

spa opportunities

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GWII reveals global hydrothermal spa trends

The Global Wellness Institute (GWI) has released the top six trends in hydrothermal spa and wellness experiences as identified by the GWI's Hydrothermal Initiative.

One of 23 GWI initiatives, the Hydrothermal Initiative is focused on educating both consumers and professionals on the health benefits and proper construction of all hydrothermal experiences, from popular saunas and steamrooms, to more specific modalities.

The Hydrothermal Initiative's Top Trends for 2019 include traditional salt and Kneipp therapies, as well as the introduction of hydrothermal therapies that include cooling down periods after hot sauna sessions.

Another trend is the increased popularity of unisex wet thermal areas in spas. This trend is gaining major traction in the US particularly, where younger generations seek



Unisex thermal areas are increasing in popularity among young people

out social and group wellness activities and recognise that the unique wellness benefits of social spa-ing far outweigh what they get through single-sex, thermal bathing.

Other trends include flotation therapies, and hydrothermal elements at homes.

"For thousands of years, people have harnessed the cleansing and healing powers of water and heat — and the unique health benefits of hot/cold contrast therapy," said Don Genders, chair of the GWI Hydrothermal Initiative.

"Hydrothermal experiences offer wellness benefits that are difficult to achieve any other way — and the bonus is that the health benefits can be self-administered, so are achieved without high labor costs and, of course, easily practiced at home."

Hydrothermal bathing has been shown to improve blood circulation, promote heart health, detox the body,

manage high blood pressure, improve the immune system, and much more. Numerous medical studies on the health benefits of sauna bathing and hydrotherapy can be found on GWI's Wellness Evidence website.

Details: http://lei.sr/P2e9y_S

'Meditation villa' opens in Bali

A private 5,400sq m villa in Uluwatu, Bali, for up to 16 people is set to open this June, looking to transform the way group meditation is practised.

David Hans-Barker, the director of the Istana Villa, is an entrepreneur and lifelong meditator, and has created all the features of the Villa with an eye to enhancing meditation practices.

Aside from a meditation hall, Zen gardens and cliffside yoga deck, the Villa includes a private gym, Floatlab flotation tanks, hot and cold plunge pools, infrared sauna, hyperbaric chamber and swimming pool.

Details: http://lei.sr/q8k7Z_S

Rosewood Baha Mar adding children's yoga

Rosewood Baha Mar in The Bahamas is partnering with Yogi Beans, an educational and transformative yoga-for-kids company, to offer upbeat activity and foster healthy habits in the resort's young guests.

Launching this month, the partnership will provide children of all ages at Rosewood Baha Mar with energetic programming that has been designed to develop their sense of attention, posture, coordination, flexibility and self-confidence.

"At Rosewood Baha Mar, we are always looking for opportunities to amaze and enlighten our youngest visitors while encouraging them to appreciate our unparalleled setting on Nassau's pristine Cable Beach," said Luigi Romaniello,



The sessions will combine mindfulness and breathing exercises with games, music and poses

managing director of Rosewood Baha Mar. "With the practice's foundation built upon the appreciation of one's surroundings, yoga really does offer just that. We're thrilled to be working with Yogi Beans to bring their engaging activities to our guest experience."

Continued on back cover

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CONTACT US

The Leisure Media Company
Portmill House, Portmill Lane,
Hitchin, Herts SG5 1DJ, UK
Tel: +44 (0)1462 431385
Fax: +44 (0)1462 433909
e-mail: please use contacts'
fullname@leisuremedia.com

Editor in chief

Liz Terry +44 (0)1462 431385

Deputy editor, news and products

Lauren Heath-Jones

+44 (0)1462 471927

Reporters

Tom Anstey +44 (0)1462 471916

Katie Barnes +44 (0)1462 471925

Luke Cloherty +44 (0)1462 471915

Jane Kitchen +44 (0)1462 471929

Tom Walker +44 (0)1462 471934

Publisher

Astrid Ros +44 (0)1462 471911

Recruitment

Gurpreet Lidder +44 (0)1462 471914

Subscribe to Spa Opportunities:

Online: www.leisuresubs.com

Email: subs@leisuremedia.com

Tel: +44 (0)1462 471913

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Mexico resort for Nobu Collection

Global architecture firm Wimberly, Allison, Tong & Goo (WATG) and Studio PCH have teamed up to build the Nobu Hotel Los Cabos – the first Mexican property from the Robert de Niro- and Chef Nobu Matsuhisa-founded Nobu Collection.

Located in San Lucas, on the country's Pacific Coast, the tropical retreat comprises 200 rooms, four pools, a 13,691 sq ft (1,272 sq m) luxury spa, retail spaces, and multiple indoor-outdoor lounges and dining areas.

According to WATG, the property's aesthetics – which draw from a combination of architectural styles, including California modernism and Japanese minimalism – were designed to exude a “laid-back” ambience.

To evoke a relaxed atmosphere, Studio PCH said they specifically outfitted hotel rooms with wood-soaking tubs, “shoji-inspired” closet doors, and various other “Japanese-inspired lanterns and accessories”.



Facilities include a luxury spa and indoor and outdoor pools

The Los Cabos site is scheduled to open later this month (April 2019).

Founded in 1994, Nobu currently boasts 38 restaurants and nine hotels.

The company is expected to debut locations in Barcelona, Spain; Chicago, US; and Warsaw, Poland over the course of the next two years.

Details: http://lei.sr/U2q7J_S

Equinox Hotel to “set new benchmark”

Lifestyle company Equinox has announced that its first short-stay hospitality venture – the long-gestating Equinox Hotel in London, UK – will throw open its doors in June.

The innovative project, which has been making waves since it was first announced in 2016, will feature an array of health-centric offerings, such as rooms with amenities devised to increase sleep wellness, and private fitness sessions led by professional trainers and nutritionists.

The 212-key flagship will also boast a 60,000 sq ft (5,574 sq m) gym, indoor and outdoor pools, a 27,000 sq ft luxury spa, a SoulCycle fitness studio and a gourmet restaurant.

Spa treatments will range from traditional bodywork and massage to novel options like cryotherapy and quantum harmonics services.

New York-based architecture firm Rockwell Group was in charge of the hotel's interior design, while landscaping office Ken Smith Workshop crafted its exterior spaces.



The luxury hotel will include a 27,000 sq ft spa and a number of pools

Joyce Wang, who designed interiors at Equinox, St James venue in 2017, planned the site's signature fitness centre.

In a statement, Chris Norton, CEO at Equinox Hotels, said: “In hospitality, lifestyle hotels have grown up and luxury hotels have gotten younger in their outlook and experience. Now, as health becomes the new wealth, Equinox is uniquely positioned to define an emerging category that is disrupting the industry.”

Details: http://lei.sr/5t7u7_S



Women in Wellness Conference held

Approximately 250 women attended American Spa's second Women in Wellness Leadership Conference at the Edison Ballroom in New York City on 12 March.

Intended to inspire and motivate women in the spa and wellness industry to "live their best lives", the one-day event opened with a welcome from Julie Keller Callaghan, editor-in-chief and publisher of *American Spa* magazine and founder of the event, followed by a keynote speech on achieving financial wellness from Jean Chatzky, financial editor of NBC's *Today Show*.

The day involved a host of speakers, including Dolores Barclay, an award-winning Columbia University professor; Diane Harris, editorial director of *Considerable* and a passionate financial wellness advocate; Carrie Kerpen, author of *Work It: Secrets For Success From the Boldest Women in Business*; Brunilda Nazario, M.D., associate medical director and lead medical editor at *WebMD*; Betty Ng, founder of Inspiring Diversity;



Julie Keller Callaghan, founder of the programme of events

Elizabeth Scherle, cofounder and president of Influenster; and Claire Wasserman, founder of Ladies Get Paid.

From sessions on maintaining integrity in business to ageing well to overcoming perfectionism, the event provided attendees with tangible tools to transform their careers and lives.

The Women in Wellness movement continues this year – the inaugural West Coast event will take place 28 October.

Details: http://lei.sr/U3z7B_S



Thomas will oversee the Forbes Four-Star spa

Zach Thomas named spa director at Omni Mokara

Mokara Hotel and Spa in San Antonio, Texas, US has appointed Zach Thomas as spa director. In his new role, Thomas will oversee the Forbes Four-Star 17,000sq ft (1,579sq m) spa, including all day-to-day operations, marketing, programming and staff management.

"Mokara Spa is the gold standard in luxury spas, and I'm thrilled to carry on that legacy and reinforce Omni's dedication to personal wellbeing by providing guests with personalised, memorable and relaxing experiences," said Thomas.

Thomas brings over ten years' experience to the role, including his most recent position as spa director at LIVunLtd, a lifestyle, spa and wellness consulting and management company, leading Island Spa Catalina in Southern California.

Details: http://lei.sr/t4g4D_S

SBE reveals details of Dubai spa hotel

Lifestyle and hospitality group SBE Entertainment has unveiled renderings for its first resort in the UAE – the SLS Dubai Hotel and Residences.

The US\$550m (€485.9m, £416m) flagship will be situated in a 75-storey tower and feature 254 rooms and 371 residences, as well as infinity pools, bars, restaurants, terraces, and cocktail lounges.

The resort will also boast a Ciel spa – a brand owned by SBE. Facilities will include seven treatment rooms, plunge pools, a hair and nail salon, and a gym.

Architecture firm Aedas provided the master plan for the property, while Paul Bishop shaped the hotel's interiors. Gunal Construction is serving as the building contractor.

Other companies attached to the project include SBE's subsidiary Dakota Development and World of Wonders Real Estate Development (WOW) – the company's development partner.

Speaking on SBE's new partnership with WOW, Sam Nazarian, the group's founder and



The ambitious project is expected to be completed in Q3 2020

CEO, commented: "Dubai is not only the Middle East's biggest tourism and business hub, but it is also the epicentre for all things luxury and we are so excited to be there. It is truly an honour to partner with World of Wonders Real Estate Development, I am confident that this is just the beginning of a long lasting relationship with many more projects to come!"

The project, which has been under construction since 2016, is expected to be completed in June 2020.

Details: http://lei.sr/e6c2r_S

Historic Turkish baths to open later this year

Management company Fusion Lifestyles is preparing to reopen the historic City Baths property in Newcastle, UK, later this year. Home to the famous Turkish baths, which date back to 1838, the Grade II-listed building is undergoing a £7.5m (€8.7m, US\$9.8m) restoration, which will see the swimming pool and Turkish baths restored to their former glory, as well as the addition of a host of new facilities including a spa, health and fitness suite and a cafe bistro.

As well as the large thermal and wellness areas, The City Baths will offer an extensive programme of group exercise classes including Intenticity, Fusion's bespoke HIIT and functional training class.

The project has been designed to "sensitively restore" the building's original features while incorporating modern architectural structures.

Details: http://lei.sr/U3y7q_S

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Royal mansion to become resort

The Natirar Mansion – erstwhile the Jazz-Age home of American socialites and the King of Morocco – will be reborn as a Pendry Hotels lifestyle resort and residential community. Situated in bucolic Somerset, NJ, the 33,000 sq ft (3,066 sq m) estate will comprise 24 private, whole-ownership Estate and Farm Villas with a selection of mansion residences and feature extensive leisure facilities, including a spa, health club, tennis courts, and a swimming pool.

The property's other highlights will include a restaurant, cooking school, a country club-style members' area, an organic food farm, and a wealth of on-site nature trails.

Homes at Pendry Residences Natirar will also boast "natural wood and stone finishes, handcrafted millwork, and spacious balconies", as well as full kitchens and gas fireplaces.



The sprawling estate is situated in Somerset, New Jersey, US

"We couldn't be more honoured to be stewards of Natirar," said Alan J. Fuerstman, founder, chairman, and CEO of Montage International – the parent company of Pendry Hotels. To be able to take one of the country's most idyllic country estates and reinvigorate it with new life that makes it accessible to guests, club members, and homeowners is an incredible opportunity."

Details: http://lei.sr/m4W3r_S

Miraval creates wellness kitchen

Destination wellness brand Miraval is unveiling two new, state-of-the-art Life in Balance Culinary Kitchens in partnerships with US speciality kitchen store Williams Sonoma.

To be opened at both Miraval Arizona and Miraval Austin, the new areas will be equipped with top-of-the-line products from the kitchen retailer.

The expansive kitchens will allow the retailer to bring its brand to life in front of Miraval's wellness-minded guests, who will be offered the opportunity to experience a suite of new healthy cooking classes and workshops created specifically for the new kitchens.

The new classes will include:

Plant-Based Cooking: Guests will learn how to create inspired, plant-based versions of their favorite foods.

The Secret Art of Sauces: Teaching how to cook the five French "Mother Sauces".

Conquering the Blade: The class teaches guests how to choose the right knife and how to properly use it to create dishes that "nourish the mind, body and soul".



The partnerships will see guests learn about wellness-inspired cooking

Restoring Bone Broth: A hands-on workshop where guests will learn to reduce waste by using ingredients normally destined for the trash – including animal bones, veggie scraps and leftover herbs – to make a healing bone broth that improves digestion, joint health and the immune system.

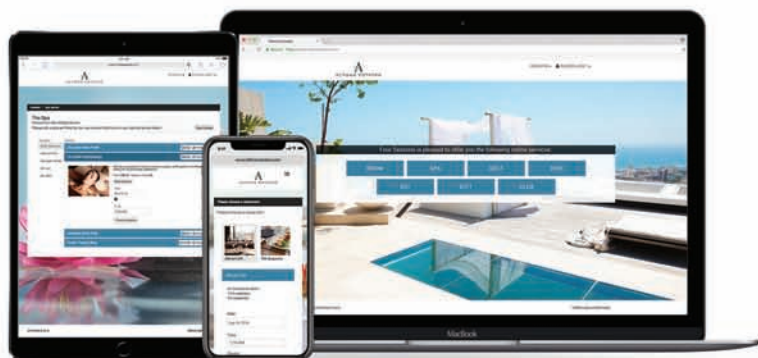
As part of the partnership, Miraval guests can buy the tools used in all of the Miraval classes via a dedicated URL on the Williams Sonoma website so that they can more easily recreate what they've learned in the workshops.

Details: http://lei.sr/Z7U5Y_S



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Shoppers can create their own products at Lush

Lush megastore with spa opens in Liverpool

Lush Cosmetics, a beauty brand specialising in handmade cosmetics and sustainable skincare, has opened its biggest ever branch in Liverpool, UK.

Located on Church Street in central Liverpool, the Lush megastore is spread over three floors and boasts a number of in-store experiences – including a spa.

Consisting of six treatment rooms, the spa boasts an extensive treatment menu offering full body treatments, massages, facials and body scrubs. The in-house facilities also include a hair salon, florist, perfume library, a coffee and tea kiosk and a party area.

The brainchild of Lush cosmetic scientist Dan Campbell, the hair salon, called the HairLab, offers a range of services and treatments, such as cutting and styling consultations and hair treatments.

Details: http://lei.sr/6w4F2_S

Germany's first Andaz hotel opens with large spa

The Andaz Hotel Munich Tor Schwabinger – Germany's first Andaz-branded property – has opened its doors to the public.

Designed by Dutch architecture studio Concrete Architectural Associates to reflect what the group have called the “kaleidoscopic” cultural and artistic diversity of Bavaria, the premium hotel boasts 234 bedrooms and 43 luxury suites, as well as a large luxury spa, two bars, a pool deck and health club.

The Andaz Spa – one of the largest of its kind in Munich – comprises multiple treatment rooms and offers a variety of therapies and amenities, including a sauna, massage services, body rituals, and facials.

The hotel was developed by the Jost Hurler Group, which has owned the property since the 1960s.

Details: http://lei.sr?a=h2Z4w_S

Elemis expands into new markets

Sean Harrington, CEO and co-founder of Elemis, has relocated from the US to Asia to open a Hong Kong office, with an aim to build a substantial brand presence across the APAC market.

At the same time, Noella Gabriel, another co-founder, has moved from London to New York in her role as president of the company, and has set her focus on continuing to drive the aggressive expansion of Elemis' US footprint.

Oriele Frank, the company's third co-founder, has been promoted to managing director, and will now oversee the business in the UK with an aim to deliver consistent growth across the local omni-channel business.

These changes come on the heels of the skincare brand's recent acquisition by beauty giant L'Occitane in January.



Elemis president Noella Gabriel has relocated to New York

“We are thrilled to be entering a new and exciting phase of growth for Elemis,” said Harrington. “This next period will strengthen the continued growth and momentum behind our timeless brand and remarkably transformative products.”

Details: http://lei.sr/U2V3d_S

Alpine spa opens at Alpamare park

A new alpine-inspired spa has opened at Alpamare Scarborough, a waterpark attraction in Yorkshire, UK.

Sitting alongside the waterpark, which opened in 2016, the 1,000sq m (10,700sq ft) spa, called Wellness at Alpamare, was created by consultancy firm Spa4 and offers a wide range of treatments inspired by ancient therapeutic traditions from across the globe, including the Aufguss Ritual.

Billed as an ‘intense and enjoyable’ multisensory experience, Aufguss – the German word for ‘infusion’ – is a thermal ritual that involves an intricate ceremony where essential-oil infused water is poured onto the sauna stove, creating scented steam. The Aufgussmeister then directs this steam at bathers using rhythmic movements and a towel.

The ceremony is followed by fresh air and a cold shower creating a thermal shock, releasing adrenaline and, later, endorphins. The spa boasts a number of Aufgussmeisters, with each putting their own spin on the ceremony, incorporating music, poetry, scent and movement, making each ceremony completely unique.



The Spa at the waterpark was created by consultancy firm Spa4

Other treatments include three self-guided ritual ‘trails’ designed exclusively for Wellness at Alpamare: Hammam-Relax, Detox or Sauna Vitality. Created to relieve pain and aid respiration, Hammam-Relax is an 11-step ritual that combines thermal experiences with bathing, that aids relaxation by slowly warming and then cooling the muscles. Wellness Detox purifies and detoxes whilst aiding weight loss. It features 13 steps including sauna and shower experiences, while Sauna Vitality is an 18-step ritual designed for rejuvenation and energy.

Details: http://lei.sr/Q2z3g_S



« The Bathrobe by RKF as a Fashion item »



RKF Luxury Linen

RKF.FR

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CALENDAR

24-27 April 2019

The Wellness Collective

The Verdura Resort, Sicily, Italy
Networking, one-to-one meetings, keynote addresses, and wellness activities are all on the menu for this new event.
www.wellnesscollectiveevents.com

5-8 May 2019

GSN Buyers Conference

Civana Carefree Resort, Arizona, US
A green buying event for the spa industry hosted by the Green Spa Network.
www.greenspanetwork.org

6-7 May 2019

Healing Summit

Pine Cliffs Resort, Portugal
Run by the Healing Hotels of the World, the event attracts attendees to discuss the intersection of healing and hospitality.
www.healingsummit.org

8-9 May 2019

Independent Hotel Show Europe

RAI Exhibition & Conference Centre
The Netherlands
The Independent Hotel Show was founded in London in 2012 for the needs of luxury and boutique hoteliers. This year the first European Independent Hotel Show will be held in Amsterdam, serving a Benelux, German and wider European audience of independently spirited hoteliers.
www.independenthotelshow.nl

13-14 May 2019

Spa Life Ireland

Johnstown Estate Hotel & Spa
County Meath, Ireland
A two-day conference that also includes a new product exhibition.
www.spa-life.ie

13-14 May 2019

World Spa & Wellness Asia

Le Meridien Phuket Beach Resort, Thailand
A conference, networking and brand showcase for senior management of sites in Asia.
www.worldspawellness.com

23 May 2019

Forum Hotel & Spa

Hotel George V, Paris
A one-day meeting for leading figures in the spa, hospitality and wellbeing industries. Also includes the Black Diamond Award.
www.forumhotspa.com



Spa professionals from around the globe attend the ISPA Conference & Expo

11-13 September 2019

ISPA Conference and Expo 2019

The Venetian, Las Vegas, US
The annual ISPA Conference & Expo brings professionals from all spa industry sectors together in one location. The 2018 Expo featured more than 260 companies

offering the latest spa products and services available on the market. The spa industry's "must-attend" event features three days of speaker presentations covering a range of topics including business strategy and customer service.
www.attendispa.com

28-31 May 2019

WTA Members Meeting

Canyon Ranch, Tucson, Arizona, US
Three nights and two full days of networking and education for members of the newly formed Wellness Tourism Association.
www.wellnesstourismassociation.org

3-5 June 2019

Spa Life International

Health Reserve Freiburg, Germany
Spa Life goes international with this two-day conference that also includes speed dating and a new product exhibition.
www.spa-life.eu

8 June 2019

Global Wellness Day

Locations worldwide
A not-for-profit initiative dedicated to the idea of living well. Many spas offer free wellness activities throughout the day.
www.globalwellnessday.org

19-22 June 2019

Spatec Europe

Grand Hotel Dino, Baveno, Italy
Brings together Europe's spa operators to meet with key suppliers to participate in a series of one-on-one meetings.
www.spateceu.com

4-6 August 2019

American Spa CBD Conference

A first-of-its-kind event is for those in the spa industry to learn information, best practices, and solutions from industry experts on CBD-infused experiences.
www.americanspacbdsummit.com

5-7 September 2019

CIDESCO World Congress & Exhibition

Chicago, United States
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www.cidesco.com/events



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VITAL THERAPY

Infrared technology is growing in popularity, with more and more consumers looking to the gentle therapy to ease their aches and increase their wellbeing. Vital Tech's Alexandra Gavsevitch and Serge Parienti explain how it works – and what makes the company's Vital Dome stand out from the competition



Vital Tech's
Alexandra
Gavsevitch
and Serge
Parienti

Can you tell me about the Vital Dome – what is it and what does it do?

Vital Dome is an innovative range of high-end far infrared treatment beds, which was born out of several years of professional use and study of infratherapy concepts.

Based on a patented technology that takes infratherapy to a new level of performance and comfort, Vital Dome offers gentle treatments based on natural warming, which has been proven to be efficient for overall wellbeing. Vital Dome can be used for detoxification, anti-ageing, sports recovery, sleep improvement, stress management – and even productivity in the workplace.

What is far infrared technology, and how does it work?

Far infrared (FIR) is a vital radiation of the sun and a natural and essential part of growth and healing – life on earth would simply not be possible without FIR. Not only is FIR absorbed by the human body, but it is also emitted by the body as its natural source of heat. This natural process makes FIR the most vital and utterly harmless type of radiation for the human body.

Infratherapy consists of emulating, controlling and sending FIR towards a body for rebalancing, regenerating or healing tissues through a 100 per cent natural warming process.

This method was born in Japan 50 years ago, and has been used all over the world since then, in everything from incubators for premature babies to infrared lamps that help repair damaged tissues.

Simply explained, this is how infratherapy works: FIR profoundly warms the body directly at the cellular level. Therefore, it does not heat the air or skin, and will not burn the skin. Unlike a hammam or traditional sauna, infratherapy heats up body temperature from the inside, creating a natural detoxifying sweating process, much like when you exercise.

In order for the sessions to be efficient and comfortable, FIR emissions must be fully controlled and perfectly distributed over the body or toward specific zones; this is precisely where Vital Dome excels and can be considered as a real breakthrough, thanks to its design and technology.

● Vital Dome provides a 360-degree, fully controlled infratherapy that combines performance, luxury and comfort



The benefits of massage are improved when combined with a Vital Dome treatment



The relaxation and detoxification effects are immediate after one session, and deepen with time

What are the benefits of treatments with the Vital Dome?

The natural sweating process from treatments with the Vital Dome has many benefits: it strengthens the immune system, lowers systolic and diastolic blood pressure and helps with blood circulation, reduces muscle tension and pain, and stimulates collagen production, which is not only a natural anti-ageing process, but also stimulates the production of mood-enhancing dopamine and endorphins.

The relaxation and detoxification effects are immediate after one session, and deepen with time. With an average of two sessions per week, most people see marked results after two weeks.

What sets the Vital Dome apart from other infrared equipment on the market?

Before Vita Dome, infratherapy was used with low-tech equipment such as wraps, lamps and infrared sauna cabins, which are limited in terms of FIR emission and distribution accuracy.

Vital Dome's power and accuracy in terms of treatments and benefits to customers is unique, thanks to its far infrared emission design and its patented controller.

Vital Dome provides a 360-degree, fully controlled infratherapy, and its limitless programming technology means it can integrate any infrared-based protocol recommended by scientists or healthcare professionals – now or in the future.

Its proprietary technology, alongside French design and craftsmanship traditions, mean that Vital Dome is a product that combines performance, luxury and comfort.

How do you envision spas using the Vital Dome, and how can it improve their business?

Vital Dome is a simple and cost-effective wellness solution: a Vital Dome session is 99 per cent hands-free, with staff only needing to supply towels and launch the session.

Vital Dome helps enhance spa services and increase spend per customer; the benefits of massage and

With each Vital Dome, we provide:

- A product that's ready to go, with bespoke Vital Dome infratherapy programmes and specific high-end finishing on demand
- Infratherapy wellness and health-based training
- Consulting sessions for optimised infratherapy service integration
- Infratherapy marketing-based training
- Technical support
- Infratherapy evolution plan consisting of updates and new programmes

body treatments are tremendously improved when combined with a Vital Dome infratherapy session. Customer loyalty is also helped through the Vital Dome, as many clients come back for repeat visits.

Most Vital Dome clients see a return on investment in eight to 12 months. ●



VITAL DOME
INFRATHERAPY

Contact Vital Tech

Tel +33 (0) 185 732 920

Email contact@vitaltech-france.com

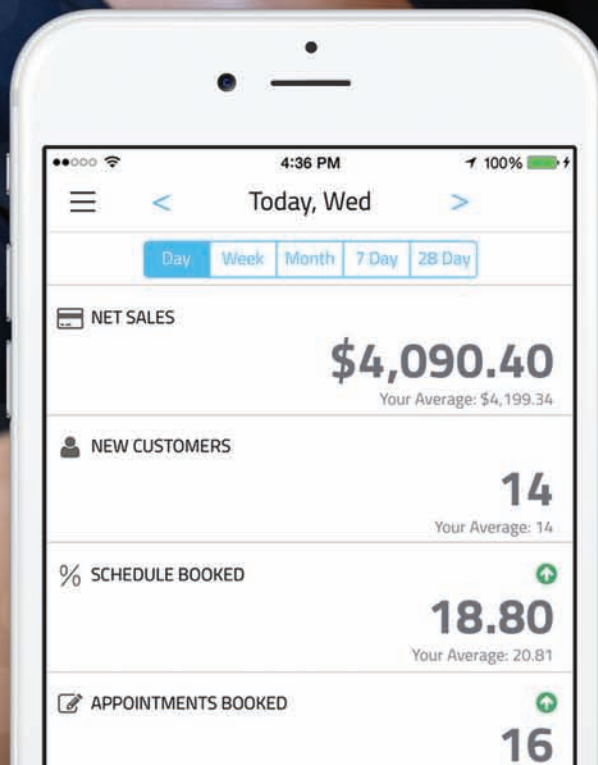
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Strip Wax Bar is a pioneer in hair removal industry, specialising in waxing and laser hair removal.

Established in 2005, Strip Wax Bar has grown to become one of the most respected beauty brands in luxury hair removal with a market leading presence. The company now boasts a customer base across 6 London boroughs with an international reach.

Strip Wax Bar offers excellent customer service and champions both new and renowned waxing and laser hair removal techniques, as well as stocks a broad range of beauty and lingerie brands online and in-stores.

We have an inclusive and supportive company culture, and believe in getting the right fit when it comes to people joining the company. We place a high value on people and believe we can offer a fun and friendly environment to work in, as well as a great place to learn and develop.

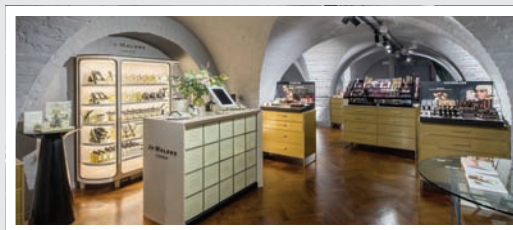
We offer competitive rates of pay with built in commission on treatments and retail as well as staff perks along the way to show how much we appreciate the hard work. On top of that we offer different contract opportunities for senior or part time therapists. We warmly welcome freelance therapists as well.

Strip Wax Bar is an equal opportunity employer and is determined to ensure that no applicant or team member receives less favourable treatment on the grounds of gender, age, disability, religion, belief, sexual orientation, marital status, or race.

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URBAN RETREAT



VACANCIES

Doha, Qatar, Competitive Salary and Benefits

Here at Urban Retreat, we are offering an exciting opportunity to work at a brand new luxury Spa and Beauty Salon in Doha!

We are looking for an individual who is hardworking, highly skilled and professional! If you are someone who has real passion for the beauty industry, who would like to be part of the best team in luxury surroundings, and able to provide services of the highest standards then we'd love to hear from you!

Beauty Therapist

Essential key skills:

- Qualified to a CIDESCO, CIBTAC or NVQ Level 3 in Beauty Therapy.
- Previous 3-5 years' experience within a luxury salon or spa environment.
- Fluency in English and excellent communication skills. (Arabic would be a bonus)
- An eye for detail and pride taken in your work
- Excellent time keeping/organisational skills and works well under pressure
- A high level of professionalism and understanding of client confidentiality
- Ability to work independently, and with other employees as part of a team
- Sales-driven with the ability to achieve targets and demonstrable

Senior Colourist/Stylist

Essential key skills:

- Qualified to a NVQ Level 3 in Hairdressing or equivalent.
- Previous 3-5 years' experience within a luxury salon environment.
- Fluency in English and excellent communication skills. (Arabic would be a bonus)
- Experience working with large brands such as L'Oreal
- An eye for detail and pride taken in your work
- Excellent time keeping/organisational skills and works well under pressure
- A high level of professionalism and understanding of client confidentiality
- Physical stamina to stand for long periods of time
- Flexible and prepared to work evenings weekends and national public holidays
- Must adhere to salon standards of exceptional personal grooming, representing the Urban Retreat brand to the highest of standards
- Constantly working towards building a loyal clientele
- Experience in all color techniques, including free hand painting, babylights and Balayage

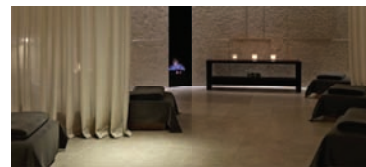
Key Responsibilities across both roles

- To consistently deliver the highest level of services and treatments to clients
- To assist with demonstrations/ events as required
- Ensuring you have the correct stock levels and to adhere to your treatment schedule.
- Ensure all services are completed to excellent technical standards
- Ensure high levels of service delivery from greeting to departure
- Provide clients with a thorough consultation to understand their needs and expectations, and finish by providing recommended aftercare to fulfill the client's needs
- Working towards set targets/KPI's
- Take ownership of own service column to maximize revenue
- Taking pride in your workspace; ensure cleanliness of your work areas are kept to the highest of standard • Ensure personal standards and grooming are in line with UR brand standards
- Assist with the training of newly joined team members
- Adapting/Learning new services offered by Urban Retreat

If you feel these qualities apply to you and you have experienced with the required responsibilities, please apply now: <http://lei.sr/J5o9Z>



BVLGARI
HOTEL LONDON



Located in Knightsbridge on the edge of Hyde Park, The Bvlgari Hotel London is both a haven of calm in the centre of the city and yet under a minute's walk from such landmarks as the famous Harrods department store.

We are recruiting!

We are currently recruiting for a variety of roles to join our award winning luxury Spa. Based over two floors, our Spa comprises numerous treatment rooms offering a variety of specialist products and services, a Spa suite and a 25m swimming pool and adjoining vitality pool. We offer a competitive salary and benefits package

Spa Sales and Reservationist

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

Spa Attendant

In this role you will be responsible for meeting and greeting our guests and members whilst also making repeat and new bookings. You will be responsible for maximising the revenue of the Spa through effective scheduling, treatment room bookings and product sales.

Senior/Spa Therapists

Spa Therapists are responsible for delivering exceptional treatments to guests of the spa, in line with ESPA and Hotel brand standards, whilst maintaining the excellent five-star client care, cleaning standards and grooming. Responsible for revenue generation through retail, up-selling and cross sales to other business centres in the spa.

Did we mention the fabulous benefits we offer too? See below for just some of them...

- Highly Competitive Salary
- Discount at selected Bulgari retail outlets
- Life Assurance
- Private Dental Insurance
- Service Charge
- My Bulgari Rewards Discount Scheme
- Private Health Insurance
- Group Personal Pension Plan

All our colleagues demonstrate our core values in the service they deliver... Radiance, Grace, Authenticity, Pure Presence, Integrity and Tradition of Excellence... is this you? If you think it is and you would like to join our team please send your CV and letter of application below.

We look forward to hearing from you!

For more information and to apply: <http://lei.sr/P4t8r>

Baha Mar to offer children's yoga

Continued from front cover

The Yogi Beans children's yoga sessions at Rosewood Baha Mar's will offer four classes per day in a variety of formats. Led by Lauren Chaitoff, founder of Yogi Beans, the featured classes will provide children with age-appropriate physical activity that will combine mindfulness and breathing exercises with games, props, music and poses. Offered to children of all ages, from babies to teens, the class options will include:

- Baby Bean Yoga – (Ages 6 weeks up until crawling) providing a bonding opportunity for new moms and their babies.
- Me & My Bean Yoga – (Ages 3-6) incorporating easily understood explanations of yoga poses, breathing techniques and concentration exercises.
- Bean Yoga – (Ages 6-9) encouraging kids to build self-confidence and to freely express their individuality through games, props and songs and basic yoga principles.



The classes provide children with age-appropriate physical activity

- Tween Yoga – (Ages 10-13) helping to bridge the gap between child and teenager, Tween Yoga introduces more complicated poses that require greater attention to full-body coordination.
- Family Yoga – (Aged 4-10) incorporating basic yoga through creative yoga-themed adventures with an emphasis on teamwork and communication.

Details: http://lei.sr/y7F4t_S

Armathwaite launches 'Lemoga' sessions

Armathwaite Hall, a luxury hotel and spa based in the Lake District, UK, has launched Lemoga, a new wellness experience combining yoga and lemurs.

Part of Armathwaite's 'meet the wildlife' wellness programming, which combines nature with mindful experiences, the Lemoga experience, available at the hotel's adjoining Lake District Wildlife Park, is designed for yogis of all abilities and capitalises on the current trend for yoga classes with animals.

Lemurs were selected due to the calming effect they have on humans. Merely the animals' presence has proven to help with reducing stress and lower blood pressure.

Other experiences under the initiative include Walks with Alpacas, Meet the Meerkats and Apprentice Keeper sessions.

Carolyn Graves, owner of Armathwaite Hall, said: "As a wellness destination, we are used to providing our guests with outdoor experiences which help relieve the



Research suggest that Lemurs have a very calming effect on humans

symptoms of city living such as stress, sleep and pollution. Lemoga offers our guests the chance to feel at one with nature, at the same time joining in with the Lemurs' play time."

Guests will be able to follow up their Lemoga session with a visit to the hotel's luxury spa, which will offer a wide range of treatments from premium spa brand Temple Spa, as well as more traditional spa and beauty therapies, such as Indian head massages and reflexology.

Details: http://lei.sr/4w9r8_S

Argentina Spa Association

T: +54 11 4468 0879 W: www.asociacionspa.org

Association of Malaysian Spas (AMSPA)

T: +603 4253 3478 W: www.amspa.org.my

Australasian Spa Association

T: +61 4 3003 3174 W: www.abcspacewellness.com.au

Bali Spa and Wellness Association (BSWA)

W: www.balispawellness-association.org

Brazilian Spas Association

T: +55 11 2307 5595 W: www.abcspace.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

T: +359 2 942 7130 W: www.bubspa.org

China Spa Association

T: +86 21 5385 8951 W: www.chinaspaassociation.com

Association of Spas of the Czech Republic

T: +420 606 063 145 W: www.jedmedolazni.cz

The Day Spa Association (US)

T: +1 877 851 8998 W: www.dayspaassociation.com

Estonian Spa Association

T: +372 510 9306 W: www.estonianspas.eu

European Spas Association

T: +32 2 282 0558 W: www.espa-ehv.com

Federation of Holistic Therapists (FHT)

T: +44 23 8062 4350 W: www.fht.org.uk

French Spa Association (SPA-A)

W: www.spa-a.com

German Spas Association

T: +49 30 24 63 692-0 W: www.deutscher-heilbaederverband.de

Hungarian Baths Association

T: +36 1 220 2282 W: www.furdoszovetseg.hu/en

The Iceland Spa Association

W: www.visitspas.eu/iceland

The International Medical Spa Association

T: +1 877 851 8998 W: www.dayspaassociation.com/imsa

International Spa & Wellness Association (ISWA)

T: +49 69 130 25 86 0 W: www.iswa.de

International Spa Association (ISPA)

T: +1 859 226 4326 W: www.experienceispa.com

Japan Spa Association

W: www.j-spa.jp

Leading Spas of Canada

T: +1 800 704 6393 W: www.leadingspasofcanada.com

National Guild of Spa Experts Russia

T: +7 495 226 4289 W: www.russiaspas.ru

Portuguese Spas Association

T: +351 217 940 574 W: www.termasdeportugal.pt

Romanian Spa Organization

T: +40 21 322 01 88 W: www.romanian-spas.ro

Salt Therapy Association

W: www.salttherapyassociation.org

Samui Spa Association

T: +66 7742 08712 W: www.samuispaassociation.com

Serbian Spas and Resorts Association

T: +381 36 611 110 W: www.serbianspas.org

South African Spa Association

T: +27 11 447 9959 W: www.saspaassociation.co.za

Spanish National Spa Association

T: +34 902 1176 22 W: www.balnearios.org

Spa Association of India

T: +91 995 889 5151 W: www.spaassociationofindia.in

Spa Association Singapore

T: +65 6223 1158 W: www.spaassociation.org.sg

Spa & Wellness Africa Association

W: www.spaassociationofafrica.com

Spa & Wellness International Council (SWIC)

T: +7 4957640203 W: www.iswic.ru

Taiwan Spa Association

W: www.tspta.tw

Thai Spa Association

T: +66 2168 7094 W: www.thaispaassociation.com

Turkish Spa Association

T: +90 212 635 1201 W: www.spa-turkey.com

The UK Spa Association

T: +44 8707 800 787 W: www.spabusinessassociation.co.uk

Ukrainian SPA Association

T: +3 8044 253 74 79 W: www.spaua.org