# spa opportunities

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# Shakeup at Civana: Kelly, Riego forced out

With weeks to go before the opening of the new 22,000sq ft spa, Civana founders Kevin Kelly and Rianna Riego have been ousted from the resort's executive team.

Kelly, who had been CEO, has been replaced by Maggie Lang, a growth and marketing strategist who was recently head of guest experience and loyalty at Kimpton Hotels and brand director at United Airlines.

Riego had been chief brand and wellness officer; no immediate replacement for her has been announced.

In a statement announcing the change, Civana referred to Lang as "a seasoned executive with a career focused on growth, brand strategy, and the guest experience." At United, Lang held multiple leadership roles, specifically in ancillary revenue, loyalty, and brand. During her tenure at Kimpton, she led marketing, loyalty, and guest experience,



Spa industry veteran Kevin Kelly, who was CEO and was part of the original team that created Civana, has been replaced by Maggie Lang

and was the creator of Kimpton's loyalty programme, Karma Rewards.

She also served as the executive champion for Kimpton Women, a mentor programme for emergent female leaders. Civana's statement says: "In an industry where women represent only five per cent of chief executives, Lang brings a unique perspective to Civana and a commitment to providing a space where all are welcome to thrive."

Kelly and Riego – along with Larry Lamy, Civana's chief financial officer – were part of the original group of spa industry veterans who created Civana, a hospitality brand based around sustainable wellness through an affordable travel and lifestyle platform. Lamy remains at Civana.

Kelly said: "I created the Civana model in an effort to democratise wellness and make it a fun, approachable experience for travellers, through

quality programmes, healthier cuisine and healing spa treatments. Civana is positioned to be an industry disruptor, and I personally wish Maggie great success."

Civana's spa, which will have 29 treatment rooms, is set to open on 20 December.

Details: http://lei.sr/v9E3b\_S

### **HIRING NOW**



BEAVERBROOK

New Luxury Health Club & Spa

SURREY

SEE DAGE 15

### Woodward leaves CEO post at AA

Tracey Woodward, global CEO of Aromatherapy Associates and The Refinery, has announced that she will be stepping down from her post as of the end of this year.

Woodward, who will continue as a consultant and an ambassador for the brand until March 2019, will work alongside her replacement, Anna Teal, to ensure a smooth transition. Teal brings more than 20 years experience in the beauty industry to the role and will assume Woodward's responsibilities in the New Year.

"I am delighted to hand over the brand to Anna; we have worked together for many years on projects throughout our careers and I know that I leave this precious brand in capable hands with the support of the global team," said



Tracey Woodward has stepped down as CEO

Woodward. "I truly believe that Aromatherapy Associates will continue to lead the way in aromatherapy, self care and wellbeing."

Teal said: "I feel very privileged to be able to take on this role from Tracey, to whom I am incredibly appreciative to for the care she has taken to restore the brand and get it to the place it is in today."

Details: http://lei.sr/f8e5p\_S

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# Farris Bad opens 100-person sauna

In collaboration with Norwegian entrepreneurs DS Light and Sound and B+S Finland Sauna, the Farris Bad resort in Larvik, Norway has opened a 64sq m (689sq ft) sauna with a capacity for 100 people – one of the biggest event saunas in the Nordics.

The sauna features state-ofthe-art light and sound and a full tonne of Norwegian sauna stones, and is designed to host sauna aufguss events along with major sauna competitions.

"With a big sauna like this we see, through our rituals and shows, the awakening of the real human being – the natural, naked, compassionate and pure human – who together with others shares this unique sweat experience," said Lasse Eriksen, development manager at Farris Bad. "With the increased demand and expectations from our guests since our opening of the spa ten years ago, we finally have our big event sauna to fulfill those needs."

The sauna has multiple functions, and has been created using traditional methods. It can host traditional badstu (Norwegian sauna), banya and sauna experiences, along with



The sauna is designed to host events like aufguss championships

aufguss rituals, though Eriksen said "We can go full-throttle, with a 'Top Gun'-style show aufguss for a more fun and crazy experience."

He said guest feedback from those who have used the saunas and experienced one of Farris Bad's sauna events has been incredibly positive.

Farris Bad has plans to host several international events in the new sauna in the next year, including the Norwegian Aufguss Championship in April; the Sauna Herbal Cup in June; and the Aufguss WM Relegation Round in late August and early September, along with monthly sauna events that bring in sauna masters from around the world. Details: http://lei.sr/y5x2q\_S

# New W Costa Rica features 'social spa'

Marriott International's W Hotels has opened the W Costa Rica – Reserva Conchal, the first W Hotel in the country, which also includes the first full-service bar located inside an Away Spa.

Located within a 2,300-acre nature reserve near an internationally renowned surf spot, the W Costa Rica includes 150 bedrooms, all designed with the beauty of the natural area – including the nearby beach and jungle – in mind.

The hotel's spa is designed for guests to detox, retox and "get social", with its own Away Spa Bar – a first for the brand. The spa experience has also been given a makeover, as guests are offered group and semi-private treatments to mix and mingle – with or without a cocktail.

Six private treatment rooms are modelled after butterfly cocoons, a design that pays homage to the country's 1,500-plus species of butterflies, which make up approximately 18 per cent of the world's butterfly population.



The hotel is designed with the beauty of the natural area in mind

The WET Deck (the W pool) honours the wheels of Costa Rica's colourful 'Carreta Tipica' – oxcarts that can be found across the country – with a mosaic interpretation of the mandala-like designs inlaid in the hot tub within the hotel's pool and throughout the interiors of the sunken Wet Bar.

The resort was designed by Mister Important Design, alongside the in-house design team at W Hotels and Ronald Zurcher Architects. Details: http://lei.sr/n4b4m\_S



### New sleep programme at Lanserhof

The Lanserhof Tegernsee in Germany has launched a new sleep programme that combines technical equipment with naturopathic insights to optimise sleep quality.

The LANS Better Sleep Programme 2.0 has been designed by Lanserhof's medical team to offer a multidimensional approach for optimising sleep quality. The programme uses a number of scientific diagnostic methods in order to identify

methods in order to identify disruptive factors, and to screen for any underlying medical triggers of poor sleep.

"The reasons for bad sleep are individual," said Dr Jan Stritzke, deputy medical director at Lanserhof Tegernsee. "We get to the bottom of the triggers and provide our patients with a multi-faceted therapeutic approach, in which they lay the foundation for a healthier and more balanced life at Lanserhof."

The programme includes three core components of diagnostics, quality of sleep during the stay and therapy. At the beginning of a stay, guests undergo a detailed sleep medical analysis, carried out by a specialist. Within



Dr Jan Stritzke is deputy medical director at Lanserhof Tegernsee

this framework, the laboratory prepares a neurostress profile, examining the neurotransmitters involved in driving wakefulness and sleep. A further micronutrient analysis is performed to help uncover vital substance deficiencies to identify the requirements that will bring the body back to a healthy balance.

Each guest's individualised sleep programme is accompanied by multidimensional therapy; from respiratory muscle training with a Lanserhof physiotherapist; to Chronotherapie, which takes the sleep-awake rhythm into focus; and finally use of a specially designed mouthguard to minimise snoring. Details: http://lei.sr/4P3C9\_S

# The resorts are located in the vicinity of a mineral-rich hot spring dubbed a 'Holy Grail'

# Fusion to operate two Vietnamese resorts

Health and wellness-focused hospitality brand Fusion has teamed up with Alba Vietnam to operate two of the company's hotels. The resorts – Alba Wellness Hue and Thanh Tan Hot Springs Hotel – are both situated in the foothills of the Truong Son Mountains on the site of a mineral-rich natural spring.

Designed by architects Romain Duval, Anh Vu, and Minh Pham, Alba Hue features a yoga studio, organic farm, spa, and onsen bathing centre. The nearby Thanh Tan Resort comprises a pool, gym, and thermal bath.

"With the combined skills and experience of our two families, I think we can only improve on what is already an amazing project," said Fusion's CEO Attila Erda. *Details: http://lei.sr/M3Q2R\_S* 

### Bellefontaine Spa opens in Courchevel

The Grandes Alpes, Courchevel 1850, a chaletinspired resort in France, has partnered with Swiss antiageing brand Bellefontaine to launch a Bellefontaine Spa at the alpine hotel.

The new Bellefontaine Spa will include bespoke beauty treatments based on a combination of natural ingredients sourced in the Alps, pure water from glaciers, and the most recent innovations in biotechnology and cosmeceutical science.

Alongside this, Bellefontaine's Edelgen complex aims to fight soft inflammation, one of the main causes of skin ageing.

The treatment menu at the Bellefontaine Spa will feature a series of beauty, antiageing, energising facial treatments and body treatments for both men and women, including the signature Grandes Alpes Super-Moisturising Treatment, which uses Swiss thermal spring water to combat dehydration and restore suppleness and radiance.



The spa at the Grandes Alpes Courchevel 1850 in France

The Bellefontaine Bespoke Discovery Treatment is a tailor-made experience that includes a complete skin consultation, targeted complexion treatment and massage.

"We are delighted to be working with Bellefontaine to enhance our spa concept and be the first hotel spa in Courchevel to offer these renowned treatments," said Nicholas Granger, general manager of Grandes Alpes, Courchevel 1850.

Details: http://lei.sr/9Q8U9\_S

# Single workout can 'boost metabolism for days'

The positive effects of exercise on the metabolic system could last long after the activity, according to a new study.

Research by UT Southwestern Medical Center showed that neurons that influence metabolism are active for up to two days after a single workout. The research looked at the effects of short- and long-term exercise on two types of neurons found in both humans and mice, and could offer new insight into the brain's role in fitness.

"It doesn't take much exercise to alter the activity of these neurons," said Dr. Kevin Williams, a neuroscientist and one of the researches at UT Southwestern. "Based on our results, we would predict that getting out and exercising even once in a semi-intense manner can reap benefits that can last for days, in particular with respect to glucose metabolism."

Details: http://lei.sr/M8p4D\_S



## New Anantara includes hillside spa

A new all-villa resort in Vietnam, Anantara Quy Nhon Villas, has opened, with an Anantara Spa perched on a hillside overlooking Quy Nhon Bay.

The resort includes 26 one- and two-bedroom ocean-facing villas amid 7.2 hectares of landscaped tropical gardens.

The Anantara Spa features nature-inspired treatment suites, positioned among the trees, which boast double massage beds and oversized bathtubs for coconut milk soaks and Vietnamese traditional massages. The spa also features cliffside pavilions with views directly overlooking the serene bay.

Anantara Quy Nhon guests will be able to take advantage of Anantara's signature Balance Wellness concept, which offers a flexible approach to feeling good, through a range of wellness experiences and the freedom to explore and indulge in between.

The Masters of Wellness visiting practitioner calendar allows guests to book private sessions with alternative therapists who are experts in holistic healing. Private meditation sessions accompanied by a local monk or a



The spa is positioned among the trees and has space for oversized bathtubs for coconut milk soaks

morning yoga experience at the Cham towers allow guests to expand and deepen their wellness journey.

Each villa at the resort features a private infinity-style pool and in-room villa services. Details: http://lei.sr/W9E4m\_S

# Six Senses sustainability team meets

The sustainability leaders at Six Senses Hotels Resorts Spas celebrated their successes and made plans for 2019 as they met in Bali for their annual sustainability conference. This year's theme was titled: 'A Little Dirt Never Hurt'.

Twenty-two sustainability managers, community liaisons, spa leaders and gardeners joined Six Senses vice president of sustainability Jeff Smith for three interactive and educational days at The Kul Kul Farm in Ubud,

where they studied permaculture design, agroforestry, composting, biodynamic farming, essential oil distillation, natural soaps, bamboo building, plant nursery and seed collection.

The attendees learned about permaculture principles and how to apply them to every aspect of biodynamic farming. They prepared seedlings in the nursery, harvested 22 pounds (10 kilograms) of sweet potatoes, planted cherry tomatoes and banana trees, said hello to the chickens and pigs, explored the art of agroforestry, and learned the perfect layering technique for a steaming compost.

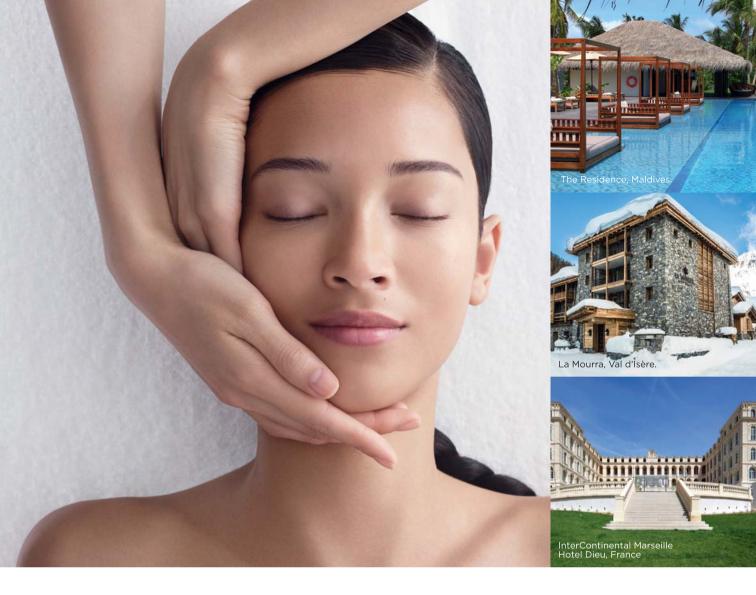
One of The Kul Kul Farm directors, Maria Hardy, guided the group through a basic, but



The sustainability team includes spa leaders and community liaisons

thorough, understanding of herbalism and natural remedies. The one-day workshop used herbs, leaves, fruit and spices found within the region to concoct fragrant, therapeutic, and, in some instances, medicinal elixirs, tinctures, salves and teas.

On the last day of the conference, conference members revitalised the playground of a kindergarten near Six Senses Uluwatu, Bali. The team to repainted old, rusted playground frames and applied their newly acquired gardening methods, planting guava trees, papaya trees, flower bushes and aloe vera plants in the playground's garden. Details: http://lei.sr/J4q4D\_S



# Clarins, the leading prestige skin care brand in Europe<sup>1</sup> and 60 years of Spa experience.

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1. NPD BeautyTrends\*: Products sold in Perfumeries and Department Stores, Luxury brands, value sales 2016 on a total 4 countries (France, Italy, Spain mainland and UK). 2. Lifting Replenisher and Power Firmer Treatments.

CLARINS



# 'Healthy Habits' package launched

The Orlando Hotel in Hollywood, California has launched a new Healthy Habits Package to help its guests get "California Healthy". The package includes a Self-Massage/Mayo Facial Release Kit, healthy juice shot, sleep healthy playlist, a nearby fitness class and even a healthy donut treat.

"Vacations and even after hours on business trips used to be a time to drink a lot and party," said The Orlando's brand ambassador, Erica

Pressberg. "But in the three decades that my family has owned and operated this hotel, we've seen a real shift, where our guests are serious about fitting in time to de-stress and rejuvenate. It has become an essential part of travel and of course, the LA lifestyle."

The Orlando's package includes a Rad Roller All In Kit to take home – a yoga-block-size holder for four different multi-use massage,



The Orlando Hotel's package includes a Rad Roller kit for self-care

mobility and recovery tools to release tight muscles with self-massage. These tools are ideal for pre- and post-workout, as well as travel, body maintenance, muscle tightness and muscle pain. Guests will also receive The Orlando Signature Ear Buds to listen to special "Healthy Sleep" Playlist; a Kreation Syringe Healthy Juice Shots; a baseball cap; a pass for one class at Model Fit on West Third; and a Fonuts treat. Details: http://lei.sr/B9K8b\_S

## UK spa targets workplace wellness

The spa at the Oulton Hall hotel in Leeds, UK is set to launch a new treatment menu targeting stress in the workplace after experiencing a significant increase in corporate bookings.

Expected to launch next year, the new menu is designed to accommodate businesses and offer longer treatments. It will incorporate rituals and treatments from skincare brand ESPA, including the ESPA Inner Beauty Facial and Muscle Revier,. A range of group treatments, including a 120-minute total

holistic body treatment, as well as yoga and pilates classes will also be on offer.

"We know that mental health and wellbeing are becoming increasingly important in the workplace and this has been demonstrated by the increase in our corporate spa bookings," said Martyn Suter, spa manager at Oulton Hall. "Our new menu promises to facilitate this demand, taking not only the wellbeing of our clients into consideration but also our own staff."

Helena Grzesk, general manager of the UK Spa Association, said: "Oulton Hall



The menu at Oulton Hall will accommodate business clients

is really taking the five key areas of wellness - mental health, fitness, nutrition, spa treatments, and remedial and therapeutic bodywork - into its stride with its approach to wellbeing and the new menu for 2019.

"We encourage more spas to do the same, tailoring their menus to satisfy these demands and help support companies in implementing their wellness policies," she added.

Many spas are creating initiatives to address workplace wellness, including The Spa at Bedford Lodge in Newmarket, UK. Details: http://lei.sr/x6a4y\_S

# **SOTHYS' STORY**

The French, family run spa business, blends a passion for nature with professional skincare

othys, a luxury spa brand based in Brive, central France, is owned by the Mas family and run by brothers Christian and Frederic Mas. The brand prides itself on its French roots and has a genuine focus on the production of high quality, professional skincare and expertise.

The company was originally established as a Parisian beauty institute in 1946, but in 1966 it was acquired by Bernard Mas who had a family history in cosmetics.

Mas' goal was to expand its global presence, range and availability.

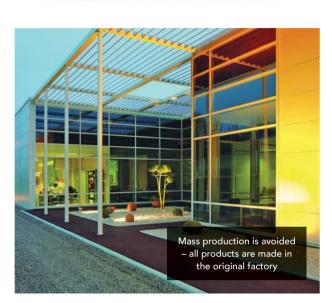
Today, Sothys distributes products exclusively through professional spas worldwide, spanning a total of 20,000 facilities in 130 countries.

Developing products specifically with therapies and therapists in mind is something that CEO Christian Mas feels is a key selling point. "Our expertise comes from the treatment," he says, adding that inspiration comes from its 70 years of experience in the field, what the team sees every day and from travels abroad.

"When we create a new product, we always think about the professional side first. The retail is the final touch but it doesn't work alone. Ultimately, for us, it's how we fine-tune treatments."



when we create a new product, we always think about the professional side first. The retail is the final touch but it doesn't work alone Sothys' CEO Christian Mas



SOTHYS

SOTHYS

The essence of family is core to Sothys' image and this is something that Mas also truly believes makes it stand out in a market dominated by large corporate brands. He says: "It's very important for our partners to be able to know the owner of the company, it maintains a human relationship and creates a relationship of trust. People need to feel safe about what they buy and where they put their money and as a family company we're respected in that way."

The stunning, multi-sensory Les Jardins Sothys are a source of inspiration and ingredients



Quality is of utmost importance too and it won't compromise this through extensive mass production. All products are made in its original factory in Brive and are subject to meticulous quality checks and controls.

At the very heart of Sothys' ethos is nature as a source of inspiration. This is embodied in the Les Jardins Sothys – 4 hectares of stunning botanical gardens on the edge of a lake and the Dordogne Valley in Auriac.

Open to the public since 2006, the gardens were originally designed by Bernard Mas and offer a multi-sensory experience of nature with a series of intimate enclosures. "By losing yourself there, you will feel harmony, serenity and calm".

The family relies on the garden to provide inspiration and guide their company's creations. What's more, the organic flowers, plants and vegetables are used in formulations – it's even developed a special Bernard Mas Sothys rose to use in a premium skincare line. As its tagline reads: "beauty is our passion, nature is our soul".



## **CALENDAR**

#### 24-27 January 2019 **Les Thermalies**

Carrousel du Louvre, Paris, France Water and wellness show with a focus on thermal spas and thalassotherapy. www.thermalies.com

#### 29-31 January 2019 Spatex 2019

Ricoh Arena, Coventry, UK Spatex is the UK's largest international pool and spa exhibition. www.spatex.co.uk

#### 10-11 February 2019 **Professional Beauty GCC**

The Meydan, Dubai Brings together beauty, hair and spa brands in the Middle East. www.professionalbeautygcc.com

#### 13-15 February 2019 **ForumPiscine**

Bologna Fiera, Bologna, Italy Three-day congress focusing on pool systems - from large public facilities to those in spas.. www.forumpiscine.it

#### 24-25 February 2019 World Spa & Wellness Convention

ExCeL London

A two-day conference held alongside the Professional Beauty tradeshow. www.professionalspawellness.com/site/ World Spa And Wellnes Convention

#### 25-27 February 2019 **BeautyAsia**

Suntec Singapore, Singapore Exhibition for beauty and wellness professionals.

www.beautyasia.com.sg

#### 12 March 2019 Women in Wellness Leadership Conference

New York, NY, US

A conference organised by American Spa magazine focussing on female leaders. www.americanspawiw.com

#### 14-15 March 2019

#### Asia Pacific Spa & Wellness Coalition **Roundtable**

Kuala Lumpur, Malaysia A two-day round table discussion for the Asia-Pacific region. www.apswc.org



The Healing Summit is organised by the Healing Hotels of the World, and this year is in Portugal

#### 6-7 May 2019 **Healing Summit**

Pine Cliffs Resort, Portugal Organised by the Healing Hotels of the World, this event brings together a wide range of attendees. This year, the event moves from Berlin to Portugal,

where member hotel Pine Cliffs Resort will be host. This year's theme is 'Take a Quantum Leap', and speaker's include Adam Rockefeller Growald, Arta Dobroshi, Sarah Livia Brightwood and Stephen Kennedy Smith. www.healingsummit.org

#### 14-17 March 2019 **Cosmoprof Worldwide**

Bologna, Italy

One of the world's biggest beauty trade fairs. Features a two-day spa symposium. www.cosmoprof.com

#### 29-31 March 2019 **Beauty Düsseldorf**

Messe, Düsseldorf, Germany An international beauty show with brands from 77 countries, this event attracts 55,000 trade visitors.

www.beauty.de

#### 24-27 April 2019 The Wellness Collective

The Verdura Resort, Sicily, Italy A new four-day wellness networking event, to include one-to-one meetings, keynote addresses, seminars, and first-hand wellness activity experiences.

www.wellnesscollectiveevents.com

#### 8-9 May 2019

#### **Independent Hotel Show Europe**

RAI Exhibition & Conference Centre The Netherlands

The first European Independent Hotel Show will be held in Amsterdam this year. www.independenthotelshow.nl

#### 13-14 May 2019 Spa Life Ireland

Johnstown Estate Hotel & Spa, County Meath, Ireland

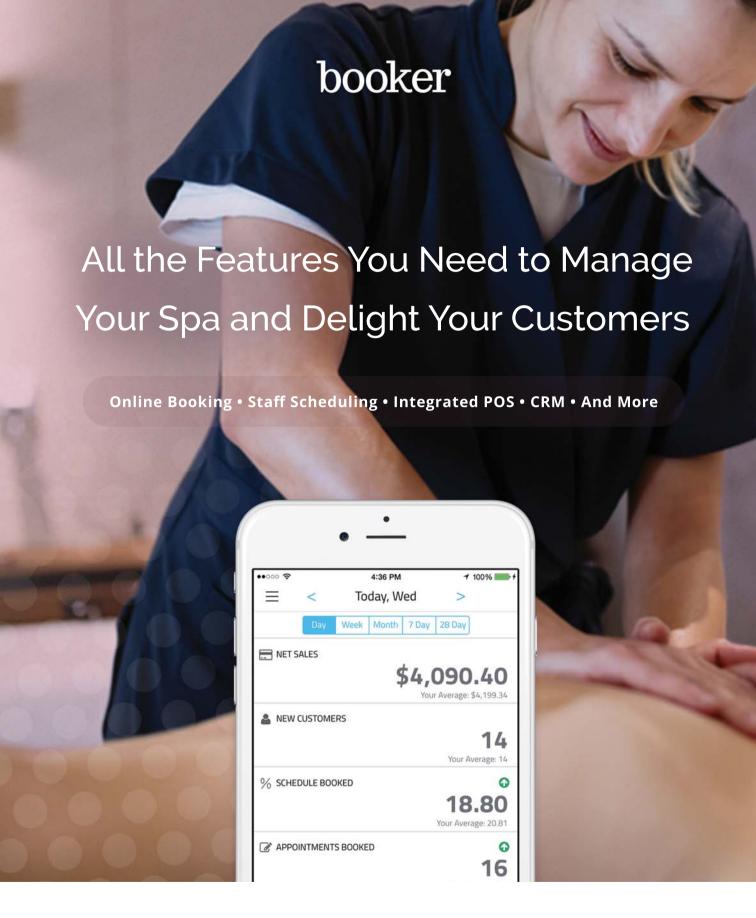
A two-day conference that also includes a new product exhibition. www.spa-life.ie

#### 23 May 2019 Forum Hotel & Spa

Hotel George V, Paris

A one-day meeting for international leading figures in the spa, hospitality and wellbeing industries.

www.forumhotspa.com



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#### **SPA PRODUCTS UPDATE**



#### Designworks launches glowin-the-dark tile collection

High-end tile supplier Designworks has created a range of illuminous mosaic tiles.

Called the Fosfo range, the tiles are designed to bring light into wet areas in spas and hotels, and use illuminous pigments, which 'charge' when exposed to light, to create a spectacular glow-in-the-dark display.

The tiles feature the company's innovateive JointPoint technology and are available in four different colourways as a dramatic blocked sheet, or in six different colourways in a random pattern effect.

**KEYWORD:** DESIGNWORKS



#### Clarins debuts 'essential' make up range

Luxury skincare brand Clarins has launched a four-piece 'essentials' make up collection.

Available as a retail line in Clarins spas, the collection features two shades of the Wonder Perfect Mascara 4D, nine long-wearing cream eyeshadows with long-wearing meltable textures and six waterproof eyeliners.

The products are available in a number of different colourways and are designed to offer easy-to-wear looks regardless of the user's make up ability.

**KEYWORD: CLARINS** 

# Supplier Spotlight

Industry suppliers tell Spa Opportunities' Lauren Heath-Jones about their latest product, treatment and equipment launches.



spa-kit.net



#### **New Beach Bubble tent** offers 'uniquely immersive nature experience'

The Small Maldives Island Co has launched the Beach Bubble, an outdoor experience at its Finolhu Resort in the Maldives.

Custom-created by design firm Eye in the Sky, an Area Cubica brand, the Beach Bubble is a transparent inflatable tent, that can be used as outdoor treatment rooms,

enabling spas to offer guests a one-of-akind outdoor treatment experience.

Designed to offer a 'uniquely immersive nature experience' without compromising on guests' comfort, the bubble is a UV-protected, fully waterproof, climatecontrolled cocoon, constructed from a strong, high-tech polyester fabric. It's outfitted with custom-fitted wooden floors, and bespoke furnishings.

**KEYWORD:** AREA CUBICA

#### **Bartok creates** 'transformative' Japanese bathing experience

Bartok Design, a Japan-based supplier of Ofuro, has completed a major installation at the newly opened SpaFusion at the Pallazzo Varignana hotel near Bologna, Italy.

The brainchild of Italian architect Iacopo Torrini, Bartok creates handmade Ofuro, traditional Japanese bath tubs, for spas. Used in traditional Japanese bathing rituals, Ofuro are soaking tubs, made from aromatic woods, designed specifically for relaxation purposes.

Guests simply lay back in hot scented water for 30 minutes to an hour, before emerging soothed and revitalised by the experience.



The tubs, which are suitable for both indoor and outdoor use, are made-toorder and are completely bespoke, with the company offering a range of model, size and material options, including straight and knotty hinoki wood.

"Japanese bathing is a transformative experience", said Torrini.

KEYWORD: BARTOK

For more info, or to contact any of these companies, log on to www.spa-kit.net and type the company name under 'keyword search'

#### Neom redefines home fragrance with new Wellbeing Pod

Neom Organics has launched a new electronic aromatherapy oil diffuser, as well as a range of Wellbeing Essential Oil Blends that can be retailed in spas.

Called the Wellbeing Pod, the diffuser is billed as 'the future of home fragrance', and is intended for at-home use.

Designed to deliver the optimal

amount of scent, the pod creates high frequency vibrations that break the water and oils into tiny particles before diffusing them into the air. It is equipped with LED lights, a night light and timer, making it suitable for use both during the day and at night.

KEYWORD: NEOM





# Elemis expands Peptide4 range with new additions

Elemis has expanded its Peptide4 range with the addition of the Peptide4 Thousand Flowers Mask and Eye Recovery Cream.

Designed to work with the body's natural circadian rhythms the range features Peptide4 technology, an 'advanced molecular' tetra-peptide, which supports the skin's reparation process during sleep.

The products contain unique ingredients, cold-pressed seed oils extracted from Night Scented Stock and Star Arvensis, botanicals cultivated exclusively for Elemis by specialist agronomists.

KEYWORD: ELEMIS



#### Soft & Yoga launches in the UK

French lifestyle brand Soft & Yoga has launched its range of moisturising and relaxing slippers into the UK market.

Billed as the ultimate in self-care and hygge — a Danish concept of surrounding oneself with comfort to create a feeling of wellbeing — the slippers feature an innovative interior lining, infused with microcapsules, containing active ingredients

to aid relaxation and nourish the skin.

"Soft & Yoga slippers came from my interest in wellbeing and textile technology," said Soft & Yoga founder Manuel Senderens. "I thought that there had to be a way to solve the problem of dry feet and after much research came up with a way to put capsules with natural oils inside the fur lining of slippers."

KEYWORD: SOFT AND YOGA



#### SKN Rehab's new treatment targets DNA ageing

Cosmeceutical company SKN Rehab has launched a new treatment designed to combat DNA damage caused by pollution.

Billed as "a targeted skin rehabilitation treatment", the City Skin Advanced Facial combines antioxidant-rich products with high-tech techniques that are scientifically-proven to improve the efficacy of the products, by delivering the active

ingredients into the cellular level of the skin, where they can repair the damage at the source, leaving skin fresh and clear.

"Modern day skin issues need a modern approach to skincare. To fight these issues, it's essential to introduce an anti-pollutant step to your skin treatment programme," said Julia Fenton, co-founder of SKN Rehab.

KEYWORD: SKN REHAB

For more info, or to contact any of these companies, log on to www.spa-kit.net and type the company name under 'keyword search'



# BVLGAR









Located in Knightsbridge on the edge of Hyde Park, The Bvlgari Hotel London is both a haven of calm in the centre of the city and yet under a minute's walk from such landmarks as the famous Harrods department store.

### We are recruiting!

We are currently recruiting for a variety of roles to join our award winning luxury Spa. Based over two floors, our Spa comprises numerous treatment rooms offering a variety of specialist products and services, a Spa suite and a 25m swimming pool and adjoining vitality pool. We offer a competitive salary and benefits package

#### Spa Sales and Reservationist

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

#### **Spa Attendant**

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

#### Senior/Spa Therapists

Spa Therapists are responsible for delivering exceptional treatments to guests of the spa, in line with ESPA and Hotel brand standards, whilst maintaining the excellent five-star client care, cleaning standards and grooming. Responsible for revenue generation through retail, up-selling and cross sales to other business centres in the spa.

Did we mention the fabulous benefits we offer too? See below for just some of them...

- Highly Competitive Salary
- Discount at selected Bulgari retail outlets
- Life Assurance
- Private Dental Insurance

- Service Charge
- My Bulgari Rewards Discount Scheme
- Private Health Insurance
- Group Personal Pension Plan

All our colleagues demonstrate our core values in the service they deliver... Radiance, Grace, Authenticity, Pure Presence, Integrity and Tradition of Excellence... is this you? If you think it is and you would like to join our team please send your CV and letter of application below.

# We look forward to hearing from you!

For more information and to apply: http://lei.sr/P4t8r





# **SPA MANAGER**

Location: Bushey Salary: £24,000 + Commission

InspireAll is leading the way in developing great destination Spa's and Beauty Therapy within Bushey Grove Leisure Centre. With over £2.2m worth of investments through 2018-19 you will be leading a team within the very best working environment.

Your role will be to build and manage a motivated team to deliver first class treatments, to maximise revenue, encourage repeat business, and as the business grows to recruit and train new staff.

A proven track record in Spa Management, a hands on therapist trained to level 4, great people skills, an understanding of driving retail and achieving targets is essential, as is an exceptional work ethic and attention to detail.

You must be able to work on your own initiative, achieving a high standard of work whilst providing an excellent standard of customer service at all times. A major focus of this important role will be on driving revenue and profit and delivering exceptional customer service.

Innovation will be an exciting part of the role, working with the site management to be first to market with new products, treatments and experiences so we stand out from the crowd

It would also include some shift work including some weekends and you will need to be hands on manager of people, setting the standard in terms of work ethic and standards covering treatments from time to time as and when required.

Training, mentoring and operational support will provided by one of the industry leading consultants.

# Working for InspireAll your staff benefits will include:

- A free leisure card, entitling you and your close family to use of facilities at our Centres for free or reduced fees.
- Discounted access to nursery places and other children's activities
- Pension Scheme
- Employee of the Quarter and Long Service Award schemes
- Excellent career progression and training opportunities

For more information and to apply now: http://lei.sr/R3B8Z



# CHAMPNEYS

HEALTH SPA

# ASSISTANT WELLBEING AND FITNESS MANAGER

### TRING, UK

Champneys is a destination health spa chain with resorts and day spas located in the English counties of Bedfordshire, Hertfordshire, Leicestershire and Hampshire.

We are currently recruiting for an Assistant Wellbeing and Fitness Manager required at Champneys Tring.

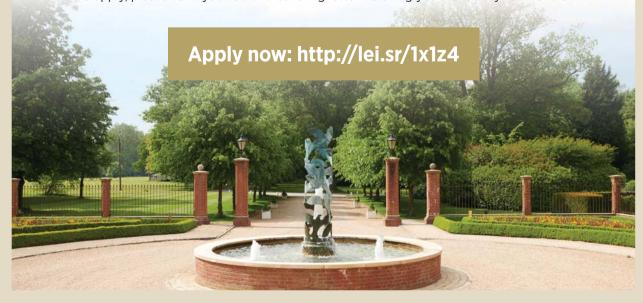
The Assistant Wellbeing and Fitness Manager will assist team members and the Wellbeing and Fitness Manager in the day to day running of the Department/ Club facility and ensure that the guests/members needs are met.

Candidates should be qualified to REPS level 3 instructor including two of the following: Exercise to Music or equivalent, Gym Instructor award, Personal Training Award or Degree.

Significant previous experience in a supervisory / management role in the fitness and wellbeing industry/health resort environment, providing high-quality customer service is an advantage.

We offer industry competitive salaries and an attractive benefits package, which includes contracted 28 days/shifts annual holiday including bank holidays, which increases with service and a generous staff discount scheme.

To apply, please send your CV and covering letter detailing your suitability for the role.





# BEAVERBROOK

New Luxury Health Club & Spa

Nestled in the heart of the Surrey Hills, Beaverbrook is a World-Class Country Club Estate in Leatherhead.

Inspired by the English countryside, The Coach House Health Club & Spa offers a relaxing, warm and tranquil interior environment. A place in which to unwind and be pampered; doing as little or much as one likes.

We're currently offering fantastic opportunities for talented, committed and passionate employees who are looking to secure a career within a luxurious Estate.

#### Both permanent and freelance positions available:

- Spa Therapists
- Fitness Instructors
- Spa Housekeeping Supervisor
- Cleaning Attendants
- Freelance:
  - Manicurists
  - Holistic Therapists
  - Complimentary Therapists
  - Hairdressers
  - Pilates/Yoga Teachers

LOCATION: Surrey, UK

SALARY: Competitive & Benefits

Live in accommodation is available

We offer competitive rates of pay and a host of benefits. If you'd like to be considered please click below to register your interest.

For more information please call 01372 571326 and to apply: http://lei.sr?a=B901H

## Hyatt hosts 'Global Day of Gratitude'

Hyatt Hotels Corporation celebrated its first annual Global Day of Gratitude as part of its commitment to caring for the wellbeing of its colleagues, guests and customers.

On December 12, 2018, every guest checking into a Hyatt-branded hotel and every Hyatt colleague around the globe was provided a postcard to send to someone for whom they are grateful. The custom-designed "Gratitude Grams" will be handed to guests upon check-in today,

and, if the guest returns it to the hotel, Hyatt will cover the postage.

"We believe wellbeing is the ultimate expression of our purpose - to care for people so they can be their best," said Mia Kyricos, who joined in August as Hyatt's first global head of wellbeing, tasked with driving Hyatt's internal and external wellbeing strategy forward. "By placing wellbeing at the heart of our business model, we promise to lead the hospitality industry in caring for the wellbeing of our



Mia Kyricos, Hyatt's global head of wellbeing, helped create the day

colleagues and guests alike."

Hyatt is prioritising its efforts to invest in this area by focusing on three landmarks of

- FEEL: How you feel, or your emotional and mental wellbeing;
- FUEL: How you fuel your body through things like food, nutrition and sleep; and
- FUNCTION: How you physically move and function at work, in life and at play. Details: http://lei.sr/U7n9m\_S

## Kamalaya, Lime Wood team up again

For the second year in a row, Kamalaya Wellness Sanctuary & Holistic Spa in Koh Samui, Thailand and Lime Wood's Herb House Spa, tucked away in the UK's New Forest, will collaborate for a series of three-day retreats focusing on 'Living Well in Rhythm with Nature'.

John and Karina Stewart, founders of Kamalaya, and a handful of their top therapists will take up a residency at Herb House for the retreats, which will take place from the 3rd - 5th June and 5th - 7th June 2019.

To bring people into harmony with nature is one of the guiding principles upon which Kamalaya is founded and a core principle in Traditional Chinese Medicine.

"At the heart of Traditional Chinese Medicine is the understanding that we are a part of nature and nature is our greatest healer," said Karina Stewart. " A life lived in harmony with nature ensures longevity, health and vitality and a life which supports the flourishing of our full potential."



Karina and John Stewart, founders of Kamalaya, will travel to Lime Wood for the three-day retreats, set to take place in June 2019

Inspired by ancient forest surroundings and dedicated to natural well-being, both Kamalaya and Herb House share a passion for holistic treatments and ideologies that take inspiration from centuries of wellbeing tradition.

The 2019 retreats will focus on how we can make lifestyle changes to live according to the natural rhythms in nature and within ourselves. Guests will be offered teachings, treatments and practices for mind, body and spirit, guiding the way to a happier and more fulfilling life. Details: http://lei.sr/r6Y6s\_S

#### **ADDRESS BOOK**

#### Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

#### Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

#### Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

#### China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

#### Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedemedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

#### **Estonian Spa Association**

T: +372 510 9306 W: www.estonianspas.eu

**European Spas Association** T: +32 2 282 0558 W: www.espa-ehv.com

#### Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

#### W: www.spa-a.com

German Spas Association T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

#### The Iceland Spa Association

W: www.visitspas.eu/iceland

#### The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imsa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86 0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

#### Japan Spa Association

W: www.j-spa.jp

#### Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

#### National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

#### Portuguese Spas Association

T: +351 217 940 574 W: www.termasdeportugal.pt

#### Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

#### Salt Therapy Association

W: www.salttherapyassociation.org

#### Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

#### Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbianspas.org

#### South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

#### Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

#### Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

#### Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

#### Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W:www.1swic.ru

Taiwan Spa Association

W: www.tspa.tw

#### Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

#### Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

#### The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

#### Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org