood pressure and cardiovascular disease, neurocognitive diseases, nonvascular conditions (such as pulmonary diseases) mental health disorders and mortality. Sauna bathing also alleviated conditions such as skin diseases, arthritis, headache, and flu. The evidence also suggests that regular sauna baths are associated with a better health-related quality of life.

The research team – led by scientists from the University of Jyväskylä, the University of Eastern Finland, and the University of Bristol – conducted a comprehensive literature review on the effects of Finnish sauna baths on health outcomes. Findings from the literature review also suggest that the health benefits of sauna bathing are linked to the effects of sauna on circulatory, respiratory, cardiovascular, and immune functions.

The study showed that regular sauna bathing stabilises the autonomic nervous system, reduces blood pressure, inflammation, oxidative stress, circulation of bad cholesterol, arterial stiffness, and vascular resistance. Moreover, sauna bathing contributes to beneficial levels of circulating hormones and other cardiovascular markers. The physiological responses produced by an ordinary sauna bath correspond to those produced by moderate- or high-intensity physical activity such as walking.

Details: http://lei.sr?a=b9C8c_S

Armathwaite offers cancer therapies

Armathwaite Hall Hotel & Spa in Cumbria, UK, has partnered with the Made for Life Foundation to offer Cancer Touch Therapy, a range of treatments developed especially for guests living with, receiving treatment for, and in remission from cancer.

The treatments on offer include: Hand on Heart, Catch the Breath, Soothe and Nurture, and Touch Therapy Deeply Relaxing Touch.

Hand on Heart, a back, face and scalp treatment, is designed to release tension, ease stress and calm the mind. It combines slow Tui Na Chinese movements, to give the guest a sense of tranquility, with a nourishing facial to restore the skin.

Billed as a nurturing and gentle treatment for the back and shoulders, Catch the Breath uses rhythmic techniques to soothe and rebalance the upper body. Soothe & Nurture is an organic facial which is designed to restore the skin's

natural luminosity. The ritual features Made for Life Organics products including balms and oils to nourish and cleanse the skin, as well as eliminate congestion and returning natural balance to the skin. The treatment finishes with a scalp and facial massage to calm and soothe.

The Touch Therapy Deeply Relaxing Touch face or body treatment features a relaxing sequence of slow, soothing movements tailored to the guests needs.

Details: http://lei.sr?a=w9v8K_S



The hotel in Cumbria, UK, has partnered with Made for Life Foundation

Grupo Vidanta hosting Deepak Chopra

Resort developer Grupo Vidanta will host its inaugural Vidanta Wellness Retreat at Vidanta Nuevo Vallarta in November, offering guests a wellness-inspired vacation led by health expert Deepak Chopra. The weekend retreat will offer a series of conferences, workshops and activities available to both resort guests and to the general public.

“Seeking to provide guests with the best vacation experiences, we’re pleased to amplify our wellness programming and provide access to top-tier experts such as Deepak Chopra throughout the Vidanta Wellness Retreat,” said Norma Preciado, lifestyle and entertainment marketing director for Grupo Vidanta.

From 1-4 November guests can choose to participate in the Vidanta Wellness Retreat workshops, fitness classes and expert speaker sessions including everything from healthy cooking classes and nutritional workshops, to fitness classes ranging from sunrise and aerial yoga to stand-up paddle boarding and functional training camps or spin.



Chopra will speak at the resort developer's inaugural wellness retreat

Additional wellness weekend programming includes access to a curated healthy menu featuring spa-inspired cuisine created specifically for the weekend, in addition to guided meditation sessions, traditional Temazcal healing experiences, vegan cooking classes and more.

Chopra's key lecture titled, “The Future of Wellbeing,” will highlight how we understand ourselves and the health of those around us, among other topics.

Details: http://lei.sr?a=5N5F7_S



*fast living/
slow aging*



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regimen/*

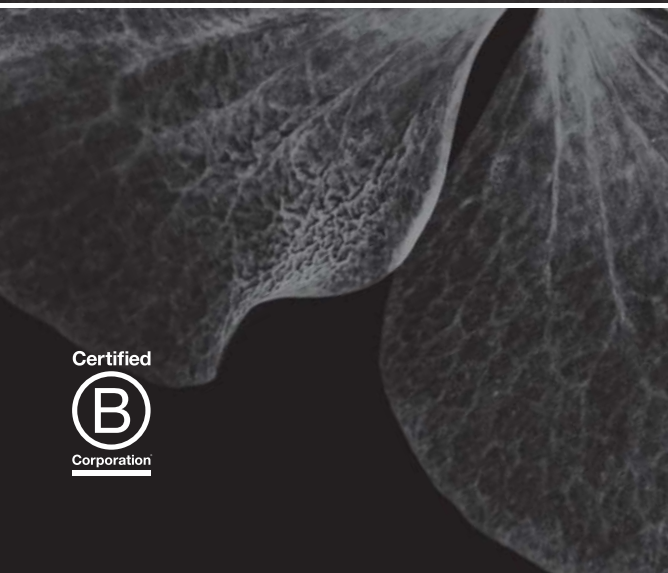
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Corporation

www.skinregimen.com





BVLGARI
HOTEL LONDON



Located in Knightsbridge on the edge of Hyde Park, The Bvlgari Hotel London is both a haven of calm in the centre of the city and yet under a minute's walk from such landmarks as the famous Harrods department store.

We are recruiting!

We are currently recruiting for a variety of roles to join our award winning luxury Spa. Based over two floors, our Spa comprises numerous treatment rooms offering a variety of specialist products and services, a Spa suite and a 25m swimming pool and adjoining vitality pool. We offer a competitive salary and benefits package

Spa Sales and Reservationist

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

Spa Attendant

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

Senior/Spa Therapists

Spa Therapists are responsible for delivering exceptional treatments to guests of the spa, in line with ESPA and Hotel brand standards, whilst maintaining the excellent five-star client care, cleaning standards and grooming. Responsible for revenue generation through retail, up-selling and cross sales to other business centres in the spa.

Did we mention the fabulous benefits we offer too? See below for just some of them...

- Highly Competitive Salary
- Discount at selected Bulgari retail outlets
- Life Assurance
- Private Dental Insurance
- Service Charge
- My Bulgari Rewards Discount Scheme
- Private Health Insurance
- Group Personal Pension Plan

All our colleagues demonstrate our core values in the service they deliver... Radiance, Grace, Authenticity, Pure Presence, Integrity and Tradition of Excellence... is this you? If you think it is and you would like to join our team please send your CV and letter of application below.

We look forward to hearing from you!

For more information and to apply: <http://lei.sr?a=b3R5t>



We are recruiting a new Team for a 1,600m2 new spa hotel currently under construction in Iver, Buckinghamshire, due to open in autumn 2018.

The former country estate of the Duke of Marlborough is being renovated to create a world-class five-star hotel and spa, set in the heart of the Buckinghamshire countryside.

We are building a state of the art facility, sympathetically blended into the original estate.

We are recruiting for:

Spa Therapists

circa £20,000 plus benefits scheme (Full time/Part-Time/Casual)

Essential Attributes :

- Experience of working in a similar business.
- A passion for customer service excellence.
- Beauty Therapy qualification NVQ Level 3 or equivalent.
- Exceptional treatment standards.
- Ability to work as part of a team.
- Reliable, efficient and pro-active.
- Keen for personal development and learning.
- Experience of working with Premier Core and further beauty qualifications are an advantage.

In addition, we offer the following benefits:

- | | |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| ● Bonus Scheme | ● Pension Scheme |
| ● 28 days holiday | ● Discounted hotel and F&B rates for Marriott globally (the hotel will be a member of one of the world's leading luxury hotel brands) |
| ● Training programmes | ● Childcare voucher scheme |
| ● Meals on duty | |
| ● Uniform | |
| ● Dry Cleaning Service | |
| ● Social Events and Activities | |

To apply and view all vacancies available please visit:
<http://lei.sr?a=z4l9f>



Spa Therapist

SOFITEL
LUXURY HOTELS

Location: Heathrow Airport, London, United Kingdom
Competitive Salary & Benefits

LONDON HEATHROW

Award-winning luxury hotel directly connected to Heathrow Airport's Terminal Five with 605 bedrooms & suites, 45 meeting rooms, five restaurants and bars and a luxury spa with a thermal suite.

The spa is responsible for the delivery of a wide array of luxurious spa treatments to both our hotel guests and day guests & visitors ensuring an exceptional experience every time. We have five treatment rooms including, one couples suite a full hydro suite, relaxation room & gym facilities.

Spa Therapist is responsible for the delivery of a wide array of luxurious spa treatments to both our hotel guests and visitors. They also look after our Hydro Suite facilities ensuring the wellbeing of clients at all times.

Duties and Responsibilities

- Performing all spa treatments as per product and spa guidelines to include, head and body massages, facials, manicure, pedicure, hot stone treatments etc.
- Full and proper use of all Spa equipment as per treatment guidelines and training.
- Delivery of exceptional client care at all times.
- Outstanding cleanliness and hygiene across all areas of the spa.
- Up-selling spa products where possible and carry out Spa reception duties if required.
- Assist with demonstrations as and when required.
- Maintaining all equipment and work areas, including key security and comply with Health and Safety guidelines.

Skills & Experience

- Recognized Beauty Therapy Level 3 qualification (e.g. NVQ3 BTEC/CIDESCO/CIBTAC/BABTAC or similar) is preferred
- Previous experience in 5* spa environment would be an advantage
- Capable and dedicated to delivering high levels of guest care
- A smart, polished and professional appearance
- A positive attitude and excellent communication skills
- Willingness to drive treatment & products sales
- Previous knowledge of ESPA products and treatments would be an advantage

What we offer:

- Staff uniform provided
- Meals provided on duty
- 28 days annual leave (pro rata for part-time)
- A friendly working team environment
- Working with a luxury treatment brand with full training provided
- Continuous training on new products and spa treatments
- Reduced parking rate for members of staff
- Staff incentive programme
- Discounted/preferential rates at hotels within Accor and Arora hotels
- Discount of 30% off food and beverage in Hotel dining outlets

APPLY NOW: <http://lei.sr?a=n7J0I>



CELTIC MANOR
HOTELS, RESORTS, CONFERENCES

SPA THERAPIST

NEWPORT, UNITED KINGDOM

Highly trained ✓ Qualified to NVQ Level 3 ✓ Experienced ✓ Enthusiastic to learn more ✓

If you are magic at massage and fantastic at facials, then you could be for us.
We're looking for a Spa Therapist to join our award winning team and spa*.

The Celtic Manor Resort houses two luxurious spas with 16 gorgeous treatment rooms, offering the latest in therapies with leading products, ready and waiting for you to get your hands on.

When you join the Celtic Manor family, you get some pampering too!

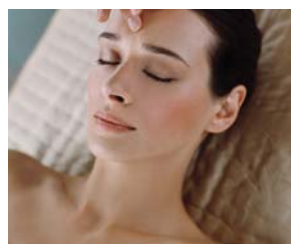
Celtic Manor Resort family benefits include:

- Very competitive rates of pay, which are reviewed on a regular basis £8.30 - £9.58 per hour, depending on experience.
- Attractive commission scheme
- Own in house Celtic College
- 28 holiday days per year
- Free Meals on Duty
- Discounted Leisure Membership
- Childcare Voucher Scheme
- Cycle 2 Work Scheme
- Discounted Room Rates
- Discounted Food & Beverage Rates
- Discounted Spa & Resort Retail
- Discounted On-Site Activities
- Staff Accommodation £459pcm (subject to availability)

*Voted Readers' Choice Best UK Hotel Spa & Best UK Spa Manager 2015 Spa Traveller awards.

In line with the requirements of the Asylum & Immigration Act 1996, all applicants must be eligible to live and work in the UK. Documented evidence of the eligibility will be required from candidates as part of the recruitment process.

The Celtic Manor Resort is an equal opportunity employer and would welcome interest from applicants of all ages.



Apply now - <http://lei.sr?a=i3G2m>

Peninsula unveils AU\$13m expansion

Continued from front cover

These underwater speakers allow guests to enjoy the music and entertainment even while floating in the healing waters. The stage within the Bath House Amphitheatre will host a variety of arts and entertainment experiences, including musical acts, cultural talks, yoga and other wellbeing classes.

The selection of new pools includes an aquatherapy pool, which will encourage guests to experience floating treatments, which involve a therapist moving the guest's body through the geothermal water in graceful, fluid movements.

The fire and ice experience celebrates hot/cold therapy, and includes two new saunas, as well as the contrasting ice cave, deep freeze and cold plunge pools.

Based on the theory of cryotherapy, the Ice Cave will be kept between 2 to -10 degrees Celsius and the Deep Freeze will be -25 degrees



The fire and ice experience celebrates hot and cold therapies

Celsius, and are said to provide daring guests with added health benefits, including reduced inflammation, optimised brain function, improved sleep quality, increased metabolism and increased collagen production.

Operating since 2005, Peninsula Hot Springs has grown at 20 per cent each year since its inception, and currently receives 480,000 annual visitors.

Details: http://lei.sr?a=5Q6H5_S

Hyatt names Kyricos SVP of wellbeing

Continued from front cover

"This isn't just about what happens in a certain segment of its hotel business such as spa, fitness or food and beverage, it's about realising the corporation's highest purpose – its raison d'être – and that's 'care for people,'" Kyricos said.

Kyricos will report to Mark Vondrasek, Hyatt's chief commercial officer, who said: "As a pioneer in the business of wellness, Mia is uniquely qualified to further define Hyatt's wellbeing efforts. She's

a respected leader in the wellbeing industry and her expertise across wellness, hospitality and brand strategy will fervently support and expand Hyatt's robust wellbeing offering."

Hyatt has 14 hotel brands in more than 55 countries, including US wellness-focused brands Miraval and exhale, which it acquired in 2017. Kyricos will build on steps Hyatt has already taken on its wellbeing journey, such as investing in the growth of Miraval and exhale, including the renovation of existing sites and the opening of new Miraval resorts in Texas and Massachusetts.



Hyatt will open a new Miraval site in Austin, Texas

Kyricos concluded: "This is the first time in over two decades that I haven't had to chase down the executive team of a company to make the case for wellbeing. Instead, they've chased me down with a case prepared. And the significance of this shift, along with Hyatt's acquisitions of Miraval and exhale, have been industry and personal career milestones that my fellow pioneers of wellness will understand. I honestly can't wait to roll up my sleeves, partner with the team and further help to bring Hyatt's vision for wellbeing to life."

Details: http://lei.sr?a=x9H4y_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Asia Pacific Spa & Wellness Coalition (APSWC)

T: +6596686110 W: www.apswc.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedmedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

Estonian Spa Association

T: +372 510 9306 W: www.estonianspas.eu

European Spas Association

T: +32 2 282 0558 W: www.espa-ehv.com

Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

W: www.spa-a.com

German Spa Association

T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

The Iceland Spa Association

W: www.visitspas.eu/iceland

The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imsa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86-0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

Japan Spa Association

W: www.j-spa.jp

Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

Portuguese Spas Association

T: +351 217 940 574 W: www.termasdeportugal.pt

Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

Salt Therapy Association

W: www.salttherapyassociation.org

Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbiasspas.org

South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: www.iswic.ru

Taiwan Spa Association

W: www.tspa.tw

Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org