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13-26 SEPTEMBER 2019 ISSUE 328

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GWI announces initiative on the "science of yoga"

On the heels of research showing that yoga breathing and relaxation practices can lower blood pressure as much as aerobic exercise, the nonprofit Global Wellness Institute (GWI) is introducing its newly formed Yoga Therapy Initiative.

The Initiative's mission will be to spread awareness about the wealth of evidence-based research, innovations, publications, programmes and leadership in the global field of yoga therapy.

In a statement, GWI said: "We intend to correct the common misperception of yoga therapy as a complementary medicine alternative

and/or fitness and exercise programme to a legitimate preventive self-care health modality."

Bija Bennett – an author and speaker who says her teachings are derived from ancient yoga traditions – has been appointed as chair of the Yoga Therapy Initiative.



The initiative will be chaired by author and speaker Bija Bennet

Bennett is a wellness consultant and, under her holistic wellness brand YogaAway, she provides a wide range of yoga-based wellness programmes, products and consulting services to a number of major hospitality and wellness brands worldwide. "As one of the world's earliest systems of holistic health and selfcare, yoga therapy is a low-tech, easily accessible, evidence-based system of healthcare that can be applied to a full spectrum of conditions, from chronic disease and mental health to ageing and personal growth," said Bennett.

The Initiative's vice chair is Matthew J. Taylor, PhD and director of SmartSafeYoga, a leader in integrative rehabilitation. Taylor regularly consults with health professionals and recently authored Yoga Therapy as a Creative Response to Pain and serves on two US task forces for non-pharmacological pain management.

The GWI supports 25 industry Initiatives that focus on developing projects, research and trend forecasts that impact wellness in a particular market segment or region of the world — all available free of charge to the industry. *Details: http://lei.sr/E5X5K_S*

Rosewood opens two-storey spa

The Rosewood Guangzhou has opened in Guangzhou's Tianhe District, complete with a large spa and wellness facility spread over two floors.

Located on the top 39 floors of the 108-story CTF Finance Centre, the 251-bedroom hotel has been designed by Yabu Pushelberg as a 'sky-high urban oasis'.

At 2,628sq m, Sense, A Rosewood Spa is set across the 93rd and 94th floors. The sleek and contemporary wellness centre includes a spa, relaxation lounge, yoga studio, fitness center and 25-meter-long indoor pool. *Details: http://lei.sr/Z8q8u_S*

Spa focuses on Africa's botanical heritage

Wilderness Safaris' Jao Camp in the Okavango Delta in Botswana has recently reopened after a redesign, which includes a rejuvenated health and wellness offering through its new spa.

"Visiting Jao is therapy in itself, given its tranquil wilderness location in the heart of this World Heritage Site," said Cathy Kays, owner of the Jao Reserve. "However, a treatment in our new spa – tucked away beneath palm trees in a tranquil location – is bound to further inspire our guests to fully appreciate Jao's extraordinary holistic offering, which seamlessly reflects the health of the Delta's ecosystem."

The interiors of the two new round treatment rooms have been finished with a construction of saligna laminated beams, rosewood-clad ceilings and rosewood floors.



The resort was designed by architects Silvio Rech and Lesley Carstens who designed the original Jao

"The sense of space and the view of the massive saligna beams whilst lying on your back on the massage bed is truly spectacular," said Kays.

"We have taken great care to create an extraordinary space that not only evokes a sense of calm but brings nature inside." *Continued on back cover*

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COMO ventures into airline food

Singapore Airlines (SIA) has partnered with wellness brand COMO Shambhala to launch a menu of specially curated wellness dishes on selected SIA flights from September 2019. The wellness dishes are part of SIA and COMO Shambhala's partnership aimed at enhancing customers' holistic wellbeing and travel experience.

Dishes are tailored to nourish the body and alleviate travel-induced stresses such as fatigue, by

combining ingredients rich in antioxidants and micronutrients, such as kiwi, yoghurt, beetroot and strawberries, in immune-boosting dishes.

Others aim to promote good digestion and circulation for a more comfortable journey.

Offerings include spiced buckwheat and pumpkin pancakes for breakfast, coconut poached fish for dinner, and COMO Shambhala ginger tea for a welcome beverage.

First Class and Business Class customers will be able to enjoy the wellness in-flight menu on selected flights departing Singapore to Hong Kong, Frankfurt, London,



The dishes aim to imprive travellers' holistic wellbeing

Melbourne, Perth and Sydney. The dishes will also be available for pre-ordering via 'Book the Cook' for First Class, Business Class and Premium Economy Class customers on all routes departing Singapore.

"We are excited to unveil the fruits of our partnership with COMO Shambhala, tapping on their award-winning expertise in holistic wellness and nutritious cuisine for our in-flight meals," said Yeoh Phee Teik, Singapore Airlines senior vice president of customer experience.

Details: http://lei.sr/m8V7J_S

JW Marriott set for Maldives debut

The JW Marriott Maldives Resort & Spa is set to open its doors later this year on the island of Vagaru, Shaviyani Atoll, in the Maldives.

The design concept and interios were designed by Miaja Design Group – which also acted as art consultant – the resort takes inspiration from nature. There is an emphasis on organic elements and modern lines. The interiors focus on comfort and lightness, combined with a "genuine Maldivian atmosphere".

The 61 villas on property have been created to look like

inverted Dhoni boats, and each will include its own private pool. The resort will also feature a turtle sanctuary, on-site marine biologist, an open-air cinema, tennis court and a Spa by JW.

The Spa by JW will house six double treatments rooms, one deluxe treatment suite with a private 'wet room', a unisex hair salon, manicure and pedicure stations, a wellness boutique, an overwater gym, and



The design concept of the resort was created by Miaja Design Group

an open-air yoga pavilion. Accommodation will be provided in 29 secluded one- and two-bedroom beach villas nestled among the island's lush greenery, each with its own private beach area, while 32 villas will stand on stilts over the Laccadive Sea.

A four-bedroom Royal Water Villa will come complete with nanny's quarters. *Details: http://lei.sr/j8y9j_S*

) Twitter: @spaopps



Niseko hotel to have in-house onsen

YTL Hotels will add a new hotel to its Niseko Village in Japan this December. The Hinode Hills Niseko Village features 79 bedrooms and suites, and joins The Green Leaf Niseko Village, Hilton Niseko Village, and Kasara Niseko Village Townhouse.

Named as a way of paying homage to the rising sun, the luxury all-suite hotel is designed with a 'wabisabi' aesthetic, unveiling its beauty through authenticity, natural forms, and the appreciation for nature.

Blending warm

contemporary style with authentic Japanese aesthetics, Hinode Hills is situated at the base of Mount Niseko Annupuri and occupies a prime position at the heart of Niseko Village with views of Mount Yotei.

The resort will feature ski-in, ski-out access, an in-house onsen, and a host of ski services.

"Hinode Hills raises the bar for luxury developments in Niseko and is committed to providing guests with a truly integrated and seamless experience," said Luke Hurford,



The luxury all-suite hotel is designed with a 'wabi-sabi' aesthetic

senior vice president of strategy at YTL Hotels. YTL Hotels owns and manages a collection of resorts, hotels, boutique experiences and Spa Villages with a hospitality footprint across Malaysia, Thailand, Indonesia, China, Japan, Australia, and Europe.

Its spa team includes Lai-Ping Chik, Sylvia Sepielli and Melissa Mettler.

The group also co-owns the Eastern & Oriental Express luxury train. *Details: http://lei.sr/2T9r9_S*

Albamhor Spa opens at Fife Arms

The Albamhor Spa at The Fife Arms in Braemar, Scotland, has opened. The spa forms the final part of a threeyear multi-million-pound refurbishment project which included a total renovation of the 46-room hotel.

The spa, which is home to three treatment rooms, as well as a sauna and a treatment menu inspired by local flora, was designed by Russell Sage Studio. The London-based interior design firm created the spa's interiors to capture

the overall style and feel of the hotel, a 100year old Victorian coach house that in turn was inspired by the surrounding rural landscape.

Spa consultancy Spa Vision were responsible for the provision, design and installation of the spa's sauna experience, and were also tasked with supplying the treatment tables.

Colin Cameron, director of Spa Vision, said: "The Fife Arms holds considerable history and is a defining place in the local area. For this reason, the attention to detail and precision



Spa Vision designed, supplied and installed the sauna at the spa

has been unwavering. The Albamhor Spa is a stunning addition to the hotel facilities and we are delighted to have played our part in bringing the designer's vision to life."

Based in the Scottish Highlands, The Fife Arms reopened as a hotel in December 2019, following an intensive restoration by owners Iwan and Manuela Wirth. The redesign was inspired by the hotel's rich history and the drama of the surrounding landscape. *Details: http://lei.sr/9m4u6_S*



Therapists received specialist ishga training

Seaham Hall partners with ishga for touch therapy

Seaham Hall, a hotel and spa resort in County Durham, UK, has partnered with seaweed brand ishga to offer ishga in good hands, becoming the second spa in the UK to do so.

Therapists at the spa underwent training with ishga's head of Training, Natalie Rodgers, to deliver ishga in good hands, a series of customisable treatments that combine the natural, healing properties of seaweed with an advanced 'touch' technique. The treatments are aimed at those affected by cancer, anxiety, depression, exhaustion, stress and phobias and can be tailored to the needs of the individual.

Each session begins with a consultation, where the therapist assesses the guest's needs before creating a treatment plan, which includes two therapies from a range of 30-minute treatments. *Details: http://lei.sr/w8a8s_S*

Guests given free massage and stretching classes

The Devarana Spa at Dusit Thani Maldives has launched a new wellness programme giving guests the opportunity to learn the secrets behind the spa's Thai massage and Thai Stretching treatments.

The classes are designed to allow guests to discover the healing benefits of the treatments, and to learn the techniques for themselves. Every Wednesday from 10am -10.45am, guests can learn Thai Massage, often called Thai Yoga Massage, with the spa's expert therapists in the Devarana Sanctuary. Considered a part of traditional Thai medicine, Thai massage combines elements of yoga, meditation, acupressure and assisted stretching to relieve physical and emotional tension.

The classes are complimentary for guests staying at the resort. *Details: http://lei.sr/r6H2V_S*

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Second Legian hotel for Indonesia

The Legian Sire in Lombok, Indonesia, is set to open in March 2020, building on the reputation of the brand's original hotel in Seminyak, Bali. The move is part of Legian Hotel Management's plan to expand in Indonesia and beyond, and the resort will feature a spa and wellness centre featuring an apothecary bar. Located on a pristine beach with views of the Gili Islands, the resort features 46 suites and 15 villas with private infinity pools.



The spa and wellness centre will feature a range of facilities

Wellness By The Legian incorporates spa treatments,

nutrition, fitness and personalised programmes, featuring steam rooms, a sauna, outdoor vitality pool with hot & cold pools and a reflexology foot pond.

Holistic treatments are inspired by the rich local healing heritage, using ingredients such as Lombok pearls and Rinjani basalt stones. An interactive Apothecary Bar showcases wellness practitioners hand-blending freshly made oils, infusions, poultices and compresses while a juice bar will serve a selection of freshly harvested fruit juices from the hotel's Wellness Garden. *Details: http://lei.sr/J7n8S_S*

Designs revealed for 30th ice hotel

Designs have been released for the latest edition of the famous Ice Hotel in Jukkasjärvi, northern Sweden, which this year is celebrating its 30th anniversary.

There were 126 applications from artist teams across 34 different countries who wanted to be part of designing the hotel. From the applications, 15 teams were chosen to create the designs for the hotel, which will open on 13 December.

In addition, three teams received a special invite to create the new main and ceremony hall, as well as the

Icebar in the year-around hotel area, Icehotel 365. The concepts chosen for the project include "Bone Room" by UK artist and sculptor Robert Harding; "Spring Dream" created by Chinese duo Zhao Lei and Zhao Yong; and "Tip of The Iceberg" created by Franziska Agrawal, an industrial designer and artist from Germany.

Luca Roncoroni, creative director at Icehotel said: "It's been a challenge to choose between all the amazing design ideas, but I believe we have ended up with a great mix of expressions, themes and playfulness for this year's Ice Hotel. This winter will truly be something special."



The Icehotel was launched in 1989 by entrepreneur Yngve Bergqvist

Roncoroni added that another addition to this year's hotel – a viewing platform, where guests can see the surrounding landscape and the Torne River – was in honour of the river, "without which the Ice Hotel wouldn't be celebrating 30 years of fantastic artwork".

The Icehotel was founded in 1989 when Swedish entrepreneur Yngve Bergqvist launched the concept. Within three decades the hotel has had more than a million visitors.

The art exhibition will be created when the snow first hits Jukkasjärvi. *Details: http://lei.sr/j2j9H_S*





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- Available in many wooden decors



www.gharieni.com



Work will include a revamp of the spa hotel's public spaces – including its spa areas

Apex Quay Spa undergoing renovation

The Apex City Quay Hotel & Spa in Dundee, Scotland, is undergoing a major refurbishment worth a reported £1.4m.

Work has already begun on the renovation, which will see all of the hotel's public spaces including its reception and conference facilities, as well as its Yu Spa and Metro Bar & Brasserie updated, bringing a new look and feel to the hotel.

The renovation comes just one year after the hotel invested £2.4m in a bedroom update, which saw all 151 of the hotel's bedrooms and suites undergo extensive refurbishment work.

The refurbishment is expected to complete early next year, with the hotel operating as usual throughout. *Details: http://lei.sr/Z6W9y_S*

Armathwaite to invest £100k in fitness facilities

Armathwaite Hall Hotel & Spa in the Lake District, UK, is investing £100,000 in the redevelopment of its gym facilities.

The new gym will place an emphasis on rehabilitation and performance and will offer a range of workouts and facilities to aid recovery from injury and burnout, as well as boost power and endurance.

The gym will offer bespoke fitness programming to both members and hotel residents alike that, when combined with the hydrotherapy experiences in the spa, will create a holistic fitness experience that will benefit the body and the mind. It has been designed to help gym-goers gain a healthy advantage during their visit through bespoke workouts and highend equipment from brands including WaterRower and Life Fitness. Details: http://lei.sr/c8F5z_S

Sunita Mahamuni joins Amatara

Amatara Wellness Resort in Phuket, Thailand has named Dr Sunita Shekhar Mahamuni as director of wellness.

With more than 12 years experience working as holistic health manager at The Dhara Dhevi and Chiang Mai (previously operated by Mandarin Oriental Group), Dr Mahamuni possesses knowledge in holistic health training, wellness counselling and guided meditation as well as retreat management.

Her background as a certified ayurvedic doctor and extensive management



Dr Mahamuni is a specialist in holistic health training

experience, meanwhile, are complemented by her interpersonal skills, all of which have helped her establish and build a long-lasting and loyal clientele.

Alongside the resort's wellness team, Dr Mahamuni will continue to develop Amatara's comprehensive programme of spa and wellbeing experiences, incorporating her knowledge of ayurvedic practices to allow guests to explore and delve deeper into the life-enhancing treatments. She will also helm the development of the resort's core offering to promote sustainable wellbeing. *Details: http://lei.sr/b4p9Y_S*

Cruise lines come to Bahamas aid

Cruise lines including Royal Caribbean, Norwegian and Bahamas Paradise are using their vessels and finances to help the Bahamas in the wake of Hurricane Dorian.

The category five storm, which sat stationary over the islands for a day and a half, has devastated parts of the Bahamas, a place where the three cruise lines do most of their business and have staff stationed. Thousands of people are still thought to be missing, with 45 confirmed dead. Some 70,000 people have been left in need of shelter, according to the United Nations.

The three cruise lines stepped in, sending ships full of supplies

With relief efforts hampered by damage and flooding in the country's airports, the three cruise lines stepped in, sending ships full of supplies to those in need.

Royal Caribbean has pledged a US\$1m (\in 905,000, £809,000) commitment to disaster relief and has said it will match staff and employee donations on top of this. Its Empress of the Seas ship has so far delivered "relief supplies and 20,000 daily meals to the Freeport, Bahamas community" with plans to send further ships with "47,000 bottles of water, 362 generators, 250 tarps, 25,000 square feet of plywood, 55,400 diapers and 7,500 pounds of pet food."

"Our mission is that every one of our vessels in the Bahamas area, continues to provide assistance by delivering supplies, plus helping to evacuate children, elderly, or those that need immediate medical attention, to Nassau hospitals via tenders," said a company statement. "We want to make them feel as comfortable as possible and look forward to welcoming them with open arms." *Details: http://lei.sr/D9F2X_S*



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CALENDAR

16 September 2019 UK Spa Association -Summer networking event

South Lodge, Horsham, West Sussex, UK An opportunity for the leaders of the UK spa sector to catch up on developments and trends. www.spa-uk.org

19-23 September 2019 CIDESCO World Congress & Exhibition

Chicago, United States The event offers industry professionals the opportunity to interact and network with colleagues across the wellness industry. www.cidesco.com/events

19-20 September 2019 Termatalia

Expourense, Ourense, Spain Officially entitled the 19th International Fair of Thermal Tourism, Health and Welfare, the

of Thermal Tourism, Health and Welfare, the event aims to be the "thermal bridge between Euroasia and America". www.termatalia.com

21-22 September 2019 World Wellness Weekend

Locations worldwide On the third weekend of September, 2,000+ spas, yoga studios and fitness clubs in 100 countries open their doors to boost wellness. www.world-wellness-weekend.org

25 September 2019

Asia Fitness & Wellness Summit Mira Hotel, Hong Kong Exclusive thought leadership and business development conference for the industry. thefitsummit.com/events/asia

7-9 October 2019 Spa Fest 2019

St Michaels Resort, Falmouth, UK Spa Fest offers delegates an opportunity to listen to inspiring speakers and learn about their own wellbeing. www.madeforlife.org/spa-fest-2019

9 October 2019

Thailand Fitness & Wellness Networking Evening

Glowfish Sathorn, Bangkok, Thailand Invitation only networking event for regional health, fitness and wellness leaders to connect together

www.thefitsummit.com

8



Olympia Beauty is one of the leading events for wellness and beauty professionals

29-30 September 2019 Olympia Beauty

Olympia Exhibition Centre, The Grand Hall, London, UK Now in it's 15th year, the show attracts around 20,000 beauty professionals to London, UK. Aimed at all professionals

12-13 October 2019 Global Thermal Think Tank

Bishuiwan Hot Spring Resort Guangzhou, Guangdong, China Event for the wellness industry's hot springs owners, senior operators and academics specialising in the study of hot springs. globalwellnessinstitute.org

15-17 October 2019

Global Wellness Summit

Grand Hyatt Hong Kong GWS is an invitation-only gathering that brings together leaders and visionaries to positively impact and shape the industry. www.globalwellnesssummit.com

15-18 Oct 2019 Piscina & Wellness Barcelona

Gran Via Exhibition Centre, Barcelona, Spain The leading trade show for swimming pools and wellness and public pools. www.piscinawellness.com and students involved in the global wellness and beauty industry, the event also attracts some of the biggest brands in make up, skin care, education & training, haircare, holistic therapy and so much more. www.olympiabeauty.co.uk

28 October 2019

Women in Wellness Leadership Conference The Waterfront Beach Resort, California, US

A conference for women who aspire to leadership in the wellness industry. The sessions and conference programme have been devised to address some of the most pressing issues facing women leaders. www.americanspawiw.com

5-8 November 2019

Spa and Wellness International Congress Courtyard by Marriott Hotel Tbilisi, Georgia

Now in its sixth year, the agenda of the event will be composed of scientific and business conferences and panels, round table discussions, as well as free consultations to attendees from SWIC experts. The congress will be supported by an exhibition, featuring designers, consultants and suppliers. spaandwellnesscongress.com/eng







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Bath, UK to host wellbeing festival

The city of Bath, England will host a festival this month featuring a series of walks, talks and activities themed around making a city good for body, mind and soul.

Set for 20-27 September, the Therapeutic City Festival opens the conversation about how we design and manage a city for wellbeing.

The festival looks at Bath's history as a 'therapeutic city', a place where people have come not only to use the thermal waters but also to be restored by Bath's beautiful setting and public spaces.

"As Bath applies to UNESCO to be recognised as one of the Great Spas of Europe, we ask the questions – what should a 21st century spa city be like?", the organisers said. "Does the whole city still have therapeutic value? Can it be an antidote to the common stress and pollution normally associated with urban environments?"



Bath, England is home to YTL Hotels' Gainsborough Bath Spa

Bath has been a renowned spa town since Roman times; the well-preserved Roman Baths remain an important visitor attraction today. The city is also home to YTL Hotels' Gainsborough Bath Spa, the Thermae Bath Spa and the Cross Bath.

Details: http://lei.sr/N2Y4m_S

Bangkok most popular destination

The Global Destination Index – an annual study looking at the world's most visited tourist destinations – has ranked Bangkok, Thailand, as the world's most visited city globally.

The research, conducted by Mastercard, shows Bangkok as the world's most visited global tourist destination four the fourth straight year, with 22.78 million international overnight visitors – a figure forecast to grow by 3.34 per cent in 2019.

For the first time in more than a decade, London (19.09

million) has lost its status as Europe's most popular tourist destination, with nearby Paris (19.10 million) now the new number one city on the continent.

In the Middle East, Dubai is the topranked city with 15.93m international overnight visitors. The city, which had set a target of 20 million visitors by 2020, does, however, have the lowest growth forecast for the calendar year at 1.68 per cent.

Marking the 10th edition of the annual report, three key trends were highlighted. The first was consistent and steady growth



Bangkok is the world's most visited global tourist destination

of people travelling internationally over the last decade, with expenditure growing on average 7.4 per cent. The sustained dominance of major cities was also recognised, with London, Paris and Bangkok dominating the top three spots since 2010.

The final of the three trends was the rise of Asia-Pacific international travellers, with visitors from that part of the world rising 9.4 per cent since 2009 – the largest increase of any region. Europe, by comparison, saw the second-highest rise, up by 5.5 per cent. Details: http://lei.sr/X4s2D_S

Newt Hotel & Spa to open at Somerset's Hadspen House

Hadspen House, a Grade II-listed country house on the Emily Estate in Somerset, UK, reopened as a hotel and spa called The Newt.

The property will be named for the protected great crested newts found on-site.

A working Georgian country estate located between Bruton and Castle Cary in Somerset, the estate consists of a garden visitor attraction, cultivated gardens designed by French-Italian architect Patricia Taravella, ancient woodlands, orchards, a state-of-the-art cider press and cellar and a farm shop. Inspired by its grounds, The Newt will be home to a 'world-class' spa, located in a building designed by architect Katie Lewis to resemble a traditional agricultural structure. The spa will offer a host of treatments designed to encourage guests to embrace country living. *Details: http://lei.sr/9H5C4_S*



The spa will open its doors in November 2019

New spa celebrates Harrogate's "rich spa history"

The Harrogate Spa, a new luxury destination spa, is set to open at DoubleTree by Hilton Majestic Hotel in Harrogate, North Yorkshire, towards the end of 2019.

Expected to open in November 2019, the spa forms a major part of the hotel's £15m renovation and is designed to celebrate Harrogate's rich 200-year history of spa treatments - drinking or bathing in the mineral waters of Harrogate was prescribed by doctors in the 19th century.

Facilities will include six treatment rooms, including two double treatment rooms, a 12.5 m (41.1 ft) indoor pool, as well as a number of therapeutic thermal experiences including a spa pool, Himalayan salt sauna, steam room, Rasul, experience shower, and ice fountain. *Details: http://lei.sr/b5y3Y_S*



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We have an inclusive and supportive company culture, and believe in getting the right fit when it comes to people joining the company. We place a high value on people and believe we can offer a fun and friendly environment to work in, as well as a great place to learn and develop.

We offer competitive rates of pay with built in commission on treatments and retail as well as staff perks along the way to show how much we appreciate the hard work. On top of that we offer different contract opportunities for senior or part time therapists. We warmly welcome freelance therapists as well.

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- Sales / retail ability or experience
- Ability to work cohesively with other employees as part of a team
- A high level of professionalism and understanding of client confidentiality
- Must be flexible and prepared to work evenings weekends and Bank Holidays
- Must adhere to salon standards of exceptional personal grooming, representing the Urban Retreat brand to the highest of standards

Hair Specialist

For the right candidate, The White House are offering the opportunity to spend three weeks training in the Frederic Fekkai salon in NY.

Essential key skills:

- Minimum 3 years shop floor and column generating experience
- Excellent all-round colour skills; possess the ability to perform classic, contemporary and trend styles
- Excellent all-round knowledge and experience with colour techniques
- Ability to blow-dry and finish in a modern way
- Good command of English both verbally and in written communication

- Level 3 NVQ or equivalent
- Documented professional development over your career
- Certified training with any of the major providers such as L'Oreal
- Ability to work in areas such as session work, shows, competitions, seminars etc.

To find out more about these roles click the link below! Apply now: http://lei.sr/J509Z

TO ADVERTISE call +44 (0)1462 431385 email sales@spaopportunities.com

HandPICKED

RULIT FOR PLEASURE

Spa Therapists

Nationwide Competitive Salary plus Benefits

We are looking for talented Spa Therapists to join the Hand Picked Hotels team.

We have a range of Full Time & Part Time positions available to include weekend shifts on a rota basis and live in accommodation available at some of our sites starting from only £52 per week.

Our spa teams are passionate and dedicated to their profession. They aim to optimise the effectiveness of the treatments and therapies offered. When guiding our clients towards the right choice of treatment and product we take into account their overall lifestyle and its requirements and also their individual circumstances on the day and how they wish to feel.

Working at the spa is fun and we want you to love your job and embrace the warm, friendly personalities of our guests and be focused on delivering first-class experiences and exceeding their expectations at every turn. We are a family and we treat our team like family.

What we need from you:

- To be passionate about delivering the very best spa experience each and every day
- To be smart and well presented
- To have previous experience in a similar role or a real desire to prove yourself as a first-time therapist
- NVQ Level 3 or similar level spa related qualifications and be fully qualified as a minimum in manicures, pedicures, waxing, massage and facials
- Excellent level of spoken and written English
- To be able to work shifts as required that will include weekends and bank holidays
- Proof of eligibility to live and work in the UK



What we can offer you:

- Competitive salary
- Live in accommodation is available at some of our Hotel properties
- Annual leave rising with service
- Free car parking
- Discounted hotel accommodation across the Hand Picked group of hotels
- Employee of the month/year awards
- Full Elemis product and treatment training and development opportunities
- Uniform
- Meals on duty

Hand Picked Hotels is a collection of 19 country house hotels throughout the United Kingdom and Channel Islands. With a welcoming and charming service delivered in inspirational surroundings, our guests are encouraged to feel at home, relax, kick off their shoes and indulge!

Our core values of family, individuality, initiative, welcoming and local engagement are not just words - it's what we do - every day.

Candidates must be eligible to live and work in the UK.

Apply now: http://lei.sr/0W7m7

Global Head of Sales for VOYA Organic Beauty

VOYA Organic Beauty is looking for a dynamic Head of Sales from November 2019 for a 1 year fixed contract with excellent future opportunities for the right candidate.

Role Duties

Overall Goal - to increase VOYA brand awareness globally, generating sales on expected growth projections.

- Managing and overseeing the sales and training team effectively.
- Supporting the company's CEO in increasing the market share of the VOYA brand.
- Liaising and supporting the marketing team effectively.
- Please note: Flexibility is required for trade shows, press events and international travel which may include evenings and weekend.

Essential Experience

- NVQ Beauty or Equivalent Spa Management.
- Experience in the Spa & Wellness Industry.
- Management of Sales and Training Teams.
- Strategic Planning Experience.
- Budgeting Experience.
- New Product Development Experience.
- Experience in public speaking and giving presentations.
- Retail Experience.

Desired Criteria

- Experience working with a Luxury Spa Brand.
- Business Related, Sales and Marketing Degree.

Required Skills

- Proficient in Excel, Word, Powerpoint.
- Confident in Adobe Tools.
- Excellent Team Player.
- Energetic & Motivated.
- Passionate about skincare and wellness.
- Excellent communication skills.
- Strong leadership skills.
- Full Clean Driving Licence.

Role Benefits

- 20 Days Holiday Per Annum.
- Award-Winning Wellness Program for Employees.
- Business Phone, Laptop and Company Car.
- OTE Bonus and Commission Structure.

Apply now: http://lei.sr/B4I8c



ADDRESS BOOK

Botswana spa honours botanical heritage

Continued from front cover The spa at Jao is tucked in amongst the palms for privacy, and is surrounded by water to provide a calming and tranquil atmosphere.

The upgraded wellness area also includes a reception area with a nail bar, allowing guests to enjoy manicures and pedicures in a more social setting while appreciating the views. The mesh stacking doors allow for the rooms to open up fully in good weather, or remain closed in winter to keep out the chill.

Terres d'Afrique skincare products, based on Africa's unique botanical heritage, including organic baobab and sausage tree infusions, are used to nourish the skin during massages, scrubs and facials. Jao's signature 'African Botanicals' treatment includes a bath, an express facial and a massage, with many possible add-ons to enhance the experience. The facial makes use of the natural anti-ageing properties of kigelia (sausage tree) and baobab,



The spa at Jao is tucked in amongst the palms for privacy, and is surrounded by water to provide a calming and tranquil atmosphere

while the massage is a baobab pinda massage, which is designed to be deeply relaxing yet detoxing, using heated baobab seeds (pindas) and organic shea butter scented with mopane and omumbiri essential oils.

The resort will also offer a signature couple's treatment, 'The spirit of togetherness – Ubuntu', which represents the idea that 'I am because we are'.

Details: http://lei.sr/N7N5x_S

FitBit looks to personalise wellness

Wearable tech giant FitBit has launched a premium service which will utilise users' own data in order to provide them with personalised wellness programmes. The paid subscription service will use tracking data on a range of metrics – from fitness and diet to sleep patterns – and offer "actionable guidance and coaching" to nudge users to undertake beneficial behaviour changes.

"Fitbit Premium will evolve with you and get smarter over time, delivering the support

and guidance you need to help you achieve your health goals," said James Park, co-founder and CEO of Fitbit.

At launch, the new premium service will feature nine guided health and fitness programmes aimed at making it easier for users to increase their physical activity, manage nutrition, get more sleep and create lasting healthy habits. The programmes will include actionable coaching, daily tips and tricks, structured workout plans, relaxation tools, recipe suggestions and educational content.



The subscription service will use tracking data on a range of metrics

Additional activity, sleep and nutrition programmes will be launched by the end of the year. In addition to the guided programmes and advanced insights, the premium membership will provide subscribers with thousands of video and audio workouts from personal trainers in the Fitbit Coach app.

"The more feedback you give, the smarter these workouts will become with new and relevant sessions tailored to and recommended for you," Park added.

Details: http://lei.sr/6C4v2_S

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