

# spa opportunities

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## QC Terme opens 3,000sq m spa in Chamonix

Italian wellness company QC Terme has opened its first location outside of Italy in the French ski town of Chamonix Mont Blanc.

The 3,000sq m (32,292sq ft) spa features more than 30 multi-sensory wellness practices, including sensory tubs, a Japanese bath, Kneipp path, Vichy forest showers, bio-saunas, steam baths, solariums, whirlpools, chromotherapy, hydromassage baths, salt and olfactory rooms, relaxation rooms as well as massage treatment rooms and a restaurant and bar.

An infinity pool has been designed so that its reflection merges with the water of the adjacent Alpine lake, all with views of the Bossons Glacier.

The thermal centre has been inspired by the ancient Roman baths of Caracalla, Diocletian and Trajan, where water was also heated to between 34-36°C.

The new QC Terme Chamonix wellness centre also takes into account the beneficial power of mountain environments, drawing on the values of Alpine relaxation and



The infinity pool's reflection merges with the waters of the adjacent lake and has stunning views

the benefits of being surrounded by nature. An olfactory space includes fragrances designed to awaken energy, while the themed relaxation rooms include an antique sleigh bed or a gently massaging waterbed.

Wellness lunches are offered daily in a buffet form, and in the evening, QC Terme Chamonix offers its own version of the apertif, the 'Aperterme', where guests attend in bathrobe attire.

Aimed at locals as well as tourists, the wellness centre is located in the heart of Chamonix between the Richard Bozon sports centre and the paragliding landing area.

The centre will be open year-round, and will offer discounts to locals and seasonal workers.

QC Terme operates similar wellness centres in Pré-St-Didier, San Pellegrino, Milan, Turin and Rome, Italy.

The company is also working on the upcoming spa and wellness centre in Governor's Island, New York.

More: [http://lei.sr?a=K6b9P\\_S](http://lei.sr?a=K6b9P_S)

### APPOINTMENTS

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## 'Algorithmic Beauty' explored at GWS

Researchers Jessica Smith and Rhiannon McGregor from the The Future Laboratory will explore the rise of "Algorithmic Beauty" — or the new ways that beauty, technology and medicine are set to converge — at this year's Global Wellness Summit (GWS).

The Future Laboratory, with offices in London, Melbourne and New York, is a strategic forecasting firm that identifies the disruptive trends that will shape the future of consumer behavior and the lifestyle industries — with a focus on the beauty, wellness, fashion, food/drink, luxury, travel/hospitality and youth markets.

Smith (creative researcher) and McGregor (foresight writer) will share the firm's new research on the biggest trends on the horizon



Rhiannon McGregor will speak at the Summit

for the US\$1tr global beauty market. While the attention has been on all-natural or "clean" beauty, Smith and McGregor argue that a competing trend is on the rise. As beauty technologies become far more popular, social media, artificial intelligence and algorithms are shaping a new ideal of flawlessness.

*continued on back cover*

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## Fontana expands its thermal area

The Fontana Resort Bad Nieuweschans in The Netherlands has added a new 34-degree Celsius Park Pool to its facilities, expanding on the new Sauna Lodge and Panorama Pool opened in the Sauna Garden last year.

The new pool is located at the edge of the Bathrobe Park, and guests lounging along the rim of the pool have an excellent view of the park. The pool water is

34°C, and like the current Thermal Pool, it is filled with thermal water, and features bubble seats and a five-spray neck shower.

The Bathrobe Park is a 10-hectare park open exclusively for Fontana guests, where they can stroll, relax in a hammock, or enjoy the sunshine in a lounge chair.

"Over the past few years, we have invested in the facilities in the Sauna Garden," said director Jos Keizer. "So now it's time to expand the Thermal Pool facilities. During certain periods of the year, the Thermal Pool could become overcrowded, so in order to give guests more space, we have built an extra Thermal Pool. We've named the new pool the Park



The new pool includes an excellent view of the Bathrobe Park

Pool, because it is located on the edge of the Bathrobe Park. The pool is two degrees cooler than the existing Thermal Pool, allowing us to offer a wider range of pools and prevent guests from becoming overheated when they move from one pool to the other. The rest area offers guests the opportunity to relax with a beautiful view of the park after using the pool."

The expansion was not intended to draw more guests to Fontana (currently 210,000 per year), but to offer guests more space. "We aim to continue to surprise our guests, and we strive for constant development. The next plans are already on the drawing board," said Keizer.

*Details: [http://lei.sr?a=a4w2f\\_S](http://lei.sr?a=a4w2f_S)*

## One&Only Resorts to debut in Malaysia

One&Only Resorts will open its first location in Malaysia, the One&Only Desaru Coast, in late 2018. Set on a 128-acre beachfront development, the resort will include 42 suites, two luxury suites and a four-bedroom villa, as well as 50 One&Only Private Homes available for purchase.

One&Only Desaru Coast will also be home to a destination spa with traditional and holistic practices fused with modern spa therapies, and a focus on overall

wellness at its core. A "cutting-edge" fitness centre with both indoor and outdoor spaces will also be part of the overall lifestyle offering.

"As part of the continued strategic global growth of Kerzner International, Malaysia is the perfect location for the next One&Only resort and for the brand to enter Asia," said Michael Wale, CEO of Kerzner International, which owns the One&Only brand. "With the evolution of One&Only and the introduction of One&Only Private Homes, Nature Resorts



One&Only Desaru Coast has been designed by Kerry Hill Architects

and Urban Resorts, One&Only Desaru Coast will be an incredible beach destination, with an exclusive residential community."

Designed by Kerry Hill Architects, One&Only will place an emphasis on privacy through the design, which has been inspired by the ocean waters and lush tropical landscape. The resort will showcase the natural elements of the region, and honour the country's culture and traditions throughout its design.

*Details: [http://lei.sr?a=N6n3k\\_S](http://lei.sr?a=N6n3k_S)*





## Bangalore centre has 'living skin'

In among the busy, loud and polluted streets of Bangalore, one might think it would be hard to find solace and practice wellness routines. However, the architects behind Navyas Naturopathy Centre have been undeterred, creating an antithetical haven in which medicinal plants, softer dynamics and a general sense of calm pervades. Set in the heart of Bangalore, Navyas Naturopathy Centre brings a range of wellness offerings to the surrounding populace. Beyond its inner operations, however, and of note herein, is the building itself. Its facade has been conceived as a "living skin" around the structure and is an interpretation of a traditional jali screen, which is embedded with a layer of curated medicinal plants. The jali screen has been used traditionally in Indian architecture to help lower temperatures through allowing air into its perforations.

Cadence Architects, who designed the centre, said: "The idea of the jali with green was twofold. The jali screen would enable us to cut down the harsh sound from the street traffic and the general humdrum of the city.



The naturopathy centre is embedded with curated medicinal plants

It would also cut the harsh light that would infiltrate the interiors. The traditional jali was reimagined in a contemporary pattern to form a light ephemeral veil for the interiors.

"We infused life into this jali by juxtaposing it with a layer of curated medicinal plants. The plants protected by the jali not only help in therapeutic purposes but also help create a soft ambience in the interior. The client brief was to design a naturopathy centre with a yoga hall in a tight urban site. The fact that the centre was meant for therapy and wellness but had to be designed in a busy, noisy, polluted node in the city was the challenge."

*Details: [http://lei.sr?a=H9g3v\\_S](http://lei.sr?a=H9g3v_S)*

## Resorts World opens Crystal Life Spa

Resorts World Catskills is bringing the Feng Shui-inspired Crystal Life Spa to the integrated casino resort destination in New York's Catskills Mountains.

The spa concept was first launched in October 2017 on Dream Cruises, the luxury cruise brand of Genting Cruise Lines, and is designed with the principles of Feng Shui, the ancient practice of balance and harmony.

The luxury casino resort's 8,000sq ft Crystal Life

Spa is managed by WTS International. It features six treatment rooms as well as a wide range of eastern and western treatments. Curated treatments include massages, facials, and body treatments including scrubs and a clay-detoxifying wrap.

"We're excited to be the first property to bring the luxurious Crystal Life Spa to land and to North America," said Ryan Eller, CEO of Empire Resorts. "Crystal Life Spa consistently ranks among the world's top spa experiences



The 8,000sq ft spa is managed by WTS International

and we are proud to be able to offer this luxury brand experience to our patrons to enjoy."

The Crystal Life Spa at Resorts World Catskills features treatments from aesthetician Ling Chan, a renowned facialist whose products are developed with a holistic philosophy, merging traditional Asian beauty principles with state-of-the-art ingredients.

The opening of the spa started with yoga, meditation and complimentary spa treatments.

*Details: [http://lei.sr?a=w3X7c\\_S](http://lei.sr?a=w3X7c_S)*



Newly appointed managing director Erin Lee (left) with co-founder and CEO Barry Smith

## Dröm UK reveals new management team

Kicki Carlsson, CEO and co-founder of Dröm UK, will take a "step back" from the day-to-day running of the company, with fellow co-founder Barry Smith set to take over with immediate effect.

Carlsson and Smith co-founded the specialist thermal wellbeing firm in 2002. Smith will become CEO and will be responsible for project management and sales growth.

Carlsson will become an ambassador for Dröm, continuing to raise the public profile of the company, both in the UK market and abroad, as well as taking an active role as advisor to the management team.

To complete the reshuffle and to support Smith, Erin Lee has been promoted to managing director.

*Details: [http://lei.sr?a=t5U8y\\_S](http://lei.sr?a=t5U8y_S)*

## Guided meditation sessions added to Manchester spa

The Spa at The Midland, in Manchester, UK, has launched a series of guided meditation sessions to help guests get the most out of their treatments.

Meditations take place in the spas relaxation room, where guests can choose between two recordings. The first takes guests through a series of visualisations, different breathing techniques and body scanning, while the second prompts guests to imagine themselves in a calm and serene place, before lapsing into therapeutic sounds and music. Each session lasts 20 minutes and is designed to calm the nerves and relieve anxiety, as well as boost mood and improve overall wellbeing.

Helena Grzesk, director of The Spa, said: "The guided meditation will allow city dwellers and spa day guests to switch off and let go of any worry or stress."

*Details: [http://lei.sr?a=3F7k9\\_S](http://lei.sr?a=3F7k9_S)*



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## Westin to open in The Maldives

Marriott International will open a Westin Resort in October in The Maldives, which will include a Heavenly Spa with five treatment rooms.

Developed by Belluna Co Ltd, The Westin Maldives Miriandhoo Resort hopes to herald the Westin brand's wellness positioning in the Maldives. The Heavenly Spa, state-of-the-art gym and the entire resort are dedicated to the Westin pillar of 'Stay Well,' with fresh and healthy cuisine available.

The spa will include three single and two double treatment rooms as well as a relaxation room, and will use spa products from French skincare brand Therae, which draws its inspiration from the Japanese art and culture of tea. The spa will reflect Westin's commitment to wellness, and allow guests to replenish the mind and body with a personal sensory experience. Nestled on a coral island in the Baa Atoll, the resort will feature 70 villas and



The resort is set on a coral island in the Baa Atoll

suites, 41 on island and 29 overwaters. Created by Milan-based architects PEIA Associati, the resort's design takes inspiration from the ocean and focuses on environmental sustainability.

The dining options include three resort restaurants and a rooftop bar. The all-day dining experience at Island Kitchen stays true to the Westin brand's Eat Well pillar through a thoughtful menu combining Chinese, Indian and Maldivian fare.

*Details: [http://lei.sr?a=Z2g6D\\_S](http://lei.sr?a=Z2g6D_S)*

## Canyon Ranch, Singapore Air tie-up

Singapore Airlines and destination wellness brand Canyon Ranch have forged a partnership to help customers on ultra-long-haul travel routes focus on wellness cuisine, rest, relaxation and general wellbeing.

The Canyon Ranch Wellness Architects – a team of experts from integrative medicine, exercise, nutrition and other disciplines – has developed science-based strategies for improved sleep, exercise and stretching, as well as new, nutrition-focused menus, applied specifically to SIA's 18 hour 45 minutes non-stop service launching in October 2018 between Singapore and Newark, New Jersey, US – the world's longest commercial flight. The programme will also extend to Singapore-US non-stop services to Los Angeles and San Francisco.

"As a trailblazer in integrative wellness for four decades, collaborating with the world's most awarded airline that has ushered customers globally for more than 70 years, our affiliation is testimony to heritage brands that continue to innovate," said Susan E. Docherty, CEO of Canyon Ranch. "We are



The partnership includes nutrition-focused menus on board flights

fortunate to provide transformative wellness to guests on land, at sea and now – in the air, with a partner that is equally committed to their guests' experience as we are."

The partnership includes wellness cuisines developed by Canyon Ranch chefs and nutritionists focused on nutrition and hydration, taking into consideration longer flight duration with less body movement. Canyon Ranch has also created sleep strategies designed to help customers in all cabin classes improve the duration and quality of rest, as well as specific light settings in providing better cabin ambience for rest and relaxation.

*Details: [http://lei.sr?a=V5g2U\\_S](http://lei.sr?a=V5g2U_S)*

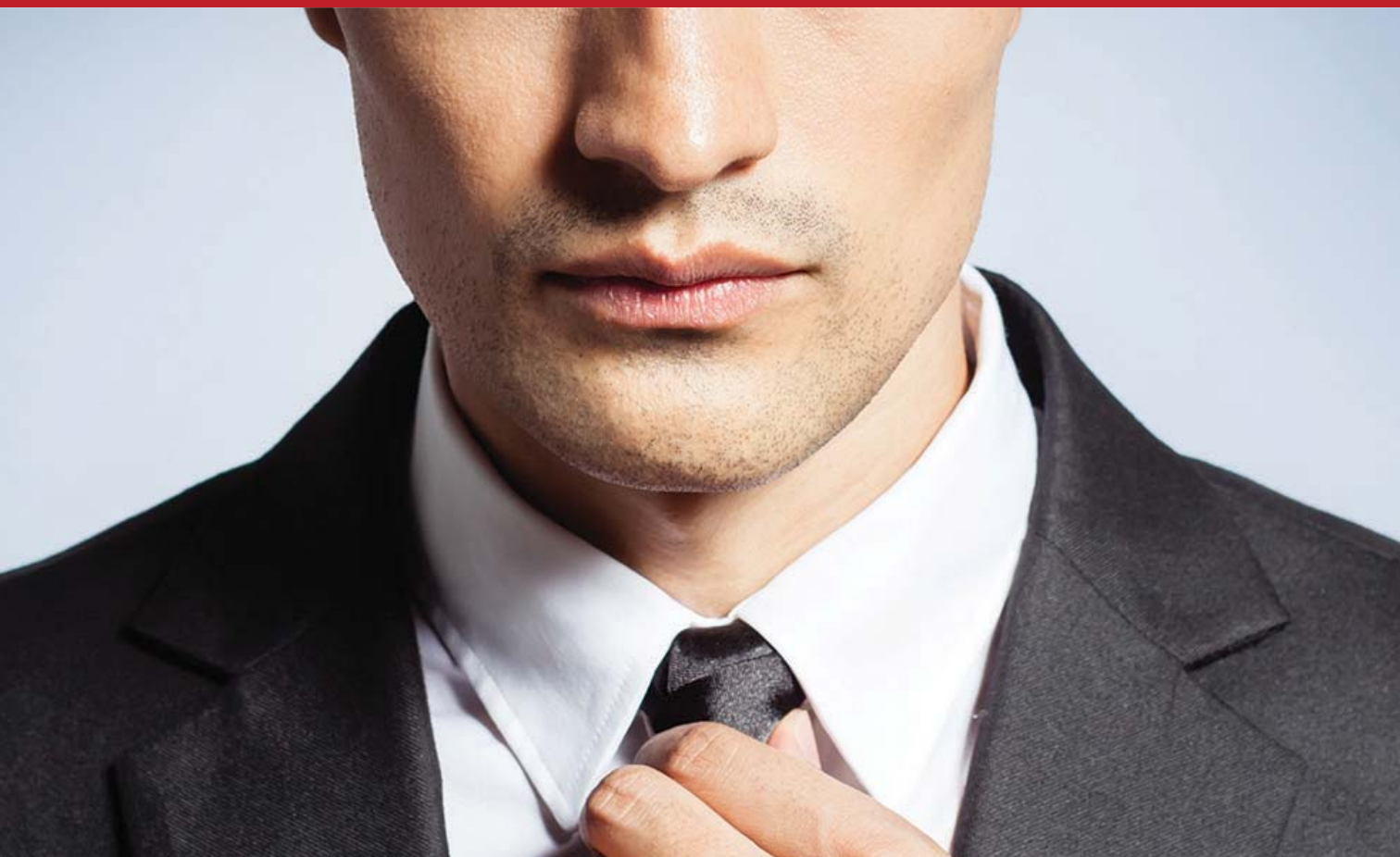


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## Monterey spa inspired by the ocean

The Sanctuary Beach Resort has opened a new spa at its 19-acre shoreline property in Monterey, California, US. The Spa at Sanctuary will provide spa experiences for the local Monterey community as well as resort guests, and draws inspiration from its natural surroundings, utilising elements of the land and the sea in a customised, holistic approach to overall wellness.

The treatment menu at The Spa at Sanctuary centres around traditional massage and facials, as well as custom treatments focusing on body care and total wellness.

Body care treatments include the Salt Wood Spa RX, a sea salt exfoliation designed to aid the body in releasing toxins while unveiling a healthy glow. This treatment uses a custom, seasonally-inspired, farm-to-table salt blend created daily by chefs at the resort's signature restaurant, Salt Wood Kitchen & Oysterette, and is available for purchase at the spa.



The spa includes a salt exfoliation created daily by the resort's chefs

The Detox + Hydrate Body Care Treatment is a detoxifying brush exfoliation designed to support the lymph system and promote natural healing through a nutrient-rich body mask, chakra stones, anti-ageing face massage and full-body massage.

Inspired by the sea, the Pacific Ocean Body Care Treatment includes a basalt stone face massage, a mineral-rich seaweed body mask and full body massage.

*Details: [http://lei.sr?a=J4U3T\\_S](http://lei.sr?a=J4U3T_S)*

## Higgs joins Fort Lauderdale Auberge spa

Linda Higgs has been named director of spa & wellness at the upcoming Auberge Beach Residences & Spa in Fort Lauderdale, Florida, US, which is set to open an expansive two-storey spa at the end of this year.

Higgs will oversee all aspects of operations, staff management and treatment protocol at the spa. She will also implement all of the spa's treatments, including pre- and post-service amenities focused on prevention and recovery for both physical and mental wellbeing, as well as anti-ageing treatments, her speciality.

Higgs joined Auberge Beach Residences & Spa after a decade-long tenure at The Spa at Shula's in Miami Lakes, Florida, where she was responsible for the overall spa operation and marketing. She also serves as the vice-chair advisory board for the Florida Spa Association, an organisation she has been involved with for several years.

The 10,000sq ft (929sq m) spa has been designed by spa consultant Tracy Lee of TLee Spas, who was inspired by the sea, sound, salt and sand in her creation. "This inspiration



Linda Higgs has been named director of spa and wellness

came from numerous sources," Lee told Spa Opportunities in 2016. "The experience of one of the owners who grew up on this site and was profoundly shaped by these collective forces of nature – their constant presence at this special location, and the positive impact they exert on the emotional, spiritual and physical aspect of wellbeing. We want to harness the sense of release, recovery and renewal that most of us equate with time spent at the seaside, and translate that attitude into a leading-edge wellness experience."

*Details: [http://lei.sr?a=e5M2y\\_S](http://lei.sr?a=e5M2y_S)*

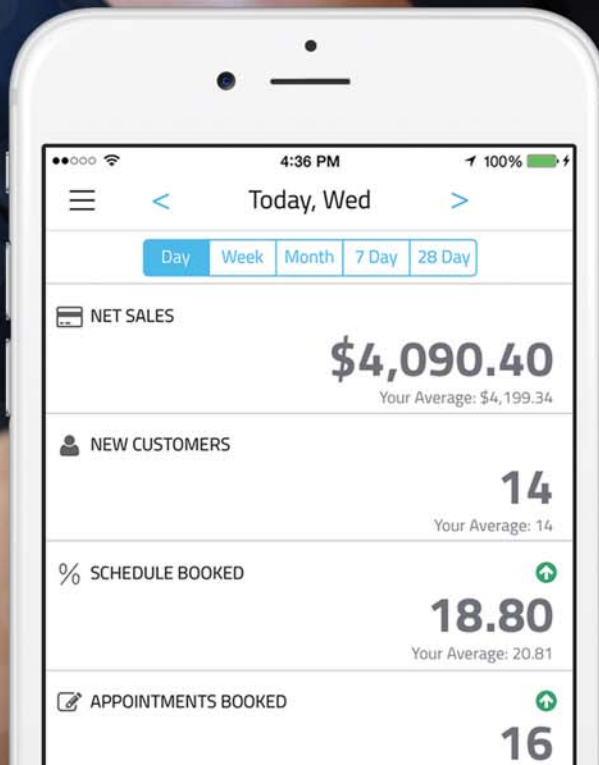




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# CALENDAR

**6-9 September 2018**

**CIDESCO International Congress**

Stockholm, Sweden

Interact and network with people across the beauty industry, landscape professionals, corporates, distributors, manufacturers, salon chains, spa chains, products, brands, equipment manufactures and dealers, educational institutes, sector skill council, trade media and many more.

[www.cidesco.com/events](http://www.cidesco.com/events)

**22-23 September 2018**

**World Wellness Weekend**

Locations worldwide

A global event with local activities in more than 400 properties in 50 countries across all continents. Coordinated by Jean-Guy de Gabriac, founder and CEO of Tip Touch International.

[www.world-wellness-weekend.org](http://www.world-wellness-weekend.org)

**24-26 September 2018**

**ISPA**

Phoenix, Arizona, US

This global gathering includes speaker presentations an Expo filled with the latest spa products. This year, ISPA moves from Las Vegas to Phoenix, Arizona, where it will be held at the Convention Center. Speakers include Sally Hogshhead, Daymond John and Shawn Achor. The farewell party this year will be a baseball game between the Arizona Diamondbacks and the Los Angeles Dodgers at Chase Field in Phoenix.

[www.attendispa.com](http://www.attendispa.com)

**6-8 October 2018**

**Global Wellness Summit**

Technogym Headquarters  
Cesena, Italy

An invitation-only international gathering that brings together leaders and visionaries to positively impact and shape the future of the US\$3.7tr global wellness economy. The 2018 Summit's theme is "Shaping the Business of Wellness".

[www.globalwellnesssummit.com](http://www.globalwellnesssummit.com)

**7-8 October 2018**

**Professional Beauty Ireland**

Dublin, Ireland

Showcasing the latest innovations in spa and beauty and unveiling next year's beauty trends for Ireland. Includes four live stages, seminars and lectures, exhibitions, and a dedicated event for hair professionals.

[www.professionalbeauty.co.uk/ireland](http://www.professionalbeauty.co.uk/ireland)



The event includes a trade show along with life stages and seminars

**30 September - 1 October 2018**

**Olympia Beauty**

London

Now in its fourteenth year, Olympia Beauty brings over 500 of the biggest beauty brands to London. In 2017, Olympia Beauty saw over 18,500

industry professionals descend on the Olympia Exhibition Centre London.

The event features live stages, seminars, interactive features, competitions and awards. Also includes the Salon & Spa Owners' Club and Restaurant.

[www.olympiabeauty.co.uk](http://www.olympiabeauty.co.uk)

**16-17 October 2018**

**Independent Hotel Show**

Olympia, London

A curated collection of more than 300 product and service providers from across the hotel supply chain.

[www.independenthotelshow.co.uk](http://www.independenthotelshow.co.uk)

**22-26 October 2018**

**Bali wellness study tour**

Various locations

Organised by the Asian Pacific Spa and Wellness Coalition in cooperation with the Bali Spa & Wellness Association, this educational five-day tour is designed for those in the spa industry. It will delve into some of the lesser-known traditional and cultural healing and spiritual practices that make Bali so unique, while at the same time showcasing some of the island's leading retreats, spas and wellness offerings.

[www.apswc.org](http://www.apswc.org)

**23-26 October 2018**

**Spatec Middle East**

The St. Regis Dubai Al Habtoor Polo Resort

An event that brings together spa operators from the Middle East region to meet with suppliers for one-on-one meetings.

[www.spatecevents.com](http://www.spatecevents.com)

**3-6 November 2018**

**Spa and Wellness International Congress**

Astana, Kazakhstan

An annual event addressing managers and owners of spa and wellness facilities in Russia and Eastern Europe.

[www.lswic.ru](http://www.lswic.ru)

**7-9 November 2018**

**US Hot Springs Conference**

Glenwood Springs, Colorado

Designed for hot springs owners, operators, GMs and facilities directors.

[www.hotspingsconnection.com](http://www.hotspingsconnection.com)





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The spa is located underneath the hotel

## MKV Design completes Tenerife resort with 1,000sq m spa

A new luxury resort on the Spanish Canary Island of Tenerife is home to a 1,000sq m (10,764sq ft) spa, among its 121 junior hotel suites and one, two and three-bedroom apartments.

The Royal Hideaway Corales, designed by MKV Design, spans the cliff-top like a futurist rocky growth.

The hotel and the Suites are housed in two separate buildings connected by a dramatic walkway at level four. MKV took its cue from the architecture of the building designed by Leonardo Omar, a local architect acclaimed for his purist, avant-garde and usually very white buildings. The arid and volcanic landscape of Tenerife and the colour of the local coral also played important roles, resulting in a largely monochromatic palette throughout the suites and apartments with accents of turquoise and aqua marine hinting at the neighbouring sea.

A spa is located underneath the hotel, and guests descend in front of a wall of timber and stone into the spa via an elevator into the spa. Volcanic stone, rich North African timbers and glass pervade throughout this area, which is flanked by a glazed wall.

Maria Vafiadis, managing director of MKV Design said: "Royal Hideaway Corales is a truly unique project in so many ways, not least in its architecture and scale.

"So our interiors have drawn on the buildings' architecture to achieve a purist design in the suites and spa, balanced by a diverse range of wining and dining destinations, each with their own aesthetic."

Details: [http://lei.sr?a=6T9s2\\_S](http://lei.sr?a=6T9s2_S)

## Gift voucher provider Lavish acquired

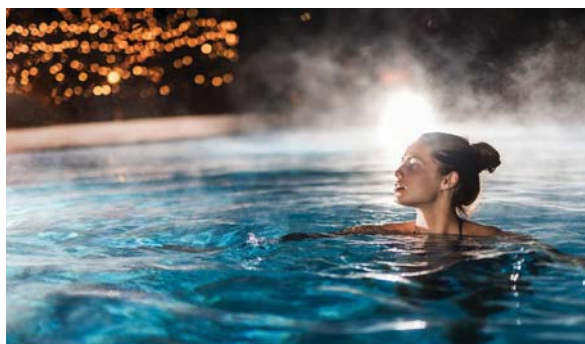
Gifted to You, a B2B gifts and experiences supplier, has acquired spa gift voucher provider Lavish.

The acquisition will see the brand expand into the corporate market, with a particular focus on the incentive and reward space, as part of the Gifted To You range.

In addition, the spa experiences offered through Lavish gift vouchers will be

promoted to the business community across the UK and Ireland, in a move that Gifted To You managing director Wendy Carter claims would give spa owners, hoteliers and beauty therapists the opportunity to reach a potential market of over 15 million customers.

"Our acquisition of Lavish will allow us to work with our spa and salon partners to offer spa experiences, combined with unique physical gifts. This will make us the ultimate 'all in one' gifting solution



Lavish offers vouchers for spa and beauty experiences

for businesses looking for something special and memorable," said Carter.

"We are delighted to have acquired the business, we predict the Lavish gift card will become a key part of the Gifted To You B2B offering, but also continue to be a successful consumer product in its own right. The acquisition feels like a natural extension of our gift portfolio and also the right move for the Lavish brand," she added.

Details: [http://lei.sr?a=b2D4P\\_S](http://lei.sr?a=b2D4P_S)

## Costa Rica to host wellness conference

The First Wellness and Spa Conference in Costa Rica will take place from 31 August to 2 September at the Convention Center Rafael Arenas in La Fortuna, San Carlos.

The event will include international experts, including Dr Antonio Freire, a medical hydrology and hydrotherapy specialist from Spain; Sonal Uberoi, CEO at Spa Balance Consulting from the UK; Dr Patricia Hernández from Mexico, a specialist in dermocosmetics and biostimulation; Dr. Ramón de la Rosa, academic president at the Latin-American Spa Association; and Bonnie Baker, co-founder of Sattava Spa & Wellness, among others.

The conference hopes to promote Costa Rica's wellness culture, allowing international tourists to recognise the country as a wellness destination, where they can take advantage of its biodiversity, natural resources and scenery, as well as sustainable gastronomy.

The Costa Rica Tourism Board (ICT) wants to develop the country's wellness niche and is supporting the conference in combination with the National Learning



The event takes place in La Fortuna, where there are thermal springs

Institute (INA), the Arenal Chamber of Tourism and Commerce, Costa Rica Wellness Tourism Association (Wellness Costa Rica) and the Latin-American Spa Association.

"The ICT is modernising and opening up to the market's needs and we're committing to endorse policies that promote wellness tourism as part of the country's offer," said Maria Amalia Revelo, Costa Rica's minister of tourism.

Organisers hope to create an "unforgettable experience" for the participants.

Details: [http://lei.sr?a=Z8m7P\\_S](http://lei.sr?a=Z8m7P_S)





# GLOBAL WELLNESS SUMMIT 2018

## PARTIAL LIST OF SPEAKERS & PRESENTERS



**Nerio Alessandri,**  
Technogym



**Gina Diez  
Barroso de Franklin,**  
Grupo Diarq



**David Bosshart,**  
PhD, Gottlieb  
Duttweiler Inst.



**Mark Britnell,**  
KPMG  
International



**Dan Buettner,**  
Blue Zones



**Dr. Richard H.  
Carmona,**  
Canyon Ranch



**Dr. Anjan  
Chatterjee,**  
Univ. of Penn.



**Antonio Citterio,**  
Architect and  
Designer



**Clodagh,**  
Clodagh Design



**Jan-Emmanuel De  
Neve, PhD,**  
University of Oxford



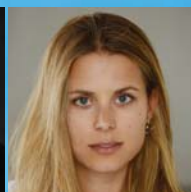
**Catherine  
Feliciano-Chon,**  
CatchOn & Co.



**Madelyn  
Fernstrom, PhD,**  
NBCUniversal



**Alberta Ferretti,**  
Fashion  
Designer



**Irene Forte,**  
Rocco Forte  
Hotels



**Dr. Nicola Angelo  
Fortunati,** Italian  
Hotel Collection



**Neil Grimmer,**  
Habit & Plum  
Organics



**Mindy Grossman,**  
Weight Watchers  
International



**Dr. Ranieri Guerra,**  
World Health  
Organization



**Susan  
Harmsworth, MBE,**  
ESPA



**Andrea Illy,**  
ILLYCAFFE'



**Katherine  
Johnston,** Global  
Wellness Inst.



**Alcide Leali,**  
Lefay  
Resorts



**Dave  
McCaughan,**  
Bibliosexual



**Aldo  
Melpignano,**  
Borgo Egnazia



**Carmen  
Moretti,**  
L'Albereta



**Sergio Pecorelli,**  
MD, PhD,  
Univ. of Brescia



**Prof. Giovanni Pes,**  
MD, PhD,  
Univ. of Sassari



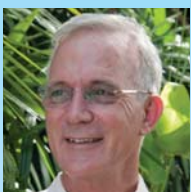
**Bob Roth,**  
David Lynch  
Foundation



**Bruno H. Schöpfer,**  
Bürgenstock  
Selection



**Louie  
Schwartzberg,**  
Moving Art



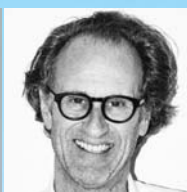
**John Stewart,**  
Kamalaya  
Koh Samui



**Mary Tabacchi,**  
PhD, RD,  
Cornell University



**Liz Terry,**  
Leisure  
Media



**Matteo Thun,**  
Matteo Thun &  
Partners



**Ophelia Yeung,**  
Global Wellness  
Institute

Join us October 6-8 at Technogym in Cesena, Italy

**GLOBALWELLNESSSUMMIT.COM**



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25 years of  
clinical research  
conceptualised into  
elegant wellness  
kits and programs  
targeting modern  
lifestyle concerns



66th

# CIDESCO World Congress & Exhibition 2018 Stockholm, Sweden



## BEAUTY of the Northern Lights

To register for  
the congress please visit:  
[www.cidescocongress2018.com](http://www.cidescocongress2018.com)

For questions  
please contact us on:  
[cidescocongress2018@shr.nu](mailto:cidescocongress2018@shr.nu)

We look forward to welcoming you to the  
66th CIDESCO world congress in Stockholm 6th – 9th September

### SOCIAL PROGRAMME



#### Welcome Party

hud & kosmetik, Kistamässan -  
Thursday 6th September 18.00

The Welcome party will take place at the Exhibition hud & kosmetik, Thursday 6th September in the Bistro at Kistamässan. The event will include a traditional "smörgåsbord". We will also announce the winners in the CIDESCO Make up and Body Art Competition. The Welcome party is included in the congress Fee. The venue is Kistamässan, Arne Beurlings Torg 5, Kista. Busses will take you from Waterfront Hotel to the Exhibition and back.



#### Culture Evening

Junibacken – Friday 7th September

The Culture Evening will be held Friday 7th September 19.00 at Junibacken. Busses will take you from Waterfront Hotel to Junibacken and back. **€ 170**

**The Story of Junibacken...** starts with Astrid Lindgren. The first time she heard about the project she thought it was a nice idea and all that, but she didn't want to have anything to do with any kind of "Astrid Lindgren's house". Right from the start the idea was of a journey with a small train through the world of fairy tales with some of Astrid's stories. This took nearly two years to create. Doll-makers, scenic artists, propmakers, theatre carpenters – everyone was working feverishly to complete the Storybook Train.

#### Gala Dinner

Winterviken – Saturday 8th September

The Gala Dinner will take place Saturday 8th September 19.00 at Winterviken. Boats will take you from Stadhuskajen 18.30 to Winterviken and busses will take you back to Waterfront Hotel. **€ 190**

#### Winterviken – Alfred Nobels old Dynamite Factory!

In beautiful Winterviken, only 15 minutes away from Stockholm city lies the old factory of Nobel from 1891. In this incredible building there are neither crystal chandeliers nor velvet chairs, instead our ceiling is adorned by wooden beams, brick inner and outer walls and wooden floors. Winterviken's halls are rough and beautiful. The owner, Markus Aujalay, is one of Sweden's most reputed chefs. He has worked at the most exquisite restaurants both abroad and in Sweden and won most titles there are to be won in Sweden. He has managed the Nobel Prize award dinner and is also greatly appreciated as a TV-chef and through this cookbooks.

### LECTURE PROGRAMME

6th - 9th September 2018 hud & kosmetik, Kistamässan, Stockholm. Theatre M 8

#### Thursday 6th September

11.00 - 12.00 **René Nagels**

Choose the right type of RF for nonsurgical antiaging treatments.

12.15 - 13.15 **Trevor Steyn**

Billions of live Probiotics (beneficial bacteria) – The future in professional skincare!

13.30 14.30 **Dirk Hundertmark**

The principle of Plasma technology. Fibroblast non-ablative lifting without, surgical, surgery.

14.45 – 15.45 **Dr Andrew Christie**

Microneedling & Papulopustular Acne – delivering innovative and effective patient solutions.

16.00 – 17.00 **Dr. Andrea Bovero, PhD**

Spa & Beauty Evolution: Market Trends and Innovation.



#### Friday 7th September

09.00 – 10.00 **Michael Q. Pugliese**

Innovative Ingredients technology.

10.15 – 11.15 **Linda Mehrens Flodin**

To work professionally with makeup.

11.30 – 12.30 **Jens Bergström**

Breaking the skin barrier and keeping it safe.

12.45 – 13.45 **Sophie Alemany**

Mineral therapies - health or skincare?

14.00 – 15.00 **Dimitra Tsantidou**

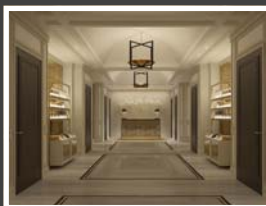
Healing Waters.

15.15 – 16.15 **Dr Ghoncheh Yazdani**

Innovative treatment for Acne Vulgaris shown in a new study.







*We are recruiting a new Team for a 1,600m2 new spa hotel currently under construction in Iver, Buckinghamshire, due to open in autumn 2018.*

The former country estate of the Duke of Marlborough is being renovated to create a world-class five-star hotel and spa, set in the heart of the Buckinghamshire countryside.

We are building a state of the art facility, sympathetically blended into the original estate.

We are recruiting for:

## Spa Therapists

circa £20,000 plus benefits scheme (Full time/Part-Time/Casual)

### Essential Attributes :

- Experience of working in a similar business.
- A passion for customer service excellence.
- Beauty Therapy qualification NVQ Level 3 or equivalent.
- Exceptional treatment standards.
- Ability to work as part of a team.
- Reliable, efficient and pro-active.
- Keen for personal development and learning.
- Experience of working with Premier Core and further beauty qualifications are an advantage.

### In addition, we offer the following benefits:

- |                                |   |
|--------------------------------|---|
| ● Bonus Scheme                 | ● Pension Scheme  |
| ● 28 days holiday              | ● Discounted hotel and F&B rates for Marriott globally (the hotel will be a member of one of the world's leading luxury hotel brands) |
| ● Training programmes          | ● Childcare voucher scheme  |
| ● Meals on duty                |   |
| ● Uniform                      |   |
| ● Dry Cleaning Service         |   |
| ● Social Events and Activities |   |

**To apply and view all vacancies available please visit:**  
<http://lei.sr?a=z4l9f>



CELTIC MANOR  
HOTELS, RESORTS, CONFERENCES

# SPA THERAPIST

NEWPORT, UNITED KINGDOM

Highly trained ✓ Qualified to NVQ Level 3 ✓ Experienced ✓ Enthusiastic to learn more ✓

If you are magic at massage and fantastic at facials, then you could be for us. We're looking for a Spa Therapist to join our award winning team and spa\*.

The Celtic Manor Resort houses two luxurious spas with 16 gorgeous treatment rooms, offering the latest in therapies with leading products, ready and waiting for you to get your hands on.

When you join the Celtic Manor family, you get some pampering too!

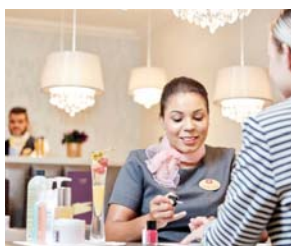
## Celtic Manor Resort family benefits include:

- Very competitive rates of pay, which are reviewed on a regular basis £8.30 - £9.58 per hour, depending on experience.
- Attractive commission scheme
- Own in house Celtic College
- 28 holiday days per year
- Free Meals on Duty
- Discounted Leisure Membership
- Childcare Voucher Scheme
- Cycle 2 Work Scheme
- Discounted Room Rates
- Discounted Food & Beverage Rates
- Discounted Spa & Resort Retail
- Discounted On-Site Activities
- Staff Accommodation £459pcm (subject to availability)

\*Voted Readers' Choice Best UK Hotel Spa & Best UK Spa Manager 2015 Spa Traveller awards.

*In line with the requirements of the Asylum & Immigration Act 1996, all applicants must be eligible to live and work in the UK. Documented evidence of the eligibility will be required from candidates as part of the recruitment process.*

*The Celtic Manor Resort is an equal opportunity employer and would welcome interest from applicants of all ages.*



Apply now - <http://lei.sr?a=i3G2m>





# Spa Recruitment Open Day

**THURSDAY 13TH SEPTEMBER, 11.00am – 7.00pm**

**Coworth Park, Dorchester Collection's luxury country house hotel has a multi-award winning Spa and we are seeking Spa Therapists and Receptionists to join our team.**

Our Spa is stunningly beautiful, illuminated with natural light and has spectacular views.

With eight treatment rooms, a manicure/pedicure suite and luxurious spa facilities our Spa requires a minimum NVQ Level 3 qualified, experienced and gifted therapists to perform a wide range of beauty and therapeutic treatments to the highest standards for our five-star guests.

To attend the open day, simply come along anytime between 11.00am and 7.00pm to The Spa at Coworth Park, Coworth Park, Blacknest Road, Ascot, Berkshire, SL5 7SE.

Please bring your CV and you will meet with our Spa Director and Spa Manager to find out more about our current recruitment opportunities.

If you are unable to attend we would still be pleased to hear from you, please submit your CV and covering letter below.

**More information: <http://lei.sr?a=J2C0J>**

**COWORTH • PARK**  
**ASCOT**

*Dorchester Collection*



**BVLGARI**  
HOTEL LONDON



Located in Knightsbridge on the edge of Hyde Park, The Bvlgari Hotel London is both a haven of calm in the centre of the city and yet under a minute's walk from such landmarks as the famous Harrods department store.

## We are recruiting!

We are currently recruiting for a variety of roles to join our award winning luxury Spa. Based over two floors, our Spa comprises numerous treatment rooms offering a variety of specialist products and services, a Spa suite and a 25m swimming pool and adjoining vitality pool. We offer a competitive salary and benefits package

### Spa Sales and Reservationist

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

### Spa Attendant

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

### Senior/Spa Therapists

Spa Therapists are responsible for delivering exceptional treatments to guests of the spa, in line with ESPA and Hotel brand standards, whilst maintaining the excellent five-star client care, cleaning standards and grooming. Responsible for revenue generation through retail, up-selling and cross sales to other business centres in the spa.

**Did we mention the fabulous benefits we offer too? See below for just some of them...**

- Highly Competitive Salary
- Discount at selected Bulgari retail outlets
- Life Assurance
- Private Dental Insurance
- Service Charge
- My Bulgari Rewards Discount Scheme
- Private Health Insurance
- Group Personal Pension Plan

All our colleagues demonstrate our core values in the service they deliver... Radiance, Grace, Authenticity, Pure Presence, Integrity and Tradition of Excellence... is this you? If you think it is and you would like to join our team please send your CV and letter of application below.

**We look forward to hearing from you!**

For more information and to apply: <http://lei.sr?a=b3R5t>





# Spa Therapist

SOFITEL  
LUXURY HOTELS

**Location: Heathrow Airport, London, United Kingdom**  
**Competitive Salary & Benefits**

LONDON HEATHROW

Award-winning luxury hotel directly connected to Heathrow Airport's Terminal Five with 605 bedrooms & suites, 45 meeting rooms, five restaurants and bars and a luxury spa with a thermal suite.

The spa is responsible for the delivery of a wide array of luxurious spa treatments to both our hotel guests and day guests & visitors ensuring an exceptional experience every time. We have five treatment rooms including, one couples suite a full hydro suite, relaxation room & gym facilities.

Spa Therapist is responsible for the delivery of a wide array of luxurious spa treatments to both our hotel guests and visitors. They also look after our Hydro Suite facilities ensuring the wellbeing of clients at all times.

## Duties and Responsibilities

- Performing all spa treatments as per product and spa guidelines to include, head and body massages, facials, manicure, pedicure, hot stone treatments etc.
- Full and proper use of all Spa equipment as per treatment guidelines and training.
- Delivery of exceptional client care at all times.
- Outstanding cleanliness and hygiene across all areas of the spa.
- Up-selling spa products where possible and carry out Spa reception duties if required.
- Assist with demonstrations as and when required.
- Maintaining all equipment and work areas, including key security and comply with Health and Safety guidelines.

## Skills & Experience

- Recognized Beauty Therapy Level 3 qualification (e.g. NVQ3 BTEC/CIDESCO/CIBTAC/BABTAC or similar) is preferred
- Previous experience in 5\* spa environment would be an advantage
- Capable and dedicated to delivering high levels of guest care
- A smart, polished and professional appearance
- A positive attitude and excellent communication skills
- Willingness to drive treatment & products sales
- Previous knowledge of ESPA products and treatments would be an advantage

## What we offer:

- Staff uniform provided
- Meals provided on duty
- 28 days annual leave (pro rata for part-time)
- A friendly working team environment
- Working with a luxury treatment brand with full training provided
- Continuous training on new products and spa treatments
- Reduced parking rate for members of staff
- Staff incentive programme
- Discounted/preferential rates at hotels within Accor and Arora hotels
- Discount of 30% off food and beverage in Hotel dining outlets

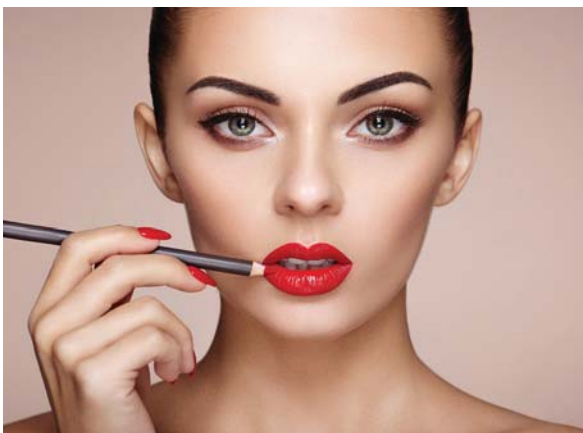
**APPLY NOW: <http://lei.sr?a=n7J0I>**

## McGregor, Smith to speak at GWS

*Continued from front cover*

This macro-trend, “Algorithmic Beauty”, means that beauty is no longer simply in the eye of the beholder, but in the eye of a machine learning algorithm instead — with beauty standards shifting from subjective to objective ideals. Smith and McGregor will analyse the diverse aspects and opportunities within the Algorithmic Beauty trend: from how facial recognition technology will change the face of beauty to the rise of artificial-intelligence-driven devices that can assess our faces and create a personalised feedback loop between products and a person’s skin, to how the next generation of non-invasive procedures will be rooted in nanotechnology, to a simultaneous backlash against “objective beauty” mounting in some corners.

“The Future Laboratory is one of the most provocative and prescient trends forecasters, helping the world’s top brands



Artificial intelligence is shaping a new definition of flawlessness

— whether in beauty, wellness or travel — really visualise the macro- and micro-trends that are likely to shake up their businesses,” said Susie Ellis, GWS chair and CEO. “We’re excited that Jessica and Rhiannon will share their new insights on the high-tech future of beauty and build on the fast-evolving conversation about beauty and wellness that is always a cornerstone of the Summit.”

*Details: [http://lei.sr?a=Y2A7z\\_S](http://lei.sr?a=Y2A7z_S)*

## Chiva-Som staff help local community

Chiva-Som International Health Resort in Hua Hin, Thailand, is closed for six months while it has been undergoing the third of four phases of an extensive remodeling, but its employees remain dedicated to a long-standing policy of championing environmental awareness and assisting in the preservation and support of the local community.

Several initiatives, policies and practices are in place to viably sustain and grow Chiva-Som’s business into the future with a continued environmentally responsible approach. During the current six-month closure, each department has been provided with the freedom to undertake initiatives they are passionate about that benefit the local environment and/or communities while simultaneously utilising and developing their skills.

Chiva-Som’s wellness practitioners supported the Karen Communities at Pa-la-U Village. The Karen people are one of the largest hill tribes in Southeast Asia, found along the western border area in Thailand. As



The employees offered treatments to the local Karen people

many villagers live completely independently without travelling outside of its bounds, Chiva-Som practitioners offered vital medical clinic assessments as well as treatments such as acupuncture, physiotherapy, hands-on lice removal and haircuts. Staff also participated in games with the children, and donated clothes, rice, canned fish, milk and hygiene items.

Staff also worked with Preserve Hua Hin, the Krailart Niwate Mangrove Ecosystem Preservation & Science Education Centre and the Hua Hin Marathon.

*Details: [http://lei.sr?a=2G3e2\\_S](http://lei.sr?a=2G3e2_S)*

### Argentina Spa Association

T: +54 11 4468 0879 W: [www.asociacionspa.org](http://www.asociacionspa.org)

### Asia Pacific Spa & Wellness Coalition (APSWC)

T: +6596686110 W: [www.apswc.org](http://www.apswc.org)

### Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: [www.amspa.org.my](http://www.amspa.org.my)

### Australasian Spa Association

T: +61 4 3003 3174 W: [www.spaandwellness.com.au](http://www.spaandwellness.com.au)

### Bali Spa and Wellness Association (BSWA)

W: [www.balispaandwellness-association.org](http://www.balispaandwellness-association.org)

### Brazilian Spas Association

T: +55 11 2307 5595 W: [www.abcspas.com.br](http://www.abcspas.com.br)

### Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: [www.bubspa.org](http://www.bubspa.org)

### China Spa Association

T: +86 21 5385 8951 W: [www.chinaspaassociation.com](http://www.chinaspaassociation.com)

### Association of Spas of the Czech Republic

T: +420 606 063 145 W: [www.jedmedolazni.cz](http://www.jedmedolazni.cz)

### The Day Spa Association (US)

T: +1 877 851 8998 W: [www.dayspaassociation.com](http://www.dayspaassociation.com)

### Estonian Spa Association

T: +372 510 9306 W: [www.estonianspas.eu](http://www.estonianspas.eu)

### European Spas Association

T: +32 2 282 0558 W: [www.espa-ehv.com](http://www.espa-ehv.com)

### Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: [www.fht.org.uk](http://www.fht.org.uk)

### French Spa Association (SPA-A)

W: [www.spa-a.com](http://www.spa-a.com)

### German Spa Association

T: +49 30 24 63 692-0 W: [www.deutscher-heilbaederverband.de](http://www.deutscher-heilbaederverband.de)

### Hungarian Baths Association

T: +36 1 220 2282 W: [www.furdoszovetseg.hu/en](http://www.furdoszovetseg.hu/en)

### The Iceland Spa Association

W: [www.visitspas.eu/iceland](http://www.visitspas.eu/iceland)

### The International Medical Spa Association

T: +1 877 851 8998 W: [www.dayspaassociation.com/imsa](http://www.dayspaassociation.com/imsa)

### International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86-0 W: [www.iswa.de](http://www.iswa.de)

### International Spa Association (ISPA)

T: +1 859 226 4326 W: [www.experienceispa.com](http://www.experienceispa.com)

### Japan Spa Association

W: [www.j-spa.jp](http://www.j-spa.jp)

### Leading Spas of Canada

T: +1 800 704 6393 W: [www.leadingspasofcanada.com](http://www.leadingspasofcanada.com)

### National Guild of Spa Experts Russia

T: +7 495 226 4289 W: [www.russiaspas.ru](http://www.russiaspas.ru)

### Portuguese Spas Association

T: +351 217 940 574 W: [www.termasdeportugal.pt](http://www.termasdeportugal.pt)

### Romanian Spa Organization

T: +40 21 322 01 88 W: [www.romanian-spas.ro](http://www.romanian-spas.ro)

### Salt Therapy Association

W: [www.salttherapyassociation.org](http://www.salttherapyassociation.org)

### Samui Spa Association

T: +66 7742 08712 W: [www.samuispaassociation.com](http://www.samuispaassociation.com)

### Serbian Spas and Resorts Association

T: +381 36 611 110 W: [www.serbianspas.org](http://www.serbianspas.org)

### South African Spa Association

T: +27 11 447 9959 W: [www.saspaassociation.co.za](http://www.saspaassociation.co.za)

### Spanish National Spa Association

T: +34 902 1176 22 W: [www.balnearios.org](http://www.balnearios.org)

### Spa Association of India

T: +91 995 889 5151 W: [www.spaassociationofindia.in](http://www.spaassociationofindia.in)

### Spa Association Singapore

T: +65 6223 1158 W: [www.spaassociation.org.sg](http://www.spaassociation.org.sg)

### Spa & Wellness Africa Association

W: [www.spaassociationofafrica.com](http://www.spaassociationofafrica.com)

### Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: [www.iswic.ru](http://www.iswic.ru)

### Taiwan Spa Association

W: [www.tspa.tw](http://www.tspa.tw)

### Thai Spa Association

T: +66 2168 7094 W: [www.thaispaassociation.com](http://www.thaispaassociation.com)

### Turkish Spa Association

T: +90 212 635 1201 W: [www.spa-turkey.com](http://www.spa-turkey.com)

### The UK Spa Association

T: +44 8707 800 787 W: [www.spabusinessassociation.co.uk](http://www.spabusinessassociation.co.uk)

### Ukrainian SPA Association

T: +3 8044 253 74 79 W: [www.spaua.org](http://www.spaua.org)