

# spa business insider

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A SPA BUSINESS PUBLICATION



## Good Spa Guide crowns best UK spas

The Good Spa Guide has unveiled the results of its 11th annual awards on 2 August at Spa Life UK's annual two-day conference in Bedfordshire, UK.

Following another challenging year of uncertainty, the awards are designed to celebrate the very best in spa excellence across the UK. The 2021 winners are as follows:

- **Best Spa for the Eco-conscious:** Aquarias Spa at Whatley Manor, Wiltshire
- **Best Spa for Fitness and Wellbeing:** Three Graces Spa at Grantley Hall, Yorkshire
- **Best Hotel Spa:** The Spa at Pennyhill Park, Surrey
- **Best Urban Spa:** The Lanesborough Club and Spa, London
- **Best Countryside Getaway:** Lodore Falls Hotel and Spa, Lake District
- **Best Coastal Spa:** The Headland Spa, Cornwall
- **Best Retreat Spa:** Ragdale Hall Spa, Leicestershire



PHOTO: THE HEADLAND SPA, CORNWALL

■ **Cornwall's Headland Spa won Best Coastal Spa**

■ **Best Day Spa:** Aqua Sana Sherwood Forest, Nottinghamshire.

"Thank you to all the finalists who've gone above and beyond to keep clients safe and supported," said Caitlin Dalton, Good Spa Guide editor-in-chief.

[READ MORE ONLINE](#)



PHOTO: THE GOOD SPA GUIDE



**All finalists have gone above and beyond to support their clients**

Caitlin Dalton



PHOTO: BATH, NORTH EAST SOMERSET COUNCIL

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SHUTTERSTOCK/LAURA SANTELLI

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US\$50m thermal retreat set to open in September

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## Hand & Stone Massage and Facial Spa names **John Teza** as new CEO

**U**S-based Hand & Stone Massage and Facial Spa has grown into a 490+ unit massage and facial spa franchise since its inception in 2004. Former Hand & Stone chief development officer and president John Teza will now helm the organisation after being appointed CEO.

Teza oversaw two significant acquisitions for Hand & Stone over the past year and with strong recovery in unit-level sales and growing demand, the company says it's on track to exceed US\$550m (€464.2m, £395m) in system-wide sales in 2021.

Teza will be succeeding Todd Leff who is stepping down as CEO but staying on as chair of the board.



PHOTO: HAND & STONE MASSAGE AND FACIAL SPA

■ John Teza (pictured) is succeeding Todd Leff as CEO

**I'm excited to help Hand & Stone continue to be a leader in the dynamic wellness industry**

Prior to joining Hand & Stone, Teza held the role of principal at NRD

Capital Management leading operational and strategic functions for a

number of restaurants and retail concepts.

Before this, he was chief development officer at Jersey Mike's Subs where he directed all aspects of brand expansion for the New Jersey-based chain of 1,750+ units and US\$1.2bn in system-wide sales.

"I'm excited to help Hand & Stone continue to be the leader in the dynamic wellness industry," Teza said.

"We'll continue delivering high-value services to the middle-market, growing our skincare business, advancing technology in our customer experience, and working to ensure the highest level of spa safety and security."

[READ MORE ONLINE](#)

## **Nancy Davis** reveals Global Wellness Summit 2021 theme and co-chairs



PHOTO: GWS

■ Nancy Davis, GWS chief creative officer and executive director

**T**he Global Wellness Summit (GWS) has announced its 2021 conference will focus on the growing intersection between health and wellness. The theme for the summit is "A New New Era in Health & Wellness."

The 2021 GWS is taking place in Boston, Massachusetts, from 30 November to 3 December, and will be hosted in a hybrid approach meaning content will be available in-person and digitally.

**The pandemic woke the world up to the extraordinary importance of health and wellness**

"The pandemic woke the world up to the extraordinary importance of both health and wellness, creating a new era in which these sectors and industries will work more closely together for the greater good of all," said Nancy Davis, GWS' chief creative officer and executive director.

"The 2021 agenda will focus on exploring this convergence, and the theme will come to life

in Boston, a city recognised for its far-reaching innovation and unique investment landscape in biotech."

Annual event co-chairs Michael Roizen, MD, first chief wellness officer of the Cleveland Clinic, and Victor Koo, China-based wellness entrepreneur, will work with Davis and GWS CEO Susie Ellis to shape the agenda.

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PHOTO: DAVINES GROUP

■ Bollati wants the group to lead by example in the beauty industry

**We hope our partnership will serve as a catalyst for change in the field of sustainability**

## Davide Bollati reveals Davines' new partnership

Davines Group has partnered with the Rodale Institute to unveil a dedicated regenerative organic agriculture research facility at Davines Group's Italian headquarters in Parma.

This partnership is an effort to propel the regenerative organic movement beyond just food to beauty and personal care.

The new facility will encompass a 10-hectare site and focus research and education on small- to mid-size European farms growing crops for beauty, nutrition and food.

Headquartered in Pennsylvania, US, Rodale

Institute is a non-profit dedicated to growing the organic movement through research, farmer training and consumer education.

"Partnering with Rodale Institute is a collaborative way to take greater steps on our journey to making the world a more beautiful place through beauty, ethics and sustainability," says Davide Bollati, Davines Group owner and chair.

"We hope our partnership will not only positively impact our product development and supply chain but also serve as a catalyst for change."

**READ MORE ONLINE**

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## RECOGNITION

### European spa towns achieve UNESCO status

The United Nations Educational, Scientific and Cultural Organization (UNESCO) has honoured 11 European spa towns and added them to its esteemed World Heritage List.

The new transnational serial World Heritage Site is composed of The Great Spa Towns of Europe which comprise 11 famous historic thermal spa towns and cities in seven countries.

Each town was founded around natural mineral springs and their inscription onto the list will bring them better protection and enhanced cooperation in the fields of heritage conservation, balneology/health, tourism and promotion.

The group includes the following locations:

- Baden bei Wien, Austria
- Spa, Belgium
- Karlovy Vary, Czech Republic
- Mariánské Lázně, Czech Republic
- Frantiskovy Lázně, Czech Republic
- Vichy, France
- Baden-Baden, Germany
- Bad Ems, Germany
- Bad Kissingen, Germany
- Montecatini Terme, Italy
- Bath, UK

The nomination was prepared jointly by Austria, Belgium, France, Germany, Italy, the UK and the Czech Republic – which managed and coordinated the entire project.



PHOTO: BATH, NORTH EAST SOMERSET COUNCIL

■ The UK city of Bath has been honoured by UNESCO

The spa towns will join 1129 locations on the list including Australia's Great Barrier Reef and The Vatican in Italy.

Lubomír Zaorálek, the Czech Republic's minister of culture, remarked: "The

project is an excellent example of international co-operation between ministries and institutions, experts and representatives of several municipalities in seven European countries."

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## GROWING FOOTPRINT

### Therme Group to unveil waterfront resort in Toronto



PHOTO: THERME GROUP



**Therme is an urban oasis where people can boost their health**

Robert Hanea

Global wellbeing organisation, Therme Group, has today announced plans for a CAN\$350m (€236.3m, £201.8m, US\$280.8m) waterfront wellbeing resort in Toronto, Canada, at Ontario Place.

Therme Canada | Ontario Place will be a family-friendly experience with indoor and outdoor pools, waterslides and a wave pool, natural spaces to relax, sports performance and recovery services and botanical gardens.

Programming will include fun and healthy activities for all ages, and affordable wellness therapies to meet all needs.



PHOTO: THERME GROUP

■ Construction is projected to take a year

Dr Robert Hanea, CEO of Therme Group, said: "Therme is a natural urban oasis where people can boost their physical and mental health.

"Bringing this offering to both the UK with Therme Manchester, and now Canada with will further progress us in our journey of bringing wellbeing to all."

[READ MORE ONLINE](#)

## RESEARCH

### ISPA unveils full 2021 US Industry Study

The International Spa Association (ISPA) has released the full findings of the 2021 ISPA US Spa Industry Study, marking the 22nd anniversary of this annual research initiative.

Following an initial preview of the research at ISPA's Stronger Together Summit in May, the 85-page report is now available for all ISPA members.

As in previous years, the ISPA Foundation commissioned PricewaterhouseCoopers

PHOTO: PWC



**The findings suggest the industry is in a position to recover**

Colin McIlheney

(PwC) to conduct the study, which surveyed more than 2,000 US spa professionals.

"This year's edition of the study is critical not only to understanding the pandemic's effects on the US spa industry but also to measuring its recovery as we move forward," said PwC global research director Colin McIlheney.

"The study's findings suggest that the industry is in a position to recover well throughout 2021 and into 2022."

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## VISITING PRACTITIONERS

### Dance therapy expert helps guests reawaken their energy

The Ozen Collection has launched a brand new spa concept called Ele | Na Elements Of Nature at its two resorts in the Maldives

The concept is designed to offer a 360-degree wellness experience and go beyond typical spa programming.

To this end, Ozen has organised a visiting practitioner series with a global line-up.

A highlight of the line-up will include Lorelei Bulan – a specialist in dance therapy, organic movement and breathing.

Her Therapeutic Movement & Contemporary Dance



SHUTTERSTOCK/MANO

■ The session will help guests forget their inhibitions

PHOTO: THE OZEN COLLECTION



**Dance is one of the most therapeutic form of movement**

Lorelei Bulan

session will help participants develop individual freedom and confidence through mirror-imaging, contact improvisation and grounding turns to help them release inhibitions and achieve harmony of mind, body and spirit.

"Dance is one of the most therapeutic forms of movement and art as it involves all senses, using the body and space where the body exists," Bulan said.

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### CONTACT

Biologique Recherche - 32 avenue des Champs-Élysées - 75008 Paris - [www.biologique-recherche.com](http://www.biologique-recherche.com)



## PROGRAMMING

### New retreats celebrate power of silence

Italian destination spa Preidlhof in South Tyrol has been certified as a “Quiet Stay” by Quiet Parks International, a non-profit organisation committed to the preservation of quiet places for over 50 years.

To protect the essential need for silence, Preidlhof’s spa director, Patrizia Bortolin has created five new holistic experiences.

Available to guests on retreats or programmes, the journeys promote inner peace and communion with



**Silence represents  
a source of  
continuous healing  
and regeneration**

Patrizia Bortolin

nature, including woodland walks at night, trails along mountain streams, mindfulness practices in the Mediterranean herb garden and Kneipping in amidst natural waterfalls.

Each one embraces silence and teaches guests to observe and appreciate the benefits it can bring to their wellbeing.

Bortolin believes that: “silence represents a source of continuous healing, regeneration and creativity.”

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## RESEARCH

### Exercise reduces risk of disease by changing DNA

Researchers have established that regular exercise changes the DNA of skeletal muscle cells, reducing the risk of disease.

The finding comes from a study by the University of Copenhagen which reveals how exercise remodels the DNA in skeletal muscle, so new signals are established to keep the body healthy.

While it's known that regular physical exercise decreases the risk of virtually all chronic illnesses, the mechanisms at play have not been fully understood. The discovery suggests the beneficial effects of physical



■ Scientists studied biopsies of participants' thigh muscle

exercise may – in part – come from the epigenetic changes they prompt.

The research team studied a group of healthy young men through a six-week endurance exercise programme.

A biopsy of participants' thigh muscle was collected before and after the exercise intervention and examined to see whether changes in the epigenetic signature of their DNA occurred as a result of training.

Scientists discovered that after completing the endurance training, the structure of many enhancers in the skeletal muscle had been altered.

By connecting these enhancers to genetic databases, they discovered many of the regulated enhancers have already previously been identified as hotspots associated with human disease.

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## spa business news

### THAI MEDICINE

## RAKxa's Long-Covid retreat taps TTM

RAKxa, Thailand's integrative wellness and medical retreat in Bangkok, has launched a new package designed for Long-Covid sufferers which blends Traditional Thai Medicine (TTM) and Western medicine.

Available for three nights, the programme includes TTM's established Ya-Pao ritual where a herbal paste is placed on guests' stomachs and then lit on fire by an experienced practitioner to help detoxify respiratory systems. The mound of herbs is also gently



**Traditional Thai Medicine is based on the four natural elements**

wrapped with a cooling towel to protect the rest of the body.

The 110-minute practice follows TTM's philosophy which is underpinned by a belief that the body is based on the four elements.

The heat from the treatment is intended to help remove excess water elements such as phlegm and mucus. After the ritual, the doctor prepares a herbal steamroom to make it even easier to remove phlegm, mucus and encourage total body detoxification.

[READ MORE ONLINE](#)

### UPGRADES

## Waldorf Astoria Maldives unveils new Aqua Wellness centre

Waldorf Astoria Maldives Ithaafushi has upgraded its spa with a new Aqua Wellness Centre to enhance guests' wellness journey.

The 7,735sq ft Aqua Wellness Centre features a custom-built hydrotherapy pool, ice fountain, steamroom and sauna, and also offers a new menu of water therapy treatments to relieve stress and instil a sense of relaxation.

The 2,906sq ft outdoor hydrotherapy pool is designed in zones, where each station of the pool has been designed to carefully target a different part of the body.



■ The hydrotherapy pool includes a range of zones



**The Aqua Wellness Centre is a harmonious haven of wellbeing**

Etienne Dalancon

A highlight of the new menu includes the 120-minute Aquatherapy Escape package costing US\$380 (€320, £272) per person.

"The Aqua Wellness Centre and hydrotherapy pool are harmonious havens of wellbeing and aim to quickly reset travellers' bodies so they can enjoy the Maldives to the fullest," said Etienne Dalancon, resort GM general manager.

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# Soak in the city

QC Terme is gearing up to unveil a US\$50m Italian thermal spa on NYC's historic Governor's Island with sweeping skyline views



■ The spa will open on new York's Governor's Island (pictured)

SHUTTERSTOCK/LAURA SAN FILIPPO

A 74,000sq ft Italian day spa is set to debut this September on New York's picturesque Governors Island after a US\$50m (€42.3m, £36.1m) investment and seven years of planning and restoration.

### The vision

Named QC NY, the destination is the 10th property in the portfolio of Milan-based wellness company QC Terme Spas & Resorts. It marks the brand's US debut and its first outpost outside of Europe.

Just minutes from the bustle of Manhattan and Brooklyn via ferry, QC NY is designed as an enchanting oasis complete with lush grounds, outdoor thermal pools with striking views of Manhattan, Brooklyn and New Jersey, themed saunas and relaxation rooms – each with its own meticulously curated personality, scent and music.

The location includes three historic army barrack buildings designed by architecture firm Rogers & Poor. Dating from the early 1900s, they were once used as officers' quarters and feature Collegiate Gothic architecture.

New York architect Bob Henry has been working with QC Terme on the project for the last seven years with a design remit to bring the brand's signature Milan wellness experience to the US.

“We're delighted to bring the quality of our spas to North America and have further plans to expand worldwide





■ The US\$50m thermal day spa will open in September



PHOTO:QC NY

## I was inspired to deliver a therapeutic aqua-journey with delicious views back to Manhattan

"I was inspired to re-purpose three landmarked buildings into a 'wellness campus' and integrate QC Terme's unique hydrotherapy pools within this landscape to deliver a therapeutic aqua-journey with delicious views back to Manhattan," he told *Spa Business*.

In Henry's opinion, QC NY will be an inclusive and affordable day resort, providing guests with the ultimate wellbeing experience coupled with endearing Italian hospitality.

Other wellness experiences will include Vichy showers, infrared beds, foot baths, hydro jets, steam baths and more.

### The offering

In addition to the spa amenities, guests will be able to purchase massage treatments, Italian bites and alcoholic beverages while they relax and restore. Guests can now pre-book 25-, 50- or 75-minute massages,

which can be customised with a choice of music, technique, and aromas.

Massage treatments range between US\$100 (€85, £72) and US\$250 (€212, £181) and will be powered by sustainable Italian skincare brand Comfort Zone.

Day Passes, which start at US\$88 (€74, £64), will include access to the entire spa, all amenities for the whole day and a round-trip ferry ticket.

The only exclusions are food, drink and massage services, which can be booked by appointment.

Francesco Varni, QC Terme Group CEO commented: "We're thrilled to see the New York vision come to light since we signed our lease four years ago on Governors Island.

"We're delighted to bring the quality and integrity of our spas to North America and we have plans to expand the QC experience not only in North America but worldwide." ●



■ New York architect Bob Henry has been working with QC Terme on the project for the last seven years



# Island getaway

A unique immersive wellbeing retreat is set to open in Q4 under Turkish-based Gürallar Group's Joali brand



■ Claire Way, managing director of Spa Strategy

A new nature immersive wellbeing retreat island named Joali Being will launch on a tropical Maldivian island in late 2021, conceived with input from Spa Strategy's Claire Way and researcher Gerry Bodeker.

The retreat is being designed as a haven of personalised and results-driven transformative programmes which leave guests feeling renewed, uplifted and inspired, with a new sense of weightlessness.

The 68-villa retreat's philosophy is underpinned by four wellbeing pillars – mind, skin, microbiome and energy – and the project has been conceived with a sense of purpose and synergy so all elements work together to help guests leave feeling healthier and happier, even if they decide not to deeply engage in wellbeing services.

Programmes will last between five days to three weeks and all begin with an Intelligent Movement Analysis and an Integrative Health Assessment.





PHOTO: JOALI BEING

■ During construction, the island's wild forest is being left untouched by architects Cuneyt Bukulmez

Way describes Joali Being as a stunning location that's a complete break from life, which is both remote yet accessible.

"There are no distractions, only transformational spaces spread across the island, where everything you do enhances your health," said Way, "the entire location is dedicated to enhancing wellbeing and bringing guests back to a new sense of weightlessness."

The concept of weightlessness anchors the retreat's philosophy and has been developed with the help of Bodeker.



There are no distractions, only transformational spaces spread across the island dedicated to enhancing wellbeing

## Wellness facilities

Joali will feature a 39-treatment-room spa – named Areka – supplied by Lemi and offering scientific therapies, diagnostic services, educational programmes and specialised therapeutic and alternative healing treatments.

Areka will be complemented by Aktar, a dedicated herbology centre. Here, guests will be able to address wellbeing concerns with a resident herbalist who specialises in preparing natural remedies using herbs, spices and essential oils.●







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# SUPPLIER NEWS

Suppliers tell Spa Business insider about their latest product, design and technology launches

For the latest supplier news and company information, visit [spa-kit.net](http://spa-kit.net)



PHOTO: 11SKIN

■ The brand's holistic oils and healing scents line 111Aromatics are used throughout treatments and available for purchase at the spa

## 111Skin makes Irish debut at Adare Manor with bespoke Rose Gold Renaissance facial



PHOTO: 11SKIN

■ Dr Yannis Alexandrides, 111Skin co-founder

Historic Irish castle spa and golf resort Adare Manor has partnered with skincare brand 111Skin to introduce an innovative spa experience, unique to Ireland.

The new 111Spa/Clinic at Adare Manor in County Limerick is offering guests a bespoke spa menu, made in collaboration between the property and skincare brand, utilising signature techniques and 111Skin skincare.

Developed by leading cosmetic surgeon Dr Yannis Alexandrides and brand visionary Eva Alexandrides, 111Skin is the culmination

of 20 years of surgical knowledge and medically-inspired delivery methods.

"Our revolutionary spa concept offers aesthetic performance face and body treatments and provides the ultimate luxury experience, elevated with medically-inspired innovation and 111Skin products," Alexandrides commented.

A standout feature of the menu is the exclusive treatment only to be found at Adare Manor, The Rose Gold Renaissance.

This 90-minute ritual utilises both Rose Quartz Crystals

and precious gold sheets for a luxurious and relaxing facial.

Additional treatments include the unique Cryotherapy Energy Facial using cryo technology and the 111Body Aesthetics collection which is made up of targeted treatments that focus on specific sections of the body to full-body experiences.

The brand's holistic oils and healing scents line 111Aromatics is used throughout treatments and available for purchase at the spa.

More on [spa-kit.net](http://spa-kit.net)

**READ MORE ONLINE**

## Biologique Recherche introduces new sculpting body cream



PHOTO: BIOLOGIQUE RECHERCHE

■ **Laure Bouscharain,**  
Biologique Recherche's  
head of R&D

**B**iologique Recherche has unveiled Liposculpt AC – a multi-action slimming care product designed to refine the figure, reduce the appearance of cellulite and firm the skin.

The formula's lipolytic and draining active ingredients are blended to help combat adipose cellulite and aqueous cellulite. Together they're claimed to facilitate the elimination of fatty deposits and water stored in the tissues.

Biologique Recherche recommends applying Liposculpt AC in the morning and evening onto areas to be treated – including the stomach, buttocks,

thighs and arms – using upward movements.

"With its unique combination of lipolytic and draining active ingredients, Liposculpt AC is a genuine ally in the promotion of fat breakdown to reduce adipose tissue," explained Laure Bouscharain, head of R&D.

"This body care product reduces the appearance of cellulite, visibly refines the figure and firms the skin with a view to realigning the body."

The new product is the combination of two of Biologique Recherche's existing slimming creams named Crème Anti-C and Crème Amincissante MC110.



PHOTO: BIOLOGIQUE RECHERCHE

■ **Liposculpt AC has been created to target cellulite**

More on [spa-kit.net](http://spa-kit.net)

**READ MORE ONLINE**

## Germaine De Capuccini unveils brightening Vitamin C facial

**S**panish skincare brand Germaine de Capuccini has created a new vitamin C facial designed to leave clients with a glowing complexion and a more even skin tone.

The 60-minute Timexpert Radiance C+ Illuminating Facial treatment incorporates four products including:

- Synergyage – Aox System Ferulic Acid
- Timexpert C+ Pure Vitamin C Antioxidant Facial Concentrate
- Timexpert Radiance C+ Energising Facial Oleo Serum with Vitamin C
- Timexpert Radiance C+ Illuminating Anti Fatigue Mask with Vitamin C.

The above products are blended with vitamin E and ferulic acid to amplify Vitamin



PHOTO: GERMAINE DE CAPUCCINI

C's effects. Products are also enriched with Japanese Ume plum extract plus Germaine de Capuccini's patented HLG nanopolymer compound.

Made up of hyaluronic acid, lysine and glutamic acid, HLG nanopolymer is designed to

stimulate cell metabolism, maximise the formula's benefits and provide high levels of hydration and improve firmness.

"The addition of the patented HLG nanopolymer is responsible for multiplying the effectiveness of vitamin



■ **Clare Dickens, MD**  
of **Totally UK**

C a further six times in both the retail and professional products," said Clare Dickens, MD of Totally UK, Germaine de Capuccini's UK distributor.

More on [spa-kit.net](http://spa-kit.net)

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all skin types. The efficacy and tolerance were tested  
on day 0, 14 and 28. Performed by Laboratoires  
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Individual results may vary.

## Scrummi Spa launches plant-based compostable therapist aprons

**S**ustainable textile brand Scrummi Spa has introduced a new protective apron for therapists working in the professional beauty sector that's 100 per cent plastic-free and made from plant-based material.

Recognising the concerns of the professional beauty industry over the large volumes of plastic and non-recyclable PPE being used due to the pandemic, the team at Scrummi set out to provide more planet-friendly alternatives.

The new BioApron is certified by the internationally-recognised Seedling standard EN13432 meaning it's suitable for composting in commercial and domestic waste streams.



PHOTO: SCRUMMI SPA



■ Robert Cooper, managing director of Scrummi Spa

"The global beauty sector is currently using thousands of tonnes of plastic and non-recyclable PPE every month," says Robert Cooper, MD of Scrummi and co-founder of the Sustainable Spa Association,

"Any dent we can make in this with more sustainable options is a benefit both our industry and the planet.

"Our core value of instilling sustainability into everything we do means we're always

looking to provide innovative sustainable solutions to the next environmental challenge within spa and beauty."

More on [spa-kit.net](https://spa-kit.net)

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## Team Dr Joseph launches sustainable amenity collection



PHOTO: © TEAM DR JOSEPH

■ Fabian Franz, Team Dr Joseph management

**S**kin health and spa brand Team Dr Joseph has unveiled the Zero Waste Natural Body Care collection, designed not only to benefit skin and hair, but also the planet.

Rich in valuable oils and active ingredients, the skincare brand has launched sustainable solid amenity cubes available in three different formulations: White Pearl Hand Wash, Radiant Rose Shampoo + Conditioner and Green Grace Body Wash.

To use the cubes, consumers wet them like soap to reveal a mild foam designed to leave skin or hair feeling soft and supple.

According to the company, one cube produces the equivalent of 500ml of shampoo.



PHOTO: © TEAM DR JOSEPH

■ To use the cubes, consumers wet them like soap to reveal a foam

All packaging is created from FSC recycled paper plus Team Dr Joseph has produced a travel bag for the amenities to encourage consumers to take the cubes wherever they go.

Fabian Franz, Team Dr Joseph management, said: "We wanted to

develop alternative hotel amenities that are 100 per cent natural, skin-friendly, regionally produced, plastic- and packaging-free, and also respect the hotel's budget."

More on [spa-kit.net](https://spa-kit.net)

**READ MORE ONLINE**

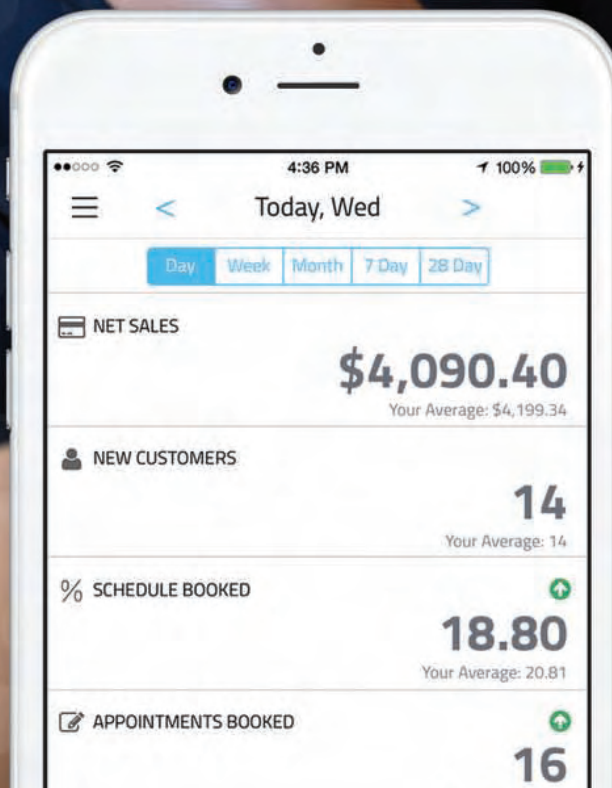




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# WEB ADDRESS BOOK

Connect with spa organisations from around the world.

We welcome your entries – write to [spat@leisuremedia.com](mailto:spat@leisuremedia.com)

**Asia-Pacific Spa & Wellness Coalition (APSWC)**

■ [www.apswc.org](http://www.apswc.org)

**Association of Malaysian Spas (AMSPA)**

■ [www.amspa.org.my](http://www.amspa.org.my)

**Bali Spa and Wellness Association**

■ [www.balispawellness-association.org](http://www.balispawellness-association.org)

**Brazilian Spas Association**

■ [www.abcs spas.com.br](http://www.abcs spas.com.br)

**Bulgarian Union for Balneology and Spa Tourism (BUBSPA)**

■ [www.bubspa.org](http://www.bubspa.org)

**Association of Spas of the Czech Republic**

■ [www.jedemedolazni.cz](http://www.jedemedolazni.cz)

**Estonian Spa Association**

■ [www.estonianspas.eu](http://www.estonianspas.eu)

**European Historic Thermal Towns Association**

■ [www.ehtta.eu](http://www.ehtta.eu)

**European Spas Association**

■ [www.espa-ehv.com](http://www.espa-ehv.com)

**Federation of Holistic Therapists (FHT)**

■ [www.fht.org.uk](http://www.fht.org.uk)

**FEMTEC (the World Federation of Hydrotherapy and Climatotherapy)**

■ <https://www.femteconline.org/m>

**French Spa Association (SPA-A)**

■ [www.spa-a.org](http://www.spa-a.org)

**German Spas Association**

■ [www.deutscher-heilbaederverband.de](http://www.deutscher-heilbaederverband.de)

**Global Wellness Institute (GWI)**

■ [www.globalwellnessinstitute.org](http://www.globalwellnessinstitute.org)

**Green Spa Network (GSN)**

■ [www.greenspanetwork.org](http://www.greenspanetwork.org)

**Hungarian Baths Association**

■ [www.furdoszovetseg.hu/en](http://www.furdoszovetseg.hu/en)

**Hydrothermal Spa Forum**

■ [www.hydrothermal-spa-forum.net](http://www.hydrothermal-spa-forum.net)

**The Iceland Spa Association**

■ [www.visitspas.eu/iceland](http://www.visitspas.eu/iceland)

**The International Medical Spa Association**

■ [www.dayspaassociation.com/imsa](http://www.dayspaassociation.com/imsa)

**International Sauna Association**

■ [www.saunainternational.net](http://www.saunainternational.net)

**International Spa Association (ISPA)**

■ [www.experienceispa.com](http://www.experienceispa.com)

**Irish Spa Association**

■ [www.irishspaassociation.ie](http://www.irishspaassociation.ie)

**Japan Spa Association**

■ [www.j-spa.jp](http://www.j-spa.jp)

**Leading Spas of Canada**

■ [www.leadingspasofcanada.com](http://www.leadingspasofcanada.com)

**National Guild of Spa Experts Russia**

■ [www.russiaspas.ru](http://www.russiaspas.ru)

**Portuguese Spas Association**

■ [www.termasdeportugal.pt](http://www.termasdeportugal.pt)

**Romanian Spa Organization**

■ [www.romanian-spas.ro](http://www.romanian-spas.ro)

**Salt Therapy Association**

■ [www.salttherapyassociation.org](http://www.salttherapyassociation.org)

**Serbian Spas & Resorts Association**

■ [www.serbian spas.org](http://www.serbian spas.org)

**South African Spa Association**

■ [www.saspaassociation.co.za](http://www.saspaassociation.co.za)

**Spanish National Spa Association**

■ [www.balnearios.org](http://www.balnearios.org)

**Spa and Wellness Association of Africa (SWAA)**

■ [www.swaafrika.org](http://www.swaafrika.org)

**Spa Association of India**

■ [www.spaassociationofindia.in](http://www.spaassociationofindia.in)

**Spa Industry Association**

■ [www.dayspaassociation.com](http://www.dayspaassociation.com)

**Spa & Wellness International Council**

■ [www.lswic.ru](http://www.lswic.ru)

**The Sustainable Spa Association (SSA)**

■ [www.sustainable spas.org](http://www.sustainable spas.org)

**Taiwan Spa Association**

■ [www.tspa.tw](http://www.tspa.tw)

**Thai Spa Association**

■ [www.thaispaassociation.com](http://www.thaispaassociation.com)

**The UK Spa Association**

■ [www.spa-uk.org](http://www.spa-uk.org)

**Ukrainian SPA Association**

■ [www.facebook.com/UASPA](https://www.facebook.com/UASPA)