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GWS unveils 2022 wellness trends

The Global Wellness Summit (GWS) has launched its annual trends report revealing the top 10 new trends for the year ahead in health and wellness.

The Future of Wellness 2022 contains individual chapters dedicated to each trend and goes in-depth on the major shifts ahead in spa, nutrition, wellness travel, wellness real estate, women's health, men's wellness, healthcare, technology and sustainability.

Topics range from soil exposure's effects on human health, senior living and wellness travel to toxic masculinity in men's fitness, health and wellness coaching and urban bathhouses.

The evidence-based forecast is based on the insights of global executives of wellness companies, economists, doctors, investors, academics and technologists that gather each year at the GWS.

"It's always daunting to predict trends in the fast-moving wellness space, but it's especially challenging two years into



PHOTO: OC TERME

■ The report features a chapter highlighting a global urban bathhouse renaissance

a pandemic where the long-promised 'post-pandemic world' is becoming visible but is repeatedly delayed," said Susie Ellis, GWS chair and CEO.

"One thing this forecast makes clear is that the future of wellness will be anything but a 'restart' of 2019.

"What consumers now need most – what they perceive as 'true wellness' – has profoundly changed."

The trends were unveiled at the first Global Wellness News media event in New York City.

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PHOTO: KERZNER INTERNATIONAL

PEOPLE

Zoe Wall named Kerzner's first global wellness director

Is Kerzner planning to up its wellness game?

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PHOTO: ROYAL CARIBBEAN

NEWS

World's largest cruise liner features vast onboard spa

Royal Caribbean's *Wonder of the Seas*

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SHUTTERSTOCK/KATHY/HUTCHINS

INSIGHTS

Pharrell Williams to unveil Bahamian beach resort

Popstar will expand hospitality portfolio

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Zoe Wall appointed as Kerzner's first global wellness director

Industry veteran Zoe Wall has begun a new role as global wellness director for resort developer and operator Kerzner International.

Wall's appointment marks Kerzner's first global director of wellness and could signal the brand's ambition to further integrate wellness into its offerings.

In recent years, Kerzner has grown its commitment to wellness through moves including aligning One&Only with leading health, medical wellness and wellbeing brand Chenot Group in 2019. The partnership saw Chenot curate a bespoke retreat concept – named Chenot for One&Only – for the brand, and now Chenot spas are located at



PHOTO: KERZNER INTERNATIONAL

■ Zoe Wall has spent 18 years in the spa and wellness industry

Wall's appointment could signal Kerzner's ambitions to further integrate wellness into its offerings

One&Only resorts in Malaysia and Montenegro, with plans for a third in Corfu by Q4 2022.

Kerzner also plans to launch SIRO, a hospitality concept inspired by fitness.

Before her role with Kerzner, Wall enjoyed a four-year tenure as group director of spa, Asia, at MSpa International, the spa management arm of Minor Hotel Group.

She began her career in the industry working as an aesthetician on board spas with Steiner – the world's largest operator of spas at seas. In 2008, Wall moved to Dubai, where she was part of the pre-opening team of the spa at Atlantis The Palm.

Five years later, she joined Anantara Hotels & Resorts – one of Minor's brands – as spa director in Dubai.

She then progressed to a role with Natura Bissé, before joining MSpa.

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Karen Wilkinson announces launch of Bannatyne Group's first airport spa



PHOTO: BANNATYNE GROUP

■ Karen Wilkinson, operations director at Bannatyne Group

The Bannatyne Group has opened the doors to its first airport spa at Teesside International Airport, in Northern England.

Following a £100,000 (US\$135,000, €118,000) investment, the travel spa launched in the airport's departure lounge and is open to all passengers travelling from the newly refurbished airport.

The spa is offering a range of 15-30-minute treatments, initially by appointment only, and experiences

We'll look at the popularity of each treatment line to ensure we're meeting expectations

including massage chairs, manicures and pedicures, hands-on massage and LED face masks.

British wellbeing brand Elemis is Bannatyne's main skincare partner and has been instrumental in realising the spa.

Karen Wilkinson, operations director at the Bannatyne, said: "The new airport is looking fantastic, and

flights are being added to more destinations.

"It's great that we can be a part of its success story and offer commercial and leisure passengers some pampering before their flights.

"We'll continue to monitor customer's demands to ascertain if we need to roll out extra treatments that aren't offered."

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PHOTO: ZULAL WELLNESS RESORT

■ Johannessen has experience across the global industry

{ **With Sandie's appointment we'll be further well-positioned to continue the vision of Chiva-Som through Zulal** }

Sandie Johannessen joins Chiva-Som's Zulal team

Chiva-Som, has announced Sandie Johannessen as the new director of health and wellness at Zulal Wellness Resort by Chiva-Som, the brand's first international outpost alongside its flagship in Thailand.

With a grand opening scheduled for February, Chiva-Som claims Zulal will become the largest wellness destination in Qatar and the world's first centre for Traditional Arabic and Islamic Medicine.

Johannessen brings two decades of expertise in natural wellness to her new role, as

well as experience in global wellness markets – including the US, UK, Scandinavia, Malaysia, Maldives, Thailand, India and Seychelles.

Before joining Zulal, she spent seven-years at Four Seasons which culminated in her final role as senior spa director of Asia Pacific.

She also previously held spa director roles at Aman and Shangri-La.

"With Sandie's appointment, we'll be further well-positioned to continue delivering the vision of Chiva-Som through Zulal," said Krip Rojanastien, Chiva-Som chair and CEO.

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EXPERIENTIAL WELLNESS

World's largest cruise ship will go big on wellness

Royal Caribbean (RC) is preparing to launch its new 18-deck ship, *Wonder of the Seas*, which it claims is the world's largest-ever cruise liner.

Wonder will make its debut in Florida in March to begin sailing tours to the Caribbean before heading to Barcelona and Rome, to deliver summer cruises in the Mediterranean.

The ship will accommodate 6,988 guests and offer opportunities for wellness experiences at sea via one of RC's signature Vitality spa and fitness centres.

The spa menu will provide a taste of both European spa rituals and medi-wellness treatments. Brand partners include Elemis, bliss, La Thérapie and Ionithermie.

The ritual line-up will feature massages, wraps, facials and acupuncture, as well as treatments to smooth wrinkles, lift and tone. RC will also provide hair and nail services at the spa's salon.

The wellness offering will cater to fitness enthusiasts with an gym, jogging track, outdoor sports court, PT services and a classes such as yoga, Pilates, spinning and sculpting.

"*Wonder* will energise cruising in a bolder and bigger way," said RC group president and CEO Jason Liberty, "adding it to our fleet elevates the company in continuing to lead the industry with new features and innovation."

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PHOTO: ROYAL CARIBBEAN

■ *Wonder* will become Royal Caribbean's 26th cruise liner



“

***Wonder* will energise cruising in a bolder and bigger way**

Jason Liberty

MINDFULNESS

Free mindfulness subscription for England's rail commuters



“

The rewards website helps enhance customers' on-train and at destination experiences

Jacqueline Starr

English rail industry body Rail Delivery Group has launched a rewards platform to support commuters returning to the office after the easing of COVID restrictions.

The national Commuter Rewards website has been launched to help commuters make the most of their travel, with offers including a free one-month subscription to The Mindfulness App. This will provide access to meditation and mindfulness guides to help users de-stress, get better sleep and improve their relationship with themselves.

Jacqueline Starr, CEO at Rail Delivery Group, said: "Designed to



SHUTTERSTOCK/PIKSELSTOCK

■ Rail commuters can sign up for free mindfulness

encourage and support commuters as they return to the office, the rewards help enhance customers' on-train and at destination experiences."

To take advantage of the rewards, rail commuters can sign up on Rail Delivery Group's official website and pick the rewards they want.

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MENTAL HEALTH

New mental wellness platform launches

A new platform hopes to make looking after mental health “as normal as going to the gym”.

MindLabs uses live and on-demand content to help people overcome stress, anxiety and low mood and help improve sleep patterns.

The “video-first mental wellness platform” is based on neuroscience and utilises expert knowledge from mindfulness practitioners, ranging from breathwork specialist Richie Bostock to neuroscientist Anne-Sophie Fluri.



PHOTO: MINDLABS

■ MindLabs is focusing on improving mental health

Classes are designed to help users rewire their brains.

Co-founder and CEO of MindLabs, Adnan Ebrahim, said: “For far too long,

we’ve neglected taking care of our minds in the same way we take care of our physical selves.”

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GROWTH

Raffles’ first North American hotel launching in Boston

Raffles Hotels and Resorts is set to make its North American debut in the heart of Boston, Massachusetts, in 2022.

The US\$400mn (€358.5mn, £298.5mn) Raffles Boston Back Bay Hotel & Residences will feature an urban wellness sanctuary, consisting of a state-of-the-art Raffles Spa, fitness centre and indoor pool.

Designed by Boston-based firm The Architectural Team, the 35-storey location will be home to 147 rooms.

The project is a joint venture between Trinity Stuart LLC – a partnership between two Boston entities: The



PHOTO: ROCKWELL GROUP/BINMAN STUDIOS

■ The spa will be an urban wellness sanctuary



“**Raffles Boston is set to be a landmark development with a one-of-a-kind hospitality offering**

Jonathan Goldstein

Noannet Group and hotelier Gary Saunders’ Saunders Hotel Group – alongside privately held investment firm Cain International. “With its unique position overlooking the Charles River, Back Bay skyline and Boston Harbour, Raffles Boston is set to be a landmark development with a one-of-a-kind hospitality offering,” said Jonathan Goldstein, Cain International CEO.

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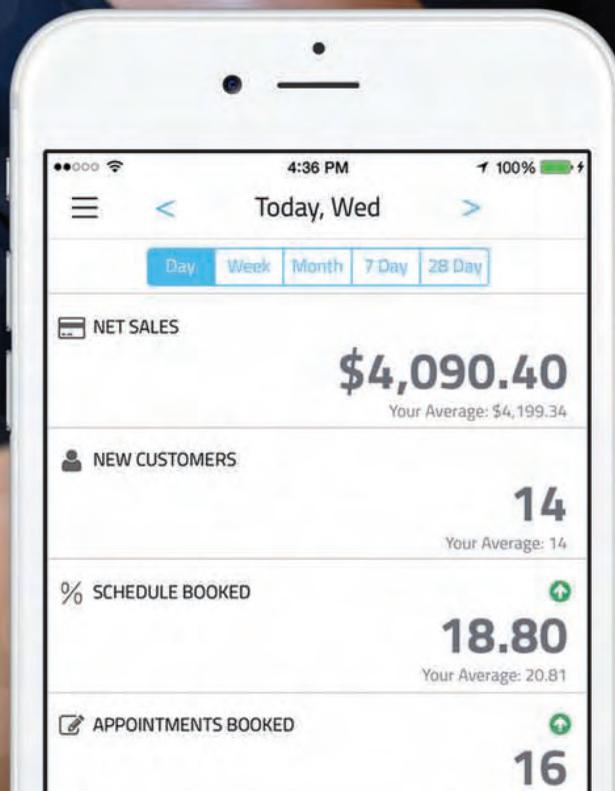
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MEDI-WELLNESS

Dorchester Spa introduces IV drip facility

The Dorchester Spa in Mayfair, London, has refreshed its offering with a new intravenous (IV) drip clinic and a residency with evidence-based cosmetic and aesthetic treatment specialist Dr Uliana Gout.

Gout is the founder of Harley Street's London Aesthetic Medicine (LAM) Clinic and is working with guests to deliver bespoke treatments focused on hyper-personalisation.

Her approach is holistic and based on a signature LAM multi-layered strategy, ensuring all tissues are addressed using multiple treatments in each session.



Spa director Sally Pedder commented: "This collaboration came through a shared value of complete discretion and respect for guest privacy with a bespoke service from the moment they arrive."

The spa offering has been diversified further with IV nutrition therapy, via a partnership with The Elixir Clinic.

A selection of infusions are available either at The Dorchester Spa or for hotel guests within the comfort of their room.

[READ MORE ONLINE](#)



This collaboration came through a shared value of complete discretion and respect for guest privacy

Sally Pedder

RESEARCH

Premature death rates decrease the more people exercise

More than 110,000 premature deaths could be prevented yearly in the US if adults over 40 added 10 minutes of moderate to vigorous exercise to their daily routine, according to new research.

The study found that the more people exercised, the more premature death rates decreased.

A team of researchers at the National Cancer Institute in Rockville, US, used data from the National Health and Nutrition Examination Survey (NHNES) to determine their findings.



■ The research was published in *JAMA Internal Medicine*

They looked at activity levels of 4,840 participants aged between 40-85 – recorded by the NHNES from 2003 and 2006 – and then tracked death rates till the end of 2015.

Adding 10 minutes exercise daily led to a 6.9 per cent decrease in deaths per year – translating to an estimated 111,174 prevented premature deaths each year in the US.

Increasing the amount of exercise by 20 or 30 minutes was associated with a 13.0 per cent and 16.9 per cent decrease in the number respectively.

"In this study, we estimate 110,000 deaths per year could be prevented if US adults aged 40-85 years or older increased their daily exercise levels by, 10 minutes," researchers said.

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Star-quality

Pharrell Williams has announced plans to launch a tropical Bahamian beach resort, as *Spa Business insider* reports



■ Pharrell Williams:
rapper, producer, musician,
entrepreneur – and hotelier

SHUTTERSTOCK/KATHA HUTTONINS

Multi-Grammy award-winning musician and entrepreneur, Pharrell Williams, is creating a beachfront resort in The Bahamas in partnership with Miami Beach-based hospitality entrepreneur and owner of Groot Hospitality David Grutman.

A dynamic duo

Named Somewhere Else, the project marks the duo's third hospitality project. Their portfolio already includes an indoor-outdoor dining concept, called Swan, as well as the Goodtime Hotel, both of which are based in Miami.

The upcoming beachfront resort will open in January 2024 on the Bahamas' famed Atlantis Paradise Island and find its home within the complex's existing The Beach hotel, following a comprehensive refurbishment.

Preserving history

The Beach was the island's first resort and was designed by the late architect Morris Lapidus who is celebrated as one of the original pioneers of the neo-baroque Miami Modern era during the years 1950-60.

Williams is no stranger to the world of wellness, having launched his eco-conscious inclusive body and skincare brand, Humanrace



■ The upcoming beachfront resort will open in January 2024

PHOTO: PARADISE HOSPITALITY



In order to care for others, you need to make sure you take care of yourself



Williams and Grutman are looking to enhance and build on Lapidus' creation as they breathe new life into the location. They plan to create a destination characterised by a sense of tropical modernism, lushly landscaped grounds, a pink palette and an indoor-outdoor design approach.

Somewhere Else will feature 400 rooms and is being refreshed with input from New York-based architecture firm The Rockwell Group.

Where will wellness fit in?

With regards to wellness, guests will be able to visit Paradise Island's existing 30,000sq ft Mandara Spa which offers both Asian-inspired and European-style wellness experiences.

Williams and Grutman haven't outlined plans for in-house wellness facilities at their resort, however, Williams is no stranger to the world

of wellness having launched his own eco-conscious inclusive body and skincare brand, Humanrace, in 2020.

The collection is designed to benefit mind, body and spirit and is an extension of Williams' passion for all facets of wellbeing.

He comments: "There's a lot of unrest in the world right now and it's more important than ever to take care of ourselves. Your wellbeing is important – in order to care for others, you need to make sure you take care of yourself as well."

Having already dipped his toe into the sector, this could suggest Williams may weave wellness into the resort concept and its offering.

Additional facilities at Somewhere Else will include bungalows with recording studios, a selection of dynamic dining concepts, multiple pools and leisure amenities. ●



SHUTTERSTOCK/POLA DAMONTE

■ Somewhere Else will be located on Atlantis Paradise Island in the Bahamas



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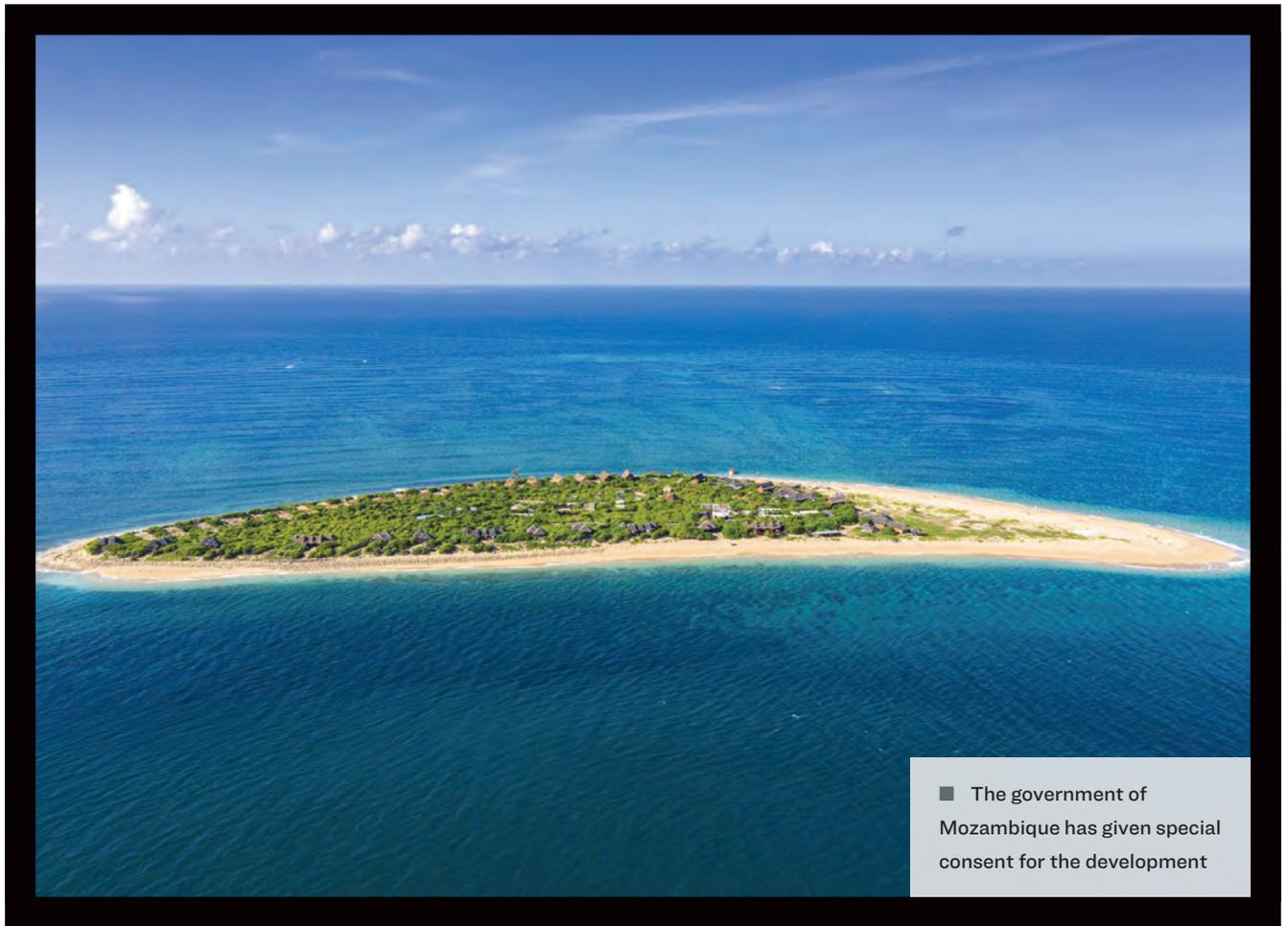


PHOTO: BANYAN TREE GROUP

Living in balance

Banyan Tree is building a solar-powered wellness retreat on a remote private island in Mozambique, as Megan Whitby reports

Two Asian-inspired wellness sanctuaries by Banyan Tree will open on luxury private islands off the coast of Mozambique in Q4 2022. The first, a signature Banyan Tree spa, will open at Banyan Tree Ilha Caldeira – a new private island getaway.

The resort will be joined by a sister island, Banyan Tree Veya Ilha Nejovo, dedicated to wellness and wellbeing. This adults-only 20-villa wellness destination will be located in the

same archipelago as Banyan Tree Ilha Caldeira and be reachable by boat.

The island resort is being built with a focus on sustainability, a central pillar of Banyan Tree's philosophy. It will be set on a previously uninhabited island within the marine reserve of the Primeiras and Segundas Archipelago.

The 40-key resort will be 100 per cent solar-powered, recruit directly from local communities and have its own desalination plant to provide sustainable drinking water.

Living the dream

To create this private island sanctuary, Banyan Tree has partnered with South African-born entrepreneur and businessman Jack Truter.

For Truter, this project is realising a lifelong dream of building an idyllic island resort off the coast of Mozambique and he's recently been given special rights by the Mozambican government to build the destination.

The team's joint goal is to develop a destination blending effortless



■ Accommodation will consist of 40 private ocean-facing pool villas, each with its own dedicated butler

barefoot luxury and a globally recognised philosophy of wellbeing and sustainability with the vibrancy of African culture and hospitality.

“This is the first five-star ultra-luxury private island development by a globally recognised hotel brand in Mozambique,” said resort general manager, Eduardo Johnston da Silva. “We’re proud to be showcasing this vibrant country.”

The resort’s spa will offer an island wellness escape for guests and feature four double treatment



This is the first five-star ultra-luxury private island development by a globally recognised hotel brand in Mozambique

rooms, as well as a single verdant garden treatment room.

Facilities will include a hydrotherapy pool, fitness and wellness centre, yoga pavilion and beauty salon.

Accommodation will consist of 40 private ocean-facing pool villas, each with its own dedicated villa host to answer guests’ every need.

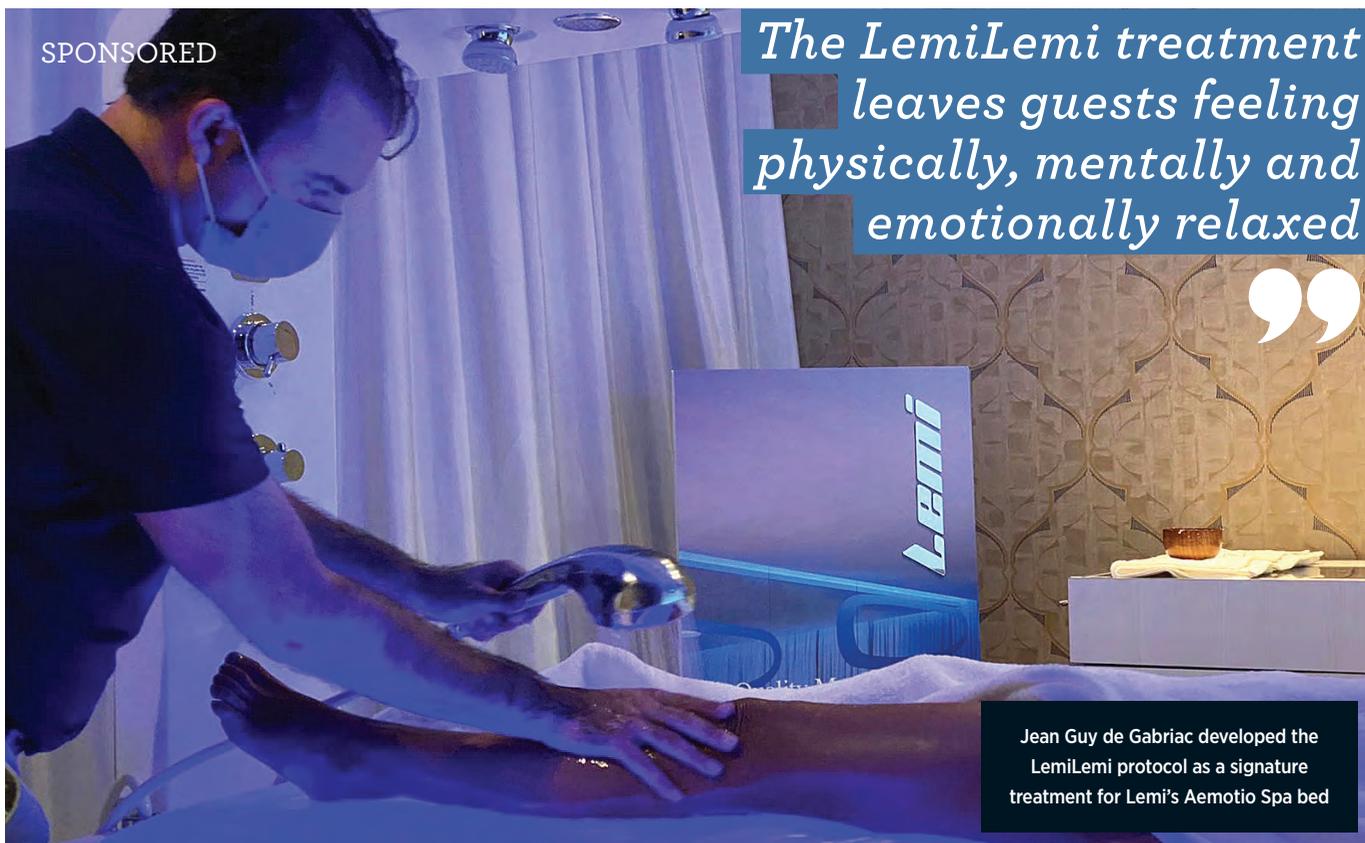
Additional facilities will include a Marine Conservation Centre, diving school, ocean-front infinity pool, helipad, gallery, wine cellar and kids club. ●

SPONSORED

The LemiLemi treatment leaves guests feeling physically, mentally and emotionally relaxed



PHOTO: LEMI



Jean Guy de Gabriac developed the LemiLemi protocol as a signature treatment for Lemi's Aemotio Spa bed

Creative fusion

Lemi and Jean Guy de Gabriac have joined forces to create a LemiLemi-inspired signature protocol that allows guests to float into total relaxation



PHOTO: TIP TOUCH

Inspired by the Hawaiian LomiLomi technique, the LemiLemi signature protocol promotes a total mind/body connection – the flow is like a dance

Jean Guy de Gabriac,
Tip Touch

Multi-functionality has been a design focus for Italian wellness manufacturer Lemi throughout its 32 years of operation.

The company's in-house research and development team has a long history of working with industry experts to deliver stylish, high-quality treatment beds that enable operators to create exceptional massage experiences for their customers, within a wide variety of spa and wellness environments.

These collaborations often include the creation of signature massages that suit Lemi's unique bed designs.

Lemi's partnership with industry innovator, educator and CEO of Tip Touch International, Jean Guy de Gabriac, resulted in the creation of signature massages, developed in 2019, specifically for two versions of Lemi's Spa Dream massage table – an 'Ocean Dream' massage was created for the water table and a 'Sand Tide' massage for the Quartz table.

The LemiLemi Experience

Now the success of these signature treatments has paved the way for the most recent collaboration – the Aemotio Spa protocol. This consists of four modules, one of which is called the LemiLemi massage.

This unique treatment, based on the Hawaiian LomiLomi massage, offers a total-body experience and is performed on Lemi's multi-functional Aemotio Spa bed, which – as with all Lemi products – is designed and manufactured in Italy and has a 10-year guarantee.

The Aemotio Spa has been an industry favourite for many years. The solid curved bed has a height-adjustable heated water mattress, a full-length Vichy shower arm with six water jets, a control panel, bolero hand shower and steam bath function.

Chromotherapy effects enhance the customer's wellbeing experience during their treatment, with a choice of seven colours.



PHOTO: LEMI



PHOTO: LEMI

The Aemotio Spa bed can also be used for a range of treatments using the steam bath (above) and Vichy shower (right)

Creative freedom

“I was given carte blanche to create three signature massage protocols to highlight the sensorial features of the award-winning Lemi massage tables,” says de Gabriac. “The aim was to help spa owners and managers elevate wellness sensations by combining high-tech with high-touch and to encourage them to find their own creative ways to use the beds.

“Inspired by the Hawaiian LomiLomi technique, the LemiLemi signature protocol is much more than just gliding forearm strokes,” says de Gabriac, “it promotes a total mind/body connection with mana – the energy of life – and the flow is like a dance, moving up and down, right and left, front and back.

“The Aemotio table allows simultaneous work on the front and back, with the client lying face up during the whole treatment and results in guests feeling relaxed physically, mentally and emotionally,” he explains.

Matteo Brusafferri, GM of Lemi believes the new treatment will inspire spa and wellness operators, saying: “The LemiLemi signature protocol on the Aemotio Spa illustrates the bed’s full treatment potential, offering

an excellent example of how spa operators can create unique customer experiences to ensure guests benefit from all the wellbeing experiences built into its unique modular design.”

The bed’s many functions can also be used to deliver a wide range of innovative, whole-body treatments that meet customers’ specific needs, including hydrotherapy, peels, slimming, toning, facials and exfoliation.

When enjoyed as a steam bath, customers are immersed in delicate perfume-infused steam amid a programme of sensory light effects, which creates a soothing, sensual treatment experience.

More: www.lemispa.com



PHOTO: LEMI



The LemiLemi signature protocol offers an excellent example of how spa operators can create unique customer experiences using Lemi beds

Matteo Brusafferri, Lemi

About the LemiLemi massage

The LemiLemi massage involves wide, fluid massage movements, which can either be gentle and enveloping to mimic sea waves, or very intense, using the therapist’s forearms or knuckles – depending on customer preference.

The bed’s heated water mattress creates a floating sensation to promote total body relaxation, while the therapist massages the upper and lower areas

of the body, allowing the customer the opportunity to enjoy a back massage while remaining face up on the bed.

The therapist’s circular hand movements, the use of scented oils, the delicate touch sensation from the Vichy shower and the warmth and gentle rocking motion of the water mattress create a multi-sensory experience that promotes total relaxation and allows the customer to enjoy powerful massage therapy benefits.

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PHOTO: VOYA

■ Voya is an Irish thalassotherapy spa and skincare brand with a strong commitment to sustainability

Voya creates exclusive seaweed spa rituals for Anantara Maia Seychelles Villas

Anantara Maia Seychelles Villas has introduced a selection of new organic spa treatments that harness the restorative powers of seaweed.

Developed in association with Irish skincare brand Voya, the treatments are designed to be kind to the environment while helping revitalise the skin.

Voya combines pure ingredients with a sustainable harvesting process, where seaweed is hand-harvested to ensure quality and avoid harming the sea bed or marine life.

In addition, only a small portion of the seaweed is cut

at a time to ensure it grows back within 8 - 12 months and harvesters move on to different parts of the reef to allow it to replenish, thus creating sustainable harvesting.

Anantara Maia Seychelles Villas is the first resort in Africa to use Voya products and two of the treatments, the Voya Signature Vegan Facial and the Maia Vichy Ritual, have been created exclusively for the resort.

Located on Mahé, the property features 30 secluded private villas set in 30 acres of forest garden by Anse Louis Beach.

Tucked into the jungle, the Anantara Spa features three open-air treatment rooms with massage tables framed by a wall of greenery.

New spa rituals include:

- The Ultimate Reviver – an all-over body scrub and wrap that incorporates organic Laminaria seaweed leaves. Available as a 60- or 90-minute experience, costing 3,200 SCR (£159, US\$216, €190) or 4,300 SCR (£220, US\$298, €263) respectively.
- Voya Signature Vegan Facial – a dual-action facial combined with a back massage to rejuvenate skin, relieve

tension and hydrate.

The ritual costs 4,210 SCR (£210, US\$284, €251) for 60 minutes, while 90-minutes costs 5,220 SCR (£260, US\$353, 311)

- Maia Vichy Ritual – this hydrotherapy shower treatment has been conceived to improve blood circulation, hydrate the skin and restore balance. Guests pay 3,850 SCR (£192, US\$260, €229) for a 60-minute treatment or 4,970 SCR (£248, US\$336, €296) for 90 minutes.

More on spa-kit.net

[READ MORE ONLINE](#)

Kemtron reveals refreshed fragrance system for spas

PHOTO: KEMITRON



■ Stephan Mayer-Klenk, Kemtron CEO

Kemtron has unveiled a new version of its Select.Arom fragrance dosing system for steamrooms, experience showers and saunas.

The system can accommodate four scents and operators can easily control the fragrance, intensity and interval times. They can also programme the pump to run on an automatic dosing cycle.

The pump operates at a pressure output of 4 bars, meaning it can effectively spread fragrances throughout the experience room.

PHOTO: KEMITRON



■ The pump can operate on an automatic dosing cycle

Kemtron has developed the dosing system with a long life but its powerful dosing capacity means the pump can be installed in a more convenient location to be reached for maintenance, rather than up high like typical pumps.

“We all know fragrances have a great impact on wellbeing because they’re absorbed in the nose and

then transmitted directly to our limbic system in the brain,” says Stephan Mayer-Klenk, Kemtron CEO.

“Fragrance dosing systems are crucial to effectively use wellness areas and provide the customer with the maximum relaxation experience.”

More on spa-kit.net

READ MORE ONLINE

Sothys launches Nutritive range to soothe dry skin

French skincare and spa brand Sothys has launched the Nutritive skincare range to offer a next-generation solution for very dry skin.

The formula is underpinned by two active macrobiotic ingredients – rapeseed phytosterols and bio-fermented yeast derived from the *Lactobacillus Plantarum* probiotic.

According to Sothys, people with dry skin tend to have an imbalance in their skin microbiota – the ecosystem of bacteria that lives on our facial skin – which can impair the skin barrier and cause dryness.

Sothys has since created the Nutritive range to combat this, comfort dry skin and protect the microbiome by



PHOTO: SOTHYS



■ Christian Mas, Sothys CEO

reinforcing the skin’s natural barrier – the hydro-lipidic film – with necessary lipids.

Three core ingredients further enrich the formula; grapevine flower plant stem cells; organic argan oil rich in omega 6 and 9 and

vitamin E; and phytosqualane derived from olive oil.

The Nutritive line features a serum, rich cream and ultra-rich cream.

Sothys CEO Christian Mas said: “Often, skincare for dry skin is only catered to with a

more comforting cream texture. As skincare masters, we always try to tackle every skin type, including the very dry skin condition that’s quite complex.”

More on spa-kit.net

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*Les Mills 2021 Global Fitness Report



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*Le Mas Candille Hôtel & Spa 5**

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WEB ADDRESS BOOK

Connect with spa organisations from around the world.

We welcome your entries – write to spateam@leisuremedia.com

Asia-Pacific Spa & Wellness Coalition (APSWC)

■ www.apswc.org

Association of Malaysian Spas (AMSPA)

■ www.amspa.org.my

Bali Spa and Wellness Association

■ www.balispawellness-association.org

Brazilian Spas Association

■ www.abcpas.com.br

Bulgarian Union for Balneology and Spa Tourism (BUBSPA)

■ www.bubspa.org

Association of Spas of the Czech Republic

■ www.jedemedolazni.cz

Estonian Spa Association

■ www.estonianspas.eu

European Historic Thermal Towns Association

■ www.ehtta.eu

European Spas Association

■ www.espa-ehv.com

Federation of Holistic Therapists (FHT)

■ www.fht.org.uk

FEMTEC (the World Federation of Hydrotherapy and Climatotherapy)

■ <https://www.femteconline.org/m>

French Spa Association (SPA-A)

■ www.spa-a.org

German Spas Association

■ www.deutscher-heilbaederverband.de

Global Wellness Institute (GWI)

■ www.globalwellnessinstitute.org

Green Spa Network (GSN)

■ www.greenspanetwork.org

Hungarian Baths Association

■ www.furdoszovetseg.hu/en

Hydrothermal Spa Forum

■ www.hydrothermal-spa-forum.net

The Iceland Spa Association

■ www.visitspas.eu/iceland

The International Medical Spa Association

■ www.dayspaassociation.com/imsa

International Sauna Association

■ www.saunainternational.net

International Spa Association (ISPA)

■ www.experienceispa.com

Irish Spa Association

■ www.irishspaassociation.ie

Japan Spa Association

■ www.j-spa.jp

Leading Spas of Canada

■ www.leadingspasofcanada.com

National Guild of Spa Experts Russia

■ www.russiaspas.ru

Portuguese Spas Association

■ www.termasdeportugal.pt

Romanian Spa Organization

■ www.romanian-spas.ro

Salt Therapy Association

■ www.salttherapyassociation.org

Serbian Spas & Resorts Association

■ www.serbianspas.org

South African Spa Association

■ www.saspaassociation.co.za

Spanish National Spa Association

■ www.balnearios.org

Spa and Wellness Association of Africa (SWAA)

■ www.swaafrika.org

Spa Association of India

■ www.spaassociationofindia.in

Spa Industry Association

■ www.dayspaassociation.com

Spa & Wellness International Council

■ www.lswic.ru

The Sustainable Spa Association (SSA)

■ www.sustainablespas.org

Taiwan Spa Association

■ www.tspa.tw

Thai Spa Association

■ www.thaispaassociation.com

The UK Spa Association

■ www.spa-uk.org

Ukrainian SPA Association

■ www.facebook.com/UASPA